



ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Our Fellowship Thursday, October 9, 2025

This Week @ AUUF

Thursday, October 9

2:00 – 3:00 pm UU HR Meeting
5:00 – 6:30 pm CYRE Team Meeting - In Person & Zoom Library
6:30- 8:00 pm Choir Practice Sanctuary

Friday, October 10

8:15 am – 12:45 pm Music Together Mountain Song Social Room
12:00 – 2:00 pm Freethinkers in Person Only Room 7
5:00 – 7:00 pm Alaska Citizen's Action Project Sanctuary + Social Room
5:30 – 8:00 pm Parent Night Out - Childcare Downstairs Library & Room 8

Saturday, October 11

8:30 – 10:30 am AA-Slap Happy Group at AUUF Social Room
10:00 am – 12:45 pm Music Together Mountain Song Social Room
6:30 – 8:00 pm Connections Music Event - Mary Schallert and Libby Roderick Sanctuary

Sunday, October 12

Begin Accepting Auction Items Room 2
9:00 – 10:15 am The Forum
11:00 am – 1:00 pm HS Youth Group Room 7
11:00 am – 12:00 pm Sunday Worship Live at AUUF & on Zoom

Monday, October 13

Tuesday, October 14

2:00 – 4:00 pm Knitting Group Room 7
2:00 – 3:30 pm Hungry Book Club
Upstairs Library
6:00 – 7:00 pm Community Connection - Private Room 8

Wednesday, October 15

2:45 – 5:45 pm Music Together Mountain Song Social Room
6:30 – 9:00 pm Board of Directors Meeting - In Person (Zoom-Contact Don)

Thursday, October 16

6:30 – 8:00 pm Choir Practice Sanctuary

Friday, October 17

8:15 am – 12:45 pm Music Together Mountain Song Social Room
12:00 – 2:00 pm Freethinkers in Person Only Room 7
2:00 – 3:30 pm Care Team Meeting Library
5:00 – 7:00 pm Alaska Citizen's Action Project Sanctuary + Social Room

1:00 – 3:00 pm OWL K-1 Parent/Child
Orientation Room 3, 5, 7
1:30 – 2:30 pm Worship Associate
Meeting on Zoom
4:00 – 5:30pm Anchorage Friends
Meeting Sanctuary & Social Room

**Protest Songs and Sing-Along with Libby Roderick,
Mary Schallert and Friends**



Freedom Songs



*Pay what you can—
Cash at the door...*

*Suggested
Donation \$20*

**SAT. OCTOBER 11
6:30 PM**
Anchorage
Unitarian Universalist Fellowship
2824 E. 18th Ave.

*Additional Surprise
Guest Musicians will
also grace the stage!*

*Sponsored by
AUUF
Connections Team*

Freedom Songs & Sing-Along at AUUF

The AUUF Connections Team invites you to a special evening of protest songs on Saturday October 11, 6:30 p.m. Featured will be Mary Schallert, Libby Roderick and other talented local performers! Held at AUUF, the event will be pay-what-you can at the door, with suggested donation of \$20. Proceeds will be split, with half going to the AUUF general fund and half to our scheduled guest performers. For more information email connections@auuf.org



The Forum IN PERSON & on Zoom 9:00 AM Sunday October 12, 2025
“Rethinking Homelessness” with Cathleen McLaughlin &
Emily Robinson, Restorative and Reentry Services

The Forum

Sunday October 12, 2025 9:00-10:15 AM
IN- PERSON and on Zoom

[Click here to join on Zoom.](#)



Sunday Worship Service IN PERSON & on Zoom

11:00 AM Sunday October 12, 2025

"Indigenous People's Day"

A Guest Speaker and Rev. Lise Adams Sherry

Sunday Worship Service

Sunday October 12, 2025 11:00 AM

IN- PERSON and on Zoom

We're in conversation with a local Alaska Native and are excited to see how we can collaborate together for this service.

[Click here to join on Zoom.](#)

Upcoming Worship Services

October

October's theme is Cultivating Compassion and we're combining this with AUUF's new endeavor to focus more attention on several social justice issues that also match up with our Half-Portion recipients (our Social Justice Pillars, see Justin Roberts' article from the Board). At least two of our worship services this month will be about aspects of homelessness. What follows is our current plan for October services with approximate titles.

[Click here to read the entire article.](#)

Protecting Our Rights

Wondering what you can do to protect yours or someone else's rights if needed? [Check out this link from the ACLU](#) and share with friends and acquaintances. This is important

information to know as we honor our Unitarian Universalist values of love, pluralism, equity, justice and so much more!

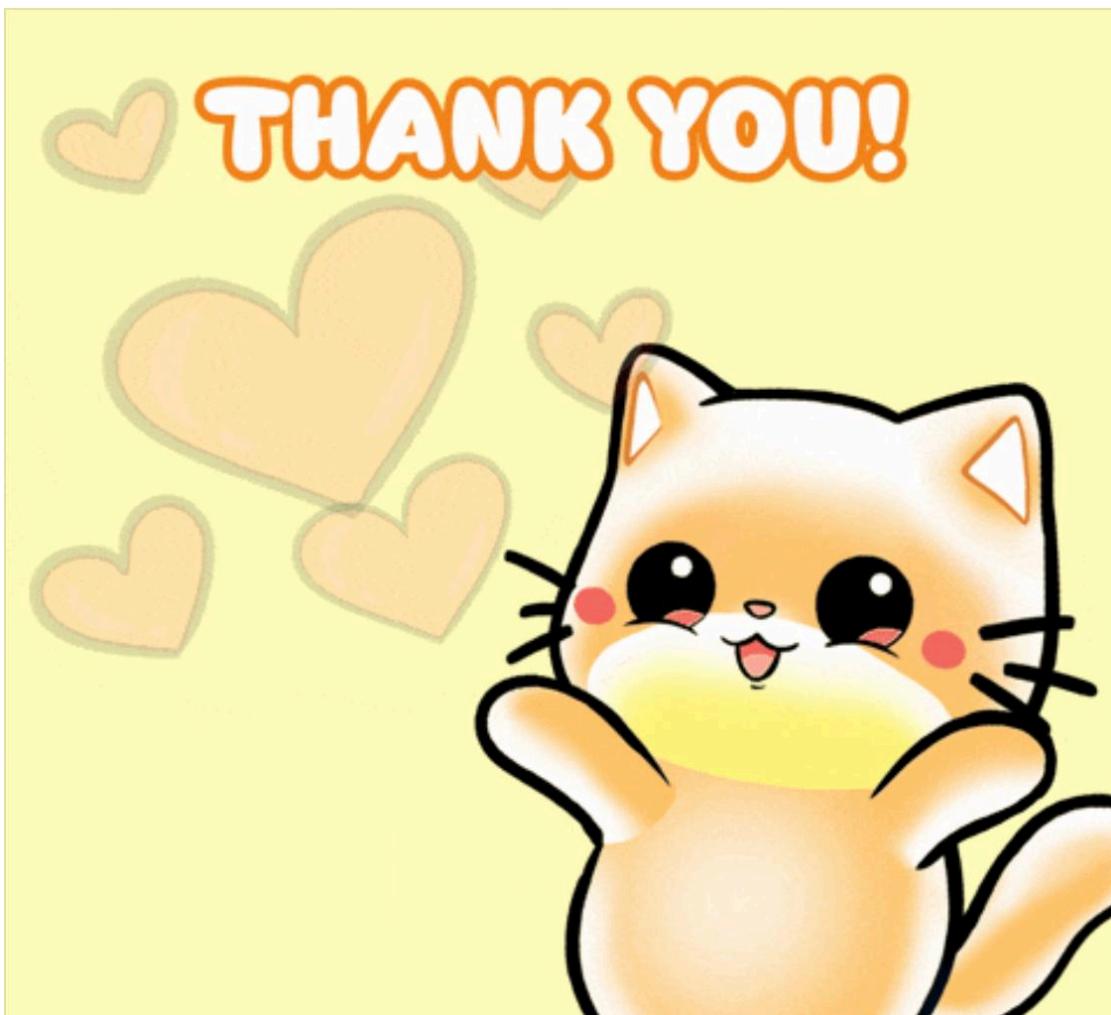
Friends and Family CPR class on Saturday, October 25th 9:30 am -12:00 pm

AUUF Safer Congregations Team is sponsoring a American Heart Association "Friends and Family CPR" class on Saturday, October 25 th , from 9:30-12:00. Training includes CPR, AED (automated external defibrillator) use, choking treatments, and NARCAN rescue kits (for opioid overdose). Response coverage includes adults, children, and infants. The class does not provide "certification", but does offer great instruction and the opportunity to practice. Experienced nurses from Providence will be leading the course. There is space for 10 participants.

To sign up for the class, please contact Kathy Lucich ASAP at k.lucich@hotmail.com or call/text
775-223-1889.

Thank you for Soup Sunday donations!

RE hosted this past Soup Sunday and we raised \$269! These funds will go to purchase items to create Blessing Bags for the unhoused population in Anchorage. Thank you all for taking part whether donating a soup, bread, dessert, clean up, donations and support! The Youth Group will put together some bags this Sunday, Oct 12 and the other classes on Sunday, Oct 19. All hands on learning and activates revolving around our theme of Compassion for this month. 



Small Groups

Fall is officially here, so it is time to think about small groups. Small groups, AUUF-style, are a group of 6-10 people who commit to gather on a schedule — typically twice a month (as best as their schedules allow) — to talk about an agreed-on topic. We use a form

called "active listening" when everyone listens when someone else is ready to talk on the topic, and no one interrupts, or responds directly; there's no cross-talk, no judgment, no advice. When one person is finished, another takes a turn — and may approach the topic in an entirely different way. It's not a standard conversation or discussion, but it is a great way to learn about ourselves and each other. We've learned we listen better if we are not constantly thinking about how to respond.

We also take a little time at the start and at "intermission" to check in with each other and have casual, unstructured friendly chitchat. And sometimes people make new friends and arrange get-togethers outside of the group.

[Please click here to read the entire article.](#)

Auction Team

Annual on-line auction, set for Nov. 1 – Nov. 8

A chance to make tamales with Yolanda, an Iditarod watch party with Donna and a garden tour and slideshow with master gardener Robbie Frankevich. These are just a couple of the exciting experiences we've already received for this year's annual on-line auction. What skill or service are you interested in sharing with others? Jam and jelly making? Calligraphy? How to get the most out of your Insta-pot? We know that UUs are curious to learn new skills, explore new places and to be in community with others, so be creative in donating your time and talent to this year's event, scheduled Nov. 1-8. If you also have gently used items you think will generate bidding interest (home décor, themed gift baskets, outdoor equipment, costume or semi-precious jewelry, for example) we'll start taking donations Sunday, Oct. 12, after both services, downstairs in room 2. And as always, if you have questions please email the team at auction@anchorageuuf.org.

If you have questions, please contact the team at auction@anchorageuuf.org.

New Fall Discussion Series at AUUF

March On Alaska/Citizens Action Project will be holding a weekly discussion series at AUUF Fridays from 5-7 pm beginning October 3 and closing out November 21. The series will focus on *solutions* to various large challenges we face in our nation. The Citizens Action Project has been working on specific proposals to share with the group and invites you to join us to add your thinking to these proposals.

The focus will be on what it will take to preserve our democracy and get our government back to working for *We the People*, not just the rich and power-hungry few. The goal is to prepare a progressive agenda to let candidates and elected officials know what we see as solutions.

The draft schedule follows:

Oct. 10-- First Amendment and Free Speech questions-- Is the First Amendment enough? John McKay, atty.; ACLU Alaska

Oct. 17--Universal Health Care- How to get there from here?

Oct. 24-- Voting and Policy Concerns from the Under 35 age group-- What Issues are top of mind for this age group?

Oct. 31-- Potential solutions to buttress Social Security

The remaining three sessions will be developed over the next few weeks.

Please come and bring your friends!

Sign Up Now for “Finding Your Way into Fellowship”

Oct. 29, Nov. 5, and Nov. 12 from 6:00-8:00 pm

The AUUF Connections Team is inviting you to learn more about UU and AUUF. This 3-session class is designed for newer folks, or anyone ready to explore our history, our personal spiritual journeys, and ways to get involved. And you'll get to meet some new friends along the way.

The 3 sessions are scheduled for Wednesday evenings Oct. 29, Nov. 5, and Nov. 12 from 6:00-8:00 pm. Deadline to sign up is Sun. Oct. 26th, but notify us ASAP if you might be needing childcare.

Please email connections@anchorageuuf.org to sign up or ask questions.

Connections Team Needs Sunday Hospitality Volunteers for October!

Please consider signing up ahead of time to help make AUUF a warm and welcoming community. We need greeters, zoom ushers and **ESPECIALLY** Social Hour volunteers to keep our kitchen tidy and clean. If Connections ends up doing dishes all the time, they will have a hard time staffing the welcome tables as they should be doing. Below is a link to the Signup Genius which includes downloadable directions on what to do. All you need is an email address and you will be sent an automatic reminder 2 days ahead of time.

Thanks to all who continue to help!





AUUF Religious Exploration October 2025 Updates

[Click here to read.](#)

RE kids are creating their classroom names!

Our four classrooms of kids/youth will be deciding their classroom name this year. The first group to decide was our Grades K-3 class. The Thunder Tigers! Watch for more classroom names to be announced...

Thunder Tiger Classroom

The spiritual meaning of thunder is a sign of power, strength, and renewal. The tiger symbolizes strength, and resilience in various cultures and traditions, inspiring bold action and confidence.



RE Class- Kindergarten through 3rd Grade

OCTOBER HALF PORTION FOR SOCIAL ACTION: ANCHORAGE COALITION TO END HOMELESSNESS

Dennis Arashiro

The recipient of our Half Portion for Social Action for October, 2024, the Anchorage Coalition to End Homelessness. This is in recognition of Friday, October 10, 2025, as World Homeless Day. The Anchorage Coalition to End Homelessness (ACEH) began in 2004 as a grassroots collaboration of homeless service providers who recognized the need for a common community strategy and response to a continuing challenge of providing housing for all of our friends and neighbors. Since its creation, ACEH has grown in partnership with the larger community, established itself as an independent organization, and expanded its membership to include individuals and organizations across the city. ACEH remains the only Anchorage convener of community members, businesses and providers working toward the shared goal of making homelessness brief, rare and a one time experience. Turn your supportive thoughts into action by contributing during Sunday services in October and in commemoration of World Homeless Day on October 10.

You can contribute in person at our Sunday services or online by visiting anchorageuuf.org click on the Half-Portion note or Donate/ Pay at the bottom of the home page. Enter your donation under "Half-Portion for Social Action."

Go to anchorageuuf.org
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at the bottom of the home page.
Enter your donation under
“Half-Portion for Social Action”

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

***We strive to listen deeply and speak with one
another and to our larger community with
consideration and respect.***

***We hold each of us and all of this amazing world
worthy of our attention, compassion and care.***

***Together we are Anchorage Unitarian
Universalist Fellowship.***



Anchorage Unitarian Universalist Fellowship
2824 E. 18th Avenue, Anchorage, AK 99508
(907) 248-3737
[Website](http://anchorageuuf.org)

Rev. Lise Adams Sherry, (she/her), Minister,
RevLise@anchorageuuf.org, 907-248-3737 x2,
Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration
DRE@anchorageuuf.org
Office hours usually are:
Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (he/him), Congregational Administrator
Admin@AnchorageUUU.org, 907.248.3737 x.1

Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director
907-248-3737 x4, Music@anchorageuuf.org

Kelly Strycker, (she/her), Communications Specialist,
Communications@anchorageuuf.org

Kelly's remote office hours Mon, Tues, Wed, Friday 9 am - 1 pm. Thursday 7-9:30 am AK, & 1:30-3:00 pm

Rebecca Bernard, (she/her), Affiliated Community Minister
RBernard.AK@gmail.com

Dan Norton, AV Coordinator
907-248-3737, AVCoordinator@anchorageuuf.org

Contact the Connections Team for more information on how to get involved:
Connections@anchorageuuf.org

Share the Care Team: sharethecare@anchorageuuf.org

Connect with us



[Visit Our Website](#)

[AUUF Podcast](#)

[Donate](#)

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common purpose.*

Today At Our Fellowship
Thursday, October 16, 2025

This Week @ AUUF

Thursday, October 16

6:30- 8:00 pm Choir Practice Sanctuary

Friday, October 17

8:15 am – 12:45 pm Music Together
Mountain Song Social Room
12:00 – 2:00 pm Freethinkers in Person
Only Room 7
2:00 – 3:30 pm Care Team Meeting
Library
5:00 – 7:00 pm Alaska Citizen's Action
Project Sanctuary + Social Room

Saturday, October 18

8:30 – 10:30 am AA-Slap Happy Group at
AUUF Social Room
10:00 am – 12:45 pm Music Together
Mountain Song Social Room
1:00 – 3:00 pm Amanda's Violin Class
Room 5

Sunday, October 19

9:00 – 10:15 am The Forum
11:00 am – 12:15 pm Sunday Worship
Live at AUUF & on Zoom
1:00 – 3:00 pm OWL K-1Room 3, 5, 7
4:00 – 5:30pm Anchorage Friends
Meeting Sanctuary & Social Room

Monday, October 20

3:30 – 6:00 pm Amanda's Violin Class
Room 5

Tuesday, October 21

2:00 – 4:00 pm Knitting Group Room 7
6:00 – 7:00 pm Community Connection -
Private Room 8
6:30 – 8:00 pm "Blonde Indian" book
discussion Library

Wednesday, October 22

2:45 – 5:45 pm Music Together Mountain
Song Social Room

Thursday, October 23

6:30 – 8:30pm Finance Committee
Meeting
6:30 – 8:00 pm Choir Practice
Sanctuary

Friday, October 24

8:15 am – 12:45 pm Music Together
Mountain Song Social Room
12:00 – 2:00 pm Freethinkers in Person
Only Room 7
5:00 – 7:00 pm Alaska Citizen's Action
Project Sanctuary + Social Room



The Forum IN PERSON & on Zoom 9:00 AM Sun. Oct. 19, 2025
Using the Arts to Empower with Shirley Mae Springer Staten

The Forum

Sunday October 19, 2025 9:00-10:15 AM
IN- PERSON and on Zoom

[Click here to join on Zoom.](#)



Matt Faubion / Alaska Public Media



Sunday Worship Service IN PERSON & on Zoom 11:00 AM Sun Oct. 19
Houselessness and the Law with Rev. Lise Adams Sherry, Lars Danner

Sunday Worship Service

Sunday October 19, 2025 11:00 AM
IN- PERSON and on Zoom

[Click here to join on Zoom.](#)

March On Alaska/Citizens Action Project Discussion Series at AUUF

5:00-7:00 pm Oct. 17--Universal Health Care- How to get there from here?

March On Alaska/Citizens Action Project is holding a weekly discussion series at AUUF Fridays from 5:00-7:00 pm through November 21. The series will focus on *solutions* to various large challenges we face in our nation.

The focus will be on what it will take to preserve our democracy and get our government back to working for *We the People*, not just the rich and power-hungry few. The goal is to prepare a progressive agenda to let candidates and elected officials know what we see as solutions.

The draft schedule follows:

Oct. 17--Universal Health Care- How to get there from here?

Oct. 24– Voting and Policy Concerns from the Under 35 age group-- What Issues are top of mind for this age group?

Oct. 31-- Potential solutions to buttress Social Security

The remaining three sessions will be developed over the next few weeks.

Please come and bring your friends!

No Kings Rally Oct. 18, 3:00 pm, Anchorage Town Square

Many of us from the Fellowship will be attending the No Kings Rally, Saturday, October 18, 3pm at the Town Square downtown. It's a good time to stand up for our Unitarian Universalist values of Love, Pluralism, Equity and Justice--join us! If you'd like to go as a group, let's meet on F St on the south end of Willawaw Social near the parking structure at 2:40 pm; we'll go to the Town Square as a group at 2:50 pm. The event is put on by Stand UP Alaska and you can check their Facebook page for any last minute changes.

Blessings, Rev. Lise



Sign up for AUUF Mystery Friends by October 22! Adults, youth and kids!

Mystery Friends are an intergenerational pair, one older, one younger, getting to know each other by exchanging clues. These can be notes, cards, riddles, puzzles, baby pictures, book and movie recommendations, and hints about identity. The main thing is to stay in touch and remain a mystery!

[Click here to sign up.](#)

Friends and Family CPR class on Saturday, October 25th 9:30 am -12:00 pm

AUUF Safer Congregations Team is sponsoring a American Heart Association "Friends and Family CPR" class on Saturday, October 25 th , from 9:30-12:00. Training includes CPR, AED (automated external defibrillator) use, choking treatments, and NARCAN rescue kits (for opioid overdose). Response coverage includes adults, children, and infants. The class does not provide "certification", but does offer great instruction and the opportunity to practice. Experienced nurses from Providence will be leading the course. There is space for 10 participants.

To sign up for the class, please contact Kathy Lucich ASAP at k.lucich@hotmail.com or call/text 775-223-1889.

Small Groups start in November. Sign up now!

Fall is officially here, so it is time to think about small groups. Small groups, AUUF-style, are a group of 6-10 people who commit to gather on a schedule — typically twice a month (as best as their schedules allow) — to talk about an agreed-on topic. We use a form called "active listening" when everyone listens when someone else is ready to talk on the topic, and no one interrupts, or responds directly; there's no cross-talk, no judgment, no advice. When one person is finished, another takes a turn — and may approach the topic in an entirely different way. It's not a standard conversation or discussion, but it is a great way to learn about ourselves and each other. We've learned we listen better if we are not constantly thinking about how to respond.

We also take a little time at the start and at "intermission" to check in with each other and have casual, unstructured friendly chitchat. And sometimes people make new friends and arrange get-togethers outside of the group.

[Please click here to read the entire article.](#)

We're Eager to Add Your Offerings to Our Online Auction!

Oct. 26 deadline for donating!

Keep meaning to drop off your auction items or to come up with a special service or experience to add to this year's catalog? Wonderful! We're can't wait to see what you can add to the mix. So far, we've gotten several exciting entries, including a guided hike to see dino prints, a gorgeous ivory necklace, a talk and slideshow with a master gardener and

another of Irene O'Brien's stunning quilts. Members of the auction team will be downstairs in Room 2 accepting donations on the following dates: 10:30-1:30 this Friday, Oct. 17 and between/after services the next two Sundays, Oct. 19 & 26. It takes a fair amount of time to build the catalog and proof read every entry, so thank you for observing our Oct. 26 deadline. If you want to drop something off at another time, please call the office first to be sure you can get in.

Questions: email auction@anchorageuuf.com



Sign Up Now for “Finding Your Way into Fellowship”

Oct. 29, Nov. 5, and Nov. 12 from 6:00-8:00 pm

The AUUF Connections Team is inviting you to learn more about UU and AUUF. This 3-session class is designed for newer folks, or anyone ready to explore our history, our personal spiritual journeys, and ways to get involved. And you'll get to meet some new friends along the way.

The 3 sessions are scheduled for Wednesday evenings Oct. 29, Nov. 5, and Nov. 12 from 6:00-8:00 pm. Deadline to sign up is Sun. Oct. 26th, but notify us ASAP if you might be needing childcare.

Please email connections@anchorageuuf.org to sign up or ask questions.

VOTE FOR THE 2026 HALF PORTION!

Dennis Arashiro and Sara Hannon

The word “fellowship” is derived from the Greek word “koinonia,” which can be defined as “holding something in common.” While this clearly refers to what we Fellowship members have in common with one another, we can take it a step further in what we have in common with those beyond our walls. This is why only half of our Sunday collections go to supporting ourselves; the other half goes to causes and organizations supporting the larger community. The Half Portion for Social Action goes to 12 recipients each year, with each assigned to a specific month. One month is reserved for PILOT (Payment in Lieu of Taxes). Who will be the other ten 2026 recipients? The decision is yours.

The nomination process took place from September 11 to October 1, and the final list of nominees was vetted and set in the past two weeks. Now begins the voting period for selecting the 2026 recipients of the Half Portion for Social Action. **You will have from now until November 1, 2025, to choose 10 from the list of nominees.**

NEW THIS YEAR: Out of the nominees, we will select at least two non-incumbent causes that received the highest number of votes and at least one indigenous cause which received the highest number of votes out of the total of ten organizations selected.

All the fifth Sundays in the months that have them are reserved for the Minister’s Caring Fund or a cause designated by Rev. Lise. The actual 2026 schedule of Half Portion recipients will be announced no later than November 17.

[Click here to make your Half Portion selections.](#)

Connections Team Needs Sunday Hospitality Volunteers for October!

Please consider signing up ahead of time to help make AUUF a warm and welcoming community. We need greeters, zoom ushers and **ESPECIALLY** Social Hour volunteers to keep our kitchen tidy and clean. If Connections ends up doing dishes all the time, they will

have a hard time staffing the welcome tables as they should be doing. Below is a link to the Signup Genius which includes downloadable directions on what to do. All you need is an email address and you will be sent an automatic reminder 2 days ahead of time.

Thanks to all who continue to help!



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You can contribute in person at our Sunday services or online by visiting anchorageuuf.org click on the Half-Portion note or Donate/ Pay at the bottom of the home page. Enter your donation under "Half-Portion for Social Action."

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Our AUUU Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



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(907) 248-3737

[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@anchorageuuf.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@anchorageuuf.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (he/him), Congregational Administrator

Admin@AnchorageUUU.org, 907.248.3737 x.1

Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director

907-248-3737 x4, **Music@anchorageuuf.org**

Kelly Strycker, (she/her), Communications Specialist,

Communications@anchorageuuf.org

Kelly's remote office hours Mon, Tues, Wed, Friday 9 am - 1 pm. Thursday 7-9:30 am AK, & 1:30-3:00 pm

Rebecca Bernard, (she/her), Affiliated Community Minister
RBernard.AK@gmail.com

Dan Norton, AV Coordinator
907-248-3737, AVCoordinator@anchorageuuf.org

Contact the Connections Team for more information on how to get involved:
Connections@anchorageuuf.org

Share the Care Team: sharethecare@anchorageuuf.org

Connect with us



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common purpose.*

Today At Our Fellowship
Thursday, October 23, 2025

This Week @ AUUF

Thursday, October 23

6:30- 8:00 pm Choir Practice Sanctuary

Friday, October 24

8:15 am – 12:45 pm Music Together
Mountain Song Social Room
12:00 – 2:00 pm Freethinkers in Person
Only Room 7
5:00 – 7:00 pm Alaska Citizen's Action
Project Sanctuary + Social Room

Saturday, October 25

8:30 – 10:30 am AA-Slap Happy Group at
AUUF Social Room
10:00 am – 12:45 pm Music Together
Mountain Song Social Room

Sunday, October 26

9:00 – 10:15 am The Forum
11:00 am – 12:15 pm Sunday Worship
Live at AUUF & on Zoom
4:00 – 5:30pm Anchorage Friends
Meeting Sanctuary & Social Room

Monday, October 27

3:30 – 6:00 pm Amanda's Violin Class
Room 5

Tuesday, October 28

11:15 am Staff Meeting
2:00 – 4:00 pm Knitting Group Room 7
6:00 – 7:00 pm Community Connection -
Private Room 8

Wednesday, October 29

2:45 – 5:45 pm Music Together Mountain
Song Social Room
5:45pm – 7:45 pm Running Team Rental
Sanctuary
6:00 – 8:00 pm Finding Your Way to
Fellowship Class Sanctuary and Social
room

Thursday, October 30

6:30 – 8:00 pm Choir Practice
Sanctuary

Friday, October 31

12:00 – 2:00 pm Freethinkers in Person
Only Room 7
5:00 – 7:00 pm Alaska Citizen's Action
Project Sanctuary + Social Room



The Forum IN PERSON & on Zoom 9:00 AM Sun. October 26
"Mobilizing Hope: Reflections on the YK Delta Evacuations,"
Monica Lee and Dawson Hoover, Southcentral Foundation

The Forum

Sunday October 26, 2025 9:00-10:15 AM
IN- PERSON and on Zoom

[Click here to join on Zoom.](#)



A camp near Ship Creek in Anchorage on Monday, Nov. 6, 2023. (Matt Faubion/Alaska Public Media)



Sunday Worship Service IN PERSON & on Zoom 11:00 AM Sun Oct. 26
"Serving at the Family Emergency Cold Weather Shelter,"
Dennis Arashiro & Renee Frost

Sunday Worship Service

Sunday October 26, 2025 11:00 AM
IN- PERSON and on Zoom

[Click here to join on Zoom.](#)

Rev. Lise Gone Oct. 24-28

Rev. Lise is attending a ministers' meeting and will be out of town October 24-October 28. She will be checking her email periodically. Please contact Esme in the office if you

Donate Auction Items by October 26!

Make your mark on the event of the season by donating to the annual auction! We can't wait to see what item, experience, or tasty treat you contribute. Members of the auction team will be downstairs in Room 2 accepting donations between/after services on Sunday, October 26. It takes a lot of time to build the catalog and proofread every entry, so thank you for observing our October 26 deadline. If you need to drop something off at another time, please call the office first to ensure you'll be able to get in.

If you have question, please email auction@anchorageuuf.com.



DELAYED- Friends and Family CPR class

The Friends and Family CPR Class scheduled for Saturday, October 25 has been delayed, and will likely be rescheduled for spring, 2026.

If you have any questions or suggestions, contact Safer Congregation Team chair Kathy Lucich at k.lucich@hotmail.com.

AUUF Safer Congregation Team will be conducting emergency drills

Fire, 10/26/25, and Earthquake, 11/16/25 immediately following both the Forum and Sunday Service.

In addition, we'll be sponsoring several safety-related training courses (Active Shooter Preparedness; Senior Disaster Preparedness; STAR's "Stewards of Children", 3/1/26; Family & Friends CPR/AED/Narcan, spring 2026).

Are you familiar with our building evacuation protocols, and post-event gathering locations? Do you know how our children will be evacuated from their RE classrooms, and where to retrieve them? Do you know the locations of our Fire Extinguishers, Fire Blanket, Disability Evacuation Chair, First Aid Kits, Bleeding Control Kit, AED (automated external defibrillator), Narcan Rescue Kits? Do you know how to use them? We'll be reviewing it all in the upcoming drills and training.

Grades 10-12 OWL Registration is now open

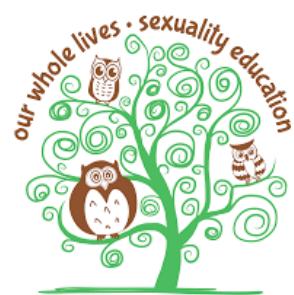
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Sexuality Education for Grades 10-12, 2nd edition

Our Whole Lives (OWL) values:

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OWL provides a safe setting for teens to explore their attitudes, values, and beliefs about their own and others' sexuality. This developmentally appropriate, field-tested curriculum addresses important topics through dialogue and engaging activities. It promotes decision-making informed by accurate information and a foundation of personal values and life goals.



Registration Deadline is Thursday, December 18

[Click here to register.](#)

Finding Your Way into Fellowship: Final Call to Sign Up

The deadline to sign up for our 3-session class is October 26th. The AUUF Connections Team, along with Rev. Lise is once again hosting "Finding Your Way into Fellowship," designed for newer folks, or anyone ready to explore our history, our personal spiritual journeys, and ways to get involved. And you'll get to meet some new friends along the way. The 3 sessions are scheduled for Wednesday evenings Oct. 29, Nov. 5, and Nov. 12 from 6:00-8:00 pm.

Please email connections@anchorageuuf.org to sign up, or more information.

March On Alaska/Citizens Action Project Discussion Series at AUUF

Oct. 31-- Potential solutions to buttress Social Security

March On Alaska/Citizens Action Project is holding a weekly discussion series at AUUF Fridays from 5:00-7:00 pm through November 21. The series will focus on *solutions* to various large challenges we face in our nation.

The focus will be on what it will take to preserve our democracy and get our government back to working for *We the People*, not just the rich and power-hungry few. The goal is to prepare a progressive agenda to let candidates and elected officials know what we see as solutions.

The remaining three sessions will be developed over the next few weeks.

Please come and bring your friends!

Small Groups start in November. Sign up now!

Fall is officially here, so it is time to think about small groups. Small groups, AUUF-style, are a group of 6-10 people who commit to gather on a schedule — typically twice a month (as best as their schedules allow) — to talk about an agreed-on topic. We use a form called "active listening" when everyone listens when someone else is ready to talk on the topic, and no one interrupts, or responds directly; there's no cross-talk, no judgment, no advice. When one person is finished, another takes a turn — and may approach the topic in an entirely different way. It's not a standard conversation or discussion, but it is a great way to learn about ourselves and each other. We've learned we listen better if we are not constantly thinking about how to respond.

We also take a little time at the start and at "intermission" to check in with each other and have casual, unstructured friendly chitchat. And sometimes people make new friends and arrange get-togethers outside of the group.

[**Please click here to read the entire article.**](#)

☀️ SAVE THE DATE! ☀️

The AAAAUUF is scheduled for Saturday, November 8, from 5:30 -8:00 p.m. That's the Annual Dinner, Awards Presentation, and Auction at Anchorage UUF. Come enjoy live music, good food (it's an AUUF potluck, so you *know* there will be good food), and great company while you try your luck at the raffle, tin can drawing, and last-chance bids on choice auction items. Childcare will be provided. Questions? Contact Marty Freeman at martyw@ak.net.



VOTE FOR THE 2026 HALF PORTION!

Dennis Arashiro and Sara Hannon

The word "fellowship" is derived from the Greek word "koinonia," which can be defined as "holding something in common." While this clearly refers to what we Fellowship members have in common with one another, we can take it a step further in what we have in common with those beyond our walls. This is why only half of our Sunday collections go to supporting ourselves; the other half goes to causes and organizations supporting the larger community. The Half Portion for Social Action goes to 12 recipients each year, with each assigned to a specific month. One month is reserved for PILOT (Payment in Lieu of Taxes). Who will be the other ten 2026 recipients? The decision is yours.

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All the fifth Sundays in the months that have them are reserved for the Minister's Caring Fund or a cause designated by Rev. Lise. The actual 2026 schedule of Half Portion

recipients will be announced no later than November 17.

[Click here to make your Half Portion selections.](#)

Connections Team Needs Sunday Hospitality Volunteers for October!

Please consider signing up ahead of time to help make AUUF a warm and welcoming community. We need greeters, zoom ushers and **ESPECIALLY** Social Hour volunteers to keep our kitchen tidy and clean. If Connections ends up doing dishes all the time, they will have a hard time staffing the welcome tables as they should be doing. Below is a link to the Signup Genius which includes downloadable directions on what to do. All you need is an email address and you will be sent an automatic reminder 2 days ahead of time.

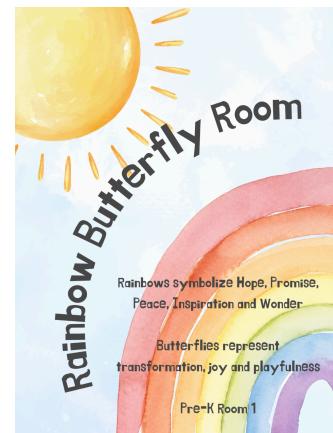
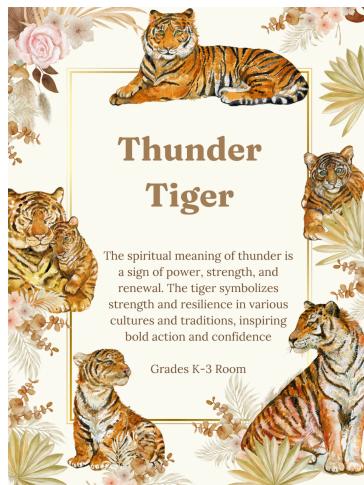
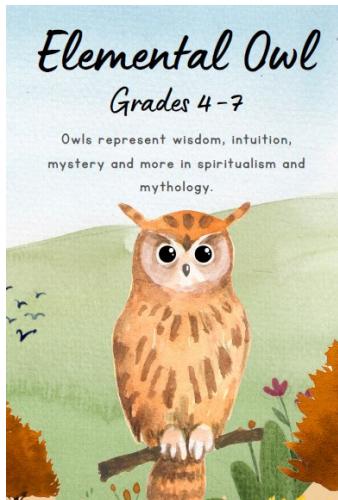
Thanks to all who continue to help!

 [**SIGN UP!**](#) 

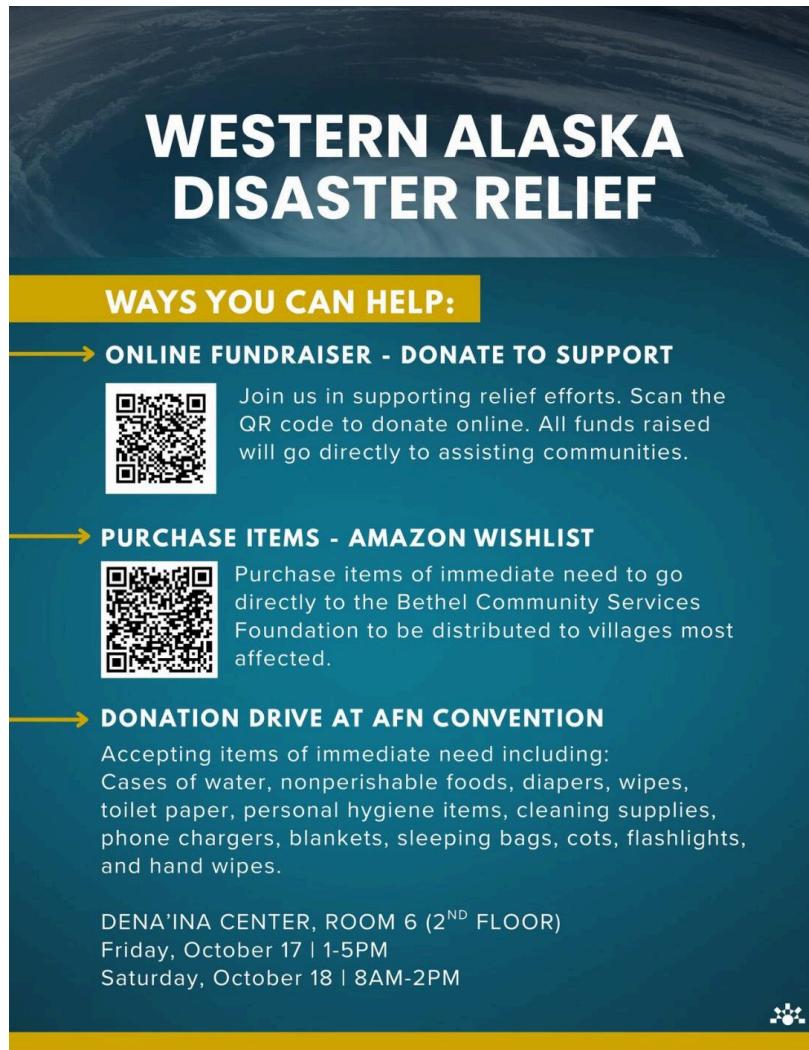
AUUF Religious Exploration October 2025 Updates

[Click here to read.](#)

RE Classroom Names



Western Alaska Disaster Relief



WESTERN ALASKA DISASTER RELIEF

WAYS YOU CAN HELP:

→ **ONLINE FUNDRAISER - DONATE TO SUPPORT**

 Join us in supporting relief efforts. Scan the QR code to donate online. All funds raised will go directly to assisting communities.

→ **PURCHASE ITEMS - AMAZON WISHLIST**

 Purchase items of immediate need to go directly to the Bethel Community Services Foundation to be distributed to villages most affected.

→ **DONATION DRIVE AT AFN CONVENTION**

Accepting items of immediate need including:
Cases of water, nonperishable foods, diapers, wipes, toilet paper, personal hygiene items, cleaning supplies, phone chargers, blankets, sleeping bags, cots, flashlights, and hand wipes.

DENA'INA CENTER, ROOM 6 (2ND FLOOR)
Friday, October 17 | 1-5PM
Saturday, October 18 | 8AM-2PM

How to help with Typhoon Halong Recovery in Western Alaska

Southcentral Foundation has partnered with the Alaska Native Tribal Health Consortium and dozens of other organizations to assist people impacted by the severe storms in Western Alaska. Hundreds of residents from the coastal communities were airlifted to Anchorage. Emergency shelters have been established at the Alaska Airlines Center and Egan Center.

At the shelters, SCF is providing medical services, pharmacy, behavioral, community resource specialists, family health resources, and learning circles. SCF is collaborating with other ANMC services as they are needed. SCF has also partnered with Alaska Native Heritage Center to coordinate Yupik translators.

For those interested, opportunities to support people who are affected by the storms are listed below.

[Click here for Monetary Donations](#)

[Alaska Community Foundation has an online fundraiser for the Western Alaska Disaster Relief 2025 Fund.](#)

[Donating Items- Click here for Amazon wish list.](#)

Only new items and nonperishable items can be donated at this time. Items of immediate need include:

- New clothes of all sizes (baby, toddler, kids, adults), including winter coats, shirts, layers, undergarments, socks, etc.
- New shoes (including slip-on kinds like Crocs) and boots of all sizes
- New hats and gloves
- Personal hygiene items (soap, shampoo/conditioner, deodorant, lotion, hairbrushes/combs, hair ties, nail clippers, lip balm, etc.)
- New blankets and sleeping bags

Donations are accepted at the central donation warehouse operated by Team Rubicon, a veteran-led humanitarian organization, at 1120 East 1st Avenue from 9 a.m. to 4 p.m., seven days a week. *Please do not bring donated items to AAC or Egan as space is limited. The warehouse is the central sorting and distribution center for all donations.*

[Bethel Community Services Foundation has an Amazon Wishlist where people can purchase items to go directly to the relief effort in the region.](#)

Volunteering

Red Cross is coordinating volunteers—interested people can call 1-800-Red-Cross or [visit Red Cross](#).

If you are a Southcentral Foundation employee who is interested in filling a shift as a medical or behavioral provider at the Alaska Airlines Center or Egan Center, please discuss the opportunity with your supervisor and contact LaZell Hammons (lhammons@southcentralfoundation.com) for more information.

This Sunday, Oct. 26, at the AUUF Forum two senior management folks from SCF will be our guests to share stories, facts, and plans related to the several thousand people who find themselves in Anchorage as a result of the storm on the west coast of Alaska and resulting disaster. We ask that as many people as possible attend on Sunday in person out of respect of these two people adding us to their crazy busy schedule on a Sunday morning!

OCTOBER HALF PORTION FOR SOCIAL ACTION: ANCHORAGE COALITION TO END HOMELESSNESS

Dennis Arashiro

The recipient of our Half Portion for Social Action for October, 2024, the Anchorage Coalition to End Homelessness. This is in recognition of Friday, October 10, 2025, as World Homeless Day. The Anchorage Coalition to End Homelessness (ACEH) began in 2004 as a grassroots collaboration of homeless service providers who recognized the need for a common community strategy and response to a continuing challenge of providing housing for all of our friends and neighbors. Since its creation, ACEH has grown in partnership with the larger community, established itself as an independent organization, and expanded its membership to include individuals and organizations across the city. ACEH remains the only Anchorage convener of community members, businesses and providers working toward the shared goal of making homelessness brief, rare and a one time experience. Turn your supportive thoughts into action by contributing during Sunday services in October and in commemoration of World Homeless Day on October 10.

You can contribute in person at our Sunday services or online by visiting anchorageuuf.org click on the Half-Portion note or Donate/ Pay at the bottom of the home page. Enter your donation under "Half-Portion for Social Action."

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Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship

2824 E. 18th Avenue, Anchorage, AK 99508

(907) 248-3737

[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@anchorageuuf.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@anchorageuuf.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (she/her), Congregational Administrator
Admin@AnchorageUUF.org, 907.248.3737 x.1
Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director
907-248-3737 x4, Music@anchorageuuf.org

Kelly Strycker, (she/her), Communications Specialist,
Communications@anchorageuuf.org
Kelly's remote office hours Mon, Tues, Wed, Friday 9 am - 1 pm. Thursday 7-9:30 am AK, & 1:30-3:00 pm

Rebecca Bernard, (she/her), Affiliated Community Minister
RBernard.AK@gmail.com

Dan Norton, AV Coordinator
907-248-3737, AVCoordinator@anchorageuuf.org

Contact the Connections Team for more information on how to get involved:
Connections@anchorageuuf.org

Share the Care Team: sharethecare@anchorageuuf.org

Connect with us



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AUUF Podcast

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ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Our Fellowship
Thursday, October 30, 2025

This Week @ AUUF

Thursday, October 30

6:30- 8:00 pm Choir Practice Sanctuary

Friday, October 31

12:00 – 2:00 pm Freethinkers in Person
Only Room 7
5:00 – 7:00 pm Alaska Citizen's Action
Project Sanctuary + Social Room

Saturday, November 1

Online Auction starts
8:30 – 10:30 am AA-Slap Happy Group at
AUUF Social Room
10:00 am – 12:45 pm Music Together
Mountain Song Social Room

Sunday, November 2

Daylight Saving Time ends
9:00 – 10:15 am The Forum
11:00 am – 1:00 pm HS Youth Group
Room 7
11:00 am – 12:00 pm Sunday Worship
Live at AUUF & on Zoom
12:30 – 2:00 pm The Alliance - At AUUF
Sanctuary
1:00 – 3:00 pm OWL K-1 Room 3, 5, 7
4:00 – 5:30 pm Anchorage Friends
Meeting Sanctuary & Social Room

Monday, November 3

3:30 – 6:00 pm Amanda's Violin Class
Room 5
5:30-8:30 pm Private Rental

Tuesday, November 4

Election Day
2:00 – 4:00 pm Knitting Group Room 7
3:45 – 5:45 pm Care Team Meeting
Library
4:30 – 6:30 pm Forum Planning on Zoom
5:30 – 6:45pm Anchorage CN Resistors
Advocacy - All are welcome Sanctuary
6:00 – 7:00pm Community Connection -
Private Room 8

Wednesday, November 5

9:15 – 11:15 am Music Together
Mountain Song Benefit Class Social
Room
5:00 – 6:30 pm CYRE Team Meeting - In
Person & Zoom Library
6:00 – 8:00 pm Finding Your Way to
Fellowship Class Sanctuary and Social
room
7:00 – 8:30 pm Building & Grounds
Meeting - Zoom

Thursday, November 6

3:30 – 5:00 pm Connections Team
Meeting on Zoom Library
5:30 – 7:00 pm Anti-Racism Team
Meeting Library & Zoom
6:30 – 8:00 pm Choir Practice
Sanctuary

Friday, November 7

12:00 – 2:00 pm Freethinkers in Person

Only Room 7

5:00 – 7:00 pm Alaska Citizen's Action

Project Sanctuary + Social Room



Photo Credit: Alaska Public Media



The Forum IN PERSON & on Zoom 9:00 AM Sunday, November 2, 2025

"From Micro-Units To the Big Picture: How's Anchorage Addressing Homelessness?"

Julie Greene-Graham; Chair of In Our Back Yard, Susanne Fleek-Green; Chief of Staff for Mayor LaFrance; and Thea Agnew; Special Assistant to Mayor LaFrance

The Forum

**Sunday November 2, 2025 9:00-10:15 AM
IN- PERSON and on Zoom**

This Sunday, November 2, our Forum program is **"From Micro-Units To the Big Picture: How is Anchorage Addressing Homelessness?"** We'll have presentations from the municipality's point person on homelessness, **Special Assistant to the Mayor Thea Agnew Bemben**, joined by **the Mayor's Chief of Staff, Susanne Fleek-Green**, and also from **Julie Greene-Graham, Chair of the nonprofit, In Our Backyard**—who transformed the idea of using “tiny houses” or micro-units into a reality on the grounds of Central Lutheran Church. We'll hear from these experts about what's being done, what comes next, and some serious challenges on the horizon. **Please join us in person if you can.** We're glad to enable participation by Zoom, too. But it is so much more satisfying for speakers who generously take their Sunday morning to be there for us to be able to look out in the room and see people in the chairs, and engage with them.

[Click here to join on Zoom.](#)



Sunday Worship Service IN PERSON & on Zoom 11:00 AM Sunday Nov. 2
"Day of the Dead: AUUF in Remembrance"
Rev. Lise Adams Sherry and Barb Clark

Sunday Worship Service

Sunday November 2, 2025 11:00 AM
IN- PERSON and on Zoom

[Click here to join on Zoom.](#)

AUUF Auction Starts this Saturday November 1st

The AUUF Online auction goes live Saturday Nov 1st at noon but ends in 7 short days! The Auction Team has a plethora of pleasing auction pieces, escapades and explorations. You'll find gift cards, lessons, group dinners, hikes, bikes, clothes, jewelry, games, puzzles and much more. Alibaba would be jealous.



Go online to hunt for deals and discover hidden "easter eggs" that popup throughout the week! Get ready to bid this Saturday before the 40 thieves beat you to it. Watch for email on Saturday with your personalized link. Some experiences fill up quickly so don't wait! Also, the Annual Awards Potluck Dinner is on November 8th at 5:30 p.m. The evening will feature a raffle for a beautiful quilt. (Buy your raffle tickets in advance at the auction website). You can pick up your auction winnings at the same time or on Sunday. Here's the link and QR code. We hope to see you online and at the dinner.

Questions? Call Jay Van Alstine
907-240-4901

[Click here to view the AUUF online auction.](#)

**LAST CHANCE!
VOTE FOR THE 2026 HALF PORTION!**
Deadline Nov. 1

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[**Click here to make your Half Portion selections.**](#)

AUUF is getting a new website!

Hi Everyone,

We are launching our new website tomorrow! The website at the link below, will replace the old website tomorrow. If you have questions or concerns don't hesitate to reach out. Also the links "Click here to join on Zoom" in this email may not work on Sunday, so please use the links on the new homepage.

Here's the link!

[**Click here to see the new website.**](#)

Sincerely,

Kelly Strycker

Communications@anchorageuuf.org



Come one! Come all!

The AUUF annual autumn dinner is
Saturday, November 8, 5:30 – 8:00



Come for a scrumptious fall potluck, camaraderie, live music, and our annual awards. You'll have the opportunity to participate in the auction wind-up for a few special items and experiences, plus Tin Can Alley, a raffle, and some fun & games (think AUUF MadLibs). Childcare is provided!

Happy Hour starts at 5:30 (wine, beer, & non-alcoholic choices), Dinner at 6:00

Please let Reneé Frost know what you will bring to the potluck at

renfrost@mtaonline.net

Other questions? Ask Marty Freeman at martyw@ak.net



Lost And Found Emptying

November 13

The lost and found boxes (by the entrance and under the coat rack) are quite full and will be emptied on 11/13. If you suspect you have items in either of those boxes, please be sure to come grab them before this happens!

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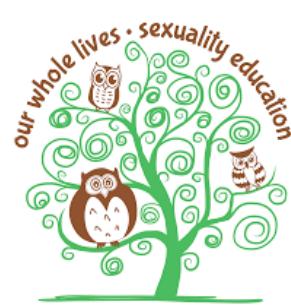
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[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@anchorageuuf.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@anchorageuuf.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (she/her), Congregational Administrator

Admin@AnchorageUUF.org, 907.248.3737 x.1

Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director

907-248-3737 x4, Music@anchorageuuf.org

Kelly Strycker, (she/her), Communications Specialist,

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Kelly's remote office hours Mon, Tues, Wed, Friday 9 am - 1 pm. Thursday 7-9:30 am AK, & 1:30-3:00 pm

Rebecca Bernard, (she/her), Affiliated Community Minister
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Dan Norton, AV Coordinator
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Contact the Connections Team for more information on how to get involved:
Connections@anchorageuuf.org

Share the Care Team: sharethecare@anchorageuuf.org

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