



ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
diverse beliefs,
common purpose.

Today At Your Fellowship

Thursday, May 4, 2023

This Weekend @ AUUF

Find Zoom [links here.](#)

Thursday 5/4/23

5:30 pm CYRE Team Meeting

6:30 pm Choir Practice

Friday 5/5/23

12:00 pm Freethinkers on Zoom

Saturday 5/6/23

8:30 am AA Slap Happy Group

10:30-1:00 pm Private Rental

1:00-3:00 pm Private Rental

Sunday 5/7/23

9:30 am Annual Meeting Breakfast

10:00 am Annual Meeting

LIVE at AUUF ONLY

12:30 pm Jr High OWL 7-9th

1:30 - 3:00 pm Private Rental

4:00 pm Anchorage Friends Meeting

Monday 5/8/23

4:30 pm Private Rental

6:30 pm Fireweed Sangha of Mindful
Living- Private Rental Visitors welcome

Tuesday 5/9/23

2:00-3:30 pm Hungry Book Club

4:00 pm Finance Committee Meeting

Wednesday 5/10/23

6:00 pm Safer Congregation Team
Meeting

6:30 pm Connections Team

7:00 pm Them Skills Workshop in Zoom

Half Portion Recipient for May:

[Facing Foster Care in Alaska](#)

AUUF Annual Meeting

10 am Sunday, May 7, 2023

IN PERSON ONLY

We officially start at 10 am, but come early to get checked in for voting and to have some breakfast snacks (doors open at 9:30 am). Remember this is in-person only so get a friend to bring your proxy if you can't make it. More information, including proxy forms (way at the bottom of the page) are on the [AUUF website.](#)

Our AUUF Board has revised our FY24 Proposed Budget!

When the Board started its work on the budget in January we were cognizant of our fiduciary duty to balance the FY24 budget. But it was soon evident that a balanced budget would be devastating for our programs.

As the year has progressed, it's become clear we will not spend everything in the FY23 budget. Consequently, the \$46,000 deficit authorization approved by the Members voting in last year's Annual Meeting remains available for a second year of post-COVID recovery if AUUF's Members agree on May 7th.

Consequently, **the Board has revised its proposed budget to return the Director of Learning & Exploration to full-time** and at a higher salary recommended by UUA. The revisions add nearly \$25,000 to the original budget proposal distributed on April 7th. .

The revised budget also accommodates a request from our Minister to rescind all health-related benefits so that she can be eligible for Affordable Care Act coverage which is far superior to the \$7,000 deductible plan AUUF has been able to afford. **Rev. Lise's combined requests reduce AUUF's minister-related costs by almost 7% and the total cost of the FY24 budget by a full 2%!**

During our Annual Meeting on May 7th, Members will be asked to approve this revised budget with a potential deficit of roughly \$33,500.

But be advised that we must begin immediately to develop additional sources of revenue as AUUF does not have enough money to support this level of spending for more than another year or two. Let's start a conversation about our future on the 7th!

We hope to see you all on May 7th because we are stronger and better together.

To learn more about our budget please...

Check out the Annual Meeting link on our AUUF website's "What's Happening" page or contact Board Treasurer Sid McCausland @ matsusid@gmail.com

Freethinkers

Fridays at noon

Last week we read chapters in SURVIVING THE EXTREMES about human survival in the realms of the high seas and the desert. One of the most critical keys to survival is incentive or motivation, which could be in the form of a great desire to make it home to family and loved ones, or it might simply be the need to prove oneself. A will to live is critical if one is thrust unexpectedly into a survival situation. In the both High Seas and the Desert, we learned the intricacies and importance of hydration and digestion as well as blood flow and control of body temperature. Differences in body types, shapes, and levels of physical fitness add variables to the likelihood of returning from being stranded at sea or lost in the desert. (A bit of "dumb luck" may come into play as well...) Dr. Kamler wasn't personally present in these adventures, but he seemed to have done extensive research into both scenarios. For next Friday, we'll read sections about diving in the Underwater chapter and mountaineering in High Altitudes. This week we also need to choose the next book or two, so bring your ideas and recommendations. We'll be LIVE IN PERSON in Room 7 at AUUF from noon to 1:30 Friday, May 5.

Hope to see you there!

ELDERS' DINNER: OUR HONORED GUESTS

Friday, May 12 from 5:30-7:30 pm

The Alliance is looking forward to this potluck dining event to celebrate our "VIP" guests. While we are still hoping for some more RSVPs from our invitees, I can announce that as of now we will be celebrating Joanne Anderson, Julia Garrigues,

Marie Lundstrom, and Jim Wannamaker. What a chance for family and friends within and without AUUF to fellowship with these wonderful folks and each other. We hope you will be there.

P.S. The choir will be adding a song or two!

Interested in being a Delegate at GA this year?

Our annual UUA General Assembly will be in Pittsburgh this year from June 21-25. It's a great opportunity for UU friends and members to attend workshops, worship, and business meetings to learn more about our denomination and heritage. This year delegates at the business meetings will also consider the new version of our 7 Principles that is being proposed as our obligatory, every 15 year, reconsideration of our values and ethics. Ours is a living tradition after all.

Our congregation gets four delegates (and four votes) and if you'd like to be one of our delegates, please contact Peggy Robinson, our temporary congregational administrator at admin@anchorageuuf.org. Delegates, who only attend the business meetings online, get to go for free. For more information about attending in person or online, please visit [UUA website](#).

And here's a link to [our new principles](#).

Sunday Hospitality: Anyone Can Sign Up

Treating visitors well is how we have grown our Beloved Community! New people show up on Sunday all the time at AUUF. The Connections Team at AUUF knows how important it is to give first-time visitors a good experience. Likewise with "Zoom" visitors. We've made it easy for you to sign up using the link below. Instructions will be included. If you sign up for a month at a time, you'll not only make it easier for us to fill all the slots, but you'll get to know people and make connections. Please consider signing up to be a Greeter, Zoom Usher or Social Hour Host.

[Click here to sign up.](#)

Juneteenth Anchorage Citywide Celebration 2023 WE NEED VOLUNTEERS

Our Anchorage UU Fellowship will have a booth at this year's Juneteenth celebration on June 17 and 18, and WE NEED VOLUNTEERS to staff the table!

Dennis Arashiro will have a sign up sheet for volunteers at the Social Justice Table for the next three Sundays, following our Fellowship Service. There are several time slots available for both days of the event, each for approximately 2-3 hours.

We are looking for a mix of volunteers. We will need individuals who can communicate knowledgeably about our Anchorage Fellowship, as well as our Unitarian Universalist faith. We also invite volunteers newer to our faith, who are able to express what drew them to our Fellowship, and how the Fellowship has impacted their lives. Additionally, we need people capable of loading/unloading table items, and set up/tear down.

Our goal at the event is to inform members of the public about our Services and programs, as well as to make connections within our community, and to establish new friendships and relationships!

Can't make the event, but would like to help plan? The AUUF Juneteenth Planning

Committee would be pleased to add to our team this year! Our next meeting will be Sunday, May 14, at 12:30 pm, after the Service.

For inquiries, discussion, or to sign up to volunteer, please see our committee chair, Dennis Arashiro, or contact him as follows:

DENNIS ARASHIRO
907-444-4324
elvischannel@yahoo.com

-or-

Contact in person on Sundays at the Fellowship Social Justice Table

[Click here for more details about the event.](#)

Ready, Set, Die....

We plan for life's big events, birth, and marriage, so why not death?

The goal of this day-long workshop is to address physical, psycho-social, intellectual and spiritual concerns and desires surrounding death, eliminating surprises to survivors and increasing the likelihood that your wishes and desires around death will be carried out.

This interactive workshop utilizes a variety of individual and group activities for skill development in these areas:

Define for one's self what constitutes a good death.
Examining and dispelling common fears around death.
Building a tool chest of essential information to design a pathway for your loved ones.
Use various communication means for farewells to friends and loved ones.
Explore and strengthen the spiritual aspects of your personal death plan.

Teresa Zimmer (RN/educator) and TK Kleiner (retired attorney/educator) share a passion for normalizing death and transforming the way we approach it. We believe that death planning promotes well-being and peace of mind for you and your survivors.

This workshop will be time well spent, as you join with others to make plans for this important transition.

Ready, Set, Die

This workshop will be held at AUUF,
2824 East 18th Avenue
Thursday, May 11, 2023, 9:30-3:30 pm
Box Lunch included (vegan and omnivore options)
\$75 AUUF members and friends; couples, \$130
\$90 for all others; for couples, \$160

Registration fee is due at time of registration

To register, please email ready.set.die.workshops@gmail.com or call Teresa at 907.331.7034, or TK at 907.317.2799

Registration is due by April 25, 2023. Class size is limited.

UU Principles/ Values Workshops

Last fall, one of Rev. Lise's Sunday messages discussed how our UUA bylaws require us to re-examine our UU Principles every 15 years. She also shared some information in the TAYF a few months ago regarding how the Article II Committee is



planning to present a new set of principles based on six values that connect to love as the foundation of our UU faith. If you'd like to learn more about this process, please sign up for one of the workshops listed below. We'll be voting on these Principles/Values this year at GA (General Assembly) and next year at GA 2024

Article II Amendment Discussion Workshops

At General Assembly 2023, Unitarian Universalists will take an initial vote on proposed changes to Article II of the UUA Bylaws, which includes the current UUA purposes, principles, sources, and clauses on inclusion and freedom of belief.

The following Zoom workshops to discuss amendments to the [Article II Study Commission proposal \(PDF\)](#) are open to all Unitarian Universalists. Whether or not you submitted a suggestion or idea, we encourage you to join us for one or more of these workshops.

Amendment Discussion Workshop #1

Thursday, May 11 7 pm ET / 6 pm CT / 5 pm MT / 4 pm PT

[Register now for the May 11th workshop](#)

Amendment Discussion Workshop #2

Thursday, May 18, 7 pm ET / 6 pm CT / 5 pm MT / 4 pm PT

[Register now for the May 18th workshop](#)

Amendment Discussion Workshop #3

Sunday, May 21, 4 pm ET / 3 pm CT / 2 pm MT / 1 pm PT

[Register now for the May 21st workshop](#)

[Click here to read the entire article.](#)

HALF PORTION FOR SOCIAL ACTION: Facing Foster Care in Alaska

Our mission is to improve the foster care system through sharing our experiences, supporting and educating youth and social services, and implementing positive change in society as a whole. Facing Foster Care in Alaska (FFCA) is a nonprofit dedicated to improving the foster care system, developing leadership skills among current and former foster youth, and creating a network of peer support that is a lifeline for many foster youth and alumni. FFCA provides foster youth and alumni opportunities to share lived expertise about life in foster care to raise community awareness, educate child welfare staff, and government officials, and educate foster youth throughout Alaska about their rights, resources, and opportunities to share their voice to promote change.

**Go to anchorageuuf.org
Click on the Half-Portion note or Donate/ Pay
at the bottom of the home page.
Enter your donation under
“Half-Portion for Social Action”**

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship (907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org
Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm an by appointment.

Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF
Office hours are usually Mon-Thurs, 10 am - 2 pm
Please call before coming.

Kelly Spring, (she/ her) Communications Specialist,
Communications@anchorageUUF.org
Kelly's remote office hours Mon-Fri 9 am -1 pm

**Dr. Ray Macfarlane, (they/none) Director of Lifespan Learning
& Exploration, DrRay@AnchorageUUF.org**
Limited office hours, please call before coming.

Contact the Connections Team for more information on how to get involved
at AUUF

Connections@AnchorageUUF.org



Visit our website

AUUF Podcast

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Today At Your Fellowship

Thursday, May 11, 2023

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Thursday 5/11/23

5:30 pm Board Agenda Setting Meeting
6:30 pm Choir Practice- Last one until Fall.

Friday 5/12/23

12:00 pm Freethinkers Live at AUUF only
5:00-8:00 pm Honoring our Elders' dinner

Saturday 5/13/23

8:30 am AA Slap Happy Group
10:30-1:00 pm Private Rental

Sunday 5/14/23

9:00 am Virtual Forum Zoom only

11:00 am Sunday Worship Live at AUUF & on Zoom

12:30 pm Social Justice Meeting
12:30 pm The Alliance
2:30 pm Worship Associates Meeting
4:00 pm Anchorage Friends Meeting

Monday 5/15/23

10:30 am Nominating Committee Meeting on Zoom
4:30 pm Private Rental
6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

Tuesday 5/16/23

5:30 pm Private Rental

Wednesday 5/17/23

6:30 pm Board of Directors Meeting on Zoom

Half Portion Recipient for May:
[Facing Foster Care in Alaska](#)

ELDERS' DINNER: OUR HONORED GUESTS

Friday, May 12 from 5:30-7:30 pm

Please join us this Friday, May 12th, to honor Joanne Anderson, Julie Garrigues, Marie Lundstrom, Helen Nienhueser, Francine Taylor, and Jim Wanamaker. The doors open at 5:00 and the program and dinner starts at 5:30 pm. This is a wonderful opportunity to share fellowship within our beloved community.



Virtual Forum 9 am Sunday May 14, 2023 Only on Zoom
Beyond Sullivan: Providing a Safety Net for Our Most Vulnerable Homeless with Recovery and Reentry Services CEO Cathleen McLaughlin

Virtual Forum

9 am Sunday, May 14, 2023
ONLY on Zoom

[Click here to join on Zoom.](#)
[Click here for Speaker's bio.](#)



Sunday Worship 11 am Sunday May 14, 2023 Live at AUUF & on Zoom
Creation Stories
Rev. Lise & Marty Freeman

Sunday Worship

11 am Sunday, May 14, 2023

[Click here to join on Zoom.](#)

For the month of May, our SoulMatters theme is creativity. It seems appropriate as things are just starting to come into bud here in Anchorage. Below are some of the ways we'll be celebrating and discussing creativity this month.

May 14, 11 am Hybrid
Creation Stories
Rev. Lise Sherry, Marty Freeman

As it's Mother's Day, it seemed to be a good time to talk about creation. There are so many stories from so many cultures about how our world and other things in it began. It's also important to acknowledge this diversity as different ways of thinking help us to find new solutions and inspirations.

May 21, 11 am hybrid
Flora Festival & Teacher Appreciation
Dr. Ray Mcfarlane, Renee Frost

We're widening the scope of Flower Communion this year--making it a little more creative to honor our spring cycle in Alaska-- so please bring seedlings, plants, twigs or flowers. We'll also celebrate the hard work, talents and creativity of our Learning and Exploration Volunteers who have worked with our children all year. This is a multigenerational service.

May 28, 11 am hybrid
The Diversity of our Fighting Forces
Rev. Lise, Joyce Laine, Lauren Rench

It takes some creative thinking to both persecute a group of people and accept them to fight for one's country. Unfortunately, this is something the US has done many times over. This Memorial Day Weekend, we want to shine some light on this paradox and celebrate some of our Asian Americans and Pacific Islanders who persevered through these difficult times with the help of some imaginative thinking of their own.

Rev. Lise will be out of town May 18- 23

Rev. Lise will be gone for a family wedding from May 18-23. Please contact the office if you have any pastoral emergencies.

Path to a new logo- May 2023

Thanks to everyone who helped vote in this new logo design, which was unveiled on Sunday at the Annual Meeting! Our ranked-choice tabulation of both paper and online ballots was expertly prepared by David O'Brien, a member of the Logo Task Force. Others who helped on our path were Irene O'Brien, Denise Martin, Josef Princiotta, Dennis Arashiro, Ken Winterberger and Dr. Ray. Kudos to all!

[CLICK HERE to view Logo Vote Results.](#)
[CLICK HERE to read Logo Path and Next Steps.](#)





Freethinkers

Fridays at noon In person at AUUF only

Last week we discussed two more chapters of SURVIVING THE EXTREMES by Kenneth Kamler, MD. In the section called Underwater, the author called this realm “the least explored, least understood environment on earth because it is the most hostile to man.” Mistakes in this inhospitable domain are nearly always fatal. We learned about deep sea diving with and without air tanks, beginning with stories of the discovery of ancient paintings in underwater caves near Cassis, France. We were amazed by the people who free-dive 250+ feet deep while holding their breath! We learned the physiology of the bends, which occurs when divers ascend too quickly and bubbles that developed in vessels and body tissue can’t work their way out of the system before causing severe pain, and if not decompressed, making the system shut down. And we learned about people who make their living by diving, sometimes living underwater for months at a time. In the High Altitude section, we read about the 1996 disaster on Mt. Everest, when storms ravaged the mountain, catching several guided parties by surprise. Many people lost their lives, others lived to tell the tale, including Beck Weathers, who was left for dead but who somehow found the inner strength to pull himself back from the brink of hypothermia and stumble down the mountain where he was helped by our friend and climbing guide, Todd Burleson. Amazing fortitude... Dr. Kamler was a critical component of getting him and a Taiwanese climber emergency treatment and eventual evacuation, thanks to a very gutsy helicopter pilot. For next week we’ll be reading the final chapters, Outer Space and the Conclusion. Once again, we’ll be in person in Room 7 downstairs at AUUF at 12 noon on Friday, May 12.

Hope to see you there!



WhaleCoast Hosts Needed! June 10-15 and/or

July 12-14.

I've received a number of offers to be hosts for our WhaleCoast visitors on the above dates, but we need more to host our 40 guests for each of the 2 tours. Do you have a spare room that has a bed in it or would hold an inflatable bed? Are you able to provide a few breakfasts and snacks? Would you like to welcome UU's from across the country to Anchorage and show them our AUUF hospitality? We need you!

We also need someone to be a host for guests staying in Donna Massey's condo near the Fellowship for July 12-14 (2 nights). If you don't have space in your own place, this is a great opportunity.

Please contact Peggy at probinson@ak.net or 907-632-6436 for additional information or to sign-up. This is an important fundraiser for AUUF!

Sunday Hospitality Sign-Up

With more people showing up in person to our Sunday services, it's more important than ever that we ramp up our hospitality. In-person greeters, social hour help and Zoom ushers make visitors feel welcome. Please sign-up today and make ours a welcoming Fellowship!

[Click here to signup.](#)



SIGN UP!



SignUpGenius



Flora Festival & Teacher Appreciation!

May 21st we will be celebrating our teachers and the green growth happening all around us. Our teachers have worked all year long to support our children and youth as they explore and grow. Come celebrate them! Bring some buds, branches, or any plant you want to contribute to our flora festival for flower communion this year. Write a thank you note with your child or bring a special something for your teachers to show your gratitude for the time and love they have poured into Learning and Exploration programs this year!

Starting on May 28th, Children & Youth will move to Summer Programs, which will be centered around outdoor activities and learning about belief systems around the world. If you would like to help out, let us know!

- Dr. Ray Macfarlane, Director of Learning & Exploration

DrRay@AnchorageUUF.org

Safer Congregation Team – Guidebook Snippet

By David O'Brien, Team Chair

Your Safer Congregation Team has been periodically publishing “snippets” from its recently completed Guidebook. The charted purpose of the Team is to “ensure the protection and safety of the AUUF congregation and building”, and the Guidebook has been written to support this goal.

SCT Responsibilities (according to Board Policy regarding the SCT)

- Review existing policies and procedures annually and make necessary changes
- Propose safety related policies and procedures to the Board as needed
- Create limited access agreements as needed
- Provide an annual report to the Board regarding active limited access agreements.
- Hear any allegations of abuse or safety concerns
- Ensure that anyone who is accused of an offense or represents a known risk to the AUUF community (such as a sex offender) receives due process.
- Be knowledgeable about state laws regarding reporting.
- Search the Alaska State sex offender registry as needed for members and visitors, if requested or suspected.

[Click here to read more.](#)

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Our goal at the event is to inform members of the public about our Services and programs, as well as to make connections within our community, and to establish new friendships and relationships!

Can't make the event, but would like to help plan? The AUUF Juneteenth Planning Committee would be pleased to add to our team this year! Our next meeting will be Sunday, May 14, at 12:30 pm, after the Service.

For inquiries, discussion, or to sign up to volunteer, please see our committee chair, Dennis Arashiro, or contact him as follows:

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[Register now for the May 18th workshop](#)

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[Click here to read the entire article.](#)

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Anchorage Unitarian Universalist Fellowship
(907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org

Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm an by
appointment.

Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF

Office hours are usually Mon-Thurs, 10 am - 2 pm
Please call before coming.

Kelly Spring, (she/ her) Communications Specialist,
Communications@anchorageUUF.org
Kelly's remote office hours Mon-Fri 9 am -1 pm

**Dr. Ray Macfarlane, (they/none) Director of Lifespan Learning
& Exploration, DrRay@AnchorageUUF.org**
Limited office hours, please call before coming.

Contact the Connections Team for more information on how to get involved
at AUUF

Connections@AnchorageUUF.org

Connect with us



Visit our website

AUUF Podcast

Donate



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Thursday, May 18, 2023

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5:30 pm Anti-Racism Team on Zoom

Friday 5/19/23

12:00 pm Freethinkers Live at AUUF only

Saturday 5/20/23

8:30 am AA Slap Happy Group

10:30-1:00 pm Private Rental

7:30-9:00 pm Private Rental

Sunday 5/21/23

9:00 am The Forum IN PERSON AT AUUF & Zoom

11:00 am Sunday Worship Live at AUUF & on Zoom

12:30 pm Social Justice Meeting

12:30 pm The Alliance

4:00 pm Anchorage Friends Meeting

Monday 5/22/23

4:30 pm Private Rental

6:30 pm Fireweed Sangha of Mindful

Living- Private Rental Visitors welcome

Tuesday 5/23/23

5:30 pm Private Rental

Wednesday 5/24/23

Half Portion Recipient for May:

[Facing Foster Care in Alaska](#)



The Forum

IN Person at AUUF & on Zoom 9 am Sunday, May 21, 2023

New Revenue for a New Alaska

Alaska State Representative Alyse Galvin

The Forum

9 am Sunday, May 21, 2023

IN Person at AUUF & on Zoom

The Forum Is Back in the Building!

A great many of you have made it clear you would like the Forum to be back in our building, so you can see your friends in person and we can continue re-building our AUUF community as the Covid threat lessens. We heard you, and we are taking care of business. Beginning this weekend, we will meet in person on the first and third Sundays of each month. There will be an opportunity to gather in the Social Room between the Forum and the Worship Service, as in “the good old days.” On Sunday, May 21, our in-person Forum speaker will be State Representative Alyse Galvin. Two weeks later, on June 4, our in-person guest speaker will be Anchorage School District Superintendent Dr. Jarrett Bryantt. All Sundays except the first and third (that is, the second and fourth, as well as any fifth Sundays of each month) will continue to be Zoom only. But we will continue to “broadcast” *all* of our Forums on Zoom each week—including the ones when we have in-person speakers at the Fellowship’s building on 18th Ave.—for those who are unable to attend in person or just can’t break the Zoom habit. Mark your calendars to remind yourself to join us at our building the 1st and 3rd Sunday of each month. See you (or “see you”) there.

[Click here to join on Zoom.](#)

[Click here for Speaker's bio.](#)

Hospitality Volunteers — Sign Up Now!

THE 9 AM FORUM IS MEETING IN PERSON THIS SUNDAY! Let’s get some early greeters to welcome them! (And to help Dennis make coffee, etc. etc.) Please click on the button below to view the online sign-up sheet. If you can’t help this Sunday, there are slots to fill for both services through June. All you need to sign up is your name and an email address. You can easily opt-out or change your slot later if you need to. A reminder will automatically be sent to you 2 days prior to your assigned slot. Thanks!





Sunday Worship

IN Person at AUUF & on Zoom 11 am Sunday, May 21, 2023

Flora Festival & Teacher Appreciation

Dr. Ray Mcfarlane, Renee Frost

Sunday Worship

11 am Sunday, May 21, 2023

May 21st we will be celebrating our teachers and the green growth happening all around us. Our teachers have worked all year long to support our children and youth as they explore and grow. Come celebrate them! Bring some buds, branches, or any plant you want to contribute to our flora festival for flower communion this year. Write a thank you note with your child or bring a special something for your teachers to show your gratitude for the time and love they have poured into Learning and Exploration programs this year!

Starting on May 28th, Children & Youth will move to Summer Programs, which will be centered around outdoor activities and learning about belief systems around the world. If you would like to help out, let us know!

- Dr. Ray Macfarlane, Director of Learning & Exploration

DrRay@AnchorageUUF.org

[Click here to join on Zoom.](#)

May 28, 11 am hybrid

The Diversity of our Fighting Forces

Rev. Lise, Joyce Laine, Lauren Rench

It takes some creative thinking to both persecute a group of people and accept them to fight for one's country. Unfortunately, this is something the US has done many times over. This Memorial Day Weekend, we want to shine some light on this paradox and celebrate some of our Asian Americans and Pacific Islanders who persevered through these difficult times with the help of some imaginative thinking of their own.

Rev. Lise will be out of town May 18- 23

Rev. Lise will be gone for a family wedding from May 18-23. Please contact the office if you have any pastoral emergencies.



Our Spring Education Series continues on Thursday, May 25th with Music from the Labor Movement! Get ready for a scintillating session of songs and stories!

Join us on Zoom Living Legacy Project Co-President Reggie Harris welcomes two of the most knowledgeable and engaging performer/educators in the nation, perennial Grammy nominee songwriter, storyteller and activist, [John McCutcheon](#), and writer, director and former National Labor College professor, [Elise Bryant](#).

In this hour-long program, followed by a thirty-minute Q&A and conversation, we'll delve into the impact and practice of music that changed the very nature of work and achievement. We hope you can join us!

[Click here to read more.](#)

Freethinkers

Fridays at noon In person at AUUF only

As we finished the book *Surviving the Extremes* last week, our lively outdoor discussion broached subjects like the values and risks of space exploration. In spite of the large amounts of money and natural resources that are "burned up" by NASA, the discoveries and innovations are often useful in the short run right here on Planet Earth. Will space travel and perhaps colonization become more feasible?

More necessary as we use up our finite resources? Would our bodies adapt to a totally new environment? Will we learn to become better stewards of our own planet? In the Conclusion, Dr. Kamler revisited the Big Question — Why do some people survive extreme conditions while others succumb? Besides physical strength, skill in the environment, and luck, the crucial element is having a will to live, which can emerge from thoughts of loved ones, sheer willpower or inner strength, or from a connection to a spiritual source. If you didn't read it yet, give it a try. I'm sure you'll learn heaps! Our next book will be *The Lords of Easy Money* by Christopher Leonard. See you in person in Room 7 at AUUF Friday from noon-1:30.



WhaleCoast Hosts Needed! June 10-15 and/or July 12-14.

I've received a number of offers to be hosts for our WhaleCoast visitors on the above dates, but we need more to host our 40 guests for each of the 2 tours. Do

you have a spare room that has a bed in it or would hold an inflatable bed? Are you able to provide a few breakfasts and snacks? Would you like to welcome UU's from across the country to Anchorage and show them our AUUF hospitality? We need you!

We also need someone to be a host for guests staying in Donna Massey's condo near the Fellowship for July 12-14 (2 nights). If you don't have space in your own place, this is a great opportunity.

Please contact Peggy at probinson@ak.net or 907-632-6436 for additional information or to sign-up. This is an important fundraiser for AUUF!

Safer Congregation Team – Guidebook Snippet

By David O'Brien, Team Chair

Your Safer Congregation Team has been periodically publishing “snippets” from its recently completed Guidebook. The charted purpose of the Team is to “ensure the protection and safety of the AUUF congregation and building”, and the Guidebook has been written to support this goal.

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[Click here to read more.](#)

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Our Anchorage UU Fellowship will have a booth at this year's Juneteenth celebration on June 17 and 18, and WE NEED VOLUNTEERS to staff the table!

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Our goal at the event is to inform members of the public about our Services and programs, as well as to make connections within our community, and to establish new friendships and relationships!

Can't make the event, but would like to help plan? The AUUF Juneteenth Planning Committee would be pleased to add to our team this year! Our next meeting will be Sunday, May 14, at 12:30 pm, after the Service.

For inquiries, discussion, or to sign up to volunteer, please see our committee chair, Dennis Arashiro, or contact him as follows:

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-or-

Contact in person on Sundays at the Fellowship Social Justice Table

[Click here for more details about the event.](#)

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Our annual UUA General Assembly will be in Pittsburgh this year from June 21-25. It's a great opportunity for UU friends and members to attend workshops, worship, and business meetings to learn more about our denomination and heritage. This year delegates at the business meetings will also consider the new version of our 7 Principles that is being proposed as our obligatory, every 15 year, reconsideration of our values and ethics. Ours is a living tradition after all.

Our congregation gets four delegates (and four votes) and if you'd like to be one of our delegates, please contact Peggy Robinson, our temporary congregational administrator at admin@anchorageuuf.org. Delegates, who only attend the business meetings online, get to go for free. For more information about attending in person or online, please visit [UUA website](#).

And here's a link to [our new principles](#).



UU Principles/ Values Workshops

Last fall, one of Rev. Lise's Sunday messages discussed how our UUA bylaws require us to re-examine our UU Principles every 15 years. She also shared some information in the TAYF a few months ago regarding how the Article II Committee is planning to present a new set of principles based on six values that connect to love as the foundation of our UU faith. If you'd like to learn more about this

process, please sign up for one of the workshops listed below. We'll be voting on these Principles/Values this year at GA (General Assembly) and next year at GA 2024

Article II Amendment Discussion Workshops

At General Assembly 2023, Unitarian Universalists will take an initial vote on proposed changes to Article II of the UUA Bylaws, which includes the current UUA purposes, principles, sources, and clauses on inclusion and freedom of belief.

The following Zoom workshops to discuss amendments to the [Article II Study Commission proposal](#) (PDF) are open to all Unitarian Universalists. Whether or not you submitted a suggestion or idea, we encourage you to join us for one or more of these workshops.

Amendment Discussion Workshop #2
Thursday, May 18, 7 pm ET / 6 pm CT / 5 pm MT / 4 pm PT
[Register now for the May 18th workshop](#)

Amendment Discussion Workshop #3

[Click here to read the entire article.](#)

HALF PORTION FOR SOCIAL ACTION: Facing Foster Care in Alaska

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Go to anchorageuuf.org
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We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship
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Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org
Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm an by
appointment.

Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF
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Please call before coming.

Kelly Spring, (she/ her) Communications Specialist,
Communications@anchorageUUF.org
Kelly's remote office hours Mon-Fri 9 am -1 pm

**Dr. Ray Macfarlane, (they/none) Director of Lifespan Learning
& Exploration, DrRay@AnchorageUUF.org**
Limited office hours, please call before coming.

Contact the Connections Team for more information on how to get involved
at AUUF
Connections@AnchorageUUF.org

Connect with us



Visit our website

AUUF Podcast

Donate



ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Thursday, May 25, 2023

This Weekend @ AUUF

Find Zoom [links here.](#)

Thursday 5/25/23

Friday 5/26/23

12:00 pm Freethinkers Live at AUUF
only

Saturday 5/27/23

8:30 am AA Slap Happy Group
10:30-1:00 pm Private Rental
11:30-1:30 pm Work party- Move
furniture back from the flooring project.
1:00-3:00 pm Private Rental

Sunday 5/28/23

9:00 am - 1:00 pm Green Sanctuary
Plant Sale

9:00 am Virtual Forum on Zoom

**11:00 am Sunday Worship Live at
AUUF & on Zoom**

4:00 pm Anchorage Friends Meeting

Monday 5/29/23

Holiday Offices closed
6:30 pm Fireweed Sangha of Mindful
Living- Private Rental Visitors welcome

Tuesday 5/30/23

5:30 pm Private Rental

Wednesday 5/31/23

Half Portion Recipient for May:

[Facing Foster Care in Alaska](#)



Center for One Health Research



Virtual Forum **ONLY** on Zoom 9 am Sunday, May 28, 2023

One Health: A 10,000-Year-Old View into the Future

Dr. Arleigh Reynolds, Director of One Health Initiative, University of Alaska Fairbanks

Virtual Forum

9 am Sunday, May 28, 2023

on Zoom ONLY

***Beginning 5/21, we will meet in person on the first and third Sundays of each month.

[Click here to join on Zoom.](#)

[Click here for Speaker's bio.](#)



Sunday Worship Live at AUUF & on Zoom

11 am Sunday, May 28, 2023

The Diversity of our Fighting Forces

Rev. Lise, Joyce Laine, Lauren Rench

Sunday Worship

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over. This Memorial Day Weekend, we want to shine some light on this paradox and celebrate some of our Asian Americans and Pacific Islanders who persevered through these difficult times with the help of some imaginative thinking of their own.

[Click here to join on Zoom.](#)

Sunday Hospitality / Sign-Up

Sunday Hospitality / Sign-Up Genius Can Be a Great Tool!

If you haven't used Sign-Up Genius, here are some points that might encourage you to try it.

- -Anyone can sign up with just your name and email; you don't need to have a Sign-Up Genius account, nor need to set one up.
- Others who view our Sign-Up, including the Sign-up "Admin(s)" will see who has signed up for what, but only the Admin(s) have access to your email from Sign-Up Genius.
- There are currently only 3 Admins on our Hospitality Sign-Up: Denise Martin, Andrea Van Ravenswaay, and Yolanda Meza. They set up the slots and are notified whenever someone signs up for something.
- You can sign up for as many time slots/tasks as you wish.
- We the Admins have set up our Sign-up Genius to email you a confirmation when you sign up, and also send you a reminder 2 days in advance of your duties.
- You can contact the Admin through Sign-Up Genius if you need to cancel or change your sign-up.
- If you're still leery of using the program, any Admin can sign you up using your email (though we would not do this without your request to do so!) and you'll get the confirmation and reminder the same as if you signed up yourself.
- Sign-Up Genius can save a lot of time for organizers (one invite vs. many calls/emails)

Now that you know all this, consider clicking below to help strengthen our hospitality which is so critical to our welcoming atmosphere on Sunday!



Draft of the 2023 AUUF Annual Meeting minutes is now available.

The draft document is now on the AUUF website on the Annual Meeting page.

[Click here.](#)

Please send any comments or noted corrections needed to James Dryden (907) 344-4995 dryden@laska.net

Thank you



Plant Sale May 28

Plant Sale! Plant Sale! Plant Sale!

The intrepid ladies and gentlemen of the Green Sanctuary Team are having a Plant Sale on May 28. The sale will begin Sunday at 9:00 am and until 1:00 pm! Come find all of your herbs here on the tables

INSIDE of the church. We have lettuce, tomatoes, and even leeks! Come find ALL your

favorites here! Come early- they won't last long!! (And if you want to donate seedlings- bring them on the 28th!!)

About Our Newest AUUF Logo

Our AUUF Fellowship voted to adopt this logo design in May, 2023. The design, which has a full color and black/white version, was one of 4 designs drafted by an ad hoc "Logo Task Force" (Denise Martin, Dennis Arashiro, Josef Princiotta, Irene & David O'Brien, and Ken Winterberger). The winning design was inspired by the ceramic chalice that we light each Sunday at AUUF. The symbols include 2 intersecting rings that historically represent the merging of Unitarians and Universalists in 1961. The globe represents the earth, our "blue boat home" floating on the ocean of universal understanding. To represent our Alaskan natural surroundings, the chalice itself has hints of mountains and water.



Congregational Administrator - Now Accepting Applications!

Do you know someone who is organized and detail-oriented, has great customer service skills, and you think would fit in well with our congregation? We are now accepting applications for the Congregational Administrator position. It is 20 hours per week, mainly in the office during the day, and performs a wide variety of administrative tasks with minimal guidance. Our Board policy is to not hire someone who is a member unless there are extenuating circumstances.

Click on the job description link for full information about the position. To apply:

1. Read more about us on our website and our national organization's website, www.uua.org.
2. Submit a resume and a cover letter describing why you want to work for AUUF in this position and how you meet the listed qualifications.
3. Email both to jobs@anchorageuuf.org.

Applications will be reviewed upon receipt. The position is open until filled. References will be checked and a background check performed.

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MUSIC OF THE LABOR MOVEMENT



Host: Reggie Harris
Singer, songwriter
storyteller, and author

Elise Bryant
Actor, singer,
playwright, director,
and labor educator



John McCutcheon
Folksinger,
Instrumentalist,
storyteller, and activist

May 25, 2023 -- 4:30 pm PT, 5:30 pm MT, 6:30 pm CT, 7:30 pm ET

All programs are free and open to the public. Donations are appreciated.

For more info, visit livinglegacypilgrimage.org
Program 3 of the Spring 2023 Education Series

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Connect with us



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