



ANCHORAGE  
UNITARIAN UNIVERSALIST  
FELLOWSHIP  
*diverse beliefs,  
common purpose.*

## Today At Your Fellowship

Friday  
January 1, 2021



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### This Sunday @ AUUF on Zoom

Sunday 1/3/2021

9am Virtual Forum

11am Virtual Worship

Zoom links for public  
meetings always available on  
the calendar  
[www.anchorageuuf.org](http://www.anchorageuuf.org)

#### Religious Exploration

10:15am RE Virtual Chalice Circle

To learn how to participate in Religious  
Exploration youth programming contact  
Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)

Internet Damn Lies  
Technology News Paper Truth Presid  
Politics Social Media Hacking  
Lies Democrat Proof Fake News Dem  
Main Stream Media Republican MSM Informa  
Government Election Attitudes



## *Social Media Literacy in the Disinformation Age*

With Paola Banchemo

### **Virtual Forum**

9am Sunday January 3, 2021

[Click here to join on Zoom](#)

[Click here for Speaker Bio](#)

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## *Twelfth Night*

With Rev. Lise Adams Sherry

### **Virtual Worship**

11am Sunday January 3, 2021

[Click here to join on Zoom](#)

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## **Adult Religious Exploration with Rev. Lise**

Beginning January 5, 7 pm, Rev. Lise will facilitate the Tapestry of Faith curriculum, What Moves Us. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys. Classes will be on the 1st and 3rd Tuesdays of the month through May. Contact Rev. Lise if you have any questions.



---

## New Small Group forming!

### A message from Rosene & Religious Exploration

Has social distancing made you a little lonely? Would you like some folks you can listen to and who will listen to you as you talk about some ideas, both big and small?

We learn so much about ourselves and each other when we listen with an open mind and heart and respond without judging.

Small groups can fill some of our need for connections.

Current Small groups will continue, but if you are interested in getting involved in a group, please let us know. If there is enough interest, we will be starting a new group in January.

This group will take a lot of directions from members. An initial meeting or exchange of views on email will decide on the best time to meet; it will probably be a weeknight evening,

for approximately an hour and a half, meeting twice a month. The group can then decide how much to use the very good resources that UUA provides on topics through the Soul Matters program, and how much the group wants to make up some topics on its own. A group last year used a mix of both.

Probably the group will meet through May, all on Zoom, with fingers crossed that new groups in the fall might actually be able to gather again in one room.

Though Zoom groups miss something for sure, there is no winter driving to contend with and the meeting is equally convenient no matter what part of town you live in.

Call or email Rosene Beachy at [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net) or 907-441-6815, if you have questions or want to join.

Starting January 13, a new Wednesday group with room for a few more!

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## Connecting During COVID: Fireside Chat for Adults

Come join our AUUF Connections Team over Zoom with your tea or toddy for some friendly conversation!

Monthly Connections on Zoom

January 6, 6:30-8:00 pm

for ages 18 and up

Our December meeting was great fun, with about 10 of us sharing what we came away with from the AUUF auction, and even playing online Pictionary! You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

This informal event is a great way for newcomers to get to know a few people, and for us to know you!

There's no special agenda planned, but our friendly hosts Andrea Van Ravenswaay and Rebekah Weicht will keep you engaged with thoughtful icebreakers.

We'll offer this every first Wednesday of the month until further notice.

Join Zoom Meeting Jan. 6, 2020 06:30 PM.

Find the link on the calendar on [our homepage](#).

If you have any questions, please email [connections@anchorageuuf.org](mailto:connections@anchorageuuf.org)

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## Celebration of Life Service for Shirley Dickens

There will be a virtual Celebration of Life service for Shirley Dickens via Zoom on Saturday, January 23rd at 11:00 am. Shirley was a member of the AUUF for over 40 years, held many, many volunteer leadership roles over those



decades, and was beloved by many members and friends. The 23rd would have been her 85th birthday, so it's an especially appropriate day to celebrate a wonderful life that touched so many people in a positive manner. Please bring to your Zoom screen, as you are able, your own candle to light and some bubbles to blow at the end of the service. The Alliance will have some small bubble containers that can be picked up before the service for those who would like. Look for the Zoom link on the AUUF home page or in the Today at Your Fellowship (TAYF) communications in the week or two before the 23rd. If you have any questions, you are welcome to contact me by email at [reverent.ruth@gmail.com](mailto:reverent.ruth@gmail.com)  
Ruth Greenwood

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## Stewardship Pledge Talk

[Click here, or the image to view the video](#)



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## Submit your Recommendations for 2021 Half-Portion Recipients

**Kalen Saxton**

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The list of proposed recipients is completed from organizations we have supported in the past and new organizations proposed by the congregation on a Nomination Form.

**[NOW is the time to submit a 2021 Nomination form for a Half Portion recipient you want to recommend- Click here to nominate a charitable organization.](#)**

In past years information on each proposed recipient was available at the Social Justice Table in the Social Room. This year an [Information Guide](#) to compare and contrast the proposed recipients of the Half-Portion funds will be made available through a link in Today At Your Fellowship. The Guide can be downloaded and printed to read away from your laptop or phone.

In January AUUF members will receive [their email link to the ballot](#), with a copy of the Information Guide. AUUF Members will vote on-line for the organizations we will support in 2021 sharing half of the funds collected in the weekly offering “baskets.” In previous years we checked our choices on a printed ballot, and put it in a ballot box, before or during the annual meeting. On-line voting allows members more time for educated choices.

After the vote, the congregation will be informed of the twelve recipients selected for 2021.

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## Soul Matters Playlists

- [On Spotify](#)

- [On Youtube](#)
- [Archive of Playlists](#)

amazon smile  
Org Central



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Kelly Spring, Communications Specialist, [communications@anchorageuuf.org](mailto:communications@anchorageuuf.org)  
Megan Webb, Music Director, [auufmusic@gmail.com](mailto:auufmusic@gmail.com)  
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# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

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## Today At Your Fellowship

Monday  
January 4, 2021

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Listen to Mustn'ts, child,  
listen to the Don'ts.

Listen to the Shouldn'ts,  
the Impossibles, the Won'ts.

Listen to the Never Haves,  
then listen close to me.

Anything can happen, child,  
Anything can be.

Shel Silverstein

## This Week @ AUUF on Zoom

### Monday 1/4/2021

#### Tuesday 1/5/2021

10am Gentle Beginners Yoga  
4:30pm Forum Planning Meeting  
6pm Connections Team  
7pm Adult RE with Rev. Lise

#### Wednesday 1/6/2021

6:30pm Fireside Chats with the  
Connections Team  
7pm Building & Grounds Meeting

### Thursday 1/7/2021

### Saturday 1/9/2021

#### Sunday 1/10/2021

##### 9am Virtual Forum

*Insider view of Alaska Airlines in these  
challenging times*  
Marilyn Romano,  
Vice President of Alaska Airlines

##### 11am Virtual Worship

*Imagination & Boredom*  
Rev. Lise Adams Sherry

Friday 1/8/2021  
12pm Freethinkers

**Zoom links for public meetings always available on the calendar**  
**[www.anchorageuuf.org](http://www.anchorageuuf.org)**

**Religious Exploration**  
10:15am RE Virtual Chalice Circle

**To learn how to participate in Religious Exploration youth programming contact**  
**Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)**



## **Gentle Beginners Yoga**

**10am Tuesday January 5, 2021**

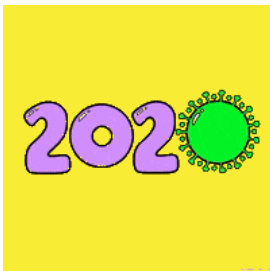
Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to [Yoga Collective AK](#) for zoom link and class details.

## **Adult Religious Exploration with Rev. Lise**

**7pm Tuesday January 5, 2021**

Beginning January 5, 7 pm, Rev. Lise will facilitate the Tapestry of Faith curriculum, What Moves Us. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys. Classes will be on the 1st and 3rd Tuesdays of the month through May. Contact Rev. Lise if you have any questions.



## **Connecting During COVID: Fireside Chat for Adults**

**6:30-8:00pm Wednesday January 6**

Come join our AUUF Connections Team over Zoom with your tea or toddy for some friendly conversation!

Monthly Connections on Zoom - For ages 18 and up

Our December meeting was great fun, with about 10 of us sharing what we came away with from the AUUF auction, and even playing online Pictionary! You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want. This informal event is a great way for newcomers to get to know a few people, and for us to know you!

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If you have any questions, please email [connections@anchorageuuf.org](mailto:connections@anchorageuuf.org)



## Freethinkers

12pm Friday January 8, 2021

President Barack Obama's *A Promised Land* continues to lure us into the life and thinking of our former President. Obama is an excellent storyteller who wears his humanity on his sleeve while guiding us through a graduate seminar on the machinations of our political system and government. Politics had already turned quite nasty sixteen years ago and Obama is (perhaps inadvertently) giving us a glimpse of what likely lies ahead for President Biden.

We invite you to join [Freethinkers Friday Noon on Zoom](#) as we journey to the end of chapter 19.



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Ruth Greenwood

### AUUF Joys & Sorrows from Sunday Worship Jan. 3

**AUUF**  
JOY & SORROWS

From Cari & Dave : Cold, clear sunshine, the full moon glistening on snow, rime ice on trees! Concerns regarding the increase in GOP election result deniers.

From Diane Smith (she/her) : Willem Meehan, who is 20 & was a part of our youth here for years (and did lots of childcare), says it's ok to share this with you all: He has been diagnosed with melanoma, and will have surgery this week. He hopes that will be the end of it, but they have to test his lymph nodes to see if cancer is anywhere else in his body. He & my daughter, Charlotte, are together at our house. His mom, Laura, is doing much better these days.

From Lilli Crites Flesher : Concerned for my daughter Rose in San Diego as she enters an engagement to a man she has been with for several years; joy also for them, and hope for their union.

From Lucinda Kinard : Wray's toe is still not whole, but maybe new therapies will help. we had a sun filled drive Friday to Glen alps and great views of pink mountains and hoar



frost

From Judy Engh : Love the blue skies and crisp fresh air

From Koala and Susan : We are into the 2nd round of vaccines next week at ANMC...it's happening!

From Melissa (39) Eedaa (4) : I'm grateful for and humbled by the healthcare community. I am saddened by news of a young person's suicide in Fairbanks.

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**Kalen Saxton**

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**Friday**  
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**Sunday 1/10/2021**

**9am Virtual Forum**

*Insider view of Alaska Airlines in these challenging times*

Marilyn Romano,  
Vice President of Alaska Airlines

**11am Virtual Worship**

*We Persist: Pathways to Strength and Compassion*

Rev. Lise Adams Sherry

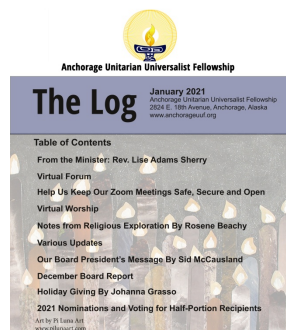
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**Religious Exploration**

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**The Log January**  
**[Click here to view pdf](#)**



### *The View from Inside Alaska Airlines*

Marilyn Romano, Vice President of Alaska Airlines

## Virtual Forum

9am Sunday January 10, 2021

[Click here to join on Zoom.](#)  
[Click here for Speaker bio](#)

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### *We Persist: Pathways to Strength and Compassion*

Rev. Lise Adams Sherry

## Virtual Worship

11am Sunday January 10, 2021

[Click here to join on Zoom.](#)  
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**DO YOU WANT TO FOLLOW UP WITH SISTER HELEN PREJEAN  
READING AND THINKING ABOUT A PERSONAL JOURNEY TO  
SOCIAL ACTIVISM?**

When anti-death penalty activist and author Sister Helen Prejean spoke to the Forum in



December, she generously offered to “come back” again for a session with people interested in reading her new book, “River of Fire: My Spiritual Journey.” It is about her path to activism, and for those of you who are interested in personally journaling about your thoughts and reactions as you read it, Sr. Helen will spend some additional time with us to facilitate this process—a half hour introductory session to kick off the process, and another hour to wrap it up, both on Zoom through AUUF. The exact dates haven’t been set yet, but we are looking at doing the initial session with her probably in mid-February, and the final session three to four weeks later.

This timing should allow people to do two things you will need to do to prepare: 1) Get a copy of the book, *River of Fire*, and 2) read the book or watch the movie *Dead Man Walking*, or one other film related to the start of her personal journey, that Sr. Helen has suggested we do before our introductory encounter with her. You can find the specifics in a set of notes Sister Helen has sent us that describes what she has in mind, with some suggestions about reading and journaling, [that you can find here](#).

Some will want to do this as an individual, personal exercise, others may want to form or join a small group to share the experience between the opening and closing sessions with Sr. Helen. That is entirely up to you. We will plan to keep you posted of more detailed information about this in announcements in Today at Your Fellowship and at the Forum in the coming weeks.

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## Adult Religious Exploration with Rev. Lise

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Ruth Greenwood

## Submit your Recommendations for 2021 Half-Portion Recipients

Kalen Saxton

**The last day to submit a Nomination Form for additional charitable organizations to consider for the 2021 Half-Portion Recipients voting is TODAY Friday January 8, 2021**

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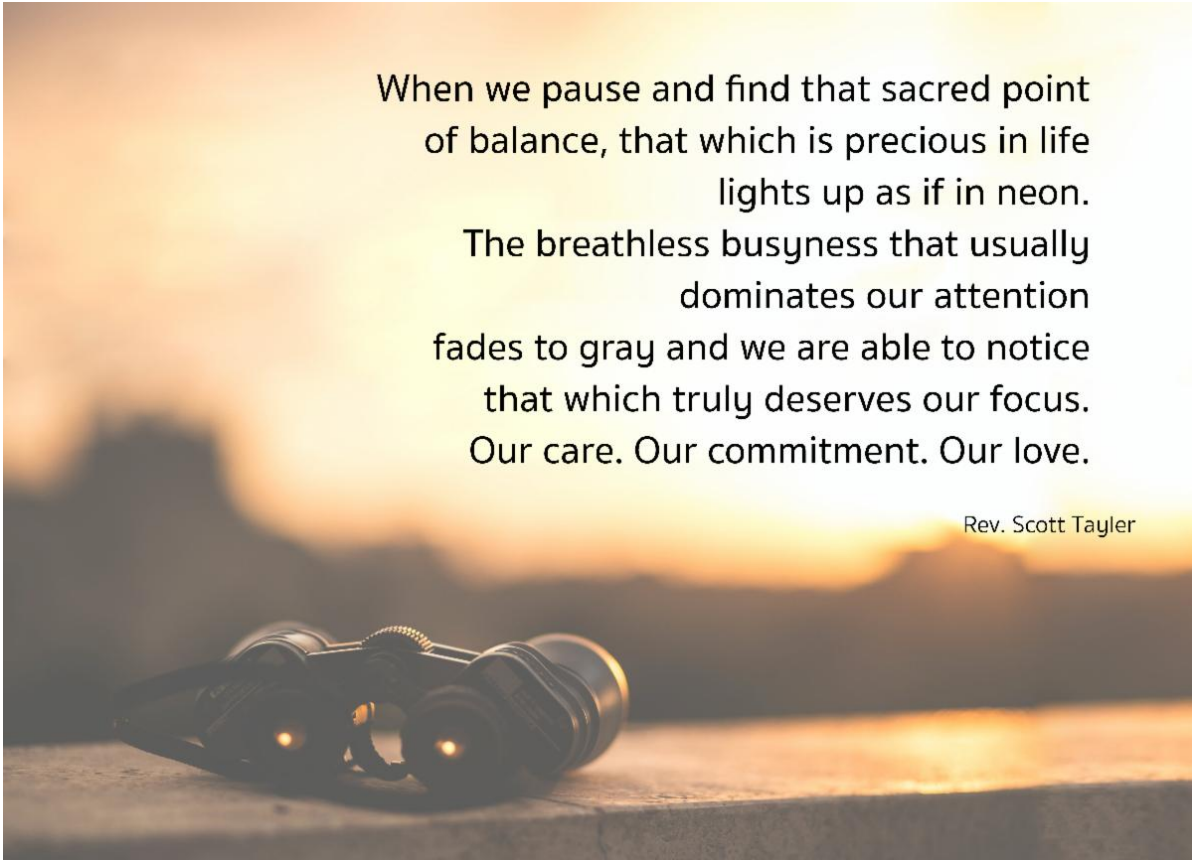
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## Today At Your Fellowship

Monday  
January 11, 2021

When we pause and find that sacred point  
of balance, that which is precious in life  
lights up as if in neon.  
The breathless busyness that usually  
dominates our attention  
fades to gray and we are able to notice  
that which truly deserves our focus.  
Our care. Our commitment. Our love.

Rev. Scott Tayler



### This Week @ AUUF on Zoom

#### Monday 1/11/2021

#### Tuesday 1/12/2021

10am Gentle Beginners Yoga  
2pm Hungry Book Club  
4pm Board Executive Meeting  
6pm CYRE Meeting  
7pm Stewardship Meeting

#### Sunday 1/17/2021

#### 9am Virtual Forum

With Representative Ivy Spohnholz

#### 11am Virtual Worship

*The Impossible Will Take a While*  
With Rev. Lise Adams Sherry



**Wednesday 1/13/2021**

10am Nominating Committee  
6pm Safer Congregations Team Meeting  
7pm Small Groups With Susan Orlansky  
8pm Virtual Youth Hangout

**Thursday 1/14/2021**

6:30pm Pastoral Care Team  
7pm Choir Practice

**Friday 1/15/2021**

12pm Freethinkers

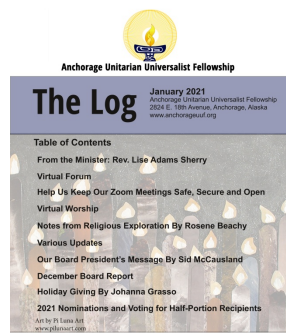
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**Religious Exploration**

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## Gentle Beginners Yoga with Amanda Mack

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Go to [Yoga Collective AK](#) for zoom link and class details.

## Freethinkers

**12pm Friday January 15, 2021**

Freethinkers are racing through Promised Land by President Obama. This week we plan on reading to the end of Chapter 22. You are welcome to join [Freethinkers Friday Noon on Zoom](#)

## Skills Inventory

As we begin the critical work of establishing a Healthy Congregations Team, one of our first tasks is to create a skills inventory of AUUF members and friends. To be absolutely clear, this is not a request for you to join the team (although we certainly welcome new members) and by responding you're not agreeing to serve on the team. You're simply letting us know what skills

we, as a congregation, already have. So, if you have skills in communication, mediation, active listening, including facilitating listening circles, conflict resolution or others you think helpful, please let Amanda Mack know so she can begin our list. This is such important work and we very much appreciate your help with this first step.

[amdmack@gmail.com](mailto:amdmack@gmail.com)



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Saturday, January 23rd at 11:00 am

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Ruth Greenwood

## Holiday Choir Performance



## Intergenerational Climate Circle

Thursday, January 14 at 4-5:30 pm PT / 5 MT / 6 CT / 7 ET



## Intergenerational Climate Circle

Session 2: January 14  
4pm PT/ 5pm MT/ 6pm CT/ 7-8:30pm ET

[bit.ly/intergen2](http://bit.ly/intergen2)



As the climate movement mobilizes for this important decade of action, grounding in intergenerational wisdom is a powerful tool. UU lay and professional leaders and social/eco-justice activists are invited to participate in intergenerational dialogue to share stories, memories, and lessons of social movements past and present. These spaces are intended to cultivate a deeper understanding and relationship among and between generations. Co-hosted by UU Young Adults for Climate Justice Network, UU Ministry for Earth, UUA Green Sanctuary

Program, and Elders Climate Action.

[Click here to register](#)

[Visit UU Ministry for Earth online](#)

## Soul Matters Playlists

- [On Spotify](#)
- [On Youtube](#)
- [Archive of Playlists](#)



Anchorage Unitarian Universalist Fellowship | (907) 248-3737  
Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, [revlise@anchorageuuf.org](mailto:revlise@anchorageuuf.org)  
Peggy Robinson Temp. Congregational Administrator, [admin@anchorageuuf.org](mailto:admin@anchorageuuf.org)  
Kelly Spring, Communications Specialist, [communications@anchorageuuf.org](mailto:communications@anchorageuuf.org)  
Megan Webb, Music Director, [auufmusic@gmail.com](mailto:auufmusic@gmail.com)  
Rosene Beachy, Director of Lifespan Religious Exploration, [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)  
Office Hours –By Appointment Only

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# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

*diverse beliefs,  
common purpose.*

**Today At Your Fellowship**  
**Friday**  
**January 15, 2021**

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## **This Sunday @ AUUF on Zoom**

**Sunday 1/17/2021**

**9am Virtual Forum**

**11am Virtual Worship**

**Religious Exploration**

10:15am RE Virtual Chalice Circle

To learn how to participate in Religious  
Exploration youth programming contact  
Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)

Zoom links for public meetings  
always available on the calendar on  
the [AUUF homepage](#).



**The Log January**  
[Click here to view pdf](#)

---



*Alaska at the Crossroads: New Session, New Budget,  
Tough Challenges*  
AK State Representative Ivy Spohnholz

## Virtual Forum

9am Sunday January 17, 2021

[Click here to join on Zoom](#)

[Click here for Speaker bio](#)

---

The difficult I'll do right now. The  
impossible will take a little while.

Billie Holiday

quote fancy



*The Impossible Will Take a While*

Rev. Lise Adams Sherry

## Virtual Worship

11am Sunday January 17, 2021

[Click here to join on Zoom](#)

[Click here for Speaker bio](#)

---

## Office Hours Next Week

The Alliance is making available small bottles of bubbles to use





during Shirley Dicken's Celebration of Live on Saturday, January 23. To make it easier for participants to pick one up at AUUF, Peggy will be at the office on Tuesday and Thursday from 11-4pm, and on Wednesday and Friday from 10-2pm. Come to the southeast door and ring the doorbell if it is not open.

## Fred Meyer's Community Rewards Program Is AUUF Your Beneficiary?

We just received over \$60 in donations from the Fred Meyer's Community Rewards Program for the last 3 months, thanks to 19 households who designated AUUF as their organization of choice. This is such an easy way to give a little extra to AUUF without it costing you a dime. You still receive your own awards and coupons, and the Kroger Company (Fred Meyer's parent company) sends a percentage of your spending to us. What a deal! To learn more and to sign up, go to [Fred Meyer](#) and the Community Rewards Program at the bottom of the page.

Saturday  
JANUARY 30, 2021



# Rev. Meg Riley

Co-Moderator of the UUA

Are you yearning for greater depth in your spiritual life?  
Join us virtually & delve deeper. All are welcome!

UU Congregations, Fellowships & Churches,

Your members and friends are cordially invited to join us for our VIRTUAL Seminary for a Day on Saturday, January 30, at First Unitarian Portland. This year's spiritual theme is entitled, Success, Failure, and Everything In Between.

Our keynote speaker is the Rev. Meg Riley, co-moderator of the UUA, the highest volunteer office of our movement. Rev. Riley spent 37 years as a UU religious professional, including stints as the UUA's Director of (then) LBG Concerns, Director of the UUA Washington Office, and Head of the Advocacy and Witness Staff Group.

At Seminary for a Day Rev. Riley is eager to share what she has learned and reflect on how our faith's past weaknesses, successes and failures can help us now in our pursuits of equality and justice. She will explore the topic through the lens of our work in welcoming LGBTQ+ people and the lessons that have come from that work.

Details: Saturday, January 30, 2021

9:30 a.m. - 12:00 p.m. Pacific Standard Time

10:30 a.m. - 1:00 p.m. Mountain Standard Time

11:30 a.m. - 2:00 p.m. Central Standard Time

12:30 p.m. - 3:00 p.m. Eastern Standard Time

Registration is open until 11:00 a.m. on Friday, January 29th. You will receive a Zoom link via

email before the event.

[Click here to register.](#)

---



## Book Sale Written Reflections on Our Country – Do you have time to read and consider?

We have a number of sets of great thought-provoking books that were purchased for AUUF sponsored Common

Read activities that are no longer needed. They are not necessarily easy reads, but definitely worthwhile! Since together they cost us over \$1000 and are just sitting here, we would like to get them into your hands, hearts, and minds.

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## Stewardship Talk

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### Soul Matters Playlists

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# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

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## Today At Your Fellowship

**Tuesday  
January 19, 2021**



You can either think that the world is getting better or that the future will be much better than it is now, or you can think that the world is getting worse.

But that continuum isn't as important to me, actually, as this idea of, do you think you have agency in this world that is either getting better or worse?

Angela Oguntala

## This Week @ AUUF on Zoom

### **Tuesday 1/19/2021**

4:30pm Finance Committee Meeting  
7pm Adult Religious Education with  
Rev. Lise- **cancelled**

### **Wednesday 1/20/21**

4-6pm Board Meeting  
8pm Virtual Youth Hang Out

### **Thursday 1/21/21**

7pm Choir Practice

### **Friday 1/22/21**

12pm Freethinkers

### **Sunday 1/24/21**

#### **9am Virtual Forum**

*Why the Arctic Council and Arctic Policy  
Matter to Alaska*  
With UAA Prof. Diane Hirshberg

#### **11am Virtual Worship**

*Getting into your "opponents" head . . . with  
empathy!*  
With Rev. Lise Adams Sherry

#### **Religious Exploration**

*Thinking outside the box "Roxaboxen"*



**Saturday 1/23/21**

11am Celebration of Life for Shirley Dickens

**Zoom links for public meetings always available on the calendar on the [AUUF homepage](#).**

10:15am RE Virtual Chalice Circle

**To learn how to participate in Religious Exploration youth programming contact Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)**

---

## Adult Religious Exploration with Rev. Lise Tonight cancelled

Rev. Lise regrets to inform you that she needs to cancel tonight's class, What Moves Us. She will pick up with you all at the next scheduled class time, February 2, at 7 pm via our Zoom link on the [AUUF calendar](#).

Thanks for your understanding.

---

## Board of Directors Meeting

**4pm Wednesday January 20**

Zoom into your AUUF Board of Directors Meeting Wednesday 1/20  
Your Board meets on the third Wednesday of each Month. As of this month, meetings convened at 4:00pm on Zoom. The link will appear on the AUUF Homepage calendar on Wednesday. Contact Sid McCausland for a copy of the agenda.

---

## Choir Practice

**7pm Thursday January 21**

[Click here to join on Zoom.](#)

---

## Freethinkers

**12pm Friday January 22**

Freethinkers are fascinated by the insights, detail, and contemporary relevance of a *Promised Land* by President Obama. This week we are reading to the end of Chapter 24. You are welcome to join [Freethinkers Friday Noon on Zoom](#)



## Office Hours

The Alliance is making available small bottles of bubbles to use during Shirley Dicken's Celebration of Life on Saturday, January 23. To make it easier for participants to pick one up at AUUF, Peggy will be at the office on Tuesday and Thursday from 11-4pm, and on Wednesday and Friday from 10-2pm. Come to the southeast door and ring the doorbell if it is not open.

---

## Celebration of Life Service



## for Shirley Dickens

Saturday, January 23rd at 11:00 am

There will be a virtual Celebration of Life service for Shirley Dickens via Zoom on Saturday, January 23rd at 11:00 am. Shirley was a member of the AUUF for over 40 years, held many, many volunteer leadership roles over those decades, and was beloved by many members and friends. The 23rd would have been her 85th birthday, so it's an especially appropriate day to celebrate a wonderful life that touched so many people in a

positive manner, Please bring to your Zoom screen, as you are able, your own candle to light and some bubbles to blow at the end of the service. The Alliance will have some small bubble containers that can be picked up before the service for those who would like. Look for the Zoom link on the AUUF home page calendar. If you have any questions, you are welcome to contact me by email at [reverent.ruth@gmail.com](mailto:reverent.ruth@gmail.com)  
Ruth Greenwood

---



## 30 Days of Love!

Dear Ones,

Now more than ever, we need to focus of positive aspects in our lives as we work to find common ground to come together with those who have different perspectives. To help us, the UUA has put together their annual 30 Days of Love campaign. I hope you'll join me in doing some of the activities they are encouraging us to do. Below is the link to more information.

Blessings, Rev. Lise

[For more info click here.](#)

---



## Stewardship Talk

With Berta Gardner



---

**Book Sale**  
**Written Reflections on Our**  
**Country – Do you have time to**  
**read and consider?**





We have a number of sets of great thought-provoking books that were purchased for AUUF sponsored Common Read activities that are no longer needed. They are not necessarily easy reads, but definitely worthwhile! Since together they cost us over \$1000 and are just sitting here, we would like to get them into your hands, hearts, and minds.

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# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

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## Today At Your Fellowship

Friday  
January 22, 2021

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**Saturday 1/23/21**  
Celebration of Life  
For Shirley Dickens

**Zoom links for public  
meetings always available on  
the calendar on the [AUUF  
homepage](#).**

**Sunday 1/24/21**

**9am Virtual Forum**

**Religious Exploration**  
10:15am RE Virtual Chalice Circle  
*Thinking outside the box "Roxaboxen"*

**11am Virtual Worship**

To learn how to participate in Religious  
Exploration youth programming contact  
Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)



## Celebration of Life for Shirley Dickens

**11am Saturday January 23**

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birthday, so it's an especially appropriate day to celebrate a wonderful life that touched so many people in a positive manner.

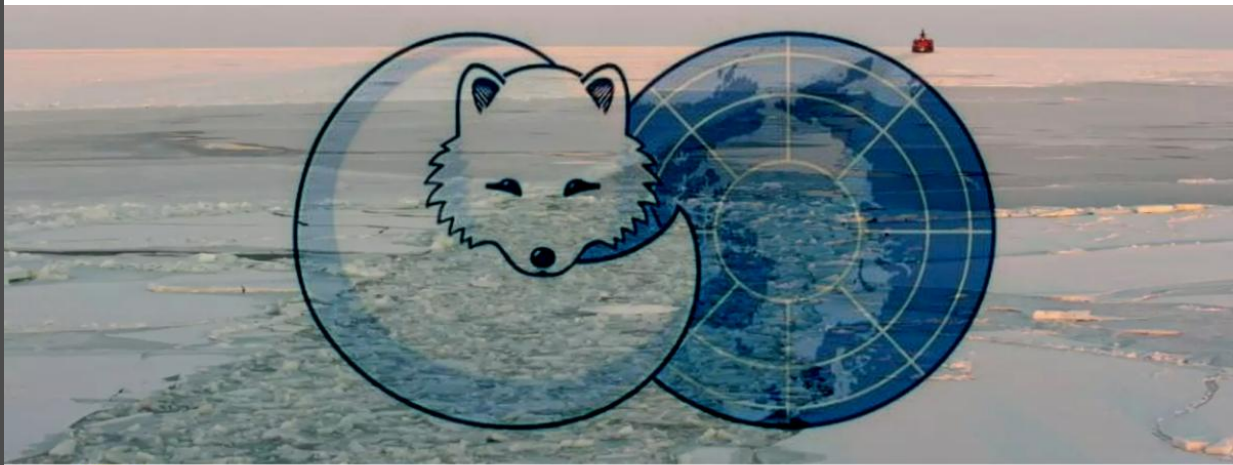
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If you have any questions, you are welcome to contact me by email at [reverent.ruth@gmail.com](mailto:reverent.ruth@gmail.com)

--Ruth Greenwood

[Click here to join on Zoom.](#)

[You can also find Zoom in on the Calendar on the AUUF homepage](#)



*Why the Arctic Council and Arctic Policy Matter to Alaska*  
With UAA Prof. Diane Hirshberg

## Virtual Forum

9am Sunday January 24

[Click here to join on Zoom.](#)

[Click here for Speaker Bio.](#)

---



*Getting into your "opponents" head . . . with empathy!*  
With Rev. Lise Adams Sherry

## Virtual Worship

11am Sunday January 24

[Click here to join on Zoom.](#)

---

## Religious Exploration

10:15am RE Virtual Chalice Circle



**January 24 – Thinking outside the box “Roxaboxen”**  
**Jan 31 – Visiting other worlds “Soar”**

**ZOOM** Chalice Circles

[Click here to join on Zoom.](#)

Meeting ID: 975 9230 9093



**Jr Youth Hang Out – Sunday 6:30 – 7:30**

5<sup>th</sup>– 8<sup>th</sup> grade have fun with games, food adventures, multi media and discussions

This week -brownie in a mug!

To learn how to participate in Religious Exploration youth programming contact  
Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)

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## Donation Tax Statements

Donation tax statements for the calendar year 2020 were emailed and snail mailed on Wednesday to everyone for which we had email or regular addresses. If you did not receive yours and it is not in your spam folder, contact Peggy at [admin@anchorageuuf.org](mailto:admin@anchorageuuf.org) or call 907-248-3737 x1 and leave a message. Of course, contact Peggy also if you have questions about it.

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## Remembering Chris Lowe

Feb 22, 1943 - Jan 13, 2021

Christopher Low was a great man who loved his family and Alaska. He left us on the morning of Jan. 13, 2021. He made an impact in countless lives through his decades of service as a teacher at Ilisagvik college, Alaska Pacific University and the Anchorage Literacy Program. A loving husband for 40 years, he is preceded in death by wife Linda, and survived by sister Martha Nichols; brother Kevin Low; children Adam, Emily and Brennan Low; and grandchildren Gabriel, Dylan and Mariana.

[Click here to read more.](#)

---

## Need Some Financial Help?

Contact Rev. Lise (907.248.3737) who has congregational funds designated for just this purpose. Read on for why you should contact her. :-)

It has been a tough year. We're coming up on the anniversary of being socially distant from all of our loved ones, not being able to visit family during holidays and other important events such as weddings and memorials. We've been homeschooling, juggling work and caregiving for others in ways we might never have imagined. The scaffolding of regular events that supported our lives has been completely set aside. Underneath all of us this is the concern we all have of getting sick or someone close to us getting sick. It's a lot to continually cope with.

Now imagine having to face all this without one's regular financial security.

I have friends and family members that have been scrambling to keep food in the refrigerator and their rent paid. Saying it has been difficult is an understatement. And, it's nothing to be ashamed of. These are extraordinary times. I know we keep saying that, and it keeps being true.

Fortunately, at AUUF we have some regular mechanisms for collecting funds for those who might need some help. At the moment we have over \$6000 in the Minister's Caring Fund. I fear that people haven't been asking me about help because they're embarrassed or they think someone else might need it. Please don't be embarrassed. Please ask. Caring for each other is one of the

many reasons we come together as a community.

If it makes any difference, I too, have been in places in my life where I needed some financial help and family and friends stepped up to help out so we could pay some unexpected bills or to help with a few extras that made life a little more enjoyable. Some of those friends were members of my congregation before I was a minister--I'm so grateful for their support. And now, I try to pay it forward when I can.

We all need help, in many ways, at different times in our lives. If right now your finances are causing extra stress on top of everything else we're experiencing, please let me know. Your congregation has provided a way to help for just these circumstances. Please be in touch.

Blessings and love,

Rev. Lise

---

Saturday  
JANUARY 30, 2021



**Rev. Meg Riley**

Co-Moderator of the UUA

Are you yearning for greater depth in your spiritual life?  
Join us virtually & delve deeper. All are welcome!

UU Congregations, Fellowships & Churches,  
Your members and friends are cordially invited to join us for our VIRTUAL Seminary for a Day on Saturday, January 30, at First Unitarian Portland. This year's spiritual theme is entitled, Success, Failure, and Everything In Between.

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[Click here to register.](#)

Scholarships are available. Contact Peg at admin@ [anchorageuuf.org](mailto:admin@anchorageuuf.org) or 907-248-3737x1





## Stewardship Talk

With Amanda Mack



## Book Sale

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---

## Next Week Sunday Worship with Fairbanks

10:30am- DIFFERENT TIME Sunday January 31



## *Imbolc: Celebrating the Coming Spring*

Speakers: Molly Lemen, Silvia Deaumichen, Rev. Leslie

Beloved of the Irish, Brigid is the face of the Mother Goddesses. On Imbolc, our pagan siblings in faith celebrate the returning Spring and all that comes along with it — fertility, abundance, the resurgence of all life within nature. A fire Goddess, Brigid feeds the fires of inspiration, of the life spark and the physical fire that transforms. It is her voice which calls in our hearts urging us to come to her sacred well and cleanse ourselves of that which we no longer need or is unhealthy. Join us as we learn the story of Brigid and how we too can celebrate this ritual of cleansing as we see the light of spring return to the world.

[Click here to join on Zoom.](#)

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# ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

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## Today At Your Fellowship

Monday  
January 25, 2021



Imagination is a danger, thus every totalitarian regime is frightened of the artist.

It is the vocation of the prophet to keep alive the ministry of imagination to keep on conjuring and proposing alternative futures to the single one the king wants to urge as the only thinkable one.

Walter Brueggemann

## This Week @ AUUF on Zoom

**Monday 1/25/21**

**Tuesday 1/26/21**

10am Gentle Beginners Yoga  
6-8pm Program Council

**Wednesday 1/27/21**

1pm Coming of Age M&M

**Thursday 1/28/21**

**Friday 1/29/21**

12pm Freethinkers

**Saturday 1/30/21**

Zoom links for public

**Sunday 1/31/21**

**9am Virtual Forum**

***Songs of Social Movements—Do You Hear What I Hear?***

Cal Williams and Megan Webb

**Religious Exploration**

10:15am RE Virtual Chalice Circle

**10:30am Virtual Worship**

***Imbolc: Celebrating the Coming Spring***

Speakers: Molly Lemen, Silvia Deaumichen,  
& Rev. Leslie

To learn how to participate in Religious

---

## Gentle Beginners Yoga

10am Tuesday January 24

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to [Yoga Collective AK](#) for zoom link and class details.

---

## Program Council Meeting

6:00-8:00pm Tuesday, January 26th

See [AUUF calendar on the homepage](#) for Zoom link

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## Freethinkers

Noon Friday January 29

*A Promised Land* opens with President Barack Hussein Obama II's unique childhood and concludes in the aftermath of our Nation's Seal Team Six raid on a compound in Abbottabad in May 2011. Sweeping us along on his journey, Obama's lifetime of journaling allows him to write with exacting detail, clarity, candor, humility, and humor about the unique arc of his life that took him to the most powerful position in the land - a position where the opposition conspired to thwart his every initiative.

Freethinkers are reading to the end of volume one of this mesmerizing memoir this week as our Nation confronts the reality of a fractured republic hoping to restore its promise. In his *Preface*, the President writes,

We will learn to live together, cooperate with one another, and recognize the dignity of others, or we will perish. And so the world watches America—the only great power in history made up of people from every corner of the planet, comprising every race and faith and cultural practice—to see if our experiment in democracy can work. To see if we can do what no other nation has ever done. To see if we can actually live up to the meaning of our creed.

(Obama, Barack. *A Promised Land* (p. xvi). Crown. Kindle Edition)

As Unitarian Universalists, we are called to do our part to help our Nation “live up to the meaning of our creed.”

You are invited to join [Freethinkers Friday Noon on Zoom](#).

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## AUUF Joy & Sorrows

From Sunday Service 1/24/21

**AUUF**  
JOY & SORROWS

From Andrea Kavlaq Van Ravenswaay : Joy: spending time last night at the Botanical Garden light show with some UU friends and bumping into UU friends! Concern: Hoping Wray's foot gets better!!

From Cady Lynn : joy- We are happy to welcome David Thomas to our family, born on



Thursday.

From Ann Larabee : Thankful for a beautiful service for Shirley Dickens yesterday. So good to celebrate her life.

From Joyce (she/her/joyous!) : I am concerned for those who are experiencing physical and/or psychological challenges....

From Kellie Rixse : Concern for my son, Cody who returned to college 2 weeks ago and is struggling emotionally. He feels very lost. He's missing his family. He's still having trouble with his lungs. He feels he lost opportunities. Please send his light and love.

From Cari & Dave : Joy to have intelligence, science and compassion guiding our leadership. Continued concern for the idea of fact vs. "alternative fact" — thanks for the guidance this morning, Rev Lise.

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## Religious Exploration -Mystery Pals in March:

We still have a ways to go until Summer and/or being free of Covid. We'd like to set up a safety screened adult from our fellowship to be a Pal to your child or youth. We anticipate the connection to be with mail, email or phone. We will match pals the beginning of March. There will be a Zoom revealing of the Pal on March 21, 1:00 – 2:30pm.

Let Rosene or our office know by email, text or phone to include your child or youth. We need adult pals as well, please fill out the Pal forms and email to: [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)

[Click here to sign up -Adult form](#)

[Click here to sign up-Child form](#)

## Valentines Tailgate Box Lunch Bash

Where: AUUF parking lot

When: February 14, 1:00 – 2:30

What: It's a tailgate party and a Box lunch competition all in one!

Find a box or basket or cooler big enough for lunch for you and your sweeties.

Decorate creatively in a Valentine type of way.

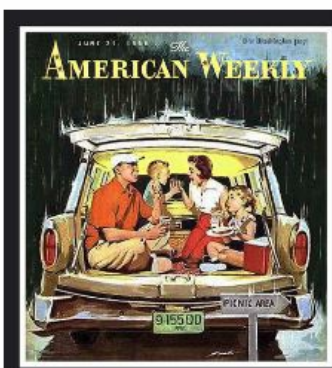
Fill with favorite picnic foods your sweeties love.

There will be awards for all types of decorations, ie. Handsomest, silliest, sweetest, and more. Come to the Fellowship prepared to sit in the back of your vehicle, or in chairs outside. Dress for the weather! Hopefully sunny and warm! A

yummy prize for everyone!

Why?: Because it will be a fun way to share joy with others in the community

Contact Rosene for more info



## Donation Tax Statements

Donation tax statements for the calendar year 2020 were emailed and snail mailed on Wednesday to everyone for which we had email or regular addresses. If you did not receive yours and it is not in your spam folder, contact Peggy at [admin@anchorageuuf.org](mailto:admin@anchorageuuf.org) or call 907-248-3737 x1 and leave a message. Of course, contact Peggy also if you have questions about it.



## Stewardship Talk

With Kalen Saxton

Anne Lamott said, "A whole lot of us believers, of all different religions, are ready

to turn back the tide of madness by walking together, in both the dark and the light - in other words, through life - registering voters as we go, and keeping the faith." With the election and the inauguration behind us, it's time to put our money where our mouths have been. AUUF is a beacon of sanity and truth in the world — striving always to improve the lots of others, working toward social justice, taking care of the least among us. Please keep your eyes open for messages about how to Catch the Rising Tide and pledge, or otherwise donate, to the important work of this Fellowship.



## Soul Matters Playlists

- [On Spotify](#)
- [On Youtube](#)
- [Archive of Playlists](#)



Anchorage Unitarian Universalist Fellowship | (907) 248-3737  
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Kelly Spring, Communications Specialist, [communications@anchorageuuf.org](mailto:communications@anchorageuuf.org)  
Megan Webb, Music Director, [auufmusic@gmail.com](mailto:auufmusic@gmail.com)  
Rosene Beachy, Director of Lifespan Religious Exploration, [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)  
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ANCHORAGE  
UNITARIAN UNIVERSALIST  
FELLOWSHIP  
*diverse beliefs,  
common purpose.*

## Today At Your Fellowship

Friday  
January 29, 2021

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### This Week @ AUUF on Zoom

Saturday 1/30/21

Zoom links for public meetings always available on the calendar on the [AUUF homepage](#).

Sunday 1/31/21

9am Virtual Forum

*Songs of Social Movements—Do You Hear What I Hear?*

Cal Williams and Megan Webb

Religious Exploration

10:15am RE Virtual Chalice Circle

**10:30am Virtual Worship**

*Imbolc: Celebrating the Coming Spring*

Speakers: Molly Lemen, Silvia Deaumichen, & Rev. Leslie

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy [rbeachy@alaskalife.net](mailto:rbeachy@alaskalife.net)

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## *Songs of Social Movements—Do You Hear What I Hear?*

Cal Williams and Megan Webb

### **Virtual Forum**

9am Sunday January 31

[Click here to join on Zoom.](#)

[Click here for Speaker bio.](#)

### **Religious Exploration**

10:15am Sunday January 31

**RE Virtual Chalice Circle--** Visiting other worlds "Soar"

Other RE announcement



### **Mystery Pals is back!**

### **WHAT IS MYSTERY PALS?**

[Click here to sign up -Adult form](#)

[Click here to sign up-Child form](#)

An intergenerational group composed of pairs of pals-- one young person, one adult. This year, more than ever, our young people need connection to adults who are interested and care.

They are not getting the usual connections to sports and school leaders, and what better than to know like minded adults from their faith community!

#### **WHAT DO MYSTERY PALS DO?**

They get to know each other through the exchange of notes, cards, riddles, puzzles, baby pictures, book and movie recommendations, and hints about identity. The main thing is to stay in touch and remain a mystery.

### **Box Lunch Tailgate Valentine Bash Feb. 14, 1 - 2:30pm**

Decorate a box or basket for your sweetie (s) – choose a theme below. Pack all your favorite lunch goodies in the box (You will eat your own lunch.)

and come to the Fellowship for the 1:00 tailgate party in the tail or back of your vehicle! Bring chairs if needed and masks!

**There will be prizes for the following decoration themes:**

Silliest, Sweetest, Trendiest, Craziest, Frilliest, Most Handsome,  
Most Elegant, Most Imaginative, Most Environmental, Most Regal,

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## This Sunday

AUUF is worshipping with UUFF, but if you'd still like to give to AUUF, it's the 5th Sunday of the month and Rev. Lise has decided that this Sunday's offering is to go to PILOT-- AUUF's Payment In Lieu Of Taxes.

[Click here to donate online.](#)

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*Imbolc: Celebrating the Coming Spring*

With Fairbanks UUs- Molly Lemen, Silvia Deaumichen,  
& Rev. Leslie

## Virtual Worship

**10:30am** Sunday January 31

[Click here to join on Zoom.](#)

[Click here for Speaker bio.](#)

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## Connecting During COVID: Fireside Chat for Adults

Your AUUF Connections Team invites you to our monthly Fireside Chat (Tea and Toddies!) -- no agenda, just show up on Zoom for some friendly conversation. You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

Monthly Connections on Zoom

February 3, 6:30-8:00 pm

for ages 18 and up

We'll offer this every first Wednesday of the month until further notice.

The Zoom link is on the [calendar on AUUF homepage.](#)

For more information, email [connections@anchorageuuf.org](mailto:connections@anchorageuuf.org)

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## A Message from Stewardship

**Your Personalized AUUF Virtual Pledge  
Form is in Your Email**





AUUF Stewardship sent you a Virtual Pledge Form link on Wednesday. Since COVID is keeping us apart, this year's Stewardship Campaign "Catch the Rising Tide" is going virtual. Please check your Wednesday emails and complete your pledge form. AUUF is reliant on our members' support to sustain our

ministries. We need you to help propel us as AUUF catches the rising tide!

Anne Lamott said, *"A whole lot of us believers, of all different religions, are ready to turn back the tide of madness by walking together, in both the dark and the light - in other words, through life - registering voters as we go, and keeping the faith."*

With the election and the inauguration behind us, it's time to put our money where our mouths have been. AUUF is a beacon of sanity and truth in the world — striving always to improve the lots of others, working toward social justice, taking care of the least among us. Please keep your eyes open for messages about how to Catch the Rising Tide and pledge, or otherwise donate, to the important work of this Fellowship.

Send questions to [stewardship@anchorageuuf.org](mailto:stewardship@anchorageuuf.org)

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## AUUF Anti-Racism Committee Corner

We will be posting information about events of interest in the area of Anti-Racism in TAYF and The Log. As a start, we want you to know some of what is happening on the local scene. February is Black History Month so there will be weekly postings. Every Sunday evening, the Alaska Black Caucus hosts a community conversation on issues of race. Citizens of all races in Alaska are invited to listen to these conversations and learn more about why it is so important that we all join together to help fight for racial justice in order to build a beloved community.

The Alaska Black Caucus seeks to create change for a truly equitable Alaska by amplifying Black voices and working to expose and address explicit and implicit racism in our education, justice, health, and economic systems statewide.

**This Sunday evening, Jan. 31st 7- 8 PM the conversation will be:  
"Health Concerns for BIPOC"**

[Find the zoom link here.](#)

Meeting ID: 819 3479 7628 --- Password: 842042 One tap mobile  
+16699006833,,81934797628#,,,0#,,842042# US (San Jose)

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The Alaska Black Caucus will also be hosting a daily morning coffee session from 7 AM to 7:20 AM called "Black Coffee with Cal". Beginning February 1st, and every Monday thru Friday during the month of Feb , Cal will be sharing some Black History. The zoom link is: Meeting id 836 8345

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## Beware of Vaccine Fraud

Scammers are leveraging the COVID-19 vaccine to defraud Americans. Don't let them. The FBI is joining with law enforcement partners to raise awareness of COVID-19 vaccine fraud. In Alaska, if you believe you, or someone you know, have been the victim of COVID-19 vaccine fraud, please contact the FBI Anchorage Field Office at 907-276-4441. To report suspicious activity, please visit the FBI's Internet Crime Complaint Center at [ic3.gov](https://ic3.gov). There are several other



ways you can file a report as noted in the attached infographic.

**As a community leader, we encourage you to raise awareness by sharing the attached information with your contacts.**

Thank you,

**Chloe Martin**

Public Affairs Officer

FBI – Anchorage Field Office

Desk: 907-265-8254

Email: [cdmartin@fbi.gov](mailto:cdmartin@fbi.gov)

[Click here to read more.](#)



**Native Peoples Action** 2 hrs · 🌐

The Alaska Legislature gaveled in recently and one of the bills up for consideration is Senate Bill 39. This bill is a voter suppression bill, meaning it will make it harder to vote in Alaska. We already face voting barriers in Alaska, specifically in Tribal communities where location can make it already difficult to vote. This bill also repeals vote-by-mail

for certain elections and would criminalize being a neighbor and helping our friends and family to submit their ballots.

>> Take action today to stop this voter suppression bill. Contact your legislators and ask them to STOP Senate Bill 39. Here is another resource to use your voice and help stop this bill: <https://bit.ly/3t5zFDI>

There is a hearing tomorrow, Thursday Jan 28, 2020 in the senate state affairs committee. There is no public testimony but you can tune in to watch the hearing at [akl tv](#)

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## Need Some Financial Help?

Contact Rev. Lise (907.248.3737) who has congregational funds designated for just this purpose. Read on for why you should contact her. :-)

It has been a tough year. We're coming up on the anniversary of being socially distant from all of our loved ones, not being able to visit family during holidays and other important events such as weddings and memorials. We've been homeschooling, juggling work and caregiving for others in ways we might never have imagined. The scaffolding of regular events that supported our lives has been completely set aside. Underneath all of us this is the concern we all have of getting sick or someone close to us getting sick. It's a lot to continually cope with.

Now imagine having to face all this without one's regular financial security.

I have friends and family members that have been scrambling to keep food in the refrigerator and their rent paid. Saying it has been difficult is an understatement. And, it's nothing to be ashamed of. These are extraordinary times. I know we keep saying that, and it keeps being true.

Fortunately, at AUUF we have some regular mechanisms for collecting funds for those who might need some help. At the moment we have over \$6000 in the Minister's Caring Fund. I fear that people haven't been asking me about help because they're embarrassed or they think someone else might need it. Please don't be embarrassed. Please ask. Caring for each other is one of the many reasons we come together as a community.

If it makes any difference, I too, have been in places in my life where I needed some financial help and family and friends stepped up to help out so we could pay some unexpected bills or to help with a few extras that made life a little more enjoyable. Some of those friends were members of my congregation before I was a minister--I'm so grateful for their support. And now, I try to pay it forward when I can.

We all need help, in many ways, at different times in our lives. If right now your finances are causing extra stress on top of everything else we're experiencing, please let me know. Your congregation has provided a way to help for just these circumstances. Please be in touch.

Blessings and love,

Rev. Lise

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