

# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

# **Today At Your Fellowship**

Thursday, October 5, 2023

# This Weekend @ AUUF Find Zoom links here.

#### **Thursday 10/5/23**

6:30 pm Choir Rehearsal

#### Friday 10/6/23

9:15 am Music Together Mountain Song 12:00 pm Freethinkers at AUUF only

#### **Saturday 10/7/23**

8:30 am AA Slap Happy Group

8:30 am-12:15 pm Music Together Mountain Song

#### **Sunday 10/8/23**

Collection and display of auction items begins

9:00 am Virtual Forum only ZOOM

11:00 am Sunday Worship Live at AUUF & on Zoom

#### Sunday 10/8/2 continued

12:30 pm Social Action Council

12:30 pm The Alliance

2:30 pm Worship Associate Meeting

4:00 pm Anchorage Friends Meeting

#### Monday 10/9/23

Indigenous People Day Offices closed

6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

#### **Tuesday 10/3/23**

2:00 pm Hungry Book Club 5:30 pm Finance Committee Meeting 6:00 pm Private Rental

#### Wednesday 10/4/23

11:00 am Private rental 5:00 pm Connections Team Meeting 7:00 pm Building & Grounds Meeting

#### **Half Portion Recipient for October:**

The Anchorage Coalition to End Homelessness





Virtual Forum only on Zoom 9:00 am Sunday, October 8, 2023 The Evolution of UU Principles Rev. Lise Adams Sherry

Virtual Forum only on Zoom 9 am Sunday, October 8, 2023

Click here to join on Zoom.
Click here for the Speaker's bio.





Sunday Worship at AUUF & on Zoom 11:00 am Sunday, October 8, 2023 Viva Latinx Rev. Lise Adams Sherry & Michele Champion

Sunday Worship at AUUF & on Zoom 11 am Sunday, October 8, 2023

Click here to join on Zoom.

# **Hospitality Help Needed This Sunday**

The Connections Team wants to make sure we have greeters and social hour help this Sunday. The Sign-Up Genius is a tool we use so that people can see who has already signed

up for these important tasks. Please click the link below to sign up for open slots in October. Contact Denise Martin if you have questions or need assistance. Thanks to all who are helping!



# **How About Sharing Your PFD!**

by Marie Lundstrom Stewardship Committee

It's here—that magical money that keeps the Legislature haggling every year, the PFD! And where will it go in your household? Could you spare a piece of it for AUUF? We are likely looking at another budget shortfall, so every pledge that gets increased and every gift over and above your pledge will be most welcome to cut down that deficit.

Every dollar matters, in whatever form.

Sharing some of your PFD with AUUF is one way to make a nearly painless gift. Since it has just arrived, and is most likely still unspent, consider sharing part of it with your AUUF neighbors. Just write and send a check in the mail, if you make payments that way. Or for credit card payment, go to the AUUF website and click on Donate. In the form that comes up, enter your donation to the operating fund (or other fund). It's easy, and you'll hardly notice it. But AUUF will notice and thank you for it.

And here's a limerick to help you remember:
The PFD has arrived at long last
Which usually gets spent down pretty fast
For UU, save a part
As a gift from the heart
Use what's left on a glorious blast!

## **Freethinkers**

Freethinkers discussion group meets every Friday at 12:00pm - 1:30pm in Room 7 downstairs at AUUF. We just finished reading *A History of the World in Six Glasses, by Tom Standage.* This is a fascinating read linking the history of beer, wine, spirits, tea, coffee, and coca cola to major world developments through the centuries. Some of the fascinating facts include a discussion of Caribbean sugar being used by the English colonies to produce rum which accounted for 80% of their exports at times. This economic connection was a big factor in the American Revolution. Similarly, the tea trade led to the Opium Wars when the British were seeking some commodity to trade for tea.

We had 18 titles nominated for this round. View the detailed information for a selection of some very thought-provoking books.

At our Sept 29 meeting, we selected our next two books. There was an exchange of what we know about some of the books and some advocacy. In the end, Cari made a list on a poster board and we each gave her our choices. We will take up *Elon Musk* by Walter Isaacson which was nominated by Jim Wanamaker on October 6. After that book, we will read *A Thousand Trails Home* by Seth Kantor.

We will read the introductory material and the first nine chapters of *Elon Musk* for next week.

## **Small groups**

Looking for community? Want to make new friends? Want an opportunity to practice listening to each other? Consider joining a Small Group.

A Small Group – also sometimes called a Chalice Circle – is a group of about 6-12 AUUF members and friends who commit to gather on a regular basis, typically every other week, for a total of about ten to fifteen sessions during the "school year" to share community and conversation in a structured format described as active listening. The group will pick a topic in advance – usually something like Gratitude, Friendship, Sadness, or Adventure. A good topic gives people opportunities to share stories about their lives, their dreams, or how they think about some of life's big questions. A designated leader tries to keep the group, gently, on track.

Each group develops its own character and rituals, but most start by lighting a chalice to signify we are in a special place. It's not a committee meeting. It's not just a group of friends chatting. Usually, people "check in" – share what they've been up to lately and what they are leaving behind to be fully present for the group. Often there are some readings.

Click here to read the entire article.

# Ready, Set, Die....

We plan for life's big events, birth, marriage, why not death?

The goal of this workshop is to address physical, psycho-social, intellectual and spiritual concerns and desires surrounding death, eliminating surprises to survivors and increasing the likelihood that your wishes and desires around death will be carried

This interactive workshop utilizes a variety of individual and group activities for skill development in these areas:

Defining for one's self what constitutes a "good" death.

Examining and dispelling common fears around death.

Building a tool chest of essential information to design a pathway for your loved ones. Use of various communication means for farewells to friends and loved ones. Explore and strengthen spiritual aspects of your personal death plan.

Teresa Zimmer (RN/educator) and TK Kleiner (retired attorney/educator) share a passion for normalizing death and transforming the way we approach it. We believe that death planning promotes well-being and peace of mind for you and your survivors.

This workshop will be time well spent, as you join with others to make plans for this important transition.

#### Ready, Set, Die

This workshop will be held at AUUF, 2824 East 18th Avenue Thursday, October 12, 2023, 9:30-2:30 pm Box Lunch included (vegetarian and omnivore options) UU discount \$120 for individuals, \$220 for couples, and all others \$130 individuals; couples, \$240

Registration fee is due at the time of registration, by check or Venmo To register, please email ready.set.die.workshops@gmail.com or call Teresa at 907.331.7034, or TK at 907.317.2799

Registration is due by Oct. 8, 2023. Class size is limited.

# Spread the Word: Do Friends & Family Have Possible Auction Items?

It's amazing what our auction committee has already collected just by talking up the event with friends and neighbors. We have two sets of brand new snowshoes, a gorgeous watercolor by Homer artist Jan Peyton, a paint night with art educator Megan Henry and a yarn tote and generous gift card from Cabin Fever. What do your friends and neighbors have that could spark some heated bidding? Well, now's the time to ask, as we begin collecting items downstairs at AUUF. Starting this Sunday, you may bring your donations to Room 2, fill out a short entry form and leave them for us to photograph and enter into the data base. And remember, gifts of time and talent are also very popular. What can you share? Questions? Email us at auction@anchorgeuuf.com

# Finding Your Way to Fellowship Classes / Connections Team coming soon!

If you are newer to AUUF, perhaps interested in membership, or simply want to learn more about the UU Fellowship, we invite you to participate in the next "Finding Your Way into Fellowship" 3-session class (October 15, 22 and 29). These are held on 3 consecutive Sunday afternoons, and offer folks time to really learn about UU, AUUF, and how it fits into their own spiritual journey. The classes will be in person at AUUF and are conducted by Rev. Lise and members of the Connections Team. Plan on having lunch on us, and begin each class at 12:30 until about 2:00.

Please email connections@anchorageuuf.org for questions or to sign up. We look forward to seeing you there!

## **CPR Class at AUUF**

October 14th from 1:30 to 5:30 pm

Contact Linda to sign up. (<u>msmccool@hotmail.com</u>)
It is a "Friends & Family" course. October 14th from 1:30 to 5:30 pm
There is room for 10 -12 participants.

Thank you. Linda McCool

## **Director of Religious Exploration Position**

This position is open to AUUF friends and members, too.

Title: Director of Religious Exploration

Fair Labor Standards Act Status: Salaried Exempt Position Hours Required: Full time. Start date as soon as possible.

Salary and Benefits: Based on Midsize I, Geoindex 5 congregation per UUA guidelines.

**Benefits** 

include pension, professional expenses, paid vacation and study time. Salary up to \$58,000 based on experience.

Click here to read the full job description.

### **Music Director Position**

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We are hiring a part-time music director to play the piano for our 11 am services, direct our choir during the school year, and be part of the worship team to select music to add to the theme of the service. If you know someone who you think would be a good fit with us, please refer them to our website or forward the linked job description. The position is open until filled.

Apply with a cover letter and resume to Rev. Lise.

Click here to read the full job description.



## HALF PORTION FOR SOCIAL ACTION:

## The Anchorage Coalition to End Homelessness

The Anchorage Coalition to End Homelessness is the lead agency for the Continuum of Care for the Homelessness Prevention and Response System. Our mission is to provide dynamic leadership to make homelessness rare, brief, and one-time. The coalition works with the Department of Housing and Urban Development to identify and target housing and services to move people from homelessness to stably housed. The role of a Continuum of Care is to ensure that anyone who becomes homeless has the appropriate services available to them to move into housing, and to coordinate with the homeless service providers to understand where the gaps in services are and how programs are performing. The goal of all programs is to move people into housing.

You can think of a Continuum of Care as the air traffic controller at an airport. The air traffic controller doesn't operate flights, or manage baggage services, or screen people for safety. The air traffic controller works with the airlines to ensure that every passenger gets where they need to go in a timely manner and that incoming and outgoing flights are identified and tracked. Similarly, a Continuum of Care is responsible for the overall design of the Homeless Prevention and Response System, for knowing who is experiencing homelessness in a community and what the barriers to get into housing are, working with all service providers to apply for funding from HUD, and to help make a plan to reduce homelessness.

The coalition was founded in 2004, and has grown in the past two decades to include outreach to our unsheltered and camping neighbors and provide advocacy at the local, state and national levels. The coalition appreciates when community groups engage with our work and look forward to providing education about homelessness and housing first to your congregation.

Go to <u>anchorageuuf.org</u>
Click on the Half-Portion note or Donate/ Pay
at the bottom of the home page.

Enter your donation under "Half-Portion for Social Action"

#### Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.



# Anchorage Unitarian Universalist Fellowship (907) 248-3737

Minister, Rev. Lise Adams Sherry, (she/ her) 907-248-3737 x2,
RevLise@anchorageUUF.org
Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm and by appointment.

Tammie Stoops Congregational Administrator, 907-248-3737 x1
Admin@anchorageUUF.org AUUF
Usually Monday - Thursday 10-2, plus additional hours. Please call before coming.

Kelly Spring, (she/ her) Communications Specialist, Communications@anchorageUUF.org Kelly's remote office hours Mon-Fri 9 am -1 pm

**Director of Lifespan Learning & Exploration,** 

Contact the Connections Team for more information on how to get involved at AUUF

Connections@AnchorageUUF.org

Connect with us





Visit our website

**AUUF Podcast** 

**Donate** 



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#### Thursday 10/12/23

All day
Collection & Display Auction Items

5:30 pm CYRE Team Meeting

5:30 pm Board Agenda Setting Meeting

6:30 pm Choir Rehearsal

#### Friday 10/13/23

9:15 am Music Together Mountain Song 12:00 pm Freethinkers at AUUF only

#### **Saturday 10/14/23**

8:30 am AA Slap Happy Group

8:30 am-12:15 pm Music Together Mountain Song

1:30 pm CPR Class 7:00 pm Private Rental

#### **Sunday 10/15/23**

Collection and display of auction items continues

9:00 am The Forum IN PERSON & on ZOOM

11:00 am Sunday Worship IN-PERSON at AUUF & on Zoom

#### Sunday 10/16/2 continued

12:30 pm Finding your way to Fellowship Newcomers & Explorers class

4:00 pm Anchorage Friends Meeting

#### Monday 10/17/23

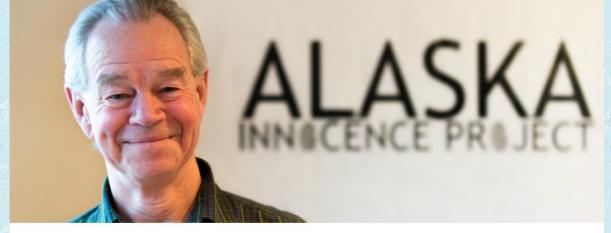
10:30 am Nominating Committee on Zoom4:30 pm Private Rental6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

**Tuesday 10/18/23** 

Wednesday 10/19/23

**Half Portion Recipient for October:** 

The Anchorage Coalition to End Homelessness





The Forum IN PERSON & on Zoom 9 am Sunday, October 15, 2023 The Alaska Innocence Project—Past and Future Bill Oberly

# The Forum IN PERSON & on Zoom 9 am Sunday, October 15, 2023

Click here to join on Zoom.
Click here for the Speaker's bio.

# Sunday Worship at AUUF & on Zoom 11 am Sunday, October 15, 2023

Click here to join on Zoom.

## **Sunday Hospitality**

**Hospitality Helpers Needed** 

Please consider volunteering; slots available for both 9 am Forum and 11 am Service this Sunday — greeters and social hour hosts. Please sign up if you're able to help by clicking on the link below. Future Sundays have slots to be filled as well. Thank you!



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passenger gets where they need to go in a timely manner and that incoming and outgoing flights are identified and tracked. Similarly, a Continuum of Care is responsible for the overall design of the Homeless Prevention and Response System, for knowing who is experiencing homelessness in a community and what the barriers to get into housing are, working with all service providers to apply for funding from HUD, and to help make a plan to reduce homelessness.

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RevLise@anchorageUUF.org
Office hours are usually Tues 11- 3 pm, Th & Fri 10 am - 2 pm and by
appointment.

# Tammie Stoops, Congregational Administrator, 907-248-3737 x1 Admin@anchorageUUF.org AUUF

Usually Monday - Thursday 10-2, plus additional hours. Please call before coming.

## Kelly Spring, (she/ her) Communications Specialist,

Communications@anchorageUUF.org Kelly's remote office hours Mon-Fri 9 am -1 pm

#### **Director of Lifespan Learning & Exploration,**

Contact the Connections Team for more information on how to get involved at AUUF

Connections@AnchorageUUF.org

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**AUUF Podcast** 

**Donate** 



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# **Today At Your Fellowship**

Thursday, October 19, 2023

# This Weekend @ AUUF Find Zoom links here.

#### Thursday 10/19/23

Collection and display of Auction Items continues daily this week.

6:30 pm Board of Directors Meeting 6:30 pm Choir Rehearsal

#### Friday 10/20/23

9:15 am Music Together Mountain Song 12:00 pm Freethinkers at AUUF only

#### **Saturday 10/21/23**

8:30 am AA Slap Happy Group

8:30 am-12:15 pm Music Together Mountain Song

1-3:00 pm Private Rental

#### Sunday 10/22/23

9:00 am Virtual Forum only on ZOOM

11:00 am Sunday Worship IN-PERSON at AUUF only

#### Sunday 10/23/2 continued

12:30 pm Finding your way to Fellowship Newcomers & Explorers class

4:00 pm Anchorage Friends Meeting

#### Monday 10/24/23

4:30 pm Private Rental 6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

#### **Tuesday 10/25/23**

6:00 pm Community Connections

#### **Wednesday 10/26/23**

6:30 pm Anti-Racism "Defund Fear" Book Study

#### **Half Portion Recipient for October:**

The Anchorage Coalition to End Homelessness





Virtual Forum only on Zoom 9 am Sunday, October 22, 2023 Former Attorney General Doug Baily The Tanker Rebecca Incident: Alaska Comes of Age as an Oil State

# Virtual Forum only on Zoom 9 am Sunday, October 22, 2023

Click here to join on Zoom.
Click here for the Speaker's bio.

#### Sunday, October 22, 2023 Zoom Only

Former Attorney General Doug Baily "The Tanker Rebecca Incident: Alaska Comes of Age as an Oil State"

**Doug Baily** was the Attorney General of Alaska from 1989 to 1990, under Gov. Steve Cowper. Prior that, he served as administrative assistant to Governor Jay Hammond, and as a trustee of the Alaska Permanent Fund. Before becoming a lawyer in 1965, Doug engaged in oil exploration in Alaska. From 1968 to 1971, he was the U.S. Attorney for the District of Alaska, and had principal responsibility for designing and conducting the state's legal case against the *Rebecca* and her captain in 1968. The Exxon Valdez oil spill on March 24, 1989, occurred during his tenure as AG. After the spill, Attorney General Baily filed multiple court cases against Exxon Corporation and the Alyeska Pipeline Service Company. Doug now lives in Homer his wife Landa, after moving back to Alaska from Oakland, Oregon, where they maintained the Old Baily Heritage Farm, raising rare breeds of American Livestock, including Myotonic Goats, Dexter Cattle, and America Guinea Hogs.

#### Sunday, October 29, 2023 IN PERSON & on Zoom

Meg Zaletel, Anchorage Assembly Member and Executive Director, Anchorage Coalition to End Homelessness "Anchorage's Housing Crisis—What You Need to Know"

Fresh out of law school, Meg took a job in Anchorage, sight unseen, representing Alaskans experiencing disabilities. This job brought her to Alaska, let her travel throughout the state, and gave her valuable experience working on systemic issues.

As an elected member of the Anchorage Assembly, Meg has been instrumental in expanding the Municipality's work around behavioral health and homelessness, including improving overall public health and safety and the well-being of vulnerable people. Meg has joined the Anchorage Coalition to End Homelessness to apply her experience and expertise. Meg enjoys spending her free time with her husband Zach, their daughter Zelda, three dogs, cat, and four chickens.

# The History of UU Fellowships



Sunday Worship Live at AUUF only 11 am Sunday, October 22, 2023 The History of UU Fellowships Rev. Lise and Joyce Laine

## Sunday Worship live at AUUF only

11 am Sunday, October 22, 2023

Reminder: On the fourth Sunday of the month we're giving our AV crew a break, so the 11 am service will be in-person only

The History of UU Fellowships Rev. Lise and Joyce Laine

The Fellowship movement started in the mid-20th century as a way to spread the good news of Unitarianism when we didn't have enough ministers to serve all the possible congregations. How have these congregations evolved with and without professional leadership, and now that we're facing a shortage of ministers again, what happens next?

October 29, 11 am, in-person & on Zoom In Memoriam: All Soul's Day Rev. Lise, Barb Clark, and Maribeth Snell

It's AUUF's annual time of remembrance as we name those cherished congregants who have left us and share mementos of other friends and family members on our alter. Remember to bring a photo or cherished object of your person(s) if you'd like to share in this way.

# **Sunday Hospitality / Connections**

Greeters and Social Hour Help Needed this Sunday!

No one has signed up yet for greeters (there should be 2) for the 11 am service. Help is also needed for the Social Hour. Please consider volunteering so that our visitors feel welcome and want to come again. Just click on the link below and follow the directions. Future Sundays have slots to be filled as well. Thank you!



# Religious and Ethical Exploration Opportunities for all Ages

Hey folks!

I hope you all are enjoying these beautiful fall days. And as always, the changing light is captivating this time of year.

I wanted to give a big shout-out to the CYRE Team (Children and Youth Religious Exploration) who have been working so hard on Fall Frolic and Sunday morning classes in the absence of having a DRE. Yay, CYRE Team!!!!! (AKA Annie Belts, Katie Melrose, Mary Gregory, Dianna Polese, Kalen Saxton, Elayne Hunter, Andee Cordano and recently retired from CYRE Alison Hanson.) Fall Frolic was a lot of fun and we're thinking about ways to provide rides to King's Lake for a Saturday-only option for next year. On Sunday mornings, we still need a few more teachers for the K-5 and middle school classes. Please talk to me or Annie if you can spend a few Sundays a month learning and playing with our children. There are other ways to help our children's program as well, if teaching isn't for you.

If you're wondering how the Sunday morning children's classes are interfacing with 11 am worship, we're doing things a little differently this year.

- First Sunday of the month, children and youth are downstairs in classes.
- Second Sunday, Rev. Lise (me) spends the first 15 minutes downstairs with all children and youth in a Chalice Circle (children's worship) before they go to classes.
- Third Sunday, children and youth are downstairs in classes.
- Fourth Sunday, the children are upstairs for the first part of worship and a Time for All Ages before going downstairs to classes. The high school youth stay upstairs inworship, or help in other RE classes.
- Fifth Sunday, same as first and third Sundays.

For adult-only interactions, we have several options.

- Susan Orlansky is organizing Small Group Communities (Small Group Ministry/Chalice Circles). We hope to be starting those soon.
- Freethinkers (those who read a non-fiction book, discuss, and share snacks) continues to meet at AUUF Fridays at noon.
- The Hungry Book Club continues to meet at AUUF the second Tuesday of the month at 2 pm. (They also share snacks and alternate between fiction and non-fiction.)
- The Anti-Racism Team is hosting a book discussion on Defund Fear Weds., Oct. 25, Nov. 8 and Nov. 29 from 6:30-8 pm at AUUF.

We have a wonderful community here that cares about each other and our world. I hope to see you on Sundays and throughout the week! Blessings, Rev. Lise

## Did you lose a ring?

A ring has been found at AUUF. If it might be yours please contact our AUUF Admin Tammie, at admin@anchorageuuf.org or (907) 248-3737 #1

# **Auction Donations? Bring In By Sunday, Pretty Please**

Okay, folks, we're in the final days of solicitating donations for this year's auction and, wow, do we have some really great stuff! There's like-new outdoor gear, home décor, all sorts of art, puzzles, brand new board games, cozy never-been-

worn slippers and the absolute cutest felted fairy sets you've ever seen. Oh, and a lake front Spanish dinner, Iditarod brunch, nature hikes, bird watching and—just wait-- juggling or music lessons with Jim Kerr. Thank you, thank you, thank you! Your itty-bitty auction committee would be oh-so very grateful if you could bring any remaining items in by this Sunday, or Wednesday at the absolute latest. It takes a fair amount of time to photograph and enter items and to double-check each entry before we go live on-line Saturday, Oct. 28.

Questions? Contact Peggy, Robin, Cathy or Carma or email us at auction@anchorageuuf.org



# **5th Sunday Potluck**

#### October 29

The AUUF Connections Team invites everyone to attend a potluck at AUUF at 12:30 p.m. after the 11 a.m. service. Grilled food will be provided by volunteers. Please bring a salad, side dish or dessert to share. In addition, please bring your family's own non-paper PLATES, CUPS, UTENSILS etc. to minimize cleanup AND reduce the use of disposable products. The idea is that each family or individual takes their used items home to clean. Hope to see you there!

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**Benefits** 

include pension, professional expenses, paid vacation and study time. Salary up to \$58,000 based on experience.

Click here to read the full job description.

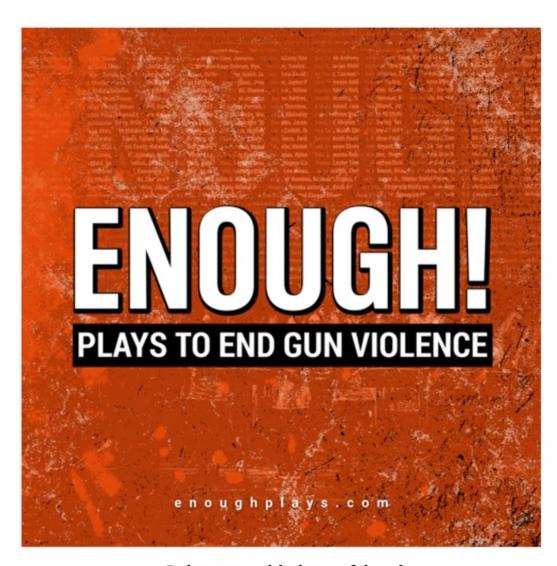
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6:30-9 pm

#### This is a nationwide event!!

Community reading of six 10 minute scripts

Audience members will be invited to read parts

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## HALF PORTION FOR SOCIAL ACTION:

## The Anchorage Coalition to End Homelessness

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Together we are Anchorage Unitarian
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Kelly Spring, (she/ her) Communications Specialist, Communications@anchorageUUF.org Kelly's remote office hours Mon-Fri 9 am -1 pm

**Director of Lifespan Learning & Exploration,** 

Contact the Connections Team for more information on how to get involved at AUUF

Connections@AnchorageUUF.org



Visit our website

**AUUF Podcast** 

Donate



# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

# **Today At Your Fellowship**

Thursday, October 26, 2023

# This Weekend @ AUUF Find Zoom links here.

#### Saturday 10/28/23

8:30 am AA Slap Happy Group 12:00 pm Online Auction Starts

1-3:00 pm Private Rental 6-9:00 pm Private Rental

#### Sunday 10/29/23

9:00 am The Forum IN PERSON & on ZOOM

11:00 am Sunday Worship IN-PERSON and on Zoom

12:30 pm Finding your way to Fellowship Newcomers & Explorers class

12:30 pm 5th Sunday Potluck- All are welcome

4:00 pm Anchorage Friends Meeting

#### Monday 10/30/23

1:30 pm Private Rental 6:30 pm Fireweed Sangha of Mindful Living- Private Rental Visitors welcome

#### Tuesday 10/31/23

6:00 pm Community Connections-Private rental

#### Wednesday 11/1/23

Online Auction some items will close at 8:00 pm

11-1:30 pm Private Rental5:00 pm Connections Team/ PastoralCare

7:00 pm Building & Grounds Meeting

#### Half Portion Recipient for October:

The Anchorage Coalition to End Homelessness

Hi,

Kelly Spring here, through an error on my part this did not get sent on Thursday. My apologies for the inconvenience.

Kelly Spring, AUUF Communications Specialist





The Forum IN PERSON & on Zoom 9 am Sunday, October 29, 2023 Anchorage's Housing Crisis—What You Need to Know Meg Zaletel, Anchorage Assembly Member and Executive Director, Anchorage Coalition to End Homelessness

# The Forum IN PERSON at AUUF & on Zoom 9 am Sunday, October 29, 2023

Click here to join on Zoom.
Click here for the Speaker's bio.

Sunday, October 29, 2023 IN PERSON & on Zoom Meg Zaletel, Anchorage Assembly Member and Executive Director, Anchorage Coalition to End Homelessness "Anchorage's Housing Crisis—What You Need to Know"

Fresh out of law school, Meg took a job in Anchorage, sight unseen, representing Alaskans experiencing disabilities. This job brought her to Alaska, let her travel throughout the state, and gave her valuable experience working on systemic issues.

As an elected member of the Anchorage Assembly, Meg has been instrumental in expanding the Municipality's work around behavioral health and homelessness, including improving overall public health and safety and the well-being of vulnerable people. Meg has joined the Anchorage Coalition to End Homelessness to apply her experience and expertise. Meg enjoys spending her free time with her husband Zach, their daughter Zelda, three dogs, cat, and four chickens.



Sunday Worship IN PERSON & on Zoom 11 am Sunday, October 29, 2023 In Memoriam: All Soul's Day Rev. Lise, Barb Clark, and Maribeth Snell

# Sunday Worship IN PERSON at AUUF & on Zoom

11 am Sunday, October 29, 2023

In Memoriam: All Soul's Day

Rev. Lise, Barb Clark, and Maribeth Snell

It's AUUF's annual time of remembrance as we name those cherished congregants who have left us and share mementos of other friends and family members on our alter. Remember to bring a photo or cherished object of your person(s) if you'd like to share in this way.

Click here to join on Zoom.
Click here for the Speaker's bio.

## **Sunday Hospitality / Connections**

Greeters and Social Hour Help Needed this Sunday!

No one has signed up yet for greeters (there should be 2) for the 11 am service. Help is also needed for the Social Hour. Please consider volunteering so that our visitors feel welcome and want to come again. Just click on the link below and follow the directions. Future Sundays have slots to be filled as well. Thank you!





# 5th Sunday Potluck October 29

The AUUF Connections Team invites everyone to attend a potluck at AUUF at 12:30 p.m. after the 11 a.m. service. Grilled food will be provided by volunteers. Please bring a

salad, side dish or dessert to share. In addition, please bring your family's own non-paper PLATES, CUPS, UTENSILS etc. to minimize cleanup AND reduce the use of disposable products. The idea is that each family or individual takes their used items home to clean. Hope to see you there!

## Vote for the 2024 Half Portion

Dennis Arashiro

The word "fellowship" is derived from the Greek word "koinonia," which can be defined as "holding something in common." While this clearly refers to what we Fellowship members have in common with one another, we can take it a step further in what we have in common with those beyond our walls. This is why only half of our Sunday collections go to supporting ourselves; the other half goes to causes and organizations supporting the larger community. The Half Portion for Social Action goes to 12 recipients each year, with each assigned to a specific month. Two months are reserved for an Indigenous cause and PILOT (Payment in Lieu of Taxes). Who will be the other ten 2024 recipients? The decision is yours.

The nomination process took place from September 13 to October 1, and the final list of nominees was vetted and set in the past two weeks. Now begins the voting period for selecting the 2024 recipients of the Half Portion for Social Action. You will have from now until November 1, 2023, to choose 10 from the list of nominees, with the 10 highest vote-getters to be placed on the monthly schedule for next year. Two months are already reserved for PILOT (Payment in Lieu of Taxes) and a cause or organization supportive of Indigenous communities. All the fifth Sundays in the months that have them are reserved for the Minister's Caring Fund or a cause designated by Rev. Lise. The actual 2024 schedule of Half Portion recipients will be announced no later than November 17. Click the link below to make your Half Portion selections.

Click here to make your Half-portion selections.

Click here to read descriptions about the 2023 Half-portion Nominees.

# On-line Auction Launches Saturday: Please Share the Link With Friends & Family

Get ready, AUUF, because our annual online auction launches this Saturday and runs through the following Saturday, Nov. 4. Trust us when we say we have some FABulous offerings, thanks to those of you who donated and to several generous businesses. All of you should get an email Saturday with the full catalog and easy directions on how to participate. How can you help?

- 1. Check the site often throughout the week and play along by bidding up the price on a handful of items. Few things are more fun than a good-hearted bidding war! Pick a couple that you're particularly keen on.
- 2. Buy a raffle ticket (or two or three or more), or simply make a donation.
- 3. Commit to sharing the public link below with at least three non AUUF friends or family members. Broadening our audience is an easy way to spread the fun, draw in new participants and meet or exceed our fundraising goal.

https://anchorageunitarianuniver.schoolauction.net/auction2023

Items are on display downstairs in Rm 2 whenever someone's in the building. Questions? Feel free to contact Peggy, Cathy, Robin or Carma or email auction@anchorageuuf.com

**Christmas Unplugged Workshop: how to make** 

## the most of the holidays on your own terms

Do you feel overwhelmed thinking about Christmas? Do you experience time and financial pressures related to the holiday season? Do you feel worn out by the time Christmas rolls around? Are you interested in discussing and learning strategies to empower yourself and your family to have your best Christmas ever in 2023? If the answer to any of these questions is yes, then you won't want to miss the Christmas Unplugged Workshop.

Join like-minded folks and co-instructors Teresa Zimmer and TK Kleiner for a fun, interactive, three-hour workshop that will put more JOY back in your Christmas season.

- Consider letting go of traditions that bring little value and are costly in time or money or in conflict with green values. Learn new and unique traditions that might serve you and your family better.
- Discuss gifting protocols and expectations. How much is too much? Must I give a gift to every person who gives me a gift? Alternative gift ideas.
- What do children really need at Christmas? What distracts from meaningful celebrations?
  - Identify demographics that present challenges at Christmas: blended families,
- joint custody families, families with additional celebrations in grandparent homes, families traveling long distances to celebrate with loved ones.

Sunday Nov. 5 th , 12:45-3:45 PM at AUUF, Classroom #5
Childcare provided. Bring your lunch.
Instructors: Teresa Zimmer, TK Kleiner
No Charge for AUUF Members and friends
CLASS SIZE IS LIMITED. MUST REGISTER BY OCTOBER 26 th . Email Teresa at tzimmer@gci.net or TK at tkkleiner@gmail.com

# Religious and Ethical Exploration Opportunities for all Ages

Hey folks!

I hope you all are enjoying these beautiful fall days. And as always, the changing light is captivating this time of year.

I wanted to give a big shout-out to the CYRE Team (Children and Youth Religious Exploration) who have been working so hard on Fall Frolic and Sunday morning classes in the absence of having a DRE. Yay, CYRE Team!!!!! (AKA Annie Belts, Katie Melrose, Mary Gregory, Dianna Polese, Kalen Saxton, Elayne Hunter, Andee Cordano and recently retired from CYRE Alison Hanson.) Fall Frolic was a lot of fun and we're thinking about ways to provide rides to King's Lake for a Saturday-only option for next year. On Sunday mornings, we still need a few more teachers for the K-5 and middle school classes. Please talk to me or Annie if you can spend a few Sundays a month learning and playing with our children. There are other ways to help our children's program as well, if teaching isn't for you.

If you're wondering how the Sunday morning children's classes are interfacing with 11 am worship, we're doing things a little differently this year.

- First Sunday of the month, children and youth are downstairs in classes.
- Second Sunday, Rev. Lise (me) spends the first 15 minutes downstairs with all children and youth in a Chalice Circle (children's worship) before they go to classes.

- Third Sunday, children and youth are downstairs in classes.
- Fourth Sunday, the children are upstairs for the first part of worship and a Time for All Ages before going downstairs to classes. The high school youth stay upstairs inworship, or help in other RE classes.
- Fifth Sunday, same as first and third Sundays.

For adult-only interactions, we have several options.

- Susan Orlansky is organizing Small Group Communities (Small Group Ministry/Chalice Circles). We hope to be starting those soon.
- Freethinkers (those who read a non-fiction book, discuss, and share snacks) continues to meet at AUUF Fridays at noon.
- The Hungry Book Club continues to meet at AUUF the second Tuesday of the month at 2 pm. (They also share snacks and alternate between fiction and nonfiction.)
- The Anti-Racism Team is hosting a book discussion on Defund Fear Weds., Oct. 25, Nov. 8 and Nov. 29 from 6:30-8 pm at AUUF.

We have a wonderful community here that cares about each other and our world. I hope to see you on Sundays and throughout the week!

Blessings, Rev. Lise

## **Director of Religious Exploration Position**

This position is open to AUUF friends and members, too.

Title: Director of Religious Exploration

Fair Labor Standards Act Status: Salaried Exempt Position Hours Required: Full time. Start date as soon as possible.

Salary and Benefits: Based on Midsize I, Geoindex 5 congregation per UUA guidelines.

**Benefits** 

include pension, professional expenses, paid vacation and study time. Salary up to \$58,000 based on experience.

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Alaska Faith Community Nurse **Resource Center** 

# Introduction to Health Ministry

Saturday, Nov. 4 and Sunday, Nov. 5, 2023 Providence Alaska Medical Center | Anchorage

#### What is Health Ministry?

Health Ministers interact with their faith communities through presence and prayer, are role models for healthy stewardship of the body, emphasizing self-care of the whole person. They are responsive to the needs and interests of the faith community regarding healthier lifestyles, early illness detection, and health resources, and promote community resources to meet those needs. Health Ministers may also coordinate volunteers to help organize members of the faith community in sharing their gifts of serving to support wellness (i.e. bringing meals, transportation, or sharing their expertise in teaching a class).

#### Additional Information

This 16-hour course will provide information on beginning a health ministry, roles and responsibilities, supporting others through chronic disease management, self-care/boundaries, home and hospital visits, caring for caregivers, prayer, confidentiality, accessing reliable information and resources,

#### Contact

Alaska Faith Community Nurse Resource Center at Providence: afcnrc@providence.org

#### Bey Bateman

907-212-5053, beverly.bateman@providence.org

#### Amanda Kratochvil

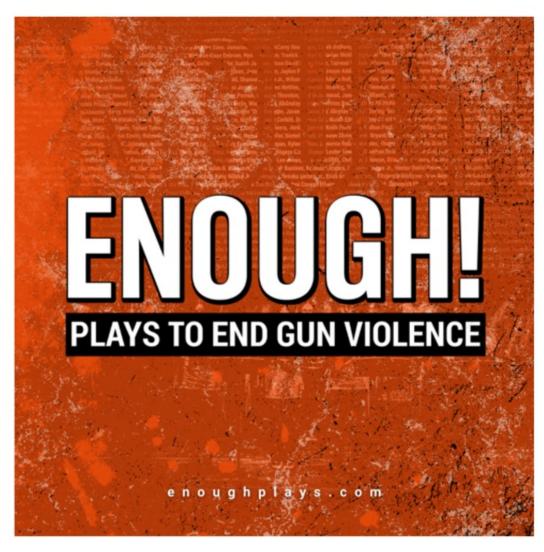
907-212-2595, amanda.kratochvil@providence.org

- Class is free to all Providence Alaska caregivers; \$50 for non-employees.
- Register by October 27, 2023, using the QR code below or





3200 Providence Drive Anchorage, AK 99508 907-212-5053



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