



ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Our Fellowship Thursday, August 6, 2026

This Week @ AUUF

Thursday, August 6

5:30 – 7:00 pm Anti-Racism Team
Meeting Library & Zoom

Friday, August 7

*12:00 – 2:00 pm Freethinkers in Person
Room 7

Saturday, August 8

8:30 – 10:30 am AA-Slap Happy Group at
AUUF Social Room

Sunday, August 9

*9:00 – 10:15 am The Forum
*11:00 am – 12:00 pm Sunday Worship
Service
4:00 – 5:30 pm Anchorage Friends
Meeting Sanctuary & Social Room
*5:00 – 9:00 pm Sunday Solidarity- All
are Welcome Social Room

Monday, August 10

Tuesday, August 11

*2:00 – 4:00 pm Knitting Group
Room 7
6:30 – 8:00 pm Fire Pit Chat

Wednesday, August 12

6:00– 8:00 pm Safer Congregation Team
on Zoom
6:00– 7:30 pm Democracy discussion
group Social room

Thursday, August 13

2:00 pm – 3:00 pm UU HR Meeting

Friday, August 14

*12:00 – 2:00 pm Freethinkers in Person
Room 7

*Open to AUUF Members & Friends



The Forum IN person & on Zoom 9:00 AM Sunday, August 9, 2026
"Supporting Mental Health in Anchorage" National Alliance on
Mental Illness Anchorage Annie Ferry, Executive Director

The Forum

Sunday August 9, 2026, 9:00 AM
IN- PERSON and on Zoom

"Supporting Mental Health in Anchorage"
National Alliance on Mental Illness Anchorage,
Annie Ferry, Executive Director

[Click here to join on Zoom.](#)



Sunday Worship Service IN person & on Zoom 11:00 AM Sunday, August 9,
"National Book Lovers' Day!"
Rev. Lise Adams Sherry, Renee Frost

Sunday Worship Service

Sunday August 9, 2026, 11:00 AM
IN- PERSON and on Zoom

"National Book Lovers' Day!"
Rev. Lise Adams Sherry, Renee Frost

So many books, so much to read! I'm (Lise) not sure exactly where we'll focus, but books will definitely be involved!

[Click here to join on Zoom.](#)

Upcoming Worship Services

Aug. 16 11:00 am In-person and Zoom

"The Divine Feminine"

Rev. Lise Adams Sherry and Michele Champion

August 15 is the Feast of the Assumption which celebrates the assumption of the Virgin Mary into Heaven. What does that mean? We'll explore this as well as the variety of Marys in the religious world and some other goddess forms, too.

Fire Pit Chat

August 11, 6:30-8:00 PM

Your Connections team invites you to join us for informal conversation around our fire pit. All are invited and welcomed to join us. We'll provide light snacks and s'more fixings. If you're able to do so please bring a beverage of your choice and a camp chair. If it rains, we'll gather in the social room. For more information email admin@anchorageuuf.org. Hope to see you there!

Join Us for a Potluck Sendoff for TK & Marty!

Sunday, August 23, after the 11:00 service.

Longtime AUUF members and friends to many of us, TK and Marty, are leaving Alaska after their many decades here and relocating to Arizona. So we're throwing a party to celebrate them and give them a proper sendoff! You are warmly invited to join us for this celebration after service on Sunday, August 23. Bring a potluck dish or dessert to share!

Staff Vacations & Office closure

Office Closed August 12-13

Esme, our administrator, will be out of the office on Wed. & Thur.

Rev. Lise will be out of the office August 11-13

Kelly Strycker Communications Specialist Will be working reduced hours the week of August 3-7 but updating the website & publishing TAOF. Back to normal hours Monday August 10th.

Thanks!

AUUF RE Registration 2026/2027

Hello Families!

We are prepping for the start of the RE school year at AUUF. Please register your child(ren)/youth ASAP so we can get information updated for the year. Thank you!

[Click here to register.](#)

Fall Frolic Registration

Sept. 18 6:00 pm to Sunday, Sept. 20 12:00 pm

[Click here for more info.](#)



Religious Exploration

Join us for the next Family Night Out on Wednesday, July 29 from 6pm-8pm. Our first event on June 24 was a success! Adults had a chance to visit and the kids played. It was an informal gathering during a lovely June evening. Hot Dogs (vegetarian option available) and s'mores are provided. Bring a side to share if you wish. Finger foods such as veggies, fruits, cheese & crackers are a great option as well as bringing a water bottle.

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The NEW Junior Youth Group (Grades 5-8) will begin in October- meeting monthly on a Friday evening. Thank you to all who supported the youth fundraiser of Pride merchandise. Pearl and Dougie staffed the table and collected over \$300 to go into our

youth account. This will help to plan and fund any special events for youth group we may want to have or attend in the future.

Parent's/Grown-Up Night Out will return in October as well.

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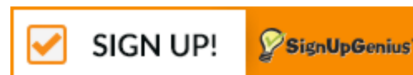
I think that is all the RE related news I have to share. Enjoy the remainder of the summer!

NEW!- AUUF Religious Exploration Updates

[Click here to read.](#)

Volunteer for Sunday Hospitality through Sign-Up Genius

Please consider signing up to help make AUUF a warm and welcoming community. Encourage a friend or relative to join you! Every Sunday we need greeters, zoom ushers and Social Hour helpers to keep our kitchen tidy. Below is a link to the Signup Genius which includes downloadable directions on what to do. All you need is an email address and you will be sent an automatic reminder 2 days ahead of time. Thanks to all who continue to help!



Invitation to Study Deliberative Democracy

Dear Friends,

We'd like to invite you to join us for a study of deliberative democracy. Forms of participatory democracy- alternatives that go beyond what we are traditionally accustomed to are being experimented around the world. Come, learn with us what deliberative democracy is. "Deliberative democracy rests on the recognition that laws and policies gain their legitimacy not merely from a vote, but from a process of careful

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For more details, please email Yaso at yaso.thiru@gmail.com with "Study Group" on the subject line.

Yaso Thiru & Erika Grant

AUGUST HALF PORTION FOR SOCIAL ACTION:

NAMI Anchorage National Alliance on Mental Health

We are deeply honored to be named the Anchorage Unitarian Universalist Fellowship's Half Portion for Social Action recipient for August 2026. The National Alliance on Mental Illness provides trauma-informed, evidence-based, peer-led support and education while advocating for mental health parity at the federal, state, and local level — and NAMI Anchorage takes that mission to support the mental health of every Anchorage resident seriously. In addition to facilitating the support groups and educational programs provided by the national organization, we work to create safe community spaces, because we know that isolation is one of the biggest risk factors for mental health challenges. We recently moved into our new home in the Umoja Coworking Building at 3001 Porcupine Street, and our doors are open to the public Tuesday through Saturday from 12 to 4. Come in, have a cup of coffee or tea and a snack. Peruse our library. Take advantage of our crafting room and the myriad donated supplies waiting to be turned into something beautiful. Enjoy the sunshine in our community garden — getting your hands dirty is optional, but recommended. Visit with Little Bit, our Crisis Dog in Training, or any of our staff and volunteers. Join us every Saturday for Community Crafternoons, the last Wednesday of each month for our On The Menu lunch and learn, or quarterly for Mental Wealth, our community roundtable with dinner, and StoryTime. We believe that when you replace the I with We, illness becomes wellness — and that by offering unconditional acceptance and radical empathy, we can have a positive impact on the mental health of our entire community.

Like so many nonprofits right now, we are facing a funding crisis — and our deepest commitment is to keep every one of our programs free to the community, always. We often think about this: if every Anchorage resident gave just one dollar, we would be fully staffed and could stop writing grant applications and start spending every hour doing what we love — showing up for people. Your generosity this August brings us closer to that dream. Every dollar given through the Fellowship's Half Portion collection is a direct investment in peer support, safe spaces, and the simple but radical idea that no one in Anchorage should have to face their mental health journey alone. We are so grateful for the Fellowship's kindness, for this recognition, and for the values of compassion and community care that we so clearly share.

[Click here to see a calendar of NAMI Anchorage events.](#)

You can contribute in person at our Sunday services or online by visiting anchorageuuf.org click on Donate/ Pay on the home page. Enter your donation under "Half-Portion for Social Action."

Go to anchorageuuf.org
Click on Donate/ Pay
ON of the home page.
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How **NAMI** Anchorage Helps

National Alliance on Mental Illness

Free support. Free education. Free community.



PEER SUPPORT GROUPS

- **NAMI Connection** – Weekly, in-person peer-led support group (online options available through NAMI Alaska).
- **Family Support Group** – Meets three times a month in partnership with NAMI Alaska.

A safe, understanding space to share experiences, receive support, and learn coping strategies.

EDUCATION & AWARENESS

- **On the Menu** – Monthly speaker series, last Wednesday (in-person & Zoom).
- **Mental Wealth Roundtables** – Quarterly Community Roundtable discussion at 6 PM, dinner provided.
- **Lending Library** – Books and workbooks available for peers, family members, and caregivers.

COMMUNITY & CONNECTION

- **Community Crafternoons** – Every Saturday
- **Community Garden** – Open Tuesday–Saturday, 12–4 PM.
- **Special Events** – Including quarterly Storytime, craft fairs and more

Collaborating with local partners to reduce isolation and strengthen connections.

WHY IT MATTERS

Isolation increases risk. NAMI Anchorage offers connection, compassion, and community—because no one should face mental health challenges alone.

CONNECT WITH US

- ✉ info@namianchorage.org
- 🌐 namianchorage.org
- 📘 [/namianchorage](https://www.facebook.com/namianchorage)
- 📷 [@namianchorage](https://www.instagram.com/namianchorage)



Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship

2824 E. 18th Avenue, Anchorage, AK 99508

(907) 248-3737

[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@AnchorageUUF.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@AnchorageUUF.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (she/her), Congregational Administrator

Admin@AnchorageUUF.org, 907.248.3737 x.1

Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director

907-248-3737 x4, Music@AnchorageUUF.org

Kelly Strycker, (she/her), Communications Specialist,

Communications@AnchorageUUF.org

Kelly's remote office hours Monday-Friday 9-1 PM

Rev. Rebecca Bernard, (she/her), Affiliated Community Minister
RBernard.AK@gmail.com

Dan Norton, AV Coordinator (he/him)
907-248-3737

Share the Care Team: sharethecare@AnchorageUUF.org

Connect with us



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AUUF Podcast

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UNITARIAN UNIVERSALIST
FELLOWSHIP
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common purpose.*

Today At Our Fellowship Thursday, August 13, 2026

This Week @ AUUF

Thursday, August 13

2:00 – 3:00 pm UU HR Meeting

Friday, August 14

*12:00 – 2:00 pm Freethinkers in Person
Room 7

Saturday, August 15

8:30 – 10:30 am AA-Slap Happy Group at
AUUF Social Room

4:30 – 8:30 pm Private rental
Sanctuary + Social Room

Sunday, August 16

*9:00 – 10:15 am The Forum

*11:00 am – 12:00 pm Sunday Worship
Service

4:00 – 5:30 pm Anchorage Friends
Meeting Sanctuary & Social Room

*5:00 – 9:00 pm Sunday Solidarity- All
are Welcome Social Room

Monday, August 17

Tuesday, August 18

*2:00 – 4:00 pm Knitting Group
Room 7

Wednesday, August 19

6:30 – 9:00 pm Board of Directors
Meeting - In Person

Thursday, August 20

Friday, August 21

*12:00 – 2:00 pm Freethinkers in Person
Room 7

*Open to AUUF Members & Friends

August to December Social Justice Pillar: Environmental Concern & Care



The Forum IN person & on Zoom 9:00 AM Sunday, August 16, 2026

"The Icy Road to the Oscars"

Pat McGee, Adam Linkenhelt, Directors, Anchorage

The Forum

Sunday August 16, 2026, 9:00 AM

IN- PERSON and on Zoom

"The Icy Road to the Oscars"

Pat McGee, Adam Linkenhelt, Directors, Anchorage

International Film Festival

[Click here to join on Zoom.](#)



Sunday Worship Service IN person & on Zoom 11:00 AM Sun.,
August 16, 2026 *"The Divine Feminine"*

Rev. Lise Adams Sherry and Michele Champion

Sunday Worship Service

Sunday August 16, 2026, 11:00 AM

IN- PERSON and on Zoom

"The Divine Feminine"

Rev. Lise Adams Sherry and Michele Champion

[Click here to join on Zoom.](#)

Mark Your Calendars & Join Our Auction Team

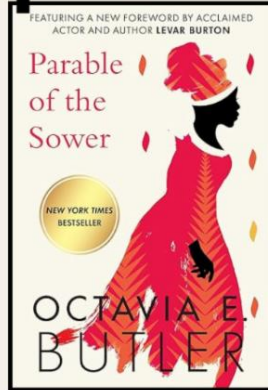
Hey, AUUF, mark your calendars now for our annual dinner, awards ceremony and auction wrap-up for Saturday, Nov. 14. It's always such a lovely time together and we want to be sure it's in your calendar now. And speaking of the auction wrap-up, your small but mighty auction team would be thrilled to have another couple of members. We'll probably start planning in early October, so it's a very time-specific commitment. Plus, it's fun! If you're interested or want to learn more, please be in touch with Robin at [**akhills@ak.net**](mailto:akhills@ak.net) or 907.244.9192.

Help Us Choose Our Next AUUF Book:

Anti-Racism Read

Vote for the book you'd most like to read and discuss together!

#1

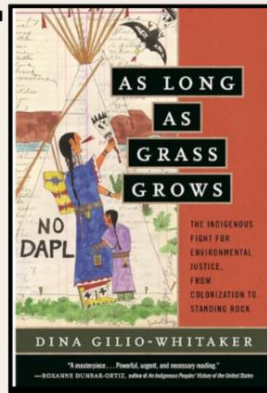


Parable of the Sower

Octavia E. Butler (1993)

In a near-future California ravaged by climate change and inequality, a young woman with hyperempathy syndrome journeys north to survive. She founds a new community based on the belief that change is the only lasting truth.

#2

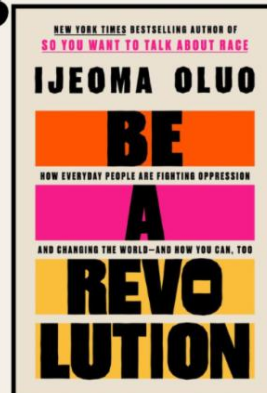


As Long as the Grass Grows

Dina Gilio-Whitaker (2019)

A powerful look at Native American history through the lens of environmental justice, from colonization to Standing Rock. Gilio-Whitaker explores how Indigenous peoples have fought to protect their lands and sovereignty.

#3



Be a Revolution

Ijeoma Oluo (2024)

A bold guide to dismantling systemic oppression - including environmental justice, racism, and capitalism - in workplaces, schools, and communities. Oluo offers practical strategies for everyday people to create meaningful, lasting change.

Voting deadline: August 23 (8/23) by midnight

Vote in person on Sun 8/8,
8/15, or 8/22
OR
SCAN QR CODE
to VOTE NOW!



Next Anti-Racism
Meeting:
Thurs, 9/3 @ 5:30 PM

All are welcome!

Anchorage Unitarian Universalist Fellowship

[Click here to vote.](#)

Join Us for a Potluck Sendoff for TK & Marty!

Sunday, August 23, after the 11:00 service.

Longtime AUUF members and friends to many of us, TK and Marty, are leaving Alaska after their many decades here and relocating to Arizona. So we're throwing a party to celebrate them and give them a proper sendoff! You are warmly invited to join us for this celebration after service on Sunday, August 23. Bring a potluck dish or dessert to share!

WE INVITE YOU TO VIEW...



The Disappeared
Quilt Project



[HTTPS://WITNESSATTHEBORDER.ORG/QUILT](https://witnessattheborder.org/quilt)



Stand
With Immigrants



THESE QUILTS RAISE AWARENESS &
HONOR THE STORIES OF THOSE
IMPACTED- THOSE DISAPPEARED & THEIR
LOVED ONES.

QUILTS WILL BE ON DISPLAY AT
ANCHORAGE UNITARIAN UNIVERSALIST
FELLOWSHIP ON THE FOLLOWING
DATES/TIMES:

SUNDAY, AUGUST 16: 9AM-2PM
AUGUST 18, 19 & 20: 10AM-2PM
WEDNESDAY, AUGUST 19: 5PM-8PM
SUNDAY, AUGUST 23: 9AM-2PM
AUGUST 25, 26 & 27: 10AM-2PM

Choose Love, Not ICE.



SPONSORED WITH A GRANT PROVIDED BY
INTERFAITH ALLIANCE

[HTTPS://LOVENOTICE.ORG](https://lovenotice.org)

ANCHORAGE UNITARIAN
UNIVERSALIST FELLOWSHIP
2824 E 18TH AVE
ANCHORAGE, AK 99508

907-248-3737

WWW.ANCHORAGEUUF.ORG



We invite you to view The Disappeared Quilt Project at AUUF

These quilts raise awareness and honor the stories of those impacted- those disappeared and their loved ones. Quilts will be on display at AUUF on the following dates:

Sunday August 16, 9AM-2PM
August 18, 19 & 20, 10 AM- 2PM
Wednesday, August 19, 5PM- 8PM
Sunday August 23, 9AM-2PM
August 25, 26 & 27, 10 AM-2PM

Sponsored with a grant provided by Interfaith Alliance
lovenotice.org

Board Minutes

Did you know that you can access AUUF Board Minutes on the AUUF website? You can! Just go to the website, AnchorageUUUF.org, in the Newcomers box click "About AUUF," then scroll down to "Governance & Leadership," below info about the board you can find an archive of past board minutes including the June 2026 Board Minutes.

AUUF RE Registration 2026/2027

Hello Families!

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[Click here to register.](#)

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[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@AnchorageUUF.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@AnchorageUUF.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (she/her), Congregational Administrator

Admin@AnchorageUUF.org, 907.248.3737 x.1

Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director

907-248-3737 x4, Music@AnchorageUUF.org

Kelly Strycker, (she/her), Communications Specialist,

Communications@AnchorageUUF.org

Kelly's remote office hours Monday-Friday 9-1 PM

Rev. Rebecca Bernard, (she/her), Affiliated Community Minister
RBernard.AK@gmail.com

Dan Norton, AV Coordinator (he/him)
907-248-3737

Share the Care Team: sharethecare@AnchorageUUF.org

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ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Our Fellowship Thursday, August 20, 2026

This Week @ AUUF

Thursday, August 20

Friday, August 21

*12:00 – 2:00 pm Freethinkers in Person
Room 7

Saturday, August 22

8:30 – 10:30 am AA-Slap Happy Group at
AUUF Social Room

Sunday, August 23

*9:00 – 10:15 am The Forum
*11:00 am – 12:00 pm Sunday Worship
Service
4:00 – 5:30 pm Anchorage Friends
Meeting Sanctuary & Social Room
*5:00 – 9:00 pm Sunday Solidarity- All
are Welcome Social Room

Monday, August 24

Tuesday, August 25

*2:00 – 4:00 pm Knitting Group
Room 7
5:00-9:00 pm Private Rental

Wednesday, August 26

Thursday, August 27

6:30-8:00 pm Choir

Friday, August 28

*12:00 – 2:00 pm Freethinkers in Person
Room 7

*Open to AUUF Members & Friends

August to December Social Justice Pillar: Environmental Stewardship and Climate Change



The Forum IN person & on Zoom 9:00 AM Sunday, August 23
"A Brief History of the Coast Guard in Alaska"
Former Coast Guardsman Gene White

The Forum

Sunday August 23, 2026, 9:00 AM
IN- PERSON and on Zoom

"A Brief History of the Coast Guard in Alaska"
Former Coast Guardsman Gene White

[Click here to join on Zoom.](#)



Sunday Worship Service IN person & on Zoom 11:00 AM, August 23, 2026
"Continuing to Witness--the Spiritual Necessity of the Disappeared Quilts" Rev. Lise Adams Sherry, Dennis Arashiro

Sunday Worship Service

Sunday August 23, 2026, 11:00 AM
IN- PERSON and on Zoom

"Continuing to Witness--the Spiritual Necessity of the Disappeared Quilts"
Rev. Lise Adams Sherry, Dennis Arashiro

Introducing the AUUF Board

The FY27 Board for the Fellowship is now in place! We'll be gearing up for the new year at the Board retreat this weekend. Here are the folks who are engaged in AUUF oversight for the coming year:

President - Marty Freeman martyw@ak.net

Vice-President – George Bryson gfbryson@gmail.com

Treasurer – Doug Eby beacheby@alaskalife.net

Secretary – Mel Langdon

At-Large Members – Andrea Van Ravenswaay Annvan907@gmail.com

Laura Kabatt-Kennedy rabbittt@gmail.com

Kay Sind katherinsind@gmail.com

For photos and bios of the Board members, go to the AUUF website at <https://www.anchorageuuf.org/aboutmain>

We look forward to serving the Fellowship and welcome questions and suggestions. Catch our ear at the Sunday morning social hour or come visit a Board meeting – we meet at AUUF on the 3rd Wednesday of each month from 6:30-9:00 p.m.

Mark Your Calendars & Join Our Auction Team

Hey, AUUF, mark your calendars now for our annual dinner, awards ceremony and auction wrap-up for Saturday, Nov. 14. It's always such a lovely time together and we want to be sure it's in your calendar now. And speaking of the auction wrap-up, your small but mighty auction team would be thrilled to have another couple of members. We'll probably start planning in early October, so it's a very time-specific commitment. Plus, it's fun! If you're interested or want to learn more, please be in touch with Robin at akhills@ak.net or 907.244.9192.

Helping Hands Auction

Your AUUF Alliance is planning to have an auction to raise funds that will be used to contribute to the Fellowship. This on-line auction involves offering to share our skills with one another.

Do you love gardening, sewing/mending, knitting, playing with children, cleaning, organizing, car washing, genealogy, sharing and teaching tech skills?

Please think about what you might be able to offer as well as what you might want to purchase. Contact Kalen via email, kalensaxon@gmail.com or phone 907 244-8221, with a description of what you can offer, a photo and a starting bid suggestion.

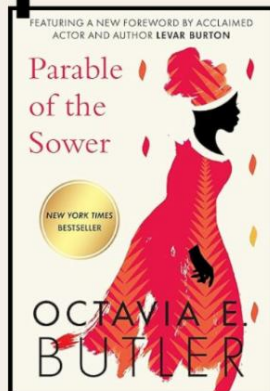
The auction will take place 9/24-10/4. A link will be sent to AUUF members and friends. We will gratefully receive your offers and hope that you will find something to bid on too!

Help Us Choose Our Next AUUF Book:

Anti-Racism Read

Vote for the book you'd most like to read and discuss together!

#1

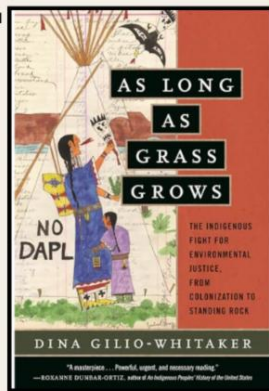


Parable of the Sower

Octavia E. Butler (1993)

In a near-future California ravaged by climate change and inequality, a young woman with hyperempathy syndrome journeys north to survive. She finds a new community based on the belief that change is the only lasting truth.

#2

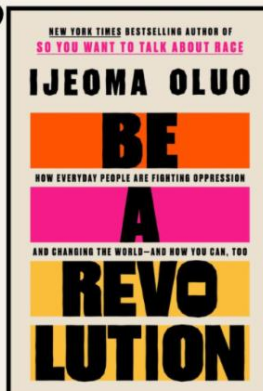


As Long as the Grass Grows

Dina Gilio-Whitaker (2019)

A powerful look at Native American history through the lens of environmental justice, from colonization to Standing Rock. Gilio-Whitaker explores how Indigenous peoples have fought to protect their lands and sovereignty.

#3



Be a Revolution

Ijeoma Oluo (2024)

A bold guide to dismantling systemic oppression - including environmental justice, racism, and capitalism - in workplaces, schools, and communities. Oluo offers practical strategies for everyday people to create meaningful, lasting change.

Voting deadline: August 23 (8/23) by midnight

Vote in person on Sun 8/8,
8/15, or 8/22
OR
SCAN QR CODE
to VOTE NOW!



Next Anti-Racism
Meeting:
Thurs, 9/3 @ 5:30 PM

All are welcome!

Anchorage Unitarian Universalist Fellowship

[Click here to vote.](#)

Join Us for a Potluck Sendoff for TK & Marty!

Sunday, August 23, after the 11:00 service.

Longtime AUUF members and friends to many of us, TK and Marty, are leaving Alaska after their many decades here and relocating to Arizona. So we're throwing a party to celebrate them and give them a proper sendoff! You are warmly invited to join us for this celebration after service on Sunday, August 23. Bring a potluck dish or dessert to share!

WE INVITE YOU
TO VIEW...



The Disappeared
Quilt Project



[HTTPS://WITNESSATTHEBORDER.ORG/QUILT](https://witnessattheborder.org/quilt)



Stand
With Immigrants



THESE QUILTS RAISE AWARENESS &
HONOR THE STORIES OF THOSE
IMPACTED- THOSE DISAPPEARED &
THEIR LOVED ONES.

QUILTS WILL BE ON DISPLAY AT
ANCHORAGE UNITARIAN UNIVERSALIST
FELLOWSHIP ON THE FOLLOWING
DATES/TIMES:

SUNDAY, AUGUST 16: 9AM-2PM
AUGUST 18, 19 & 20: 10AM-2PM
WEDNESDAY, AUGUST 19: 5PM-8PM
SUNDAY, AUGUST 23: 9AM- 2PM
AUGUST 25, 26 & 27: 10AM-2PM

Choose Love,
Not ICE.



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INTERFAITH ALLIANCE

[HTTPS://LOVENOTICE.ORG](https://lovenotice.org)

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2824 E 18TH AVE
ANCHORAGE, AK 99508

907-248-3737

WWW.ANCHORAGEUUF.ORG



We invite you to view The Disappeared Quilt Project at AUUF

These quilts raise awareness and honor the stories of those impacted- those disappeared and their loved ones. Quilts will be on display at AUUF on the following dates:

Sunday August 23, 9AM-2PM

August 25, 26 & 27, 10 AM-2PM

Sponsored with a grant provided by Interfaith Alliance
lovenotice.org

Board Minutes

Did you know that you can access AUUF Board Minutes on the AUUF website? You can! Just go to the website, AnchorageUUUF.org, in the Newcomers box click "About AUUF," then scroll down to "Governance & Leadership," below info about the board you can find an archive of past board minutes including the June 2026 Board Minutes.

AUUF RE Registration 2026/2027

Hello Families!

We are prepping for the start of the RE school year at AUUF. Please register your child(ren)/youth ASAP so we can get information updated for the year. Thank you!

[Click here to register.](#)

Fall Frolic Registration

Sept. 18 6:00 pm to Sunday, Sept. 20 12:00 pm

[Click here for more info.](#)



Religious Exploration

Classes will begin Sunday, August 23 for the school year. I'm looking to round up some new RE helpers this school year. We'll be adding another classroom to split up our largest group once again. Classrooms will be Pre-K, Grades K-1, Grades 2-4 and Grades 5-8.

The NEW Junior Youth Group (Grades 5-8) will begin in October- meeting monthly on a Friday evening. Thank you to all who supported the youth fundraiser of Pride merchandise. Pearl and Dougie staffed the table and collected over \$300 to go into our youth account. This will help to plan and fund any special events for youth group we may want to have or attend in the future.

Parent's/Grown-Up Night Out will return in October as well.

HS Youth events/activities will announced as planned and scheduled. HS OWL classes will run for seven consecutive Sunday mornings mid-January through February.

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Fall Frolic dates are September 18-20 at Birchwood Camp on Chugiak. Registration will be available mid-August and end on Thursday, September 3. Thanks again to ,The Alliance, for providing funds to pay for the food this year!

I think that is all the RE related news I have to share. Enjoy the remainder of the summer!

AUUF Religious Exploration Updates

[Click here to read.](#)

Volunteer for Sunday Hospitality through Sign-Up Genius

Please consider signing up to help make AUUF a warm and welcoming community. Encourage a friend or relative to join you! Every Sunday we need greeters, zoom ushers and Social Hour helpers to keep our kitchen tidy. Below is a link to the Signup Genius which includes downloadable directions on what to do. All you need is an email address and you will be sent an automatic reminder 2 days ahead of time. Thanks to all who continue to help!



Deer Park Buddhist Monastics: An Evening of Mindfulness

Tuesday August 25th at AUUF, 6:30 PM

Join Deer Park Monastics and our sangha community for The Art of Embracing What Is: Mindfulness Practice for Everyday Life, an evening of mindfulness in the tradition of Zen Master Thich Nhat Hanh. Through joyful singing, guided meditation, Dharma reflection, mindful movement, and Q&A, we'll explore how to meet life's joys and difficulties with greater mindfulness, compassion, and understanding.

Tuesday, August 25 • 6:30–8:30 PM Anchorage Unitarian Universalist Fellowship, 2824 E. 18th Ave. Free admission • Children welcome with a parent or guardian

Invitation to Study Deliberative Democracy

Dear Friends,

We'd like to invite you to join us for a study of deliberative democracy. Forms of participatory democracy- alternatives that go beyond what we are traditionally accustomed to are being experimented around the world. Come, learn with us what deliberative democracy is. "Deliberative democracy rests on the recognition that laws and policies gain their legitimacy not merely from a vote, but from a process of careful deliberation among citizen peers leading up to that vote. Its principal instrument is the citizens' assembly: a group of ordinary people — usually a hundred or more — chosen by sortition to be genuinely representative of the broader population, who engage in sustained facilitated discussion on a particular topic until they arrive at a considered recommendation." Jeremy Lent, Ecocivilization. Dates & Times: 6- 7:30 p.m. on September 9, 23, October 14, 28 Snacks, coffee, tea will be served.

For more details, please email Yaso at yaso.thiru@gmail.com with "Study Group" on the subject line.

Yaso Thiru & Erika Grant

AUGUST HALF PORTION FOR SOCIAL ACTION: NAMI Anchorage National Alliance on Mental Illness

We are deeply honored to be named the Anchorage Unitarian Universalist Fellowship's Half Portion for Social Action recipient for August 2026. The National Alliance on Mental Illness provides trauma-informed, evidence-based, peer-led support and education while advocating for mental health parity at the federal, state, and local level — and NAMI Anchorage takes that mission to support the mental health of every Anchorage resident seriously. In addition to facilitating the support groups and educational programs provided by the national organization, we work to create safe community spaces, because we know that isolation is one of the biggest risk factors for mental health challenges. We recently moved into our new home in the Umoja Coworking Building at 3001 Porcupine Street, and our doors are open to the public Tuesday through Saturday from 12 to 4. Come in, have a cup of coffee or tea and a snack. Peruse our library. Take advantage of our crafting room and the myriad donated supplies waiting to be turned into something beautiful. Enjoy the sunshine in our community garden — getting your hands dirty is optional, but recommended. Visit with Little Bit, our Crisis Dog in Training, or any of our staff and volunteers. Join us every Saturday for Community Crafternoons, the last Wednesday of

each month for our On The Menu lunch and learn, or quarterly for Mental Wealth, our community roundtable with dinner, and StoryTime. We believe that when you replace the I with We, illness becomes wellness — and that by offering unconditional acceptance and radical empathy, we can have a positive impact on the mental health of our entire community.

Like so many nonprofits right now, we are facing a funding crisis — and our deepest commitment is to keep every one of our programs free to the community, always. We often think about this: if every Anchorage resident gave just one dollar, we would be fully staffed and could stop writing grant applications and start spending every hour doing what we love — showing up for people. Your generosity this August brings us closer to that dream. Every dollar given through the Fellowship's Half Portion collection is a direct investment in peer support, safe spaces, and the simple but radical idea that no one in Anchorage should have to face their mental health journey alone. We are so grateful for the Fellowship's kindness, for this recognition, and for the values of compassion and community care that we so clearly share.

[Click here to see a calendar of NAMI Anchorage events.](#)

You can contribute in person at our Sunday services or online by visiting **anchorageuuf.org** click on Donate/ Pay on the home page. Enter your donation under “Half-Portion for Social Action.”

**Go to anchorageuuf.org
Click on Donate/ Pay
ON of the home page.
Enter your donation under
“Half-Portion for Social Action”**

How **NAMI** Anchorage Helps

National Alliance on Mental Illness

Free support. Free education. Free community.



PEER SUPPORT GROUPS

- **NAMI Connection** – Weekly, in-person peer-led support group (online options available through NAMI Alaska).
- **Family Support Group** – Meets three times a month in partnership with NAMI Alaska.

A safe, understanding space to share experiences, receive support, and learn coping strategies.

EDUCATION & AWARENESS

- **On the Menu** – Monthly speaker series, last Wednesday (in-person & Zoom).
- **Mental Wealth Roundtables** – Quarterly Community Roundtable discussion at 6 PM, dinner provided.
- **Lending Library** – Books and workbooks available for peers, family members, and caregivers.

COMMUNITY & CONNECTION

- **Community Craftafternoons** – Every Saturday
- **Community Garden** – Open Tuesday–Saturday, 12–4 PM.
- **Special Events** – Including quarterly Storytime, craft fairs and more

Collaborating with local partners to reduce isolation and strengthen connections.

WHY IT MATTERS

Isolation increases risk. NAMI Anchorage offers connection, compassion, and community—because no one should face mental health challenges alone.

CONNECT WITH US

- ✉ info@namianchorage.org
- 🌐 namianchorage.org
- 📘 [/namianchorage](https://www.facebook.com/namianchorage)
- 📷 [@namianchorage](https://www.instagram.com/namianchorage)



Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship

2824 E. 18th Avenue, Anchorage, AK 99508

(907) 248-3737

[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@AnchorageUUF.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@AnchorageUUF.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (she/her), Congregational Administrator

Admin@AnchorageUUF.org, 907.248.3737 x.1

Office Hours Usually Mon-Thu 11am - 3 pm, Please call first.

Esme Danner, (she/her), Music Director

907-248-3737 x4, Music@AnchorageUUF.org

Kelly Strycker, (she/her), Communications Specialist,

Communications@AnchorageUUF.org

Kelly's remote office hours Monday-Friday 9-1 PM

Rev. Rebecca Bernard, (she/her), Affiliated Community Minister
RBernard.AK@gmail.com

Dan Norton, AV Coordinator (he/him)
907-248-3737

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Friday, August 28

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8:30 – 10:30 am AA-Slap Happy Group at
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Service
4:00 – 5:30 pm Anchorage Friends
Meeting Sanctuary & Social Room
*5:00 – 9:00 pm Sunday Solidarity- All
are Welcome Social Room

Monday, August 31

Tuesday, September 1

*2:00 – 4:00 pm Knitting Group
Room 7
4:30 – 6:30 pm Forum Planning

Wednesday, September 2

3:30 – 5:00 pm Connections Team
Meeting on Zoom Library
5:00 – 6:30 pm CYRE Team Meeting - In
Person & Zoom Library
5:00 – 6:00 pm RE Meeting
7:00 – 8:30 pm Building & Grounds
Meeting - Zoom

Thursday, September 3

6:30-8:00 pm Choir
5:30 – 7:00 pm Anti-Racism Team
Meeting Library & Zoom

Friday, September 4

*12:00 – 2:00 pm Freethinkers in Person
Room 7

*Open to AUUF Members & Friends

August to December Social Justice Pillar: Environmental Stewardship and Climate Change



The Forum IN person & on Zoom 9:00 AM Sunday, August 30, 2026
"An Overview of Crime Victim Rights in the Alaska Criminal Justice System" Mike Shaffer, Alaska Office of Victims' Rights

The Forum

Sunday August 30, 2026, 9:00 AM
IN- PERSON and on Zoom

*"An Overview of Crime Victim Rights
in the Alaska Criminal Justice System"*
Mike Shaffer, Alaska Office of Victims' Rights

COMING UP AT THE FORUM. SUNDAYS AT 9:00-10:15 IN PERSON & ON ZOOM

The **Forum** speaker for **this Sunday, August 30**, will be **Mike Shaffer**, an attorney for the **Alaska Office of Victims' Rights**. Prosecutors represent the government when it is trying to convict someone accused of committing a crime, and defense attorneys represent the accused individuals. Mike will tell us about the role OVR plays in protecting the rights of crime victims dealing with the state's criminal justice system.

The following week, on **Sunday, September 6**, our Forum speaker will be **United States Congressman Jared Huffman**, who represents the area along the coast of California from the Golden Gate Bridge to the Oregon Border, and NOT coincidentally is the brother of Tim Huffman and brother-in-law of Katherine. Jared, who has spoken with us once before, has written a book called **"No Prophets: The Fight to Save Democracy from Christian Nationalism."** Tim may have some copies available that folks could purchase at or before the Sept. 6 Forum—we'll let you know.

[Click here to join on Zoom.](#)



Sunday Worship Service IN person & on Zoom 11:00 AM, August 30, 2026
"Having Your Cake and Eating it too."
Kay Sind & Dennis Arashiro

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Sunday August 30, 2026, 11:00 AM
IN- PERSON and on Zoom

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AUUF Fall Religious Exploration Updates

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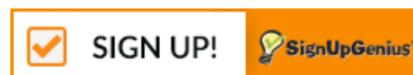
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Age in Place Anchorage Project-Steering Committee

Designed after the elder and senior support Aging at Home Fairbanks modeled on the [national "village" concept](#), a group of us in Anchorage are looking to create a Age in Place Anchorage project. The Anchorage group is looking for volunteers to serve on a steering committee-people who can provide their expertise and experience to get this project off the ground. Our meetings are on zoom. If you are interested or have questions please email: yaso.thiru@gmail.com

Invitation to Study Deliberative Democracy

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For more details, please email Yaso at yaso.thiru@gmail.com with "Study Group" on the subject line.

Yaso Thiru & Erika Grant

URGENT CALL FOR VOLUNTEERS

HI ANCHORAGE,

WE HAVE A STRING OF EVENTS COMING UP IN THE NEXT FEW WEEKS AND ARE IN URGENT NEED OF VOLUNTEERS - IF YOU CAN HELP WITH ANY OF THE SHIFTS BELOW, PLEASE EMAIL ANNIE@NAMIANCHORAGE.ORG, GIVE THEM A CALL AT 907.921.3857, SIGN UP ONLINE [HTTPS://WWW.TRACKITFORWARD.COM/SITE/NAMI-ANCHORAGE](https://www.trackitforward.com/site/nami-anchorage) OR SCAN THE QR CODE BELOW

SATURDAY, SEPTEMBER 12:

8AM-12PM YMCA HEALTH FAIR

1PM-6PM MOUNTAIN VIEW HEALTH FAIR

FRIDAY, SEPTEMBER 18:

9AM-2PM VA STAND DOWN

SATURDAY, SEPTEMBER 19:

1PM-4PM GIRL SCOUTS FAMILY FUN FEST



EVEN AN HOUR OR TWO MAKES A REAL DIFFERENCE - AND IF YOU HAVE A VEHICLE AND CAN HELP TRANSPORT SUPPLIES BETWEEN SITES, PLEASE LET US KNOW THAT SPECIFICALLY WHEN YOU RESPOND. IT WOULD BE AN ENORMOUS HELP

THANK YOU FOR EVERYTHING YOU DO FOR NAMI ANCHORAGE!

IN WELLNESS, ANNIE AND THE NAMI ANCHORAGE TEAM

AUGUST HALF PORTION FOR SOCIAL ACTION: NAMI Anchorage National Alliance on Mental Illness

We are deeply honored to be named the Anchorage Unitarian Universalist Fellowship's Half Portion for Social Action recipient for August 2026. The National Alliance on Mental Illness provides trauma-informed, evidence-based, peer-led support and education while advocating for mental health parity at the federal, state, and local level — and NAMI Anchorage takes that mission to support the mental health of every Anchorage resident seriously. In addition to facilitating the support groups and educational programs provided by the national organization, we work to create safe community spaces, because we know that isolation is one of the biggest risk factors for mental health challenges. We recently moved into our new home in the Umoja Coworking Building at 3001 Porcupine Street, and our doors are open to the public Tuesday through Saturday from 12 to 4. Come in, have a cup of coffee or tea and a snack. Peruse our library. Take advantage of our crafting room and the myriad donated supplies waiting to be turned into something beautiful. Enjoy the

sunshine in our community garden — getting your hands dirty is optional, but recommended. Visit with Little Bit, our Crisis Dog in Training, or any of our staff and volunteers. Join us every Saturday for Community Crafternoons, the last Wednesday of each month for our On The Menu lunch and learn, or quarterly for Mental Wealth, our community roundtable with dinner, and StoryTime. We believe that when you replace the I with We, illness becomes wellness — and that by offering unconditional acceptance and radical empathy, we can have a positive impact on the mental health of our entire community.

Like so many nonprofits right now, we are facing a funding crisis — and our deepest commitment is to keep every one of our programs free to the community, always. We often think about this: if every Anchorage resident gave just one dollar, we would be fully staffed and could stop writing grant applications and start spending every hour doing what we love — showing up for people. Your generosity this August brings us closer to that dream. Every dollar given through the Fellowship's Half Portion collection is a direct investment in peer support, safe spaces, and the simple but radical idea that no one in Anchorage should have to face their mental health journey alone. We are so grateful for the Fellowship's kindness, for this recognition, and for the values of compassion and community care that we so clearly share.

[Click here to see a calendar of NAMI Anchorage events.](#)

You can contribute in person at our Sunday services or online by visiting **anchorageuuf.org** click on Donate/ Pay on the home page. Enter your donation under “Half-Portion for Social Action.”

**Go to anchorageuuf.org
Click on Donate/ Pay
ON of the home page.
Enter your donation under
“Half-Portion for Social Action”**

How **NAMI** Anchorage Helps

National Alliance on Mental Illness

Free support. Free education. Free community.



PEER SUPPORT GROUPS

- **NAMI Connection** – Weekly, in-person peer-led support group (online options available through NAMI Alaska).
- **Family Support Group** – Meets three times a month in partnership with NAMI Alaska.

A safe, understanding space to share experiences, receive support, and learn coping strategies.

EDUCATION & AWARENESS

- **On the Menu** – Monthly speaker series, last Wednesday (in-person & Zoom).
- **Mental Wealth Roundtables** – Quarterly Community Roundtable discussion at 6 PM, dinner provided.
- **Lending Library** – Books and workbooks available for peers, family members, and caregivers.

COMMUNITY & CONNECTION

- **Community Craftafternoons** – Every Saturday
- **Community Garden** – Open Tuesday–Saturday, 12–4 PM.
- **Special Events** – Including quarterly Storytime, craft fairs and more

Collaborating with local partners to reduce isolation and strengthen connections.

WHY IT MATTERS

Isolation increases risk. NAMI Anchorage offers connection, compassion, and community—because no one should face mental health challenges alone.

CONNECT WITH US

- ✉ info@namianchorage.org
- 🌐 namianchorage.org
- 📘 [/namianchorage](https://www.facebook.com/namianchorage)
- 📷 [@namianchorage](https://www.instagram.com/namianchorage)



Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community.

We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian Universalist Fellowship.



Anchorage Unitarian Universalist Fellowship

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(907) 248-3737

[Website](#)

Rev. Lise Adams Sherry, (she/her), Minister,

RevLise@AnchorageUUF.org, 907-248-3737 x2,

Office hours are usually Tu 11-3; Th and F 11-3, and by appointment

Jennifer Bluntach, (she/her), Director of Religious Exploration

DRE@AnchorageUUF.org

Office hours usually are:

Sun 9am-11am, Tu 11am-3pm, Thu 11am-3pm, and by appointment

Esme Danner, (she/her), Congregational Administrator

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Share the Care Team: sharethecare@AnchorageUUF.org

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