



ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Friday, September 1, 2023

This Weekend @ AUUF

Find Zoom [links here.](#)

Friday 9/1/23

Saturday 9/2/23

8:30 am AA Slap Happy Group

Sunday 9/3/23

9:00 am The Forum **Live at AUUF & on ZOOM**

11:00 am Sunday Worship Live at AUUF & on Zoom

12:15 pm Fall Auction Planning

4:00 pm Anchorage Friends Meeting

Monday 9/4/23

Labor Day Office closed

6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

Tuesday 9/5/23

4:30 pm Forum Planning on Zoom

7:00 pm AK Bird Club

Wednesday 9/6/23

10:00 am Free Preschool music class
Clare House Benefit

5:00 pm Connection Team/ Pastoral Care Team Meeting

7:00 pm Buildings & Grounds Meeting

Half Portion Recipient for September:
[Food Bank of Alaska](#)

Sunday Hospitality Sign-Up

Sunday Hospitality: Greeters Needed Please

Greeters for both services needed this Sunday as the Forum will be meeting in person. Social hour help is being covered by the Alliance, as part of their monthly commitment. Please use the link below to sign up for this Sunday and/or future hospitality needs. Thank you!



SIGN UP!



SignUpGenius



The Forum IN PERSON & on Zoom

9 am Sunday, September 3, 2023

From Outer Space to Inner Space
Dr. Robert Alexander

As a NASA Fellow, Dr. Robert Alexander collaborated with scientists at the Goddard Space Flight Center to transform our understanding of the sun and solar wind through auditory data analysis, leading to numerous publications in the field of space physics. By day he is the co-founder and CEO of Auralab Technologies Inc. whose Breathscape app supports deep meditative states by transforming breath into music through biofeedback. By night he infuses music with solar data and works with the NASA-funded HARP team to bring the captivating sounds of the Themis satellite to citizen scientists around the globe.

[Click here to join on Zoom.](#)
[Click here for Speaker's bio.](#)

Sunday Worship

In-person & on Zoom

11 am Sunday, September 3, 2023

UUA General Assembly Worship
Rev. Mishra-Marzetti & Rev. Sherry

[Click here to join on Zoom.](#)

FREETHINKERS

The Freethinkers are currently reading *A History of the World in Six Glasses*, by Tom Standage. Last Friday we discussed Part 3, *Spirits in the Colonial Period*. This Friday, Sept 1 we'll continue the discussion with Part 4, *Coffee in the Age of Reason*. Included is chapter 7, *The Great Soberer*, and chapter 8, *The Coffeehouse Internet*. The author's premise is that the six glasses he addresses are "vital liquids that changed the world." They are, in historical chronological order, beer, wine, spirits, coffee, tea, and coca cola. And so far, he's proving his premise in spades. A fascinating read and great discussions have ensued. We love visitors, so please join us every Friday at noon until 1:30 pm in person at the fellowship, whether you've read the book or not, for a vigorous conversation among not-too-serious folks!

Auction Planning to Begin - Join Us on Sept. 6 at 12:15!

The first planning meeting of the Fall Auction Group is this coming Sunday at 12:15 in the library. Come join us to help plan the auction, solicit donations, and organize and upload their descriptions and photos onto the auction website. This is a great way to donate your time to help make our fundraising goal of \$17,000! Please contact Peggy at probinson@ak.net for more information.

CPR Class at AUUF

October 14th from 1:30 to 5:30 pm

Contact Linda to sign up. (msmccool@hotmail.com)

It is a "Friends & Family" course. October 14th from 1:30 to 5:30 pm

There is room for 10 -12 participants.

Thank you.

Linda McCool

AUUF Member Name Tags - Request Form for Your Name Tag

We have a new logo and most newer members do not have a wood name tag. The Connections Team is preparing an order with a local company to provide updated name tags. Our offerings are based on the feedback we received from the survey a few weeks ago. We will be able to glue a gold-tone engraved metal logo over the current logo if you are keeping your current wood name tag. If you need a new one, we will be recycling a formerly used wood name tag by gluing a larger piece of engraved metal over both the prior name and logo. Wood name tags are available to AUUF Members.

[Click here for the AUUF name tag request form.](#)

AUUF RE Program!!

Call or Sign Up to be a Class Leader for 2023 - 24!

Sign up downstairs at the Family Info Spot to volunteer on a class team. Great, easy-to-use curriculums were created by the UUA (Unitarian Universalist Association), with teams of 3 that rotate through the Sundays. With our Cross Age or Multigenerational services each month, that means you only prepare 1 lesson and help with 1 lesson a month.

Get to know children and their families, gain some new insights, and new friends. Call or Email Alison today at 907-440-4475, alisonhansen1@hotmail.com, or sign up downstairs!

Sign-up list and applications for new teachers are available at the Parent Info Spot. If you are not able to commit to teaching but would like to be involved, there are many other options on the RE Registration forms.

September 16th – Teacher Orientation 9 am – 1 pm

Please sign up for Fall 2023 Classes!

Our people are the richness of our congregation, and we need you to share in the exploration of our world, beliefs, ethics, and traditions, and to create meaning and connection together.

[Sign up using this Registration Link](#) or paper forms available at AUUF.

AUUF Volunteer Fair Sept. 17 / Connections Team
Get Involved and "Find Your Fit"
AUUF Volunteer Fair Sept. 17

A number of our teams/committees have been lacking in volunteers since COVID, and the Connections Team wants to help round up some help. It's been a number of years since we've had a Volunteer Fair. This event will help spark interest for those who are ready to volunteer but aren't sure how! Tables will be set up in the social room before and after the 11 am service with representatives from all the various teams/committees with information and sign-up sheets. Snacks will be available. Come find a new way to fit in!

Share the Care--It takes all of us.

Have you heard of "Share the Care" at AUUF? It's a group of people available to help other members of the Fellowship when they're facing an illness or difficult situation, like a divorce or a death in the family. Assistance is short-term and in the form of providing a meal, a trip to the doctor's, brief errands, or a listening ear in a coffee shop or in a quiet corner of AUUF (really, just about any place). Donna Massey is our coordinator for this group of people and you can reach her at SharetheCare@AnchorageUUF.org, or let Rev. Lise know and she can pass on the information, too.

Please don't hesitate to reach out if you find yourself in uncertain territory or if life throws you a curve ball. Caring for one another is one of the many things we do in our AUUF community--we all need help sometimes!

If you would like to join the Share the Care Team as a helper, you can email Donna about this at SharetheCare@AnchorageUUF.org, too. Thank you!"



Join us for our annual fall retreat!

*Friday, September 22 - Sunday,
September 24*

King's Lake Camp, Wasilla



We are excited to announce that registration is
OPEN for our annual Fall Frolic.

Let's meet at the beautiful King's Lake Camp for
a fun-filled weekend: games, crafts, canoe
rides, nature walks, music, worship, coffee by
the lake, s'mores, polar plunge, home-cooked
meals, cozy cabins....and so much more.

[Register online here](#)

OR grab a paper registration form at the
fellowship.

See you there!

Register Early and Save!

Any registration AFTER September 3rd
will pay an additional \$50 fee per family

***Registration Deadline -
September 17***

This is a drop-dead deadline, LOL...for
real though. This is due to maintaining
volunteer sanity and to help with our
grocery shopping!



EARLY REGISTRATION ENDS AFTER September 3rd

[Click here to register for Fall Frolic.](#)

Director of Religious Exploration Position

Title: Director of Religious Exploration

Fair Labor Standards Act Status: Salaried Exempt Position

Hours Required: Full time. Start date as soon as possible.

Salary and Benefits: Based on Midsize I, Geoindex 5 congregation per UUA guidelines.
Benefits

include pension, professional expenses, paid vacation and study time. Salary up to \$58,000 based on experience.

[Click here to read the full job description.](#)

These positions are open to AUUF friends and members, too.

Music Director Position

We are hiring a part-time music director to play the piano for our 11 am services, direct our choir during the school year, and be part of the worship team to select music to add to the theme of the service. If you know someone who you think would be a good fit with us, please refer them to our website or forward the linked job description. The position is open until filled.

Apply with a cover letter and resume to Rev. Lise.

[Click here to read the full job description.](#)



**FOOD BANK
of ALASKA**

HALF PORTION FOR SOCIAL ACTION: Food Bank of Alaska

Our vision: A hunger-free Alaska

Our mission is based on the same strong beliefs as those of our founders more than 40 years ago – no Alaskan should go hungry, we need to recover food that would be wasted otherwise, and we share what we have.

Food Bank of Alaska is dedicated to eliminating hunger in Alaska by obtaining and providing food to partner agencies feeding hungry people and through anti-hunger leadership. We believe that no one deserves to be hungry.

**Go to anchorageuuf.org
Click on the Half-Portion note or Donate/ Pay
at the bottom of the home page.
Enter your donation under
“Half-Portion for Social Action”**

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship (907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org

Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm and by appointment.

Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF

Usually Monday - Thursday 10-2, plus additional hours. Please call before coming.

Kelly Spring, (she/ her) Communications Specialist,
Communications@anchorageUUF.org
Kelly's remote office hours Mon-Fri 9 am -1 pm

Director of Lifespan Learning & Exploration,

Contact the Connections Team for more information on how to get involved at AUUF

Connections@AnchorageUUF.org



Visit our website

AUUF Podcast

Donate



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Today At Your Fellowship

Thursday, September 7, 2023

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Thursday 9/7/23

6:30 pm Choir Rehearsal

Friday 9/8/23

12 pm Freethinkers

Saturday 9/9/23

8:30 am AA Slap Happy Group

1-3:00 pm Private Rental

7-9:30 pm Private Rental

Sunday 9/10/23

9:00 am Virtual Forum **only on ZOOM**

11:00 am Sunday Worship Live at
AUUF & on Zoom

12:30 pm The Alliance at AUUF

2-3:00 pm Worship Associates
Meeting

4:00 pm Anchorage Friends Meeting

Monday 9/11/23

4:30- 6:00 pm Private Rental

6:30 pm Fireweed Sangha of Mindful

Living- Private Rental Visitors welcome

Tuesday 9/12/23

2:30 pm Hungry Book Club

Wednesday 9/13/23

6-8:00 pm Safer Congregation Team
Meeting on Zoom

6-7:00 pm Revenue Task Force

Half Portion Recipient for September:
[Food Bank of Alaska](#)



Virtual Forum only on Zoom
9 am Sunday, September 10, 2023
The Shaky State of the State
Larry Persily

Virtual Forum only on Zoom

9 am Sunday, September 10, 2023

[Click here to join on Zoom.](#)
[Click here for Speaker's bio.](#)



Sunday Worship IN PERSON at AUUF ONLY
11 am Sunday, September 10, 2023
Healing Waters
Rev. Lise Sherry, Renee Frost

Sunday Worship

In-person & on Zoom

11 am Sunday, September 10, 2023

Remember to bring water from someplace that nurtured you this summer. The water can be from a fun experience, a meditative experience, a fun memory--whatever might have fed your soul. We'll combine all our waters together as a symbol of how we gather together to care, comfort, and encourage one another.

AUUF Volunteer Fair Sept. 17 / Connections Team

Get Involved and “Find Your Fit”

AUUF Volunteer Fair Sept. 17

A number of our teams/committees have been lacking in volunteers since COVID, and the Connections Team wants to help round up some help. It's been a number of years since we've had a Volunteer Fair. This event will help spark interest for those who are ready to volunteer but aren't sure how! Tables will be set up in the social room before and after the 11 am service with representatives from all the various teams/committees with information and sign-up sheets. Snacks will be available. Come find a new way to fit in!

Death with DIGNITY - ‘Bob’s Choice’

The Freethinkers group at AUUF will be showing the movie “Bob’s Choice”, a documentary following a 75 year old Seattle man’s decision to “die with dignity” following a cancer diagnosis. The film will be shown in the sanctuary at the Fellowship at noon on September 22, 2023. There will be a discussion after the presentation. Coffee and light refreshments will be served. Feel free to go online to view the movie in the comfort of your home but we also encourage you to come and join us in a group setting among friends.

The director of the film, John Sharify, will be the speaker at the October 1st, 2023 at 9:00 am AUUF Forum. The 57-minute film is too long to show during the Forum presentation so one should join us on September 22 or stream it [here](#) at home. Mr. Sharify will show some sort of trailer or other short video about “Bob’s Choice” to introduce or re-introduce the film that morning, especially for those who did not get a chance to see it ahead of time.

John Sharify is one of the most honored broadcast journalists in the country. A 79-time Emmy Award winner, he received the 2021 DuPont Columbia award-the broadcast equivalent of the Pulitzer Prize for his “Death with dignity” documentary “Bob’s Choice”. Sharify was twice selected as the National Press Photographers Association Reporter of the Year (ROY) for his work at KING 5 News in Seattle. He has talked with many people about the issues that are treated [in this documentary](#) as an observer, a journalist, and not a doctor or medical ethicist or DWD advocate.

Here is an instructional PDF on how to use YouTube to access a particular documentary - Bob’s Choice: Why a Seattle Man Chose Death with dignity. The Forum will be having John Sharify as a speaker (sometime in September?) and he and John McKay have suggested that folks watch the documentary before the forum. There are several folks that are not as familiar with YouTube as they need to be to watch this documentary, and I put this PDF together to help folks get to the point of being able to view the documentary.

Oct. 1st Video Showing: Zach Norris, author of DEFUND FEAR, at AUUF 12:30 PM

Anti-Racism Team Corner: DEFUND FEAR, Safety Without Policing, Prisons, and Punishment. Please join us for a video showing of Zach Norris discussing his book “Defund Fear.” This is the introduction to a 4-week book read and discussion session that will follow in later October and early November. The video will be shown on Sunday, Oct. 1st in the Sanctuary, following the 11 AM service.

If you have questions, call Michele at 907-341-9249.

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October 14th from 1:30 to 5:30 pm

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It is a "Friends & Family" course. October 14th from 1:30 to 5:30 pm

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King's Lake Camp, Wasilla



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OPEN for our annual Fall Frolic.

Let's meet at the beautiful King's Lake Camp for
a fun-filled weekend: games, crafts, canoe
rides, nature walks, music, worship, coffee by
the lake, s'mores, polar plunge, home-cooked
meals, cozy cabins....and so much more.

[Register online here](#)

OR grab a paper registration form at the
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See you there!

Register Early and Save!

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Fair Labor Standards Act Status: Salaried Exempt Position

Hours Required: Full time. Start date as soon as possible.

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Apply with a cover letter and resume to Rev. Lise.

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**FOOD BANK
of ALASKA**

HALF PORTION FOR SOCIAL ACTION: Food Bank of Alaska

From Our CEO

Hunger involves a lot of hard choices. Alaskans facing food insecurity are forced to choose between buying food for themselves and their families and paying bills. Bills we know are significant in Alaska with the continued rise in rent, gas, heating fuel, and groceries. When we hear from our rural partners, the families they are serving face the additional challenges of astronomical food costs and impacts from weather events and low salmon runs. In Bethel, they experienced their highest distribution month in history- serving 308 households, including 41 new families. In one store, a small bottle of mayonnaise was priced at \$18.29.

This continued rise in food insecurity is being seen across our state, from Nome to Ketchikan and in our urban communities. In Anchorage, where 9 Mobile Food Pantries serve thousands of households each week, the numbers have increased by over 30% since the height of the pandemic. During the first six months of 2023, over 23,000 households were served compared to 17,600 in 2020. In Juneau, the Southeast Alaska Food Bank set a 27-year record for food distributed in FY23, amounting to 581,500 pounds. These statistics highlight just how critical times have been this year for our neighbors in need.

As we continue to implement our 3-year strategic plan, our goal of setting up a distribution center in the Mat-Su Valley has come to fruition. This facility will allow us to increase efficiency and better serve our 17 partner agencies in the area. We have also continued to support our produce box program in the Yukon-Kuskokwim Delta, where thousands of low-cost to no-cost produce boxes from Meyer's Farm have been shipped directly to Alaskans in 40+ communities. We estimate that 1 in 6 Alaskans do not know where their next meal will come from, many of them children, seniors, and veterans. As our neighbors struggle to make ends meet and keep food on the table, we hope you will continue your support of our mission and programs to allow all Alaskans the opportunity to have the nourishment they need to thrive in our communities.

With gratitude,

Jim Baldwin
CEO, Food Bank of Alaska

Go to anchorageuuf.org
Click on the Half-Portion note or Donate/ Pay
at the bottom of the home page.
Enter your donation under
“Half-Portion for Social Action”

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship
(907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org
Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm and by
appointment.

Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF
Usually Monday - Thursday 10-2, plus additional hours. Please call before
coming.

Kelly Spring, (she/ her) Communications Specialist,
Communications@anchorageUUF.org

Kelly's remote office hours Mon-Fri 9 am -1 pm

Director of Lifespan Learning & Exploration,

Contact the Connections Team for more information on how to get involved
at AUUF

Connections@AnchorageUUF.org

Connect with us



Visit our website

AUUF Podcast

Donate



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FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Thursday, September 14, 2023

This Weekend @ AUUF Find Zoom [links here.](#)

Thursday 9/14/23

1:30 pm HR Committee Meeting
5:30 pm CYRE Team Meeting
5:30 pm Board Agenda Setting Meeting
on Zoom
6:30 pm Choir Rehearsal

Friday 9/15/23

9:15 am Music Together Mountain Song
12 pm Freethinkers

Saturday 9/16/23

8:30 am AA Slap Happy Group
9-1:00 pm RE Teacher Orientation
10:15-12:15 pm Music Together
Mountain Song
4-8:00 pm Set up for "Find your Fit"
Volunteer Fair

Sunday 9/17/23

9:00 am The Forum In-person & on
ZOOM

10:00 am-1:00 pm Volunteer Fair

11:00 am Sunday Worship Live at
AUUF & on Zoom

4:00 pm Anchorage Friends Meeting

Monday 9/18/23

10:30 am - 12:30 pm Nominating
Committee Meeting

4:30- 6:00 pm Private Rental

6:30 pm Fireweed Sangha of Mindful
Living- Private Rental Visitors welcome

Tuesday 9/19/23

5:30 pm Jerry's Group

Wednesday 9/20/23

Half Portion Recipient for September:
[Food Bank of Alaska](#)



The Forum In Person at AUUF & on ZOOM
9:00 am Sunday, September 17, 2023
Crimes and Cover-ups
Andrew Halcro

The Forum In-person & on Zoom
9 am Sunday, September 17, 2023

[Click here to join on Zoom.](#)
[Click here for Speaker's bio.](#)

heaven.
"Blessed are those who mourn, for they shall be comforted.
"Blessed are the gentle, for they shall inherit the earth.
"Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.
"Blessed are those who are persecuted for righteousness' sake, for they shall see God.

The Radical Welcome of the Beatitudes



Sunday Worship 11:00 am Sunday, September 17, 2023
The Radical Welcome of the Beatitudes
Rev. Lise Sherry, Cassie Thomas

Sunday Worship In-person & on Zoom
11 am Sunday, September 17, 2023

[Click here to join on Zoom.](#)

*Child-Youth RE Team • Worship Associates
A/V Support • Connections • Pastoral Care • Choir
Social Action • Green Sanctuary • Anti-Racism
Communications • Stewardship • Building & Grounds
Stewardship • Finance • Healthy Congregation
Alliance • Forum Planning • Human Resources*



Get Involved! “Find Your Fit” at AUUF’s VOLUNTEER FAIR

AUUF Volunteer Fair Sept. 17 /Connections Team

Get Involved and “Find Your Fit” AUUF Volunteer Fair

Sept. 17, 2023 10:15-11:00 am & 12:15-1:00 pm

A number of our teams/committees have been lacking in volunteers since COVID, and the Connections Team wants to help round up some help. It's been a number of years since we've had a Volunteer Fair. This event will help spark interest for those who are ready to volunteer but aren't sure how! Tables will be set up in the social room before and after the 11 am service with representatives from all the various teams/committees with information and sign-up sheets. Snacks will be available. Come find a new way to fit in!

Last Chance to Register for Fall Frolic!



*Friday,
September 22 -
Sunday,
September 24*

REGISTRATION CLOSING SOON!

**This is your last chance to
register for Fall Frolic!**

Sunday, September 17th is the
deadline as we need to purchase
groceries and plan for cabin spaces.

Please sign up by this Sunday to
join us at King's Lake in Wasilla!

[Register online here](#)

OR grab a paper registration form at
the fellowship.

[Click here to register.](#)

What Can You Donate to Our Annual Auction? It's Time to Start Thinking

Mark your calendars and start collecting your donations because our annual online auction is set for Oct. 28-Nov. 4., followed that evening by our annual awards dinner. Last year, thanks to your donations and generosity, we raised nearly \$17,000! Can we meet or beat that this year?

We'll start collecting donations on Sunday, Oct. 8, after the 11:00 service, so start your pile. Do you have a nice piece of art or jewelry you're ready to part with? Would you be willing to offer your cabin for a weekend or share a skill or service? (These are particularly popular!) Maybe you have a favorite restaurant or other business you could contact for a gift certificate. Watch your inbox as well as this space for more information or email your auction committee for more information.

auction@anchorageuuf.org



AUUF Member Name Tag / Connections

Last Call to Update Your AUUF Member Your Name Tag

Plans are in place to order gold-tone engraved metal plates with our new logo, to be glued over your current wood name tag. New wooden tags requiring both name and logo on the metal plate will be made for newer AUUF members who don't already have one (and for some with a longer name that would get partially covered by the logo plate). The order form below (also available in paper form at AUUF) allows you to select what type of fastener you want: magnet, pin, bulldog clip, or lanyard. Those who prefer to keep their current badge as is can submit their request on the form, too. An order will be placed next Monday, so please submit it by this weekend!

[Click here for the AUUF name tag request form.](#)

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Thank you.
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Get to know children and their families, gain some new insights, and new friends. Call or Email Alison today at 907-440-4475, alisonhansen1@hotmail.com, or sign up downstairs!

Sign-up list and applications for new teachers are available at the Parent Info Spot. If you are not able to commit to teaching but would like to be involved, there are many other options on the RE Registration forms.

September 16th – Teacher Orientation 9 am – 1 pm

Please sign up for Fall 2023 Classes!

Our people are the richness of our congregation, and we need you to share in the exploration of our world, beliefs, ethics, and traditions, and to create meaning and connection together.

[Sign up using this Registration Link](#) or paper forms available at AUUF.

Share the Care--It takes all of us.

Have you heard of "Share the Care" at AUUF? It's a group of people available to help other members of the Fellowship when they're facing an illness or difficult situation, like a divorce or a death in the family. Assistance is short-term and in the form of providing a meal, a trip to the doctor's, brief errands, or a listening ear in a coffee shop or in a quiet corner of AUUF (really, just about any place). Donna Massey is our coordinator for this group of people and you can reach her at SharetheCare@AnchorageUUF.org, or let Rev. Lise know and she can pass on the information, too.

Please don't hesitate to reach out if you find yourself in uncertain territory or if life throws you a curve ball. Caring for one another is one of the many things we do in our AUUF community--we all need help sometimes!

If you would like to join the Share the Care Team as a helper, you can email Donna about this at SharetheCare@AnchorageUUF.org, too. Thank you!"

Director of Religious Exploration Position

This position is open to AUUF friends and members, too.

Title: Director of Religious Exploration

Fair Labor Standards Act Status: Salaried Exempt Position

Hours Required: Full time. Start date as soon as possible.

Salary and Benefits: Based on Midsize I, Geoindex 5 congregation per UUA guidelines. Benefits

include pension, professional expenses, paid vacation and study time. Salary up to \$58,000 based on experience.

Music Director Position

This position is open to AUUF members and friends, too

We are hiring a part-time music director to play the piano for our 11 am services, direct our choir during the school year, and be part of the worship team to select music to add to the theme of the service. If you know someone who you think would be a good fit with us, please refer them to our website or forward the linked job description. The position is open until filled.

Apply with a cover letter and resume to Rev. Lise.

[Click here to read the full job description.](#)



September is Hunger Action Month!

Every September, people all over the nation recognize Hunger Action Month, a time to take a stand against hunger in America. Between the months of January and June of this year, St. Francis House served over 1,077 new households.

That means that since January, 1,077 new households are facing hunger that weren't experiencing it before. This is a 6% increase from

the end of last year.

The cost of food, fuel, and housing has risen quickly this year, which strains everyone's budgets. For families who are struggling, receiving food support from a pantry like St. Francis House can be the difference between staying housed, stable, and together, or falling into crisis.

Your support can make a world of difference for a family in need, providing full bellies and assurance that help is there when they need it.

You can make a difference! Give today at cssalaska.org



**FOOD BANK
of ALASKA**

HALF PORTION FOR SOCIAL ACTION: Food Bank of Alaska

From Our CEO

Hunger involves a lot of hard choices. Alaskans facing food insecurity are forced to choose between

buying food for themselves and their families and paying bills. Bills we know are significant in Alaska with the continued rise in rent, gas, heating fuel, and groceries. When we hear from our rural partners, the families they are serving face the additional challenges of astronomical food costs and impacts from weather events and low salmon runs. In Bethel, they experienced their highest distribution month in history- serving 308 households, including 41 new families. In one store, a small bottle

of mayonnaise was priced at \$18.29.

This continued rise in food insecurity is being seen across our state, from Nome to Ketchikan and in our urban communities. In Anchorage, where 9 Mobile Food Pantries serve thousands of households each week, the numbers have increased by over 30% since the height of the pandemic. During the first six months of 2023, over 23,000 households were served compared to 17,600 in 2020. In Juneau, the Southeast Alaska Food Bank set a 27-year record for food distributed in FY23, amounting to 581,500 pounds. These statistics highlight just how critical times have been this year for our neighbors in need.

As we continue to implement our 3-year strategic plan, our goal of setting up a distribution center in the Mat-Su Valley has come to fruition. This facility will allow us to increase efficiency and better serve our 17 partner agencies in the area. We have also continued to support our produce box program in the Yukon-Kuskokwim Delta, where thousands of low-cost to no-cost produce boxes from Meyer's Farm have been shipped directly to Alaskans in 40+ communities. We estimate that 1 in 6 Alaskans do not know where their next meal will come from, many of them children, seniors, and veterans. As our neighbors struggle to make ends meet and keep food on the table, we hope you will continue your support of our mission and programs to allow all Alaskans the opportunity to have the nourishment they need to thrive in our communities.

With gratitude,

Jim Baldwin
CEO, Food Bank of Alaska

Go to anchorageuuf.org
Click on the Half-Portion note or Donate/ Pay
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship
(907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org

Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm and by
appointment.

Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF

Usually Monday - Thursday 10-2, plus additional hours. Please call before
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Kelly's remote office hours Mon-Fri 9 am -1 pm

Director of Lifespan Learning & Exploration,

Contact the Connections Team for more information on how to get involved
at AUUF

Connections@AnchorageUUF.org

Connect with us



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ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Thursday, September 28, 2023

This Weekend @ AUUF

Find Zoom [links here.](#)

Thursday 9/28/23

5:30 pm Anti-Racism Team Meeting
6:30 pm Choir Rehearsal

Friday 9/29/23

9:15 am Music Together Mountain Song
12:00 pm Freethinkers

Saturday 9/30/23

8:30 am AA Slap Happy Group

8:30 am-12:15 pm Music Together
Mountain Song

9:00 am-3:00 pm Board of Directors
Retreat

Sunday 10/1/23

9:00 am The Forum In Person & on
ZOOM

11:00 am Sunday Worship Live at
AUUF & on Zoom

12:30-2:00 pm "Defund Fear" Video
sponsored by Anti-Racism Team

4:00 pm Anchorage Friends Meeting

Monday 10/2/23

4:30- 6:00 pm Private Rental

6:30 pm Fireweed Sangha of Mindful
Living- Private Rental Visitors welcome

Tuesday 10/3/23

4:30 pm Forum Planning on Zoom
6:00 pm Community Connections

Wednesday 10/4/23

11:00 am Private rental
5:00 pm Connections Team Meeting
7:00 pm Building & Grounds Meeting

Half Portion Recipient for October:
[The Anchorage Coalition to End
Homelessness](#)



The Forum IN PERSON at AUUF & on Zoom
9 am Sunday, October 1, 2023
Bob's Choice' and the Power of Storytelling
Award-Winning Broadcast Journalist John Sharify

The Forum at AUUF & on Zoom 9 am Sunday, October 1, 2023

[Click here to join on Zoom.](#)
[Click here for the Speaker's bio.](#)

A Note About This Sunday's Forum with John Sharify

Our speaker this week is award-winning broadcast journalist and visiting UAA Atwood Professor of Journalism John Sharify. You can find more about him on the Speakers' Bio Page. His film "Bob's Choice" is a wonderful documentary chronicling the last two and a half months of a man who chose to end his life using Washington's Death with Dignity law. It is moving, and despite the subject matter, surprisingly uplifting. Because it is just over 57 minutes long, we won't be showing it Sunday morning as part of the Forum and have been encouraging folks to watch it on their own, or with friends, sometime during September. Many of you have done that, and there is still time if you haven't. On Sunday, John Sharify, will show a short video related to making "Bob's Choice" and discuss the film as much as people want, but will also talk about "the power of storytelling" generally. If you don't get a chance to watch "Bob's Choice" before Sunday, you'll still enjoy John's presentation. But if you do want to see it first, you'll be glad you did. You can find it on YouTube (it has been viewed over 800,000 times) [with this link](#). As usual, childcare will be available for those attending the Forum.



Sunday Worship IN PERSON & on Zoom
11 am Sunday, October 1, 2023
The Mysticism and Life of Rumi
Rev. Lise Adams Sherry, Barb Clark

Sunday Worship at AUUF & on Zoom

11 am Sunday, October 1, 2023

[Click here to join on Zoom.](#)

Oct. 1st Video Showing: Zach Norris, author of DEFUND FEAR, at AUUF 12:30 PM

Anti-Racism Team Corner: DEFUND FEAR, Safety Without Policing, Prisons, and Punishment. Please join us for a video showing of Zach Norris discussing his book "Defund Fear." This is the introduction to a 4-week book read and discussion session that will follow in later October and early November. The video will be shown on Sunday, Oct. 1st in the Sanctuary, following the 11 AM service.

If you have questions, call Michele at 907-341-9249.

What Skill, Service, or Experience Can You Donate to the Auction?

As we look toward next month's online auction, we encourage you to think about what skills, services or experiences you might be able to donate. While we all love to see what treasures folks are ready to part with, other, non-tangible items also do well and are especially appealing to those trying to accumulate less stuff. If you're an avid gardener, could you create a hanging basket or provide a flat of plant starts come spring? What about offering your expertise on a craft, quilt or other project? Can you provide a few hours of tech, cleaning, yard or handyperson services? What about taking a less confident person out fishing with you or hosting a dinner and game night in your home or at AUUF? If so, let us know, and we'll craft a gift certificate with all the details. Tangible items may be brought to Room 2 downstairs starting Oct.8. Also, check your email for the message sent out earlier about submitting a donation.

Questions? Want to help?
Contact us at auction@anchorageuuf.com.



Welcome our new Congregational Administrator Tammie Stoops

I am happy to announce that we have hired a Congregational Administrator, Tammie Stoops. The HR Committee and I are excited to welcome her into our AUUF world. If you get a chance, please stop by to welcome her. For now, her hours are usually M-F, 10 - 2 pm, which may change a little as she gets to know us and her position a little better. Below is Tammie's self-

intro.

Blessings, Rev. Lise

A message from Tammi

I'm happy to join the staff of AUUF. I'm a lifelong Alaskan, I was born and raised on the Kenai Peninsula. When I'm not spending time with my family and friends on one of our "projects", I'm probably reading, working on something creative or lately, painting

another wall, as my husband and I just downsized into a condo close to downtown. I spend time in Kenai as often as I can and hope to have more time to travel in the coming years. I'm thinking of adopting a cat.

House/cat/plant sitter

Joyce Laine needs a live-in house/cat/plant sitter in a Mid-town small apartment from Nov.10 for about 2 weeks. Please give her a call if interested.

(907)382-5602 Thanks, Joyce Laine

Fire Drill Planned for the October 1st Forum and Service

Linda McCool, Safer Congregation Team

Fire! Fire! What if someone yelled this during services at AUUF? Would you know how to exit the building safely in the event of this emergency? The Safer Congregation Team, which has been charged with the safety and well-being of the congregation, is planning on a fire drill at the end of both the 9:00 and 11:00 gatherings on October 1st. This is how you should exit the building depending on where you are at the time of the drill:

- People **in the sanctuary** on the *right* side of the central aisle (as you face the chancel) would exit the room through the double doors on right side of the room, walk through the social room, proceed down the stairs, and exit the building through the doors facing 18th Avenue.
- People **in the sanctuary** on the *left* side of the central aisle (as you face the chancel) would exit the room through the left exit double doors, proceed down the stairs, and exit through the door immediately on your left (leading out to the parking area on the side of the building that houses the minister's office and social room).
- People **upstairs** with mobility challenges go to double doors at the end of the ramp in the front of the sanctuary, which lead to the north landing where the stair chair is kept. They will wait here during the drill. In the event of an actual fire, people will be carried outside using the stair chair.
- People **downstairs** in rooms nearest the playground should proceed up the stairs and exit the building through the door immediately on your right (leading out to the parking area on the side of the building that houses the library and sanctuary).
- People **downstairs** in rooms nearest 18th Avenue should proceed to the door at the bottom of the stairs on the side of the building facing 18th Avenue, and exit the building using the ramp.
- People **downstairs** with mobility challenges should exit the building using the ramp, accessed by the door at the bottom of the stairs on the side of the building facing 18th Avenue.

Remember in the event of an actual fire, to keep calm and exit the building in an orderly manner. And hopefully we will never hear those words in our building except for practice drills like this one.

AUUF RE Program!!

Call or Sign Up to be a Class Teacher for 2023 - 24!

Sign up downstairs at the Family Info Spot to volunteer on a class team. Great, easy to use curriculums that were created by the UUA (Unitarian Universalist Association), with teams of 3 or 4 that rotate through the Sundays. With our Cross Age or Multigenerational services each month, that means you only prepare 1 lesson and help with 1 lesson a month.

Get to know children and their families, gain some new insights and new friends.

We need:

- 2 More Pre K Teachers
- 1 More K - 4 th Grade Teacher
- 2 More 5 th – 8 th Grade Teachers
- 2 More High School Advisors

Call or Email Rev. Lise at 907-248-3737 x 2, RevLise@AnchorageUUF.org
or sign-up downstairs!

Sign up list and applications for new teachers available at the Parent Info Spot.

If you are not able to commit to teaching, but would like to be involved, there are many other options on the RE Registration forms.

Time for 2024 Half-Portion Nominations

Dennis Arashiro and Sara Hannon

Our Fellowship donates half our Sunday collections each month to a charitable cause selected by our congregation through the democratic process. Please nominate the causes you find worthy here ([clickable link](#)) and read more below:

WHAT: Now is the time to put forth your nominations for next year's Half Portion for Social Action. Your passion for the causes you support can fuel effective positive action by identifying those receiving half the Sunday collections for a month.

WHO: Name the charitable funds or organizations you are nominating. They should have tax-exempt status, usually designated as a 501(c)(3) organization. They should have a mission consistent with our principles and a demonstrated record of effective action.

WHEN: Nominations are due by October 1, 2023. After a period of vetting nominees, you will be given the opportunity to vote from October 13 to November 1 for 10 nominees as recipients of the monthly Half Portion for Social Action for 2024. The final schedule for the 2024 Half Portion will be announced on November 17.

WHY: 5th Principle: The Right of Conscience and the Use of the Democratic Process Within Our Congregations and in Society at Large.

HOW: [Click the link here to declare your nominations.](#)

Finding Your Way to Fellowship Classes / Connections Team coming soon!

If you are newer to AUUF, perhaps interested in membership, or simply want to learn more about the UU Fellowship, we invite you to participate in the next "Finding Your Way into Fellowship" 3-session class (October 15, 22 and 29). These are held on 3 consecutive Sunday afternoons, and offer folks time to really learn about UU, AUUF, and how it fits into their own spiritual journey. The classes will be in person at AUUF and are conducted by Rev. Lise and members of the Connections Team. Plan on having lunch on us, and begin each class at 12:30 until about 2:00.

Please email connections@anchorageuuf.org for questions or to sign up. We look forward to seeing you there!

CPR Class at AUUF

October 14th from 1:30 to 5:30 pm

Contact Linda to sign up. (msmccool@hotmail.com)

It is a "Friends & Family" course. October 14th from 1:30 to 5:30 pm

There is room for 10 -12 participants.

Thank you.

Linda McCool

Share the Care--It takes all of us.

Have you heard of "Share the Care" at AUUF? It's a group of people available to help other members of the Fellowship when they're facing an illness or difficult situation, like a divorce or a death in the family. Assistance is short-term and in the form of providing a meal, a trip to the doctor's, brief errands, or a listening ear in a coffee shop or in a quiet corner of AUUF (really, just about any place). Donna Massey is our coordinator for this group of people and you can reach her at SharetheCare@AnchorageUUF.org, or let Rev. Lise know and she can pass on the information, too.

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If you would like to join the Share the Care Team as a helper, you can email Donna about this at SharetheCare@AnchorageUUF.org, too. Thank you!"

Director of Religious Exploration Position

This position is open to AUUF friends and members, too.

Title: Director of Religious Exploration

Fair Labor Standards Act Status: Salaried Exempt Position

Hours Required: Full time. Start date as soon as possible.

Salary and Benefits: Based on Midsize I, Geoindex 5 congregation per UUA guidelines.
Benefits

include pension, professional expenses, paid vacation and study time. Salary up to \$58,000 based on experience.

[Click here to read the full job description.](#)

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We are hiring a part-time music director to play the piano for our 11 am services, direct our choir during the school year, and be part of the worship team to select music to add to the theme of the service. If you know someone who you think would be a good fit with us, please refer them to our website or forward the linked job description. The position is open until filled.

Apply with a cover letter and resume to Rev. Lise.

[Click here to read the full job description.](#)



ANCHORAGE COALITION TO **END HOMELESSNESS**

HALF PORTION FOR SOCIAL ACTION:

The Anchorage Coalition to End Homelessness

The Anchorage Coalition to End Homelessness is the lead agency for the Continuum of Care for the Homelessness Prevention and Response System. Our mission is to provide dynamic leadership to make homelessness rare, brief, and one-time. The coalition works with the Department of Housing and Urban Development to identify and target housing and services to move people from homelessness to stably housed. The role of a Continuum of Care is to ensure that anyone who becomes homeless has the appropriate services available to them to move into housing, and to coordinate with the homeless service providers to understand where the gaps in services are and how programs are performing. The goal of all programs is to move people into housing.

You can think of a Continuum of Care as the air traffic controller at an airport. The air traffic controller doesn't operate flights, or manage baggage services, or screen people for safety. The air traffic controller works with the airlines to ensure that every passenger gets where they need to go in a timely manner and that incoming and outgoing flights are identified and tracked. Similarly, a Continuum of Care is responsible for the overall design of the Homeless Prevention and Response System, for knowing who is experiencing homelessness in a community and what the barriers to get into housing are, working with all service providers to apply for funding from HUD, and to help make a plan to reduce homelessness.

The coalition was founded in 2004, and has grown in the past two decades to include outreach to our unsheltered and camping neighbors and provide advocacy at the local, state and national levels. The coalition appreciates when community groups engage with our work and look forward to providing education about homelessness and housing first to your congregation.

**Go to anchorageuuf.org
Click on the Half-Portion note or Donate/ Pay
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Communications@anchorageUUF.org

Kelly's remote office hours Mon-Fri 9 am -1 pm

Director of Lifespan Learning & Exploration,

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UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Thursday, September 21, 2023

This Weekend @ AUUF

Find Zoom [links here.](#)

Thursday 9/21/23

6:30 pm Board of Directors Meeting
6:30 pm Choir Rehearsal

Friday 9/22/23

6:00 pm Fall Frolic Kings Lake Camp
9:15 am Music Together Mountain Song
12-2:00 pm Movie Bob's Choice- All welcome

Saturday 9/23/23

All day Fall Frolic Kings Lake Camp

8:30 am AA Slap Happy Group

8:30 am-12:15 pm Music Together Mountain Song

1-3:00 pm Private lesson

6-9:30 pm AK Goddess Network Gathering

Sunday 9/24/23

2:00 pm Ends Fall Frolic Kings Lake Camp

9:00 am Virtual Forum only on ZOOM

11:00 am Sunday Worship Live at AUUF

4:00 pm Anchorage Friends Meeting

Monday 9/25/23

4:30- 6:00 pm Private Rental

6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

Tuesday 9/26/23

Wednesday 9/27/23

Half Portion Recipient for September:
[**Food Bank of Alaska**](#)



Virtual Forum only on Zoom 9 am Sunday, September 24, 2023

Eating Disorders: In the News for a Reason

Beth Rose and Jenny Loudon, co-founders of Alaska Eating Disorders Alliance

Virtual Forum ONLY on Zoom
9 am Sunday, September 24, 2023

[Click here to join on Zoom.](#)

[Click here for the Speaker's bio.](#)

FUN and GAMES



Sunday Worship Live at AUUF only 11:00 am Sunday, September 24, 2023

Fun and Games at AUUF

Sunday Worship In-person ONLY
11 am Sunday, September 24, 2023

Fun and Games at AUUF

Not going to Fall Frolic? All right, then! Do join Worship Associates Joyce and Lauren at AUUF on Sunday the 24th for our own 'frolic' through some deep things and some funny things, all perfectly Unitarian! ANNNND... if you have a favorite (clean) joke or two to share, bring them along to share aloud. See you here!

Remember this Sunday worship at 11 am is in person only. We're doing this every 4th Sunday of the month to give our AV volunteers a break. Forum will still be on Zoom at 9 am.

If you'd like to volunteer to help with AV, please contact Rev. Lise or Jim Kerr.

[Click here to join on Zoom.](#)

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Please email connections@anchorageuuf.org for questions or to sign up. We look forward to seeing you there!

Safer Congregation Team – Guidebook Snippet

Linda McCool, Team Chair

Your Safer Congregation Team will be periodically publishing "snippets" from its Guidebook to keep you informed. The charted purpose of the Team is to "ensure the protection and safety of the AUUF congregation and building", and the Guidebook has been written to support this goal. This month's snippet covers First Aid, CPR and the Automated Defibrillator. Click on the link below to get the full section from the guidebook. [First Aid, CPR and Automated External Defibrillator](#)

Volunteer Responders

Anyone can, at their discretion, provide voluntary assistance to victims of medical emergencies. The extent to which these individuals respond shall be appropriate to their training and experience. These responders are encouraged to contribute to emergency response only to the extent they are comfortable. The emergency medical response of these individuals may include scene management, CPR, AED or medical first aid.

Medical Education and Training

First aid, CPR, Narcan and AED training will be offered to AUUF volunteers through the American Red Cross, the American Heart Association, a local fire department, or a certified trainer. The SCT will facilitate and coordinate offering this training annually.

Maintenance and Inspection

All equipment and accessories necessary for support of medical emergency response shall be maintained in a state of readiness.

Specific maintenance requirements include:

- Maintain and inspect the first aid kits annually
- Maintain and inspect the AED and Narcan annually

[Click here to read more.](#)

CPR Class at AUUF

October 14th from 1:30 to 5:30 pm

Contact Linda to sign up. (msmccool@hotmail.com)

It is a "Friends & Family" course. October 14th from 1:30 to 5:30 pm

There is room for 10 -12 participants.

Thank you.

Linda McCool

What Can You Donate to Our Annual Auction? It's Time to Start Thinking

Mark your calendars and start collecting your donations because our annual online auction is set for Oct. 28-Nov. 4., followed that evening by our annual awards dinner. Last year, thanks to your donations and generosity, we raised nearly \$17,000! Can we meet or beat that this year?

We'll start collecting donations on Sunday, Oct. 8, after the 11:00 service, so start your pile. Do you have a nice piece of art or jewelry you're ready to part with? Would you be willing to offer your cabin for a weekend or share a skill or service? (These are particularly popular!) Maybe you have a favorite restaurant or other business you could contact for a gift certificate. Watch your inbox as well as this space for more information or email your auction committee for more information.

auction@anchorageuuf.org

Oct. 1st Video Showing: Zach Norris, author of DEFUND FEAR, at AUUF 12:30 PM

Anti-Racism Team Corner: DEFUND FEAR, Safety Without Policing, Prisons, and Punishment. Please join us for a video showing of Zach Norris discussing his book "Defund Fear." This is the introduction to a 4-week book read and discussion session that will follow in later October and early November. The video will be shown on Sunday, Oct. 1st in the Sanctuary, following the 11 AM service.

If you have questions, call Michele at 907-341-9249.

Share the Care--It takes all of us.

Have you heard of "Share the Care" at AUUF? It's a group of people available to help other members of the Fellowship when they're facing an illness or difficult situation, like a divorce or a death in the family. Assistance is short-term and in the form of providing a meal, a trip to the doctor's, brief errands, or a listening ear in a coffee shop or in a quiet corner of AUUF (really, just about any place). Donna Massey is our coordinator for this group of people and you can reach her at SharetheCare@AnchorageUUF.org, or let Rev. Lise know and she can pass on the information, too.

Please don't hesitate to reach out if you find yourself in uncertain territory or if life throws you a curve ball. Caring for one another is one of the many things we do in our AUUF community--we all need help sometimes!

If you would like to join the Share the Care Team as a helper, you can email Donna about this at SharetheCare@AnchorageUUF.org, too. Thank you!"

Director of Religious Exploration Position

This position is open to AUUF friends and members, too.

Title: Director of Religious Exploration

Fair Labor Standards Act Status: Salaried Exempt Position

Hours Required: Full time. Start date as soon as possible.

Salary and Benefits: Based on Midsize I, Geoindex 5 congregation per UUA guidelines.
Benefits

include pension, professional expenses, paid vacation and study time. Salary up to

\$58,000 based on experience.

[Click here to read the full job description.](#)

Music Director Position

This position is open to AUUF members and friends, too

We are hiring a part-time music director to play the piano for our 11 am services, direct our choir during the school year, and be part of the worship team to select music to add to the theme of the service. If you know someone who you think would be a good fit with us, please refer them to our website or forward the linked job description. The position is open until filled.

Apply with a cover letter and resume to Rev. Lise.

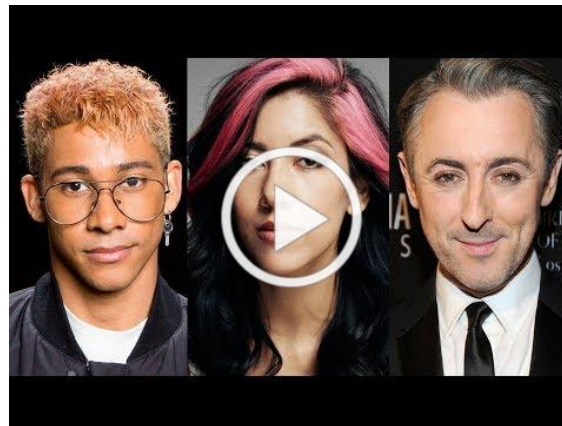
[Click here to read the full job description.](#)

Bisexuality Awareness Day Sept. 23, 2023

Bisexual Awareness Day what is it? A day to celebrate and promote the visibility of the Bi+ community!

Bisexuality Awareness Week Sept. 17-24

#bisexualawarenessday2023 #Biplusvisibilityday #bivisibility #bipride



**FOOD BANK
of ALASKA**

HALF PORTION FOR SOCIAL ACTION: Food Bank of Alaska

From Our CEO

Hunger involves a lot of hard choices. Alaskans facing food insecurity are forced to choose between

buying food for themselves and their families and paying bills. Bills we know are significant in Alaska with the continued rise in rent, gas, heating fuel, and groceries. When we hear from our rural partners, the families they are serving face the additional challenges of astronomical food costs and impacts from weather events and low salmon runs. In Bethel, they experienced their highest distribution month in history- serving 308 households, including 41 new families. In one store, a small bottle of mayonnaise was priced at \$18.29.

This continued rise in food insecurity is being seen across our state, from Nome to

Ketchikan and in our urban communities. In Anchorage, where 9 Mobile Food Pantries serve thousands of households each week, the numbers have increased by over 30% since the height of the pandemic. During the first six months of 2023, over 23,000 households were served compared to 17,600 in 2020. In Juneau, the Southeast Alaska Food Bank set a 27-year record for food distributed in FY23, amounting to 581,500 pounds. These statistics highlight just how critical times have been this year for our neighbors in need.

As we continue to implement our 3-year strategic plan, our goal of setting up a distribution center in the Mat-Su Valley has come to fruition. This facility will allow us to increase efficiency and better serve our 17 partner agencies in the area. We have also continued to support our produce box program in the Yukon-Kuskokwim Delta, where thousands of low-cost to no-cost produce boxes from Meyer's Farm have been shipped directly to Alaskans in 40+ communities. We estimate that 1 in 6 Alaskans do not know where their next meal will come from, many of them children, seniors, and veterans. As our neighbors struggle to make ends meet and keep food on the table, we hope you will continue your support of our mission and programs to allow all Alaskans the opportunity to have the nourishment they need to thrive in our communities.

With gratitude,

Jim Baldwin
CEO, Food Bank of Alaska

Go to anchorageuuf.org
Click on the Half-Portion note or Donate/ Pay
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship
(907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org

Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm and by
appointment.

Congregational Administrator, 907-248-3737 x1

Admin@anchorageUUF.org AUUF

Usually Monday - Thursday 10-2, plus additional hours. Please call before
coming.

Kelly Spring, (she/ her) Communications Specialist,

Communications@anchorageUUF.org

Kelly's remote office hours Mon-Fri 9 am -1 pm

Director of Lifespan Learning & Exploration,

Contact the Connections Team for more information on how to get involved
at AUUF

Connections@AnchorageUUF.org

Connect with us



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