

Today At Your Fellowship Friday January 1, 2021



This Sunday @ AUUF on Zoom

Sunday 1/3/2021

9am Virtual Forum

11am Virtual Worship

Zoom links for public meetings always available on the calendar www.anchorageuuf.org

Religious Exploration 10:15am RE Virtual Chalice Circle

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Internet News Paper Truth Presidentics Social Media Hacking Social Media Hacking Proof Fake News Paper Truth Presidentics Fake News Paper Truth Presidentics Social Media Hacking Social Media Republican Republican Media Republican Media Republican Media Republican Republican Media Republican Republican Republican Republican Repu





Social Media Literacy in the Disinformation Age
With Paola Banchero

Virtual Forum

9am Sunday January 3, 2021

Click here to join on Zoom Click here for Speaker Bio





Twelfth Night

With Rev. Lise Adams Sherry

Virtual Worship

11am Sunday January 3, 2021

Click here to join on Zoom

Adult Religious Exploration with Rev. Lise

Beginning January 5, 7 pm, Rev. Lise will facilitate the Tapestry of Faith curriculum, What Moves Us. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys. Classes will be on the 1st and 3rd Tuesdays of the month through May. Contact Rev. Lise if you have any questions.

New Small Group forming!

A message from Rosene & Religious Exploration

Has social distancing made you a little lonely? Would you like some folks you can listen to and who will listen to you as you talk about some ideas, both big and small?

We learn so much about ourselves and each other when we listen with an open mind and heart and respond without judging.

Small groups can fill some of our need for connections.

Current Small groups will continue, but if you are interested in getting involved in a group, please let us know. If there is enough interest, we will be starting a new group in January. This group will take a lot of directions from members. An initial meeting or exchange of views on email will decide on the best time to meet; it will probably be a weeknight evening,

for approximately an hour and a half, meeting twice a month. The group can then decide how much to use the very good resources that UUA provides on topics through the Soul Matters program, and how much the group wants to make up some topics on its own. A group last year used a mix of both.

Probably the group will meet through May, all on Zoom, with fingers crossed that new groups in the fall might actually be able to gather again in one room.

Though Zoom groups miss something for sure, there is no winter driving to contend with and the meeting is equally convenient no matter what part of town you live in. Call or email Rosene Beachy at rbeachy@alaskalife.net or 907-441-6815, if you have questions or want to join.

Starting January 13, a new Wednesday group with room for a few more!

Connecting During COVID: Fireside Chat for Adults

Come join our AUUF Connections Team over Zoom with your tea or toddy for some friendly conversation!

Monthly Connections on Zoom January 6, 6:30-8:00 pm for ages 18 and up

to know vou!

Our December meeting was great fun, with about 10 of us sharing what we came away with from the AUUF auction, and even playing online Pictionary! You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want. This informal event is a great way for newcomers to get to know a few people, and for us

There's no special agenda planned, but our friendly hosts Andrea Van Ravenswaay and Rebekah Weicht will keep you engaged with thoughtful icebreakers. We'll offer this every first Wednesday of the month until further notice.

Join Zoom Meeting Jan. 6, 2020 06:30 PM.

Find the link on the calendar on <u>our homepage.</u>
If you have any questions, please email **connections@anchorageuuf.org**

Celebration of Life Service for Shirley Dickens

There will be a virtual Celebration of Life service for Shirley Dickens via Zoom on Saturday, January 23rd at 11:00 am. Shirley was a member of the AUUF for over 40 years, held many, many volunteer leadership roles over those



decades, and was beloved by many members and friends. The 23rd would have been her 85th birthday, so it's an especially appropriate day to celebrate a wonderful life that touched so many people in a positive manner, Please bring to your Zoom screen, as you are able, your own candle to light and some bubbles to blow at the end of the service. The Alliance will have some small bubble containers that can be picked up before the service for those who would like. Look for the Zoom link on the AUUF home page or in the Today at Your Fellowship (TAYF) communications in the week or two before the 23rd . If you have any questions, you are welcome to contact me by email at reverent.ruth@gmail.com
Ruth Greenwood

Stewardship Pledge Talk

Click here, or the image to view the video



Submit your Recommendations for 2021 Half-Portion Recipients

Kalen Saxton

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After the vote, the congregation will be informed of the twelve recipients selected for 2021.

Soul Matters Playlists

• On Spotify



• Archive of Playlists







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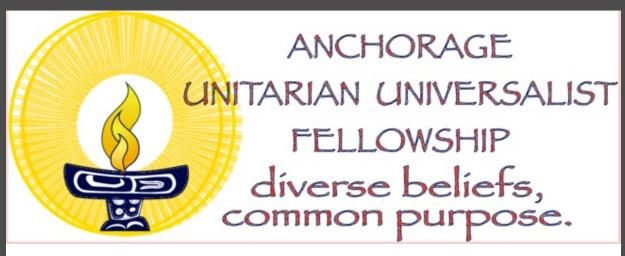




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Today At Your Fellowship Monday January 4, 2021



Listen to Mustn'ts, child, listen to the Don'ts.

Listen to the Shouldn'ts, the Impossibles, the Won'ts.

Listen to the Never Haves, then listen close to me.

Anything can happen, child, Anything can be.

Shel Silverstein

This Week @ AUUF on Zoom

Monday 1/4/2021

Tuesday 1/5/2021

10am Gentle Beginners Yoga 4:30pm Forum Planning Meeting 6pm Connections Team 7pm Adult RE with Rev. Lise

Wednesday 1/6/2021

6:30pm Fireside Chats with the Connections Team 7pm Building & Grounds Meeting

Thursday 1/7/2021

Saturday 1/9/2021

Sunday 1/10/2021

9am Virtual Forum

Insider view of Alaska Airlines in these challenging times
Marilyn Romano,
Vice President of Alaska Airlines

11am Virtual Worship

Imagination & Boredom Rev. Lise Adams Sherry

Friday 1/8/2021 12pm Freethinkers

Zoom links for public meetings always available on the calendar www.anchorageuuf.org

Religious Exploration 10:15am RE Virtual Chalice Circle

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net



Gentle Beginners Yoga 10am Tuesday January 5, 2021

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination

of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to Yoga Collective AK for zoom link and class details.

Adult Religious Exploration with Rev. Lise

7pm Tuesday January 5, 2021

Beginning January 5, 7 pm, Rev. Lise will facilitate the Tapestry of Faith curriculum, What Moves Us. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys. Classes will be on the 1st and 3rd Tuesdays of the month through May. Contact Rev. Lise if you have any questions.



Connecting During COVID: Fireside Chat for Adults

6:30-8:00pm Wednesday January 6

Come join our AUUF Connections Team over Zoom with your tea or toddy for some friendly conversation!

Monthly Connections on Zoom - For ages 18 and up

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Freethinkers

12pm Friday January 8, 2021

President Barack Obama's *A Promised Land* continues to lure us into the life and thinking of our former President. Obama is an excellent storyteller who wears his humanity on his sleeve while guiding us through a graduate seminar on the machinations of our political



system and government. Politics had already turned quite nasty sixteen years ago and Obama is (perhaps inadvertently) giving us a glimpse of what likely lies ahead for President Biden.

We invite you to join Freethinkers Friday Noon on Zoom as we journey to the end of chapter 19.



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AUUF Joys & Sorrows from Sunday Worship Jan. 3

From Cari & Dave: Cold, clear sunshine, the full moon glistening on snow, rime ice on trees! Concerns regarding the increase in GOP election result deniers.

From Diane Smith (she/her): Willem Meehan, who is 20 & was a part of our youth here for years (and did lots of childcare), says it's ok to share this with you all: He has been diagnosed with melanoma, and will have surgery this

week. He hopes that will be the end of it, but they have to test his lymph nodes to see if cancer is anywhere else in his body. He & my daughter, Charlotte, are together at our house. His mom, Laura, is doing much better these days.

From Lilli Crites Flesher: Concerned for my daughter Rose in San Diego as she enters an engagement to a man she has been with for several years; joy also for them, and hope for their union.

From Lucinda Kinard: Wray's toe is still not whole, but maybe new therapies will help. we had a sun filled drive Friday to Glen alps and great views of pink mountains and hoar

frost

From Judy Engh: Love the blue skies and crisp fresh air

From Koala and Susan: We are into the 2nd round of vaccines next week at ANMC...it's happening!

From Melissa (39) Eedaa (4): I'm grateful for and humbled by the healthcare community. I am saddened by news of a young person's suicide in Fairbanks.

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Kalen Saxton

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Soul Matters Playlists

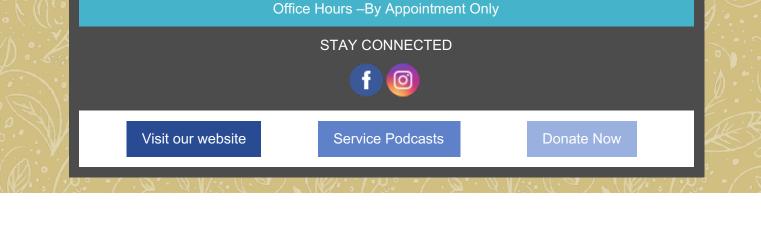
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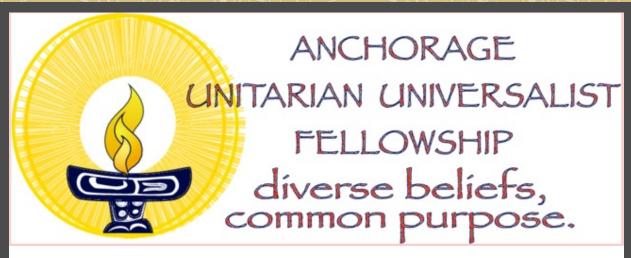






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This Sunday @ AUUF on Zoom

Sunday 1/10/2021

9am Virtual Forum

Insider view of Alaska Airlines in these challenging times Marilyn Romano, Vice President of Alaska Airlines

11am Virtual Worship

We Persist: Pathways to Strength and Compassion Rev. Lise Adams Sherry

Zoom links for public meetings always available on the calendar www.anchorageuuf.org

Religious Exploration

10:15am RE Virtual Chalice Circle

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The Log January

Click here to view pdf





The View from Inside Alaska Airlines

Marilyn Romano, Vice President of Alaska Airlines

Virtual Forum

9am Sunday January 10, 2021

Click here to join on Zoom. Click here for Speaker bio





We Persist: Pathways to Strength and Compassion

Rev. Lise Adams Sherry

Virtual Worship

11am Sunday January 10, 2021

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DO YOU WANT TO FOLLOW UP WITH SISTER HELEN PREJEAN READING AND THINKING ABOUT A PERSONAL JOURNEY TO SOCIAL ACTIVISM?

When anti-death penalty activist and author Sister Helen Prejean spoke to the Forum in

December, she generously offered to "come back" again for a session with people interested in reading her new book, "River of Fire: My Spiritual Journey." It is about her path to activism, and for those of you who are interested in personally journaling about your thoughts and reactions as you read it, Sr. Helen will spend some additional time with us to facilitate this process—a half hour introductory session to kick off the process, and another hour to wrap it up, both on Zoom through AUUF. The exact dates haven't been set yet, but we are looking at doing the initial session with her probably in mid-February, and the final session three to four weeks later.

This timing should allow people to do two things you will need to do to prepare: 1) Get a copy of the book, *River of Fire*, and 2) read the book or watch the movie *Dead Man Walking*, or one other film related to the start of her personal journey, that Sr. Helen has suggested we do before our introductory encounter with her. You can find the specifics in a set of notes Sister Helen has sent us that describes what she has in mind, with some suggestions about reading and journaling, that you can find here.

Some will want to do this as an individual, personal exercise, others may want to form or join a small group to share the experience between the opening and closing sessions with Sr. Helen. That is entirely up to you. We will plan to keep you posted of more detailed information about this in announcements in Today at Your Fellowship and at the Forum in the coming weeks.

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Submit your Recommendations for 2021 Half-Portion Recipients

Kalen Saxton

The last day to submit a Nomination Form for additional charitable organizations to consider for the 2021 Half-Portion Recipients voting is TODAY Friday January 8, 2021

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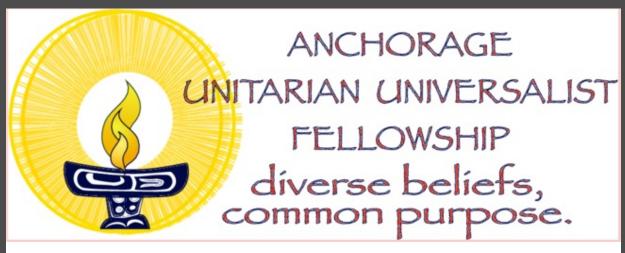




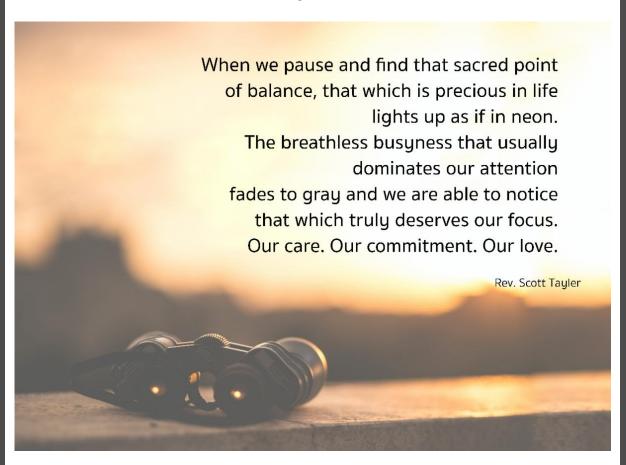
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Today At Your Fellowship Monday January 11, 2021



This Week @ AUUF on Zoom

Monday 1/11/2021

Tuesday 1/12/2021
10am Gentle Beginners Yoga
2pm Hungry Book Club
4pm Board Executive Meeting
6pm CYRE Meeting
7pm Stewardship Meeting

Sunday 1/17/2021

9am Virtual Forum

With Representative Ivy Spohnholz

11am Virtual Worship

The Impossible Will Take a While With Rev. Lise Adams Sherry

Wednesday 1/13/2021
10am Nominating Committee
6pm Safer Congregations Team
Meeting
7pm Small Groups With Susan
Orlansky
8pm Virtual Youth Hangout

Thursday 1/14/20216:30pm Pastoral Care Team 7pm Choir Practice

Friday 1/15/2021 12pm Freethinkers

Saturday 1/16/2021

Religious Exploration 10:15am RE Virtual Chalice Circle

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Go to **Yoga Collective AK** for zoom link and class details.

Freethinkers

12pm Friday January 15, 2021

Freethinkers are racing through Promised Land by President Obama. This week we plan on reading to the end of Chapter 22. You are welcome to join Freethinkers Friday Noon on Zoom

Skills Inventory

As we begin the critical work of establishing a Healthy Congregations Team, one of our first tasks is to create a skills inventory of AUUF members and friends. To be absolutely clear, this is not a request for you to join the team (although we certainly welcome new members) and by responding you're not agreeing to serve on the team. You're simply letting us know what skills

we, as a congregation, already have. So, if you have skills in communication, mediation, active listening, including facilitating listening circles, conflict resolution or others you think helpful, please let Amanda Mack know so she can begin our list. This is such important work and we very much appreciate your help with this first step.

amdamack@gmail.com



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Holiday Choir Performance



Intergenerational Climate Circle

Thursday, January 14 at 4-5:30 pm PT / 5 MT / 6 CT / 7 ET



As the climate movement mobilizes for this important decade of action, grounding in intergenerational wisdom is a powerful tool. UU lay and professional leaders and social/eco-justice activists are invited to participate in intergenerational dialogue to share stories, memories, and lessons of social movements past and present. These spaces are intended to cultivate a deeper understanding and relationship among and between generations. Co-hosted by UU Young Adults for Climate Justice Network, UU Ministry for Earth, UUA Green Sanctuary

Program, and Elders Climate Action.

Click here to register
Visit UU Ministry for Earth online

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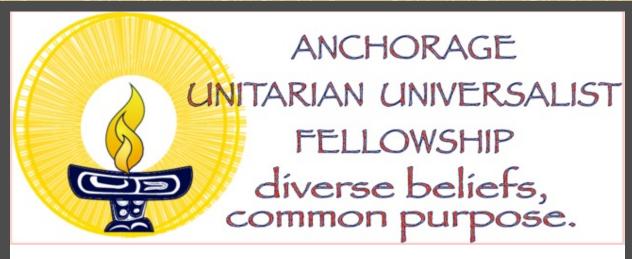




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Alaska at the Crossroads: New Session, New Budget, Tough Challenges AK State Representative Ivy Spohnholz

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The Impossible Will Take a While Rev. Lise Adams Sherry

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Office Hours Next Week

The Alliance is making available small bottles of bubbles to use



during Shirley Dicken's Celebration of Live on Saturday, January 23. To make it easier for participants to pick one up at AUUF, Peggy will be at the office on Tuesday and Thursday from 11-4pm, and on Wednesday and Friday from 10-2pm. Come to the southeast door and ring the doorbell if it is not open.

Fred Meyer's Community Rewards Program Is AUUF Your Beneficiary?

We just received over \$60 in donations from the Fred Meyer's Community Rewards Program for the last 3 months, thanks to 19 households who designated AUUF as their organization of choice. This is such an easy way to give a little extra to AUUF without it costing you a dime. You still receive your own awards and coupons, and the Kroger Company (Fred Meyer's parent company) sends a percentage of your spending to us. What a deal! To learn more and to sign up, go to Fred Meyer and the Community Rewards Program at the bottom of the page.



UU Congregations, Fellowships & Churches,

Your members and friends are cordially invited to join us for our VIRTUAL Seminary for a Day on Saturday, January 30, at First Unitarian Portland. This year's spiritual theme is entitled, Success, Failure, and Everything In Between.

Our keynote speaker is the Rev. Meg Riley, co-moderator of the UUA, the highest volunteer office of our movement. Rev. Riley spent 37 years as a UU religious professional, including stints as the UUA's Director of (then) LBG Concerns, Director of the UUA Washington Office, and Head of the Advocacy and Witness Staff Group.

At Seminary for a Day Rev. Riley is eager to share what she has learned and reflect on how our faith's past weaknesses, successes and failures can help us now in our pursuits of equality and justice. She will explore the topic through the lens of our work in welcoming LGBTQ+ people and the lessons that have come from that work.

Details: Saturday, January 30, 2021

9:30 a.m. - 12:00 p.m. Pacific Standard Time 10:30 a.m. - 1:00 p.m. Mountain Standard Time 11:30 a.m. - 2:00 p.m. Central Standard Time 12:30 p.m. - 3:00 p.m. Eastern Standard Time

Registration is open until 11:00 a.m. on Friday, January 29th. You will receive a Zoom link via



Book Sale Written Reflections on Our Country – Do you have time to read and consider?

We have a number of sets of great thought-provoking books that were purchased for AUUF sponsored Common

Read activities that are no longer needed. They are not necessarily easy reads, but definitely worthwhile! Since together they cost us over \$1000 and are just sitting here, we would like to get them into your hands, hearts, and minds.

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Stewardship Talk

Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







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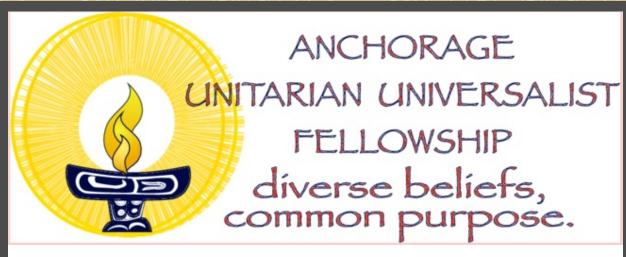
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Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours -By Appointment Only

STAY CONNECTED









Today At Your Fellowship Tuesday January 19, 2021



You can either think that the world is getting better or that the future will be much better than it is now, or you can think that the world is getting worse.

But that continuum isn't as important to me, actually, as this idea of, do you think you have agency in this world that is either getting better or worse?

Angela Oguntala

This Week @ AUUF on Zoom

Tuesday 1/19/2021

4:30pm Finance Committee Meeting 7pm Adult Religious Education with Rev. Lise- cancelled

Wednesday 1/20/21

4-6pm Board Meeting 8pm Virtual Youth Hang Out

Thursday 1/21/21

7pm Choir Practice

Friday 1/22/21 12pm Freethinkers

Sunday 1/24/21

9am Virtual Forum

Why the Arctic Council and Arctic Policy Matter to Alaska With UAA Prof. Diane Hirshberg

11am Virtual Worship

Getting into your "opponents" head . . . with empathy!
With Rev. Lise Adams Sherry

Religious Exploration

Thinking outside the box "Roxaboxen"

Saturday 1/23/21

11am Celebration of Life for Shirley Dickens

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

10:15am RE Virtual Chalice Circle

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Adult Religious Exploration with Rev. Lise Tonight cancelled

Rev. Lise regrets to inform you that she needs to cancel tonight's class, What Moves Us. She will pick up with you all at the next scheduled class time, February 2, at 7 pm via our Zoom link on the **AUUF calendar**.

Thanks for your understanding.

Board of Directors Meeting

4pm Wednesday January 20

Zoom into your AUUF Board of Directors Meeting Wednesday 1/20 Your Board meets on the third Wednesday of each Month. As of this month, meetings convened at 4:00pm on Zoom. The link will appear on the AUUF Homepage calendar on Wednesday. Contact Sid McCausland for a copy of the agenda.

Choir Practice

7pm Thursday January 21

Click here to join on Zoom.

Freethinkers

12pm Friday January 22

Freethinkers are fascinated by the insights, detail, and contemporary relevance of a *Promised Land* by President Obama. This week we are reading to the end of Chapter 24. You are welcome to join <u>Freethinkers Friday Noon on Zoom</u>



Office Hours

The Alliance is making available small bottles of bubbles to use during Shirley Dicken's Celebration of Live on Saturday, January 23. To make it easier for participants to pick one up at AUUF, Peggy will be at the office on Tuesday and Thursday from 11-4pm, and on Wednesday and Friday from 10-2pm. Come to the southeast door and ring the doorbell if it is not open.

Celebration of Life Service



for Shirley Dickens

Saturday, January 23rd at 11:00 am

There will be a virtual Celebration of Life service for Shirley Dickens via Zoom on Saturday, January 23rd at 11:00 am. Shirley was a member of the AUUF for over 40 years, held many, many volunteer leadership roles over those decades, and was beloved by many members and friends. The 23rd would have been her 85th birthday, so it's an especially appropriate day to celebrate a wonderful life that touched so many people in a

positive manner, Please bring to your Zoom screen, as you are able, your own candle to light and some bubbles to blow at the end of the service. The Alliance will have some small bubble containers that can be picked up before the service for those who would like. Look for the Zoom link on the AUUF home page calendar. If you have any questions, you are welcome to contact me by email at reverent.ruth@gmail.com
Ruth Greenwood



30 Days of Love!

Dear Ones,

Now more than ever, we need to focus of positive aspects in our lives as we work to find common ground to come together with those who have different perspectives. To help us, the UUA has put together their annual 30 Days of Love campaign. I hope you'll join me in doing some of the activities they are encouraging us to do. Below is the link to more information.

Blessings, Rev. Lise

For more info click here.



Stewardship
Talk
With Berta Gardner



Book Sale
Written Reflections on Our
Country – Do you have time to
read and consider?



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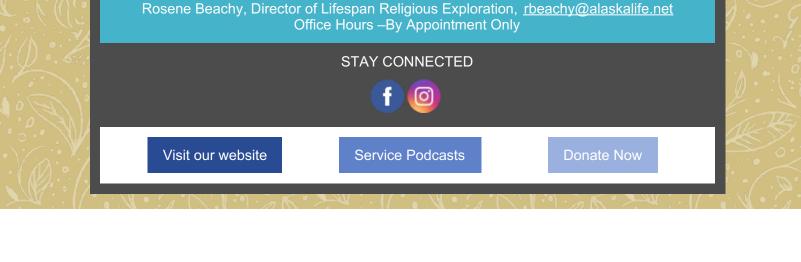
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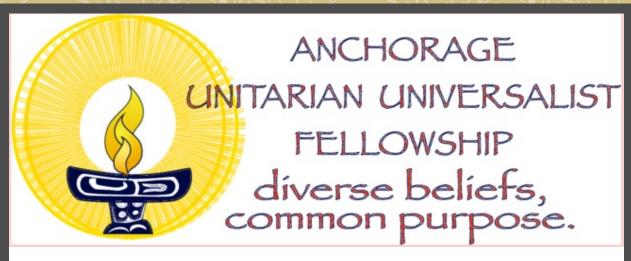
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Today At Your Fellowship Friday January 22, 2021

This Sunday @ AUUF on Zoom

Saturday 1/23/21

Celebration of Life For Shirley Dickens

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

Sunday 1/24/21

9am Virtual Forum

Religious Exploration
10:15am RE Virtual Chalice Circle
Thinking outside the box "Roxaboxen"

11am Virtual Worship

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net



Celebration of Life for Shirley Dickens 11am Saturday January 23

Please join us for a Virtual Celebration of Life service for Shirley Dickens via Zoom on Saturday, January 23rd at 11:00 am. Shirley was a member of the AUUF for over 40 years, held many, many volunteer leadership roles over those decades, and was beloved by many members and friends. The 23rd would have been her 85th

birthday, so it's an especially appropriate day to celebrate a wonderful life that touched so many people in a positive manner.

Please bring to your Zoom screen, as you are able, your own candle to light and some bubbles to blow at the end of the service.

If you have any questions, you are welcome to contact me by email at reverent.ruth@gmail.com

--Ruth Greenwood

Click here to join on Zoom.
You can also find Zoom in on the Calendar on the AUUF homepage





Why the Arctic Council and Arctic Policy Matter to Alaska With UAA Prof. Diane Hirshberg

Virtual Forum

9am Sunday January 24

Click here to join on Zoom. Click here for Speaker Bio.





Getting into your "opponents" head . . . with empathy! With Rev. Lise Adams Sherry

Virtual Worship

11am Sunday January 24

Click here to join on Zoom.

Religious Exploration

10:15am RE Virtual Chalice Circle

January 24 – Thinking outside the box "Roxaboxen" Jan 31 – Visiting other worlds "Soar"

ZOOM Chalice Circles

<u>Click here to join on Zoom.</u>

Meeting ID: 975 9230 9093



Jr Youth Hang Out - Sunday 6:30 - 7:30

5th– 8th grade have fun with games, food adventures, multi media and discussions

This week -brownie in a mug!

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Donation Tax Statements

Donation tax statements for the calendar year 2020 were emailed and snail mailed on Wednesday to everyone for which we had email or regular addresses. If you did not receive yours and it is not in your spam folder, contact Peggy at **admin@anchorageuuf.org** or call 907-248-3737 x1 and leave a message. Of course, contact Peggy also if you have questions about it.

Remembering Chris Lowe

Feb 22, 1943 - Jan 13, 2021

Christopher Low was a great man who loved his family and Alaska. He left us on the morning of Jan. 13, 2021. He made an impact in countless lives through his decades of service as a teacher at Ilisagvik college, Alaska Pacific University and the Anchorage Literacy Program. A loving husband for 40 years, he is preceded in death by wife Linda, and survived by sister Martha Nichols; brother Kevin Low; children Adam, Emily and Brennan Low; and grandchildren Gabriel, Dylan and Mariana.

Click here to read more.

Need Some Financial Help?

Contact Rev. Lise (907.248.3737) who has congregational funds designated for just this purpose. Read on for why you should contact her. :-)

It has been a tough year. We're coming up on the anniversary of being socially distant from all of our loved ones, not being able to visit family during holidays and other important events such as weddings and memorials. We've been homeschooling, juggling work and caregiving for others in ways we might never have imagined. The scaffolding of regular events that supported our lives has been completely set aside. Underneath all of us this is the concern we all have of getting sick or someone close to us getting sick. It's a lot to continually cope with.

Now imagine having to face all this without one's regular financial security.

I have friends and family members that have been scrambling to keep food in the refrigerator and their rent paid. Saying it has been difficult is an understatement. And, it's nothing to be ashamed of. These are extraordinary times. I know we keep saying that, and it keeps being true.

Fortunately, at AUUF we have some regular mechanisms for collecting funds for those who might need some help. At the moment we have over \$6000 in the Minister's Caring Fund. I fear that people haven't been asking me about help because they're embarrassed or they think someone else might need it. Please don't be embarrassed. Please ask. Caring for each other is one of the

many reasons we come together as a community.

If it makes any difference, I too, have been in places in my life where I needed some financial help and family and friends stepped up to help out so we could pay some unexpected bills or to help with a few extras that made life a little more enjoyable. Some of those friends were members of my congregation before I was a minister--I'm so grateful for their support. And now, I try to pay it forward when I can.

We all need help, in many ways, at different times in our lives. If right now your finances are causing extra stress on top of everything else we're experiencing, please let me know. Your congregation has provided a way to help for just these circumstances. Please be in touch.

Blessings and love,

Rev. Lise



UU Congregations, Fellowships & Churches,

Your members and friends are cordially invited to join us for our VIRTUAL Seminary for a Day on Saturday, January 30, at First Unitarian Portland. This year's spiritual theme is entitled, Success, Failure, and Everything In Between.

Our keynote speaker is the Rev. Meg Riley, co-moderator of the UUA, the highest volunteer office of our movement. Rev. Riley spent 37 years as a UU religious professional, including stints as the UUA's Director of (then) LBG Concerns, Director of the UUA Washington Office, and Head of the Advocacy and Witness Staff Group.

At Seminary for a Day Rev. Riley is eager to share what she has learned and reflect on how our faith's past weaknesses, successes and failures can help us now in our pursuits of equality and justice. She will explore the topic through the lens of our work in welcoming LGBTQ+ people and the lessons that have come from that work.

Details: Saturday, January 30, 2021

9:30 a.m. - 12:00 p.m. Pacific Standard Time 10:30 a.m. - 1:00 p.m. Mountain Standard Time 11:30 a.m. - 2:00 p.m. Central Standard Time 12:30 p.m. - 3:00 p.m. Eastern Standard Time

Registration is open until 11:00 a.m. on Friday, January 29th. You will receive a Zoom link via email before the event.

Click here to register.

Scholarships are available. Contact Peg at admin@ anchorageuuf.org or 907-248-3737x1



Stewardship Talk With Amanda Mack





Book Sale Written Reflections on Our Country – Do you have time to read and consider?

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Next Week Sunday Worship with Fairbanks

10:30am- DIFFERENT TIME Sunday January 31

Imbolc: Celebrating the Coming Spring

Speakers: Molly Lemen, Silvia Deaumichen, Rev. Leslie

Beloved of the Irish, Brigid is the face of the Mother Goddesses. On Imbolc, our pagan siblings in faith celebrate the returning Spring and all that comes along with it — fertility, abundance, the resurgence of all life within nature. A fire Goddess, Brigid feeds the fires of inspiration, of the life spark and the physical fire that transforms. It is her voice which calls in our hearts urging us to come to her sacred well and cleanse ourselves of that which we no longer need or is unhealthy. Join us as we learn the story of Brigid and how we too can celebrate this ritual of cleansing as we see the light of spring return to the world.

Click here to join on Zoom.

Soul Matters Playlists

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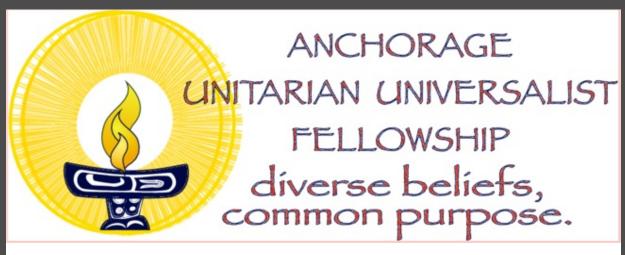




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Service Podcasts

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Today At Your Fellowship Monday January 25, 2021



Imagination is a danger, thus every totalitarian regime is frightened of the artist.

It is the vocation of the prophet to keep alive the ministry of imagination to keep on conjuring and proposing alternative futures to the single one the king wants to urge as the only thinkable one.

Walter Brueggemann

This Week @ AUUF on Zoom

Monday 1/25/21 Tuesday 1/26/21 10am Gentle Beginners Yoga 6-8pm Program Council

Wednesday 1/27/21 1pm Coming of Age M&M

Thursday 1/28/21

Friday 1/29/21 12pm Freethinkers

Saturday 1/30/21

Zoom links for public

Sunday 1/31/21

9am Virtual Forum
Songs of Social Movements—Do You Hear
What I Hear?
Cal Williams and Megan Webb

Religious Exploration
10:15am RE Virtual Chalice Circle

10:30am Virtual Worship
Imbolc: Celebrating the Coming Spring
Speakers: Molly Lemen, Silvia Deaumichen,
& Rev. Leslie

To learn how to participate in Religious

meetings always available on the calendar on the <u>AUUF</u> homepage.

Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Gentle Beginners Yoga

10am Tuesday January 24

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to Yoga Collective AK for zoom link and class details.

Program Council Meeting

6:00-8:00pm Tuesday, January 26th See AUUF calendar on the homepage for Zoom link

Freethinkers

Noon Friday January 29

A Promised Land opens with President Barack Hussein Obama II's unique childhood and concludes in the aftermath of our Nation's Seal Team Six raid on a compound in Abbottabad in May 2011. Sweeping us along on his journey, Obama's lifetime of journaling allows him to write with exacting detail, clarity, candor, humility, and humor about the unique arc of his life that took him to the most powerful position in the land - a position where the opposition conspired to thwart his every initiative.

Freethinkers are reading to the end of volume one of this mesmerizing memoir this week as our Nation confronts the reality of a fractured republic hoping to restore its promise. In his *Preface*, the President writes,

We will learn to live together, cooperate with one another, and recognize the dignity of others, or we will perish. And so the world watches America—the only great power in history made up of people from every corner of the planet, comprising every race and faith and cultural practice—to see if our experiment in democracy can work. To see if we can do what no other nation has ever done. To see if we can actually live up to the meaning of our creed.

(Obama, Barack. A Promised Land (p. xvi). Crown. Kindle Edition) As Unitarian Universalists, we are called to do our part to help our Nation "live up to the meaning of our creed."

You are invited to join Freethinkers Friday Noon on Zoom.



AUUF Joy & Sorrows

From Sunday Service 1/24/21

From Andrea Kavlaq Van Ravenswaay: Joy: spending time last night at the Botanical Garden light show with some UU friends and bumping into UU friends! Concern: Hoping Wray's foot gets better!!

From Cady Lynn: joy- We are happy to welcome David Thomas to our family, born on

Thursday.

From Ann Larabee: Thankful for a beautiful service for Shirley Dickens yesterday. So good to celebrate her life.

From Joyce (she/her/joyous!): I am concerned for those who are experiencing physical and/or psychological challenges....

From Kellie Rixse: Concern for my son, Cody who returned to college 2 weeks ago and is struggling emotionally. He feels very lost. He's missing is family. He's still having trouble with his lungs. He feels he lost opportunities. Please send his light and love.

From Cari & Dave: Joy to have intelligence, science and compassion guiding our leadership. Continued concern for the idea of fact vs. "alternative fact" — thanks for the guidance this morning, Rev Lise.

Religious Exploration - Mystery Pals in March:

We still have a ways to go until Summer and/or being free of Covid. We'd like to set up a safety screened adult from our fellowship to be a Pal to your child or youth. We anticipate the connection to be with mail, email or phone. We will match pals the beginning of March. There will be a Zoom revealing of the Pal on March 21, 1:00 - 2:30pm.

Let Rosene or our office know by email, text or phone to include your child or youth. We need adult pals as well, please fill out the Pal forms and email to: rbeachy@alaskalife.net

Click here to sign up -Adult form Click here to sign up-Child form

Valentines Tailgate Box Lunch Bash

Where: AUUF parking lot

When: February 14, 1:00 - 2:30

What: It's a tailgate party and a Box lunch competition all in one!

Find a box or basket or cooler big enough for lunch for you and your sweeties.

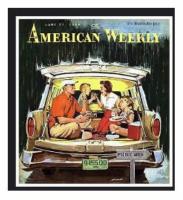
Decorate creatively in a Valentine type of way. Fill with favorite picnic foods your sweeties love.

There will be awards for all types of decorations, ie. Handsomest, silliest, sweetest, and more. Come to the Fellowship prepared to sit in the back of your vehicle, or in chairs outside. Dress for the weather! Hopefully sunny and warm! A

yummy prize for everyone!

Why?: Because it will be a fun way to share joy with others in the community

Contact Rosene for more info





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Stewardship Talk

With Kalen Saxton

Anne Lamott said, "A whole lot of us believers, of all different religions, are ready

to turn back the tide of madness by walking together, in both the dark and the light - in other words, through life - registering voters as we go, and keeping the faith." With the election and the inauguration behind us, it's time to put our money where our mouths have been. AUUF is a beacon of sanity and truth in the world — striving always to improve the lots of others, working toward social justice, taking care of the least among us. Please keep your eyes open for messages about how to Catch the Rising Tide and pledge, or otherwise donate, to the important work of this Fellowship.



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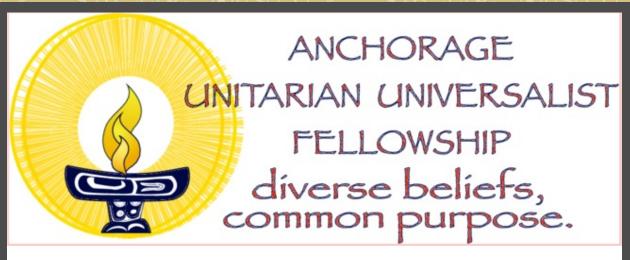
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This Week @ AUUF on Zoom

Saturday 1/30/21

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Sunday 1/31/21

9am Virtual Forum
Songs of Social Movements—Do You Hear
What I Hear?
Cal Williams and Megan Webb

Religious Exploration 10:15am RE Virtual Chalice Circle

10:30am Virtual Worship *Imbolc: Celebrating the Coming Spring*Speakers: Molly Lemen, Silvia Deaumichen,
& Rev. Leslie

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net





Songs of Social Movements—Do You Hear What I Hear?

Cal Williams and Megan Webb

Virtual Forum

9am Sunday January 31

Click here to join on Zoom. Click here for Speaker bio.

Religious Exploration

10:15am Sunday January 31
RE Virtual Chalice Circle-- Visiting other worlds "Soar"

Other RE announcement



Mystery Pals is back! WHAT IS MYSTERY PALS?

Click here to sign up -Adult form Click here to sign up-Child form

An intergenerational group composed of pairs of pals-- one young person, one adult. This year, more than ever, our young people need connection to adults who are interested and care.

They are not getting the usual connections to sports and school leaders, and what better than to know like minded adults from their faith community!

WHAT DO MYSTERY PALS DO?

They get to know each other through the exchange of notes, cards, riddles, puzzles, baby pictures, book and movie recommendations, and hints about identity. The main thing is to stay in touch and remain a mystery.

Box Lunch Tailgate Valentine Bash Feb. 14, 1 - 2:30pm

Decorate a box or basket for your sweetie (s) – choose a theme below. Pack all your favorite lunch goodies in the box (You will eat your own lunch.) and come to the Fellowship for the 1:00 tailgate party in the tail or back of your vehicle! Bring chairs if needed and masks!

There will be prizes for the following decoration themes:

Silliest, Sweetest, Trendiest, Craziest, Frilliest, Most Handsome, Most Elegant, Most Imaginative, Most Environmental, Most Regal,

This Sunday

AUUF is worshiping with UUFF, but if you'd still like to give to AUUF, it's the 5th Sunday of the month and Rev. Lise has decided that this Sunday's offering is to go to PILOT--AUUF's Payment In Lieu Of Taxes.

Click here to donate online.





Imbolc: Celebrating the Coming Spring

With Fairbanks UUs- Molly Lemen, Silvia Deaumichen, & Rev. Leslie

Virtual Worship

10:30am Sunday January 31

Click here to join on Zoom. Click here for Speaker bio.

Connecting During COVID: Fireside Chat for Adults

Your AUUF Connections Team invites you to our monthly Fireside Chat (Tea and Toddies!) -- no agenda, just show up on Zoom for some friendly conversation. You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

Monthly Connections on Zoom

February 3, 6:30-8:00 pm

for ages 18 and up

We'll offer this every first Wednesday of the month until further notice.

The Zoom link is on the <u>calendar on AUUF homepage</u>.

For more information, email connections@anchorageuuf.org

A Message from Stewardship

Your Personalized AUUF Virtual Pledge Form is in Your Email



AUUF Stewardship sent you a Virtual Pledge Form link on Wednesday. Since COVID is keeping us apart, this year's Stewardship Campaign "Catch the Rising Tide" is going virtual. Please check your Wednesday emails and complete your pledge form. AUUF is reliant on our members' support to sustain our

ministries. We need you to help propel us as AUUF catches the rising tide!

Anne Lamott said, "A whole lot of us believers, of all different religions, are ready to turn back the tide of madness by walking together, in both the dark and the light - in other words, through life - registering voters as we go, and keeping the faith."

With the election and the inauguration behind us, it's time to put our money where our mouths have been. AUUF is a beacon of sanity and truth in the world — striving always to improve the lots of others, working toward social justice, taking care of the least among us. Please keep your eyes open for messages about how to Catch the Rising Tide and pledge, or otherwise donate, to the important work of this Fellowship.

Send questions to stewardship@anchorageuuf.org

AUUF Anti-Racism Committee Corner

We will be posting information about events of interest in the area of Anti-Racism in TAYF and The Log. As a start, we want you to know some of what is happening on the local scene. February is Black History Month so there will be weekly postings. Every Sunday evening, the Alaska Black Caucus hosts a community conversation on issues of race. Citizens of all races in Alaska are invited to listen to these conversations and learn more about why it is so important that we all join together to help fight for racial justice in order to build a beloved community. The Alaska Black Caucus seeks to create change for a truly equitable Alaska by amplifying Black voices and working to expose and address explicit and implicit

This Sunday evening, Jan. 31st 7-8 PM the conversation will be: "Health Concerns for BIPOC"

racism in our education, justice, health, and economic systems statewide.

Find the zoom link here.

Meeting ID: 819 3479 7628 --- Password: 842042 One tap mobile +16699006833,,81934797628#,,,,0#,,842042# US (San Jose)

The Alaska Black Caucus will also be hosting a daily morning coffee session from 7 AM to 7:20 AM called "Black Coffee with Cal". Beginning February 1st, and every Monday thru Friday during the month of Feb , Cal will be sharing some Black History. The zoom link is: Meeting id 836 8345

Beware of Vaccine Fraud

Scammers are leveraging the COVID-19 vaccine to defraud Americans. Don't let them. The FBI is joining with law enforcement partners to raise awareness of COVID-19 vaccine fraud. In Alaska, if you believe you, or someone you know, have been the victim of COVID-19 vaccine fraud, please contact the FBI Anchorage Field Office at 907-276-4441. To report suspicious activity, please visit the FBI's Internet Crime Complaint Center at ic3.gov. There are several other

ways you can file a report as noted in the attached infographic.

As a community leader, we encourage you to raise awareness by sharing the attached information with your contacts.

Thank you,

Chloe Martin

Public Affairs Officer

FBI - Anchorage Field Office

Desk: 907-265-8254 Email: cdmartin@fbi.gov

Click here to read more.



Native Peoples Action 2 hrs · 🕙

The Alaska Legislature gaveled in recently and one of the bills up for consideration is Senate Bill 39. This bill is a voter suppression bill, meaning it will make it harder to vote in Alaska. We already face voting barriers in Alaska, specifically in Tribal communities where location can make it already difficult to vote. This bill also repeals vote-by-mail

for certain elections and would criminalize being a neighbor and helping our friends and family to submit their ballots.

>> Take action today to stop this voter suppression bill. Contact your legislators and ask them to STOP Senate Bill 39. Here is another resource to use your voice and help stop this bill: https://bit.ly/3t5zFDI

There is a hearing tomorrow, Thursday Jan 28, 2020 in the senate state affairs committee. There is no public testimony but you can tune in to watch the hearing at akt ty

Need Some Financial Help?

Contact Rev. Lise (907.248.3737) who has congregational funds designated for just this purpose. Read on for why you should contact her. :-)

It has been a tough year. We're coming up on the anniversary of being socially distant from all of our loved ones, not being able to visit family during holidays and other important events such as weddings and memorials. We've been homeschooling, juggling work and caregiving for others in ways we might never have imagined. The scaffolding of regular events that supported our lives has been completely set aside. Underneath all of us this is the concern we all have of getting sick or someone close to us getting sick. It's a lot to continually cope with.

Now imagine having to face all this without one's regular financial security.

I have friends and family members that have been scrambling to keep food in the refrigerator and their rent paid. Saying it has been difficult is an understatement. And, it's nothing to be ashamed of. These are extraordinary times. I know we keep saying that, and it keeps being true.

Fortunately, at AUUF we have some regular mechanisms for collecting funds for those who might need some help. At the moment we have over \$6000 in the MInister's Caring Fund. I fear that people haven't been asking me about help because they're embarrassed or they think someone else might need it. Please don't be embarrassed. Please ask. Caring for each other is one of the many reasons we come together as a community.

If it makes any difference, I too, have been in places in my life where I needed some financial help and family and friends stepped up to help out so we could pay some unexpected bills or to help with a few extras that made life a little more enjoyable. Some of those friends were members of my congregation before I was a minister--I'm so grateful for their support. And now, I try to pay it forward when I can.

We all need help, in many ways, at different times in our lives. If right now your finances are causing extra stress on top of everything else we're experiencing, please let me know. Your congregation has provided a way to help for just these circumstances. Please be in touch.

Blessings and love,

Rev. Lise

Soul Matters Playlists

- On Spotify
- On Youtube

• Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737
Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours -By Appointment Only

STAY CONNECTED

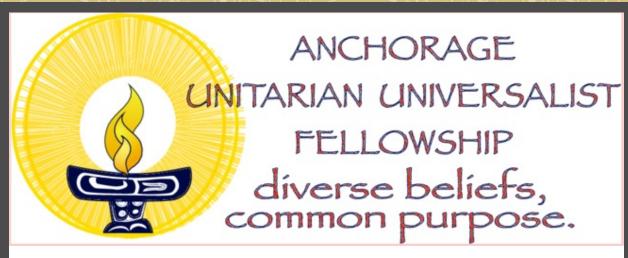




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Today At Your Fellowship Monday February 1, 2021



Listen to Mustn'ts, child, listen to the Don'ts.

Listen to the Shouldn'ts, the Impossibles, the Won'ts.

Listen to the Never Haves, then listen close to me.

Anything can happen, child, Anything can be.

Shel Silverstein

This Week @ AUUF on Zoom

Monday 2/1/21

Tuesday 2/2/21

10am Gentle Beginners Yoga 4:30pm Forum Planning Meeting 7pm Adult RE with Rev. Lise

Wednesday 2/3/21

6pm Fireside Chats 7pm Building & Grounds Meeting

Thursday 2/4/21

7pm Choir Practice

Friday 2/5/21

Saturday 2/6/21 Sunday 2/7/21

9am Virtual Forum

Cliff Groh, Author and Analyst Alaska's Budget Crisis— No One's Coming to Save Us

Religious Exploration

10:15am RE Virtual Chalice Circle

11:00am Virtual Worship

Catch the Rising Tide! With Rev. Lise Adams Sherry 12pm Freethinkers

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net



Gentle Beginners Yoga 10am Tuesday February 2

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to Yoga Collective AK for zoom link and class details.

Connecting During COVID: Fireside Chat for Adults

6:30pm Wednesday February 3



Your AUUF Connections Team invites you to our monthly Fireside Chat (Tea and Toddies!) -- no agenda, just show up on Zoom for some friendly conversation. You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

Monthly Connections on Zoom

February 3, 6:30-8:00 pm

for ages 18 and up

We'll offer this every first Wednesday of the month until further notice.

The Zoom link is on the calendar on AUUF homepage.

For more information, email connections@anchorageuuf.org

Choir Practice

7pm Thursday February 4

<u>Click here to join on Zoom.</u>
Also on the calendar on the AUUF homepage

Freethinkers

12pm Friday February 5

Freethinkers Friday Noon on Zoom

Freethinkers are wrapping up our enlightening immersion into the mind of President Obama with a

visit to the lifetime of photos
Obama appended to Volume 1 of
his memoir, *A Promised Land*.
(It's a safe bet that the circle will
jump on Volume 2 when it is
published.)
Then we're off on our next
adventure with Joseph
Campbell's *The Hero with a Thousand Faces*.

Join our humanist pilgrimage of exploration with fellow Freethinkers Friday Noon on Zoom.



Four Black students from the Agricultural and Technical College of North Carolina, who later became nown as the Greensboro Four, sit at the Woolworth's whites-only lunch counter on Feb. 2, 1980, the second day of their peaceful protests there. (John Moebes/Corbis)

Anti-Racism Committee Corner

There are lots of great community events this month to help us learn about the diverse world we live in. Please check out the opportunities listed below in celebration of Black History Month.

The Alaska Black Caucus seeks to create change for a truly equitable Alaska by amplifying Black voices and working to expose and address explicit and implicit racism in our education, justice, health, and economic systems statewide.

They are hosting a daily morning coffee session from 7 AM to 7:20 AM called "Black Coffee with Cal". Cal was one of the speakers at the 9 AM service yesterday, January 31

Beginning February 1st, and **every Monday thru Friday during the month of Feb**., he will be sharing some insight and information about Black History and Alaska.

The zoom link is: Meeting id 836 8345 7315 Passcode 462036

Shirley May Staten and **Keys to Life** are dedicated to "Empowering, Creating and Strengthening an Inclusive Community through Rich Arts and Cross-cultural experiences." They envision an Alaska with increased awareness of our diversity.

In celebration of Black History month, the Keys to Life is sponsoring **"World Stories/Stories Matters"**. Shirley states that this is a "unique opportunity to share (her) love of history and and stories rooted in African-American history to continue the learning."

Sat. Feb 6th at 10 AM, Master **Storyteller Sheila Arnold** will tell about "African American: Keeping Heritage Alive".

Click here to join on Zoom.

WhaleCoast Alaska Tours -- Anchorage Hosts Needed This Summer

June 12-16 and July 14-15 (COVID-19 Protocols Mandatory!)

WhaleCoast has historically been one of AUUF's biggest fundraisers. These summer tours bring UUs from all over the U.S. to Alaska for sightseeing adventures, while making connections with participating UU congregations in Alaska. Last summer's tours were cancelled due to the pandemic, but tour director Dave Frey from UF Fairbanks is making plans to hold both tours in 2021 with strict Covid-19 protocols.

If you've been a host to WhaleCoast guests in the past, or are interested in being a host for the first time, you should read up on the latest safety information on their **website**. Other pages on the site give details about the statewide tours.



Since there is still some uncertainty about how the public health outlook will be for this summer, you should know that a decision to possibly cancel this summer's tours may come about by March.

Until then, Denise Martin is looking for volunteers who would like to host guests during the dates above. Contact her at dulcimer.diva@gmail.com for more information.

2021 Stewardship Pledge Drive



Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org Kelly Spring, Communications Specialist, communications@anchorageuuf.org Megan Webb, Music Director, auufmusic@gmail.com Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net Office Hours –By Appointment Only

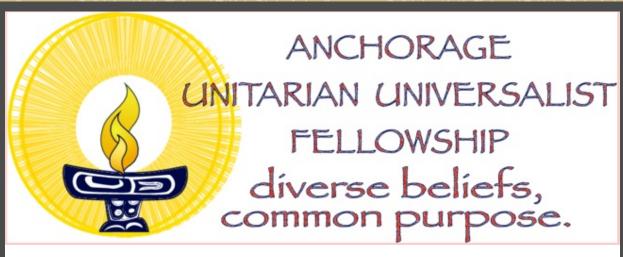






Visit our website

Service Podcasts



Today At Your Fellowship Friday February 5, 2021

This Sunday @ AUUF on Zoom

Sunday 2/7/21

9am Virtual Forum Cliff Groh, Author and Analyst Alaska's Budget Crisis— No One's Coming to Save Us

Religious Exploration
10:15am RE Virtual Chalice Circle
Honoring Black Leaders

11:00am Virtual Worship
Catch the Rising Tide!
With Rev. Lise Adams Sherry

Zoom links for public meetings always available on the calendar on the <u>AUUF homepage</u>.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net



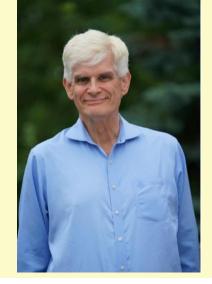
The Log -February
Click here



Virtual Forum
9am Sunday February 7

Alaska's Budget Crisis - No One's Coming to Save Us With Cliff Groh, Author and Analyst

Click here to join on Zoom. Click here for Speaker Bio.









Catch the Rising Tide!

With Rev. Lise Adams Sherry

Virtual Worship

11:00am Sunday February 7

It's Stewardship Sunday. Join us as we consider how best to transform our gifts into AUUF's dreams for the next year. So much seems to be looking up and moving forward—let's make sure we're not left on the shore!

Click here to join on Zoom.

Religious Exploration

10:15am Sunday February 7

• February 7 - Honoring Black Leaders

Fellowship-RE Happenings in February

1. Come join in an outdoor event: Sledding at Sunset Park (600 Vine Ave in Government Hill)

February 15 from 1-3:00 pm

Masks and social distancing required.

Let Rosene know if you need us to bring sleds, masks or winter gear for your family.

2. Needed in March - Pals!! Be a Mystery Pal for a young person! -

Click here for the adult form Click here for the child form

Please return your form by Feb. 20.

3. Feb. 14 Box lunch Tailgate Bash 1 - 2:30 pm

Decorate your box/basket, pack a lunch and drive to the Fellowship! Put on your mask and enjoy walking around and seeing others' decorations. Eat your lunch (that You brought) by your vehicle, with your "sweeties"!

Art worthy awards courtesy of Katherine Huffman!

Delectable treats courtesy of Amanda Cash!!

Beautiful **Music** by Megan Webb!



Whale Coast Alaska 2021

Whale Coast has been a big fundraiser for AUUF for many years. Our members host the tourists in our homes providing bed and breakfast with Alaskan hospitality. AUUF usually provides meeting space for the group for the few days they are here and hosts a dinner. The tour pays our fellowship about \$85 per person per night instead of paying hotels. We get to meet some very nice UU travelers and show off a bit of our state for them sometimes.

Whale Coast tours were cancelled in 2020 but Dave Frey, tour organizer from Unitarian Universalist Fellowship of Fairbanks, is pulling together June and July tours this year. AUUF will be supporting him by providing hosts and some transportation services this year. Naturally, all prudent pandemic protocols will be observed and the tours will be cancelled if conditions have not improved enough to allow them.

There are 2 ways you can be involved:

- 1. Consider being a host to one or more guests in your home. It can be a rewarding experience in more ways than one! Denise Martin <dulcimer.diva@gmail.com> will be organizing the Anchorage homestays. Details of the Anchorage schedule will be finalized soon. Check <u>AUUF website fundraisers page</u> for dates and the latest information.
- 2. Join a tour (or encourage your UU friends / relatives from outside Alaska to participate). Some of our members have joined the tours from Anchorage which can be an excellent way to get acquainted with other parts of the state, other Alaskan UU congregations, and outside UUs. If you have any questions or would like to join a tour, please call or text 907-322-4966, or email

dfrey@WhaleCoastAK. To view the complete tour roster for each tour, visit WhaleCoastAK.org. This is a once-in-a-lifetime experience you won't want to miss!

Important COVID-19 information for the 2021 Whale Coast Tours:

WhaleCoast Alaska will require all guests to be vaccinated for Covid-19 in order to participate in one of our tours. Guests should plan to get vaccinated at their earliest opportunity. We will also require our tour directors and UU hosts (and their household members) to be vaccinated. If you do not plan to get a Covid-19 vaccine, you should not register for our 2021 tours.

Finding Your Way Into Fellowship Classes / Connections Team

Finding Your Way into Fellowship in February via Zoom!

Have you been attending AUUF for years or are you brand new? Would you like to know a lot more about UU and/or AUUF? Would you like to find out how your own faith journey intersects with AUUF? Are you thinking about becoming a member in the next few months? If so this class is just for you!

Three sessions will be held 3 consecutive Tuesdays Feb. 16th, Feb. 23rd and March 2nd, from 6-8pm. We share our journeys and learn more about UU and AUUF. We have really enjoyed getting to know new and familiar folks. Rev. Lise will be leading one of the sessions.

Contact connections@anchorageuuf.org to learn more.

Vacation Time!

Hi Everyone,

Kelly Spring here! I have 40 hours of vacation time. Next week, I will publish TAYF & schedule Zoom meetings on Monday & Friday only. I'll be out of contact February 9-11. Please get your Zoom requests in well before your meeting date. I will mostly like spend the rest of the hours the same way in the near future. I will give notice here.

Click here to submit articles & request Zoom meetings.

Thanks!

Kelly Spring Communications Specialist Communications@anchorageuuf.org

Anti-Racism Committee Corner 2/5/2021 - Upcoming events of interest

Shirley May Staten and Keys to Life are dedicated to "Empowering, Creating and Strengthening an Inclusive Community through Rich Arts and Crosscultural experiences."

They envision an Alaska with increased awareness of our diversity.

In celebration of Black History month, Keys to Life is sponsoring **"World Stories/Stories Matters"**. Shirley states that this is a "unique opportunity to share (her) love of history and and stories rooted in African-American history to continue the learning."

Sat. Feb 6th at 10 AM, Master Storyteller Sheila Arnold will tell

about "African-American: Keeping Heritage Alive".

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Beginning February 1st, and every Monday thru Friday during the month of Feb., he will be sharing some insight and information about Black History and Alaska.

The zoom link is: Meeting id 836 8345 7315

Passcode 462036

Beloved Conversations for UU the Vote Info Session

Thursday. Feb 11, 2021. 3:30 -4:30 PM AK time

COMMUNITY EVENT

Beloved Conversations for UU the Vote is an intentional cohort of Beloved Conversations participants that is designed to grow our capacity to build justice focused leadership teams that are rooted in anti-racist praxis. There are no shortcuts to justice or transformation. Anti-racism is a constant practice of learning, unlearning, reflection and action. Folks from a range of experience and who work on a range of issues are encouraged to join.

Beloved Conversations—a faith formation anti-racism program through our Unitarian Universalist seminary in Chicago, Meadville Lombard Theological School—went virtual last fall and over 1,200 learners joined the first 'Within' phase. This program is an experience of connection and spiritual development that you don't want to miss.

The Spring Term registration opens February 1st and closes on February 26th. The Spring Term begins March 16th, with lessons published every two weeks, as well as biweekly small group check-ins with your own UUtheVote "pod" and monthly large group worship and discussion. In the program's current phase, 'Within,' we engage with a personal exploration of race and our work for racial justice. With two caucuses, our white participants are invited into the Un/learning for Liberation course and our BIPOC+ participants are invited into the Gathering Ourselves course. In Beloved Conversations, we are here to heal the impact of racism on our lives. Let's get free together.

Contact: <u>uuthevotevolunteers@gmail.com</u>. for more information.

Need Some Financial Help?

Contact Rev. Lise (907.248.3737) who has congregational funds designated for just this purpose. Read on for why you should contact her. :-)

It has been a tough year. We're coming up on the anniversary of being socially distant from all of our loved ones, not being able to visit family during holidays and other important events such as weddings and memorials. We've been homeschooling, juggling work and caregiving for others in ways we might never have imagined. The scaffolding of regular events that supported our lives

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Now imagine having to face all this without one's regular financial security.

I have friends and family members that have been scrambling to keep food in the refrigerator and their rent paid. Saying it has been difficult is an understatement. And, it's nothing to be ashamed of. These are extraordinary times. I know we keep saying that, and it keeps being true.

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If it makes any difference, I too, have been in places in my life where I needed some financial help and family and friends stepped up to help out so we could pay some unexpected bills or to help with a few extras that made life a little more enjoyable. Some of those friends were members of my congregation before I was a minister--I'm so grateful for their support. And now, I try to pay it forward when I can.

We all need help, in many ways, at different times in our lives. If right now your finances are causing extra stress on top of everything else we're experiencing, please let me know. Your congregation has provided a way to help for just these circumstances. Please be in touch.

Blessings and love,

Rev. Lise

Pacific Western Regional Assembly

Saturday, February 13, 2021, 12:00 pm - 5:00 pm PST

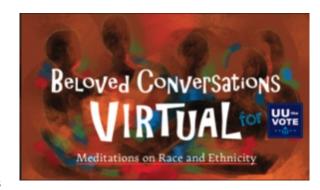
This has been a difficult year and we have done many things to Love Right Through all the challenges. Join us for an afternoon of celebrating our accomplishments and challenges with sharing from spotlighted congregations. Participate in workshops exploring how the pandemic has changed the way we engage with church work, with each other, and with our communities—and how we can move forward. Hear what is happening for good in the world, and opportunities yet to come.

Regional Assembly will run mid-day Saturday, opening with a lively celebration, welcoming, and congregational spotlights before a break heading into workshops or identity-based discussion groups, and back for closing worship and sendoff.

Click here for more info.

Beloved Conversations for UU the Vote Info Session

Thursday, February 11, 2021 7:30 PM - 8:30 PM ET



Come learn about Beloved Conversations

and get a special promotion code to participate in our UUtheVote Beloved Conversations Cohort! Beloved Conversations is a faith formation anti-racism program through our Unitarian Universalist seminary in Chicago, Meadville Lombard Theological School. It is an experience of connection and spiritual development that you don't want to miss. All

registrants will receive a recording of the event - so sign up even if you can't come live! You'll get an overview of the program, a sneak peak of some of the work we'll be doing together, and learn how Beloved Conversations has helped transform justice work in our congregations and justice groups.

Learn more at meadville.edu/beloved Click here to register.

Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







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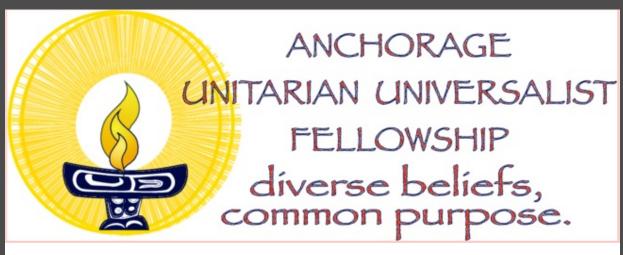




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Donate Now



Today At Your Fellowship Monday February 8, 2021

When you truly possess all you have been and done...you are fierce with reality.

Florida Scott-Maxwell



This Week @ AUUF on Zoom

Monday 2/8/21

Tuesday 2/9/21

10am Gentle Beginners Yoga 2pm Hungry Book Club 4:30pm Finance Committee Meeting 6pm CYRE Meeting

Wednesday 2/10/21

6pm Safer Congregations Team Meeting

Thursday 2/11/21

4pm Board Executive Meeting

Sunday 2/14/21

9am Virtual Forum

The Role of Racism During WWII Aleut Internment
With Mike Livingston

Religious Exploration Chalice Circle

10:15am -Love and Kindness

11:00am Virtual Worship

The Edict of Torda—an Origin Story With Rev. Lise Adams Sherry

12:30pm The Alliance on Zoom

Friday 2/12/21 12pm Freethinkers

Saturday 2/13/21

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

1pm Valentine's Day Tailgate Box Lunch Bash

2:30pm Worship Associates Meeting

6:30pm Virtual Jr. Youth Meet-up

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net



The Log -February Click here



Gentle Beginners Yoga

10am Tuesday February 9

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to Yoga Collective AK for zoom link and class details.

Freethinkers

12:00pm Friday February 12

Freethinkers is stepping into the first 40 pages of Joseph Campbell's landmark *The Hero with a Thousand Faces*. Join on the heroes' journey with <u>Freethinkers Friday Noon on Zoom</u>.

Catch the Rising Tide

As you may have heard in Rev. Lise's sermon yesterday, it's pledge time here at AUUF. You should have received an email from AUUF's Stewardship Committee within the last week or so with a link to submit your financial pledge. If you missed the email, the pledge form is also available on the AUUF website. (This just in — please check your inbox from yesterday, Sunday 2/7/21, because another was sent between noon and 3pm!) Around 75% of our operating budget comes from pledges, so it's really important for us all to help out as much as



we can. As Anderson Cooper once said, "The tide of history only advances when people make themselves fully visible." We can do much good as individuals, and we can do even more by joining forces with other like-minded folks and pooling our resources for common goals. If you support the programs and good work of AUUF, please complete the pledge form and make yourself fully visible!

Dennis Arashiro Stewardship Talk



Photos of Construction at AUUF







Joys & Sorrows

From Sunday Worship on 2/7

From Lucinda Kinard : We're celebrating sunny skies on what would be Cindy's mothers



104th birthday.

From Erik and Robin Hill: We are sorry to hear of Shawn Lyons' passing. Such a talented individual.

From Peggy Robinson: Concerned over the loss of summer employment/income for thousand's of Alaskans (and my son & daughter-in-law) due to Canada closing their ports to cruise ships.

From Ken Winterberger: Longer days are bringing me joy - the country's continued

division concerns me.

From Mary / Beck : I'm grateful my family is healthy and has outlets for their energy in these weird times

From Judy Engh: Joys: beautiful days outside. Concerns: husband and in-laws struggling to find appropriate care for father-in-law.

Fellowship-RE Happenings in February

1. Come join in an outdoor event: Sledding at Sunset Park (600 Vine Ave in Government Hill)

February 15 from 1-3:00 pm

Masks and social distancing required.

Let Rosene know if you need us to bring sleds, masks or winter gear for your family.



Click here for the adult form Click here for the child form

Please return your form by Feb. 20.

3. Feb. 14 Box lunch Tailgate Bash 1 - 2:30 pm

Decorate your box/basket, pack a lunch and drive to the Fellowship! Put on your mask and enjoy walking around and seeing others' decorations. Eat your lunch (that You brought) by your vehicle, with your "sweeties"!

Art worthy awards courtesy of Katherine Huffman!

Delectable treats courtesy of Amanda Cash!!

Beautiful Music by Megan Webb!



Finding Your Way Into Fellowship Classes / Connections Team

Finding Your Way into Fellowship in February via Zoom!

Have you been attending AUUF for years or are you brand new? Would you like to know a lot more about UU and/or AUUF? Would you like to find out how your own faith journey intersects with AUUF? Are you thinking about becoming a member in the next few months? If so this class is just for you!

Three sessions will be held 3 consecutive Tuesdays Feb. 16th, Feb. 23rd and March 2nd, from 6-8pm. We share our journeys and learn more about UU and AUUF. We have really enjoyed getting to know new and familiar folks. Rev. Lise will be leading one of the sessions.

Contact connections@anchorageuuf.org to learn more.

Anti-Racism Committee Corner 2/8/2021 -

Upcoming events of interest

"Black Coffee with Cal"

In celebration of Black History month, the Alaska Black Caucus is hosting a daily morning coffee session from 7 AM to 7:20 AM called "Black Coffee with Cal". This event takes place every Monday thru Friday during the month of Feb and Cal will be sharing local Black History.

The zoom link is: Meeting id 836 8345 7315

Passcode 462036

Beloved Conversations for UU the Vote Info Session

Thursday, February 11, 2021 7:30 PM - 8:30 PM ET



Come learn about Beloved Conversations and get a special promotion code to participate in our UUtheVote Beloved Conversations Cohort! Beloved Conversations is a faith formation anti-racism program through our Unitarian Universalist seminary in Chicago, Meadville Lombard Theological School. It is an experience of connection and spiritual development that you don't want to miss. All registrants will receive a recording of the event - so sign up even if you can't come live! You'll get an overview of the program, a sneak peak of some of the work we'll be doing together, and learn how Beloved Conversations has helped transform justice work in our congregations and justice groups.

Learn more at <u>meadville.edu/beloved</u> <u>Click here to register.</u>

Pacific Western Regional Assembly

Saturday, February 13, 2021, 12:00 pm - 5:00 pm PST

This has been a difficult year and we have done many things to Love Right Through all the challenges. Join us for an afternoon of celebrating our accomplishments and challenges with sharing from spotlighted congregations. Participate in workshops exploring how the pandemic has changed the way we engage with church work, with each other, and with our communities—and how we can move forward. Hear what is happening for good in the world, and opportunities yet to come.

Regional Assembly will run mid-day Saturday, opening with a lively celebration, welcoming, and congregational spotlights before a break heading into workshops or identity-based discussion groups, and back for closing worship and sendoff.

Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







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Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
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Megan Webb, Music Director, auufmusic@gmail.com
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Office Hours -By Appointment Only

STAY CONNECTED

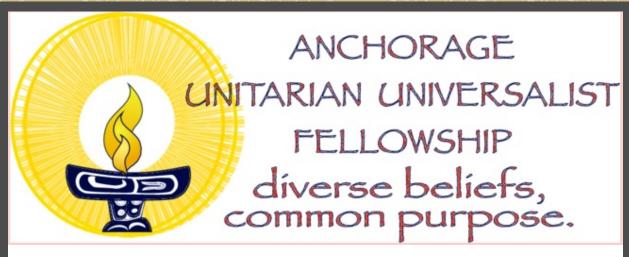




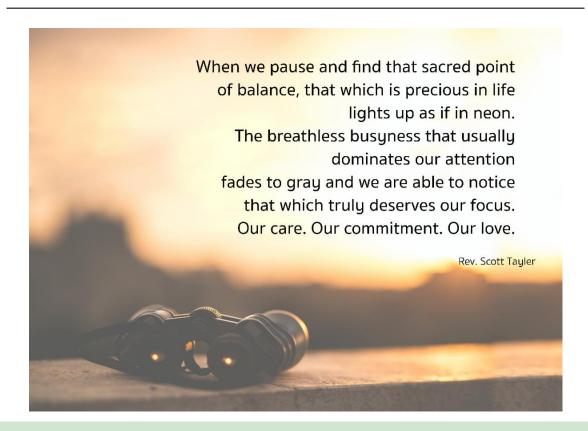
Visit our website

Service Podcasts

Donate Now



Today At Your Fellowship Friday February 12, 2021



This Sunday @ AUUF on Zoom

Sunday 2/14/21

9am Virtual Forum

Religious Exploration Chalice Circle 10:15am -Love and Kindness

11:00am Virtual Worship

12:30pm The Alliance on Zoom

1pm Valentine's Day Tailgate Box

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy

rbeachy@alaskalife.net

Lunch Bash

2:30pm Worship Associates Meeting

6:30pm Virtual Jr. Youth Meet-up



Virtual Forum

9am Sunday February 14

The Role of Racism During WWII Aleut Internment With Mike Livingston

Click here to join on Zoom. Click here for Speaker bio.

Virtual Worship

11:00am Sunday February 14

The Edict of Torda—an Origin Story With Rev. Lise Adams Sherry

Click here to join on Zoom.

Your Board of Directors just became more transparent!

(No, not that kind of transparent.)

Participate in AUUF Board decision making, join with us as AUUF's Board meets on the Third Wednesday of each month at 4:00pm During this time of COVID, we are meeting on Zoom.

The zoom link is posted on AUUF's homepage the day of the meeting What is more transparent is our new, accessible folder containing all public documents related to our meeting.

You can access the Meeting Agenda and associated materials each month on this link:

<u>AUUF Board Meeting Materials - Current Month</u>

Pacific Western Regional Assembly

Saturday, February 13, 2021, 12:00 pm - 5:00 pm PST Click here for more info.

Construction Progress Updates







AUUF Anti-Racism Committee Corner: Upcoming events of interest

Join us as kids and parents read to our children! Brought to you by the **Alaska Black Caucus Education Committee!** Every Saturday, 10 AM for Black History Month, Stories 4/Kids! Please email revmary@gci.net if you'd like to participate or have questions.

Black History Month, Stories 4/Kids

February 13, 2021

Date/Time

Date(s) - 02/13/2021 10:00 am - 11:00 am

<u>The Alaska Black Caucus</u> Sunday evening <u>Community Conversation</u>:

"Black in the Military"

Date/Time

Date(s) - 02/14/2021

7:00 pm - 8:00 pm

Zoom Meeting Link:

Click here to join on Zoom.

PBS Alaska Public Media HDTV 7.1. starting Tues 2/16 at 8 PM

New Documentary Series from Dr. Henry Louis Gates, Jr. THE BLACK CHURCH: THIS IS OUR STORY, THIS IS OUR SONG

Premiering Tuesday, February 16 at 8 p.m. on Alaska Public Media TV, this new, two-part, four-hour documentary reveals the broad history and culture of a living institution in African American life - the Black church. From enslavement to emancipation, the civil rights struggle to political action at every level of society, explore how African American faith communities have forged interracial ties and have been on the frontline of uplift and change.

Continuing through February:

"Black Coffee with Cal"

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Passcode 462036



Catch the Rising Tide

AUUF is your community. Your chosen tribe. It's a place to relax and regroup, to reconnect with kindred spirits, and to realign your priorities to make a positive difference in the larger community.

As you know, funds are required in order to make that impact. So here we are again, asking for you to take a few minutes to fill out that pesky pledge form. You can find it in the emails coming from the AUUF Stewardship Committee. (You may be relieved to hear they'll stop coming once you respond!)

According to J.R.R. Tolkien, "It is not our part to master all the tides of the world, but to do what is in us for the succor of those years wherein we are set, uprooting the evil in the fields that we know, so that those who live after may have clean earth to till." Your part, your financial contribution, may be large or small, but it is nonetheless important in the big picture. Thanks for taking time to check that email. (There will be another one coming your way on Sunday!)

Fellowship-RE Happenings in February

2. Needed in March - Pals!!
Be a Mystery Pal for a young person! -

Click here for the adult form Click here for the child form

Please return your form by Feb. 20.



Come join in an outdoor event: Sledding at Sunset Park (600 Vine Ave in Government Hill) February 15 from 1-3:00 pm

Masks and social distancing required.

Let Rosene know if you need us to bring sleds, masks or winter gear for your family.

Feb. 14 Box lunch Tailgate Bash 1 - 2:30 pm

Before sunday, decorate a box or basket.

Pack your lunch of choice in the decorated box or basket for you and for all the sweethearts in your family!!

Traditionally, participants bid on a lunch in a box they like as a fundraiser!! We are doing this as a "FUN" raiser and you get to eat your own lunch!!

Dress warmly and Drive to the Fellowship before 1:00!

See you at 1:00 in the AUUF Parking lot. Please park tailgates out towards the ally so folks can view you and your box!!

If you want to bring a small table to add to the scene behind your vehicle, go for it.

All creativity encouraged!!

Put on your mask and enjoy strolling around and seeing others' decorations and lunch boxes.

Eat your lunch (that You brought) by your vehicle, with your "sweeties"! while awards are decided!

Art worthy awards courtesy of **Katherine Huffman!** There will be awards for all types of decoration themes:

Silliest, Sweetest, Trendiest, Craziest/colorful, Frilliest, Most Handsome, Most Elegant, Most Imaginative, Most Environmental, Most Regal!

And a yummy prize for everyone! courtesy of **Amanda Cash!!** Beautiful **Music** by Megan Webb!

Finding Your Way Into Fellowship Classes

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June 12-16 and July 14-15

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If you've been a host to WhaleCoast guests in the past, or are interested in being a host for the first time, you should read up on the latest safety information on their website:

WhaleCoast.

Other pages on the site give details about the statewide tours. Since there is still some uncertainty about how the public health outlook will be for this summer, you should know that a decision to possibly cancel this summer's tours may come about by March.

Until then, Denise Martin is looking for volunteers who would like to host guests during the dates above. Contact her at dulcimer.diva@gmail.com for more information.

Welcome to the 3rd Annual celebration of World Interfaith Harmony Week 2021

by Interfaith Council of Anchorage

WHEN: 7 PM

Zoom doors will open at 6:45 PM

ZOOM LINK*: (FOR ALL EVENINGS)

Click here to join on Zoom.

Meeting ID: 849 4311 4103

Passcode: 312903

February 12, 2021

Congregation Beth shalom

Hosted by: *Rabi Abram Goodstein* First Congregational Church. Hosted by: *Rev Jacob Poindexter*

February 18, 2021

Islamic Community Center of Anchorage Hosted by: *Malika and Gregory Jones*

Sai Baba Multi Faith Devotional Group of Anchorage

Hosted by: Ira and Hari Sudhan

Click here for more info.

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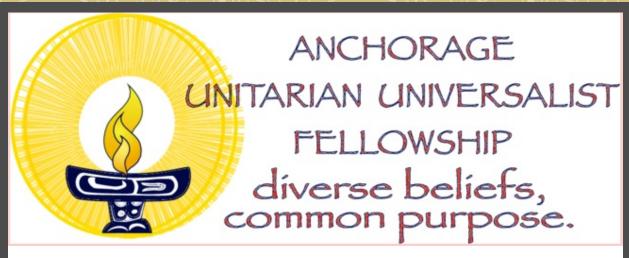




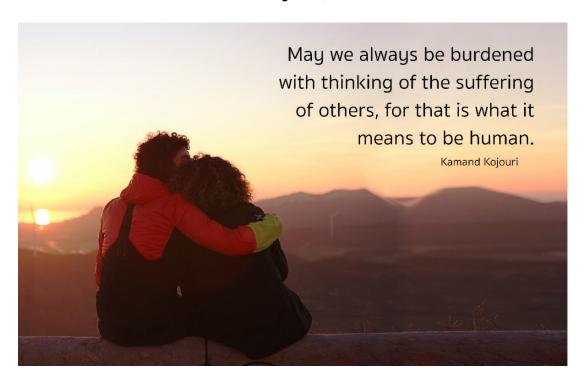
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Service Podcasts

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Today At Your Fellowship Tuesday February 16, 2021



This Week @ AUUF on Zoom

Tuesday 2/16/21

6pm Finding Your Way to Fellowship 7pm Adult Religious Exploration with Rev. Lise

Wednesday 2/17/21 4pm Board Meeting

Thursday 2/18/21 7pm Choir Practice

Friday 2/19/21 12pm Freethinkers

Saturday 2/20/21

Sunday 2/21/21

9am Virtual Forum

The Baton Is Passed—The Work of Uniting Anchorage Goes On Clark Halvorson, Executive Director, United Way of Anchorage

Religious Exploration Chalice Circle Healing wounds of racism and injustice

11:00am Virtual Worship
Beloved Community
With Matt Meyer

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

1-2:30pm COA Firepit Activity

4-6pm Catch the Rising Tide Virtual Summit

5pm Sunday Chalice Group

6:30pm Virtual Jr. Youth Meet-up

Finding Your Way Into Fellowship Classes

Starts TONIGHT at 6-8PM

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Contact connections@anchorageuuf.org to learn more. Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

Adult Religious Exploration with Rev. Lise 7pm Tuesday February 16

Rev. Lise is facilitating the Tapestry of Faith curriculum, *What Moves Us*. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys. Classes will be on the 1st and 3rd Tuesdays of the month through May.

Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

Choir Practice

7pm Thursday February 18

Click here to join on Zoom.

Freethinkers

12pm Friday February 19

Freethinkers Friday Noon on Zoom

This week Freethinkers are reading through the end of Chapter 1 - Departure in *The Hero With 1000 Faces* by Joseph Campbel, including the 5 sub-chapters, ending with "The Belly of the Whale." As Marie Lundstrom notes, "There's no doubt that Campbell's book has stirred our thinking, and brought [others] into our conversation. Welcome! Arguments about rationality vs emotional response, right brain vs left brain, head vs heart, intellect vs gut are certainly easy to pick up and run with, as evidenced in today's discussion. I look

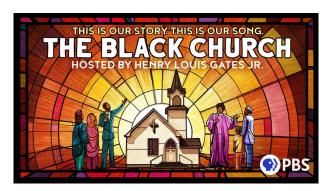
forward to hearing more! I'm a believer in the wholeness of self, not split into mind as separated from body, as we cerebral types often do. To keep reminding myself about the unity of mind and body, I keep a book near my bed so I see its title every day: *Your Body Believes Every Word You Say*. That helps me to remember that I'm all of a piece, not just a gut, or heart, or stuffy nose, or pain in the back of the head. I think a lot of doctors tend to forget that unity. Here's to more lively talk next week!"

You are invited to join Freethinkers Friday Noon on Zoom.

AUUF Anti-Racism Committee corner: Upcoming events of interest

Continuing through February: "Black Coffee with Cal" In celebration of Black History month, the Alaska Black Caucus is hosting a daily morning coffee session from 7 AM to 7:20 AM called "Black Coffee with Cal". This event takes place every Monday thru Friday during the month of Feb and Cal will be sharing local Black History.

The zoom link is: Meeting id 836 8345 7315 Passcode 462036



PBS presents: The Black Church

Greetings Beloveds! An invitation to join us for:

A Side With Love Watch Party: The Black Church

February 16 & 17 @ 8:45pm-10:15pm EST

Co-Hosted by Revs. Duncan Teague & Michael Crumpler

Register Now

Side With Love invites you to join as we livestream the premiere of PBS's <u>The Black Church</u>, an epic production about the impacts of the Black church movement on American society, culture, and politics. As Unitarian Universalists with our own unique history of engaging abolition and civil rights, it is important for us to know how our history has supported and has been in conflict with the Black church. *The Black Church* can also help us understand the rich tradition out of which our Black UU religious professionals and laypersons came to be and all that we bring to Unitarian Universalism.

Women's Power League of Alaska (WPLAK) Presents "Mothers of Black History"

Feb 17, 2021 04:00 PM Alaska Join Zoom Meeting https://us02web.zoom.us/j/83068664800 In honor of Black History Month, WPLAK presents "Mothers of Black History". Hosted by storyteller and author, Skywalker Payne, this unique event will share entertaining stories spanning over 3,000 years of Black History and feature stories of some of Alaska's oft-unsung Black female historic figures.



Be a ripple in still water!

Catch the Rising Tide

Germaine Greer is quoted as saying, "We can't change the moon but we can live in harmony with its tides, and we can make some ripples of our own." Please take a few minutes to make some ripples by making your pledge to AUUF. An email came to your inbox yesterday with a fillable pledge form. It may seem like a daunting task, but if I managed to do it, so can you! If you have questions, please send an email to the Stewardship Committee with a good time to call. Someone will be in touch to try to answer your questions. AUUF is only as strong as its membership. We rely on you for our operating budget. Please dig deep and give as much as you feel good about giving.



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If you've been a host to WhaleCoast guests in the past, or are interested in being a host for the first time, you should read up on the latest safety information on their website:

https://whalecoastak.org/covid-19/ Other pages on the site give details about the statewide tours. Since there is still some uncertainty about how the public health outlook will be for this summer, you should know that a decision to possibly cancel this summer's tours may come about by March.

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Click here for the adult form Click here for the child form

Please return your form by Feb. 20.

Return forms to Rosene Beachy rbeachy@alaskalife.net

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WHEN: 7 PM

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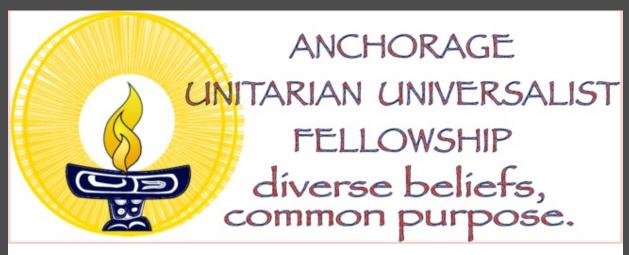




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Today At Your Fellowship Friday February 19, 2021



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Saturday 2/20/21

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy

rbeachy@alaskalife.net

Sunday 2/21/21

9am Virtual Forum

10:15am Religious Exploration Chalice Circle

Kids, build a Lego or block structure ahead of the meeting to share with us on Zoom!

11:00am Virtual Worship

1-2:30pm COA Firepit Activity

4-6pm Catch the Rising Tide Virtual

Summit

5pm Sunday Chalice Group

6:30pm Virtual Jr. Youth Meet-up





The Baton Is Passed—The Work of Uniting Anchorage Goes On

Clark Halvorson, Executive Director, United Way of Anchorage

Virtual Forum

9am Sunday February 21

Click here to join on Zoom. Click here for Speaker bio.

Virtual Worship

11am Sunday February 21

It Takes Practice
With Matt Meyer

Click here to join on Zoom. Click here for Speaker bio.



Catch up on all things AUUF Sunday at 4:00pm

Your Pledges will make up 87% of AUUF's revenue this fiscal year because of COVID's hit to our income from outside sources.

So it is more important than ever that you

Stick with AUUF as we ride out this pandemic.

Got Questions?

Join us for AUUF's Catch the Rising Tide Virtual Summit This Sunday, February 21st from 4:00-6:00pm on Zoom AUUF's Catch the Rising Tide Virtual Summit These social distancing days make it a challenge to keep up
with everything going so drop in Sunday afternoon and catch up on our
Building renovations,
Ministerial search,
Finances,
Stewardship Campaign,
and get answers to the questions you've been wanting to ask.

And, Please,
Please help keep AUUF strong - submit your Pledge now
Check your Sunday morning email for your pledge form
if you have not already submitted it.
Thank you.

Find the link on the calendar on the AUUF homepage.

Catch the Rising Tide





"There are tides of justice surging to the unknown shores of right; Stars of truth that seek a setting in the dark, untutored night." Arthur Lynch

Now is the time to Catch the Rising Tide of justice, to add light to the darkness, by giving to AUUF. Your fillable pledge form has come to your inbox in an email from the Stewardship Committee. Please take time to fill it out today. Pledges help the Board know where they stand financially through the coming fiscal year. It takes contributions from all of us to make AUUF the force it is in the community. Please do your part today!

New Rental Home Needed

An AUUF member with COVID-related financial difficulties, and one child, is looking for a rental that will take Alaska Housing vouchers. This member is looking for a 1-2 bedroom apartment, preferably with utilities included in the rent.

If you have any ideas or tips, please contact Rev. Lise. (907.248.3737) Thank you advance for any help you can provide!

Construction Updates







Technology booth progress

New wider steps

Ramp framing

Farewell and Thank You to The Log

At our last Program Council meeting in January I brought up the possibility of discontinuing the monthy publication of The Log.

The reasons for this are many:

- -- TAYF (Today at Your Fellowship) is working really well
- -- Readership of the Log is down compared to times past
- -- Our Communications Specialist only works 20 hours/week, and we'd like her to be able to work more on other things like our Sunday worship announcements reel, helping with special projects like the auction and stewardship, and more social media
- -- Publishing both the Log and the TAYF can be a bit redundant

General feedback to this change from Program Council members was positive. Folks expressed their appreciation for the Log, but also realized that TAYF was an excellent communication tool and seemed to fit our current needs better. As part of this transition we are going to start archiving TAYF on the AUUF website on the "AUUF Publications" page under the "What's Happening" heading. Since these publications will be open to the larger community we also encourage you to edit your announcements so you only put public information out that you are comfortable with others knowing (perhaps use emails rather than phone numbers). Additionally, folks that made use of the Log for a monthly column will be assigned particular days of the month to publish so we still have monthly information from the minister, DLRE, the board chair, etc.

As always, all change is a work in progress. Kelly and I thank you for you patience as we make this transition and welcome your feedback.

Blessings, Rev. Lise

AUUF ANTI-RACISM COMMITTEE CORNER:

Upcoming events of interest.

2/20/2021 10:00 to 11:00 AM : Come on a journey with Keys to Life as we celebrate and honor

Black History Month through the power of sharing our stories.

The Incomparable Diane Ferlatte

"IF YOU WANT TO KNOW A CULTURE LISTEN TO THEIR STORIES"

From humble beginnings on her grandparents' porch in Louisiana listening to neighbors and family swap stories, lies, and tales, Diane Ferlatte has become a global storyteller sharing stories and songs worldwide, performing in a multitude of countries on six different continents. She tells African-American stories and stories that hold truths and touch upon our common humanity including personal and historical stories that are laced with humor, depth, and tenderness.

Please click this URL to join.

Click here to join on Zoom.

Continuing through February:

"Black Coffee with Cal"

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Join the Alaska Black Caucus and Anchorage Reads for a panel on the intersection of race, health, and healthy communities.

February 21, 2021

7:00 pm - 8:00 pm

Our panelists are:

Val Davidson, President of Alaska Pacific University

Margo Bellamy, Anchorage School Board Member

Dr. Ian Hartman, professor of history at UAA

Register for the discussion here:

Click here to register.

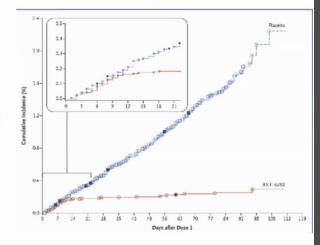
This panel discussion is part of Anchorage Reads, a community led program to promote reading, literacy and community-building by inspiring people of different ages and backgrounds to talk about the same book. This year, Anchorage Reads has chosen Stamped from the Beginning: A Definitive History of Racist Ideas in America by Ibram X. Kendi and Stamped: Racism,

Antiracism, and You by Ibram X. Kendi and Jason Reynolds. For more information on Anchorage Reads visit:

Anchorage Reads

The Vaccines Trial Results are Impressive...

- This graph plots the Cumulative number of cases of COVID-19 diagnosed among subjects participating in the trial
- BLUE dots received the PLACEBO
- RED dots received the VACCINE
- The small inset box, top left, is a blow up of the first three weeks after injection.
- By DAY 12 the difference is stark.



The COVID-19 Vaccines will be a game changer if enough people actually get them

This image says it all - the vaccines work!

I was asked to prepare a presentation for the Anchorage Coalition to End Homlessness / Homelessness Prevention and Response System Advisory Council. This image is the one I knew I had to share with AUUF.

Yes, a few people will be diagnosed with COVID-19 after they get vaccinated, but the vast majority will have become immunized.

So, be sure to sign up for your vaccination as soon as you become eligible.



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WhaleCoast has historically been one of AUUF's biggest fundraisers. These summer tours bring UUs from all over the U.S. to Alaska for sightseeing adventures, while making connections with participating UU congregations in Alaska. Last summer's tours were cancelled due to the pandemic, but tour director Dave Frey from UF Fairbanks is making plans to hold both tours in 2021with strict Covid-19 protocols.

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https://whalecoastak.org/covid-19/ Other pages on the site give details about the statewide tours. Since there is still some uncertainty about how the public health outlook will be for this summer, you should know that a decision to possibly cancel this summer's tours may come about by March.

Until then, Denise Martin is looking for volunteers who would like to host guests during the dates above. Contact her at dulcimer.diva@gmail.com for more information

Fellowship-RE Happenings in February

Needed in March - Pals!!
Be a Mystery Pal for a young person! -

Click here for the adult form Click here for the child form

Please return your form by Feb. 20.
Return forms to Rosene Beachy rbeachy@alaskalife.net

Welcome to the 3rd Annual celebration of World Interfaith Harmony Week 2021 by *Interfaith Council of Anchorage*

WHEN: 7 PM

Zoom doors will open at 6:45 PM

ZOOM LINK* : (FOR ALL EVENINGS)

Click here to join on Zoom.

Meeting ID: 849 4311 4103

Passcode: 312903

February 21, 2021

Baha'i Community of Anchorage Hosted by: Carol Krein

February 25, 2021

Panel Discussion on Building Resilience

Hosted by: Faith leaders and Representatives serving on the

Interfaith Council of Anchorage

on How we are striving to be building resilience in our respective faith communities despite the sorrow, sufferings, uncertainty and hardship of this global pandemic and health crisis!

Click here for more info.

Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
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Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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STAY CONNECTED

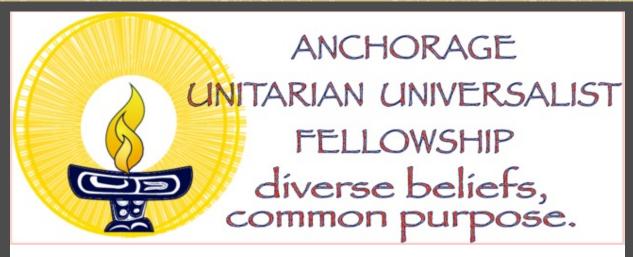




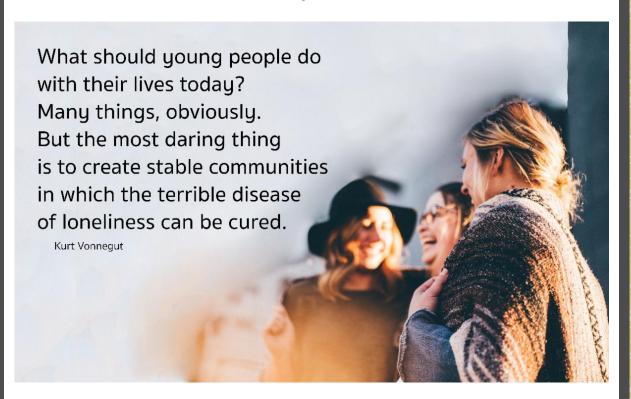
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Service Podcasts

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Today At Your Fellowship Monday February 22, 2021



This Week @ AUUF on Zoom

Monday 2/22/21 Tuesday 2/23/21

10am Gentle Beginners Yoga6-8pm Finding Your Way to Fellowship

Wednesday 2/24/21

1-2:30pm RE Coming of Age Meeting

Thursday 2/25/21

6:30pm Pastoral Care Team Meeting 7:30pm Music with Megan

Friday 2/26/21

Saturday 2/27/21

Sunday 2/28/21
9am Virtual Forum
University of Alaska: Serving the State
University of Alaska Interim President Pat
Pitney and UA Board of
Regents Chair Sheri Buretta

10:15am RE Chalice CircleWe don't run away when things get hard.

11:00am Virtual Worship

12pm Freethinkers

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

Malcolm X

With Rev. Lise Adams Sherry

5pm Sunday Chalice Group

6:30pm Virtual Jr. Youth Meet-up

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy

rbeachy@alaskalife.net



Gentle Beginners Yoga 10am Tuesday February 23

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas

or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to Yoga Collective AK for zoom link and class details.

Finding Your Way to Fellowship 6-8pm Tuesday February 23

Finding Your Way into Fellowship in February via Zoom!
Have you been attending AUUF for years or are you brand new?
Would you like to know a lot more about UU and/or AUUF? Would you like to find out how your own faith journey intersects with AUUF? Are you thinking about becoming a member in the next few months? If so this class is just for you!



Three sessions will be held 3 consecutive Tuesdays Feb. 16th, Feb. 23rd and March 2nd, from 6-8pm. We share our journeys and learn more about UU and AUUF. We have really enjoyed getting to know new and familiar folks. Rev. Lise will be leading one of the sessions.

Contact <u>connections@anchorageuuf.org</u> to learn more. Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

Freethinkers

12pm Friday February 26

Freethinkers Friday Noon on Zoom

As Marie says, "We are great bunny-trail/tangent followers, as evidenced in most of our sessions. And yet, eventually we get back to important mainstream ideas in the books we tackle. Today, QAnon and conspiracy theories as related to myth got a lot of verbal ink. "Myth" is a slippery term, worth a trip to a dictionary, online or print. I'm inclined to put the QAnon and related conspiracy stuff into the newer dictionary category of "urban myth," "a story about an unusual event or occurrence that many people believe is true but that is not true." A couple of days ago, I ran across a piece by Richard A. Friedman in *The New York Review of Books*, "Why Conspiracy Theories Are So Alluring," which relates to

some of what we talked about today.

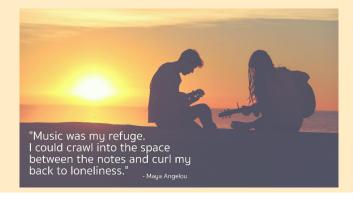
As for our reading in Joseph Campbell's *The Hero With A Thousand Faces*, keep going into Chapter II, Initiation, sections 1-4, which takes you through the 4th section, "Atonement with the Father."

I keep reminding myself that this whole book is about a journey, which has certain important elements that the hero, male or female, must deal with in order to grow and progress. The zipping from Asia to Africa to the Middle East to Navajo beliefs shores up the ubiquity of the same basic human story—Frodo, Mrs Frisby, Luke Skywalker, Arthur, Marty McFly, Dorothy Gale., and a thousand other faces take that journey." Join us on the hero's journey Friday Noon on Zoom

Music with Megan

7:30pm Thursday February 25

Click here to join on Zoom.



Catch the Rising Tide



Fair Share Guide

Click here to open the PDF.

SCT Corner (Safer Congregation Team)

The AUUF Safer Congregation Team (SCT) meets every month; we are 7 members focused on the physical, mental and emotional health and safety of our congregation. After two years of active revision, we have an updated Policy Guidebook. The SCT wants to educate our congregation about our policies and are going to begin sharing "snippets" from the Guidebook, starting with our Mission Statement.

Look for these the third week of every month in the TAYF.

SCT Mission Statement

Every person has inherent worth and dignity. That includes the right to bodily or mental integrity and sexual privacy. Children have the right to grow and develop without fear or exploitation. The Fellowship must keep its participants safe in order to have a spiritual Fellowship where people feel welcome. Protecting the safety of participants in our Fellowship is a high priority for the organization. Our Fellowship strives to create justice, equity, and compassion for everyone. We should prevent harm to participants in our Fellowship through proven, sensible, protective measures. We should create clear and fair procedures to ensure that anyone accused of an offense or at risk of committing an offense receives justice.

We are a spiritual community for all people. Those who have seriously wronged others need a spiritual community. We are committed to integrate into our community those who

have committed serious wrongs, including acts of sexual abuse and assault, or those at risk of committing such acts. The degree

of integration of those who have committed or are at risk of committing such acts must be weighed against the safety of the community.

On behalf of the Fellowship, the SCT shall work with the Board to take strong action to protect the safety of the congregation and to prevent and redress acts of physical or mental abuse, violence, harassment, sexual abuse, and sexual assault within the Fellowship, in a manner that does justice and preserves the dignity to all.



Look who is turning 100 years old!

March 14, 2021 from 9-10:15 am. Come join in centenarian Sylvia Short's 100th birthday party celebration during the AUUF Forum

Sylvia and her family will be in Anchorage for a week in March. George Bryson will once again be interviewing Sylvia -- this time via Zoom -- gleaning up-to-date information from her since their Forum interview 2-1/2 years ago.

To further honor her lifetime of contributions to our Fellowship, the AUUF Alliance has set a "100 birthday cards for 100 years"

target to generate keepsakes that Sylvia can cherish. If you would like to participate in this, please send a card, before March 14th, to

Sylvia Short % Debbie Hoke, 6357B Whispering Loop, Anchorage, Alaska 99504

Come and join in the fun! Stephanie Koonz

A Comic Eye on Serious Racism

Sponsored by the AUUF Anti-Racism team

"A Comic Eye on Serious Racism", sponsored by the AUUF Anti-Racism team. Sunday Feb. 28th, 3-4:30 PM, or Monday March 1st, 7 - 8:30 PM

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The format of these sessions will include a listening circle and thought-provoking questions to encourage sharing our own personal experiences, thoughts and feelings about this very serious topic.

This program will be offered twice to help provide an opportunity to participate based on individual schedules.

Find the Zoom link on the calendar on the AUUF Homepage

New Rental Home Needed

An AUUF member with COVID-related financial difficulties, and one child, is looking for a rental that will take Alaska Housing vouchers. This member is looking for a 1-2 bedroom apartment, preferably with utilities included in the rent.

If you have any ideas or tips, please contact Rev. Lise. (907.248.3737) Thank you advance for any help you can provide!

Farewell and Thank You to The Log

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The reasons for this are many:

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As always, all change is a work in progress. Kelly and I thank you for you patience as we make this transition and welcome your feedback.

Blessings, Rev. Lise

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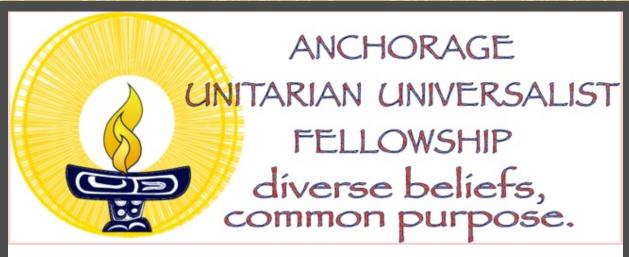




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Sunday 2/28/21 9am Virtual Forum

10:15am RE Chalice Circle

11:00am Virtual Worship

5pm Sunday Chalice Group

6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net





University of Alaska: Serving the State

University of Alaska Interim President Pat Pitney and UA Board of Regents Chair Sheri Buretta

Virtual Forum

9am Sunday February 28

<u>Click here for Speaker bio.</u> <u>Click here to join on Zoom.</u>

Religious Exploration

10:15am Sunday February 28

We don't run away when things get hard.

Last Chance for Mystery Pals

Needed in March - Pals!! Be a Mystery Pal for a young person! -

Click here for the adult form Click here for the child form

Please return your form ASAP
Return forms to Rosene Beachy <u>rbeachy@alaskalife.net</u>





Malcolm X

Rev. Lise Adams Sherry

Virtual Worship

11am Sunday February 28

Click here to join on Zoom.

Catch the Rising Tide

Stewardship Talk by Judy Engh





It's Stewardship Crunch Time

Dear Members and Friends,

It's Crunch Time for AUUF's Stewardship Campaign - We are Counting on You to help us Catch the Rising Tide!

Next year's Proposed Budget would need to be a lot smaller than this year's if we had to submit it today. That's because, as of this noon, only about half of the households that pledged this fiscal year have said they will pledge next fiscal year.

You all know that AUUF is only as strong as our Members' support. Just as this evening's Full Moon launches a week of great Turnagain Arm Bore Tide surfing, this is the moment for you to jump on board and help us wrap up AUUF's *Catch the Rising Tide* Stewardship Campaign.

Why do we need to hear from you so soon?

Every March AUUF's Finance Committee and Board of Directors prepare the Proposed Operating Budget for the next fiscal year and most of the budget is based on your pledges..

On April 1st the Board will distribute the Proposed Budget to all Members to comply with our Bylaws thirty-day notice requirement.

On May 2nd AUUF Members will vote to approve the Fiscal Year 2022 Operating Budget during our Annual Meeting.

We need your help to keep AUUF vital and strong. Here are three options for you: A pledge form will be in your Friday evening email if you have not already submitted one (or you clicked continue "until further notice" on your last one). Please check it over and click on "submit;" OR

Download and send in a paper pledge form from our AUUF Pledging-Annual Fund website: OR

Send an email to **Stewardship@anchorageuuf.org** stating "please continue my current pledge until further notice."

Before you go to bed tonight, please submit your AUUF Pledge. And then reward yourself by basking in the glow of tonight's Full Moon, knowing in your heart that you have done your part to help AUUF *Catch the Rising Tide*.

In Fellowship,
Sid McCausland, President
Board of Directors
Anchorage Unitarian Universalist Fellowship



Update of AUUF Hosts to Accommodate UU Tourists June 12th-16th * July 14th-15th

Thanks so much to those of you have responded positively to my requests to house WhaleCoast guests this summer! As of Feb. 23rd, there are 4 volunteers confirmed to host 6 or more guests for the June tour (and possibly July). There are another 4 "maybe" willing to host in June/July, and another maybe for July only.. With a potential of up to 42 guests for each tour, we obviously have a long way to go. Please write the dates on your calendar and consider contacting me if you have guest space and want to help with this major fundraising tour program! Denise Martin, dulcimer.diva@gmail.com. For more information, go to or website: Fund-raisers

Also, go to WhaleCoast AK to view the entire statewide itinerary.

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Sponsored by the AUUF Anti-Racism team

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This program will be offered twice to help provide an opportunity to participate based on individual schedules.

Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

AUUF Improvements



Automatic door openers installed on both south doors.



Push Pad. Use the heel of your hand.

Do you Have Zoom Fatigue? Sign up for Friendship Nights

Many of us are missing seeing each other in person. The Fellowship decided to offer Outdoor Friendship Nights at member's homes. Several members with outdoor fireside seating are hosting Friendship Nights for small groups of 4-6 members. This is an opportunity to gather in small groups outside.

All one needs to do is sign up for one of the following dates by contacting:

Joan Frankevich at 907-250-6056 (<u>fireweed59@gci.net</u>) or Andee Cordano at 907-350-6361 (<u>andeecordano@gmail.com</u>) and we will send you the address and contact information for your host.

6:30 Saturday, March 13, on Hillside, 4WD needed, an accessible location with no stairs

7:00 Saturday, March 20, accessible location, with no stairs in West Anchorage

6:30 Friday, March 26, South Anchorage

7:00 Friday, March 26, West Anchorage

Guests will need to dress warm and bring their own drinks in their own glasses. This is an informal outside gathering. As much as we love food, we decided to be Covid Safe and not serve refreshments. We have additional dates and locations coming soon.

If you have an outdoor area and would like to host, please contact Joan or Andee

SCT Corner (Safer Congregation Team)

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Connecting During COVID: Fireside Chat for Adults

Your AUUF Connections Team invites you to our monthly Fireside Chat (Tea and Toddies!) -- no agenda, just show up on Zoom for some friendly conversation. You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

Monthly Connections on Zoom March 3, 6:30-8:00 pm for ages 18 and up

We'll offer this every first Wednesday of the month until further notice.

Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

Meeting ID: 937 4585 1060

Passcode: 791795

For more information, email connections@auuf,org

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As always, all change is a work in progress. Kelly and I thank you for you patience as we make this transition and welcome your feedback.

Blessings, Rev. Lise

Dark of Winter by AUUF Choir



Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







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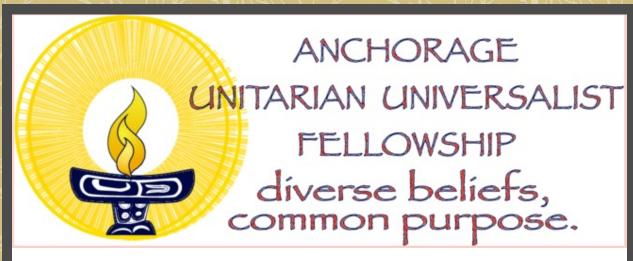




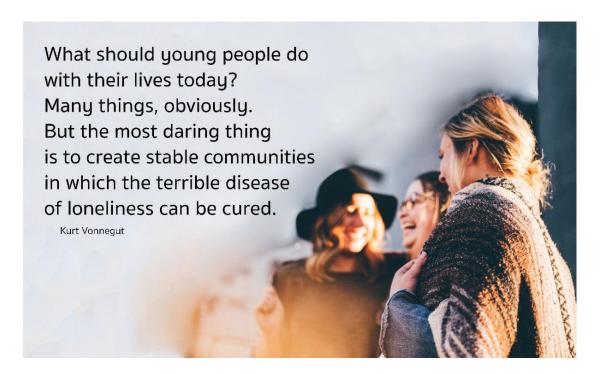
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Today At Your Fellowship Monday March 1, 2021



This Week @ AUUF on Zoom

Monday 3/1/2021

7-8:30pm A Comic Eye on Serious Racism

Tuesday 3/2/2021

10am Gentle Beginners Yoga 4:30pm Forum Planning Meeting 6-8pm Finding Your Way to Fellowship 7-8pm Adult Religious Exploration with Rev. Lise

Wednesday 3/3/2021

6:30-8pm Fireside Chats 7-8:30pm Building & Grounds Meeting

Thursday 3/4/2021

Sunday 3/7/2021 9am Virtual Forum

10:15am RE Chalice Circle

11:00am Virtual Worship

6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF homepage</u>.

To learn how to participate in Religious Exploration youth

7pm Choir Practice

Friday 3/5/2021 12-1:30pm Freethinkers

Saturday 3/6/2021

programming contact Rosene Beachy rbeachy@alaskalife.net

A Comic Eye on Serious Racism

Sponsored by the AUUF Anti-Racism team Monday March 1st, 7 - 8:30 PM

As a way to facilitate thinking and sharing our ideas and feelings about racism, we will watch two brief comedy videos which focus on the topic of racism.

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Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

Gentle Beginners Yoga

10am Tuesday March 2

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to Yoga Collective AK for zoom link and class details.

Adult Religious Exploration with Rev. Lise

Rev. Lise facilitates the Tapestry of Faith curriculum, *What Moves Us.* Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys.

Classes will be on the 1st and 3rd Tuesdays of the month through May.

Find the Zoom link on the calendar on the AUUF Homepage

Connecting During COVID: Fireside Chat for Adults

6:30pm Wednesday March 3

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for ages 18 and up We'll offer this every first Wednesday of the month until further notice.

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Choir Practice

7pm Thursday March 4

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Freethinkers

12pm Friday March 5

Our resident poet, Marie Lundstrum, notes that "Campbell really gets us to look at our own "tribal" customs, especially the lack of them, such as rites of passage into adulthood. In the US, we have a strong emphasis on individualism, a person being responsible only for oneself, which certainly gets in the way of the need for cooperative effort toward tribal safety, as evidenced during this pandemic. How can we be a global "tribe" of billions and follow group "norms" to save our Spaceship Earth from becoming a second Mars? Big question. No answer. ~ Read through Part I, Chapter III, Section 2, "The Magic Flight," in Campbell's *The Hero With A Thousand Faces* for next Friday, March 5. I find reading Christopher Vogler's *The Writer's Journey: Mythic Structure for Writers* (c1998) alongside Campbell helps me to understand the elements and archetypes of the Hero's Journey. He uses numerous movie characters and situations as examples of Hero (Dorothy, Luke, Frodo, Brody), Mentor (Glinda, Quint, Gandalf, Obi Wan), Allies, Enemies, Threshold Guardian, Trickster, Shapeshifter, Ordeal, and other important parts of the journey. As a movie-loving person, I find this approach a real help in clarifying Campbell. And fun! Why don't you join ua on this incredible journey, Freethinkers Friday Noon on Zoom.

Find the Zoom link on the calendar on the AUUF Homepage

Catch the Rising Tide

Final Pledge Reminder Video





Communications Team Members Wanted

Hi Everyone,

Last summer we did a call for communications team members. We had one meeting and ended the conversation with many good points and new communications patterns. Then we closed the last meeting with "until the new Minister arrives..." So here we are! Rev. Lise and I have been discussing developing new communications goals and how we can involve AUUF community in creating strategy for future communications plans. If you have skills relating to the following things you maybe helpful for this team!

- Staying in the know with AUUF community
- Social Media & marketing experience
- Experience with Wix
- · Opinions about AUUF "digital presence"
- Skills & opinions not yet considered

Contact Kelly Spring at communications@anchorageuuf.org if you'd like to volunteer



Joy & Sorrow

From Sunday February 28

From Diane Smith, Usher: Joy - Chalice Circle, where I get to think about & hear about topics I usually only hear about on Sundays. And beginning to get to know some new (to me) people.

From Cari Sayre: Joy - After seeing Nina Simone earlier, Dave wonders how anyone could see black as anything but beautiful. Concern - the lack of clarity as to what is safe to do after having been vaccinated.

Do you Have Zoom Fatigue? Sign up for Friendship Nights

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7:00 Saturday, March 20, accessible location, with no stairs in West Anchorage

6:30 Friday, March 26, South Anchorage 7:00 Friday, March 26, West Anchorage

Guests will need to dress warm and bring their own drinks in their own glasses. This is an informal outside gathering. As much as we love food, we decided to be Covid Safe and

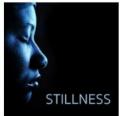
not serve refreshments. We have additional dates and locations coming soon.

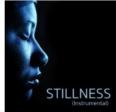
If you have an outdoor area and would like to host, please contact Joan or Andee





















Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org

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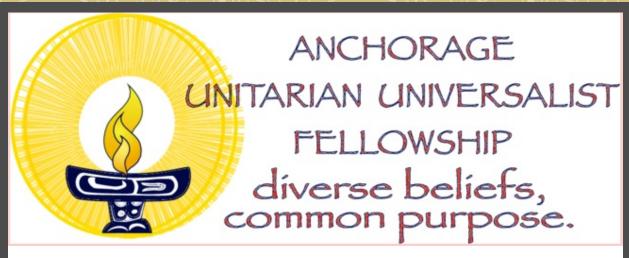




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Today At Your Fellowship Friday March 5, 2021

This Sunday @ AUUF on Zoom

Sunday 3/7/2021

9am Virtual Forum

10:15am RE Chalice Circle

11:00am Virtual Worship

6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Virtual Forum

9am Sunday March 7

The Transition to Clean Energy
Chris Rose, Exec. Director of REAP

Click here to join on Zoom. Click here for Speaker bio.







Unplugged ... Leaving room for more Rev. Lise Adams Sherry

Virtual Worship

11am Sunday March 7

Unplugging .. **Leaving room for more**. With Rev. Lise

Click here to join on Zoom.



Sign up for Friendship Nights Do you Have Zoom Fatique?

Many of us are missing seeing each other in person. The Fellowship decided to offer Outdoor Friendship Nights at member's homes. Several members with outdoor fireside seating are hosting Friendship Nights for small groups of 4-6 members. This is an opportunity to gather in small groups outside, masked and socially distanced.

All one needs to do is sign up for one of the following dates by contacting: Joan Frankevich at 907-250-6056 (fireweed59@gci.net) or Andee Cordano at 907-350-6361 (andeecordano@gmail.com) and we will send you the address and contact information for your host.

6:30 Saturday, March 13, on Hillside, 4WD needed, an accessible location with no stairs

7:00 Saturday, March 20, accessible location, with no stairs in West Anchorage

6:30 Friday, March 26, South Anchorage

7:00 Friday, March 26, West Anchorage

Guests will need to dress warm and bring their own drinks in their own glasses. This is an informal outside gathering. As much as we love food, we decided to be COVI Safe and not serve refreshments. We have additional dates and locations coming soon. If you have an outdoor area and would like to host, please contact Joan or Andee

Here's a great article from Stanford on Zoom Fatigue and 4 ways to alleviate it.

Click here to read the article.



Update of AUUF Hosts in Anchorage for UU Tourists

June 12th-16th * July 14th-15th

Thanks so much to those who've responded positively to requests for housing WhaleCoast guests this summer. As of March 4th there are 4 volunteers confirmed to host up to 8 guests for the June tour. There are some hosts "maybe" willing to house about 17 additional guests in June. For July, there are 5 confirmed hosts to house 12 guests, and enough "maybes" to accommodate about 14 more guests. Some volunteers (including the "maybes") could be or are willing to host guests for both the June and July tours. Additional volunteers might help share the duties and ease their burden! Fingers crossed that COVID-19 vaccines continue to make a promising outlook for safe summer touring. WhaleCoast is monitoring CDC recommendations to make safety a priority.

JUNE: Confirmed hosts: 4 *** "Maybe" hosts: 8 *** Total beds available

WITH Maybes: About 25

JULY: Confirmed hosts: 5 *** "Maybe" hosts: 7 *** Total beds available

WITH Maybes: About 26

With a potential of up to 42 guests for each tour, (though it may end up around 30), we are getting closer to reaching a realistic number of hosts, assuming the COVID situation improves enough to meet the comfort level of all the "maybes." More volunteer hosts are needed, and we'll be checking in with the maybes in mid-March.

Please write the dates on your calendar, get yourself vaccinated if you haven't, and consider contacting me if you have guest space and want to help with this major fundraising tour program! Denise Martin,

dulcimer.diva@gmail.com. For more information, go to or website: <u>AUUF Fundraisers</u>. Also, go to <u>WhaleCoast AK</u> to view the entire statewide itinerary.

Look who is turning 100 years old!

March 14, 2021 from 9-10:15 am. Come join in centenarian Sylvia Short's 100th birthday party celebration during the AUUF Forum

Sylvia and her family will be in Anchorage for a week in March. George Bryson will once again be interviewing Sylvia -- this time via Zoom -- gleaning up-to-date information from her since their Forum interview 2-1/2 years ago.

To further honor her lifetime of contributions to our Fellowship, the AUUF Alliance has set a

"100 birthday cards for 100 years" target to generate

keepsakes that Sylvia can cherish. If you would like to participate in this, please send a card,

before March 14th, to

Sylvia Short % Debbie Hoke, 6357B Whispering Loop, Anchorage,



Alaska Black Caucus Community Conversation

7-8pm Sunday, March 7,

Women's History Month Kick-Off

Speaker: Dr. Flojaune Cover, PhD, MPH

Understanding and addressing the role of race and racism!

Dr. Flojaune is Epidemiologist and Senior Director of Policy at Public Health Advocates.

Zoom Link

Meeting ID: 819 3479 7628 --- Password: 842042 One tap mobile +16699006833,,81934797628#,,,,0#,,842042# US (San Jose)

SAVE THE DATE: Sunday May 12th or Wednesday May 16th (the discussion session will be offered twice)

The Anti-Racism team will be hosting a discussion of a group read of

"So You Want to Talk About Race" by Ijeoma Oluo, More info to follow on an easy way to get the book.

The author guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.

National Book Review states "Oluo gives us — both white people and people of color — that language to engage in clear, constructive, and confident dialogue with each other about how to deal with racial prejudices and biases."

More "A Comic Eye on Serious Racism," sponsored by the AUUF Anti-Racism team. Date to be determined - more info to follow.

We will watch 2 or 3 more videos about racism and share the feelings and though that arise after watching them.

AUUF Construction Updates



New steps



New light switch



A/V Booth Update

Forum

7pm Monday March 15

AFACT will be hosting a virtual mayoral forum on Monday, March 15th, at 7:00 PM. The forum will be held over Zoom.

AFACT leaders will be asking the candidates questions on some of the most pressing issues facing our community, including housing and homelessness, substance abuse treatment, and the city's response to our changing climate. Twelve of the 14 candidates who are running have committed to attend. We hope you'll be able to join us! You can register for the forum by following this link:

Click here to register.



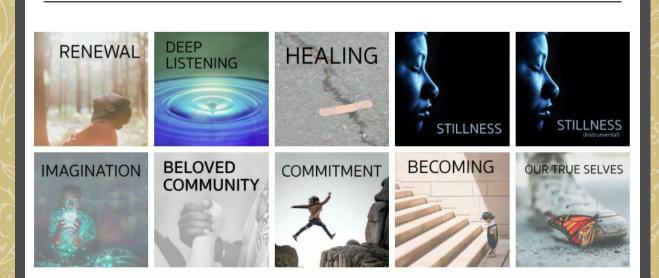
Communications Team Members Wanted

Hi Everyone,

Last summer we did a call for communications team members. We had one meeting and ended the conversation with many good points and new communications patterns. Then we closed the last meeting with "until the new Minister arrives..." So here we are! Rev. Lise and I have been discussing developing new communications goals and how we can involve AUUF community in creating strategy for future communications plans. If you have skills relating to the following things you maybe helpful for this team!

- Staying in the know with AUUF community
- Social Media & marketing experience
- Experience with Wix
- Opinions about AUUF "digital presence"
- Skills & opinions not yet considered

Contact Kelly Spring at communications@anchorageuuf.org if you'd like to volunteer





- On Youtube
- Archive of Playlists







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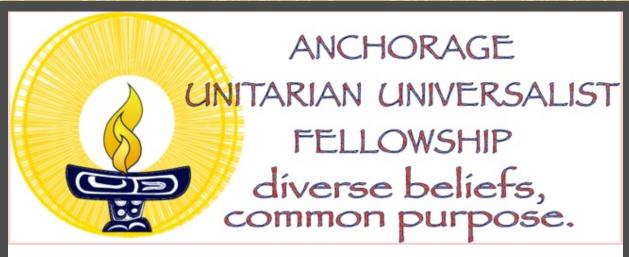




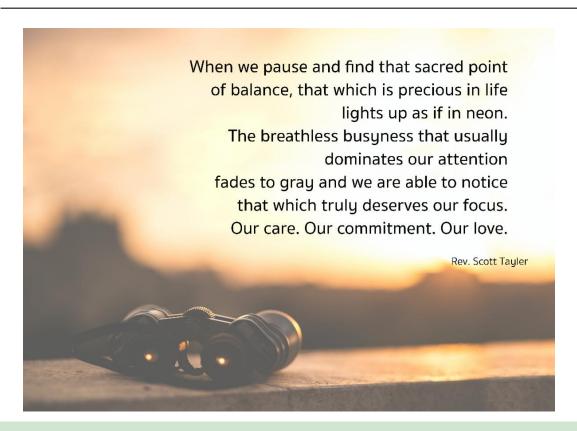
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Today At Your Fellowship Monday March 8, 2021



This Week @ AUUF on Zoom

Monday 3/8/21

Tuesday 3/9/21

10am Nominating Committee 10am Gentle Beginner's Yoga 2pm Hungry Book Club 6pm Connections Team 6pm CYRE Team Meeting

Wednesday 3/10/21 6pm Safer Congregations Team **Sunday 3/14/21**

9am Virtual Forum Celebrating Sylvia Short at 100Sylvia Short with George Bryson

10:15am RE Chalice Circle

11:00am Virtual Worship

A Year in Review

Marty Freeman, Koala Vandruff and
Megan Webb

Thursday 3/11/21 4pm Board Executive Meeting

Friday 3/12/21

3pm Social Activism with Sr. Prejean 12pm Freethinkers

Saturday 3/13/21 Friendship Nights begin More info below 6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Gentle Beginners Yoga

9am Tuesday March 9

Go to Yoga Collective AK for zoom link and class details.

Freethinkers

12pm Friday March 12

Click here to join on Zoom.

March Virtual Forum

9am Sundays on Zoom

On March 7, we heard an informative program on the *Transition to Clean Energy* from Renewable Energy Alaska Project (REAP) Executive Director Chris Rose.

On Sunday March 14, we will be celebrating *Sylvia Short's* 100th *Birthday*. IT'S A SURPRISE (we think). Sylvia will be joining us by Zoom, for a look at her life and discussion led by George Bryson. If you want to send her a birthday card (hoping for 100 or more), you can still do that by addressing it to:

Sylvia Short c/o Debbie Hoke 6357B Whispering Loop, Anchorage,

AK 99504.

On March 21, Libby Roderick will speak to us on the topic, "One Nation, Divisible—Talking About Hard Things with Our Neighbors."

And on the last Sunday of March, the 28th, Anchorage attorney Patrice Icardi will present a program on "Safeguarding and Protecting Our Elders."

Social Activism with Sr. Helen

3pm Friday March 12 (Updated March 8)

Do you want to follow up with Sr. Helen Prejean reading and thinking about a personal journey to Social Action?

This Friday, March 12 from 3:00 – 3:30pm we will have our first of two Zoom meetings with anti-death penalty activist and author Sister Helen Prejean. Here is a link for joining this Zoom session.

Click here to join on Zoom.

This link can be found on the AUUF website Home Page at <u>anchorageuuf.org</u> in the calendar of events for March 12 or through the Stay Up to Date section in the left column under Social Activism with Sister Helen, or in This Week at Your Fellowship, and on the AUUF Facebook Page.

Click here to read more.



Sign up for Friendship Nights

Do you Have Zoom Fatigue?

Many of us are missing seeing each other in person. The Fellowship decided to offer Outdoor Friendship Nights at member's homes. Several members with outdoor fireside seating are hosting Friendship Nights for small groups of 4-6 members. This is an opportunity to gather in small groups outside, masked and socially distanced.

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Joy & Sorrows From Sunday Worship March 7

From Peggy Robinson: Joy: We hired a Congregational Administrator! Kara Mabry starts working for us on Tuesday. Please welcome her when you can. She'll be at the office 4 days a week, using the admin@anchorageuuf.org email.

From Doug Eby: Tremendous Joy - HUGE spread of vaccine in Alaska!! ...and PLUMMETING covid cases, hospitalizations, and deaths...



CDC's 3/8 Guidelines for those fully vaccinated.

Click here to read the PDF.

AFACT Mayoral Forum

7pm Monday March 15

AFACT will be hosting a virtual mayoral forum on Monday, March 15th, at 7:00 PM. The forum will be held over Zoom.

AFACT leaders will be asking the candidates questions on some of the most pressing issues facing our community, including housing and homelessness, substance abuse treatment, and the city's response to our changing climate. Twelve of the 14 candidates who are running have committed to attend. We hope you'll be able to join us! You can register for the forum by following this link:

Click here to register.

Next week, Catholic Native Ministry, a member of AFACT, will be hosting two virtual

forums with candidates running for the Anchorage School Board. This will be one of the only opportunities to hear the candidates discuss issues of particular concern to Alaska Native students and families. We hope that you will be able to join us!

You can watch the forums on Facebook Live or via Zoom by registering with the following links:

• Candidates running for Seats F & G: Wednesday, March 10th @ 7:00 PM Click here to register.



ENVISION FOR THE FUTURE OF OUR CITY



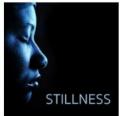
The Equality Act was passed by U.S. House of Representatives and is now with the U.S. Senate. This landmark nondiscrimination and civil rights bill would ensure that all LGBTQ+ Americans can live, work, and access public spaces free from discrimination, no matter what state they call home.

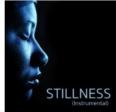
To show your support, contact your representatives now.





















Soul Matters Playlists

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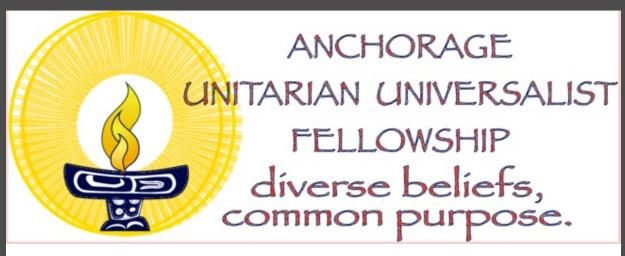




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Today At Your Fellowship Friday March 19, 2021

This Sunday @ AUUF on Zoom

Saturday 3/20/21

9-11 am COA Firepit Circle 2:30-5:30 pm Worship Associate Mini-Retreat 7 pm Friendship Night

Sunday 3/21/21 9 am Virtual Forum

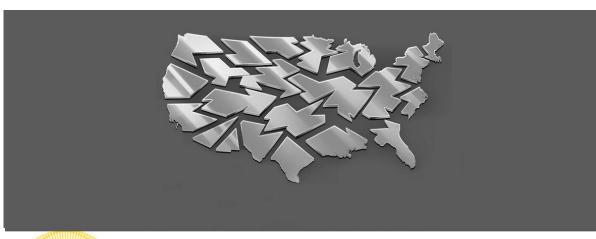
10:15 am RE Chalice Circle

11 am Virtual Worship

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net



With Libby Roderick



One Nation, Divisible—Talking About Hard Things with Our Neighbors

Virtual Forum

9 am Sunday, March 21

Click here to join on Zoom.
Click here for Speaker's bio.





Remembering Selma

With Rev. Lise Sherry Adams

Virtual Worship

11 am Sunday, March 21

Remembering Selma Rev. Lise Adams Sherry

Click here to join on Zoom.



Update of AUUF Hosts in Anchorage for UU Tourists

June 12th-16th * July 14th-15th

Thanks so much to those who've responded positively to requests for housing UU WhaleCoast guests this summer. We're getting closer to reaching our goal of needed hosts, but won't know for sure until guest information is finalized, which it should be soon. As of March 18th, there are 7 volunteers confirmed to host up to 16 guests for the June tour. There are some hosts "maybe" willing to house about 17 additional guests in June. For July, there are 5 confirmed hosts to house 12 guests, and enough "maybes" to accommodate about 16 more guests.

JUNE: Confirmed hosts: 7 ** "Maybe" hosts: 8 ** Total beds available WITH Maybes:

JULY: Confirmed hosts: 5 ** "Maybe" hosts: 8 ** Total beds available WITH Maybes: About 28

Keep in mind that the exact match of hosts/guests depends a lot on requests that sometimes come in for pet-free homes, avoidance of stairs, shared or separate beds, etc. Having backup hosts on standby will ensure we can accommodate every guest, and earn the maximum amount of income for AUUF that our operating budget so desperately needs.

Please write the dates on your calendar, get yourself vaccinated if you haven't, and consider contacting me if you have guest space and think you might help with this major fundraising tour program! Denise Martin: dulcimer.diva@gmail.com. For more information, go to our website: AUUUF Fundraisers Page. Also, go to WhaleCoast AK to view the entire statewide itinerary.

If you're intrigued about the tours, perhaps you will consider attending part of a.WhaleCoast tour yourself! You could be enjoying parts of Alaska that you never before had a chance to visit, along with other UUs from all over the country. To inquire about such an option, please contact tour director Dave Frey: dfrey@whalecoastak.org

Are you able to share?

Dear Fellow Members and Friends of AUUF,

We are living in extraordinary times. The pandemic has caused great human suffering with

devastating economic consequences. We are hopeful it is a once-in-a-lifetime event. We are grateful for the stimulus government payments we have received and are about to receive.

May they too be a once-in-a-lifetime event for this reason. AUUF is facing a serious budget crisis for the next fiscal year beginning in July. This comes from the continuing financial impacts of the pandemic and life changes with some individuals, as well inflationary costs as we plan for a full year of programs with decreased revenue. Your Finance Committee and Board have done everything possible to balance the budget without cutting the people and programs we all value, but we still have a deficit of about \$46,500. We know we will have to make changes, but it is better to make those decisions after the crisis has passed, and we have a better understanding of what is to come. Please, help us survive this crisis by sharing, as you are able, the \$1,400 stimulus payment you have or will soon receive from the federal government. Every extra donation we receive saves our one-time reserves for future unknowns. Electronic payments or checks are welcome – please indicate "FY22 extra" on the memo line.

Hopefully,

The Finance Committee and the Board of Directors

Seder Dinner March 27, 5:30 pm

AUUF is hosting a (UU modified) Seder Zoom dinner on March 27, 2021, at 5:30 pm. We hope you'll join us!

A Seder traditionally gives everyone in attendance a chance to read from the Haggadah, the booklet that tells the story of Exodus and why we celebrate Passover. That's harder to do over Zoom, but we'd still like to make this broadly participatory. If you'd like to be a reader and read a couple of small assigned parts, please send an email to susano@reevesamodio.com no later than Thursday, March 25, that says "I want to read." Children are welcome to read. I'll send you a copy of the Haggadah, probably on Friday the 26th, with your parts clearly identified. You'll need to be able to print it out in advance or switch screens while on Zoom during the Seder.

If you want a copy of the Haggadah so you can follow along without reading, send me an email by Thursday, March 25, that says "I don't want to read but I'd like a copy of the Haggadah" – and

I'll send you one.

Please have fun with this. You can email me if you have any questions. Susan susano@reevesamodio.com

Click here to read more.

Welcome AUUF New Members!



Kellie Rixse



Jocyln Reilly



Clarissa Guernsey

Click here for new member bios.

AUUF Construction Updates



A/V Connection boxes to avoid tripping over cables



Drywall work has begun



Stewardship puzzle awaiting for everyone returning

AUUF ANTI-RACISM TEAM CORNER: Upcoming events

Alaska Black Caucus Community Conversation Sunday, March 21st, 7-8 pm "Bias in the Media" with Lori Townsend and Tracy Sabo, moderated by Cal Williams Zoom Meeting Link: Click here to join on Zoom.

Meeting ID: 819 3479 7628 --- Password: 842042 One tap mobile +16699006833,,81934797628#,,,,0#,,842042# US (San Jose)

Take 2 - "A Comic Eye on Serious Racism", sponsored by the AUUF Anti-Racism team. Sunday, March 28 (3-4:30) and/or Monday, March 29 (7-8:30)

Zoom info to follow.

We will watch 2 or 3 more videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

Anti-Racism Team Book Circle: Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm

The Anti-Racism team will be hosting a discussion of a group read of "So You Want to Talk About Race" by Ijeoma Oluo,

Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more.

We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library

Borrow an e-book from the Anchorage Public Library

Borrow an audiobook from the Anchorage Public Library

Order a copy from local bookstore Writer's Block

Buy an audiobook while supporting Writer's Block

No time for the whole book?

Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

SCT Team

Th AUUF Safer Congregation Team (SCT) meets every month; we are 7 members focused on the physical, mental and emotional health and safety of our congregation. After two years of active revision, we have an updated Policy Guidebook. The SCT wants to educate our congregation about our policies and are sharing "snippets" from the Guidebook. Look for these the third week of every month in the TAYF.

SCT Philosophy

Our commitment, as Unitarian Universalists, is to the inherent worth and dignity of every person; justice and compassion compel us to create a safe and nurturing environment. This environment should protect children and adults from harm while promoting their spiritual growth. We are committed to maintaining a safe environment as well as one free of discrimination and harassment.

SCT Purpose

The SCT exists to ensure the protection and safety of our congregants and the building. The SCT shall advise the Board and the congregation as well as propose policies that address building safety and the safety of each person who enters the AUUF building and/or attends AUUF events through sensible, protective measures regarding their physical, emotional, and mental well-being.

SCT Membership

The SCT will be composed of, at a minimum: the minister, religious educator, mental health or medical/nursing professional, and two members of the Fellowship. It is preferable that two of the members of the team be familiar with issues that may be likely to arise to include, but not be limited to: sexual assault, sexual harassment, human resources, security, and legal issues.

AUUF Members have selected our 2021 Half- Portion Recipients-

UPDATED SCHEDULE BELOW

Thank you, everyone, who cast a ballot.

If your chosen team did not make the cut, think about how you can raise its visibility for next year's vote.

Click here to see AUUF Half Portion Selections.

Our 1905 Steinway Piano - a gift from Sylvia Short

by Peggy Robinson March 2021

Long-time AUUF member Sylvia Short inherited our 1905 Steinway Grand Piano, Louis XV Model A, from a relative who lived in the San Francisco area. (It was there during the 1906 earthquake.) She had it in her home for many years in Anchorage, giving piano lessons and playing for friends at frequent gatherings. After her husband Gene died in 2000, she sold her house and moved into a smaller home. There was not room for it there, so she gave it to AUUF. We had a Baldwin grand piano that had been given to us previously, and it continued to be primarily used as the Steinway had cracks in the soundboard and some other sound problems.

In 2005, Dan McElrath, a Registered Piano Technician and owner of Alaska Piano Services, was asked to provide an appraisal of the piano and make recommendations for its repair. Without the repairs, he estimated the value at about \$4000. He roughly estimated the cost of the repairs at \$25,000, increasing the value to over \$50,000. AUUF did not have the funds at the time to do the repairs Dan outlined. When the fellowship purchased the building in Airport Heights in the spring of 2014, there was discussion of whether it was worth paying to move the piano if it was not going to be used. The decision was made to keep it and pay for moving, with plans to repair it sometime in the future. It was placed in the rear of the Sanctuary while the Baldwin was on the Chancel. Early in 2017, Sylvia said that she would be willing to pay for the rebuilding herself. We received an updated rebuilding proposal from Dan for \$40,000, and she agreed to fund \$30,000 for the rebuild. The other \$10,000 was for the refinishing, which AUUF decided we could fund through the selling of the Baldwin. The Board approved the contract and the rebuilding began in July.

The rebuilding and refinishing were completed and the Baldwin sold in January 2018. A celebration of the piano and Sylvia was held In February 2018. A video of the rebuilding process is currently on the AUUF website. We again celebrated this wonderful gift as part of Sylvia's 100 th birthday celebration on March 14, 2021.





- On Spotify
- On Youtube
- Archive of Playlists







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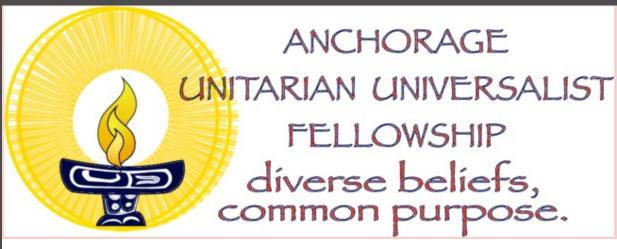




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Today At Your Fellowship Monday March 22, 2021

If you see what needs to be repaired and how to repair it, then you have found a piece of the world that God has left for you to complete.

But if you only see what is wrong and what is ugly in the world, then it is you yourself that needs repair.

Lubavitcher Rebbe



This Week @ AUUF on Zoom

Monday 3/22/21

Tuesday 3/23/2110 am Gentle Beginners Yoga
6-8pm Program Council

Wednesday 3/24/21

Thursday 3/25/21 6:30 pm Pastoral Care Team 7:30 pm Music with Megan

Friday 3/26/21

Sunday 3/28/21 9 am Virtual Forum

Safeguarding and Protecting Our Elders
Attorney Patrice Icardi

10:15 am RE Chalice Circle

11 am Virtual Worship *Holi, the Festival of Spring*With Rev. Lise

1 pm Virtual COA M & M Meeting

12 pm Freethinkers 6:30 pm Friendship Night South Anchorage

Saturday 3/27/21 5:30 pm Seder Dinner 3-4:30 pm Anti-Racism Team: A Comic Eye on Serious Racism

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Gentle Beginners Yoga

10 am Tuesday, March 23

Visit <u>Yoga Collective AK</u> for zoom link and class details. Ends Tuesday, April 13

Music with Megan

7:30 pm Thursday, March 25

Click here to join on Zoom.

Freethinkers

12 pm Friday, March 26

If only AUUF had a belfry!

Freethinkers often take a circuitous flight of fancy on their journey towards enlightenment. Case in point, here is Marie's commentary on last Friday's discussion of Joseph Campbell's, *The Hero with a Thousand Faces*: "Who knew making bat houses would be so involving! Bill Sherwonit said, "Considering [the difficulty of] reading Campbell, I'm enjoying this bat conversation!" And bats got as much vocal attention as Campbell in today's discussion. One notion was that bats could very well be Helpers in the Hero's Journey. And why not?

From bats to the Virgin Birth to low sperm count among humans [purportedly to be zero in 2045] is a long leap, but we got there by way of Jainism, one of the world's oldest religions. Jain cosmological belief is that the universe is cyclic, that we are presently in a downward, degenerative, sorrowful path of immorality, will eventually self-destruct, and then begin anew. Given the current political and climate situations, I can see the attraction of such a belief system, especially since souls are also transient and go through rebirth cycles. If societies create religions to meet their needs, then Jainism has some answers that make great sense.

The next reading, for March 26, in Joseph Campbell's *The Hero With A Thousand Faces* is the section "Transformations of the Hero," which is Chapter III of Part II, The Cosmogonic Cycle. After that, we will have a mad reading dash to the end for our April 2 discussion. And who would have guessed there are bats the size of foxes! Flying foxes, or fox bats, are the largest bat species [excluding Batman, of course]. They are found in Australia, Indonesia, Asia generally, [aka] Old World fruit bats with a head and body length of 16 inches and wingspread of 5 feet." (Sadly, they cannot be imported into the U.S.) Join the fun: follow the link to Freethinkers Friday Noon on Zoom.

Friendship Night South Anchorage

6:30 Friday, March 26

Many of us are missing seeing each other in person. Several members with outdoor fireside seating are hosting Friendship Nights for small groups of 4-6 members. This is an opportunity to gather in small groups outside, masked and socially distanced.

All one needs to do is sign up for one of the following dates by contacting: Joan Frankevich at 907-250-6056 (<u>fireweed59@gci.net</u>) or Andee Cordano at 907-350-6361 (<u>andeecordano@gmail.com</u>) and we will send you the address and contact information for your host

6:30 Friday, March 26, South Anchorage 7:00 Friday, March 26, West Anchorage

Guests will need to dress warm and bring their own drinks in their own glasses. This is an informal outside gathering. As much as we love food, we decided to be COVID Safe and not serve refreshments. We have additional dates and locations coming soon. If you have an outdoor area and would like to host, please contact Joan or Andee

Seder Dinner March 27, 5:30 pm

AUUF is hosting a (UU modified) Seder Zoom dinner on March 27, 2021, at 5:30 pm. We hope you'll join us!

A Seder traditionally gives everyone in attendance a chance to read from the Haggadah, the booklet that tells the story of Exodus and why we celebrate Passover. That's harder to do over Zoom, but we'd still like to make this broadly participatory. If you'd like to be a reader and read a couple of small assigned parts, please send an email to susano@reevesamodio.com no later than Thursday, March 25, that says "I want to read." Children are welcome to read. I'll send you a copy of the Haggadah, probably on Friday the 26th, with your parts clearly identified. You'll need to be able to print it out in advance or switch screens while on Zoom during the Seder.

If you want a copy of the Haggadah so you can follow along without reading, send me an email by Thursday, March 25, that says "I don't want to read but I'd like a copy of the Haggadah" – and I'll send you one.

Please have fun with this. You can email me if you have any questions. Susan susano@reevesamodio.com

Click here to read more.

AUUF on the Threshold

A missive from Sid McCausland, Board President

Look at us, teetering on the Threshold of Year Two of these COVID Times, more than eager to be freed from this trance, dreaming of casting off the chains of isolation, anxious to bridge the yawning chasm of Social Distancing, itching to have a stimulating unmasked dialogue with a vaccinated friend or foe, yearning for a hug, eager to SEE each of you.

I'm praying for Normal Times. Yet, I know that is a dream too far. I'm anxious about our fellow travelers who are not prepared to be vaccinated for reasons both legitimate and specious. But that does not have to stop us from moving forward as a Fellowship.

I am confident AUUF can create an environment where <u>masked vaccinated</u> folks sixteen and older and children who do not have serious health issues can gather again by the brink of Summer.

We have learned much about RESILIENCE over the past year as we've swung through

every mood in our personal repertoires. We are ready to share this new-found <u>cautious</u> confidence with others as we open AUUF to the CHALLENGES that confront us in our Fellowship, our community, our Alaska, our United States of America, our World.

Our fledgling Healthy Congregation Team is about to burst out of its cocoon and help us all work on our relationship skills that are so critical to nurturing an environment in which everyone can flourish... Our Religious Exploration Team is gearing up for Peace Camp in the Great Alaska Outdoors... It's hard to see all the activity through your Zoom window, but I can hear things buzzing and it's getting louder and more IMPATIENT each week. Speaking of buzz...

Last week your Board of Directors adopted a proposed budget for Fiscal Year 2022 (which begins on July 1st) that needs to be adopted during our Membership's Annual Business Meeting on May 2nd. It will be distributed to all active Members soon. Some tough decisions went into the creation of this budget. Fiscal Year 22 will be the last year we can sustain our current level of operations if we fail to raise additional revenue. The proposed budget anticipates expenditures tens of thousands of dollars greater than revenue. Rather than cutting back on staff hours, we can meet the shortfall with funds in our unrestricted reserves in the HOPE YOU WILL HELP us generate additional revenue as we move forward.

One bright note recently is the number of AUUF folks donating some (even all) of their Federal COVID grant to AUUF. Those wonderful gifts will help us overcome the fact that we did not reach our \$300,000 goal for Pledges — Thank YOU for sharing. We owe a deep debt of gratitude to our intrepid Stewardship Committee and its friends, our eyeswide-open Finance Committee, and every AUUF Household that is stepping up to help sustain our Fellowship.

There is so much to be EXCITED about! So much for us to do TOGETHER! Please join me on Zoom for AUUF's Annual Business Meeting on May 2nd, convened pursuant to your Bylaw 4.5(a). We will be electing members to our Board of Directors & Endowment Committee, discussing our plans for in-person gatherings, and adopting AUUF's FY22 Operating Fund Budget. Pre-registration opens soon.

In these COVID Times, I have learned...

The journey into the beloved community is not for the faint of heart.

Failure is not an option.

We'll never be perfect, but we can always be better.

But, most importantly, as I've gotten to know you, I have learned that...

We are a Fellowship that will persevere.

We Unitarian Universalists are resilient people filled with curiosity and aspirations.

And when we set our hearts on something, we can become quite tenacious.

I have learned that...

We are a Fellowship that flourishes because of our commitment to one another and our community.

May it be so.

Yours in Fellowship,

Sid

Never walked a snow labyrinth?

This year's Coming Of Age snow labyrinth is open for use in the AUUF garden area until it melts. This year's group had fun tramping it out in some of the deepest snow we've ever had for this activity in our Spiritual Practice Retreat!

Lovely at dawn or dusk, or after dark when the lights come on.

Bring a candle or meditative music or a friend! Enjoy









Joys & Sorrows from Sunday Worship March 21

From Ken W.: Joy in returning light!

From Ken W.: Sorrow in continued division

From Rev. Lise: Sadness for the Asian Americans who lost their lives because of fear and anxiety.

From Sid McCausland (he, his, him): Holding Helen Neinheuser in our hearts as she recovers from her broken hip.

From Diane Smith: I feel amazingly fortunate to have such deep, meaningful services, back-to-back, this morning. Wow!



The Clock on the Wall

By David O'Brien, 3/18/2021

For those of you who had meetings in the AUUF library, you probably noticed the clock on the wall made of a nicely finished slice of wood from a cottonwood tree. The artist's name, Claude Maney, is written on the back. During the move from the old building to our new building, the clock got a bit banged around. Some of the numbers had fallen off, and the hands had gotten bent. Occasionally it would show the wrong time.

After several years of hanging on the library wall like this, Irene & David O'Brien from the Ascetics Team

decided to do something about it. They took the clock home, replaced all the numbers, and straightened out the hands. This resulted in a much more ascetically pleasing clock face. However, it still had an issue with displaying the wrong time, even after David replaced the batteries several times. For about the last year during the Covid shutdown of our building, the second hand continued to tick away like

during the Covid shutdown of our building, the second hand continued to tick away like normal but the hour and minute hands were stuck at 6:10. Finally, David took the clock home again and totally replaced the center clock mechanism and all the hands. Now it works just fine. Irene & David feel it was time well spent!

Click here to read the entire article.

Can you spare 60 cubic feet of storage space?

AUUF Member Mariah Offer left her belongings in her apartment when she flew to assist her mother. When the landlord reclaimed Mariah's apartment, Melanie Baker graciously picked up Mariah's belongings - which filled her Subaru to the brim. Melanie has no place to store the stuff and must liberate her vehicle. If you can store Mariah's belongings until her return, Melanie will be able to reclaim her beloved Subaru and peace of mind. Please email Melanie at mrc321@hotmail.com if you are willing to be the answer to her prayers.

Are you able to share?

Dear Fellow Members and Friends of AUUF,

We are living in extraordinary times. The pandemic has caused great human suffering with

devastating economic consequences. We are hopeful it is a once-in-a-lifetime event. We are grateful for the stimulus government payments we have received and are about to receive.

May they too be a once-in-a-lifetime event for this reason. AUUF is facing a serious budget crisis for the next fiscal year beginning in July. This comes from the continuing financial impacts of the pandemic and life changes with some individuals, as well inflationary costs as we plan for a full year of programs with decreased revenue. Your Finance Committee and Board have done everything possible to balance the budget without cutting the people and programs we all value, but we still have a deficit of about \$46,500. We know we will have to make changes, but it is better to make those decisions after the crisis has passed, and we have a better understanding of what is to come. Please, help us survive this crisis by sharing, as you are able, the \$1,400 stimulus payment you have or will soon receive from the federal government. Every extra donation we receive saves our one-time reserves for future unknowns. Electronic payments or checks are welcome – please indicate "FY22 extra" on the memo line.

Hopefully,

The Finance Committee and the Board of Directors



Hi all--

Thanks to everyone who participated in AFACT's mayoral and school board candidate forums. Across our three forums, more than a thousand people participated. I'm so grateful to the leaders who took their time to put on this service for our community.

I'm including links to recordings of all three forums below. Anchorage residents should have received their ballots for the municipal election last week. Please remind your family and friends to return their ballots in the mail or at a secure dropbox location before Tuesday, April 6th, and please forward them the recordings of AFACT's forums if you think they might find them helpful. More information on Anchorage's vote-by-mail processes can be found here.

Forum links:

- Forum for School Board seats B and E
- Forum for School Board seats F and G
- Mayoral Forum

Dan Gibney

AUUF Anti-Racism Team Corner

Take 2 - "A Comic Eye on Serious Racism", sponsored by the AUUF Anti-Racism team. Sunday, March 28 (3-4:30 pm) and/or Monday, March 29 (7-8:30 pm)

Find the Zoom link on the AUUF Calendar. (Link on homepage)

We will watch 2 or 3 more videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

Anti-Racism Team Book Circle: Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm The Anti-Racism team will be hosting a discussion of a group read of "So You Want to Talk About Race" by Ijeoma Oluo, Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more.

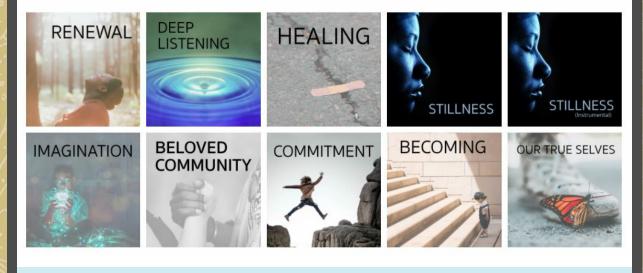
We are offering two sessions to accommodate differing schedules. Find a copy at the Anchorage Public Library Borrow an e-book from the Anchorage Public Library Borrow an audiobook from the Anchorage Public Library

Order a copy from local bookstore Writer's Block

Buy an audiobook while supporting Writer's Block

No time for the whole book?

Watch Author Ijeoma Oluo speak on YouTube or Read a short summary of the book.



Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737
Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours -By Appointment Only

STAY CONNECTED

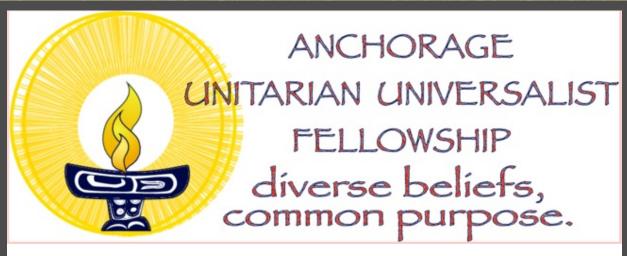




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Today At Your Fellowship Friday March 26, 2021

This Sunday @ AUUF on Zoom

Saturday 3/27/21 5:30 pm Seder Dinner

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Sunday 3/28/21 9 am Virtual Forum

10:15 am RE Chalice Circle

11 am Virtual Worship

1 pm Virtual COA M & M Meeting

3-4:30 pm Anti-Racism Team: A Comic Eye on Serious Racism

6:30 pm Virtual Jr. Youth Meet-up

Seder Dinner

5:30 pm Saturday, March 27

AUUF is hosting a (UU modified) Seder Zoom dinner on March 27, 2021, at 5:30 pm. We hope you'll join us!

A Seder traditionally gives everyone in attendance a chance to read from the Haggadah, the booklet that tells the story of Exodus and why we celebrate Passover. That's harder to do over Zoom, but we'd still like to make this broadly participatory. If you'd like to be a reader and read a couple of small assigned parts, please send an email to susano@reevesamodio.com no later than Thursday, March 25, that says "I want to read." Children are welcome to read. I'll send you a copy of the Haggadah, probably on Friday the 26th, with your parts clearly identified. You'll need to be able to print it out in advance or switch screens while on Zoom during the Seder.

Please have fun with this. You can email me if you have any questions. Susan susano@reevesamodio.com

Click here to read more.





Safeguarding and Protecting Our Elders

Patrice Icardi, Attorney

Virtual Forum

9 am Sunday, March 28

Safeguarding and Protecting Our Elders Attorney Patrice Icardi

Click here to join on Zoom. Click here for Speaker bios.





Holi, the Festival of Spring

With Rev. Lise

Virtual Worship

10:00 am Sunday, March 28

Holi, the Festival of Spring With Rev. Lise

Click here to join on Zoom.

Religious Exploration Announcements

It's Spring! The skiing is still great, but the long sunny days will soon raise the temperatures and our long winter will be over!

We're looking forward to the Mystery Pals reveal, and the new activities and books for RE kids in April & May.

The COA snow labyrinth made during their Spiritual Practice retreat is available for walking until it melts! Thanks to Lise and Yolanda for joining us for some interesting and fun practices. And the COA teens are looking forward to warmer fire pit meet-ups and their final retreat in May!

And yay! it will soon be time for Peace Camp July 12-15! Get your bicycles tuned up and ready to go!!

The Mystery Pal Revealing **Party for** participants & pals is Saturday, April 3, 3 - 4:00 pm at the Fellowship

RE library Book Bags are still available for borrowing / exchanging through the summer.

The Bridging Planning meeting for all Seniors who will be graduating this year and would like to be involved in the Bridging ceremony in May will be April 18th at the fellowship, 1 - 3:00 pm.

Peace Camp Registration is live. If you didn't get a link emailed to you, the registration form is available on the website (find the link on the homepage) and the RE Facebook group page!

Download the Peace Camp Flyer. Download the Peace Camp Registration Form.

AUUF Anti-Racism Team Corner

Upcoming events of interest

Anti-Racism Team: A Comic Eye on Serious Racism -Take 2 Sunday, March 28 (3-4:30 pm) and/or Monday, March 29 (7-8:30 pm) We will watch 2 or 3 more comedy videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

Join here to join on Zoom.

Freedom Rides & Freedom Summer: The Movement in Mississippi

Sunday, March 28, 2021, 1:30 PM

On March 28, 2021, the Living Legacy Project is offering Freedom Rides and Freedom Summer: The Movement in Mississippi, with Hezekiah Watkins and Angela Lewis, hosted by the Rev. Carlton Smith.

In 1961, when buses of Freedom Riders were scheduled to stop in Jackson, Mississippi, 13-year-old Hezekiah Watkins went with his friends to the bus station to see what kind of person would put their body on the line for his rights.

That resulted in the first of what would eventually be over 100 arrests fighting for justice for the man dubbed "Mississippi's youngest Freedom Rider."

In 1964, three civil rights workers, James Chaney from Meridian, Mississippi, and Andrew Goodman and Michael Schwerner from New York City were abducted and murdered in Neshoba County, Mississippi. James Chaney's daughter, Angela Lewis, born ten days before her father disappeared, grew up and into her father's legacy. In this program, Mr. Watkins and Ms. Lewis will share incredible stories of courage in the struggle for justice and how the movement in Mississippi changed the course of history.

Click here to register.

The Alaska Black Caucus Community Dialogue. Sunday, March 28, 2021. 7 - 8 pm

"Voting Rights are under attack! We must act now to fight voter suppression!"

- Celeste Hodge Grown

Join your Anchorage Assembly Members for a conversation on voting rights and voter suppression.

Click here to register.

SAVE THE DATE:

Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm Zoom info to follow.

Join fellow AUUF members for a listening circle and discussion to share reactions to- *So You Want to Talk About Race*, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more. We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library. Borrow an e-book from the Anchorage Public Library Borrow an audiobook from the Anchorage Public Library. Order a copy from local bookstore Writer's Block. Buy an audiobook while supporting Writer's Block. No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

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checks are welcome – please indicate "FY22 extra" on the memo line.

Hopefully,

The Finance Committee and the Board of Directors



Transgender Day of Visibility Alaska Event

6-8 pm Saturday, March 27 (virtual)
We celebrate the accomplishments and voices of transgender and gender-expansive people in Alaska while also raising awareness of the work that is still needed to save trans lives.
Join us for stories, music, and more.

Thank you to our partners! Presented by Identity, Gender Expansive Community of Anchorage, Transcending Tales, and volunteers. Sponsored by Full Spectrum Health and Planned Parenthood.

Free to attend. \$25 suggested donation. <u>Get your tickets today.</u>





















Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours -By Appointment Only

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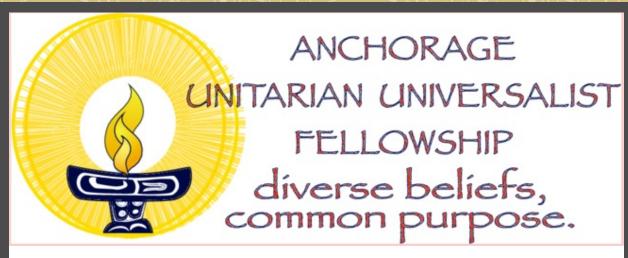




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Today At Your Fellowship Monday March 29, 2021

And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.

Anais Nin



This Week @ AUUF on Zoom

Monday 3/29/21

7-8:30 pm Anti-Racism Team: A Comic Eye on Serious Racism

Tuesday 3/30/21

10 am Gentle Beginners Yoga 7 pm Adult Religious Education with Rev. Lise

Wednesday 3/31/21

Sunday 4/4/21

9 am Virtual Forum

Brain Injuries—a Widespread Invisible Affliction

Dr. Adam Grove & UAA Professor & Neurophysiologist Rachael Hannah, Ph.D.

10:15 am RE Chalice Circle

11 am Virtual Worship
Every Day's Resurrection Day—A

Thursday 4/1/21 7 pm Choir Practice

Friday 4/2/21 12 pm Freethinkers

Saturday 4/3/21

*Universalist History*Rev. Lise Adams Sherry

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Anti-Racism Team: A Comic Eye on Serious Racism

7-8:30 pm Monday, March 29

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Join here to join on Zoom.

Beginners Gentle Yoga

10 am Tuesday, March 30

Visit <u>Yoga Collective AK</u> for zoom link and class details. Ends Tuesday, April 13

Freethinkers

12 pm Friday, April 2

Winding Down on Campbell by Marie Lundstrom

The best part of our Freethinker talk sessions, for me, is the initial Check-in. I find more connection with this group through everyone's tales of their week than through the talk about whatever we are reading, as intriguing as that may be. So I try never to miss Check-in. It is a lifeline to the lives of others.

In Friday's discussion, Holdfast, an archetype a Hero may have to deal with, surfaced. Holdfast's effort is in the name—to hold fast to the way things are, keep what is, make no changes. In current terms, half the U.S. Senate qualifies. In Campbell's lexicon, Holdfast can be a father-tyrant, a mother-dragon, an obstacle to the Hero's growth and autonomy. Any of us can find Holdfast elements in our own character, not just in the self-described conservative who lives down the street.

A big issue for many of us in The Hero With 1000 Faces is that Campbell's selection of myths and stories focuses on male leadership, male heroes, with women in subordinate roles, if present at all, and rarely as heroes. In reading this book, I often substituted a woman as a hero in stories—otherwise, I felt I had become a cypher.

We're coming to the end of the Hero's Journey. For next week, April 2, we'll discuss the last section (Chapter IV and Epilogue of Part II, the Cosmogonic Cycle) of The Hero With 1000 Faces about the ends of things and Myth and Society. We should have a lively wrap-up! Join us Friday on Zoom—go to the AUUF website, click on Calendar for link or...

Click here to join on Zoom.

What's On Deck for the Forum in April

For our first Forum in April, we'll hear about brain injuries—a surprisingly widespread "invisible" affliction. Our speakers will be Dr. Adam Grove, a local physician who specializes in the treatment of children and adults with neurological challenges, and UAA professor and neurophysiologist Rachael Hannah, Ph.D.

On April 11, Anchorage Assembly Member Meg Zaletel will explain how MOA's newlyestablished Mobile Crisis Team brings a fresh approach to how first responders deal with those with mental health issues. She will also ask for your feedback on how money coming to Anchorage from the new American Rescue Plan should be spent.

How does your garden grow? By the third Sunday in April, it will surely be Spring, and master gardeners Annie and Dennis Ronsse will have us happily thinking about that.

And finally, to celebrate National Poetry Month, we are honored to have with us on April 25 nationally-renowned poet and human rights advocate Carolyn Forché. It's not too early to start reading some of her work if you want a preview.



Worship Info for April

As the snow starts to melt and longer days promise warmth, growth, and greenery to come, our theme for this month of worship is Becoming.

April 4: Every Day's Resurrection Day—A Universalist History Rev. Lise Adams Sherry

While many UUs may not appreciate the theology of sacrificing one's son to save all humankind, there is a deeper message of love for all built into the Easter holiday. How did our Universalist forebears shape this concept into their own Universalist faith?

April 11: *To boldly go where no one has gone before!* Rev. Lise Adams Sherry

When Star Trek first arrived on the scene in the 1960s, it did not make much of a splash. Since then, this franchise has opened up the world of the future and how to be better beings (Humans, Vulcans, Klingons, etc.) throughout our universe. Join us as we share some of our favorite themes that have encouraged us to think in new and different ways.

April 18: Multigenerational Earth Day Service Rev. Lise Adams Sherry and friends

It's a Unitarian Universalist high holy day. We'll celebrate our interconnected web of all existence and explore how we can continue to become better stewards, hopefully bringing others along with us.

April 24: Celebrating Poetry

Cady Lynn O'Brien, Ken Winterberger, and Koala Vandruff

From Shakespeare to Emily Dickinson to Tom Sexton to Amanda Gorman, poets and their words have affected many of us in deep and moving ways. How have they influenced our thoughts and hopes of what we'll become?



Joy & Sorrows

From Sunday Worship March 28,

David & Irene: Joy for participating in this week's AUUF Friendship Fire event.

Denise Martin: Joy of spending time with grandkids, and playing music with friends in person for the first time in months.

From Michele and George: Concern about the suppression

of voting right.

From Kellie Rixse: Grateful for being fully vaccinated

From Marty (she/her): Spring skiing in the mountains is a joy. John's continuing to deal with recovery from his injury and hip replacement is an ongoing concern.

From Andrea Kavlaq Van Ravenswaay: Joy: our clinic is now a 501c3 nonprofit! ... Concern: our son gashed his knee pretty bad while xc skiing and had to get stitches. Luckily he is healing up well and already playing out (carefully).

From Diane Smith: Joy - second covid vaccine last Wednesday, with no effects other than a sorta sore arm. Yipppppeeeee!

Are you able to share?

Dear Fellow Members and Friends of AUUF,

We are living in extraordinary times. The pandemic has caused great human suffering with

devastating economic consequences. We are hopeful it is a once-in-a-lifetime event. We are grateful for the stimulus government payments we have received and are about to receive.

May they too be a once-in-a-lifetime event for this reason. AUUF is facing a serious budget crisis for the next fiscal year beginning in July. This comes from the continuing financial impacts of the pandemic and life changes with some individuals, as well inflationary costs as we plan for a full year of programs with decreased revenue. Your Finance Committee and Board have done everything possible to balance the budget without cutting the people and programs we all value, but we still have a deficit of about \$46,500. We know we will have to make changes, but it is better to make those decisions after the crisis has passed, and we have a better understanding of what is to come. Please, help us survive this crisis by sharing, as you are able, the \$1,400 stimulus payment you have or will soon receive from the federal government. Every extra donation we receive saves our one-time reserves for future unknowns. Electronic payments or checks are welcome – please indicate "FY22 extra" on the memo line.

Hopefully,

The Finance Committee and the Board of Directors





















Soul Matters Playlists

- On Spotify
- On Youtube
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Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
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Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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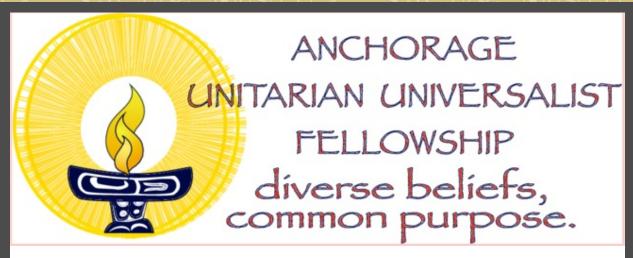




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Today At Your Fellowship Friday April 2, 2021

This Sunday @ AUUF on Zoom

Sunday 4/4/21 9 am Virtual Forum

10:15 am RE Chalice Circle

11 am Virtual Worship

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net





Brain Injuries—a Widespread Invisible Affliction With Dr. Adam Grove & UAA Professor & Neurophysiologist Rachael Hannah, Ph.D

Virtual Forum

9 am Sunday, April 4

Brain Injuries—a Widespread Invisible Affliction
Dr. Adam Grove & UAA Professor & Neurophysiologist Rachael Hannah, Ph.D

Click here to join on Zoom. Click here for Speaker bio.





Every Day's Resurrection Day—A Universalist History
Rev. Lise Adams Sherry

Virtual Worship

11 am Sunday, April 4

Every Day's Resurrection Day—A Universalist History Rev. Lise Adams Sherry

Click here to join on Zoom.



WC Update 3-31-21

Yikes! I've Been Advertising the Wrong Tour Dates for July!!

I (Denise Martin) recently had to contact hosts to set straight a mistake in the schedule for July. Please adjust your calendar so that you know the July WhaleCoast guests will be in Anchorage July 7th-8th (NOT 14th-15th). The banquet will happen on July 8th. Apologies for this glitch; I'm also working to get it fixed on the AUUF website. June dates are correct as shown below.

Update of AUUF Hosts in Anchorage for UU Tourists June 12th-16th * July 7th-8th

Hosts with Guest Space Still Needed • Driver Volunteers Also Needed Tour director Dave Frey reports that he will be closing registration for the June tour this week, and the final number of guests for June is currently 30, including the tour director and his assistant. Below is the latest tally of host volunteers as of March 31st. Though it appears that we have almost enough confirmed beds, the complications of suitable households will likely require using at least some of the "Maybe" hosts, and/or driver volunteers to help some of the confirmed ones. Kudos to Jane Gray and Deb Addie, who have offered to help me with some of this organizational work!

JUNE: 10 Confirmed hosts / 29 bed units

6 "Maybe" hosts / 16 bed units

JULY: 7 Confirmed hosts / 21 bed units

9 "Maybe" hosts / 18 bed units

Registration for July will be extended for a couple more weeks, but we are close to being prepared for the current 26 guests including the 2 tour directors.

What we still need:

- 1. Commitments from some "maybe" hosts (within the next couple of weeks). New hosts are still welcome to get on the backup list.
- 3. Vaccinated volunteers who can help do some driving during the Anchorage tour dates. If you have a van, this would be especially useful.
- 4. Help with the 2 banquets (June 13th and July 8).

Thanks again to everyone who has offered to be a host or driver! Please get yourself vaccinated if you haven't, and consider contacting me if you have guest space and think you might help with this major fundraising tour program! Denise Martin: dulcimer.diva@gmail.com. For more information, go to AUUF website - Fundraisers page

Also, if you're intrigued about the tours, go to WhaleCoast AK to view the entire statewide itinerary. To inquire about joining up with the UU tourists coming in July, please contact tour director Dave Frey: dfrey@whalecoastak.org

Staying Connected - Fireside Chat at the AUUF Outdoor Fire Pit and on Zoom!

Next Fireside Chat: Wed. April 7, 6:30-8:00 pm

For ages 18 and up. Bring a log or 2 for the fire if you're able. Happy Spring! Some of us have been enjoying monthly informal conversations over Zoom this winter, organized by AUUF's Connections Team. We want to continue these for the next two months, but since we're hoping some snow is melting and temperatures continue to rise, we are reserving the AUUF fire pit space so that we might actually meet in person at AUUF! Plan to bring your thermos of tea or toddy and join us for a safe-distanced chat on the first Wednesdays (April 7 and May 5). We'll also put up a Zoom link on the AUUF website calendar in case anyone wants to join in remotely. And if mother nature throws us a sudden weather challenge, we have reserved the social room inside the building too. For more information, email connections@anchorageuuf.org

April Half-Portion for Social Action - Citizens' Climate Lobby

This month's recipient of the half portion goes to Citizens' Climate Education (CCE)/Citizens' Climate Lobby (CCL), a volunteer-driven, non-partisan, non-political, non-profit that works to educate citizens on how to advocate effectively for climate legislation with their elected officials. Since its inception in 2008, CCE/CCL has championed bi-partisan solutions to mitigate climate change. Efforts by CCL groups were behind last year's launch of the bipartisan Senate Climate Solutions Caucus of which Senator Murkowski is an active member.

In CCL, we 'bet the ranch on relationships' and maintain a cordial and earnest ongoing dialog with the 3 offices of Alaska's MOC. Because of our reputation for respectful dialog, we regularly meet with over 95% of all the offices on Capitol Hill.

In these polarized times, working in the middle is hard, but at this moment it uniquely positions CCL to move climate from a wedge issue to a bridge issue.

Whether for building relationships with members of Congress, local businesses, media, and more, CCE & CCL provide ongoing specialized training and tools to help maximize local citizen volunteers' skills.

As we make greater efforts to involve under-represented populations, we intend to support 2 or 3 Alaskans to CCL's November national conference & lobby day in DC this year.

If you would like to learn more about CCE & CCL, please contact George Donart (anchorageclimate@gmail.com) or go to CitizensClimateLobby.org

Or Watch on Youtube.

AUUF ANTI-RACISM TEAM CORNER

HELP FIGHT FOR VOTING RIGHTS FOR ALL!

Monday, April 12th and Thursday, April 15th, 7-8 pm
(Zoom info soon on AUUF website calendar.)

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On view April 30 — Nov 30, 2021

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Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more.

(A book club kit will be checked out from the library with 8 copies available to share, available next Monday, April 5th. If you are interested in reserving a copy, please call Michele Champion at 907-341-9249)

Find a copy at the Anchorage Public Library
Borrow an e-book from the Anchorage Public Library
Borrow an audiobook from the Anchorage Public Library
Order a copy from local bookstore Writer's Block
Buy an audiobook while supporting Writer's Block

No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

Office of the Alaska Synod offering The Alaska Gatekeeper Training

Friday, April 23, 2021 1:30 to 4:30 PM

The Alaska Gatekeeper Training uses the QPR method as its core training. QPR stands for Question, Persuade and Refer, an emergency mental health intervention for suicidal persons created by Dr. Paul Quinnett. QPR is a basic education program that teaches everyday community members to recognize suicide risk and how to get a person at risk the help they need. It is also an action plan that can result in lives saved.

See the event flyer.

Register for this free online event (April 23rd).



Soul Matters Playlists

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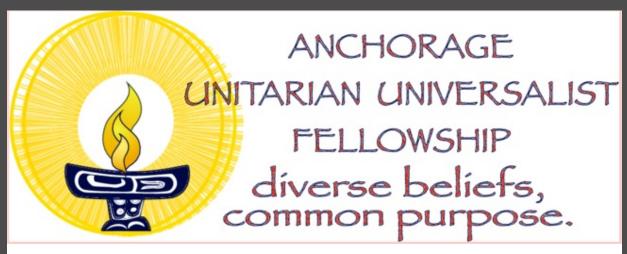
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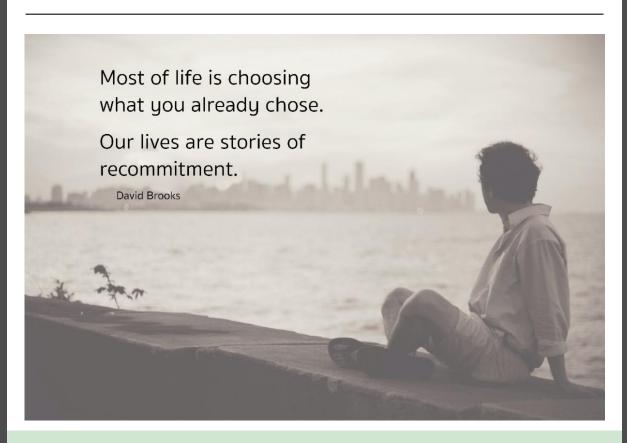




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Today At Your Fellowship Monday April 5, 2021



This Week @ AUUF on Zoom

Monday 4/5/21

10 am Gentle Beginners Yoga

Tuesday 4/6/21

4:30 pm Forum Planning 7 pm Adult Religious Exploration with Rev. Lise

Wednesday 4/7/21

6:30 pm Fireside Chat7 pm Building & Grounds Meeting

Sunday 4/11/21

9 am Virtual Forum

MOA's Mental Health Mobile Crisis Team + Spending American Rescue Plan \$\$ With Meg Zaletel, Anchorage Assembly Member

10:15 am RE Chalice Circle

11 am Virtual Worship

To Boldly Go Where No One Has Gone Before! Thursday 4/8/21 4:30 pm Board Executive Meeting

Friday 4/9/21 12 pm Freethinkers

Saturday 4/10/21

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.

Rev. Lise Adams Sherry

12:30 pm The Alliance

1 pm Coming of Age M&M

2:30 pm Worship Associate Meeting

6:30 pm Virtual Jr. Youth Meet-up

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Gentle Beginners Yoga

10 am Tuesday, April 6

Visit Yoga Collective AK for zoom link and class details.

Ends Tuesday, April 13

Adult Religious Exploration with Rev. Lise

7 pm Tuesday, April 6

Rev. Lise facilitates the Tapestry of Faith curriculum, *What Moves Us*. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys.

Classes will be on the 1st and 3rd Tuesdays of the month through May.

Find the Zoom link on the <u>calendar on the AUUF Homepage</u>

Fireside Chat at AUUF Outdoor Fire Pit & Zoom!

Next Fireside Chat: Wed. April 7, 6:30-8:00 pm

For ages 18 and up. Bring a log or 2 for the fire if you're able. Happy Spring! Some of us have been enjoying monthly informal conversations over Zoom this winter, organized by AUUF's Connections Team. We want to continue these for the next two months, but since we're hoping some snow is melting and temperatures continue to rise, we are reserving the AUUF fire pit space so that we might actually meet in person at AUUF! Plan to bring your thermos of tea or toddy and join us for a safe-distanced chat on the first Wednesdays (April 7 and May 5). We'll also put up a Zoom link on the AUUF website calendar in case anyone wants to join in remotely. And if mother nature throws us a sudden weather challenge, we have reserved the social room inside the building too. For more information, email connections@anchorageuuf.org

Freethinkers

12 pm Friday, April 9

Farewell to Myths, Hello to Women Heroes and Genetics by Marie Lundstrom

In this age of focus on the individual, Joseph Campbell says at the end of The Hero With A Thousand Faces, " ... it is not society that is to guide and save the creative hero, but precisely

the reverse." One who would be a hero in modern society takes on the burden, the ordeal, alone without cohesive community support. It's tough to be a hero, but we need them more than ever for the stability and value of our communities.

In our next book, The Code Breaker by Walter Isaacson, we'll be learning about gene editing and the device/program/process/tool called CRISPR. In particular, we'll become acquainted with Jennifer Doudna, one of the chief developers/discoverers of the genetic scissors. She and Emmanuelle Charpentier were awarded the Nobel Prize in Chemistry in 2020 for their work in developing CRISPR. Now we'll have some woman heroes to emulate and cherish.

For our April 9 session, read through chapter 5, "The Human Genome," or up to page 43 in a print copy of The Code Breaker. It is available at Costco, among other sources. Join us Friday on Zoom—go to the AUUF website, click on the Calendar for the link.





Only 27 days until our 2021 Annual Business Meeting.

Register Here Today

Your Board of Directors is looking forward to seeing you May 2nd on Zoom

updates will start appearing on our website soon



AUUF vs COVID

How should we proceed?
Help us shape our plans.
Tell us what you think.
Follow this link to our

AUUF's Meeting-in-Person Poll Today.

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Buy an audiobook while supporting Writer's Block

No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.



Joy & Sorrows From Sunday Worship April 4

From Ruth Greenwood: Concern about rising COVID rates, in the US and elsewhere.

About equity of vaccine distribution. Remember my mother, who taught me so much about love by

example. And SO GLAD that the snow is finally melting!!

From Sid McCausland: When a Sequoia dies a fairy ring of young trees spring up and became my background. Grateful for all that is. And for each of you.

From SilverHjellen: My joy today is my first great-grandchild, Chris, turning 10 today.

April Half-Portion for Social Action

Citizens' Climate Lobby

This month's recipient of the half portion goes to Citizens' Climate Education (CCE)/Citizens' Climate Lobby (CCL), a volunteer-driven, non-partisan, non-political, non-profit that works to educate citizens on how to advocate effectively for climate legislation with their elected officials. Since its inception in 2008, CCE/CCL has championed bi-partisan solutions to mitigate climate change. Efforts by CCL groups were behind last year's launch of the bipartisan Senate Climate Solutions Caucus of which Senator Murkowski is an active member.

Click here to read more.
Click here to donate.

If you would like to learn more about CCE & CCL, please contact George Donart (anchorageclimate@gmail.com) or go to CitizensClimateLobby.org

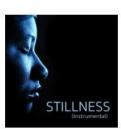
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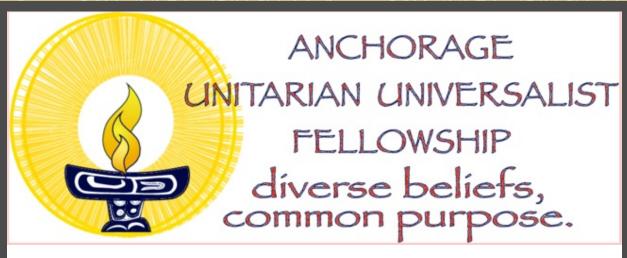
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To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net





MOA's Mental Health Mobile Crisis Team+ Spending American Rescue Plan MoneyMeg Zaletel, Anchorage Assembly Member

Virtual Forum

9 am Sunday, April 11

MOA's Mental Health Mobile Crisis Team + Spending American Rescue Plan \$\$ With Meg Zaletel, Anchorage Assembly Member

Click here to join on Zoom. Click here for Speaker bio.

Religious Exploration Chalice Circle

10:15 am Sunday, April 11

Click here to join on Zoom.



Summer Peace Camp - One week

July 12-16, 2021 K-5th grade

The camp features summer fun! Camp is from 9:00 am- 4:00 pm each day. Before (8-9 am) & after care (4:00- 5:00 pm) is also available.

Click the Peace Camp link on the AUUF home page for registration form.





To Boldly Go Where No One Has Gone Before! Star Trek: Lessons and Dreams With Rev. Lise Adams Sherry

Virtual Worship

11 am Sunday, April 11

To boldly go where no one has gone before. Star Trek: Lessons and Dreams

Click here to join on Zoom.



WhaleCoast Update 4-9-21

June 12th-16th * July 7th-8th

Hosts with Guest Space Still Needed • Driver Volunteers Also Needed

Date fix: In case you haven't checked in lately about WhaleCoast, the correct dates for the second tour are July 7th-8th (NOT 14th-15th as previously advertised). Please adjust your calendars accordingly! Below is the latest tally of host volunteers as of April 8th.

JUNE: 10 Confirmed hosts / 28 bed units

6 "Maybe" hosts / 16 bed units

Tour director Dave Frey closed registration for the June tour this week, and the final number of guests for June is currently 31, including himself and his assistant. At least 3 pairs of guests, including a family of 4, would like separate beds in the same household. This means we will certainly need more confirmed hosts, as there are a limited number of 2-bed households among those committed. Driving help will also be crucial when 4 or more guests cannot fit into a hosts' vehicle. If we don't get commitments to accommodate, some of our potential earnings will go instead to a Motel 6.

JULY: 10 Confirmed hosts / 26 bed units 9 "Maybe" hosts / 16 bed units

Registration for July will be closed soon, but we are close to being prepared for the current 26 guests including the 2 tour directors. 4 guests have paid extra for a private bedroom. The payment for each of these guests will be \$127.50/night, which would be extra profit for AUUF! And at least 2 other guests have requested separate bedrooms. Backups will likely be needed.

What we still need:

- 1. Commitments from some "maybe" hosts (within the next couple of weeks). New hosts are still needed to put on the backup list, especially any hosts who can offer more than 1 bed!
- 3. Vaccinated volunteers who can help do some driving during the Anchorage tour dates. If you have a van, this would be especially useful.
- 4. Help with the 2 banquets (June 13th and July 8). Thanks again to everyone who has offered to be a host or driver! Please get yourself vaccinated

if you haven't, and consider contacting me if you have guest space and think you might help with this major fundraising tour program! Denise Martin: dulcimer.diva@gmail.com. For more information, go to our website: https://www.anchorageuuf.org/fund-raisers Also, if you're intrigued about the tours, go to whalecoastak.org to view the entire statewide itinerary. To inquire about joining up with the UU tourists coming in July, please contact tour

director Dave Frey: dfrey@whalecoastak.org





Annual Business Meeting
May 2nd 10:00 am
Pre-Registration Required
The Registration link is on the AUUF website
under the tab What's Happening you will find
the Annual Meeting page
Looking forward to seeing you!



AUUF vs COVID

How should we proceed?
Help us shape our plans.
Tell us what you think.
Follow this link to our

AUUF's Meeting-in-Person Poll
Today.

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Alaska Black Caucus: Community Conversation: Body Worn Cameras

Sunday April 11th, 7-8 PM Join the Alaska Black Caucus for a discussion on the use of body warn cameras. Click here to register.

Democracy Today! A Faith Call for Justice & Democracy

COMMUNITY EVENT (sponsored by UU the Vote) Wednesday, April 14, 2021 3:00 - 4:30 PM (AK time) Click here to register.

Join us for a faith-grounded discussion and call to action for democracy on Wednesday, April 14, 3-4:30 AK time. Today we are witnessing a dangerous swelling in anti-democratic measures across the country. Nearly every state in the nation faces voter suppression bills, states and cities are criminalizing protest, and our immigration and criminal legal systems continue to keep us from the promise of a truly democratic nation. Right now, across the country, the people are rising up to demand democracy, organize their communities and leverage their collective power to move lawmakers and corporations to make change.

GROUP BOOK READ

"So You Want to Talk About Race",by Ijeoma Oluo Wednesday, May 12th, 6:30pm and/or Sunday, May 16th at 6:30pm (Michele Champion has 8 copies of this book checked out from the library. Please call or e-mail her to let her know you are interested in borrowing one . akmichelechamp@yahoo.com or 907-341-9249)

Join fellow AUUF members for a conversation cafe to discuss reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I Just got called racist, what do I do now?" and more.

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Or Watch on Youtube.

Beware of COVID-19 Vaccine Scams

Dear Community,

Nationwide, there have been an increasing number of reports that individuals are being contacted via email and/or text message after receiving the COVID-19 vaccine and asked to participate in a fraudulent post-vaccine survey with the promise of a prize or cash at the conclusion of the survey. The FBI and our partners just released the attached infographic explaining this scam, along with indicators/tips to avoid being victimized.

Three Ways to Avoid COVID-19 Vaccine Scams (PDF)

Thank you,

Chloe Martin

Public Affairs Officer

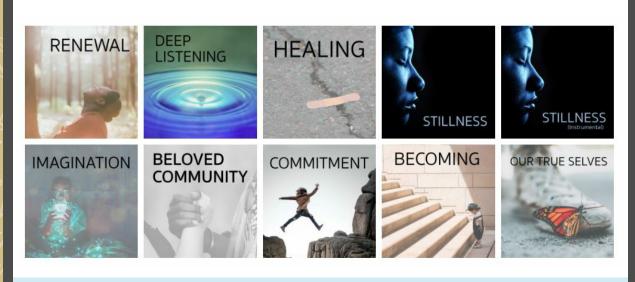
FBI – Anchorage Field Office

Cell: 202-525-8888
Desk: 907-265-8254
Email: cdmartin@fbi.gov





General Assembly Information



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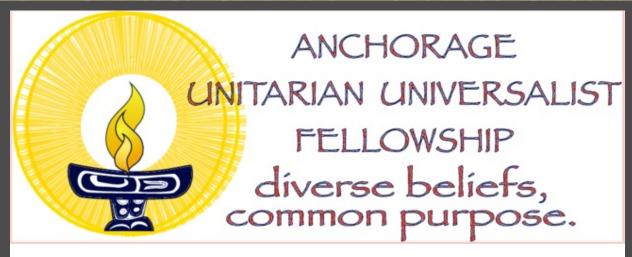




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This Week @ AUUF on Zoom

Monday 4/12/21

7 pm Anti-Racism Team: Voting Rights Education and Action

Tuesday 4/13/21

10 am Gentle Beginners Yoga 6 pm CYRE Meeting 7 pm Adult Religious Exploration with Rev. Lise

Wednesday 4/14/21

6 pm Safer Congregations Team Meeting

Thursday 4/15/21

6 pm Board Executive Meeting 7 pm Choir Practice 7 pm Anti-Racism Team: Voting Rights Education and Action

Friday 4/16/21 12 pm Freethinkers

Saturday 4/17/21

Sunday 4/18/21

9 am Virtual Forum

10:30 am FY22 Budget Discussion

10:15 am RE Chalice Circle

11 am Virtual Worship

1-3 pm Youth Bridging Meeting

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy

rbeachy@alaskalife.net

HELP FIGHT FOR VOTING RIGHTS FOR ALL!

7 pm Monday, April 12

TONIGHT (and Thursday): HELP FIGHT FOR VOTING RIGHTS FOR ALL! Monday April 12th and Thursday April 15th, 7-8 PM.

UU the Vote and the Anti-Racism Team will be holding an educational and action-oriented event on Monday April 15th and/or Thursday April 18th which will focus on the attempts to enact laws which will result in voter suppression, both in AK and the nation. We will watch a brief (5-minute) video and learn about HR/Senate bill 1 (the "For the People "Act). This session will include EASY ACTION STEPS which we can take to oppose the voter suppression bills and support voting

rights law.

Join Zoom Meeting

Gentle Beginners Yoga

10:00 am Tuesday, April 13

Visit **Yoga Collective AK** for zoom link and class details.

Adult Religious Exploration

7 pm Tuesday, April 13

Rev. Lise will facilitate the Tapestry of Faith curriculum, What Moves Us. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys. Classes will be on the 1st and 3rd Tuesdays of the month through May.

Find the calendar link on the AUUF homepage.

Freethinkers

12 pm, April 16

Genetics is Big, Deep, Exciting, and Now! by Marie Lundstrom

We are definitely in today's world in The Code Breaker. Walter Isaacson gives a solid background as context for Jennifer Doudna's work with CRISPR, which means getting into DNA and Watson, Crick, Franklin, and Watkins, plus other luminaries. Then onward into RNA and what that means for us right now with vaccines based on mRNA. The coronavirus is with us whether we want it to be or not.

Women in science is an important underlying theme in the telling of Doudna's story. Sexism is an ongoing obstacle, which Rosalind Franklin, Doudna, and others have had to hurdle in order to be effective, sometimes making it and sometimes not.

But mostly we are enjoying becoming drenched in science, in genetics, in teamwork, in what can make us ultimately healthier and safer. Join us Friday at noon on Zoom—go to the AUUF website, click on the calendar for the link.

FY22 Budget Discussion

10:30-11:30 am Sunday, April 18

Stay on the same Zoom meeting as the Forum and we begin after.

5:30-6:30 pm Tuesday, April 20

Stay on the same Zoom meeting as the Finance Committee and we will begin after.

12:30-1:30 pm Sunday, April 25

Stay on the same Zoom meeting as the Worship Service and we will begin after.

Join us for a discussion of the proposed budget for next year. All three meetings will be the same. This is a time for you to ask your questions as well as have a brief overview of the summary budget that was provided in the Annual Meeting materials. The detailed version of the budget will

also be available for discussion. If you would like a copy of it, you may **download a copy of it here.**

The meeting will also be attended by some Board members and Finance Committee members. We welcome your comments both at the meeting and by email. president@anchorageuuf.org

AUUF Anti-Racism Team corner: Upcoming events of interest

Democracy Today! A Faith Call for Justice & Democracy (sponsored by National UU the Vote) COMMUNITY EVENT

Wednesday, April 14, 2021 3:00 PM - 4:30 PM AK time Click here to register.

Join us for a faith-grounded discussion and call to action for democracy on Wednesday, April 14, 7-8:30 pm ET/6-7:30pm CT/5-6:30pm MT/4-5:30pm PT. Today we are witnessing a dangerous swelling in anti-democratic measures across the country. Nearly every state in the nation faces voter suppression bills, states and cities are criminalizing protest, and our immigration and criminal legal systems continue to keep us from the promise of a truly democratic nation. Right now, across the country, the people are rising up to demand democracy, organize their communities and leverage their collective power to move lawmakers and corporations to make change.

Group Book Read - May 12 and 16th Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo Wednesday, May 12th, 6:30pm and/or Sunday, May 16th at 6:30pm

Michele Champion has 6 more copies of this book checked out from the library. Please call or email her to let her know you are interested in borrowing one . akmichelechamp@yahoo.com 907-341-9249

Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I Just got called racist, what do I do now?" and more.

We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library
Borrow an e-book from the Anchorage Public Library
Borrow an audiobook from the Anchorage Public Library
Order a copy from local bookstore Writer's Block
Buy an audiobook while supporting Writer's Block

No time for the whole book?

Watch Author Ijeoma Oluo speak on YouTube or Read a short summary of the book.

DOCUMENTING AND SHARING ANCHORAGE'S DIVERSE COMMUNITIES Anchorage Museum:

In April 2021, the museum will open a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.

The 15 Alaskans included in The HistoryMakers include African Americans who still are living,

leading and shaping the stories of their community. Working with The HistoryMakers, local historian Cal Williams, and associate professor of history at University of Alaska Anchorage Ian Hartman, the museum is collecting materials like photographs and documents from Alaska's HistoryMakers for the museum's archives. These photographs, awards, announcements and other documents will help tell the personal stories of HistoryMakers interviewees. The project has received funding support from the Anchorage Chapter of the NAACP.





General Assembly

UU's from across the Nation and beyond will gather virtually for our annual General Assembly June 23th-27th. The sessions will include UUA business, exploration of the theological underpinnings of our faith, and opportunities to lean fully into our mission and principles.

Last year, GA had more than 4,900 registered attendees participate from remote locations around the world. While we've had to give up our face-to-face interactions and hugs, we have retained our dedication to community and made our experience more accessible and environmentally sustainable. Those of us from AUUF who attended last year found it to be a rich, rewarding, and educational experience.

If you are interested in learning more follow this link: UUA GA2021. If you are interested in becoming an AUUF Delegate to the GA, contact Sid: president@anchorageuuf.org.



WhaleCoast Update

Hosts with Guest Space Still Needed • Driver Volunteers Also Needed

What we still need:

1. Commitments from some "maybe" hosts (within the next couple of weeks). New hosts

are still needed to put on the backup list, especially any hosts who can offer more than 1 hed!

- 3. Vaccinated volunteers who can help do some driving during the Anchorage tour dates. If you have a van, this would be especially useful.
- 4. Help with the 2 banquets (June 13th and July 8). Thanks again to everyone who has offered to be a host or driver! Please get yourself vaccinated if you haven't, and consider contacting me if you have guest space and think you might help with this major fundraising tour program!

Denise Martin: dulcimer.diva@gmail.com.

For more information, go to our Fundraiser website.

Also, if you're intrigued about the tours, go to whalecoastak.org to view the entire statewide itinerary. To inquire about joining up with the UU tourists coming in July, please contact tour

director Dave Frey: dfrey@whalecoastak.org





Annual Business Meeting
May 2nd 10:00 am
Pre-Registration Required
The Registration link is on the AUUF website
under the tab What's Happening you will find
the Annual Meeting page
Looking forward to seeing you!



AUUF vs COVID

How should we proceed?
Help us shape our plans.
Tell us what you think.
Follow this link to our
AUUF's Meeting-in-Person Poll

Today.

April Half-Portion for Social Action Citizens' Climate Lobby

This month's recipient of the half portion goes to Citizens' Climate Education (CCE)/Citizens' Climate Lobby (CCL), a volunteer-driven, non-partisan, non-political, non-profit that works to educate citizens on how to advocate effectively for climate legislation with their elected officials. Since its inception in 2008, CCE/CCL has championed bi-partisan solutions to mitigate climate change. Efforts by CCL groups were behind last year's launch of the bipartisan Senate Climate Solutions Caucus of which Senator Murkowski is an active member.

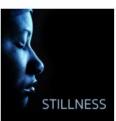
Click here to read more.
Click here to donate.

If you would like to learn more about CCE & CCL, please contact George Donart (anchorageclimate@gmail.com) or go to CitizensClimateLobby.org
Or Watch on Youtube.





















Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737
Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours -By Appointment Only

STAY CONNECTED

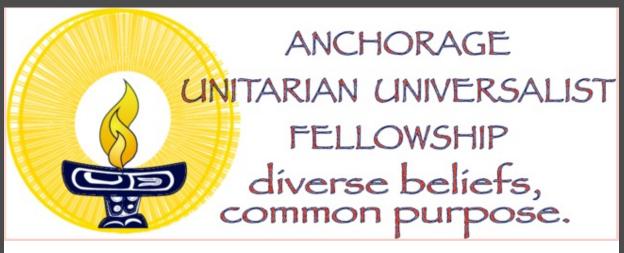




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Today At Your Fellowship Friday April 16, 2021

This Sunday @ AUUF on Zoom

Sunday 4/18/21

9 am Virtual Forum

10:15 am RE Chalice Circle

10:30 am FY22 Budget Discussion

11 am Virtual Worship

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To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net





How Does Your Garden Grow?
Annie & Dennis Ronsse

Virtual Forum

9 am Sunday, April 18

How Does Your Garden Grow? With Annie & Dennis Ronsse

Click here to join on Zoom.
Click here to read speaker bio.

Religious Exploration Chalice Circle

10:15 am Sunday, April 18

Click here to join on Zoom.





Multigenerational Earth Day Service Rev. Lise Adams Sherry & Friends

Virtual Worship

11 am Sunday, April 18

Multigenerational Earth Day Service

Click here to join on Zoom.

FY22 Budget Discussion

10:30-11:30 am Sunday, April 18

Stay on the same Zoom meeting as the Forum and we begin after.

5:30-6:30 pm Tuesday, April 20

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12:30-1:30 pm Sunday, April 25

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Join us for a discussion of the proposed budget for next year. All three meetings will be the same.

This is a time for you to ask your questions as well as have a brief overview of the summary budget that was provided in the Annual Meeting materials. The detailed version of the budget will also be available for discussion. If you would like a copy of it, you may **download a copy of it here.**

The meeting will also be attended by some Board members and Finance Committee members. We welcome your comments both at the meeting and by email. president@anchorageuuf.org

Calling all painters!

We are in the process of organizing one or more volunteer workdays to paint the sanctuary. Much of the required painting is directly associated with our sanctuary remodel project. While we have the paint cans open, we would like to completely repaint the sanctuary, including all walls and window trim.

We would like to complete the painting over the next 10 - 14 days in order to keep the rest of the construction on schedule. The specific dates have yet to be determined and will be set based on the availability of interested volunteers. If you are interested and available, please contact Don Antrobus directly via email at $\frac{dtantro@gci.net}{dtantro@gci.net}$ or by phone at (907) 980-2077. Come see the progress that has been made on the sanctuary remodel project and help us move it to completion!











2021 Annual Business Meeting

May 2nd on Zoom

Check out our Annual Meeting webpage in the What's Happening menu on AUUF website &

REGISTER NOW

and find links to important documents and websites

Members will be voting on the

Adoption of our FY 2022 Operating Budget (7/1/21-6/30/22)
Election of two members to the Board of Directors
Election of three members to the Endowment Committee
Pre-Registration is Required, so do so early
Doors will open at 9:00 am, Meeting will convene at 10:00 am

EARTH DAY IS SOCIAL JUSTICE DAY

Dennis Arashiro

"Understanding the links between social justice and environmental sustainability must be at the heart of a new social settlement."

- Anna Coote

Climate change poses a global threat to social justice. The chasm between the rich and the poor means different outcomes for both. When faced with drought, floods, hurricanes and other climate change disasters, the rich have the means to escape to other nations who welcome their investment dollars--while the poor face closed borders. When faced with acidifying oceans, the rich can profit off sheltered fish farms--while the poor can no longer live off the seas. When faced with dangerous heat waves, the rich pay a higher price for air conditioning--while the poor pay a higher price in death by heatstroke.

So what can stand in the way of a common focus on meeting the challenge of climate change? The very chasm between rich and poor! When faced with future global catastrophe, we can see the rich turn away to focus their concern on their present portfolios--while the poor turn away to focus their concern on their immediate survival. Without greater equality to bridge social division, there can be no common focus. Without common focus, there can be no collective action. Without collective action, there can be no success in achieving environmental sustainability. We must end poverty to end ecological disaster. We must fight for social justice to fight for our planet.

Let's realize that vision on Earth Day.

AUUF Anti-Racism Team corner:

This 5-minute video was shared at a national UU-the-Vote event as well as our own local education session on Voter suppression. The link is listed below if you are interested in seeing this.

<u>Suppressed 2021: The War On Democracy • Voter Suppression Documentary • BRAVE NEW FILMS (BNF)</u>

Contact Michele Champion if you would like to take easy action to help get Senate Bill 1 (The For the People Act) passed. akmichelechamp@yahoo.com or 907-341-9249

Group Book Read - May 12 and 16th -

Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm

(Michele Champion has 7 copies of this book checked out from the library. Please call or e-mail her to let her know you are interested in borrowing one. akmichelechamp@yahoo.com 907-341-9249)

Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I Just got called racist, what do I do now?" and more. We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library Borrow an e-book from the Anchorage Public Library Borrow an audiobook from the Anchorage Public Library Order a copy from local bookstore Writer's Block Buy an audiobook while supporting Writer's Block

No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

Black Lives in Alaska: Journey, Justice, Joy at The Anchorage Museum
On view April 30 — Nov 30, 2021

In April 2021, the museum will open a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.



AUUF vs COVID

How should we proceed?
Help us shape our plans.
Tell us what you think.
Follow this link to our

AUUF's Meeting-in-Person Poll
Today.

WHAT YOU CAN DO ONCE YOU HAVE BEEN FULLY VACCINATED

Activity	
Visit inside a home or private setting without a mask with other fully vaccinated people of any age	Ø
Visit inside a home or private setting without a mask with one household of unvaccinated people who are not at risk for severe illness	Ø
Travel domestically without a pre- or post-travel test	Ø
Travel domestically without quarantining after travel	Ø
Travel internationally without a pre-travel test depending on destination	Ø
Travel internationally without quarantining after travel	Ø
Visit indoors, without a mask, with people at <u>increased risk for severe</u> <u>illness from COVID-19</u>	8
Attend medium or large gatherings	(X)



cdc.gov/coronavirus

CS123698-A 04/02/2021





General Assembly

UU's from across the nation and beyond will gather virtually for our annual General Assembly June 23th-27th. The sessions will include UUA business, exploration of the theological underpinnings of our faith, and opportunities to lean fully into our mission and principles.

Last year, GA had more than 4,900 registered attendees participate from remote locations around the world. While we've had to give up our face-to-face interactions and hugs, we have retained our dedication to the community and made our experience more accessible and environmentally sustainable. Those of us from AUUF who attended last year found it to be a rich, rewarding, and educational experience.

If you are interested in learning more follow this link: <u>UUA GA2021.</u>
If you are interested in becoming an AUUF Delegate to the GA, contact Sid: <u>president@anchorageuuf.org.</u>

A message from the Pacific Northwest District UU Board.

Later this week you and other leaders in the Pacific Northwest will receive an invitation to our District's upcoming Annual Meeting. I'm writing to you now, to let you know about some important news that will be included in that invitation.

At our annual meeting on May 16, 2021, the Pacific Northwest District Board will advise our member congregations to dissolve the district, with the final vote to be taken at a Regional Assembly in November.

Over the past several years, current and past members of the PNWD Board have been in a careful and considered discernment process about how to engage with the structural shift across our association from districts to regions. In every other part of the country, districts have joined together to become:

- The Southern Region
- Central East Region
- Mid-America Region
- New England Region

The congregations in those areas are now served by regional UUA staff and district budgets have become part of the budget of the larger association. After much discussion with the boards of the other three districts in the West, we have come to view Regionalization as inevitable and see this as the moment for our next step.

At our Annual Meeting on May 16:

- · We will propose Bylaw changes that will make the dissolution of the District possible
- We will celebrate the incredible leadership and stories of resilience in the PNW, and
- We will share more about the process of Regionalization.

In the coming months, we will host online conversations with anyone who wants more information, listening deeply to questions and concerns that arise.

We also encourage folks to participate in the Love Right Through Forums (<u>Click here.</u>), hosted by our Regional Staff to explore the impact of Regionalization across our four districts.

In November, we will gather again as a District, at which point members will vote to dissolve the PNW District. Thank you for the leadership you have provided UUs in our district during this difficult year. We hope you and your constituents will join us for a celebratory annual meeting on May 16. More information about registration, delegates, and the agenda will be forthcoming in the regional newsletter and on our website.

Looking forward to seeing you at the annual meeting! Warmly, Joseph Bednarik

YOUNG ADULT REVIVAL NETWORK



CONline 4

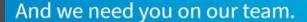
April 30 - May 2, 2021 For: People Ages 18 to 39

Cost: Free

Contact: <u>yarn@uusf.org</u> Register Here, Today!

It's time for CONline 4, and we are all about that bass, so join us for a beat-bopping weekend! This weekend will be filled with worship, small groups, workshops, and FUUN! Whether it's your 1st time or your 4th, come join us for all or part of CONline 4. Registration is now open and free! Open to all Unitarian Universalist young adults and friends between the ages of 18 to 39.

Our solution to climate change? Democracy.





April Half-Portion for Social Action Citizens' Climate Lobby

This month's recipient of the half portion goes to Citizens' Climate Education (CCE)/Citizens' Climate Lobby (CCL), a volunteer-driven, non-partisan, non-political, non-profit that works to educate citizens on how to advocate effectively for climate legislation with their elected officials. Since its inception in 2008, CCE/CCL has championed bi-partisan solutions to mitigate climate change. Efforts by CCL groups were behind last year's launch of the bipartisan Senate Climate Solutions Caucus of which Senator Murkowski is an active member.

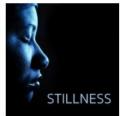
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Or Watch on Youtube.





















Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours—By Appointment Only

STAY CONNECTED

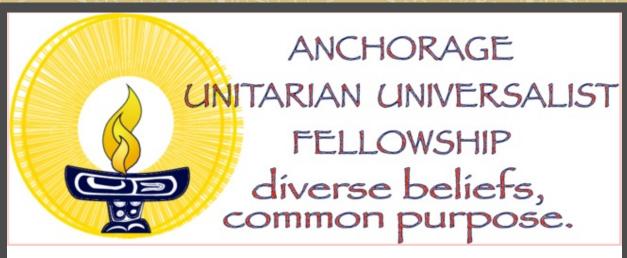




Visit our website

Service Podcasts

Donate Now



Today At Your Fellowship Monday April 19, 2021

This Week @ AUUF on Zoom

Monday 4/19/21

Tuesday 4/20/21

4:30 pm Finance Committee Meeting 5:30 pm FY22 Budget Discussion 7 pm Adult RE with Rev. Lise

Wednesday 4/21/21

4-6 pm Board Meeting

Thursday 4/22/21

6:30 pm Pastoral Care Team Meeting 7:30 pm Music with Megan

Friday 4/23/21 12 pm Freethinkers

Saturday 4/24/21

Sunday 4/25/21 9 am Virtual Forum

What You Have Heard Is True Poet and Human Rights Advocate Carolyn Forché

10:15 am RE Chalice Circle

11 am Virtual Worship

Celebrating Poetry Cady Lynn O'Brien, Ken Winterberger and Koala Vandruff

12:30 pm FY22 Budget Discussion

1 pm Coming of Age M & M Meeting

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the AUUF homepage.

To learn how to participate in **Religious Exploration youth** programming contact **Rosene Beachy**

rbeachy@alaskalife.net

FY22 Budget Discussion

5:30-6:30 pm Tuesday, April 20

Stay on the same Zoom meeting as the Finance Committee (Find the link on the calendar.) and we will begin after.

12:30-1:30 pm Sunday, April 25

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The meeting will also be attended by some Board members and Finance Committee members. We welcome your comments both at the meeting and by email. president@anchorageuuf.org

Music with Megan

7:30 pm Thursday, April 22

Click here to join on Zoom.

Freethinkers

12 pm, Friday April 23

Women CAN Do Science! By Marie Lundstrom

One of the great things about reading The Code Breaker is all the related material—"Women in Science," Jennifer Doudna's Nobel lecture, TED talk by Doudna, TED talk by James Watson, interviews, articles. There's a lot of stuff out there, and it's current! Sharing what we find adds spice to our reading.

We talked a lot about women in science now and in the past—I love Silver Hjellen's story about nailing the bozo who came into her lab asking about the "cheesecake in here?" And the problems of acceptance, not only on scientific teams, but in the scientific work women do. The whole notion that if women do it, it can't be as important or as well done as what men would do. I've found that old mindset in myself, a holdover from young years when men were deferred to as "the bosses." I continually check my own attitudes to make sure that old mindset is not operating.

I cheer Doudna's aggressiveness as well as her support of self-starters and her efforts to have a congenial, collegial lab team. This reading is such good fun! For next week, April 23, read Part 3 Gene Editing, through ch 31 Patents—for print books, that's through page 241. To join Freethinkers on Zoom Friday at noon, go to the AUUF website, click on the Calendar, and the link will come up.

Catch the Rising Tide ... of charitable deductions! Charitable Giving in 2020

How does it go again? The 2020 CARES Act added an option for up to \$300 in deductions from your income for a charitable gift of cash, even if you don't itemize your deductions. FYI that's \$300 per tax return, not per taxpayer, if you file jointly. The IRS has a website where you can search for qualifying organizations (we checked to make sure AUUF is a "yes" and it is!). Find this and other tips

here: https://www.irs.gov/newsroom/how-the-cares-act-changes-deducting-charitable-contributions



Tax-wise, there are other ways to benefit from your annual pledge to AUUF, even if your deductions don't reach the standard deduction. While a tax professional is your best resource, some common examples are:

- 1) Taxpayers age 70 $\frac{1}{2}$ or older can make a qualified charitable distribution from their IRA up to 100,000 directly to an eligible charity.
- 2) Rather than cash, give stocks or bonds that you have held for over a year. When stocks are up, this is most certainly a better financial deal for you than giving cash, whether you itemize your deductions or not.
- 3) Another strategy is to combine multi-year deductions into one year. Many taxpayers won't qualify for the necessary deductions to surpass the 2020 standard deduction threshold (\$12,400 for individuals, \$24,800 for joint filers). However, you can still receive a tax benefit by "bunching" multiple years' worth of charitable giving in one calendar year to surpass the itemization threshold. In off-years, you take the standard deduction.

These strategies could save you thousands of dollars, not to mention supporting the charitable organizations that mean something to you. We hope AUUF is one of those!

Questions? Contact the stewardship committee at stewardship@anchorageuuf.org

ANCHORAGE DATES: JUNE 12-16 (Banquet 13th) JULY 7-8 (Banquet 8th)



WhaleCoast Update

We'll likely be calling for some driving help once the matches are finalized. Some reminders about the June tour: arrival times vary among all the guests (and we're still missing some of that information). But the general idea is that most hosts will contact and arrange to pick up their guests on Saturday, June 12th. A few guests arrive a day or 2 early, and if hosts are willing to house them, AUUF will earn extra for those nights (otherwise, it's Motel 6). After 2 nights in Anchorage with hosts, the guests take a train to Seward and come back to Anchorage on the 16th for a 3rd (and final) night's stay with hosts. Tentative tour schedule and driving details are on our website:

Fund-raisers

July schedule is shaping up, and while we don't have a guest roster yet, word has it that private bedrooms are in demand, so we'll be calling on anyone with more than one bedroom to offer, including folks who also hosted in June. Unlike the June tour, guests arrive in Anchorage all at once at the train depot on a Wednesday night and stay with hosts for only 2 nights.

What we still need:

- 1. Vaccinated volunteer hosts, especially any who can offer more than 1 bedroom!
- 2. Vaccinated volunteers who can help do some driving during the Anchorage tour dates. If you have a van, this would be especially useful.
- 3. Help with the banquets (June 13th and July 8).

Thanks again to everyone volunteering! If you want to help out, email Denise Martin: dulcimer.diva@gmail.com. If you're intrigued about the tours, go to WhaleCoast AK to view the entire statewide itinerary. To inquire about joining up with the UU tourists coming in July, please email tour director Dave Frey: dfrey@whalecoastak.org



Joy & Sorrows

From Sunday, April 18, 2021

From Ruth Greenwood: Such joy to be able to get together with 2 other fully vaccinated friends and share a meal and watch a movie together. After more than a year of living alone and having no one in my bubble. And HUGS!

From David & Irene: Sorrow for my dad whom I just visited in Arizona for the last few days who is suffering from dementia. So sad to see someone decline like this, my dad, and someone who was once the leading expert on radiation physics in the country and participated in the nuclear bomb tests in the Pacific in the 1950s.

Calling all painters!

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2021 Annual Business Meeting

May 2nd on Zoom

Check out our Annual Meeting webpage

in the What's Happening menu on AUUF website &

REGISTER NOW

and find links to important documents and websites

Members will be voting on the

Adoption of our FY 2022 Operating Budget (7/1/21-6/30/22)
Election of two members to the Board of Directors
Election of three members to the Endowment Committee
Pre-Registration is Required, so do so early
Doors will open at 9:00 am, Meeting will convene at 10:00 am

AUUF Anti-Racism Team corner:

This 5-minute video was shared at a national UU-the-Vote event as well as our own local education session on Voter suppression. The link is listed below if you are interested in seeing this.

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Group Book Read - May 12 and 16th -

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No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

Black Lives in Alaska: Journey, Justice, Joy

at The Anchorage Museum

On view April 30 — Nov 30, 2021

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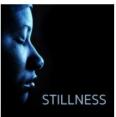
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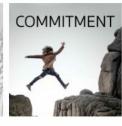
















Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

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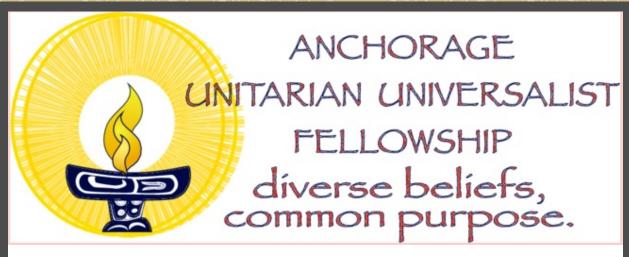




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Service Podcasts

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Today At Your Fellowship Friday April 23, 2021

This Sunday @ AUUF on Zoom

Sunday 4/25/21 9 am Virtual Forum

10:15 am RE Chalice Circle

11 am Virtual Worship

12:30 pm FY22 Budget Discussion

1 pm Coming of Age M & M Meeting

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy

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What You Have Heard Is True
Poet and Human Rights Advocate, Carolyn Forché

9 am Sunday, April 25

What You Have Heard Is True Poet and Human Rights Advocate Carolyn Forché

Click here to join on Zoom.
Click here for the speaker bios.

Chalice Circle

10:15 am Sunday, April 25

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Celebrating Poetry



Cady Lynn O'Brien, Ken Winterberger and Koala Vandruff

Virtual Worship

11 am Sunday, April 25

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Click here to join on Zoom.

Social Activism with Sister Helen Prejean

The final session for those participating in Social Activism with Sister Helen Prejean will occur on Monday, April 26 at 1pm, when she will join us from New Orleans via Zoom. If you have not received a notice with a link to the session, please contact John at mckay@alaska.net.

FY22 Budget Discussion

12:30-1:30 pm Sunday, April 25

Stay on the same Zoom meeting as the Worship Service, and we will begin after.

Join us for a discussion of the proposed budget for next year. All three meetings will be the same. This is a time for you to ask your questions as well as have a brief overview of the summary

budget that was provided in the Annual Meeting materials. The detailed version of the budget will also be available for discussion. If you would like a copy of it, you may **download a copy of it here.**

The meeting will also be attended by some Board members and Finance Committee members. We welcome your comments both at the meeting and by email. president@anchorageuuf.org





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AUUF Anti-Racism Team corner: Upcoming events of interest

Alaska Black Caucus: Community Conversation Sunday, 04/25/2021 7:00 pm - 8:00 pm

Join the Alaska Black Caucus for a discussion on the importance of representation. Register here

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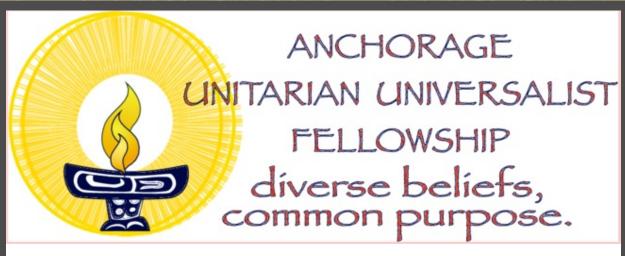




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Today At Your Fellowship Monday April 26, 2021

This week @ AUUF on Zoom

Monday 4/26/21 Tuesday 4/27/21 Wednesday 4/28/21 Thursday 4/29/21

Friday 4/30/21 12 pm Freethinkers

Saturday 5/1/21

Sunday 5/02 /21 10 am Annual Business Meeting Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

To learn how to participate in Religious Exploration youth programming contact Rosene Beachy rbeachy@alaskalife.net

Scam Alert!

AUUF Community,

Scammers are at it again. Today at 12:15 pm scammers sent the message below...

Please be aware AUUF is frequently targeted for these scams. They ask that you buy gift cards and send them the gift card code numbers. If you ever have concerns about the legitimacy of a message you receive please call the person directly to find out.

----- Forwarded message ------

From: Lise Adams Sherry < revlise.unitarian@gmail.com > NOT THE CORRECT EMAIL ADDRESS

Date: Mon, Apr 26, 2021, 12:12 PM Subject: MANY BLESSINGS Good morning, how are you?

Do you have a moment I have a request I need you to handle discreetly. I am going into a meeting now, no calls so just reply my email.

Blessings,

Rev. Lise Adams Sherry

Freethinkers

12 pm Friday, April 30

From Gardening to Genetics to Ethics—We Cover Ground!

By Marie Lundstrom

What a fascinating range of topics we touch in our discussions! Gardening—watch the Netflix documentary Kiss the Ground which "reveals that, by regenerating the world's soils, we can completely and rapidly stabilize Earth's climate, restore lost ecosystems and create abundant food supplies." Encouraging, especially since I need to fill my new garden box with good soil to raise carrots, beets, spinach, and sunflowers. Last Sunday's Forum on gardening got me inspired to grow great food!

DIY Genetics—get your CRISPR home kit today! DIY Al—build your own Artificial Intelligence at home with your computer. Population—we have 7.8 billion people on the planet, with 9.8 bn projected by 2050 and 11.2 bn projected by 2100. Can Earth survive all those people? Should we try to cure genetic diseases and extend lives?

Ethics—where do we stop in editing the human genome? Judith Anderegg suggests reading Altered Inheritance: CRISPR and the Ethics of Human Genome Editing (c2019) by Françoise Baylis. Moral and ethical questions abound in genetic manipulation. And we will be reading about those very biting issues in the coming weeks in Walter Isaacson's The Code Breaker. For next week, read Parts 4, 5, and 6, through chapter 39 "Acceptance." For a print copy, that's through page 332.

To join Freethinkers Friday at noon, go to the AUUF website, click on the Calendar for the Freethinkers link.

President's Message AUUF is our tiny democracy.

Participation and Voting are both our obligation and our privilege. We have two big jobs in May – one for AUUF and one for our city. --a message from Sid McCausland, Board President

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We need your energy on May 2nd for our Annual Business Meeting where you will vote to Approve our budget for next fiscal year (which begins July 1st), as well as Elect two members to our Board of Directors and three members to our Endowment Committee. In addition we will

Discuss plans for how you want us to proceed as we re-open during these COVID times.

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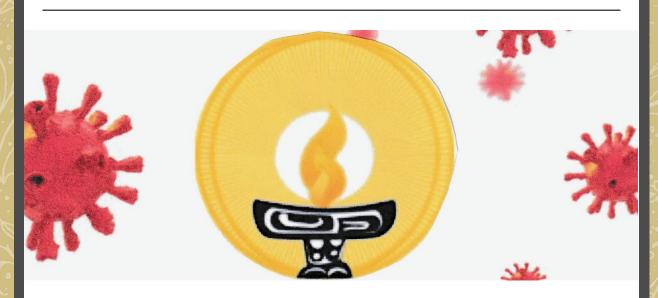
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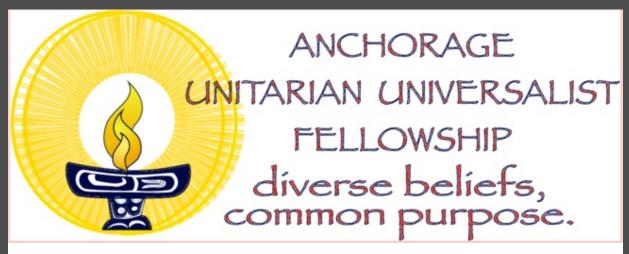




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This Sunday @ AUUF on Zoom

Sunday 5/02/21

10 am Annual Business Meeting

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WhaleCoast Update 4-29-21

I really appreciate everyone who has offered to house guests for one or both tours this summer. Due to requests for separate beds in the same household, homes without stairs, or without pets, our guests are spread pretty thin for the June tour. As a result, some of the double beds are being assigned, single guests.

Therefore, a few more backup hosts can ensure we place everyone without worries. Tentative tour schedule and driving details are on our website: <u>Fund-raisers</u>

What we still need for the June 12-16 tour:

- 1. More volunteer hosts, especially any who can offer 2 separate beds with at least one on the ground floor. Homes without pets, or without stairs are also very helpful.
- 2. Volunteers who can help do some driving during the Anchorage tour dates. If you have a van, this would be especially useful.

The July 7-8 roster is showing fewer stair and pet issues, so we are looking pretty good for bed placements, as long about half of our 6 "maybe" hosts come through with commitments.

Help will also be needed for the banquets (June 13th and July 8).

Reminder: All volunteers for the tours need to be fully vaccinated for Covid in advance of coming into contact with guests (who will also be fully vaccinated). This means 2 weeks in advance of the start of dates. Free vaccines are readily available in Anchorage, so we don't expect this to be a problem.

Thanks again to everyone volunteering! If you want to help out, email me (Denise Martin): dulcimer.diva@gmail.com. If you're intrigued about the tours, go to **WhaleCoast AK** to view the entire statewide itinerary.

AUUF Anti-Racism Team corner: Upcoming events of interest

Group Book Read Discussion - May 12 and 16th -Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm

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CDC Mask Guidelines

Click the image to see more info.

Choosing Safer Activities

	Unvaccinated People	Your Activity Outdoor	Fully Vaccinated People
	9	Walk, run, or bike outdoors with members of your household	
Safest	9	Attend a small, outdoor gathering with fully vaccinated family and friends	9
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	9
Less		Dine at an outdoor restaurant with friends from multiple households	9
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	

Construction Updates



Preparing to install new doors.



More work on the sound booth.



New doors installed.



Can you help us?

We are in desperate need of blankets for our shelter clients! Twin-sized new or gently used, clean blankets preferred.

Every day of the week you can drop off blankets at the Sullivan Arena between 9am-9pm. Pull up to a parking spot near the main entrance closest to Ben Boeke and adjacent to the statue. From inside your car, text or call 907.310-4091 and one of our staff will come and greet

you. You can also wave down a staff person in Bean's logo wear for assistance.

Be sure to ask for a receipt before you leave!

Can't donate in person? Donate monetarily through this email, or mail donations to 1020 E. 4th Avenue, Anchorage, AK 99501- our Bean's Cafe Administration office.

Our solution to climate change? Democracy.

And we need you on our team.



April Half-Portion for Social Action Citizens' Climate Lobby

This month's recipient of the half portion goes to Citizens' Climate Education (CCE)/Citizens' Climate Lobby (CCL), a volunteer-driven, non-partisan, non-political, non-profit that works to educate citizens on how to advocate effectively for climate legislation with their elected officials. Since its inception in 2008, CCE/CCL has championed bi-partisan solutions to mitigate climate change. Efforts by CCL groups were behind last year's launch of the bipartisan Senate Climate Solutions Caucus of which Senator Murkowski is an active member.

Click here to read more.
Click here to donate.

If you would like to learn more about CCE & CCL, please contact George Donart (anchorageclimate@gmail.com) or go to CitizensClimateLobby.org
Or Watch on Youtube.



Want to help make a difference while you shop in the Amazon app, at no extra cost to you? Simply follow the instructions below to select "Anchorage Unitarian Universalist Fellowship Inc" as your charity and activate AmazonSmile in the app. They'll donate a portion of your eligible mobile app purchases to us.

How it works:

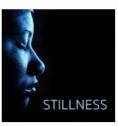
1. Open the Amazon app on your phone

- 2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
- 3. Select "Anchorage Unitarian Universalist Fellowship Inc" as your charity
- 4. Follow the on-screen instructions to activate AmazonSmile in the mobile app

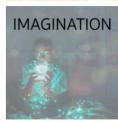




















Soul Matters Playlists

- On Spotify
- On Youtube
- Archive of Playlists







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Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revise@anchorageuuf.org
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Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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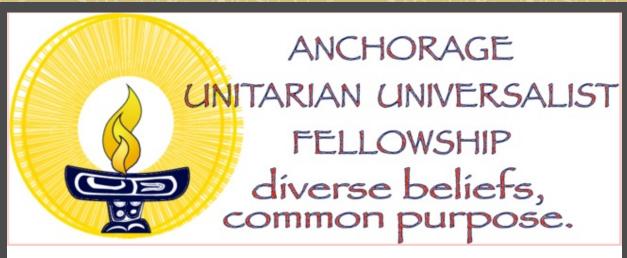




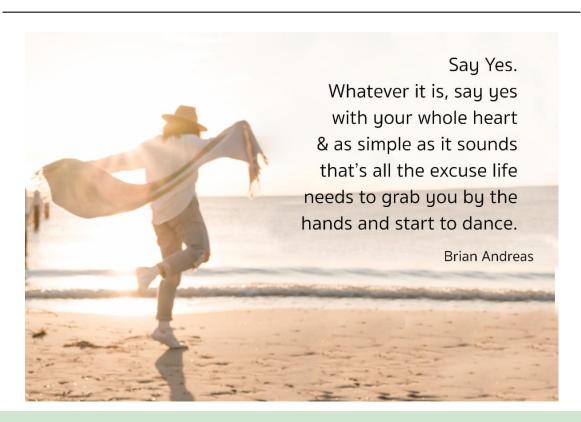
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Today At Your Fellowship Monday May 3, 2021



This Week @ AUUF on Zoom

Monday 5/3/21

Tuesday 5/4/21

4:30 pm Forum Planning Meeting 7 pm Adult Religious Exploration with Rev. Lise

Wednesday 5/5/21

6:30 pm Fireside Chats
7 pm Building & Grounds Meeting

Thursday 5/6/21 7 pm Choir Practice Saturday 5/8/21

Goddess Stories Rev. Lise Adams Sherry

Sunday 5/9/21

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

Adult Religious Exploration with Rev. Lise

7 pm Tuesday, May 4

Find the link on the AUUF website calendar.

Staying Connected - Fireside Chat at the AUUF Outdoor Fire Pit and on Zoom!

6:30-8:00 pm Wednesday, May 5

For ages 18 and up

Bring a log or 2 for the fire if you're able

Happy Spring! Some of us have been enjoying monthly informal conversations over Zoom this winter, organized by AUUF's Connections Team. Now that the snow has melted and temperatures continue to rise, we have reserved the AUUF fire pit for one more in-person meeting at AUUF. Join us with your mask and favorite drink for a safe-distanced chat on May 5 at 6:30. We'll also put up a Zoom link on the AUUF website calendar in case anyone wants to join in remotely. And if mother nature throws us a sudden weather challenge, we have reserved the social room inside the building too. For more information, email connections@auuf.org

Freethinkers

12 pm Friday, May 7

Scientists Are All Too Human

We may like to think that scientists—so involved with facts, provability, reason, logic, and meticulous concern for testing, re-testing, and checking outcomes multiple times—are above the common clay, maintaining calm rationality, not given to mixing it up with other scientists over validity of results and credit. Not so!

Think back to Tesla and Edison and their rivalry over the issue of alternating current vs. direct current to electrify the country. Tesla and George Westinghouse won out, and you know what we use today.

And in Walter Isaacson's *The Code Breaker*, we are getting varying accounts of who did what, how much, and when, and who gets credit and is it ethical. We get gossip and infighting, suits, and backbiting. Nobody really stands above the fray in majestic indifference.

And thus it is with CRISPR, genetic scissors nearly anyone can use to edit genes, as Isaacson learns to do. Where will it lead next? Is credit being rightfully given? Read through chapter 50, "The Berkeley Lab," which is up to page 421 in a print copy. Join us Friday at noon on Zoom—go to the AUUF website, click on the Calendar for the Freethinkers link.

Thank you



Thank you AUUF for a productive Annual Meeting.

Participants

Eighty-two Members, Three Friends, & Three Guests

Thank you, Team, fabulous job!

Annual Meeting Support Board of Directors

Zoom Host: Alix McKee President: Sid McCausland ('23)
Device Support: Vice President: Kathleen Lucich ('21)
Apple: Ken Winterberger Secretary: James Dryden ('23)

Apple: Ken Winterberger Secretary: James Dryden ('23) All Other: Cassie Thomas Treasurer: Peggy Robinson ('22) Standby: James Dryden Member: Don Antrobus ('23) Registrar: Robin Hill ('22) Don Antrobus Member: Usher: Andrea VanRavensway Member: Berta Gardner ('21)

Usher: Diane Smith Past President: David O'Brien (ex officio)

Publicity: Kelly Spring Contract Minister:

Music Director: Megan Webb Rev. Lise Adams Sherry (ex officio)

Parliamentarian: Heather Flynn

Additional Presenters

Reflection in Memoriam: Stephanie Koonz Endowment Committee: Wray Kinard, Chair

Building & Grounds Committee: Don Antrobus, Co-Chair Nominating Committee: Michele Champion, Member

In Fellowship,

Looking back



AUUF Grounds clean-up

12:30-4:00 pm May 16

Come join the beautification and celebration of the outdoor grounds. May 16 12:30-4:00. Let's come together with rakes, brooms, colored chalk, painted rocks, and shovels to clean, plant, decorate and beautify our Beloved Community outdoor meeting space.

There will be food to eat and some clean-up music to energize us as we celebrate the beginning of our warm seasons for growing, fun, and safe togetherness.

Please wear masks to keep young and old safe.

Contact Rosene for further details.



Did you know?

Whalecoast tours generate revenue for UU congregations throughout Alaska? In 2019, AUUF earned over \$20,000 for hosting 40+ guests in each of the two summer tours. Last year, the tours were canceled due to Covid. This summer, there will only be about 30 guests for each tour, BUT the rate per night has increased, so we can still do pretty well if we are able to house all the vaccinated UU visitors from all over the U.S. Come join the fun and be a host! Details on AUUF website:

Fund-raisers or contact Denise Martin dulcimer.diva@gmail.com

A Message from AUUF UU-the-Vote Team

By now, all Anchorage residents should have received a ballot for the mail-in runoff election for Mayor. Our policies do not allow us to endorse candidates, but we can encourage all of you to vote in this very important election. The race is close and the candidates have very different opinions so please research them if needed, and make sure you vote! The deadline is May 11th and there are drop boxes around town or you can mail it in with a first-class stamp.

For dropbox locations click here.

AUUF Anti-Racism Team corner: Upcoming events of interest

Group Book Read Discussion - May 12 and 16th -Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm

Join fellow AUUF members for a discussion about "So You Want to Talk About Race", a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate AI Sharpton?", "I just got called racist, what do I do now?" and more.

Michele Champion has 4 copies of this book checked out from the library. Please call or e-mail her to let her know you are interested in borrowing one. akmichelechamp@yahoo.com 907-341-9249

When the group discussion is completed, please return the books directly to Michele.

We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library
Borrow an e-book from the Anchorage Public Library
Borrow an audiobook from the Anchorage Public Library
Order a copy from local bookstore Writer's Block
Buy an audiobook while supporting Writer's Block

No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

Disabilities in Alaska, Jauman, Justine Jau

Black Lives in Alaska: Journey, Justice, Joy at The Anchorage Museum

On view April 30 — Nov 30, 2021

In April 2021, the museum will open a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.

Watch this video on your own schedule:

<u>Suppressed 2021: The War On Democracy • Voter Suppression Documentary • BRAVE NEW FILMS (BNF)</u>

This 5-minute video was shared at a national UU-the-Vote event as well as our own local education session on Voter suppression.

Contact Michele Champion if you would like to take easy action to help get Senate Bill 1 (The For the People Act) passed. akmichelechamp@yahoo.com or 907-341-9249

GA PRIDE DRAG SHOW RETURNS!

Thanks to sponsorship support from UUA Ministries and Faith Development - LGBTQ and Multicultural Programs Team, the Virtual GA Pride Drag Show returns! Register for GA and plan to join Rev. Presha Mann (Rev. Marcus Fogliano), our most fabulous host, for an evening of joy and fun!

Attention Queens and Kings: upload a 3-to-5minute video of your drag performance by Thursday, May 27. Selected videos will premiere Friday evening, June 25 at 5:30 pm

PT / 6:30 pm MT / 7:30 pm CT / 8:30 pm ET. \$50 compensation will be offered per original submission, plus tips via Venmo and CashApp.







an Alaska Behavioral Health program

May Half-Portion for Social Action

Alaska Seeds of Change

Alaska Seeds of Change is a program for youth ages 16-23 that teaches essential job and life skills through work in an indoor hydroponic farm. We grow fresh produce year-round, including herbs like basil, chives, mint, and others. We also grow salanova lettuce and some other experimental plants. These crops are sold at Blue Market in Anchorage, through Arctic Harvest Deliveries, to restaurants, and even sent out to towns and villages across Alaska.

Seeds is a program of Alaska Behavioral Health, a non-profit organization that provides mental health services, centered around the motto "Wellness for everyone."

You may be wondering: "How does one get involved with Alaska Seeds of Change?" Most youth start as apprentices through our community partners, including Nine Star, Cook Inlet Tribal Council, and SAVE. Some volunteer or earn school credit for their initial time at Seeds. Once they have finished "basic training", youth can apply for longer-term positions to lead growing efforts and teach the next generation of apprentices.

Maybe you're not 13-23? You can still be involved! Our volunteer program took a break during the pandemic, but we are now welcoming a limited number of volunteers back into our program. We also rely on community support to help keep our program going and are grateful to be designated as the half-share partner for May.

 written by Peter Jeffries, former Youth Apprentice, and current Skill Development Specialist,

Alaska Seeds of Change





















Soul Matters Playlists

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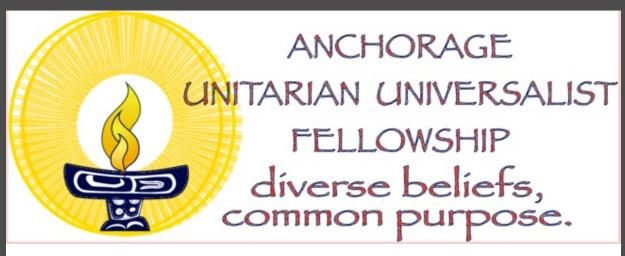




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Today At Your Fellowship Friday May 7, 2021

This Sunday @ AUUF on Zoom

Sunday 5/9/21 9 am Virtual Forum

Black History and Culture in Alaska Historians Dr. Ian Hartman Cal Williams

10:15 am RE Chalice Circle

11 am Virtual Worship Goddess Stories Rev. Lise

6:30 pm Virtual Jr Youth Meet up



Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.





Black History and Culture in Alaska Historians Dr. Ian Hartman & Cal Williams

Virtual Forum 9 am Sunday, May 9

Click here to join on Zoom.

__ ___

May Virtual Forum

A Look at Our May Forum Programs and call for help with Memorial Day tributes . This month's Forums

On Sunday, May 9, Dr. Ian Hartman, chair of the UAA History Department, and Cal Williams will present our Forum program on **Black History** and Culture in Alaska, which coincides with the opening of the new exhibit on this subject at the Anchorage Museum of History and Art. On March 15, we are looking forward to hearing from **Anchorage's new mayor**. If you haven't already voted for your choice of who this speaker should be, you have until May 11 to get your ballot in. On May 22 we will hear from **Dr. Dick Mandsager**, the Rasmuson Foundations' first senior fellow, who is finishing a two-year stint with the task force that's been exploring issues relating to **homelessness** in Anchorage--causes, consequences and solutions. And finally, we are planning a **Memorial Day** program to honor those who have lost their lives in military service to our nation.

Asking for your help

As part of our Memorial Day Forum, we would like to invite brief reminiscences from members of the fellowship about men and women in their lives who have died as a result of military service. These could be your parent, child, or sibling. It could be a grandparent or someone else in your "family tree" whose story you know. Or a friend or classmate. We're not trying to be rigid, either about your connection to the person, or about the definition of which deaths qualify—whether it was in combat, or from an attack or training exercise, or as a consequence of combat-related physical injuries, PTSD, or another aftermath. It could be a soldier or marine, a conscientious objector serving as a medic, or a chaplain. But we'd like to have contributions about people meaningful to you, to bring names and faces into the room as we honor all of the country's war dead. (Please keep in mind that the focus of this Forum is Memorial Day, and its purpose of honoring those who have died. We can do different programs other times relating to issues faced by veterans, or otherwise relating to military service and policy more generally.) If you have a story to share, or know someone else in the Fellowship who might, please contact John McKay at your earliest convenience by email at mckay@alaska.net at 907-350-5239.





Goddess Stories
Rev. Lise Adams Sherry

Virtual Worship
11 am Sunday, May 9



May Virtual Worship

This month our theme is "Story." Does this mean we're going to pull out a bunch of fiction and simply read it? It could, and I'm sure we'll be doing that for a Time for All Ages, at least a little bit. But we also want to learn from real lived experiences as well.

11 am May 9 Goddess Stories Rev. Lise Adams Sherry

As we celebrate Mother's Day, it seemed appropriate to explore some stories about Goddesses—isn't that what all nurturing women are? Is a Goddess some sort of ethereal being, or are women everywhere working the necessary magic needed to thrive in the world while helping others to do the same?

11 am May 16

Tales from Coming of Age

Our Coming of Age Youth, Rosene Beachy, DLRE, and Rev. Lise Adams Sherry Five young women have been participating in our Coming of Age program this year. They've been exploring topics that many young folks consider as they grow, and of course, UU spirituality and formation. This Sunday they'll share their personal credos with us, and we'll celebrate their discoveries.

11 am May 23

Crossing Bridges into Adulthood

AUUF Graduating High School Seniors, Rosene Beach, DLRE and Rev. Lise Adams Sherry Our seniors will share what they've enjoyed about their time with us and their hopes for the future (for now). We'll all participate in our joyous Bridging Ritual that recognizes the independent young adults they are becoming.

11 am May 30 The Story of Code Talkers Rev. Lise Adams Sherry

During WWII, many of our Native Americans contributed to the war effort by creating code that used their language. It was a patriotic and valuable gift that unfortunately, was not recognized for years. This Memorial Day weekend, we'll remember and celebrate their stories.

AUUF Grounds clean-up

12:30-4:00 pm May 16

Come join the beautification and celebration of the outdoor grounds. May 16 12:30-4:00. Let's come together with rakes, brooms, colored chalk, painted rocks, and shovels to clean, plant, decorate and beautify our Beloved Community outdoor meeting space.

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Contact Rosene for further details.

A Message from AUUF UU-the-Vote Team

By now, all Anchorage residents should have received a ballot for the mail-in runoff election for Mayor. Our policies do not allow us to endorse candidates, but we can encourage all of you to vote in this very important election. The race is close and the candidates have very different opinions so please research them if needed, and make sure you vote! The deadline is May 11th

and there are drop boxes around town or you can mail it in with a first-class stamp.

For dropbox locations click here.

AUUF Anti-Racism Team corner: upcoming events of interest

Group Book Read Discussion - May 12 and 16th at 6:30 PM

Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo

Zoom Meeting ID: 948 9410 2880

Passcode: 909126 One tap mobile

- +13462487799,,94894102880#,,,,*909126# US (Houston)
- +16699009128,,94894102880#,,,,*909126# US (San Jose)
- ** Update: participants are invited to complete this optional <u>pre-event form</u>.
- **Please also check out the publisher's discussion guide

Join fellow AUUF members for a discussion about "So You Want to Talk About Race", a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate AI Sharpton?", "I just got called racist, what do I do now?" and more.

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Buy an audiobook while supporting Writer's Block

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Alaska Black Caucus Community Conversation: Sun May 9th, 7-8 PM

Join the Alaska Black Caucus to learn about resources for BIPOC students pursuing careers in healthcare.

Register here



Sunday is Mother's Day

in honor of this day

<u>The Holding Space for Our Mothers Course</u>
is available to all for:
\$30

(regularly priced at \$200)

In honor of Mother's Day, this 8-hour, live, the online course holds space for the legacy of light and shadow that our mothers, and foremothers, have passed on to us.

As we acknowledge that mothers are complex, multifaceted beings ~ we come to hold space for the gifts and wounds we received with more grace, resilience, and resolve to pass on the example/power of an integrated life to the generations to come.

Treat yourself.
Treat your mother.

"Mother the mother" and register today



an Alaska Behavioral Health program

May Half-Portion for Social Action

Alaska Seeds of Change

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hydroponic farm. We grow fresh produce year-round, including herbs like basil, chives, mint, and others. We also grow salanova lettuce and some other experimental plants. These crops are sold at Blue Market in Anchorage, through Arctic Harvest Deliveries, to restaurants, and even sent out to towns and villages across Alaska.

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 written by Peter Jeffries, former Youth Apprentice, and current Skill Development Specialist,

Alaska Seeds of Change
Donate to AUUF Half Portion.





















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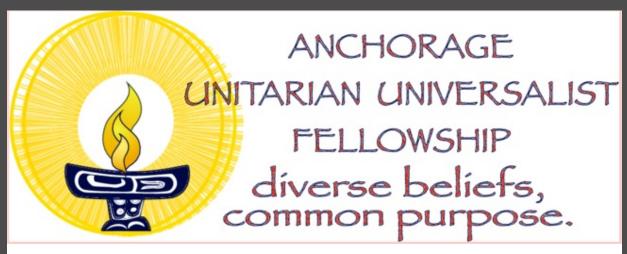




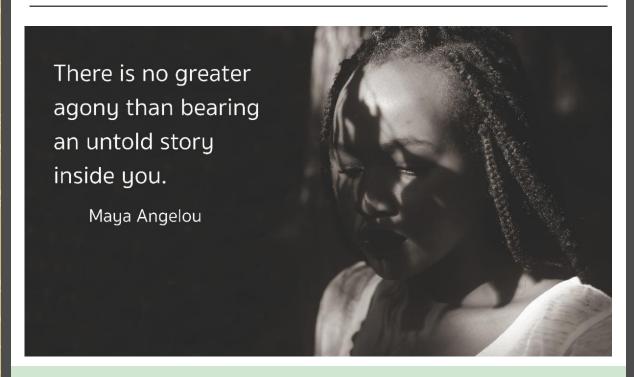
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Today At Your Fellowship Monday May 10, 2021



This Week @ AUUF on Zoom

Monday 5/10

Tuesday 5/11

Wednesday 5/12
6-8 pm SCT Meeting
6:30 pm Anti-Racism Team Book Circle

Thursday 5/13
4:30 pm Board Executive Meeting
7:30 pm Music with Megan

Friday 5/14
12 pm Freethinkers on Zoom
COA Rites of Passage Weekend

Sunday 5/16

9 am Virtual Forum *Good Morning, Mr. Mayor*Anchorage's New Mayor

10:15 am Virtual Chalice Circle
11 am Virtual Worship
Tales from Coming of Age
With our Coming of Age Youth, Rosene
Beachy, DLRE, and Rev. Lise

12:30-4 pm AUUF Grounds Clean up12:30 The Alliance6:30 pm Anti-Racism Team Book Circle

6:30 pm Virtual Junior Youth Meet up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

AUUF Anti-Racism Team

6:30 pm Wed. & Sunday, May 12 and 16th Group Book Read Discussion THIS WEEK

Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo

Zoom Meeting ID: 948 9410 2880

Passcode: 909126 One tap mobile

- +13462487799,,94894102880#,,,,*909126# US (Houston)
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- ** Update: participants are invited to complete this optional pre-event form

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Find a copy at the Anchorage Public Library. Borrow an e-book from the Anchorage Public Library

Borrow an audiobook from the Anchorage Public Library. Order a copy from local bookstore Writer's Block. Buy an audiobook while supporting Writer's Block

No time for a whole book?

Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

Music with Megan

7:30 pm Thursday, May 13

Click here to join on Zoom.

Freethinkers

12 pm, May 14

We'll Finish The Code Breaker—Where Do We Go Next?

by Marie Lundstrom

The ethics of gene editing, especially germline (inheritable) editing is squishy at best. And as most of us acknowledged in Friday's discussion, whatever can be done with gene editing will happen because it can; "red lines" won't stop it. The

^{**}Please also check out the publisher's discussion guide

genie can't go back in the bottle—CRISPR is here, functional, available, and easy to use. What will happen next? Unknown and sobering.

A big plus in learning about Jennifer Doudna in Walter Isaacson's *The Code Breaker* is her leadership ability, a trait worth a great deal, especially in developing workable teams of scientists, in her command strength, and in her swift action in dealing with a crisis—the coronavirus. Her shared Nobel Prize with Emmanuelle Charpentier reflects not only great scientific competence and ingenuity but also qualities of character.

In considering what to read and talk about next, two books have so far been suggested: Altered Inheritance: CRISPR and the Ethics of Human Genome Editing (c2019) by Françiose Baylis, with the caveat, that it is quite dense; and a novel which deals with genetic alteration and also with Artificial Intelligence, Klara and the Sun (c2021) by the British Nobel Prize winner Kazuo Ishiguro.

Keep reading to the end of Isaacson's *The Code Breaker*. To join us on Zoom Friday at noon, go to the AUUF website, click on the Calendar, and the Freethinkers link will come up.

AUUF Grounds clean-up

12:30-4:00 pm May 16

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Please wear masks to keep young and old safe.

Contact Rosene for further details.

Annual Meeting News

82 Members, 3 Friends, and 3 Guests gathered on May 2nd for a productive AUUF Annual Business Meeting.

For many of us the highlight of the day was Don Antrobus' slideshow progress report on the renovations taking place in our Sanctuary. The schedule calls for completion by the end of this month.

We also appreciated learning about the gearing up of our Healthy Congregations Team from Rev. Lise. We'll be hearing a lot more from the Team as we begin returning to AUUF in person.

There were three action items:

- The election of three members to serve on the Endowment Committee: Harry Crawford and Judy Engh will be joining re-elected member Stephenie Wheeler for three-year terms. (The Endowment Committee reports directly to the Membership and is independent of our Board of Directors.)
- The election of two members to the Board of Directors: Kalen Saxton and Kathleen Luchich for three-year terms.
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One huge request - Please volunteer for our A/V Team so that we can move ahead quickly.

Thank you to everyone who believes in and supports AUUF. We are on the cusp of the next leg in our journey.

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AUUF Joy & SorrowFrom Sunday Worship May 9th

From Diane Smith, Usher (she/her): Joy that my daughter, Charlotte, offered to fix me a Mother's Day lunch/dinner this afternoon.

From Melissa Johnson: I'm a feather collector, and this week, during a particularly difficult mental state on a walk on an abandoned trail, I was presented with a bounty of beautiful feathers dappling

the forest floor, which I took as a reminder from those looking out for me - angels, birds, another entity - that the earth is bountiful and will provide in my times of need.

From silverhjellen: My joy: attending a dear friend's birthday get-together and laughing and sharing together

A Message from AUUF UU-the-Vote Team

By now, all Anchorage residents should have received a ballot for the mail-in runoff election for Mayor. Our policies do not allow us to endorse candidates, but we can encourage all of you to

vote in this very important election. The race is close and the candidates have very different opinions so please research them if needed, and make sure you vote! The deadline is May 11th and there are drop boxes around town or you can mail it in with a first-class stamp.

For dropbox locations click here.

AUUF Anti-Racism Team corner: upcoming events of interest

Black Lives in Alaska: Journey, Justice, Joy

at The Anchorage Museum

On view April 30 — Nov 30, 2021

In April 2021, the museum opened a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community



Community Listening Session

Community Listening Session 5:30-7:30 p.m. Thursday, May 13 (via Zoom)

We would like to hear from you You are invited to share your concerns, ideas and feedback about Anchorage Pride and Identity. Identity needs your help to learn

and grow as an organization so we can better serve the community and embody our vision, values and mission.

Thank you to all those that have already spoken up and given feedback. This <u>community listening session</u> is another opportunity to connect with us.

If you can't make it or would like to give feedback anonymously, please complete <u>this form</u>.

Join the Conversation

Allyship and LGBTQ+ Liberation Workshop

Community Workshop

6-7:30 p.m. Wednesday, May 12 (via Zoom)

In this workshop, you'll explore terminology, discover ways to show up for the LGBTQ+ community, share stories, and ask questions.

All who seek to advance the LGBTQ+ communities of Alaska are welcome. Start

your path to allyship. Deepen your impact.

The program is free to attend. \$25 suggested donation.

Learn with us



May Half-Portion for Social Action

Alaska Seeds of Change

an Alaska Behavioral Health program

Alaska Seeds of Change is a program for youth ages 16-23 that teaches essential job and life skills through work in an indoor

hydroponic farm. We grow fresh produce year-round, including herbs like basil, chives, mint, and others. We also grow salanova lettuce and some other experimental plants. These crops are sold at Blue Market in Anchorage, through Arctic Harvest Deliveries, to restaurants, and even sent out to towns and villages across Alaska. Seeds is a program of Alaska Behavioral Health, a non-profit organization that provides mental health services, centered around the motto "Wellness for everyone."

You may be wondering: "How does one get involved with Alaska Seeds of Change?" Most youth start as apprentices through our community partners, including Nine Star, Cook Inlet Tribal Council, and SAVE. Some volunteer or earn school credit for their initial time at Seeds. Once they have finished "basic training", youth can apply for longer-term positions to lead growing efforts and teach the next generation of apprentices.

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 written by Peter Jeffries, former Youth Apprentice, and current Skill Development Specialist,

Alaska Seeds of Change
Donate to AUUF Half Portion.





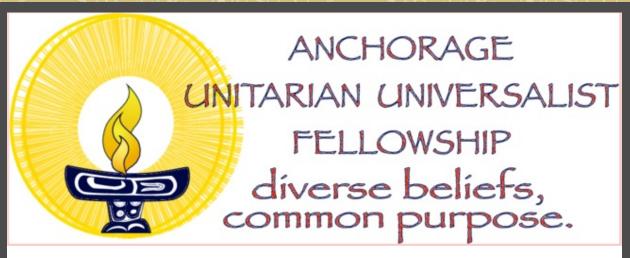


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STAY CONNECTED







Today At Your Fellowship Friday May 14, 2021

This Sunday @ AUUF on Zoom

Sunday 5/16

9 am Virtual Forum

10:15 am Virtual Chalice Circle
11 am Virtual Worship

12:30-4 pm AUUF Grounds Clean up

12:30 The Alliance

6:30 pm Anti-Racism Team Book Circle

6:30 pm Virtual Junior Youth Meet up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

We will publish TAYF on Tuesday next week, rather than Monday. Thanks! Kelly Spring Communications Specialist

Virtual Forum

9 am Sunday, May 16

Alaska's State, Federal and ANCSA Lands—Who Owns What and Why?

Retired Director of DNR Division of Mining, Land & Water Dick Mylius

Click here to join on Zoom. Click here for Speaker bio.







Tales from Coming of Age

With our Coming of Age Youth, Rosene Beachy, DLRE, and Rev. Lise

Virtual Worship

11 am Sunday, May 16

Click here to join on Zoom.

AUUF Grounds clean-up

12:30-4:00 pm May 16

Come join the beautification and celebration of the outdoor grounds. May 16 12:30-4:00. Let's come together with rakes, brooms, colored chalk, painted rocks, and shovels to clean, plant, decorate and beautify our Beloved Community outdoor meeting space.

There will be food to eat and some clean-up music to energize us as we celebrate the beginning of our warm seasons for growing, fun, and safe togetherness.

Please wear masks to keep young and old safe.

Contact Rosene for further details.

AUUF Anti-Racism Team

6:30 pm Sunday, 16th

Anti-Racism Book Circle: So You Want to Talk About Race, by Ijeoma Oluo

Join Zoom Meeting

Meeting ID: 948 9410 2880

Passcode: 909126 Dial by your location

- +1 346 248 7799 US (Houston)
- +1 669 900 9128 US (San Jose)
- +1 253 215 8782 US (Tacoma)
- ** Update: participants are invited to complete this optional pre-event form
- **Please also check out the <u>publisher's discussion guide</u>

Join fellow AUUF members for a discussion about "So You Want to Talk About Race", a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate AI Sharpton?", "I just got called racist, what do I do now?" and more.

Michele Champion still has 3 copies of this book checked out from the library. Please call or email her to let her know you are interested in borrowing one. akmichelechamp@yahoo.com
907-341-9249. When the group discussion is completed, please return the books directly to Michele. We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library. Borrow an e-book from the Anchorage Public Library

Borrow an audiobook from the Anchorage Public Library. Order a copy from local bookstore Writer's Block. Buy an audiobook while supporting Writer's Block No time for a whole book?

Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.



WhaleCoast Update 5-14-21

I really appreciate everyone who has offered to house guests for one or both tours this summer. I'm also grateful for a couple of people have volunteered to help do some driving. It's too early to determine how much help will be needed for that, but there's usually quite a bit needed for the June tour. Tentative tour schedule and driving details are on our website: **AUUF Fundraisers Page**.

What we still need:

- 1. A couple more volunteer hosts for June, we especially need any who can offer 2 separate beds with at least one on the ground floor. Homes without pets, or without stairs are also very helpful.
- 2. About 5 or 6 volunteer hosts for the July tour, including some who could just be on standby as "backup." (Most July guests are couples who share one bed, 2 couples who'd like separate beds, and 3 solo travelers).
- 3. Volunteers who can help do some driving during one or both of the Anchorage tour dates. If you have a van, this would be especially useful.

The July 7-8 roster is showing fewer stair and pet issues, but we are still lacking enough hosts as a couple of previously committed hosts moved to "maybe" status. We have confirmed beds for about 22 guests, and need at least 5 more beds. Help will also be needed for the banquets (June 13th and July 8).

Reminder: All volunteers for the tours need to be fully vaccinated for Covid in advance of coming into contact with guests (who will also be fully vaccinated). This means 2 weeks in advance of the start of dates. Free vaccines are readily available in Anchorage, so we don't expect this to be a problem.

Thanks again to everyone volunteering! If you want to help out, email me (Denise Martin): dulcimer.diva@gmail.com. If you're intrigued about the tours, go to whalecoastak.org to view the entire statewide itinerary.

Takeaways from our Annual Meeting COVID Discussion

Nearly 80 AUUF'ers hung around for our COVID discussion at the end of our May 2nd Annual Business Meeting. Thank You! Here are the highlights:

The Biggest Takeaways:

- More than 80% of us are eager to return to AUUF ASAP with adequate COVID precautions.
- We need volunteers willing to learn and support our new A/V system before we can hold in person Forums and Worship Services.

Board protocols will continue to evolve every month, just as CDC and Anchorage guidelines are evolving almost weekly.

Small groups that have met here before can meet here now if they schedule through staff.

- If all members of the small group are fully vaccinated & the group agrees, masks are not required.
- If children are present, everyone must wear a mask.
- Individuals who are not vaccinated due to a medical condition must agree to wear a mask and maintain 6' of separation at all times.
 - Some have severe allergic reactions to specific vaccine components while others may have an underlying medical condition that their medical care provider feels may be compromised by the vaccines.
 - The Board does not currently have a policy dealing with non-medical excuses.

Large in-person meetings, such as Forum and Worship Service, will not begin until:

- Until we can provide access through Zoom or similar medium to all who cannot congregate due to COVID.
 - This is a UUA Accessibility and Inclusivity objective that our Board & staff support.
- Until we have enough volunteers for our A/V Team to support both activities every Sunday
 - A/V equipment is all new, digital, includes cameras, & all-rooms availability.
 - A huge learning curve will be involved as A/V team gains experience on-the-fly.
 - Alix and Ken are currently the only members of the team.
 - 16 volunteers would be "ideal."
 - [4 individuals volunteered during the Annual Meeting.]
 - It was suggested that we see if any youth or young adults would be willing to help out. [It was noted that they seem to be pretty busy already.]

<u>Principals, including the Choir, may be the only ones physically present & broadcasting from the Sanctuary initially.</u>

- The Board has asked Staff to be prepared to utilize the Sanctuary by May 31st, when it is scheduled to be ready for occupancy. The commencement date is merely a target, not a mandate.
- CDC says Choirs can sing with masks. [Technicians are not thrilled to hear that until more is known.]

Some additional discussion points:

- Something similar to Zoom pre-registration will allow us to limit in person access and allow the registrant to see how many seats are available.
- Hands-free handles on bathroom doors [or automatic openers] would be a big help [and are part of our long-term accessibility improvements plan].
- Encouraging the wearing of masks in Forum and Worship Service would provide some privacy for those uncomfortable with having their faces broadcast over Zoom while also providing one extra level of COVID protection.
- The Healthy Congregation Team will be on standby to assist in dealing with unresolved disagreements with individuals who fail to comply with our COVID protocols. [Failure to resolve may lead to being banned from in person activities for the duration of these COVID Times.]
- Let's revise the COVID Poll and see if we can get responses that reflect the latest CDC guidance.

Annual Meeting News

82 Members, 3 Friends, and 3 Guests gathered on May 2nd for a productive AUUF Annual

Business Meeting.

For many of us the highlight of the day was Don Antrobus' slideshow progress report on the renovations taking place in our Sanctuary. The schedule calls for completion by the end of this month.

We also appreciated learning about the gearing up of our Healthy Congregations Team from Rev. Lise. We'll be hearing a lot more from the Team as we begin returning to AUUF in person.

There were three action items:

- The election of three members to serve on the Endowment Committee: Harry Crawford and Judy Engh will be joining re-elected member Stephenie Wheeler for three-year terms. (The Endowment Committee reports directly to the Membership and is independent of our Board of Directors.)
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an Alaska Behavioral Health program

May Half-Portion for Social Action

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 written by Peter Jeffries, former Youth Apprentice, and current Skill Development Specialist,

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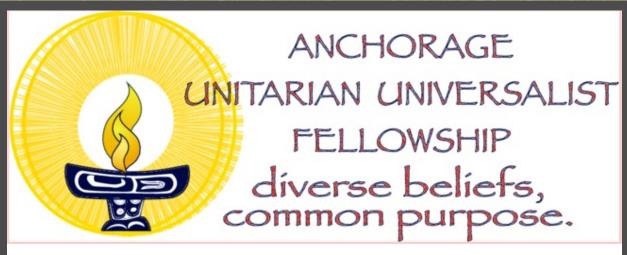




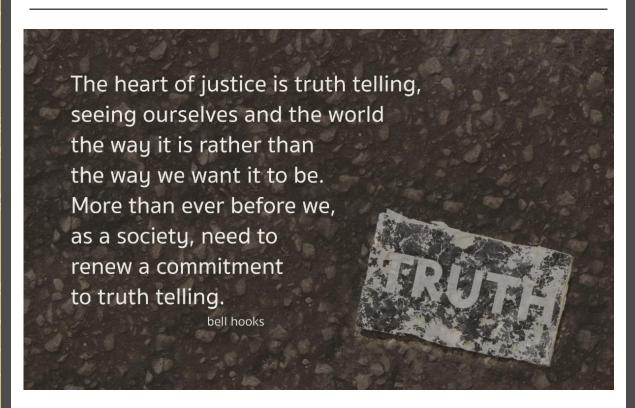
Visit our website

Service Podcasts

Donate Now



Today At Your Fellowship Tuesday May 18, 2021



This Week @ AUUF on Zoom

Tuesday 5/18 7 pm Adult RE with Rev. Lise

Wednesday 5/19 6:30 pm Board Meeting

Thursday 5/20

Friday 5/21 12pm Freethinkers

Saturday 5/22

Sunday 5/23 9 am Virtual Forum

10:15 am Virtual Chalice Circle
11 am Virtual Worship

6:30 pm Virtual Junior Youth Meet up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage

Adult Religious Exploration with Rev. Lise.

7 pm Tuesday, May 18

Visit the AUUF homepage calendar for the Zoom link.

Board Meeting

6:30 pm Wednesday, May 19

Visit the AUUF homepage calendar for the Zoom link.

Freethinkers

12 pm Friday, May 21

Farewell, Jennifer—Hello, Klara by Marie Lundstrom

It is sad to have to say goodbye to Jennifer Doudna and all her CRISPR world colleagues in Walter Isaacson's *The Code Breaker*—and a grand read it was!. But Isaacson's ending isn't sad—it's upbeat about all the possibilities for gene editing to make our human lives better. Even though we may worry about the open-ended use of CRISPR, based on the notion that if it can be done, it likely will be, there is the hope we talked about Friday that our better angels will prevail in setting ethical limits for editing genes, especially germline (inheritable) changes. So, with Isaacson, we look forward optimistically to removing Huntington's Disease, Sickle-cell Anemia, and other really nasty genetic conditions, yet always keeping in the back of our minds the caveats about ethical uses.

In our new reading adventure, Kazuo Ishiguro's newest novel, *Klara and the Sun* (c2021, 320pp), we will see in action one writer's portrayal of gene editing to enhance humans as well as an example, in Klara, of Artificial Intelligence. It's clear that we will be tying together many of the strands of our discussions of the past few weeks and some from previous reading on Al. It could be fun! Or heart-breaking.

Since getting *Klara and the Sun* and reading some of it before next Friday, May 21, maybe a problem, go slow to start with by reading through Part 1, which should be about 50 or 60 pages. Later we may want to go faster. Side notes: Sony 3000 Pictures has already acquired screen rights. An abridged 10-part version of the novel was read aloud by a British actress on BBC Radio 4 in March. To join us Friday noon on Zoom, go to the AUUF website, click on the Calendar, and the Freethinkers link will come up.

Joy & Sorrows

From Sunday Worship May 16

From Marty Freeman: I loved seeing the firepit built by new Eagle scout Ben Fischer used by the Coming of Agers.

From Kate Lehn: The culmination of COA is both a joy and a sorrow



From Rosene Beachy, DLRE (she/her): Joy for these brilliant, thoughtful, and compassionate young women going forth into the world!

From Silver h Jellen: My joy today was listening to Boston Gay Men's Chorus- and listening to all of the messages in this service today from the youth, their mentors, and supporters.

The Macks are Moving to Seattle at the end of May

Dear AUUF friends and family,

When the pandemic helped David's work become entirely online, it begged the question, "If you could live anywhere, where would you live?" We chose Seattle for proximity to extended family and as a



place where we can all pursue our passions. In many ways, it feels like a decision deferred. We came to Anchorage ten years ago for three months and on our very first day here, we ran into the RE group at Eagle River Nature Center where we were immediately welcomed into the fold. We sang familiar UU songs together and, soon after, David and the kids attended Fall Frolic while I attended my first yoga teacher training weekend. When they returned from a fun-filled weekend, David said to me, "I don't want to predict the future, but I can't wait to go to Fall Frolic again next year." And so, largely because of this community, we extended our stay and it lasted ten years!

David and I were married on Vashon Island near Seattle on June 2, 2011 and we will celebrate our 20th wedding anniversary days after our arrival. It is, in fact, the place we imagined ourselves living. Audrey and Adam will begin high school and middle school, respectively, in the fall and have better proximity to grandparents and extended friends and family. David will maintain his work in Alaska remotely from Seattle. As for me, I will get everyone settled, continue on my yoga path, and am considering going back to school.

Our life-altering Alaska detour has forever transformed us. The friendships and the fellowship we shared with you are deep and rich and at times have been challenging. And for all of it, we are thankful. We thank you for the learning and the growth we experienced here. Many thanks for the love and care you showed our family. We saw and did incredible things together! We love you and will miss you all dearly. We look forward to staying in touch.

Best wishes,

David, Amanda, Audrey, and Adam Mack

The Macks have been active members at AUUF since 2011. David served on the CYRE Committee, the Endowment Committee and the Safer Congregations Committee. Amanda was an RE teacher, served on the Board of Directors including one year as President, was a Coming of Age mentor, Program Council Co-chair and a Healthy Congregations member. Audrey recently completed the Coming of Age program. Both kids have attended RE and completed several OWL courses between them and are better off for it no matter what they may tell you! The family has attended several Fall Frolics.





UU's from across the Nation and beyond will gather virtually for our annual General Assembly June 23th-27th. The sessions will include UUA business, exploration of the theological underpinnings of our faith, and opportunities to lean fully into our mission and

Last year, GA had more than 4,900 registered attendees participate from remote locations around the world. While we've had to give up our face-to-face interactions and hugs, we have retained our dedication to community and made our experience more accessible and environmentally sustainable. Those of us from AUUF who attended last year found it to be a rich, rewarding, and educational experience.

If you are interested in learning more follow this link: UUA GA2021. If you are interested in becoming an AUUF Delegate to the GA, contact Sid: president@anchorageuuf.org





principles.

Action Presentations This Week!

Earn points for the UU Drawdown Initiative by attending these Action Presentations. More events are added regularly; check the schedule below for more information.

Designing & Remodeling Greener Homes Wednesday, May 19 at 2:30pm PT / 3:30 MT / 4:30 CT / 5:30 ET

Drawdown and the Sustainable Development Goals Wednesday, May 19 at 3:30pm PT / 4:30 MT / 5:30 CT / 6:30 ET

REGISTER HERE

Save the Date

BIPOC Caucus on Climate Justice Session 4 - May 27 at 5 pm PT/8 ET - REGISTER
Drawdown Fieldtrip for the Climate - May 29-31 - MORE INFO
Treaty People Gathering to Stop Line 3 - June 5-8 - MORE INFO
Click here to read more

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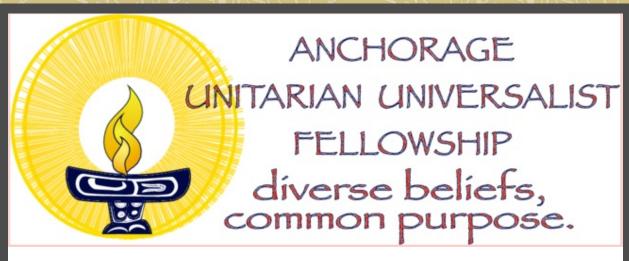
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6:30 pm Virtual Junior Youth Meet up

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage





Homelessness in Anchorage—Where are We, Where are We Going?

Dr. Dick Mandsager

Virtual Forum

9 am Sunday May 23, 2021

Click for Speaker's bio here Click here to join on Zoom.





Crossing Bridges into Adulthood AUUF Graduating High School Seniors, Rosene Beach, DLRE & Rev. Lise Adams Sherry

Virtual Worship

11 am Sunday May 23, 2021

Click here to join on Zoom.

Update from Rev. Lise

Greetings!

I hope you've all been enjoying our spring that has finally arrived!

New things are starting to bloom in our sanctuary as well, although not as quickly as we'd hoped. The pandemic has slowed down the supply chain so we are currently waiting for the new carpet we're installing on our chancel (stage) as well as the countertop for our new sound booth. Regardless, we are going to broadcast, with participants and their families only, from the sanctuary this Sunday! The occasion is our Bridging ceremony for graduating seniors so they can be all together this year. We hope you can join us on Zoom--just keep in mind everything will not be beautifully finished . . . yet. But we're getting closer!

After the Bridging ceremony this weekend, we're going to start regularly broadcasting from the Sanctuary beginning June 6. The staff, Worship Team, AV folks and I will continue to work on the bugs for our new space and equipment and see how things go. We'll be using our not-so-finished sanctuary state to do a little bit of experimenting with how we might like things to look. One of the things we still have to do is recruit more volunteers to learn our new AV system. If you'd like to add your expertise or learn a new skill, please let me know!

So, when can we have more people attending our worship services in person? Well, our trial run with our Bridgers this weekend will help us plan for having everyone (who's comfortable) attend in person. We know that until all our children are vaccinated, we want to err on the side of caution and have folks wearing masks to keep everyone healthy and safe during worship and other large group gatherings. We'll be talking more about this at our Program Council meeting on May 25. As soon as we have a definitive everybody-in-person start date for Sundays, we'll let you know.

In the meantime, next week I'll be taking one of my "reading weeks" which means I'll be mostly incommunicado (except for already planned meetings) as I study and prepare for this summer and next year. But when I get back, I'm looking forward to meeting more and more of you in person!

Until then, enjoy yourselves and go in peace.

Blessings, Rev. Lise

Everything is Falling into Place!

Just as our AUUF Staff and Board were grappling with detailed plans for reopening, the CDC changed the paradigm - it is o.k. for fully vaccinated folks to think of the family of COVID viruses the way we think about the evolving versions of The Flu! In spite of that good news, COVID can still be deadly for the unvaccinated, so please encourage everyone to get vaccinated..

While caution must be a key component of all AUUF activities, we are ready to accommodate in-person activities integrated with Zoom access for those who cannot attend in person due to COVID-19 concerns.

Our doors are now open to groups that can decide if they wish to make masks optional for the fully vaccinated but <u>only if</u> unvaccinated young people are <u>not</u> present. AUUF groups meeting in the building shall make best efforts to arrange for Zoom inclusion for participants unable to join in person due to COVID-19 concerns. Organizers must maintain a roster of participants for contact tracing in case someone in attendance is subsequently diagnosed with COVID. Events must be scheduled through the Administrator's Office.

AUUF is fully committed to protecting our unvaccinated young people. The best way for us to protect the kids is by setting a good example. We will insist that masks are worn by everyone. We will maintain at least three feet of distance between household pods when unvaccinated youth are present. We will insist that staff and volunteers working with our young people show proof of their own vaccinations.

Anyone who is not vaccinated shall wear a mask at all times and maintain at least 3 feet of distance from other household pods when in our building. We will rely on the individual to honor this mandate.

Immunocompromised individuals may not be fully protected by the vaccines and, therefore, should exercise an abundance of caution.

Feel free to contact me with any questions: president@anchorageuuf.org.

For more information check out the links on our *AUUF* & *COVID* webpage which can be found on the *What's Happening* dropdown menu at the top of AUUF's homepage.

A Message from The Healthy Congregations Team

The Healthy Congregations team has been meeting and discussing ideas about how we want to be in community together at AUUF. We reviewed the Covenants of Right Relations from a number of other UU congregations, borrowed a number of their ideas, and came up with some of our own to put together a draft of a similar covenant to propose to our congregation. Please read the draft (link here) and submit any feedback or suggestions to the team care of Ann Larabee at amhlar@yahoo.com.

We plan to organize small group discussions of the covenant in the fall. We are also

working on a process to guide us as a fellowship in dealing with conflict in our community.

With gratitude, the Healthy Congregations Team (Kelley Hartlieb, Loren Hildebrandt, Becca Bernard, Robin Hill, Rev. Lise, and Ann Larabee)"

DRAFT 4 Covenant of Right Relations - Google Docs



Did You Know...

WhaleCoast's UU tourists are required to show proof that they've been vaccinated before coming to Anchorage? We almost have enough hosts for the June tour, but we need 2 or 3 more including backups to ensure that AUUF can place every guest and earn funds for 3 nights' stay per guest. We're currently short of committed hosts for the July tour, and those guests will only be in Anchorage for 2 nights. As long as you're vaccinated, you can also help with the banquets, or be a driver helper. Come join the fun! Details on AUUF website: Fund-raisers or contact Denise Martin dulcimer.diva@gmail.com

AUUF Anti-Racism Team Corner: Events of Interest

Summer Anti-Racism Choose-Your-Own-Learning-Experience Circles

Read, watch, or listen to anything you want! Our summer circles will be a chance to share what we're reading, listening to, and/or viewing independently on our anti-racism journeys. Want suggestions? Click here for a list of titles AUUF members have appreciated recently and links to even more options.

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Black Lives in Alaska: Journey, Justice, Joy

Black Lives in Alaska: Journey, Justice, Joy at The Anchorage Museum

On view April 30 — Nov 30, 2021

The museum has a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist; Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.

Asian American & Pacific Islander Heritage Month

Community Conversation

Wednesday, May 26, at 6 pm AKDT

Click here to join on Facebook.



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Last year, GA had more than 4,900 registered attendees participate from remote locations around the world. While we've had to give up our face-to-face interactions and hugs, we

have retained our dedication to community and made our experience more accessible and environmentally sustainable. Those of us from AUUF who attended last year found it to be a rich, rewarding, and educational experience.

If you are interested in learning more follow this link: UUA GA2021. If you are interested in becoming an AUUF Delegate to the GA, contact Sid: president@anchorageuuf.org



May Half-Portion for Social Action

Alaska Seeds of Change

an Alaska Behavioral Health program

Alaska Seeds of Change is a program for youth ages 16-23 that teaches essential job and life skills through work in an indoor

hydroponic farm. We grow fresh produce year-round, including herbs like basil, chives, mint, and others. We also grow salanova lettuce and some other experimental plants. These crops are sold at Blue Market in Anchorage, through Arctic Harvest Deliveries, to restaurants, and even sent out to towns and villages across Alaska. Seeds is a program of Alaska Behavioral Health, a non-profit organization that provides mental health services, centered around the motto "Wellness for everyone."

You may be wondering: "How does one get involved with Alaska Seeds of Change?" Most youth start as apprentices through our community partners, including Nine Star, Cook Inlet Tribal Council, and SAVE. Some volunteer or earn school credit for their initial time at Seeds. Once they have finished "basic training", youth can apply for longer-term positions to lead growing efforts and teach the next generation of apprentices.

Maybe you're not 13-23? You can still be involved! Our volunteer program took a break during the pandemic, but we are now welcoming a limited number of volunteers back into our program. We also rely on community support to help keep our program going and are grateful to be designated as the half-share partner for May.

 written by Peter Jeffries, former Youth Apprentice, and current Skill Development Specialist,

Alaska Seeds of Change Donate to AUUF Half Portion.







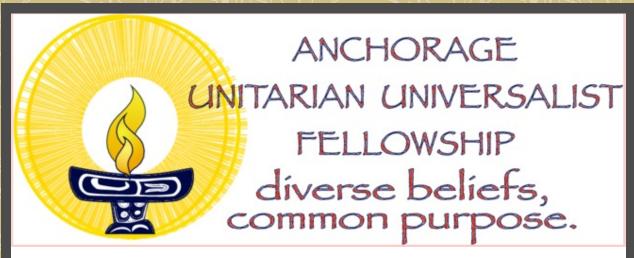
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Today At Your Fellowship Monday May 24, 2021

As we listen during times of tender trust, we descend into the longings and learnings, hopes and fears, of the humanity we share.

Beneath the wells from which we drink, there is a deeper well that feeds them all.



This Week @ AUUF on Zoom

Monday 5/24/21 7-8 pm COA Informational Night

Tuesday 5/25/214:30 pm Finance Committee Meeting 6-8 pm Program Council

Wednesday 5/26/21

Saturday 5/29/21

9 am -12 pm Sanctuary Work Party

Sunday 5/30/21 9 am Virtual Forum

Voices from the Fellowship, and Friends Remembering Those Who Have Given Their Lives in Military Service to Our Country Thursday 5/27/21 6:30 pm Pastoral Care Meeting

Friday 5/28/21
12 pm Freethinkers
1-4 pm Sanctuary Work Party

11 am Virtual Worship
The Story of Code Talkers With Rev.
Lise

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage

Freethinkers

12 pm Friday, May 28

What Does an Artificial Friend Do?

by Marie Lundstrom

Klara and the Sun generates gut-twisting issues and questions we can talk about—and talk, and talk, and talk! How is an Artificial Friend programmed to learn? What are the ethical limits of Al programming? Is there a balance or competition between intellect and empathy in Al learning? If Klara's job is to be a friend to Josie, what does that entail? What body language clues does Klara learn from? How does the sun figure in Klara's perceptions? And how does it feel as a human reader to be limited to the point of view and perceptions of Klara, an Artificial Friend? And we did talk Friday past our session end time—there is much to think about in Klara's view of the world!

For next week, May 28, read Parts 2 and 3. For June 4, read Part 4. For June 11, finish up by reading Parts 5 and 6 of Kazuo Ishiguro's novel *Klara and the Sun*. To join us Friday at noon on Zoom, go to the AUUF website, click on the Calendar, and the Freethinkers link will come up.

Four books have so far been suggested for our next read: Michael Ondaatje's novel *Warlight* (c2018, 304pp). Beginning: "In 1945, our parents went away and left us in the care of two men who may have been criminals," says 14-year-old Nathaniel, who with his older sister Rachel finds himself living in bombed-out London." *Facing the Mountain: A True Story of Japanese American Heroes in WWII (c2021, 560pp)* by Daniel James Brown. Isabel Wilkerson's Caste: *The Origins of Our Discontents (c2020, 496pp). God's Shadow: Sultan Selim, His Ottoman Empire, and the Making of the Modern World* (c2020, hb+pb ca. 500pp) by Alan Mikhail.

Sanctuary Work Party

1-4 pm Friday, May 28 and/or Saturday, 9 am-12 pm May29

Come join us in getting the Sanctuary ready for in-person services! We need your help in dusting, arranging chairs and pews, painting the music office, hanging quilts, making some wood trim pieces, and other miscellaneous tasks. Refreshments for the workers are also appreciated.

Questions? Contact Peggy at admin@anchorageuuf.org or 907-632-6436.

ASIAN PACIFIC AMERICAN HERITAGE MONTH:

A personal view by Dennis Arashiro

The Declaration of Independence identifies the unalienable rights of "Life, Liberty and the pursuit of happiness." Many of us in the Asian Pacific American community have spent much of our American journey in the pursuit of acceptance. Acceptance as full Americans. So much of our effort has focused on the elements we thought would lead to that. One

element was the English language. My parents made the conscious decision to turn me into a fluent English speaker with no knowledge of the Japanese language. They believed that this was one of the keys to making me fully American. Other keys were American citizenship, educational success, social and economic advancement, acts of loyalty and patriotism, acts of assimilation, and acts of heritage rejection. Erasing what was Japanese to create an American.

How sad! To think that such things would actually erase the permanent ink of foreignness. To measure success by the acceptance by others. I've learned that speaking like a Kansas farm boy can get you only so far. That citizenship can get you only so far. That college degree and professional success can get you only so far.—That no matter what I do to contribute to this country, there are still too many who can't get past how I look, nothing like their vision of a true American. I've learned that I can't let how others define me determine how I define myself. How I define my American identity.

So, what comes to my mind in observing Asian Pacific American Heritage Month? A heritage of lost heritage. Lost in the pursuit of acceptance. Lost as my mother chose to speak to me only in English while she struggled to learn English herself. It is a loss to mourn. Bittersweet because it was wrapped in a mother's love. The lesson I take from my loss is that it doesn't have to be that way. We need to reach the point where identity is not seen as a zero-sum game. We need to reach the point where being fully American means containing multitudes.



Asian American & Pacific Islander Heritage Month Community Conversation

Wednesday, May 26, at 6 pm AKDT

Click here to join on Facebook.

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If you are interested in learning more follow this link: UUA GA2021. If you are interested in becoming an AUUF Delegate to the GA, contact Sid: president@anchorageuuf.org

Half-Portion for Social Action

May 23rd was the last Sunday *Seeds of Change* will receive our Half-Portion. Rev. Lise is dedicating her May 30th Fifth Sunday offering to our PILOT (payment in lieu of taxes) donation to the Municipality.

Orientation Calls for Treaty People Gathering

On June 5-8, water protectors and allies are called to be part of a mass civil disobedience to stop Line 3 in Minnesota. If you plan to attend the Treaty People Gathering, consider attending one of these orientation calls offered by the organizing team. You can also watch the kick-off recording, and sign up for the multifaith delegation!

Sunday, May 23 and Saturday, May 29

REGISTER HERE Click here to read more.







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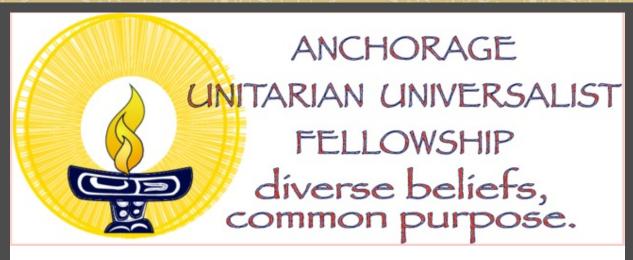




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Today At Your Fellowship Friday May 28, 2021

This Sunday @ AUUF on Zoom

Saturday 5/29/21

9 am -12 pm Sanctuary Work Party

Sunday 5/30/21

9 am Virtual Forum

11 am Virtual Worship

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage

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Voices from the Fellowship, and Friends: Remembering Those Who Have Given Their Lives in Military Service to Our Country

Virtual Forum

9 am Sunday, May 30

Click here to join on Zoom. Click here for speaker bio.





The Story of Code Talkers
With Rev. Lise Adams Sherry, Megan Webb Music Director,
Cassie Thomas, Worship Associate, Rosene Beachy, DLRE

Virtual Worship

11 am Sunday, May 30

Click here to join on Zoom.

The Seeds have Flourished...

A Springtime reverie from Board President Sid McCausland

May is an amazing time of growth for every living thing in Alaska. My highlight has been watching our kids mature before my eyes. Our May 16th Coming of Age service honored our amazingly self-aware, solidly grounded, early-teen-years Junior High youth, while our May 23rd Bridging Ceremony welcomed our amazingly articulate Seniors into young adulthood.

In the midst of these discordant times, our young people, and the millions like them across our Nation, offer a ray of promise that better days lie ahead. They will not be lulled into submission like so many who have gone before.

Thank you, families, Rosene, and AUUF's amazing RE volunteers for helping our youth flourish.

Fifth Sunday Offering dedicated to PILOT

This Sunday's Fifth Sunday Special Offering for PILOT provides you with one more chance to honor our Municipality's commitment to protecting our health and the lives of our loved ones, friends, and neighbors during this ongoing COVID-19 pandemic that has already killed almost 200 times more Americans than died in the 9/11 terrorist attacks. COVID-19 and poisonous political rhetoric have combined to turn our lives upside down ever since we "hunkered down" in March of 2020.

Our Municipality of Anchorage's two Mayors, Assembly, and Muni staff have withstood withering personal attacks for pretty much an entire year. Why? Because they recognized the fragility inherent in Alaska's health care system which is exacerbated by our relative remoteness. They could have buckled under the blistering political assaults, but they did not. They stood true to their oath of office and their charge to protect and defend the health and safety of our residents.

This will be the 53rd time AUUF has presented its annual payment-in-lieu-of-taxes in recognition of our civic duty, but this time it's personal!

Join me on June 8th around 5:15 in the Assembly Chambers when we honor the steadfastness of our two Mayors, our Assembly, and Muni staff with our PILOT presentation.

And give generously to our Fifth Sunday Special Offering for PILOT on May 30th. You can donate on our website: *AUUF Giving* select the *Minister's Caring Fund* for your donation.



WhaleCoast Update

A big shout out to these volunteers who are preparing to host guests for the June National Parks Tour:

Carol Harris, Paula Sayler, James Dryden/Stephanie Koonz, Rosene Beachy, Koala Vandruff, Gwen Perry-Crawford, Jane Gray, Deb Addie, Heather Flynn, Berta Gardner, Joan Frankovich, Don and Terry Antrobus, and Judy Engh! Thanks so much!

We could use 1-3 more hosts for June, and some for July.

Contact Denise Martin dulcimer.diva@gmail.com, 907-317-6134 or Jane Gray janeellengray@gmailcom 907-980-7721. Also, Kalen Saxton will be the banquet coordinator for June – contact her if you can help set up, clean up, provide food, or other help on June 13: saxtonkalen@gmail.com or phone 907-244-8221.

WC Details on AUUF web page: Fund-raisers WC website: https://whalecoastak.org/

AUUF Anti-Racism Team Corner: Events of Interest

Summer Anti-Racism Choose-Your-Own-Learning-Experience Circles

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We Gather to Remember

By Nicole McKay

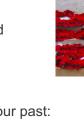
We gather to remember
Those who could not grow old
And those forced to grow old long before their time

We gather to mourn and grieve with one another All of our losses: the people, the stories, the loved ones,

And the futures that could have been.

We gather to do the hard work Of facing the difficult realities of our present and our past: Where there is conflict, violence, war, and hatred.

Click here to read more.









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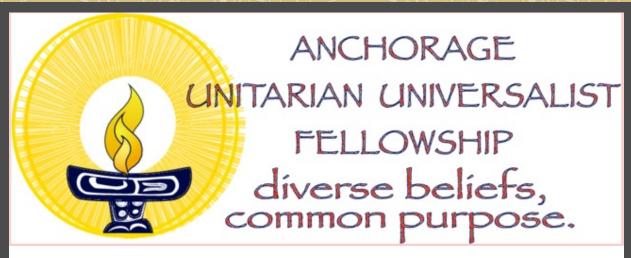




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Today At Your Fellowship Tuesday June 1, 2021



This Week @ AUUF on Zoom

Tuesday 6/1/21

4:30 pm Forum Planning Meeting

Wednesday 6/2/21

7 pm Building & Grounds Meeting

Thursday 6/3/21

10 am HR Committee Meeting

Friday 6/4/21

11:30 am Freethinkers In person12 pm Freethinkers on Zoom

Saturday 6/5/21

Sunday 6/6/21 9 am Virtual Forum

RAIS Project Manager Issa Spatrisano Refugee Resettlement: The New Way We Welcome

10:30 am Chalice Circle in-person at AUUF

11 am Virtual Worship

Flower Communion with Rev. Lise

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

Freethinkers

12 pm Friday, June 5

AUUF Social Room and Zoom

Gene Editing, "Lifting," May Be Problematic by Marie Lundstrom

We will meet IN PERSON in the Social Room at AUUF next Friday, June 4. It will be a hybrid meeting because we will also connect by Zoom for the Far-Aways and the Can't-Make-Its. It will be great to actually **SEE** folks smile and **HEAR** their views, and not just in a two-inch rectangle on a screen. To connect via Zoom, go to the AUUF website and click on the Calendar for the Freethinkers link.

There will be much to talk about next week, maybe even more than we did on Friday, especially when those of us who are behind in our reading catch up in the book. For example, how do we interpret the term "lifted," as used by Klara—the genetic enhancement or a trade-off of a disability for "smart" genes? How does Artificial Friend Klara learn? Read through Part 4 in *Klara and the Sun* for June 4. For the following week, June 11, we will finish up by reading Parts 5 and 6.

Four books have so far been suggested for our next read: Michael Ondaatje's novel *Warlight* (c2018, 304pp). *Facing the Mountain: A True Story of Japanese American Heroes in WWII* (c2021, 560pp) by Daniel James Brown. Isabel Wilkerson's *Caste: The Origins of Our Discontents* (c2020, 496pp). *God's Shadow: Sultan Selim, His Ottoman Empire, and the Making of the Modern World* (c2020, hb+pb ca. 500pp) by Alan Mikhail.



Joy & Sorrows

From Sunday, May 30

From David & Irene O'Brien: Joy for our son Thomas who will be moving into his very first home, a townhouse about 1.5 miles from our house, next week.

From Alix McKee to Everyone: Joy for classes being offered at annual teacher professional development that delve into anti-racism, decolonization, and embracing of identity as a multi-faceted and intersectional experience.

From Denise Martin to Everyone: I'm undergoing a serious eye operation this coming week. Thoughts and prayers as the treatment following it will make it impossible to read anything for some time. I'll be well taken care of, and hopeful that in the long run, I'll have good vision again. Thanks for your thoughts and prayers.

From silverhjellen to Everyone: My joy today is being privileged to watch the Forum this morning and now the Fellowship service—a very meaningful way to acknowledge Memorial Day—thank you all who made this possible

From George - Anchorage to Everyone: The joy of getting to spend time with my nephew & new niece, Ryan & Jasmine, during their honeymoon. Concern for our city and the forward strides we've been privileged to make as a community over the last few years.

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June's Half Portion for Social **Action goes to Refugee Assistance & Immigration** Services (RAIS)

Catholic Social Services Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) from their former life experiences to the new skills required for success in the United States. Through a focus on economic self-sufficiency, community integration, and respect for unique cultures, history, and traditions, RAIS creates an environment of compassion and encouragement for refugees to flourish. RAIS accomplishes this through multiple programs, Reception & Placement which welcomes new refugee arrivals, comprehensive and intensive case management, education & employment services, health programming, and an agricultural program.

Currently, RAIS is serving over 450 clients from 29 different countries. Our caseload includes refugees, asylees, Cuban entrants, and Victims of Trafficking. Around 80% of the RAIS clients live in Anchorage, and 20% of clients live in Wasilla, Delta Junction, and Juneau. RAIS has built innovative ways to serve clients statewide including providing Chromebooks to clients living outside of Anchorage to participate in classes. In FY 2020, RAIS clients that gained employment had an average starting wage of \$14.72 and 94% of clients maintained their employment for at least 90 days.

Every year, World Refugee Day is celebrated on June 20 th across the globe. We also will be celebrating here in Alaska and welcome you to join us at one of our Zoom Conversations or our in-person "Global Table" event. Information on World Refugee Day events can be found here.







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Kelly Spring, Communications Specialist, communications@anchorageuuf.org
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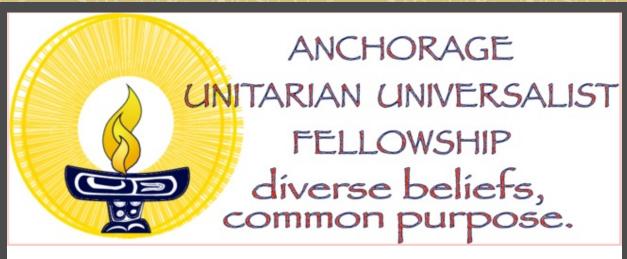




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Today At Your Fellowship Friday June 4, 2021

This Sunday @ AUUF on Zoom

Sunday 6/6/21 9 am Virtual Forum

11 am Chalice Circle In-person at AUUF

11 am Virtual Worship

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.





Refugee Resettlement: The New Way We Welcome RAIS Project Manager Issa Spatrisano

Virtual Forum

9 am Sunday, June 6

Click here to join on Zoom. Click here for Speaker bios.

Virtual Forum topics for June

Our Forums for the four Sundays of June will feature an interesting variety of topics from refugee resettlement, pot, toxic pollutants in the Arctic, and Alzheimer's.

On June 6, Refugee Resettlement: The New Way We Welcome

We'll hear from Issa Spatrisano, Project Manager for Catholic Social Services' Refugee Assistance and Immigration Services program about important new developments regarding refugee resettlement in our state and country.

On June 13, The State of the State's Budding Cannabis Industry

The president and legislative liaison for the Alaska Marijuana Industry Association, Lacy Wilcox, will speak to us from Juneau about the state of the state's budding cannabis industry.

On June 20, Seeking Environmental Justice—Clean Air/ Water & Toxic-Free Food We will hear from Vi Waghiyi, a Yupik grandmother, member of the White House Environmental Justice Advisory Council. She was born in Savoonga and is an advocate for the people of her homeland, Sivuqaq (St. Lawrence Island and Gambell), and elsewhere in the Arctic who are being seriously impacted by toxic pollutants.

On the final Sunday of the month, June 27, Resources in Alaska for Dealing with Alzheimer's and Related Dementias

Alzheimer's Resource of Alaska Executive Director Pam Kelley and Board Member Fred Traber will discuss resources available in our state for dealing with Alzheimer's and related dementias.





Flower Communion with Rev. Lise

Virtual Worship

11 am Sunday, June 6 Find flowers for Flower Communion this Sunday!

Even though we won't be in person, yet, please gather some flowers to share virtually for our UU Flower Communion service this Sunday, June 6. Any flowers, plants, or even twigs are welcome. We'll take some time during our Sunday service to put our flowers on display (Brady Bunch style) so we all can see the variety of colors, smells (imagined), and textures of the beautiful flora that Rev. Capek originally envisioned as representations of the unique and inherent worth of every person in our congregations and the world.

Click here to join on Zoom.

Worship topics for June

June 6: A celebration of the UU Flower Communion

With Rev. Lise Adams Sherry and Marty Freeman

This is a uniquely UU ritual as we use flowers as a metaphor for the celebration of our membership's diversity. We're all different and we all have beauty and worth.

June 13: Celebrating Pride Week, Now More than Ever

With Rev. Lise Adams Sherry and Koala Vandruff

As more in our society spread fear regarding difference, we lift higher our values of honoring and loving the inherent worth and dignity of all.

June 20: Parents and Solstice

With Joyce Laine and Cady Lynn O'Brien, worship leaders.

We'll reflect on the different ways we parent as congregants share their own experiences.

June 27: Circle Round for Justice, Healing, and Courage

Ken Winterberger, worship leader.

Come join us for a viewing of the UUA General Assembly Worship Service, hosted by the First Universalist Church of Minneapolis. This is always an enriching service with wonderful music.

AUUF open to groups for meetings

The building is open to groups for meetings - finally! It is so nice to hear voices and see people in person. Please contact Peggy at admin@anchorageuuf.org or 907-248-3737 x1 to reserve space. The library is available now as well as other rooms upstairs and down.



Freethinkers



Library

Join me as we present AUUF's 53rd annual payment-in-lieu of taxes to the Assembly

On June 8th around 5:15 pm, we will honor our Municipality's commitment to protecting our health and the lives of our loved ones, friends, and neighbors during this ongoing COVID-19 pandemic that has already killed almost 200 times more Americans than died in the attacks on 9/11.

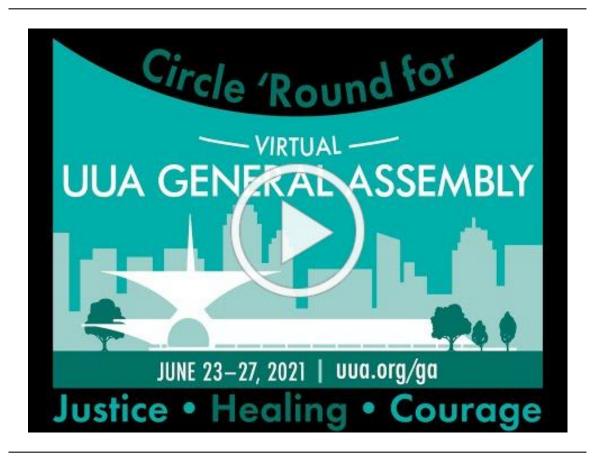
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This will be the 53rd time AUUF has presented its annual payment-in-lieu-of-taxes in recognition of our civic duty, but this time it is personal!

Join me on June 8th around 5:15 in the Assembly Chambers when we honor the steadfastness of our two Mayors, our Assembly, and Muni staff with our annual PILOT presentation.

Sid McCausland, President, AUUF Board of Directors



AUUF Anti-Racism Team Corner: Events of Interest

Summer Anti-Racism Choose-Your-Own-Learning-Experience Circles

Read, watch, or listen to anything you want! Our summer circles will be a chance to share what we're reading, listening to, and/or viewing independently on our anti-racism journeys. Want suggestions? <u>Click here</u> for a list of titles AUUF members have appreciated recently and links to even more options.

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at The Anchorage Museum

On view April 30 — Nov 30, 2021

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Alaska and welcome you to join us at one of our Zoom Conversations or our in-person "Global Table" event. Information on World Refugee Day events can be found here.

RAIS Family Mentor Program

Family mentors introduce individuals/families to Alaska through day trips or outings so they are comfortable in their new homes. Family mentors add to the community that refugees are missing from their home country, offering their time and friendship. As our newest neighbors begin to rebuild their lives, family mentors help them explore their new community as well as form a meaningful friendship with one another. Our Family Mentorship Program allows both our clients and mentors to engage in a cultural exchange. Outings may include: walking the coastal trail, going to a playground, ice skating, sledding, and more! Outings will also support English Language by learning new words by exploring their surroundings. We are currently looking for Family Mentors in the Wasilla area also.

For more information on how to volunteer with our Family Mentor program, contact Nichoas Leone, the RAIS Volunteer/ In-Kind Donations Coordinator at nleone@cssalaska.org or 907-339-0488 Ext. 1







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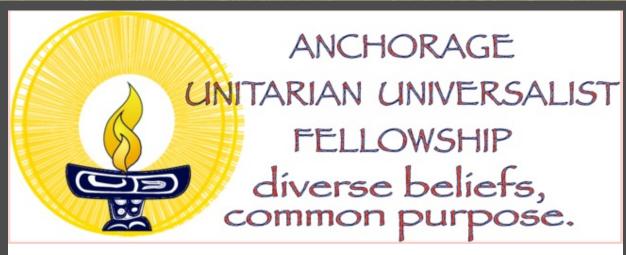




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Today At Your Fellowship Monday June 7, 2021



This Week @ AUUF on Zoom

Monday 6/7/21

Tuesday 6/8/21

1:30 pm Hungry Book Club AUUF Social Room 5:15 pm Presentation of PILOT Check to Assembly Loussac Library - Assembly Chambers

Wednesday 6/9/21

6 pm Safer Congregations Team Meeting on Zoom

Thursday 6/10/21

6:30 pm Board Executive Meeting on Zoom

Friday 6/11/21

Sunday 6/13/21

8 am-11 WhaleCoast Orientation at AUUF

9 am Virtual Forum

The State of the State's Budding Cannabis Industry Lacy Wilcox, President, AMIA

11 am Chalice Circle at AUUF

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Celebrating Pride Week, Now More than Ever With Rev. Lise and Koala Vandruff

12:30 pm The Alliance

2:30 pm Worship Associate Meeting

12 pm Freethinkers On Zoom & AUUF Social Room

Saturday 6/12/21

2-4 pm WhaleCoast Orientation Set up at AUUF

2-8 pm WhaleCoast Banquet at AUUF

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Freethinkers

12 pm Friday, June 11
AUUF Social Room and Zoom

Meeting in Person Beats Everything! by Marie Lundstrom

How grand it is to meet in person! Plus we had two Far-Aways and a Can't-Make- It joining us via Zoom. It was a truly hybrid session, and next week, we may

even have a larger monitor and better speakers so we can be more interactive. Our hybridization worked, though it could be better. But nothing beats meeting as real people! We are signed up for the social room on Fridays at noon from now until whenever, so be there! Or join us via Zoom—go to the AUUF website, click on the Calendar and the Freethinkers link will come up.

Discussion issues are involving in Freethinkers whether you've read the current book or not—we had lots of talk Friday about what constitutes "lifting," or genetic editing for enhancement of intelligence. And the societal "caste" system Klara exists in clearly discriminates based on intelligence, wealth, and connections. Klara is a perceptive entity, but she is not a "real" person, just a robot; therefore she is not valued for her perception, or even for her existence. And of course, there's the issue of Klara's near-religious connection with the sun—what does that mean? Next week, we get to finish Kazuo Ishiguro's *Klara and the Sun*—read Parts 5 and 6—and find out if Klara is a throwaway, like an old vacuum cleaner, or something more. And what does her existence say about our culture?

We did another thing in this first-time-back get-together—we voted on the next two books to read. First is Isabel Wilkerson's *Caste: The Origins of Our Discontents* (c2020, 496pp). After that is *Right/Wrong: How Technology Transforms Our Ethics* (c2020, 304pp) by Juan Enriques. The final vote was a tie, so we chose to read both.



Joy & Sorrows

From Sunday Worship June 6

From Joyce Laine: Ongoing concern for family.

Amerika (Fiji): Joy - living on a bee farm while the owners seek medical treatment in NZ. Sorrow - Covid case numbers in Fiji continue to rise

George - Anchorage : Joy: Planting a dozen White Spruce at Helen's family's cabin yesterday.

From Peggy Robinson: I'm so enjoying having the sun and warmth again!

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Sid McCausland, President, AUUF Board of Directors



UUs For A Just Economic Community Webinar: Paul Greenberg The Climate Diet

Thursday, June 10 at 5pm PT / 6 MT / 7 CT / 8 ET

Join UUs for a Just Economic Community (UUJEC) for their monthly webinar, featuring Paul Greenberg and The Climate Diet. How can we eat better for the climate? In this talk bestselling author Paul Greenberg will walk through 13 simple steps you can take to change how you choose, cook, and manage your food. Paul Greenberg writes at the intersection of the environment and technology, seeking to help his readers escape screens and find emotional and ecological balance with their planet. Watch the live stream UUJEC's Facebook Page, or get the Zoom link by signing up for

MORE INFO

AUUF Anti-Racism Team Corner: Events of Interest

Summer Anti-Racism Choose-Your-Own-Learning-Experience Circles

Read, watch, or listen to anything you want! Our summer circles will be a chance to share what we're reading, listening to, and/or viewing independently on our anti-racism journeys. Want suggestions? <u>Click here</u> for a list of titles AUUF members have appreciated recently and links to even more options.

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RAIS Moving Team

RAIS is expecting many new refugee arrivals over the next several months, each of whom are in need of a new place to call home in our community. It is RAIS' responsibility to establish a new apartment for each client before they arrive complete with household materials and furniture. It is our goal to have several Moving Teams who are willing to volunteer their time and resources to help transport furniture to apartments. Teams usually consist of 2-3 people although are not limited. Having a large truck or automobile is incredibly helpful, as there is quite a bit of furniture that must be moved into the new apartment. In addition, moving teams can expect to help with some apartment cleaning, stocking cabinets, and making beds. Join our moving team as a hands-on, tangible way to help assist a newly arrived refugee family. Also, it showcases how welcoming we can be here in Anchorage!

For more information on how to volunteer with our Moving Team, contact Nicholas Leone, RAIS Volunteer/ In-Kind Donations Coordinator at nleone@cssalaska.org or 907-339-0488 Ext. 1







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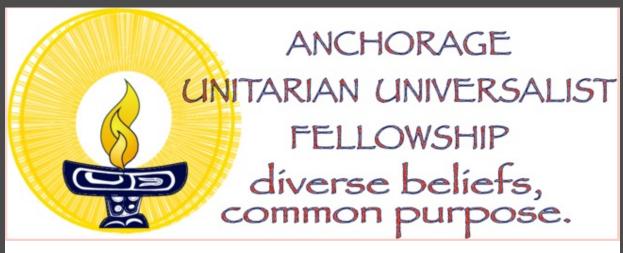




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Rev. Lise will be on vacation from June 14 to 21 to visit family in Oregon. Please contact Stephanie Koonz if you have any pastoral needs.





The State of the State's Budding Cannabis Industry Lacy Wilcox, President, AMIA

Virtual Forum

9 am Sunday, June 13

The State of the State's Budding Cannabis Industry Lacy Wilcox, President, AMIA

Click here to join on Zoom. Click here for Speaker bios.

Happy Pride Month!



Celebrating Pride Week, Now More than Ever

With Rev. Lise, Worship Associate: Koala Vandruff

Music Director: Megan Webb, Director of Lifespan Learning:

Rosene Beachy, AV: Sid McCausland

Virtual Worship

11 am Sunday, June 13

Click here to join on Zoom.

Religious Exploration LIVE Chalice Circles

The monthly Soul Matters theme for June is "Play". Will be held outside during the 11 o'clock service (10:30 in July and August). Looking for group leaders to lead Chalice circles in July and August.

Peace Camp

Getting ready for our outdoor week of **UU Peace camp** for first through eighth graders July 12-16. We are looking for several kinds of supplies: old yoga mat/camping pads to cut for "sit-upons" two by fours and other remnant pieces of wood for carpentry projects.

Contact Bev Grogan to donate 317–6353. Unused children/adult bicycles



Summer Peace Camp - One week

The camp features summer fun! Camp is from 9:00 am- 4:00 pm each day. Before (8-9 am) & after care (4:00- 5:00 pm) is also available.

Click the Peace Camp link on the AUUF home page for registration form.

Rev. Lise's Letter

Happy Summer Everyone!

I hope you're all enjoying our nicer weather and finding some time to relax and refresh yourselves. It has been lovely to spend more time outdoors and get to see more and more people in person, hasn't it?

Our big news is that the sanctuary will be officially open for in-person worship on Sunday, June 20, 2021. But please don't plan on automatically coming to worship at AUUF every Sunday after that, because it's complicated . . . like most things these days.

Once again we will be sharing worship services with the Unitarian Universalist Fellowship of Fairbanks (UUFF). On those Sundays, when UUFF is hosting, worship will be via Zoom only; there won't be an in-person component. The major reason for this is that we still need some AV volunteers to help host our worship. Because of this, we've decided to focus our volunteer resources on the services that AUUF hosts this summer. There have also been some delays on the final bits needed to finish our remodel which has affected our AV set-up as well. (If you're interested in learning or sharing your AV skills please contact Alix McKee at alix@alaskan.com or me at revlise@anchorageuuf.org) Here is our summer worship schedule:

June 20: AUUF in-person and Zoom June 27: AUUF in-person and Zoom

Starting at 10:30 am

July 3: UUFF Zoom

July 11: AUUF in-person and Zoom

July 18: UUFF Zoom July 25: UUFF Zoom August 1: UUFF Zoom

August 8: AUUF in-person and Zoom August 15: AUUF in-person and Zoom August 22: AUUF in-person and Zoom August 29: AUUF in-person and Zoom September 5: AUUF in-person and Zoom

When you arrive for worship, please wear a mask so we can continue to protect our unvaccinated children who might be present. Rosene will be leading children's RE outside beginning at the same time as worship. We're asking that folks continue to distance at least 3 feet from those not in their home, or otherwise, intentional COVID bubble, while inside. Also, plan to have a coffee hour outside under a tent.

Our Forum services are going to continue to meet on Sundays at 9 am via Zoom only,

through Labor Day weekend. If you'd like to see the Forum service and come to worship on days we're in-person, one idea is to listen to the last part of Forum on your phone while driving to AUUF.

Folks are also welcome to come to AUUF a little early, with their laptops or phones, hook up to the guest wifi at the fellowship, and attend Forum that way.

AUUF is otherwise open for small groups (members or rentals), committee, and team meetings. Just call the office or email admin@anchorageuuf.org to reserve a space.

While we are, thankfully, coming out of the worst of our pandemic, we still have a ways to go to settle into our new ways of being. Lots of things continue to be in flux and I hope you're all remembering to give yourself and others grace as we continue to journey

through this unprecedented time. A little more care is such a gift, and so appreciated!

Blessings and love, Rev. Lise

Safer Congregations Team

The AUUF Safer Congregation Team (SCT) meets every month; we are 7 members focused on the physical, mental and emotional health and safety of our congregation. After two years of active revision, we have an updated Policy Guidebook. The SCT wants to educate our congregation about our policies and we are sharing "snippets" from the Guidebook. Look for these the third week of every month in the TAYF.

Building Management and Grounds Safety

The SCT and the Buildings and Grounds Team and the Board have some overlap when it comes to the safety of the grounds and the building. As a rule, hazardous conditions, indoors and out, will be addressed between the Board and the Buildings and Grounds Team. This can include snow and ice removal and remediating any hazardous materials such as lead paint and asbestos. The SCT may bring forward concerns to the Board or the Building and Grounds Teams regarding the building safety as it relates to our congregants.

Personal

For the safety of everyone, at no time shall a congregant be alone with an unfamiliar person in the building without another congregant or someone who is trusted to be safe.

Click here to read the entire article.

Board Meeting Change

AUUF Board of Directors will meet on Tuesday, June 15th

Out of consideration for our Whale Coast Hosts, our Board will meet on Tuesday at 6:30 in the Social Room and on Zoom. You may attend in person or join us on Zoom. You may view the Agenda here. This is a one-time change. In July our meeting will return to our customary Third Wednesday schedule.

AUUF Anti-Racism Team Corner: Events of Interest

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Virtual RAIS Partner Conversation

Monday, June 14, noon – 1 p.m. Livestreamed on CSS Facebook

Hosted by: Issa Spatrisano, RAIS Program Director/State Refugee Coordinator Guests: Anchorage Community Land Trust, Anchorage Museum, Providence Family Medical Center, and more

Join Refugee Assistance & Immigration Services as we highlight some of our partners in the community that are focused on refugee integration, increasing refugee self-sufficiency, and ensuring that their Alaskan welcome extends beyond the walls of Catholic Social Services. Hear our partner organizations describe how and why refugee integration is a part of their mission, as well as the specific programming they offer to support refugees.

Virtual Refugee Voices Panel

Wednesday, June 16, 5:30 – 7 p.m. Livestreamed on CSS Facebook

Hosted by: Mahdi Akal, Refugee Congress Delegate of Alaska

Join us to hear directly from refugees resettled to Alaska about their experience of making Alaska home. Former refugee arrivals from Somalia, the Democratic Republic of the Congo, Ukraine, and Russia will share their resettlement experience and provide insight into the journey a refugee takes towards safety here in the United States.

Global Table Pop-Up

Thursday, June 17, 4 – 7 p.m.

Grow North Farm at 3601 Mountain View Drive

Cost: \$30 per ticket

Come to Grow North Farm and celebrate World Refugee Day! Learn about some of the refugee populations in Alaska and fill your belly with a spread of signature dishes from Alaska's refugee community. There will be stations set up from countries around the globe where you'll stop to pick up your dish while also learning about the home countries of refugee arrivals.

Due to the structure of this event, we cannot accommodate vegetarian, gluten-free, and

other dietary restrictions. We ask that you wear a mask whenever you're not actively eating. 100% of ticket sales go to refugee entrepreneurs. Tickets can be purchased at: Grow North Farm under the "Shop Now" button.







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

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Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
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Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours -By Appointment Only

STAY CONNECTED

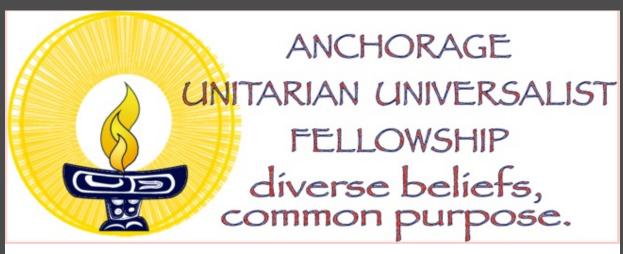




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Today At Your Fellowship Monday June 14, 2021

You can discover more about a person in an hour of play than in a year of conversation.

anonymous



This Week @ AUUF on Zoom

Monday 6/14/21

Tuesday 6/15/21

6:30 pm Board Meeting Social Room & Zoom

Wednesday 6/16/21

8-9 am Audio Visual Training on Zoom 7-8 pm Audio Visual Training on Zoom

Thursday 6/17/21 Friday 6/18/21

11:30 am Freethinkers Live at AUUF 12 pm Freethinkers on Zoom

Sunday 6/20/21

9 am Virtual Forum

Seeking Environmental Justice—Clean Air, Clean Water, and Toxic-Free Food Vi Waghiyi, Alaska Community Action on Toxics

11 am Chalice Circle at AUUF

11 am Sunday Worship Live at AUUF Stories of Fatherhood With Worship Associates Joyce Laine and Cady Lynn O'Brien

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

Rev. Lise on vacation

Rev. Lise is on vacation from June 14 to 21 to visit family in Oregon. Please contact Stephanie Koonz if you have any pastoral needs.

A/V volunteers needed for Sunday Worship

If you're interested in learning or sharing your AV skills please contact Alix McKee at alix@alaskan.com

AUUF Board of Directors will meet on 6:30 pm Tuesday, June 15th

Out of consideration for our Whale Coast Hosts, our Board will meet on Tuesday at 6:30 pm in the Social Room and on Zoom. You may attend in person or join us on Zoom. You may view the Agenda here. This is a one-time change. In July our meeting will return to our customary Third Wednesday schedule.

Freethinkers

12 pm, June 18AUUF Social Room and Zoom

Freethinker Foodies Rejoice at In-Person Sessions by Marie Lundstrom

Rhubarb pecan pie, chocolate chip cookies, and carrot cupcakes! Now that's the kind of Freethinkers accompaniments I remember fondly pre-pandemic, and I'm happy to see them again. Zoom doesn't satisfy sweet-toothed foodies, and I noticed that there were lots of us around the tables chomping on the goodies Friday. Plus, when we get a tale from Wray Kinard about three grizzlies in his yard, he can send around pictures, and we can ooh and aah while chewing. It's great to be back to in-person meetings! And hybridizing with Zoom, we still get Far-Aways in Western Washington rain or sweating in Arizona and a Can't-Make-It-Today driving to Homer. In time, we may get a bigger monitor and better sound, but for now, we have participating voices we would not have had prepandemic. It's a good change.

Discussion, as usual, got us down bunny trails, but Klara's story, in Kazuo Ishiguro's *Klara and the Sun* appeared to touch us all with sad thoughts of her in the Yard, like an old, tossed-out vacuum cleaner. And yet, we as a species not only throw away perfectly good and working hardware, we also have neglected or thrown away elderlies, disabled persons, physically and mentally ill people, and the homeless. If tales like Klara's, who is clearly an "other," are to mirror us and thus raise our awareness, what have we learned? I identified with Klara, but only up to a point, and that point was her worship of the sun. My understanding of the sun is much different from hers. Does this, then, put me in a different "caste"?

We talked about the societal castes in Klara's world—it will be interesting to learn Isabel Wilkerson's identification of the castes we have in the U.S and elsewhere.

Related to that is a piece in *The Atlantic*, "The Four Americas," by George Packer. It's long, and I am still reading it. But the brief teaser note intrigued me enough to suggest it to Freethinkers. Meanwhile, in Isabel Wilkerson's *Caste: The Origins of Our Discontents*, read Part 1, which in the hardcover copy is about 35 pages. It doesn't look like a sleigh ride—much thinking required! Join us Friday in the

Social Room or via Zoom—go to the AUUF website, click on the Calendar, the Freethinkers link will come up.

PILOT presentation 2021



Have a look at our draft Covenant of Right Relations

How can we bring our best selves to our relationships with one another in the fellowship? What has happened in the past when there has been a conflict, and how would we like to handle a conflict in the future?

The Healthy Congregation Team has been discussing these questions, and we look forward to fellowship-wide discussions of these topics in small groups in the fall. We drafted a document with some of our ideas. <u>Take a look at it at this link.</u>

Do you have feedback or ideas, or are you interested in learning more? Email the team care of Ann Larabee at amhlar@yahoo.com.

Summer Worship Info

Our big news is that the sanctuary will be officially open for in-person worship on Sunday, June 20, 2021. But please don't plan on automatically coming to worship at AUUF every Sunday after that, because it's complicated . . . like most things these days.

Once again we will be sharing worship services with the Unitarian Universalist Fellowship of Fairbanks (UUFF). On those Sundays, when UUFF is hosting, worship will be via Zoom only; there won't be an in-person component.

June 20: AUUF in-person and Zoom June 27: AUUF in-person and Zoom

Starting at 10:30 am

July 3: UUFF Zoom

July 11: AUUF in-person and Zoom

July 18: UUFF Zoom July 25: UUFF Zoom August 1: UUFF Zoom

August 8: AUUF in-person and Zoom August 15: AUUF in-person and Zoom August 22: AUUF in-person and Zoom August 29: AUUF in-person and Zoom September 5: AUUF in-person and Zoom

Click here to download the Summer Sunday Worship Schedule.

When you arrive for worship, please wear a mask so we can continue to protect our unvaccinated children who might be present. Rosene will be leading children's RE outside beginning at the same time as worship. We're asking that folks continue to distance at least 3 feet from those not in their home, or otherwise, intentional COVID bubble, while inside. Also, plan to have a coffee hour outside under a tent.

Our Forum services are going to continue to meet on Sundays at 9 am via Zoom only, through Labor Day weekend. If you'd like to see the Forum service and come to worship on days we're in-person, one idea is to listen to the last part of Forum on your phone while driving to AUUF.

Folks are also welcome to come to AUUF a little early, with their laptops or phones, hook up to the guest wifi at the fellowship, and attend Forum that way.

AUUF is otherwise open for small groups (members or rentals), committee, and team meetings. Just call the office or email admin@anchorageuuf.org to reserve a space. While we are, thankfully, coming out of the worst of our pandemic, we still have a ways to go to settle into our new ways of being. Lots of things continue to be in flux and I hope you're all remembering to give yourself and others grace as we continue to journey through this unprecedented time. A little more care is such a gift, and so appreciated!

Blessings and love, Rev. Lise



Joy & Sorrows From Sunday, June 13

Shannon Conway: joy for my first week as a day camp coordinator being a successful one!

From Amerika (Fiji): Sorrow - cases continue to rise here in Fiji, still experiencing supply chain disruptions, i.e. no sugar in local stores on Saturday, now 459 days away from my husband. Joy - I'm safe and all my needs are met and we have enough sugar in our pantry that I can share.

AUUF Anti-Racism Team Corner: Events of Interest

Summer Anti-Racism Choose-Your-Own-Learning-Experience Circles

Read, watch, or listen to anything you want! Our summer circles will be a chance to share what we're reading, listening to, and/or viewing independently on our anti-racism journeys. Want suggestions? <u>Click here</u> for a list of titles AUUF members have appreciated recently and links to even more options.

June 22 6:30pm - 8pm July 14 6:30pm - 8pm August 24 6:30pm - 8pm Location to be announced (Zoom and/or in-person)

Black Lives in Alaska: Journey, Justice, Joy

at The Anchorage Museum

On view April 30 — Nov 30, 2021

The museum has a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist; Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.



June's Half Portion for Social Action goes to Refugee Assistance & Immigration Services (RAIS)

Every year, World Refugee Day is celebrated on June 20 th across the globe. We also will be celebrating here in Alaska and welcome you to join us at one of our Zoom Conversations or our in-person "Global Table" event. Information on World Refugee Day events can be found here.

Virtual Refugee Voices Panel

Wednesday, June 16, 5:30 – 7 p.m. Livestreamed on CSS Facebook

Hosted by: Mahdi Akal, Refugee Congress Delegate of Alaska

Join us to hear directly from refugees resettled to Alaska about their experience of making Alaska home. Former refugee arrivals from Somalia, the Democratic Republic of the Congo, Ukraine, and Russia will share their resettlement experience and provide insight into the journey a refugee takes towards safety here in the United States.

Global Table Pop-Up

Thursday, June 17, 4-7 p.m.

Grow North Farm at 3601 Mountain View Drive

Cost: \$30 per ticket

Come to Grow North Farm and celebrate World Refugee Day! Learn about some of the refugee populations in Alaska and fill your belly with a spread of signature dishes from Alaska's refugee community. There will be stations set up from countries around the globe where you'll stop to pick up your dish while also learning about the home countries of refugee arrivals.

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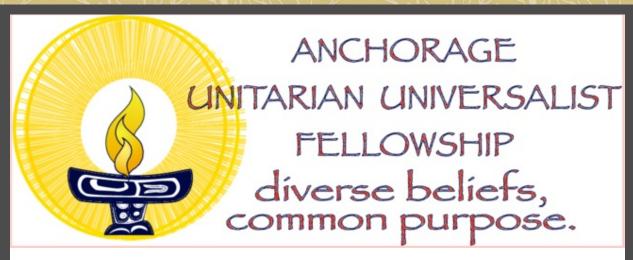




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Today At Your Fellowship Friday June 18, 2021

This Sunday @ AUUF on Zoom

Saturday 6/19/21 9 am Audio Visual Training on Zoom

Sunday 6/20/21

9 am Virtual Forum

11 am Chalice Circle at AUUF

11 am Sunday Worship Live at AUUF

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.





Seeking Environmental Justice—Clean Air, Clean Water and Toxic Free Food

Vi Waghiyi, Alaska Community Action on Toxics

Virtual Forum

9 am Sunday, June 20

Seeking Environmental Justice- Clean Air, Clean Water, and Toxic-free food. With Vi Waghiyi, Alaska Community Action on Toxics

Click here to join on Zoom. Click here for Speaker bio.



Sunday Worship live at AUUF & on Zoom

11 am Sunday, June 20

Parents & Solstice
With Worship Associates Joyce Laine and Cady Lynn O'Brien

Click here to join on Zoom.

Click here to download the Summer Sunday Worship Schedule.

AUUF is OPEN but CAUTION is advised

AUUF Worship Services on June 20th and 27th will be open for in-person attendance. UUFF will be hosting AUUF services during July on Zoom. In-person services will resume in August if COVID cases do not surge in the meantime.

The Forum will gather in person again beginning in September if COVID cases do not surge in the meantime.

All AUUF Services and Forums will also be offered on Zoom for the foreseeable future.

Small groups have begun meeting in our building. Yours may too if you make arrangements with our <u>Administrator</u> to meet in the building and agree to adhere to our Building Use Protocols.

Hospitalizations and deaths related to COVID have been reduced by close to 95% for folks who are vaccinated. But <u>vaccinated folks can still catch COVID</u>, they are just very unlikely to need hospitalization. The best news is that the CDC has acknowledged there is very little chance of contracting COVID when you are OUTSIDE (not to be confused with the lower 48)

Unfortunately, however, the emerging COVID Delta mutation has produced a significant increase in <u>hospitalizations in the U.K.</u> with its relatively high proportion of vaccinated folks 12 & up (UK: 1st shot: 62%, 2nd shot: 45% vs. Anchorage: 1st shot: 57%, 2nd Shot: 51%).

"Covid-19 cases are rising exponentially across <u>England</u> driven by younger and mostly unvaccinated age groups...infections increased by 50% between 3 May and 7 June, coinciding with the rise of the Delta coronavirus variant that is now dominant in the UK." (Guardian 210616)

"The Delta variant is by far the most contagious variant of this virus we have seen in the entire pandemic," Dr. Ashish Jha said yesterday. "The good news is the data suggests that, if you've been fully vaccinated, you remain protected, that the vaccines hold up." (NYT 210614)

DELTA just slipped into Alaska (2 cases) and has yet to catch on in Anchorage. But, as you already know, many folks hereabouts are unvaccinated, maskless, and out and about without a care in the World. So CAUTION is advised when in enclosed spaces with folks you do not know well.

While AUUF has made masks optional for small groups in which everyone indicates they are vaccinated, AUUF protocols state that masks must be worn when unvaccinated children are present and are advisable at all times. Immunocompromised individuals may not be fully protected by the vaccines and, therefore, should exercise an abundance of caution.

I hope to see the three-dimensional you real soon. In Fellowship, Sid

Anti- Racism Team Learning Circle

6:30-8 pm Tuesday, June 22 on Zoom

Read, watch, or listen to anything you want! Our summer circles will be a chance to share what we're reading, listening to, and/or viewing independently on our anti-racism journeys. Want suggestions? <u>Click here</u> for a list of titles AUUF members have appreciated recently and a link to even more options.

Click the calendar image on the bottom of anchorageuuf.org for the Zoom link.

Black Lives in Alaska: Journey, Justice, Joy at The Anchorage Museum
On view April 30 — Nov 30, 2021

The museum has a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist; Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.

Stock Donations are Welcome!

Some of our members donate to AUUF by giving us stock or mutual funds directly from their

investment broker or company. We have an account at Charles Schwab to receive them. We greatly appreciate donations in this manner. Please inform the office at admin@anchorageuuf.org or 907-248-3737 x1 if you are donating this way, as Charles Schwab does not receive your name along with the stock/mutual funds. Also, contact us if you need our account name and number to make a donation. Thanks!



June's Half Portion for Social Action goes to Refugee Assistance & Immigration Services (RAIS)

Every year, World Refugee Day is celebrated on June 20 th across the globe. We also will be celebrating here in Alaska and welcome you to join us at one of our Zoom Conversations or our in-person "Global Table" event. Information on World Refugee Day events can be found here.

RAIS Tutoring Program

Our tutoring program provides refugees with one-on-one support in any academic field they may need additional assistance in. This may include English instruction, Citizenship Exam preparation, or even Science tutoring. During the pandemic, tutoring opportunities transitioned entirely online over Zoom, but now have the option to meet in person while abiding by COVID 19 protocols.

For more information on how to volunteer with our tutoring program, contact Nicholas Leone, the RAIS Volunteer/ In-Kind Donations Coordinator at nleone@cssalaska.org or 907-339-0488 Ext. 1

Join The Colors of Pride Coalition in a Juneteenth celebration

Premiers Saturday, June 19th

Learn about the emancipation of the enslaved Americans in 1865 and the continued liberation of Black and Brown people in the United States. Join the event with your congregation or community and enjoy traditional foods, song and spoken word.









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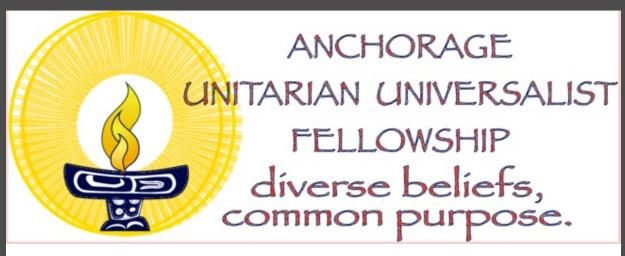




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Today At Your Fellowship Friday June 25, 2021

This Sunday @ AUUF

Sunday 6/27/21

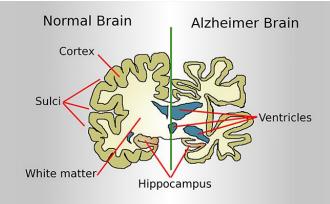
9 am Virtual Forum

11 am Chalice Circle Live at AUUF

11 am Sunday Worship Live at AUUF

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

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Resources in Alaska for Dealing with Alzheimer's and Related Dementias

Pam Kelley, Executive Director, and Fred Traber, Board Member Alzheimer's

Resource of Alaska

Virtual Forum

9 am Sunday, June 27

Click here to join on Zoom. Click here for Speaker bio.







Circle Round for Justice, Healing, and Courage: UUA GA Worship Service
Ken Winterberger, Worship Associate

Music Director: Megan Webb, DLRE: Rosene Beachy, AV: Sid McCausland

Worship Live & On Zoom

11 am Sunday, June 27

Click here to join on Zoom.

GA Event Schedule



Summer Peace Camp - One week

July 12-16, 2021 K-5th grade

The camp features summer fun! Camp is from 9:00 am- 4:00 pm each day. Before (8-9 am) & after care (4:00- 5:00 pm) is also available.

Click the Peace Camp link on the AUUF home page for registration form.

Religious Exploration Updates

From Rosene Beachy

UU Peace camp for 1st through 8th graders July 12-16.

We are looking for several kinds of supplies:

- *old yoga mats /camping pads to cut for sewing kids "sit upon"
- *small ballots or children's hammers other tools, call Bev Grogan 317-6353
- *Extra children/adult bicycles
- *"children at play" signs

RE Chalice Circle - Sundays 11:00 am - 12:00 pm

Toddler Childcare available as needed - call/text Rosene 441-6815 to arrange before Sunday



June WhaleCoast Tour a Success, Thanks to YOU!

By Denise Martin

Please join me in thanking all the following volunteers who housed the June WhaleCoast guests, earning thousands of dollars for AUUF: Carol Harris, Paula Sayler, James Dryden & Stephanie Koonz, Rosene Beachy, Koala Vandruff, Gwen Perry-Crawford, Deb Addie, Heather Flynn, Berta Gardner, Joan Frankevich, Terry & Don Antrobus, Judy Engh, and Jane Gray.

Kudos to Jane Gray, who not only housed guests but has taken over organizing the housing since I had eye surgery and am visually impaired for a while. Kudos also to Kalen Saxton for organizing a banquet for the guests, and orchestrated several volunteers:

Tables and Chairs: David Snyder, Ken Winterberger, James Dryden, Bruce Roberts, Don Crandall, and Don Antrobus Sid McCausland who donated and put a tent for the tables outside.

Table Settings, Food Prep, and Serving: Berta Gardner, Silver Hjellen, Paula Saylor, and Kathy Lucich.

Beverage Table: James Dryden, Stephanie Koonz, Don Antrobus, Don Crandall, Berta Gardner, Lynn Hallquist, and Jim Wanamaker bought or donated and/ or served wine, beer, Ice, and other drinks.

Donations of Food: Rev. Lise, Peggy Robinson, Kathy Lucich, Don Antrobus, Bruce Roberts, Kalen Saxton,

Berta Gardner, Cari Sayre, Jane Gray, Koala Vandruff, Stephanie Koonz, Paula Saylor, Rosene Beachy, Gwen Perry-Crawford. Silver Hjellen, Heather Flynn. Massive Cleanup: Kalen, Berta, Silver, Paula, Kathy, James, Stephanie, Don and Don, Bruce, Ken, Heather, plus the tour directors Dave & Cynthia!

Entertainment, the "UU Dollies": Diane Smith, Deb Addie, and Mary Schallert

Plans are underway for the July WhaleCoast tour coming through Anchorage on the 7th and 8th – (and another banquet on the 8th). Please contact Jane Gray if you can help: 907-980-7721, or janeellengray@gmail.com

July Whalecoast hosts needed!!

We are still in need of a few hosts for July Whalecoast, when guests will stay the nights of July 7th and 8th.

Please contact Jane Gray at 907-980-7721, or janeellengray@gmail.com if you can spare a bed to help us in our biggest fundraising event.

The Alliance Rummage Sale

The Alliance is sponsoring a rummage sale this July! The dates are Friday, July 30, 3-6 pm set up and the sale on Saturday, July 31 st 9-3 pm. Now is the time to clean out your cupboards, closets and, bookshelves and donate items to this annual fundraiser. There will be tables set up in the social room and outside. Items can be left off at the fellowship on Friday the July 30th. Come and join in the fun! We will follow the AUUF Building Use Protocols and will spell out what they are a bit closer to the sale.

Anti-Racism Team

Black Lives in Alaska: Journey, Justice, Joy

at The Anchorage Museum On view April 30 — Nov 30, 2021

The museum has a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist; Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community.

Candlelight Vigil for Jaclyn Welcome

6:00 pm Sunday, June 27th Delaney Park Strip on Tenth Avenue at G Street

Jaclyn's Family requests that we use this time to remember Jaclyn, to humanize all houseless people who are already among the most marginalized, discouraged, and traumatized among us; & to recognize that this was an attack on our entire community of houseless human beings.

[Please leave your political perspectives at home.]

Facebook Events Announcement



June's Half Portion for Social Action goes to Refugee Assistance & Immigration Services (RAIS)

Refugee Agriculture Program

The CSS Refugee Agriculture Program uses agriculture as an avenue to promote overall health and well-being among refugee clients. The program grows vegetables on two plots of land in Mountain View - Fresh International Gardens (FIG) and Grow North Farm. Fresh International Gardens (FIG) is a refugee-run farming co-op. The FIG co-op has been building healthy refugee communities since 2007 by helping new Alaskans develop English-language and small business skills, access fresh vegetables, and earn supplemental income. 100% of FIG earnings are paid out directly to FIG gardeners.

Grow North Farm is an urban farm created in partnership with Anchorage Community Land Trust. Made up entirely of individuals from refugee or immigrant backgrounds, the farm allows independent entrepreneurs to grow and sell their own food directly on-site at the Farm Stand every day from 4-7, which will begin on June 21st. Farmers bring their expertise from a variety of countries including Burma, Bhutan, Nepal, South Sudan, the Congo, Mexico, and Somalia.

If you would like to volunteer at with our Refugee Agriculture Program, please contact RAIS Volunteer/ In-Kind Donations Coordinator at nleone@cssalaska.org or 907-339-0488 Ext. 1







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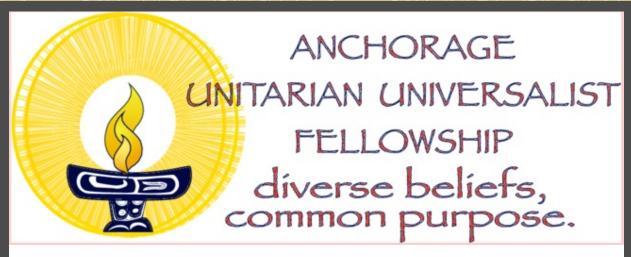
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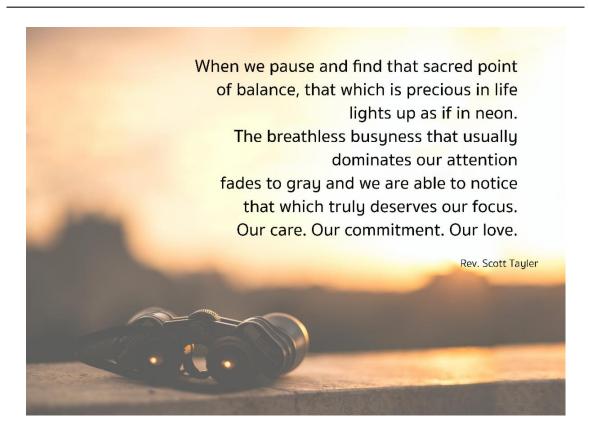


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Today At Your Fellowship Monday June 28, 2021



This Week @ AUUF

Monday 6/28/21

Tuesday 6/29/21

Wednesday 6/30/21

Thursday 7/1/21

Friday 7/2/21 12 pm Freethinkers

Saturday 7/3/21

Sunday 7/4/21

9 am Virtual Forum on Zoom

10:30 am RE Chalice Circle Life at AUUF

10:30 am UUFF Virtual Worship on Zoom

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> homepage.

Freethinkers

11:30-2 pm Friday, July 2 Live at AUUF

12 pm -1:30 pm on Zoom

Nazis Used the American Model

by Marie Lundstrom

A bitter piece of truth to chew on and swallow is that the Nazis used long-established American legal and social structure as a model for their laws on racial purity and prohibitions. When you think about it, it's not such a leap from slave whippings, lynching, and the massacre of Greenwood, Oklahoma, to the ovens of Dachau. When I visited Dachau, I had no idea then that the ideas in our American system spawned that evil. But they did. Eugenics, miscegenation, segregation, classification as white/nonwhite, Jim Crow—a list of legal and commonly accepted racial and social divisions makes clear why the Nazis looked to us for a system that would work for them in keeping Aryans at the top of the hierarchy, Jews and other undesirables at the bottom. It worked for us; it could work for them. And did.

Click here to read the entire article.

Join us in person or via Zoom—on the AUUF website, click on the Calendar for the Freethinker link.

Have a look at our draft Covenant of Right Relations

How can we bring our best selves to our relationships with one another in the fellowship? What has happened in the past when there has been conflict, and how would we like to handle conflict in the future?

The Healthy Congregation Team has been discussing these questions, and we look forward to fellowship-wide discussions of these topics in small groups in the fall. We drafted a document with some of our ideas. Take a look at it in this link.

Do you have feedback or ideas, or are you interested in learning more? Email the team care of Ann Larabee at amhlar@yahoo.com.

Click here to read the draft Covenant of Right Relations.



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July 12-16, 2021 K-5th grade

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Religious Exploration Updates

From Rosene Beachy

UU Peace camp for 1st through 8th graders July 12-16.

We are looking for several kinds of supplies:

- *old yoga mats /camping pads to cut for sewing kids "sit upon"
- *small ballots or children's hammers other tools, call Bev Grogan 317-6353
- *Extra children/adult bicycles
- *"children at play" signs

Virtual Forum and GA Sunday Service links

Sunday, June 27

The podcast for Sunday's Virtual Forum can be found here -

Also, you can access the 2021 General Assembly Sunday Service, **Until Love Wins**, in several places. It is worth a watch. -

The service was pre-recorded and is be available to play from the beginning at any time; no special link is needed to stream **GA Sunday Worship** or **YouTube**. A **separate stream with ASL interpretation** is also available.



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The Alliance Rummage Sale

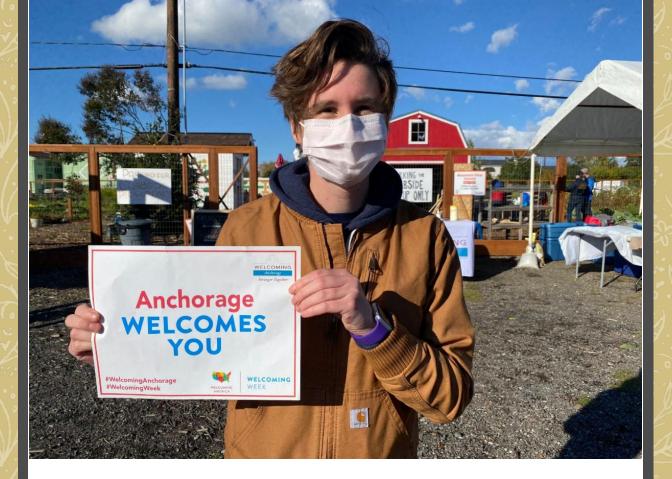
The Alliance is sponsoring a rummage sale this July! The dates are Friday, July 30, 3-6 pm set up and the sale on Saturday, July 31 st 9-3 pm. Now is the time to clean out your cupboards, closets and, bookshelves and donate items to this annual fundraiser. There will be tables set up in the social room and outside. Items can be left off at the fellowship on Friday the July 30th. Come and join in the fun! We will follow the AUUF Building Use Protocols and will spell out what they are a bit closer to the sale.



Wednesdays
July 28, August 11, August 25
6:00 – 7:30 PM (ET) | 3:00 – 4:30 PM
(PT)

ECA proudly presents The Climate Activist Toolkit, a 3-part summer workshop series designed to build our strengths as climate advocates. These facilitated workshops will cover a range of topics including Tools for Meeting with Elected Officials, The Power of Personal Stories, and Communicating for Climate Action. We'll dive into helpful skills, tools, and strategies relevant to our members working at local, state, and federal levels. Via Zoom to discuss personal strategies and ideas, practice skills through roleplay, and plan how to engage in actions. Together we'll learn, prepare to take action, meet new ECA folks, and have fun.

REGISTER NOW Click here to read more.



June's Half Portion for Social Action goes to Refugee Assistance & Immigration Services (RAIS)

Catholic Social Services Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) from their former life experiences to the new skills required for success in the United States. Through a focus on economic self-sufficiency, community integration, and respect for unique cultures, history, and traditions, RAIS creates an environment of compassion and encouragement for refugees to flourish. RAIS accomplishes this through multiple programs, Reception & Placement which welcomes new refugee arrivals, comprehensive and intensive case management, education & employment services, health programming, and an agricultural program.

Donations

Catholic Social Services is always accepting generous donations of fresh food, new or gently used household items, or professional services. These donations help us ensure that the individuals and families we serve will be able to live comfortably and with dignity. Donations are accepted from 9:00 am – 4:00 pm on Fridays at 20th Ave. side of the Catholic Social Services building (3710 E. 20th Avenue).

If you would like to donate directly to RAIS or our Refugee Agriculture Program, please contact RAIS Volunteer/ In-Kind Donations Coordinator at nleone@cssalaska.org or 907-339-0488 Ext. 1







Anchorage Unitarian Universalist Fellowship | (907) 248-3737

Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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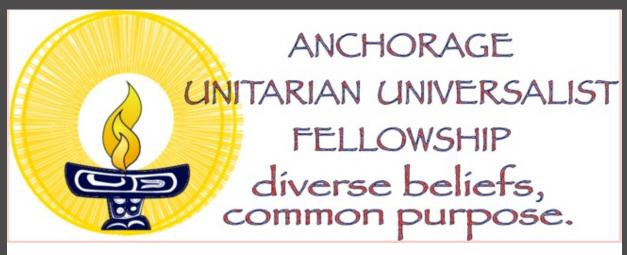
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Service Podcasts



Today At Your Fellowship Friday July 2, 2021

This Sunday @ AUUF

Sunday 7/4/21

9 am Virtual Forum on Zoom

10:30 am RE Chalice Circle Life at AUUF

10:30 am UUFF Virtual Worship on Zoom

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.





Audrey & Bruce Kelly, Linda Benson and Dick Reichman Anchorage's Cemetery Tours—Theatre People Are Dying to See

Virtual Forum 9 am Sunday, July 4

Click here to join on Zoom.





Calm Soul of All Things
UUFF Minister: Rev. Leslie Ahuvah Fails & Music: Marsha

UUFF Virtual Worship 10:30 am -NEW TIME Sunday, July 4

Click here to join on Zoom.

Summer Service time change and schedule

In July and August, we will be sharing our services with our friends in the UU Fellowship of Fairbanks (UUFF). We look forward to rekindling friendships with the Fairbanks UUs. From July 4 through Labor Day, both fellowships will present worship services at 10:30 a.m.

UUFF will lead the services on July 4, 18, and 25 and August 1. AUUF will have the lead on July 11, and August 8 through 29. As always, you can find the zoom link for worship services on the <u>AUUF website</u>. You are also welcome to attend the services hosted by AUUF in person – just remember your mask to help protect our unvaccinated kids!

Click here for schedule.

Rev. Lise's stepfather has died.

We extend AUUF's love and comfort to Rev. Lise as she and her blended family commemorate the death of her stepfather on July 2nd. Orvis Otho Tilby was born in Idaho on April 28, 1936; grew up in Nevada; and spent his last 50 years in Oregon (except for the 4 years he spent in Massachusetts with Lise). The last of Rev. Lise's parents to die, she says he was a good dad, having assumed that role in her life in 1973. He is survived by two sons, Aaron and Roy; three step-daughters, Mona, Lise and Suzzi; a "passel" of grandkids and greats; and several dear friends. His health had been in decline for some time.

ANTI-RACISM Team Corner - current and

upcoming events of interest

Black Lives in Alaska: Journey, Justice, Joy

at The Anchorage Museum

On view April 30 — Feb 13, 2022 (the date has been extended)

The museum has a new exhibition about Black history and culture in Alaska. Informed by conversations with community advisors, including activist and community archivist Cal Williams, and through the research of UAA's Ian Hartman, the exhibition will include photographs and documents from the Anchorage Museum archives that help tell the stories of the lives and experiences of members of Alaska's Black community

ALASKA BLACK CAUCUS Community Conversation will NOT be meeting this Sunday July 4th.
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WHITE SUPREMACY VS. TRUE PATRIOTISM A FOURTH OF JULY MESSAGE

Dennis Arashiro

Example One: During World War II the African American singer and actress, Lena Horne went to entertain troops at Ft. Riley, Kansas. She found out that German prisoners of war were placed in the front rows while African American soldiers guarding them were seated in the back. At first, she tried to turn her back to the POWs and sing to the Black soldiers. When that failed, she stormed off in fury.

Example Two: Also during World War II American citizens of Aleut descent were forcibly removed from their homelands and deposited in abandoned canneries in Southeast Alaska without adequate food, heating, and sanitation. More than one out of eight died as a result. Nearby was a German prisoner of war camp with all the necessities of life that the Aleuts lacked. There were no deaths there to match what happened to the Aleuts.

Click here to the entire article.



Summer Peace Camp - One week

July 12-16, 2021 K-5th grade

The camp features summer fun! Camp is from 9:00 am- 4:00 pm each day. Before (8-9 am) & after care (4:00- 5:00 pm) is also available.

Click the Peace Camp link on the AUUF home page for registration form.

Religious Exploration Updates

From Rosene Beachy

UU Peace camp for 1st through 8th graders July 12-16.

We are looking for several kinds of supplies:

- *old yoga mats /camping pads to cut for sewing kids "sit upon"
- *small ballots or children's hammers other tools, call Bev Grogan 317-6353
- *Extra children/adult bicycles
- *"children at play" signs

More than 4,200 UUs 'Circle 'Round' virtually for 2021 General Assembly

UUA's second online-only General Assembly focuses on dismantling white supremacy and systemic racism.

Click here to read more.

July's Half Portion goes to Planned Parenthood of the Great Northwest Hawaii, Alaska, Indiana & Kentucky

Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, Kentucky (PPGNHAIK) is a leader in reproductive health care, rights, and education in Alaska, Hawai'i,, Idaho, Indiana, Kentucky and western Washington. We are unwavering in our belief that all people deserve high-quality, affordable health care. We're tireless in our efforts to provide education and information so people can make their own health decisions. We proudly fight for people to be able to get the sexual and reproductive health services they need. We do all of this because we care passionately about helping people lead healthy lives.









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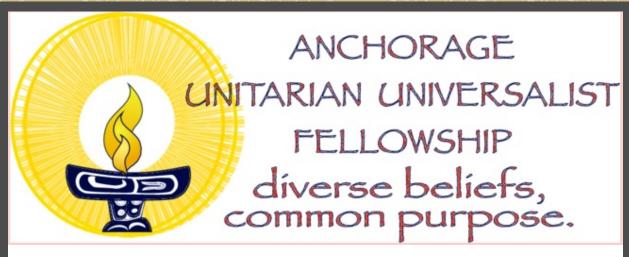
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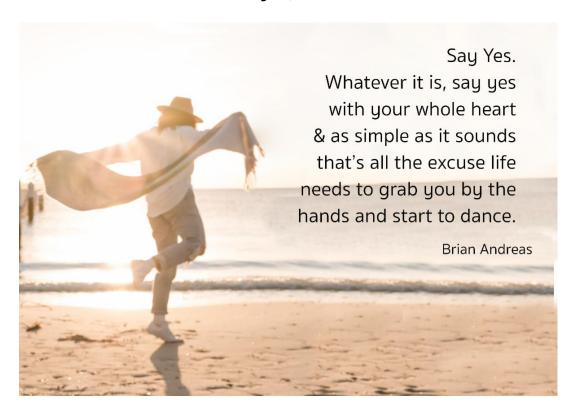


Visit our website

Service Podcasts



Today At Your Fellowship Monday July 5, 2021



This Week @ AUUF

Monday 7/5/21

Tuesday 7/6/21

4:30 pm Forum Planning Meeting on Zoom

Wednesday 7/7/21

4:15 pm Set-up for Whalecoast Banquet 7 pm Building & Grounds Meeting on Zoom

Thursday 7/8/21

4-9 pm Whalecoast Banquet

Sunday 7/11/21

9 am Virtual Forum on Zoom

Steve Cleary, Executive Director of Alaska Trails The Long and Short of Hiking and Building Alaska's Trails

10:30 am RE Chalice Circle at AUUF

10:30 am AUUF in-person and Zoom

Zoom links for public meetings always

Friday 7/9/21

11:30 am - 2 pm Freethinkers live at **AUUF**

Saturday 7/10/21

12-5 pm Peace Camp Set-up

available on the calendar on the AUUF homepage.

Click here for the summer Sunday service schedule.

Freethinkers

12 pm July 9 AUUF Social Room and Zoom

How Castes Keep Going

by Marie Lundstrom

It's dispiriting to learn the many ways a caste system can be justified, established and reinforced. Isabel Wilkerson in Caste calls them the Eight Pillars of Caste, ranging from divine law, heritability, and control of mating, to contamination of purity, occupational limits, and dehumanizing, to terror and cruelty, and inborn superiority/inferiority, all of which have been used in the U.S. over the centuries as ways of keeping nonwhites in a lower place. In our discussions, our own stories of experience with the caste system we live in now show how these elements may still operate. Sobering.

Keep going in Caste—read Part 4, "The Tentacles of Caste," for next week—that's about 90 pages in the hardcover book. The chapter titles include such terms as "scapegoat," "underdog," and "bottom rung," so you know what direction she's going in—keeping people down, blaming, maintaining a hierarchy. Join us Friday at noon in person or via Zoom—on the AUUF website, click on the Calendar for the Freethinkers link.



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Have a look at our draft Covenant of Right Relations

How can we bring our best selves to our relationships with one another in the fellowship? What has happened in the past when there has been conflict, and how would we like to handle conflict in the future?

The Healthy Congregation Team has been discussing these questions, and we look forward to fellowship-wide discussions of these topics in small groups in the fall. We drafted a document with some of our ideas. Take a look at it in this link.

Do you have feedback or ideas, or are you interested in learning more? Email the team care of Ann Larabee at amhlar@yahoo.com.

Click here to see read the draft Covenant of Right Relations



PNWD Chalice Lighters Fall 2021 Call Now Open!

Please make your Fall Call contribution now!

- Make a one-time gift of \$20, \$50, or \$100 online at the PNWD giving page.
- Mail your check, payable to "PNWD Chalice Lighters" to: PNWD Chalice Lighters, P.O. Box 567, Brighton CO 80601. Please include the PNWD-CL designation and

- the name of your congregation on your check.
- Choose to have your gift deducted monthly from your credit card or bank account using the PNWD automatic giving page.
- Donate to all three of this year's calls now to save time later.
- Consider becoming a Chalice Lighter "Angel" by contributing an amount in excess of \$1000.

Sincerely yours,

David P. Cauffman, PNWD Chalice Lighter program coordinator pnwdchalicelighters@pwruua.org

July's Half Portion goes to Planned Parenthood of Great Northwest Hawaii, Alaska, Indiana & Kentucky

Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, Kentucky (PPGNHAIK) is a leader in reproductive health care, rights, and education in Alaska, Hawai'i,, Idaho, Indiana, Kentucky and western Washington. We are unwavering in our belief that all people deserve high-quality, affordable health care. We're tireless in our efforts to provide education and information so people can make their own health decisions. We proudly fight for people to be able to get the sexual and reproductive health services they need. We do all of this because we care passionately about helping people lead healthy lives.







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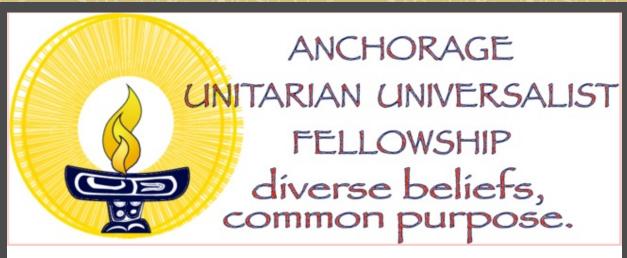
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Service Podcasts



Today At Your Fellowship Friday July 9, 2021

This Sunday @ AUUF

Saturday 7/10/21

12-5 pm Peace Camp Set-up

Sunday 7/11/21

9 am Virtual Forum on Zoom

10:30 am RE Chalice Circle at AUUF

10:30 am AUUF in-person and Zoom

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.

Click here for the summer Sunday service schedule.





The Long and Short of Hiking and Building Alaska's Trails
Steve Cleary, Executive Director of Alaska Trails

Virtual Forum

9 am Sunday, July 11

Sunday Worship LIVE at AUUF and on Zoom

10:30 am Sunday, July 11



The Arc of Joy

Riding the Arc of History from Theodore Parker, thru Josiah Royce to This Moment in 12 minutes flat with Sid as our guide.

Joy: "...a sense of well-being...exaltation of spirit..."

(Oxford English Dictionary, pg 612)

Sid McCausland, Joyce Laine,



Megan Webb

AMITUOFO by Kim Dembrosky. kimdembrosky.com

Click here to join on Zoom.

Chalice Circles for kids Sunday at 10:30 am - Live at the Fellowship

- July 11 Walk to the farm join us to visit Koala and Susan's bees and chickens!
- July 18 Join Stephenie Wheeler for some fun activities
- July 25 Join Renee Frost for some fun activities

Religious Exploration Peace Camp starts on Monday

From Rosene Beachy

Still needed for Peace camp:

- old yoga mats
- small mallets or kid hammers



Summer Peace Camp - One week

July 12-16, 2021 K-5th grade

The camp features summer fun! Camp is from 9:00 am- 4:00 pm each day. Before (8-9 am) & after care (4:00- 5:00 pm) is also available.

Click the Peace Camp link on the AUUF home page for registration form.

A Note from Rev. Lise

Rev. Lise is going on vacation July 13 through the 27th. She will be overseas but the Pastoral

Care Team (Stephanie Koonz, chair) is available to help and Rev. Ruth Greenwood is available for emergencies. Enjoy July!

Thanks to all the folks who volunteered to host, entertain, and make/serve dinner to our Whale Coast crew. It was a wonderful evening! Rev. Lise

Anchorage Cemetery Tours Event 6 pm Sunday, July 11

For those of you who enjoyed last Sunday's Forum program on the Anchorage Cemetery Tours, or in case you missed it, here is the info for the tour they talked about:

Join the Cemetery Players at Anchorage Memorial Park Cemetery on July 11 for a self-guided walking tour featuring costumed actors telling the story of ten pioneer Alaskans at their gravesites. The Stories begin at 6 PM and are told at each gravesite continuously until 8 PM. Admission is free but donations for the actors are appreciated. The best entry is the John Bagoy Gate at the corner of 7th and Cordova Streets. Please use street parking outside the cemetery grounds. Bring the family for a fun evening and learn some history about the people who helped make Anchorage the wonderful city it is today.

ANTI-RACISM Team Corner - current and upcoming events of interest

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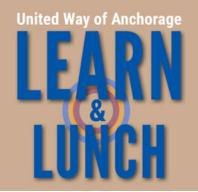
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More info here.

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Click here for a list of titles

AUUF members have appreciated recently and links to even more options.





Understanding Homelessness in Anchorage, a United Way of Anchorage Learn and Lunch Webinar

Presenter: Nancy Burke, United Way Special Assistant for Housing and COVID-19

Response Date: July 15

Time: 12 – 12:45 p.m.

Please RSVP here to receive your link.

Clark Halvorson / President & CEO / United Way of Anchorage

July's Half Portion goes to Planned Parenthood of Great Northwest Hawaii, Alaska, Indiana & Kentucky

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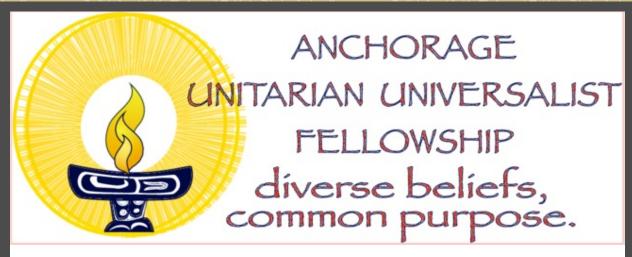


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Service Podcasts



Today At Your Fellowship Monday July 12, 2021



This Week @ AUUF

Monday 7/12/21 Peace Camp at AUUF

Tuesday 7/13/21
Peace Camp at AUUF
2 pm Hungry Book Club

Wednesday 7/14/21
Peace Camp at AUUF
5:30 pm Peace Camp Jr. BBC

5:30 pm Peace Camp Jr. BBQ at AUUF 6 pm Safer Congregation Team Meeting 6:30 pm Anti-Racism Team Learning Circle

Thursday 7/15/21

Saturday 7/17/21

Sunday 7/18/21 9 am Virtual Forum on Zoom Nora Morse, Planned Parenthood Votes Northwest and Hawaii How Planned Parenthood is Surviving the Pandemic and Politics

10:30 am RE Chalice Circle at AUUF

10:30 am Virtual Worship UUFF Rev. Leslie Fails

The Spirituality of Play

Peace Camp at AUUF 6:30 pm Board Executive Meeting

Friday 7/16/21

Peace Camp at AUUF 11:30 am - 2 pm Freethinkers at AUUF 12-1:30 pm Freethinkers on Zoom Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.

Click here for the summer Sunday service schedule.

ANTI-RACISM Team Corner

6:30 - 8:00 pm Wednesday, July 14th

In-person at AUUF - snacks provided! (Zoom will also be available if requested)
Read, watch, or listen to anything you want! Our summer circles will be a chance to share what we're reading, listening to, and/or viewing independently on our anti-racism journeys. Want suggestions?

<u>Click here for a list of titles</u> AUUF members have appreciated recently and links to even more options.

Freethinkers

11:30 am - 2 pm Live at AUUF 12-1:30 pm on Zoom

What Happens Because of a Caste Structure? by Marie Lundstrom

After reading Part 4, "The Tentacles of Caste," it's all too clear how our American hierarchy works, both openly and subtly, always to keep some group at the bottom, so that next-to-the-bottom folks can feel relief at not being the lowest. To try to get out of that lowest spot is hard, hard, hard because too many above want to keep the comfortable status quo. Keep going in Isabel Wilkerson's *Caste: The Origins of Our Discontents*. Read Part 5, "The Consequences of Caste," for next Friday, July 16. Join us Friday at noon in person or via Zoom to talk about those consequences. For Zoom participants—on the AUUF website, click on the Calendar for the Freethinkers link.

Lise's Minister's Message or Meanderings?

Dear Ones.

I just finished my Board report, which usually is two pages long. This time it consisted of a half-page of bullet points due to being on vacation for a week, taking a reading week, and as most of you know, being in the grieving process over my step-dad's death on July 2. As you can probably imagine, the last month has been a bit of a blur. Now I'm headed off to Romania to meet my son's future in-laws and celebrate his engagement according to Romanian traditions. It's definitely an example of the circle of life, isn't it? Death, new beginnings, and in a few more years we may even have a new addition to our family!

My step-dad, Orvis, would have loved all this. He was quite the agnostic, nature guy. He believed that all animals (including humans) are here on earth to reproduce. Sure we can make meaning with symphonies, plays, helping others, and the myriad other things we do to keep ourselves busy, but at our essence, we're all about recreating ourselves so the "species can continue." (If this sounds weird, please know that I'm smiling as I write this.)

Click here to read the entire article.

Rummage Sale

9 am - 3 pm July 31st, 2021

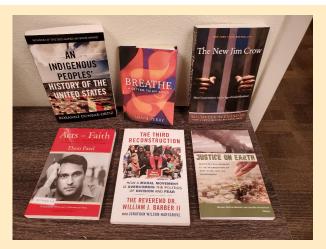
The Alliance is sponsoring a Rummage Sale at the Fellowship on July 31st, 2021 from 9 am-3 pm. We will be setting up tables in the Social Room and outside under the tents.

Donations to the Rummage Sale will be accepted at the Fellowship on Thursday, July 29, 9-3 pm, and Friday, July 30, 9-3 p.

Items to be donated include clean clothing and dishes, jewelry, books (within reason), housewares, games and children's toys, miscellaneous, and tools. Please no furniture.

The sale of these items will be held on Saturday, July 31st from 9 am-3 pm. All proceeds will go to The Alliance which in turn will use the funds to sponsor Fellowship activities.

Come and join in the fun! Donate/Purchase or both. People who have not been vaccinated will be required to wear a mask. Social distancing will be in place inside the Fellowship building.



Book Sale

This week, all of these past UUA Common read books are \$10 each. Their list prices range from \$15- \$20. If you buy 3, they are \$25, and 4 books are \$30. 5 or more books are \$7 each. What a deal!"

The office is open this week from 10 am to 2 pm. Stop by with your check, cash, or credit card, and we'll send you home with some thoughtful summer reading. An added bonus is seeing

Peace Camp in full swing, with the kids (and adults) having a great time! "

Peggy



AUUF Joy & Sorrows from Sunday, July 11

Amerika Garcia Grewal:

Joy: I'm in one of the most beautiful places on earth, every day is another gift. Sorrow: Fiji is currently being devastated by Covid infections, many people are leaving if they can, businesses are closing and may not reopen, healthcare is virtually inaccessible. I'm double jabbed and safe on the farm, doing my best to avoid accidents or injury as we wait this storm out.

Rev. Lise:

Thank you to everyone for your support since my dad's death. Thank you to Megan for incorporating Ode to Joy--my dad's favorite, into the service in so many ways today.

From Diane Smith:

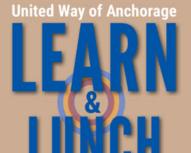
Joy - hearing the voices from AUUF who are there live!



Introducing our new Administrator Gina Molletti

Hello Everyone! My name is Gina and I am very happy to be the new Congregational Administrator at AUUF! I was born and raised here in Anchorage, AK. I am married to my husband Travis and we have 2 kiddos – my daughter

is 13 and my son is 12. We love to get outdoors in the summer; my husband loves to fish and we all enjoy camping and being out in the wilderness. I am really looking forward to meeting and working with everyone involved in the Fellowship!





Understanding Homelessness in Anchorage, a United Way of Anchorage Learn and Lunch Webinar

Presenter: Nancy Burke, United Way Special Assistant for Housing and COVID-19

Response Date: July 15

Time: 12 - 12:45 p.m.

Please RSVP here to receive your link.

Clark Halvorson / President & CEO / United Way of Anchorage

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To support AUUF & Planned Parenthood today!

Go to anchorageuuf.org
Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"







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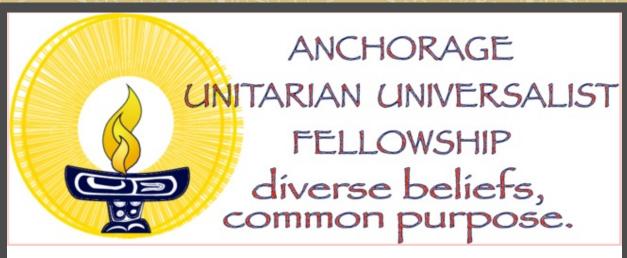
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Service Podcasts



Today At Your Fellowship Friday July 16, 2021

This Sunday @ AUUF

Sunday 7/18/21 9 am Virtual Forum on Zoom

10:30 am RE Chalice Circle at AUUF

10:30 am Virtual Worship UUFF

Zoom links for public meetings always available on the calendar on the <u>AUUF</u> <u>homepage</u>.

Click here for the summer Sunday service schedule.



Planned Parenthood Votes Northwest and Hawaii



How Planned Parenthood is Surviving the Pandemic and Politics
Nora Morse, Planned Parenthood Votes Northwest and Hawaii

Virtual Forum on Zoom

9 am Sunday, July 18, 2021

Click here to join on Zoom. Click here for Speaker's bio.





Rev. Leslie Fails

The Spirituality of Play

Virtual Worship UUFF

10:30 am Sunday, July 18, 2021 Rev. Leslie Fails *The Spirituality of Play*

Click here to join on Zoom.

Thank you for your donations to our chosen non-profits and AUUF!

Thanks to the generous donations of our members and friends, we were able to support our chosen non-profits with \$2887.50 in donations these last 4 months! Specifically, we gave:

- Our March designee, Anchorage Coalition to End Homelessness, \$623.50
- Our April designee, Citizens Climate Education, \$874
- Our May designee, Alaska Seeds of Change (Alaska Behavioral Health), \$658.50
- Our June designee, Refugee Assistance & Entry Immigration Services (Catholic Social Services),\$731.50

The other half of these Half Portion donations went to the operating income of AUUF to support our on-going programs and expenses. You may make Half-Portion donations electronically through our website or call the office, or mail a check, or put a check or cash in our offering basket or in one of our black mailboxes, whichever is most convenient for you. Any amount is welcome!

Rummage Sale

9 am - 3 pm July 31st, 2021

The Alliance is sponsoring a Rummage Sale at the Fellowship on July 31st, 2021 from 9 am-3 pm. We will be setting up tables in the Social Room and outside under the tents.

Donations to the Rummage Sale will be accepted at the Fellowship on Thursday, July 29, 9-3 pm, and Friday, July 30, 9-3 pm.

Please do NOT bring items to donate to the Rummage Sale to the Fellowship Before July

29, 9am-3am. There really isn't any place to store items. The construction is still going on, Peace Camp is happening this week and other groups are using the building for meetings.

There will be volunteers working at the Fellowship on July 29th and 30th from 9am-3pm who will be receiving and organizing your donations.

Thank you in advance!

Items to be donated include clean clothing and dishes, jewelry, books (within reason), housewares, games and children's toys, miscellaneous, and tools. Please no furniture.

The sale of these items will be held on Saturday, July 31st from 9 am-3 pm. All proceeds will go to The Alliance which in turn will use the funds to sponsor Fellowship activities.

Come and join in the fun! Donate/Purchase or both. People who have not been vaccinated will be required to wear a mask. Social distancing will be in place inside the Fellowship building.



Let's Support Identity's Youth Leadership Summit

AUUF has stood with Identity since the earliest Pride Fests. And this year, we are invited to provide support for Identity's LGBTQ Youth Leadership Summit.

The Summit creates a community of support for lesbian, gay, bisexual, transgender, and queer youth and their allies. The Summit includes five days of workshops and training to educate youth on healthy life skills and relationships, develop leadership skills, and empower youth to be change agents in their communities.

Here is how Identity describes the event:

Identity loves providing this opportunity for engagement, community, and growth to youth. The teenagers who participate in this overnight adventure often say it is the highlight of their year.

Financial support provided by our community has allowed Identity to host this summit year after year at no charge to youth. Donations from people like you make it possible for this life-changing experience to happen. Thank you.

We are grateful for community support that helps make cost not be a barrier to youth having access to this experience. If participants are able, donations to help cover costs are greatly appreciated. In 2021, the cost is about \$300 per youth in attendance.

We welcome any amount of financial support. Your donation will aid us in continuing to offer this experience to Alaska's LGBTQ youth at no cost to them!

Learn more about this summit, volunteer opportunities, and youth application.

Make a Difference for Queer Youth in Alaska Support Identity's annual LGBTQ+ Youth Summit

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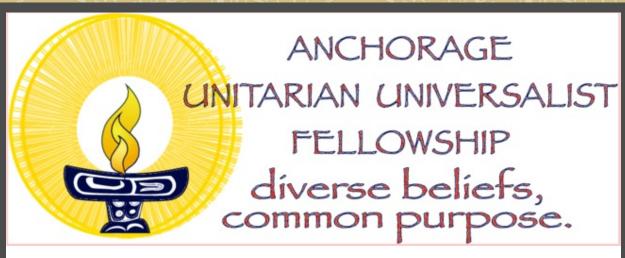
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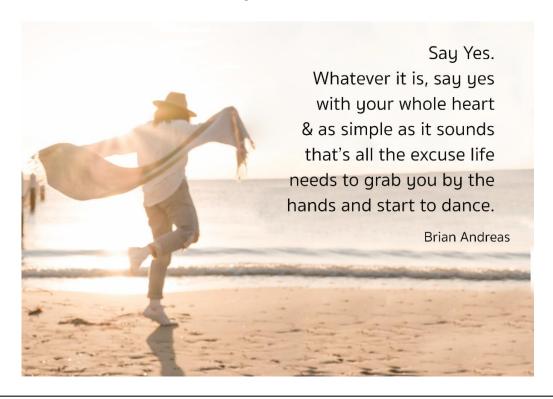


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Service Podcasts



Today At Your Fellowship Monday July 19, 2021



This Week @ AUUF

Monday 7/19/21

Tuesday 7/20/21

Wednesday 7/21/21

6:30 pm Board Meeting at AUUF & on Zoom

Thursday 7/22/21

6:30 pm Pastoral Care Team Meeting

Friday 7/23/21

11:30 am- 2 pm Freethinkers at AUUF 12:00-1:30 pm Freethinkers on Zoom

Saturday 7/24/21

Sunday 7/25/21

9 am Virtual Forum on Zoom

UAF Entomology Professor Derek Sikes Climate Change Impacts on Insects in Alaska and Globally

10:30 am RE Chalice Circle at AUUF

10:30 am Virtual Worship UUFF

Celebrating those lost during the COVID - 19 Pandemic

Click here for the summer Sunday service schedule.

UUFF via Zoom Rev. Leslie Fails

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Board Meeting

6:30 pm Wednesday, July 21

Click here to find the link on the calendar.

Freethinkers

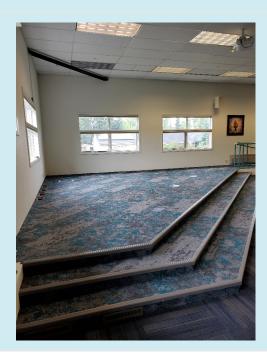
11:30 am- 2 pm Freethinkers at AUUF 12:00-1:30 pm Freethinkers on Zoom

Awareness of Caste Makes Us Question Our Own Behavior

by Marie Lundstrom

Isabel Wilkerson's anecdotes showing the consequences of caste really hit home. We wonder how we would have behaved. Would we have had the courage to intervene or protest rude, disdainful, and diminishing behavior in like circumstances? Would we have stood quietly and let it happen? In our Friday discussion of *Caste: The Origins of Our Discontents*, we wondered and sometimes agonized about how we might not have acted bravely. Social pressure is powerful. Keep reading in *Caste*—go through Part 6, "Backlash," for next Friday, about 45 pages in hard copy. Join our discussion in person or via Zoom—go to the AUUF website, click on the Calendar for the Freethinkers Zoom link.

We're almost done! AUUF Construction Updates





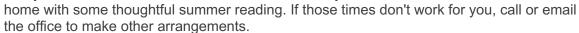


Book Sale \$5

This week, all of these past UUA Common read books are \$5 each.

Their list prices range from \$15-\$20.

The office is open this week from 10 am to 1 pm. Stop by with your check, cash, or credit card, and we'll send you





Wendy's Animal Project

Please help us with some input on Wendy's Animal Project!
Fill out this form by August 1 or help fund the project at this link.

Click here for the survey questions. Email your response to reed.verco@gmail.com

Thanks!

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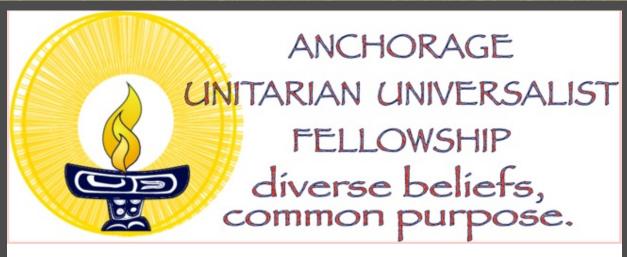
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Today At Your Fellowship Friday July 23, 2021

This Sunday @ AUUF

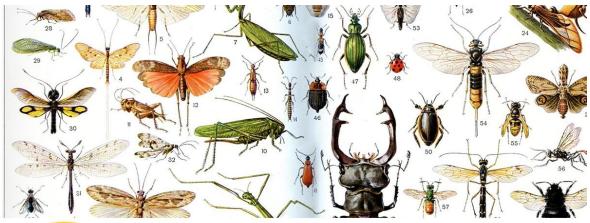
Saturday 7/24/21

Sunday 7/25/21

9 am Virtual Forum on Zoom

10:30 am Virtual Worship UUFF

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.





UAF Entomology Professor Derek Sikes Climate Change Impacts on Insects in Alaska and Globally

Virtual Forum

9 am Sunday, July 25

UAF Entomology Professor Derek Sikes
Climate Change Impacts on Insects in Alaska and Globally

Click here to join on Zoom.
Click here for Speaker bios.



UUFF Virtual Worship

10:30 am Sunday, July 25

A Time of Remembrance for Members Taken by COVID-19

We are invited to join Rev. Leslie Fails and the Fairbanks UU's on Zoom this Sunday at 10:30. The service of remembrance will include two rituals for which you may wish to prepare:

During the children's story ("The Invisible String" by Patrice Karst) we will be invited to tie a piece of string around our wrist as a reminder of the ways we are connected even when separated by difficult circumstances, geographic distance, or death. Please come prepared with a piece of string at least 10" long.

We will bless stones as a group for the five folks (including Chris Low from AUUF) our two congregations lost during the pandemic. There will also be an opportunity for us to honor someone we personally lost. Please have a small stone handy if you wish to honor someone special in your life.

Click here to join on Zoom.

Thank you, Rosene and Volunteers of all Ages for providing our Young People with one fine AUUF Peace Camp!



No RE Chalice Circle this week

This Sunday 7/25- No RE Chalice Circle at the Fellowship. The building is closed - Zoom service with Fairbanks. See you next week

Wendy's Animal Project

Please help us with some input on Wendy's Animal Project!

Hello, my name is Veronika, and I have been working on Wendy's Animal Project as my Girl Scout Gold Award project. I have just finished working with the kids at Peace Camp and I'd love to get more input! Look for a survey about Wendy's Animal Project below, or stop by AUUF before August 1 to fill out the survey.



Additionally, this project is funded by donations and every little bit helps! The donation page can be found here: help fund the project.

<u>Click here for the survey questions</u>. Email your response to reed.verco@gmail.com Fill out this form by August 1 or

Thanks!

Please consider donating to the AUUF Rummage Sale

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Kentucky

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THIS WEEK AT AUUF Please check the calendar at

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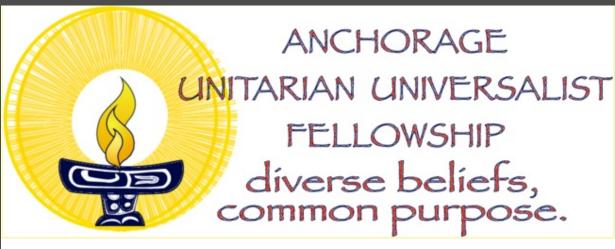




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Today At Your Fellowship Monday July 26, 2021



I am doing something
I learned early to do,
I am paying attention
to small beauties,
whatever I have—
as if it were our duty
to find things to love,
to bind ourselves
to this world.

Sharon Olds

This Week @ AUUF

Monday 7/26/21

Tuesday 7/27/21 6-8 pm Program Council

Wednesday 7/28/21

Thursday 7/29/21

Friday 7/30/21
12 pm Freethinkers at AUUF and on Zoom

Saturday 7/31/21

Sunday 8/1/21

9 am Virtual Forum on Zoom

Guardianship Abuses, from Bill Bigley to Britney Spears

Psych Bights attorney lim Cottstoin

Psych Rights attorney Jim Gottstein

10:30 am Virtual Worship UUFF

Are You Looking, or Are You Just Seeing With Guest Speaker Charla Kouadio

Zoom links for public meetings are always available on the calendar on the AUUF homepage.

Freethinkers

12 pm Friday, July 30 AUUF Social Room and Zoom

What is the Price of Having a Caste System?

by Marie Lundstrom

One of the issues in Friday's reading about Backlash was what a caste system costs us. What would it mean to live in a caste-less society? Isabel Wilkerson touches on that in her Epilogue to *Caste: The Origins of Our Discontents*. For next Friday, read Part 7, "Awakening," and the Epilogue, just under 30 pages, to finish the book. Join our discussion in person or via Zoom—go to the AUUF website, click on the Calendar for the Freethinkers Zoom link.

Our next book will deal with ethical issues and how they change: Right/Wrong: How Technology Transforms Our Ethics by Juan Enriquez (c2020, 345pp). We will likely begin discussion of the first 50 pages August 6.

RUMMAGE SALE POSTPONED

The AUUF Alliance has decided that "to err on the side of caution" is necessary. So we have decided to postpone the Rummage Sale that was to be held this coming Saturday, July 31st from 9 am-3 pm at the Fellowship. This was not an easy decision but a necessary one to ensure the overall safety and health of the members and the customers of the sale. With rising case numbers and the continuing confusion of mask mandates or not, it seems prudent to pick another date. We realize that this is an inconvenience for everyone especially those who had planned to donate items (on Thursday and Friday). We apologize but ask for your patience and continued support.

Stock Donations are Welcome!

Some of our members donate to AUUF by giving us stock or mutual funds directly from their investment broker or company. We have an account at Charles Schwab to receive them. We greatly appreciate donations in this manner. Please inform the office at admin@anchorageuuf.org or 907-248-3737 x1 if you are donating this way, as Charles Schwab does not receive your name along with the stock/mutual funds. Also, contact us if you need our account name and number to make a donation. Thanks!

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Today At Your Fellowship Friday July 30, 2021

This Sunday @ AUUF

Saturday 7/31/21

Sunday 8/1/21

9 am Virtual Forum on Zoom

10:30 am Virtual Worship UUFF

10:30 am RE Chalice Circle

Zoom links for public meetings are always available on the calendar on the AUUF homepage.





Guardianship Abuses, from Bill Bigley to Britney Spears Psych Rights attorney Jim Gottstein

Virtual Forum

9 am Sunday, August 1





Are You Looking, or Are You Just Seeing With Guest Speaker Charla Kouadio

Virtual Worship with UUFF

10:30 am Sunday, August 1

Click here to join on Zoom.

A Message from Religious Exploration

Sunday RE Chalice Circle

8/1- join Joclyn Reilly at 10:30 am for some Sunday fun.

8/8 - leader needed

8/15- water fun with Rosene

8/22- science exploration with Carissa

Jr High OWL 201 for 9th/10th graders begins this month. Space is still available.

Wednesday, 7-9 pm, Aug 4 - Parent orientation at AUUF, rm 7

Saturday, August 21, 1-4 pm Parent and youth Kick off.

Vaccination and masking is required for Participants and adult family members involved.

Wear a Mask - Save a Child

A message from Sid McCausland, AUUF Board President

Delta is the real deal – please do your part to protect our unvaccinated children and our immunocompromised neighbors. COVID was killing children roughly twice as often as the typical flu even before Delta showed up, and the CDC says Delta can spread as easily as chickenpox.

Visualize Delta as being like a swarm of mosquitoes trying to sink its beak into you...your

child...your neighbor. Nasal swabs are detecting the Delta mutation of COVID at densities 1,000 times greater than the earlier mutations. Fully vaccinated individuals are "safe" but not totally exempt. Fully vaccinated individuals can carry the virus in their nasal cavities and throats and may be spreading the disease when they exhale indoors.

Delta considers Anchorage and the MatSu a veritable all-you-can-eat buffet, and it plans to be with us for the foreseeable future since our vaccination levels are well below the threshold for community immunity. Nationwide, Delta accounts for roughly 83% of new COVID cases, while roughly 95% of new COVID-related hospitalizations are for unvaccinated patients.

Before Delta, roughly 1 out of 1,000 fully vaccinated individuals wound up hospitalized with a "breakthrough" case. And some of them did not even know they had it (1"asymptomatic" "breakthrough" case among roughly 2,000 fully vaccinated individuals). [We do not know how widespread asymptomatic breakthrough cases have been because those individuals were unlikely to be tested. Consequently, we have no data sets on asymptomatic breakthrough transmission to unvaccinated individuals.]

It is probable that the high concentration of the Delta virus in nasal cavities and throats will result in community spread by individuals who are fully vaccinated and unvaccinated but unmasked. As this is being written the CDC is evaluating all available recent data tracking "breakthrough" cases since the emergence of Delta. The CDC anticipates that we will experience an increase in the rate of breakthrough cases and the possibility that fully vaccinated individuals can transmit the disease to others.

<u>Click here</u> for additional information. AUUF's <u>website</u> will be updated weekly as additional CDC guidance becomes available.

Chalice Lighter Grants Assist AUUF's Building

The Chalice Lighter Program assists the growth and vitality of new and existing UU congregations in the Pacific Northwest with grants to provide vital capabilities. Grants are funded exclusively through contributions from individuals who participate as Chalice Lighters.

Anchorage has been fortunate to receive two Chalice Lighter grants – one for replacing our boiler shortly after buying our building, and the second to help fund our remodeled stage and add the ramp. This most recent grant was for \$28,830!

As part of our agreement in applying for the grant, we committed that at least 30% of our current members will contribute to the Chalice Lighter Program for three years. That is at least 60 AUUF members to assist other UU congregations in improving their facilities or programs. When you become a Chalice Lighter, each year you will receive no more than three call emails or letters. They will ask for your donation of at least \$20. If you prefer to fulfill your annual pledge in one sitting, you may contribute to the Winter and Spring calls in advance when you make your Fall donation.

Please contribute to this year's call, which began July 1. It is easiest to pay the yearly minimum of \$60 per person electronically at PWR-UUA · PNWD Chalice Lighters Giving Page (Iglforms.com). However, other payment schedules are available. For more information: Chalice Lighters | Pacific Northwest District of the UUA (pnwduua.org)

Read the current call letter here.

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overall safety and health of the members and the customers of the sale. With rising case numbers and the continuing confusion of mask mandates or not, it seems prudent to pick another date. We realize that this is an inconvenience for everyone especially those who had planned to donate items (on Thursday and Friday). We apologize but ask for your patience and continued support.

Have a look at our draft Covenant of Right Relations

How can we bring our best selves to our relationships with one another in the fellowship? What has happened in the past when there has been conflict, and how would we like to handle conflict in the future?

The Healthy Congregation Team has been discussing these questions, and we look forward to fellowship-wide discussions of these topics in small groups in the fall. We drafted a document with some of our ideas. Take a look at it in this link.

Do you have feedback or ideas, or are you interested in learning more? Email the team care of Ann Larabee at amhlar@yahoo.com.

Click here to see read the draft Covenant of Right Relations

AUUF Safer Congregation Team

The AUUF Safer Congregation Team (SCT) meets every month; we are 7 members focused on the physical, mental and emotional health and safety of our congregation. After two years of active revision, we have an updated Policy Guidebook. The SCT wants to educate our congregation about our policies and are sharing "snippets" from the Guidebook.

Building Management and Grounds Safety

The SCT and the Buildings and Grounds Team and the Board have some overlap when it comes to the safety of the grounds and the building. As a rule, hazardous conditions, indoors and out, will be addressed between the Board and the Buildings and Grounds Team. This can include snow and ice removal and remediating any hazardous materials such as lead paint and asbestos. The SCT may bring forward concerns to the Board or the Building and Grounds Teams regarding the building safety as it relates to our congregants.

Click here to read the entire article.

THIS WEEK AT AUUF Please check the calendar at

www.anchorageuuf.org for more info

1	AUG, SUN	9 – 10am	Virtual Forum	
		• 10:30 – 11:30am	RE Chalice Circles Live at AUUF	
		• 10:30 – 11:30am	Virtual Worship- UUFF on Zoom	
		• 4 – 5:30pm	Anchorage Friends Meeting Sanctuary	
3	AUG, TUE	• 4:30 – 6:30pm	Forum Planning on Zoom	
4	AUG, WED	• 7 – 9pm	OWL 201 Parent Meeting AUUF rm 7	
		• 7 – 8:30pm	Building & Grounds Meeting	
5	AUG, THU	3:30 - 4:30pm	Staff Meeting	
		• 6 – 7pm	Community Connection Room 7	
6	AUG, FRI	• 11:30am – 2pm	Freethinkers in Person Social Room	
		• 12 – 1:30pm	Freethinkers on Zoom	
7	AUG, SAT	• 8:30 – 10:30am	AA-Slap Happy Group Social Room	
7	AUG, SAT	8:30 - 10:30am	AA-Slap Happy Group Social Room	



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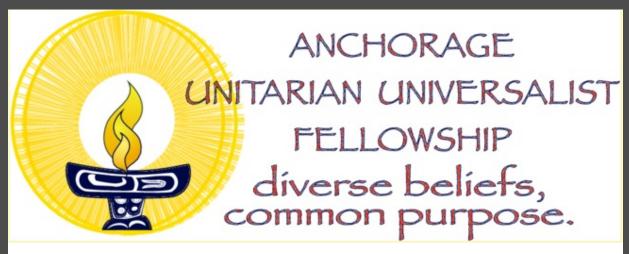


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Today At Your Fellowship Monday August 2, 2021

"Acknowledging the good that you already have in your life is the foundation for all abundance."

—ECKHART TOLLE



This Week @ AUUF

Monday 8/2/21

Tuesday 8/3/21 4:30 pm Forum Planning Meeting

Wednesday 8/4/21
7-9 pm OWL 201 Parent Meeting
7-8:30 pm Building & Grounds Meeting

Saturday 8/7/21

Sunday 8/8/21

9 am Virtual Forum on Zoom

10:30 am Live Worship at AUUF & on Zoom

Thursday 8/5/21

Friday 8/6/21 Freethinkers 12 pm At AUUF & on Zoom 10:30 am RE Chalice Circle

12:30- 2 pm The Alliance

2:30-4 pm Worship Associate Meeting

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Freethinkers

12 pm Friday, August 6
AUUF Social Room and Zoom

Wear Masks, Think About Ethics by Marie Lundstrom

All these changes just don't quit! Because Covid cases have spiked, we decided Friday to wear masks when meeting in person from now on until we choose not to. We will keep the option of attendance via Zoom, as some prefer that to maskwearing. This pandemic ain't over 'til it's over. When will that ever be? To join via Zoom, go to the AUUF website, click on the Calendar for the Freethinkers link.

In Caste: The Origins of Our Discontents, Isabel Wilkerson made us aware that caste is not the same as racism; the hierarchy we live in is deeply entrenched in our customs, laws, beliefs, and habits; and we have to decide what we can do to break rigid caste boundaries to free up talent, capability, and growth to make our society richer, fairer, and more honest. A tall order.

Though we are leaving Wilkerson and *Caste*, we aren't going far away as we head into ethical issues with Juan Enriquez's *Right/Wrong: How Technology Transforms Our Ethics* for next Friday, August 6. Read the Intro and Part 1, about 55 pages in hard copy. That's an easy beginning. When more people have books, we may go faster. Ethical decisions turn up every day, just as caste expectations are all around us. We can't get far from our moral heart, can we?



Click here for past Forum podcasts

Chalice Lighter Grants Assist AUUF's Building

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Read the current call letter here.



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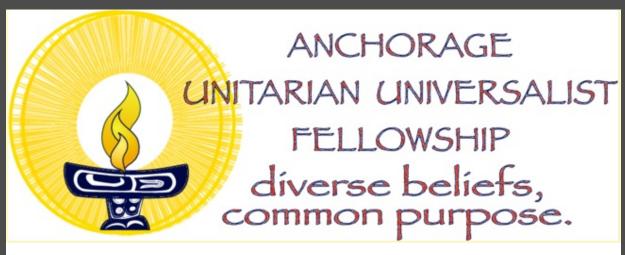




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Today At Your Fellowship Friday August 6, 2021

This Sunday @ AUUF

Sunday 8/8/21

9 am Virtual Forum on Zoom

10:30 am Live Worship at AUUF & on Zoom

10:30 am RE Chalice Circle

12:30-2 pm The Alliance

2:30-4 pm Worship Associate Meeting

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Why I Changed My Mind About the Death Penalty Death Penalty Abolitionist Abe Bonowitz

Virtual Forum

9 am Sunday, August 8

Click here to join on Zoom.
Click here for Speaker's bio.





Meditations on AFACT (Anchorage Faith and Action Congregations Together) Worship leaders: Michele Champion and Cady Lynn O'Brien

Sunday Worship Live at AUUF & on Zoom

10:30 am Sunday, August 8

With AFACT Community Organizer Megan Davey

Click here to join on Zoom Click here for Speaker's bio.



Religious Exploration Chalice Circle

10:30-11:30 am Sunday August 8

Another fun opportunity to visit Susan and Koala's farm! Families are welcome to meet Susan Moeller at their farm - This is a family visit, not a drop-off. Parents are responsible for their kids. 1820 Logan St, (3 blocks from AUUF) at 10:30 - 11:30 on Sunday for a tour! Contact Rosene for more info.

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Rev. Lise got to go to Romania this summer and while there was able to visit a few historical Unitarian sites. She'll share some of our Unitarian heritage, a few photos, and reflect on the importance of remembering and realizing our past.

AUUF is OPEN but CAUTION is advised

Wear a Mask - Save a Child

Click here for more info regarding AUUF & COVID.

High Speed Dishwasher Training

11:30 am Sunday, August 8

Our new high-speed commercial dishwasher is now installed and ready to use! Come to a training on how to use it this Sunday at 11:30. If you can't make it, contact Peggy at probinson@ak.net, and I'll schedule an additional time.

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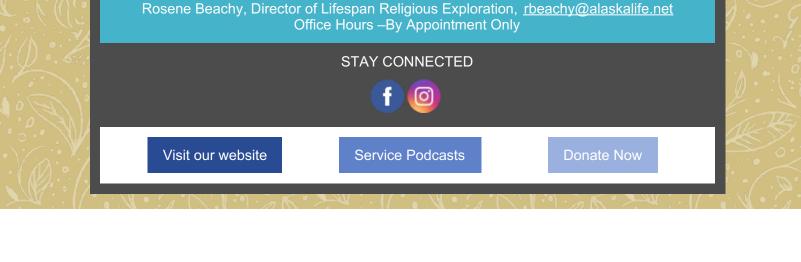
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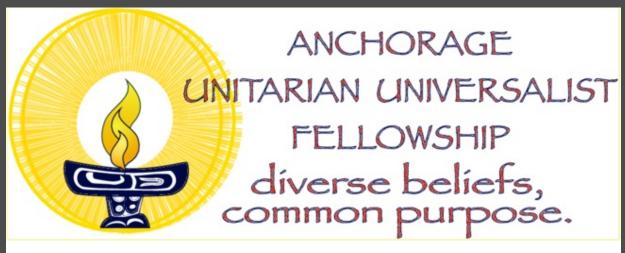
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Today At Your Fellowship

Monday

August 9, 2021

Love is the threshold of another universe.

Pierre Teilhard de Chardin

This Week @ AUUF

Monday 8/9/21

Tuesday 8/10/21 2-3:30 pm Hungry Book Club 6-8 pm CYRE Meeting

Wednesday 8/11/21 6-8 pm Safer Congregation Team

Thursday 8/12/21 6:30 Board Executive Meeting on Zoom

Friday 8/13/21
12 pm Freethinkers Live at AUUF

Saturday 8/14/21

Sunday 8/15/21

9 am Virtual Forum on Zoom

What to Expect from the Special Session of the Alaska Legislature Minority Leader of the Alaska Senate Senator Tom Begich

10:30 am Virtual Worship UUFF

Songs of Peace & Justice with Emma's Revolution

Lay Leader: Susan Grace

and on Zoom

10:30 am RE Chalice Circle

Zoom links for public meetings are always available on the calendar on the AUUF homepage.

Freethinkers

12 pm Friday, August 13 AUUF Social Room and Zoom

Back to Masks, But Seeing People In Person Is Still Better by Marie Lundstrom

I can't say I love the mask-wearing bit—I read some lips, but I depend a lot on facial expressions, which often tell as much as words, and masks make a mumble even worse. However, an in-person discussion is better than Zoom, except that I do miss some things. Much good talk Friday—is there a fundamental ethos among humans? Compassion, maybe? And certainly, the Law of Unintended Consequences is a shaker-upper when it comes to redesigning humans. Read Parts 2 and 3 of Right/Wrong this week. Join us in person, masked, or on Zoom. Go to the AUUF website, click on the Calendar for the Freethinkers link.

As we talked about Right/Wrong: How Technology Transforms Our Ethics, some recommendations for reading and viewing came up: Altered Inheritance: CRISPR and the Ethics of Human Genome Editing digs deeper into the issues in Right/Wrong and Klara and The Code Breaker. An older book, from 2011, American Nations: A History of the 11 Rival Regional Cultures of North America, makes some things clear about how we differ culturally in this country and continent. "The Next 30 Digital Years" is a YouTube interview by Stewart Brand of Kevin Kelly, author of What Technology Wants, that Freethinkers read some years ago.

A Message from Rev. Lise

Happy August Everyone!

I hope you all have been finding time to relax and recuperate during these summer months. Actually, I hope you find time to rest and recuperate periodically throughout the entire year, not just during the summer months! It's funny isn't it, how we're still on that mindset where summer is the time we take off, and it is for many of us, but the different times of the year often seem to blend into each other anymore. Especially while we were in the midst of the pandemic . . . oh, did I use the past tense there? Wishful thinking, eh?

How are you all doing with the reality of the Delta surge, needing to wear masks indoors again, realizing that this summer won't be quite as we hoped? It's hard, isn't it? Disappointments are difficult, it's part of their definition after all, but I'm still feeling hopeful. Every day more folks are getting vaccinated. Those of us who are vaccinated are less likely to get desperately ill if we do get a breakthrough infection, and we can help protect the rest of our community by wearing masks around children and when inside public places. I guess it comes down to recognizing our frustrations, taking a deep breath, and then getting on with things as best we can. This seems like the most constructive thing we can do, doesn't it? So let's continue to take care of ourselves: get outside, talk with friends and family members, enjoy or start new hobbies, play music and dance, write, sing in the shower, practice gratitude. These are all things we can do to help us cope with the current state of our world, and really shouldn't we be taking care of ourselves in this manner anyway?

And now, a few announcements before I sign off:

- 1. If you want to send me a photograph of something that's important to you for the worship service on August 22, please send it via email by Thursday, August 19.
- 2. Instead of taking the first two weeks off in August for reading and prep time, I'm going to take off Fridays and Saturdays from the first weekend in August (Aug. 6-7) through Labor Day weekend. I just wanted to be around you all a little more during this challenging time so thought I'd spread my reading/prep time out a bit.
- 3. Please remember to wear a mask when you come to the fellowship so we can help protect everyone in our community.
- 4. My office hours for the rest of the summer will be Tuesdays and Thursdays from 11 am till 3 pm (usually). Give me a call or email me to make an appointment to talk or walk or something else that's engaging and fun/meaningful. I'm still looking forward to getting to know you all better!

Hang in there, friends. Have courage and be of good cheer. We've got this! And if we don't, someone else does and they can help us get there. That's the beauty of our community.

Blessings, Rev. Lise

The Forum in August

It's full-on summer, but you can still attend the Forum from (almost) wherever you are because we are still on Zoom, with a great line-up of speakers for the month of August.

On Sunday, **August 15**, State **Senator Tom Begich**, the Minority Leader of the Alaska Senate, will give us a preview of what to expect from the Special Session of the Alaska Legislature set to begin that week. It's hard to understate the importance of the Legislature's issues in this session.

On **August 22**, we will have a return visit from one of the more popular Forum speakers in recent memory—Alaska's **Chief Medical Officer Dr. Anne Zink**. This time she will be talking with us about the "other" epidemic in Alaska, in a presentation called "Fighting the Opioid Crisis While Seeing the Person Behind the Addiction." But if the Covid epidemic is not over by then, she will also take some questions about that as time permits.

If you had to miss either of our speakers for the first two weeks of August, you can catch them on the podcasts Ken Winterberger posts (thanks, Ken). On August 1, we heard from Anchorage attorney Jim Gottstein, founder of Law Project for Psychiatric Rights, talking about "Guardianship Abuses—from Bill Bigley to Britney Spears." And on August 8 the speaker was Abraham Bonowitz, one of the leading organizers in the death penalty abolition movement in the US. Abe is coming to Alaska for the Alaskans Against the Death Penalty's August 19 "Fry Fish Not People" event. His talk to the Forum was called "Why I Changed My Mind About the Death Penalty." Both of these presentations led to some interesting Q&A discussions.

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Joy & Sorrows

From Sunday Worship August 8

From Diane Smith:

I feel such joy & relief that my co-mom, Carol Smith, is currently cancer-free, and she looks literally "lighter" as her healing continues in L.A. I was honored to be there with her for the last couple of weeks & my wonderful daughter, Yana.

From Lucinda Kinard:

Jobe told us of a great easy berry picking spot! and we made our goal before the rains started:)

From Ingrid Larson:

I've just returned from the National Police & Fire Chaplains Academy, which was intense and a great joy, particularly to represent the UU beliefs in what was mostly a Christian evangelical group of 30+ chaplains, making many friends.

From Joyce Laine:

I am grateful for AFACT. I feel sad that the enormous needs AFACT addresses exist.

From Denise Martin:

I'm so grateful for our worship team, and all who have helped create such an inspiring and uplifting service today.

Vacation time for communications

Hello AUUF,

Kelly Spring here, I have a backlog of vacation hours I promised I'd make an effort to use this summer. So I will be away from the PC starting Tuesday, August 10, and will return to work Wednesday, August 18th. This will be the last TAYF published until Friday August 20th.

As always you can find Zoom links to all public meetings on the AUUF website/ calendar. If you have any communications-related needs during my vacation time please contact Rev. Lise.

Thank you

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

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This Sunday @ AUUF

Sunday 9/5/21 9 am Virtual Forum on Zoom

10:30 am- NEW Sunday Worship Live at AUUF and on Zoom

No RE Chalice Circle

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.





Why Aren't Jobs Unionized Anymore? The PRO Act and the Gig Economy AFL-CIO President Joelle Hall

Virtual Forum

9 am Sunday, September 5

AFL-CIO President Joelle Hall Why Aren't Jobs Unionized Anymore? The PRO Act and the Gig Economy

Click here to join on Zoom.

September The Forum - Coming Attractions

Here's what we can look forward to at the Forum in September. For the time being, the Forum will continue to be on Zoom so the good news is you can catch it from wherever you are (give or take a mountain or remote cabin or two).

On Labor Day weekend, Sunday, September 5, our speaker will be AFL-CIO president Joelle Hall. She'll help us understand a hotly debated pending piece of federal legislation in a presentation called, "Why Aren't Jobs Unionized Anymore? The PRO Act and the Gig Economy."

The following week, on Sunday, September 12, in the wake of the US pullout from Afghanistan, we'll hear from USAF Major Felisa Wilson, M.D., a retired military physician now living in Anchorage on JBER. Major Wilson will share her Afghanistan story and tell us about her ongoing efforts to help save the interpreter she worked with during her deployment there and his family.

On Sunday, September 19, our speaker will be Amy Tribbett, Executive Director of Hospice of Anchorage.

And on the last Sunday of the month, September 26, we'll hear a presentation from AUUF's Healthy Congregations Team called "Covenants 'R Us— Walking Through Conflicts Together." Kelley Hartlieb, Robin Hill, Ann Larabee, Loren Hildebrandt, and Amanda Mack have worked on proposed language for an AUUF "covenant of right relations," and members of the team will engage us in a discussion about how that might be implemented to help resolve disputes or controversies that inevitably arise from time to time within our Fellowship.





Working and Wondering —Embracing Possibility in 2021 With Ken Winterberger & Marty Freeman

Sunday Worship at AUUF and on ZOOM

10:30 am Sunday, September 5

Click here to join on Zoom.

Minister's Message

Hi Folks!

Perhaps you've heard through the grapevine that AUUF is going to be a teaching congregation this year? No? Well, last fall the Board gave approval for us to welcome

Rebecca Bernard as a ministerial intern! Many of you know her already because she is a member here, has participated in worship services, and has been helping to lead the antiracism group at AUUF. We're lucky to have her and we'll be sharing her ministerial intern services with the Fairbanks congregation for the next 18 months, although she's starting with us.

So what can we as a teaching congregation do to help her? Welcome and encourage her, give her helpful constructive criticism when needed, recognize her changing status as she switches her hat from "member" to "ministerial intern." This last one is especially important since she's getting experience in her home congregation and we're used to seeing her as one of us—which she still is, and it's different, too. Was that as clear as mud? It's all part of learning about ministry for both the student and the congregation. We're also gathering a group to serve as her Internship Committee--they'll be helping us along in this journey as well.

Please feel free to contact me if you have any questions, and in the meantime, let's Welcome, Becca!

Blessings, Rev. Lise



Introducing AUUF New Ministerial Intern

Greetings AUUF!

I'm Rebecca Bernard (Becca for short), the brand new Ministerial Intern at the Anchorage and Fairbanks fellowships. Many of you know me already as I've been

involved with the Fellowship since about 2016. I'm excited and grateful to be stepping into this new role as a minister in training. Since we don't always have time to share our stories as we interact on committees, teams, and in worship services, I'll share a little bit of mine with you here.

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at The Anchorage Museum

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We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org GIna's AUUF office hours Mon-Thurs, 9 am - 1 pm

Kelly Spring, Communications Specialist, <u>communications@anchorageuuf.org</u>
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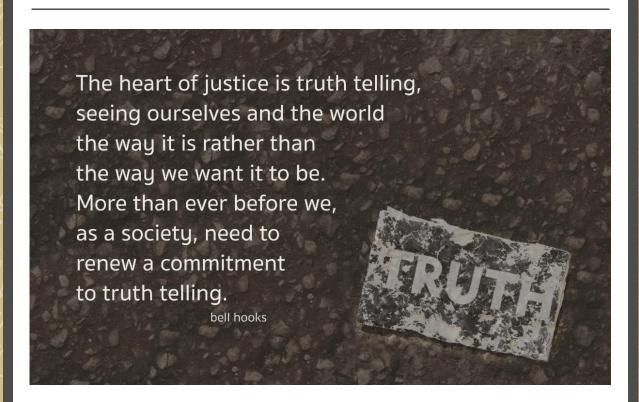
Service Podcasts

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Today At Your Fellowship

Tuesday September 7, 2021



This Week @ AUUF

Tuesday 9/7/21

4:30 pm Forum Planning on Zoom

Wednesday 9/8/21

6 pm Safer Congregation Team

Thursday 9/9/21

5:30 pm Board Agenda Setting Meeting 6 pm CYRE Team Meeting on Zoom

Friday 9/10/21

12 pm Freethinkers on Zoom All Day COA Retreat offsite

Sunday 9/12/21 9 am Virtual Forum on Zoom

My Afghanistan Story Major Felisa Wilson, M.D. (USAF, Retired)

11:00 am-NEW TIME Sunday Worship Live at AUUF and on Zoom

Water Communion and Ingathering Rev. Lise Adams Sherry, Rosene Beachy, DLRE and Rebecca Bernard, Ministerial Intern Saturday 9/11/21 All Day COA Retreat offsite

11 am RE Chalice Circle

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Freethinkers

12 pm Friday, September 10 On Zoom

Staying Grounded During Exponential Change by Cari Sayre

First, a huge thank you to Marie Lundstrom for two years of keeping us on track with what we're reading when not to mention her eloquent commentaries on our Friday discussions! Topics last Friday ranged from housing (Buckminster Fuller's geodesic domes to 3-D printing of homes) to flying cars and Future Shock, to how a human's medial prefrontal cortex shuts down when one tries to envision one's future. My own coping mechanism is to acknowledge future possibilities while remaining rooted in the lovely (non-virtual) reality of the natural world. Diving deeper into technology and how it may impact our lives, we'll continue reading The Future Is Faster Than You Think, by Peter Diamandis and Steven Kotler, chapters 4, 5, and 6 for Friday, Sept. 10, on Zoom — go to the AUUF website, click on the Calendar for the link.

September Worship

The theme for worship this month is "Embracing Possibility." Is this topic ironic considering the COVID whiplash we've all been through this summer, or is it hopeful? Most likely (if we're embracing possibility) it's both and maybe even more. I've decided to accept it as an invitation, one that I extend to all of you as well. I hope to see you on Sundays, both virtually, and in person if you feel comfortable coming to AUUF. And remember, *our worship service returns to its regular 11 am slot, beginning September 12.* Below are the topics we'll be considering within this theme.

Blessings, Rev. Lise

September 12, 2021

Water Communion and Ingathering

Rev. Lise Adams Sherry, Rosene Beachy, DLRE and Rebecca Bernard, Ministerial Intern

Join us as we welcome one another back and share our spiritual water journeys from the summer. As we explore the theme of how water nurtures us, we'll also consider how we can protect this important life source. If you can, bring water to mix in the communion bowl with others as we demonstrate, metaphorically, how all of our lives connect and blend, one into the other.

Sept. 19, 2021

Covenant—the Foundation of our Faith

Rev. Lise Adams Sherry, Michele Champion, Worship Associate

What is a covenant and why is it important to our faith? Why don't we have a creed? Which is more challenging to live by? How can we help one another to live into the promises we make together? What can we do when promises are unfulfilled and how can we rebuild trust that has been broken? How can this possibility for renewal strengthen our community? These are just some of the questions we'll discuss as we consider the possibilities of covenant.

Sept. 26, 2021
Welcome to our Ministerial Intern!

Rebecca Bernard, Ministerial Intern; Joyce Laine and Koala Vandruff, Worship Associates

Rebecca Bernard will be with us part-time for the next 9-ish months. This Sunday she'll share some of her life's story as well as her vision of why ministry, and her call, is important to her, and by association us. What possibilities will her ministry bring to AUUF and Unitarian Universalism?

--

September The Forum - Coming Attractions

Here's what we can look forward to at the Forum in September. For the time being, the Forum will continue to be on Zoom so the good news is you can catch it from wherever you are (give or take a mountain or remote cabin or two).

On Sunday, September 12, in the wake of the US pullout from Afghanistan, we'll hear from USAF Major Felisa Wilson, M.D., a retired military physician now living in Anchorage on JBER. Major Wilson will share her Afghanistan story and tell us about her ongoing efforts to help save the interpreter she worked with during her deployment there and his family.

On Sunday, September 19, our speaker will be Amy Tribbett, Executive Director of Hospice of Anchorage.

And on the last Sunday of the month, September 26, we'll hear a presentation from AUUF's Healthy Congregations Team called "Covenants 'R Us— Walking Through Conflicts Together." Kelley Hartlieb, Robin Hill, Ann Larabee, Loren Hildebrandt, and Amanda Mack have worked on proposed language for an AUUF "covenant of right relations," and members of the team will engage us in a discussion about how that might be implemented to help resolve disputes or controversies that inevitably arise from time to time within our Fellowship.

Looking for folks to host Zoom services

Do you enjoy being able to participate in the forum and worship services from home on Zoom? Many of us have benefitted from the availability of online services. And we need your help to keep it going.

What do you need?

- a computer
- an internet connection
- a willingness to learn
- Zoom
- commitment to host one meeting each month

I will happily train you to host Zoom meetings and help presenters with screen sharing.

Please let me know if you are interested in learning more. AUUF needs at least 8 more volunteers* to step up and help with Zoom hosting.

Sincerely, Alix

*If you are already a member of the board of directors, please do not apply. Your time, talent and treasure is already hard at work.

Joy & Sorrows

From Sunday Worship Sept. 5

From George & Michele: Concern for Marie Rozak, and for Ron.



From Carol Clausson: May the working poor find support to find their way out of poverty with a living wage.

From Julie I Becker: Concern for everyone feeling the effects of weather events, wildfires, and feelings of loss of home and safety.

From Lucinda Kinard: We hope that as Marie Rozak fades into eternity, we can all give Ron support in his loss

From Joyce Laine: Joyce hopes her carpa tunnel surgery

last Monday is successful.

From Amerika (RCSE) Rakiraki, Fiji to Everyone: Deeply concerned about the new laws that took effect on September 1 in my home state of Texas. One of them effectively disenfranchises me for not maintaining a residence in Texas while living here in Fiji.

From Carol Clausson to Everyone: May Unions again flourish and help everyone obtain a good wage, Heath care, and safe working conditions

From John McKay to Everyone:

Remember John Havelock and all he contributed to the state as well as AUUF.

From Joyce Laine to Everyone: May the terrible new restrictions on women's autonomy not spread.

Minister's Message

Hi Folks!

Perhaps you've heard through the grapevine that AUUF is going to be a teaching congregation this year? No? Well, last fall the Board gave approval for us to welcome Rebecca Bernard as a ministerial intern! Many of you know her already because she is a member here, has participated in worship services, and has been helping to lead the antiracism group at AUUF. We're lucky to have her and we'll be sharing her ministerial intern services with the Fairbanks congregation for the next 18 months, although she's starting with us

So what can we as a teaching congregation do to help her? Welcome and encourage her, give her helpful constructive criticism when needed, recognize her changing status as she switches her hat from "member" to "ministerial intern." This last one is especially important since she's getting experience in her home congregation and we're used to seeing her as one of us—which she still is, and it's different, too. Was that as clear as mud? It's all part of learning about ministry for both the student and the congregation. We're also gathering a group to serve as her Internship Committee--they'll be helping us along in this journey as well.

Please feel free to contact me if you have any questions, and in the meantime, let's Welcome, Becca!

Blessings, Rev. Lise

Introducing AUUF New Ministerial Intern

Greetings AUUF!

I'm Rebecca Bernard (Becca for short), the brand new Ministerial Intern at the Anchorage and Fairbanks fellowships. Many of you know me already as I've been

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Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revenue revlise@anchorageuuf.org

Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org Glna's AUUF office hours Mon-Thurs, 9 am - 1 pm

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship Friday September 10, 2021

This Week @ AUUF

Sunday 9/12/21 9 am Virtual Forum on Zoom

11:00 am Sunday Worship Live at AUUF and on Zoom

11 am RE Chalice Circle 12:30 pm Jr High Owl Class

12:30 pm The Alliance

2:30 pm Worship Associate Meeting

September Half Portion goes to <u>Alaska</u> <u>Literacy Program donate here.</u>

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.



Virtual Forum

9 am Sunday, September 12

Click here to join on Zoom.
Click here for Speaker's bio & upcoming topics.



Water Communion and Ingathering Rev. Lise Adams Sherry, Rosene Beachy, DLRE and Rebecca Bernard, Ministerial Intern

Sunday Worship Live at AUUF & on Zoom

Ingathering and Water Communion Service 11 am Sunday, September 12

We hope to see you this Sunday online or in person. To accommodate more folks gathering we're doing things a little differently.

11 am: Worship starts in Sanctuary (and online) and Children's RE starts outside

11:35 am: Pause in worship so we all can gather together outside (masked)

11:45 am: Multigenerational worship begins outside (rain or shine). All ages will hear a story and add water from their spiritual journeys this past year in our Communion Bowl.

12:10 ish pm: Hang out outside and visit with friends for a while (masked, please)

Water, spiritual journey? Just bring any water that represents something that has nurtured you this summer--gardening, kayaking, rain water, bath water, squirt gun water. Water is a part of us all, and our world, so UUs take this time to blend our different inspiring waters together as a symbol of regathering after time apart. We hope to present the outside part of our service via zoom as well and understand if folks aren't comfortable gathering outside. Parking in your car at the fellowship is a welcome way to participate, too.

Click here to join on Zoom.
Click here for Speaker's bio & upcoming topics.

Religious Exploration

FALL ADULT RELIGIOUS EXPLORATION OPPORTUNITIES

Anti-Racism Book Reading

Join us as we read and discuss *Mistakes and Miracles*, a book about creating an intentional diverse community, by UU authors Karin Lin and Rev. Nancy Palmer Jones. We'll meet with Rev. Lise and the Anti-Racism Team throughout the year on the

first Tuesday of every month from 6:30-8 pm, covering about one chapter per month. First Meeting: Tuesday, Oct. 5, 6:30 pm. Read through chapter 1 for our first meeting.

Questions? Please contact Rev. Lise: revlise@anchorageuuf.org or 907.348.3737

Here's a little more about the book which is available at the UUA bookstore, Amazon and some local shops:

"Authors share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey of creating multicultural, antiracist Beloved Community" -- Google Books

Adult Chalice Circles / Small groups

Small groups connect UU's on a deeper level. Groups of 12 or less, meet once a week for 8-10 weeks to reflect and discuss the monthly Soul Matters theme as well as significant life topics. The time together is structured and may include chalice lighting, focused readings, and a moment of centering silence before participants share their perspectives, tell their stories and listen deeply. Days, times, and locations vary, depending on group preferences. So far this fall, we only have one group that will be meeting on either Monday or Thursday and in-person or via ZOOM depending on group preference. Please fill out the registration form to facilitate forming groups if yow old like to either participate or lead a small group.

Walk and Talk with Reverend Lise

Join Rev. Lise for a walk and a talk. She'll be dressed in her walking shoes and appropriate outdoor gear, rain, snow, or shine, and ready to leave from the AUUF parking lot on:

Third Tuesdays at 2 pm (Sept. 21, Oct. 19, Nov. 16, Dec. 21, etc.) First Fridays at 5 pm (Oct. 1, Nov. 5, Dec. 3, etc.)

(Notice the alliteration?) Yes, she knows it will be dark soon at 5 pm, but evening walks are nice, right? Strollers and dogs are welcome and we'll adjust the pace for whomever is walking. So come share in fellowship and get a breath of fresh air!

RE Children's Chalice Circle at 11:00 am, Sunday's in September, live at the Fellowship. Focusing this month on reminding us about our UU principles! Sing songs, play a game, hear a story! Dress for the weather, we will be outside!

- Sept. 12 Make a chalice. Celebrate Principle 7 & our water connections with the Gathering of the waters.
- Sept 19 a Yom Kippur story on forgiveness, and Principles 2 & 3.
- Sept 26 Principles 1 & 6 Dreamers

Click here to for the Chalice Circle interest form.

FALL FROLIC - September 18, 1-5 pm

Our annual Fall Frolic weekend, this year at AUUF will take place on Saturday, September 18 at the Fellowship.

Fun for everyone; kids, youth, and adults.

Choose from 3 Craft activities: including making a moon lantern to float on Goose Lake at 8 pm.

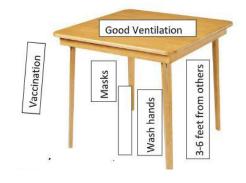
We have lots of dye left over from Peace Camp - bring shirts, socks, etc. that you want to tie dye!

Rock painting - create a beautiful garden or community rock message!

COME TO GOOSE LAKE at 8 pm to light and float the Moon Lanterns!

Staying COVID Safe at AUUF

We can consider the legs that hold up a table as each of the protective actions we can take to be safe while COVID is raging around us: being vaccinated, wearing well-fitted masks, maintaining 3-6 feet from others if they are unvaccinated or their status is unknown and washing your hands regularly. Good ventilation is the tablecloth.

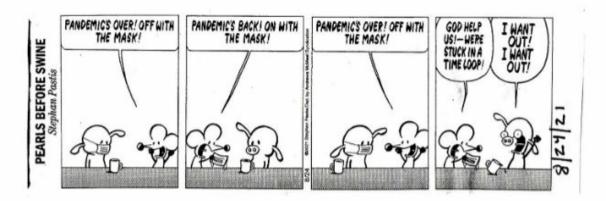


At AUUF, we are striving for an environment of inclusion and consent as we follow the science of COVID. We are being flexible in our approaches to keep everyone safe, recognizing each person has different physical and emotional needs.

As we plan our programs and gatherings for this fall, we are using the above "table". We have masks available if you forgot one, plenty of hand soap and sanitizer, and enough chairs and space for spreading out in rooms or meeting outside. We encourage smaller groups to use larger rooms to allow more spacing and air circulation. We have fans and open windows for the larger rooms and air purifiers for two rooms downstairs. Of course, we hope you are all vaccinated if you can be. We are continuing to offer the Forum and the 11 am service on Zoom, with only the 11 am service also held in person at this time. The smaller groups can decide for themselves how they want to meet.

We are all frustrated and concerned with this recent surge of COVID and the Delta Variant. As a congregation, we can support each other as we cope with these increased cautions we need to take. Humans need social interactions, and we are trying to provide them in a safe manner, balancing the two. Hang in there!

In fellowship ~
Peggy Robinson, Board President
Lise Adams Sherry, Minister



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setting or one-on-one teaching reading, writing, and speaking English to adults. With seven classrooms and one computer lab, ALP provides year-round programs for adults and families with young children, concentrating on those most in need. During the pandemic, we adapted our classes to be offered online and implemented a technology lending library, which will remain permanent parts of our programming. Along with English skills, ALP also provides instruction for citizenship, workforce training, and transitioning to postsecondary education. Workforce training gives adults the skills to enter and be proficient in financially independent careers.

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Go to anchorageuuf.org
Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
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Anti-Racism Team Corner

AUUF Monthly Book Club: Mistakes and Miracles by Nancy Palmer and Karin Lin. The group will meet monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00). We will discuss one chapter each session. Our first meeting is on Oct. 5th from 6:30 - 8 PM, when we plan to discuss Chapter 1. The book is available through the UU Bookstore, e-version or softcover.

More details will follow re: zoom invitation.

This is how the book is described on the In Spirit UU Book and Gift Shop webpage:

"What calls Unitarian Universalists to create multicultural, antiracist Beloved Community? What do congregations need when they embark on this journey? What common threads run through their stories? Nancy Palmer Jones and Karin Lin—a white minister and a layperson of color—share how five diverse congregations encounter frustrations and disappointments, as well as

hope and wonder, once they commit to the journey. Mistakes abound. Miracles of transformation and joy emerge too. Extensively researched and thoughtfully written—with reflection questions at the end of each chapter—Mistakes and Miracles: Congregations on the Road to Multiculturalism will guide readers to apply these stories to their own communities, develop next steps, and renew their commitment to this hard but meaningful work."

BELOVED CONVERSATIONS: is a virtual learning program offered by Meadville Lombard Theological School for UUs who are seeking to embody racial justice as a spiritual practice. Several members of the AUUF anti-racism team are planning to take this course and we invite all who are interested to also enroll.

The first phase, called "Within," focuses on the internal work that each of us needs to do as we engage in deeper personal understanding, explorations of race and racism, extracting our souls and spirits from white supremacy culture, and work for racial justice

Deadline for registration: Sept. 15, 2021 Tuition:\$250 - \$350 (see webpage for details) Timeframe: begins Sept 21, goes through Dec. 2021

Once you register and pay, a Welcome & Orientation Lesson will be available on the learning platform.

September 21: The first Lesson drops onto the learning platform for individual study and reflection at your own pace (followed approximately every two weeks by Lessons 2-6). Ongoing: Small group Learning Pod gatherings, approximately every two weeks, as scheduled by your Pod

Meaning Making Sessions: Participants will choose ONE date/time to attend for each Session (1-3). If you cannot attend a Session live, they will be partially recorded and posted to the learning platform for later viewing.

See the website for details and registration.

If you have other questions, contact Michele Champion at akmichelechamp@yahoo.com. Rev Lise participated in this program last year and can answer questions about her experience.

Click here to read more ... Events Around Town

Looking for folks to host Zoom services

Do you enjoy being able to participate in the forum and worship services from home on Zoom? Many of us have benefitted from the availability of online services. And we need your help to keep it going.

What do you need?

- a computer
- an internet connection
- a willingness to learn
- Zoom
- commitment to host one meeting each month

I will happily train you to host Zoom meetings and help presenters with screen sharing. Please let me know if you are interested in learning more. AUUF needs at least 8 more volunteers* to step up and help with Zoom hosting. Sincerely,

Alix

Our AUUF Covenant

Together . . .

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Today At Your Fellowship Monday September 13, 2021

This Week @ AUUF

Monday 9/13/21 Tuesday 9/14/21 2 pm Hungry Book Club

Wednesday 9/15/21 6:30 Board of Directors Meeting

Thursday 9/16/21 Friday 9/17/21 12 pm Freethinkers on Zoom

Saturday 9/18/21 5-8 pm Fall Frolic at AUUF

Sunday 9/19/21 9 am Virtual Forum on Zoom The Dynamic Landscape of Hospice Care in Anchorage Hospice of Anchorage Executive Director Amy Tribbett

11:00 am Sunday Worship Live at AUUF and on Zoom

Covenant—the Foundation of our Faith Rev. Lise Adams Sherry, Michele Champion, Worship Associate 9-10 am Childcare Orientation

11 am RE Chalice Circle 12:30 pm Jr High Owl Class

12:30 Elementary Owl

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Zoom links for public meetings are always available on the calendar on the AUUF homepage.

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.

Religious Exploration Announcement

Childcare Orientation

Are you a 14 or older teen who loves to babysit or wants to get some experience? Are you interested in helping out at the Fellowship and earning money or community service hours?

We need babysitters for various events at the Fellowship, but mostly for Sunday 9 am services, and you could become part of that! Come to a Childcare Orientation on Sunday morning, September 19 at 9:00 – 10:30 am in room 7.

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Religious Exploration

FALL ADULT RELIGIOUS EXPLORATION OPPORTUNITIES

Anti-Racism Book Reading

Join us as we read and discuss *Mistakes and Miracles*, a book about creating an intentional diverse community, by UU authors Karin Lin and Rev. Nancy Palmer Jones. We'll meet with Rev. Lise and the Anti-Racism Team throughout the year on the first Tuesday of every month from 6:30-8 pm, covering about one chapter per month. First Meeting: Tuesday, Oct. 5, 6:30 pm. Read through chapter 1 for our first meeting.

Questions? Please contact Rev. Lise: revlise@anchorageuuf.org or 907.348.3737

Here's a little more about the book which is available at the UUA bookstore, Amazon and some local shops:

"Authors share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey of creating multicultural, antiracist Beloved Community" -- Google Books

Adult Chalice Circles / Small groups

Small groups connect UU's on a deeper level. Groups of 12 or less, meet once a week for 8-10 weeks to reflect and discuss the monthly Soul Matters theme as well as significant life topics. The time together is structured and may include chalice lighting, focused readings, and a moment of centering silence before participants share their perspectives, tell their stories and listen deeply. Days, times, and locations vary, depending on group preferences. So far this fall, we only have one group that will be meeting on either Monday or Thursday and in-person or via ZOOM depending on group preference. Please fill out the registration form to facilitate forming groups if yow old like to either participate or lead a small group.

Walk and Talk with Reverend Lise

Join Rev. Lise for a walk and a talk. She'll be dressed in her walking shoes and appropriate outdoor gear, rain, snow, or shine, and ready to leave from the AUUF parking lot on:

Third Tuesdays at 2 pm (Sept. 21, Oct. 19, Nov. 16, Dec. 21, etc.) First Fridays at 5 pm (Oct. 1, Nov. 5, Dec. 3, etc.)

(Notice the alliteration?) Yes, she knows it will be dark soon at 5 pm, but evening walks are nice, right? Strollers and dogs are welcome and we'll adjust the pace for whomever is walking. So come share in fellowship and get a breath of fresh air!

RE Children's Chalice Circle at 11:00 am, Sunday's in September, live at the Fellowship. Focusing this month on reminding us about our UU principles! Sing songs, play a game, hear a story! Dress for the weather, we will be outside!

- Sept 19 a Yom Kippur story on forgiveness, and Principles 2 & 3.
- Sept 26 Principles 1 & 6 Dreamers

Click here to for the Chalice Circle interest form.

FALL FROLIC - September 18, 1-5 pm

Our annual Fall Frolic weekend, this year at AUUF will take place on Saturday, September 18 at the Fellowship.
Fun for everyone; kids, youth, and adults.

Choose from 3 Craft activities: including making a moon lantern to float on

Goose Lake at 8 pm.

We have lots of dye left over from Peace Camp - bring shirts, socks, etc. that you want to tie dye!

Rock painting - create a beautiful garden or community rock message!

COME TO GOOSE LAKE at 8 pm to light and float the Moon Lanterns!

Freethinkers

12 pm, September 17 On Zoom

What About the Role of Human Workers? by Cari Sayre

Discussion last Friday revolved around current rapid changes in business models and how they affect workers as well as consumers. When will a college degree be too expensive to make it worthwhile — or has that happened already? How many (more) jobs will be lost to robots, and how many tech jobs have been created in the process? What's being done to provide energy/power to run all those machines and technology? (Recommended watching: PBS special series The Future of Work.) As more and more jobs can be done by robots/Al/technology, what kinds of work will humans have? Will those who can afford experiences like eating out or going on guided trips prefer humans in the service-oriented jobs? Will browsing in a hardware store even be possible in the future? In any case, the advice to the younger generation is to invest now in the new ideas! For next Friday, Sept 17, read chapters 7, 8 and 9 of The Future is Faster Than You Think, by Diamandis and Kotler. See you at noon on Zoom — go the the AUUF website, click on Calendar for the link.

Joy & Sorrows

From AUUF Sunday Worship 9/12/21

From George - Anchorage to Everyone:

Sorrow for Marie Rozak, for the fires in the West. Joys for yesterday's bike ride & movement on carbon pricing in the US Senate

11:39:13 From Silverhjellen to Everyone:

My joys this week are holding my 10-day old new great-granddaughter and celebrating my 81st birthday with my family. My sorrow is thinking of the Afghans who were there helping our service people, translators, medical personnel who are still in great danger stuck in their country—why didn't we get them safely out and when will we do that. During the meditation, my joy was to think of the beautiful places water has been in my life-oceans, rivers, lakes...

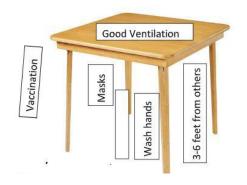
11:49:25 From Dave & Cari to Everyone: Dave is thankful for low fire danger here.

11:50:23 From Irene & David O'Brien to Everyone: We are thankful for the adventurous water that we see on our camping trips around Alaska.

11:51:55 From Diane Smith to Everyone: I'm thankful for the water I'm drinking during this service. And ... hasn't Anchorage been voted the city of the "best water" in the U.S? George, I bet you know about that ... the accuracy, and such.

Staying COVID Safe at AUUF

We can consider the legs that hold up a table as each of the protective actions we can take to be safe while COVID is raging around us: being vaccinated, wearing well-fitted masks, maintaining 3-6 feet from others if they are unvaccinated or their status is unknown and washing your hands regularly. Good ventilation is the tablecloth.



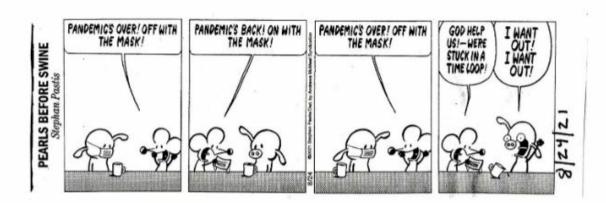
At AUUF, we are striving for an environment of inclusion and consent as we follow the science of COVID. We are being flexible in our approaches to keep everyone safe,

recognizing each person has different physical and emotional needs.

As we plan our programs and gatherings for this fall, we are using the above "table". We have masks available if you forgot one, plenty of hand soap and sanitizer, and enough chairs and space for spreading out in rooms or meeting outside. We encourage smaller groups to use larger rooms to allow more spacing and air circulation. We have fans and open windows for the larger rooms and air purifiers for two rooms downstairs. Of course, we hope you are all vaccinated if you can be. We are continuing to offer the Forum and the 11 am service on Zoom, with only the 11 am service also held in person at this time. The smaller groups can decide for themselves how they want to meet.

We are all frustrated and concerned with this recent surge of COVID and the Delta Variant. As a congregation, we can support each other as we cope with these increased cautions we need to take. Humans need social interactions, and we are trying to provide them in a safe manner, balancing the two. Hang in there!

In fellowship ~
Peggy Robinson, Board President
Lise Adams Sherry, Minister



Alaska Literacy Program

Changing Lives Through Literacy since 1974

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

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Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.





The Dynamic Landscape of Hospice Care in Anchorage Hospice of Anchorage Executive Director Amy Tribbett

Virtual Forum on Zoom

9 am Sunday, September 19

Click here to join on Zoom.
Click here for Speaker's bio.



created by P. Evans



Covenant—the Foundation of our Faith Rev. Lise Adams Sherry, Michele Champion, Worship Associate & Music Director Megan Webb

Sunday Worship

Live at AUUF and on Zoom 11:00 am Sunday, September 19

Click here to join on Zoom.

Choir Update!

Choir rehearsals begin Oct. 7th at 6:30 pm. If you haven't been receiving emails about choir and

want to start receiving them, email Megan at auufmusic@gmail.com so she can add you to her list

Religious Exploration Announcements

CYRE FALL FROLIC -September 18

1) Fall Frolic activities are planned for this Saturday, September 18. We will have tables set up so that families can participate socially distanced and masked while still chatting with each other. Moon lantern (aka boats) building, tie-dying (bring whatever you want to dye), chalice making, and rock painting will be ongoing activities from 1:00 – 5:00. Anyone who loves to create with popsicle sticks is welcome to come and create or get take-home supplies. Glue guns are available to borrow for do it yourself-ers at home.

The lantern launch will be LIVE at Goose Lake at 8 pm, Please wear masks and spread out along the lakefront.

2) Beginning this week:

RE ZOOM Chalice Circles- Pre – 5thgrade-

Time: 10:15- 10:45 AM - Live each Sunday morning! Also recorded and posted on the RE Facebook page

Contact Rosene if you didn't get an email with a link.

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Click here for the Chalice Circle interest form.

Join Refuge Assistance Action Team

Interested in doing something helpful and kind in the world? Join me! I am looking to create a Refuge Assistance Action Team to help the Afghan refugees who will be arriving in Anchorage soon! I don't have a clear idea of what our tasks will be - but we will be partnering with Catholic Social Services Refugee Assistance and Immigration Services . I know it will involve meetings, likely gathering/buying things for incoming families and likely connecting them with the community and resources to aid their transition to life in Alaska. Sound like fun? If so, please send me your email, or best form of communication and I will add you to the team. Please contact Teresa Zimmer at tzimmer@gci.net or text me at 907 331-7034, or even call me if that is simplest. And thank you for the gift card donations already received. If you have already emailed Dennis with your interest - you should get an email from me soon... When we work together we can accomplish much!

A Word About COVID-19 From Your Safer Congregation Team

The Safer Congregation Team would like to remind all AUUF membership to be aware of CDC's current COVID-19 guidelines. CDC provides this guidance for fully vaccinated individuals.

• If you are fully vaccinated, you can resume activities that you did before the

pandemic.

- To reduce the risk of being infected with the Delta variant and possibly spreading it to others, wear a mask indoors in public if you are in an area of substantial or high transmission.
- In general, you do not need to wear a mask in outdoor settings. In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.

You might choose to wear a mask regardless of the level of transmission:

- If you have a weakened immune system or if, because of your age or an underlying medical condition, you are at increased risk for severe disease.
- If someone in your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated.
- If you have a medical condition or are taking medications that weaken your immune system, you may not be fully protected even if you are fully vaccinated. You should continue to take all precautions recommended for unvaccinated people, including wearing a well-fitted mask, until advised otherwise by your healthcare provider.
- If you've had close contact with someone who has COVID-19, you should get tested 3-5 days after your exposure, even if you don't have symptoms. You should also wear a mask indoors in public for 14 days following exposure or until your test result is negative. You should isolate for 10 days if your test result is positive.
- You will still need to follow masking and social distancing guidance at your workplace and local businesses.

Source: Click here for the CDC website.

A message from Alaska Literacy Program

Fundraiser 6:30 pm September 24

Dear AUUF,

Thank you so much for choosing Alaska Literacy Program as the Half Portion recipient for September! Here is the information about our upcoming fundraiser next Friday, September 24 at 6:30 PM. We will be doing a virtual trivia night on zoom and would love to have some folks join us for a fun evening next Friday since many AUUF members are regulars at our typical in-person spelling bee fundraiser. We started these virtual trivia nights last year and decided to bring them back as a fun and safe way to enjoy an evening together.

Here is the form to register from the trivia team: Click here to register.

Here is also the facebook event: ALP Trivia for Literacy

Changing minds in a divided world: The art of strategic dialogue

UAA/APU Books of the Year, Difficult Dialogues Initiative & CCEL invite you Thursday, September 30, 2:30-3:45 pm



A talk by Justin Lee, author of UAA Book of the Year

Talking Across the Divide: How to Communicate with People You Disagree with & Maybe Even Change the World

To join, see Zoom information below

In a world divided by political and social issues, how do you get people on the other side to listen to you? Join us virtually as author Justin Lee will discuss the psychological principles behind people's resistance to new ideas and share simple, proven strategies for discussing controversial issues without losing friends.

Click here to join the Zoom Meeting

Meeting ID: 842 3305 7328 Passcode: iUUnMqHb

For more information: Libby Roderick eroderick@alaska.edu

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Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, <a href="mailto:revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-revenues-r

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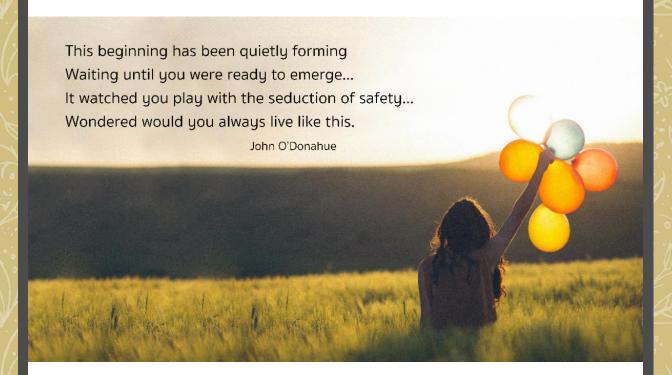
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Today At Your Fellowship Monday September 20, 2021



This Week @ AUUF

Monday 9/20/21

Tuesday 9/21/21

2-3 pm Walk & Talk with Rev. Lise 7-8:30 pm Stewardship Meeting

Wednesday 9/22/21

5:30-6:30 pm Anti-Racism Team Meeting

Thursday 9/23/21

6:30-7:30 pm Pastoral Care Team Meeting

Friday 9/24/21

Sunday 9/26/21 9 am Virtual Forum on Zoom

Covenants 'R Us—Walking Through Conflicts Together AUUF Healthy Congregations Team

11:00 am Sunday Worship Live at AUUF and on Zoom

Welcome to our Ministerial Intern!
Rebecca Bernard, Ministerial Intern;
Joyce Laine and Koala Vandruff, Worship
Associates

11 am RE Chalice Circle

12-1:30 pm Freethinkers on Zoom

Saturday 9/25/21

September Half Portion goes to <u>Alaska</u> <u>Literacy Program donate here.</u>

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

12:30 pm Jr High Owl Class Live at AUUF

12:30 Elementary Owl Live at AUUF

12:30-1:30 pm Soup Sunday Outside at AUUF

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.



AUUF Half- Portion for Social Action October Recipient: The Alaska Innocence Project

The Alaska Innocence Project is the only organization in Alaska solely dedicated to identifying, freeing, and exonerating those individuals wrongfully convicted in the state. We receive requests to review claims of innocence from all over the State. The cases we review involve all types of criminal cases, arising out of all types of situations that can lead to wrongful convictions.

As part of AKIP's efforts to discover wrongful convictions in Alaska, we have undertaken an outreach program in rural Alaska. As a result of the size of Alaska, the remoteness of many of the villages, and the transience of many of those in the legal field, AKIP believes that wrongful convictions occur more often in the Bush. Because of the differences in cultures, we further believe many of those wrongful convictions go undiscovered. We are working to specifically identify these cases.

AKIP is a free-standing, non-profit organization, reliant on donations to fulfill its mission. Most of the funding AKIP receives is from individual donations. Traditionally, many of these came during our two annual fundraisers. However, the pandemic has prevented us from holding a fundraiser since the spring of 2019. We had planned to hold our first inperson fundraiser in two years this month but determined we could not hold it with the current surge in cases. We will be trying a virtual event on October 2, which is International Wrongful Conviction Day. This is why generosity like that shown by the Anchorage Unitarian Universalist Fellowship is so important to us. Thank you so very much.

Bill Oberly
Executive Director
Alaska Innocence Project
907-279-0454
info@alaskainnocence.org

Go to anchorageuuf.org
Click on the Half-Portion note

at the bottom of the home page. Enter your donation under "Half-Portion for Social Action"

Alaska Literacy Program

Changing Lives Through Literacy since 1974

Support September Half Portion for Social Action: Alaska Literacy Program

Fundraiser Virtual Trivia Night on Zoom 6:30 pm September 24

Here is the form to register from the trivia team: <u>Click here to register.</u>

Here is also the Facebook event: ALP Trivia for Literacy



September 21: International Day of Peace

Dennis Arashiro

The United Nations General Assembly recognized September 21 as the International Day of Peace in 1981. On the fortieth anniversary of that initial observance, the theme this year is: "Recovering better for an equitable and sustainable world." In February of this year, the UN Security Council unanimously passed a resolution calling for member states to support a sustained humanitarian cause to local conflicts to allow people living in the midst of violence to access lifesaving vaccinations and treatments for COVID-19 and other scourges. What we have learned in the past forty years is that establishing ceasefires and peace treaties between warring parties can only be a first step in establishing true peace.

We need equitable peace. That means realizing the UN Universal Declaration of Human Rights. That means identifying and healing the wounds of the underprivileged and marginalized everywhere. That means addressing the worldwide challenges of poverty, healthcare, and climate change as matters of social justice.

We need sustainable peace. That means peace with reconciliation, not victory and defeat. That means leaving behind an economy of finite resources that fuels conflict and building an economy of renewable resources that fuels cooperation. That means building and strengthening the institutions of global cooperation and peacemaking. That means making peace with nature as well as with one another. That means commemorating peace beyond one day.

AUUF Anti-Racism Team Corner:

AUUF Monthly Book Club: Mistakes and Miracles by Nancy Palmer and Karin Lin. The group will meet monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00 pm). We will discuss one chapter each session. Our first meeting is on Oct. 5th from 6:30 - 8 pm , when we plan to discuss Chapter 1.

More details will follow re: zoom invitation.

This is how the book is described on the In Spirit UU Book and Gift Shop webpage:

"What calls Unitarian Universalists to create multicultural, antiracist Beloved Community? What do congregations need when they embark on this journey? What common threads run through their stories? Nancy Palmer Jones and Karin Lin—a white minister and a layperson of color—share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey. Mistakes abound. Miracles of transformation and joy emerge too. Extensively researched and thoughtfully written—with reflection questions at the end of each chapter—Mistakes and Miracles: Congregations on the Road to Multiculturalism will guide readers to apply these stories to their own communities, develop next steps, and renew their commitment to this hard but meaningful work."

Indigenous Peoples Day Celebration - Alaska Pacific University

WHEN: October 12, 2020 @ 10:00 am - 11:30 am.

WHERE: Virtual Event

LINK

CONTACT: Kristel Komakhuk EMAIL: kkomakhuk@alaskapacific.edu

Alaska Pacific University, Alaska Native Tribal Health Consortium, Alaska Native Heritage Center, Alaska Native Sisterhood Camp 87, Cook Inlet Tribal Council, Native Peoples Action Community Fund and Pamyua invite you to join a virtual Indigenous Peoples Day Celebration featuring:

An Opening Blessing by an Honored Member of APU's Elders Council.

Guest Speakers: Valerie Nurr'araaluk Davidson (Yup'ik), President, Alaska Pacific University Honored Elder Ernestine Saankalaxt' Hayes (Tlingit), Writer and Professor, Alaska State Writer Laureate, Dr. Allison Kelliher (Koyukon Athabascan), Tribal Doctor and Physician Performances By: Martin Paul (Yup'ik) Woosh.ji.een led by Lyle and Kolene James (Tlingit) And others to be announced, you won't want to miss out on this!

Stay tuned for the link to zoom you may also visit the APU Facebook page to live stream.

Anchorage YWCA Diversity Workshops: Fall 2021

Diversity workshops will be starting again this Fall of 2021, between the months of September through November. All workshops will be Virtual (Zoom) from 3:00-5:00 pm.

Implicit Bias Workshop

Exploring Implicit Bias: Identifying and Navigating Unconscious Judgements (offered twice): September 16, 2021 & October 28, 2021

Anti-racism & Whiteness Workshop

Develop a foundation for anti-racism work and begin to learn methods to actively practice anti-racism (offered twice):

October 12, 2021 & November 23, 2021

Microaggression Workshop

Exploring the impact of everyday slights and insults: Microaggressions in the workplace and classroom (offered twice) :

September 28, 2021 & November 9, 2021

For information on how to register visit this link.

Walk & Talk with Rev. Lise

2-3 pm Tuesday, September 21

Join Rev. Lise for a walk and a talk. She'll be dressed in her walking shoes and appropriate outdoor gear, rain, snow, or shine, and ready to leave from the AUUF parking lot on:

Third Tuesdays at 2 pm (Sept. 21, Oct. 19, Nov. 16, Dec. 21, etc.) First Fridays at 5 pm (Oct. 1, Nov. 5, Dec. 3, etc.)

(Notice the alliteration?) Yes, she knows it will be dark soon at 5 pm, but evening walks are nice, right? Strollers and dogs are welcome and we'll adjust the pace for whoever is walking. So come share in fellowship and get a breath of fresh air!

Freethinkers

12 pm Friday, September 24 On Zoom

Too Many Options?

by Cari Sayre

Last Friday we read about the future of entertainment, education, and healthcare. Most agreed that the options for entertainment were too plentiful and too complicated to comprehend — even the lingo was hard to pronounce. Gone are the days of 3 or 4 networks of free TV, replaced by a myriad of choices that vanish as quickly as they appeared. Soon, it seems, we'll be able to transport ourselves anywhere to do anything, realistically, with just a VR headset! At that point, who needs reality? Teachers among us agreed that the authors' views short-changed education, giving it less than half the number of words than other topics, which seemed short-sighted at best. Our future generations WILL need to be educated — but how, and with what ends in mind? What DO kids need to learn? Could a personalized computer program do it all? What about social skills and problem-solving? The authors got one thing right about the US's current healthcare system in calling it Sick Care rather than Health Care. All the technological advances could prevent deaths from curable diseases and alleviate much suffering. But what will we sacrifice in the process — how much do we really want to know about what's coming up in our lives, and how much do we want the rest of the world to know about us? Read the next three chapters (10, 11, and 12) of *The Future Is Faster Than You Think* for next Friday, Sept 24, on Zoom—go to the AUUF website, click on the Calendar for the link.

Religious Exploration Announcements

Beginning this week:

RE ZOOM Chalice Circles- Pre – 5thgrade-

Time: 10:15- 10:45 AM - Live each Sunday morning! Also recorded and posted on the RE Facebook page.

RE Chalice Circle for Kids Join Zoom Meeting

Meeting ID: 959 2778 1027

One tap mobile

- +12532158782,,95927781027# US (Tacoma)
- +13462487799,,95927781027# US (Houston)

Adult Chalice Circles / Small groups

Small groups connect UU's on a deeper level. Groups of 12 or less, meet once a week for 8-10 weeks to reflect and discuss the monthly Soul Matters theme as well as significant life topics. The time together is structured and may include chalice lighting, focused

readings, and a moment of centering silence before participants share their perspectives, tell their stories and listen deeply. Days, times, and locations vary, depending on group preferences. So far this fall, we only have one group that will be meeting on either Monday or Thursday and in-person or via ZOOM depending on group preference. Please fill out the registration form to facilitate forming groups if you would like to either participate or lead a small group.

Click here for the Chalice Circle interest form.

Join Refuge Assistance Action Team

Interested in doing something helpful and kind in the world? Join me! I am looking to create a Refuge Assistance Action Team to help the Afghan refugees who will be arriving in Anchorage soon! I don't have a clear idea of what our tasks will be - but we will be partnering with Catholic Social Services Refugee Assistance and Immigration Services . I know it will involve meetings, likely gathering/buying things for incoming families and likely connecting them with the community and resources to aid their transition to life in Alaska. Sound like fun? If so, please send me your email, or best form of communication and I will add you to the team. Please contact Teresa Zimmer at tzimmer@gci.net or text me at 907 331-7034, or even call me if that is simplest. And thank you for the gift card donations already received. If you have already emailed Dennis with your interest - you should get an email from me soon... When we work together we can accomplish much!

Choir Update!

Choir rehearsals begin on Oct. 7th at 6:30 pm. If you haven't been receiving emails about choir and want to start receiving them, email Megan at auufmusic@gmail.com so she can add you to her list.

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Gina Molletti Congregational Administrator, 907-248-3737 x1 <u>admin@anchorageuuf.org</u>

<u>GIna's AUUF office hours Mon-Thurs, 9 am - 1 pm</u>

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm
Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –Monday and Thursday from 9 am - 4 pm

STAY CONNECTED





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Service Podcasts

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

Today At Your Fellowship Friday September 24, 2021

This Sunday @ AUUF

Saturday 9/25/21

Sunday 9/26/21 9 am Virtual Forum on Zoom

11:00 am Sunday Worship Live at AUUF and on Zoom

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Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.





Covenants 'R Us—Walking Through Conflicts Together AUUF Healthy Congregation Team

Virtual Forum

9 am Sunday, September 26

Covenants 'R Us—Walking Through Conflicts Together AUUF Healthy Congregations Team

Click here to join on Zoom.
Click here for Speaker's bio.





Welcome to our Ministerial Intern! Rebecca Bernard, Ministerial Intern; Joyce Laine and Koala

Virtual Worship

11 am Sunday, September 26

Welcome to our Ministerial Intern! Rebecca Bernard, Ministerial Intern; Joyce Laine and Koala Vandruff, Worship Associates & Music Director Megan Webb

Click here to join on Zoom.

New Worship Service Schedule Effective Immediately

Effective immediately (this Sunday, September 26) we are beginning a new worship schedule for our 11 am service regarding in-person and zoom services. The first and third Sundays of the month (the odd weekends) will be both in-person and over Zoom (hybrid). The second and fourth Sundays (even weekends) will be Zoom only. Our 9 am Forum service continues to be on Zoom only.

We apologize for yet another change, but in the time of COVID, we need to be flexible. As we all know, folks are having to deal with a lot right now, and this makes it more difficult to pursue volunteer activities, no matter how important they might be. Finding folks to help with AV (audiovisual) for in-person services is one of those volunteer activities that is showing the strain. Alternating in-person with hybrid services is one of the ways we're being flexible and providing grace during COVID. We appreciate your understanding.

To those of you who have recently volunteered to help with AV stuff--thank you! If others of you are interested, please contact Rev. Lise or Alix McKee.

Here's the schedule for the 11 am Worship Service for the rest of the year (odd weekends--

hybrid; even weekends of the month--Zoom) You might want to print this up and post it on your fridge. :-)

Sept. 26: Zoom only

October 3: In-person and Zoom (hybrid)

October 10: Zoom only

October 17: In-person and Zoom (hybrid)

October 24: Zoom only

October 31: In-person and Zoom (hybrid)

Nov. 7: In-person/Zoom (hybrid)

Nov. 14: Zoom only

Nov. 21: In-person/Zoom (hybrid)

Nov. 28: Zoom only

Dec. 5: In-person/Zoom (hybrid)

Dec. 12: Zoom only

Dec. 19: In-person/Zoom (hybrid)
Dec. 24: Christmas Eve Service TBA

Dec. 26: Zoom only

Our 9 am Forum Service continues to be on Zoom only.

As a reminder, we continue to encourage everyone who is able to get vaccinated. (All eligible children and religious exploration adult volunteers must be vaccinated to participate this year.) We are still requiring masks to be worn in the church building.

If you have any questions, please don't hesitate to contact me.

Blessings, Rev. Lise

Thank you for your donations to our chosen non-profits and AUUF!

Thanks to the generous donations of our members and friends, we were able to support our chosen non-profits with \$718.22 in donations for August!

- Our August designee, Anchorage Faith & Action Congregations (AFACT) received \$445.57
- Our 5th Sunday Minister's Choice designee, UUSC Haiti Emergency Relief Fund received \$272.65

The other half of these Half Portion donations went to the operating income of AUUF to support our ongoing programs and expenses. You may make Half-Portion donations electronically through our website or call the office, or mail a check, or put a check or cash in our offering basket or in one of our black mailboxes,

whichever is most convenient for you. Any amount is welcome! Thank you so much for your generous support!

Alliance Seeks New Members

The Alliance is inviting anyone interested in our past activities to join us this year. We raise funds to assist projects and programs of the Fellowship.

- We have purchased hymnals.
- Repaired upholstered chairs and purchased chair plaques.
- Provided refreshments at many Celebration of Life services.
- Provided a birthday cake once-a-month at Sunday coffee hour.
- Contributed turkeys for the annual Thanksgiving Dinner.
- Bought Easter flowers for the Sanctuary.
- Bought Poinsettias at Christmas for the minister and staff.
- Bought the beverages for several Annual Dinners.

- Contributed books to the Youth Group.
- And, supporting the will of the Fellowship, we provide the funds for the ad in ADN in the weekly Worship Services

Directory.

We sponsor an annual Rummage Sale in the spring and an annual Holiday Gift Sale in December to raise funds for these projects. We meet (by ZOOM) the second Sunday of each month, September through May, from 12:30-2:00 pm.

Call the AUUF office, 907- 248-3737, and leave your phone number. We will call or text to invite you to the next meeting.

Stephanie Koonz, President Kalen Saxton, Vice President

Nominate an Outstanding UU!

Do you know an outstanding UU in our congregation? Here is your chance to recognize them for all the work they have done on behalf of AUUF. The Board presents two awards during the annual dinner to members who have contributed substantially to our congregation.

The awards are:

Volunteer of the Year: This award is meant to honor a person who has contributed a significant amount of volunteer time to the Fellowship during the last year. Recent awardees are Denise Martin (2016), Kalen Saxton (2017), the Project Oversight Team that managed our building renovation (2018), Carma Reed (2019), and the Ministerial Search Committee (2020).

Fred Hillman Distinguished Service Award: This award is named after long-time AUUF member and former Board president Dr. Fred Hillman, who passed away in 2014. Like its namesake, this award is meant to honor a person who lives the Seven Principles as part of their everyday life. Recent awardees are Sylvia Short (2016), Rod McCoy (2017), Helen Nienhueser (2018), Wendy Romberg (2019), and Ruth Sheridan (2020).

To submit a nomination for an award, send a brief statement (no more than one paragraph) on why you feel this person should be recognized to Board member Robin Hill at blink3433@icloud.com. The deadline for nominations is October 15.

Sad News

Dear Ones,

A few weeks ago I wrote that Marie Rozak was very ill with cancer. This past Monday (September 20), early in the morning, Marie died with Ron beside her.

I was able to spend some in-person time with Ron and Marie on Saturday, and while she was aware of my presence, it was clear that she was getting ready to go. Ron shared that their siblings and son were able to visit with her over the phone on Sunday so folks had an opportunity to say goodbye.

I know we all send our love and healing thoughts to Ron and the rest of Marie's family. Cards may be sent to Ron's Anchorage address and he replies to texts. At this time, there are no immediate plans for a memorial service, but we will let you know when this changes.

Blessings and love,

Rev. Lise

Religious Exploration Announcements

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Join Zoom Meeting

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Indigenous Peoples' Day Event: Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code"

- Monday, October 11 (Indigenous Peoples' Day), 6:30-8:30 pm
- Zoom link: will be posted at a later date

We know now that Christopher Columbus was not quite the hero that he's portrayed to be in American textbooks. But what exactly was the worldview that allowed Columbus and other European explorers to justify their intensive colonization of the lands and peoples who were already here? A new documentary, "The Doctrine of Discovery – Unmasking the Domination Code," offers an incisive analysis of this question from Shawnee-Lenape scholar Steven T. Newcomb and his co-producer Sheldon P. Wolfchild, a documentary filmmaker and member of the Lower Sioux Indian Community. This hour-long video explains the premise under which lands were seized based on the international laws of Western Christendom and still – five centuries

later – is used to deny the rights of Indigenous people in the Americas and globally.

The AUUF Anti-Racism Team invites you to commemorate Indigenous Peoples' Day by joining us for a viewing and discussion of "The Doctrine of Discovery."

If you'd like to know more, please call or text Anti-Racism Team member Marilyn Russell at 907-750-4566. You can also read more about the documentary here.

Events Around Town

The Alaska Black Caucus Community Conversation Sunday, September 26, 2021 7:00 pm - 8:00 pm

Community Dialogues with the Anchorage Assembly

Join the Alaska Black Caucus for a dialogue with the Anchorage Assembly. Get to know your Assembly Members!

Conversation topics include:

- houselessness
- · boards and commissions
- · proposed ordinances involving face coverings
- the issues that matter the most to you!

Register now: https://tinyurl.com/abc-ancassembly

Indigenous Peoples Day Celebration - Alaska Pacific University

WHEN: October 12, 2020 @ 10:00 am - 11:30 am.

WHERE: Virtual Event

LINK

CONTACT: Kristel Komakhuk EMAIL: kkomakhuk@alaskapacific.edu

Alaska Pacific University, Alaska Native Tribal Health Consortium, Alaska Native Heritage Center, Alaska Native Sisterhood Camp 87, Cook Inlet Tribal Council, Native Peoples Action Community Fund and Pamyua invite you to join a virtual Indigenous Peoples Day Celebration featuring:

An Opening Blessing by an Honored Member of APU's Elders Council.

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Support September Half Portion for Social Action: Alaska Literacy Program

Fundraiser Virtual Trivia Night on Zoom 6:30 pm September 24

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Here is also the Facebook event: ALP Trivia for Literacy

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Kelly's remote office hours Mon - Friday 9 am -1 pm
Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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STAY CONNECTED





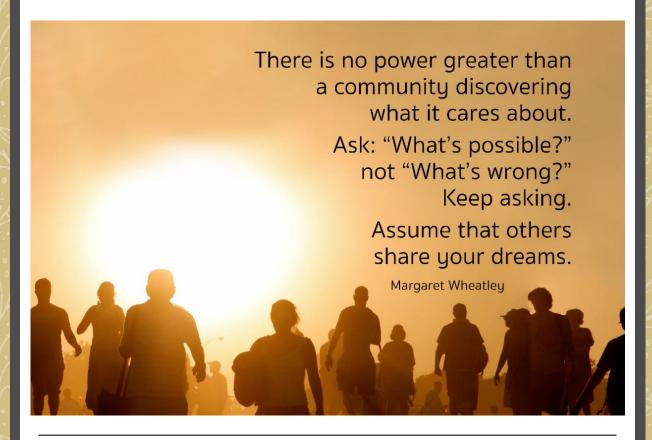
Visit our website

Service Podcasts

Donate Now



Today At Your Fellowship Monday September 27, 2021



This Week @ AUUF

Monday 9/27/21

Tuesday 9/28/21

10:30 am Nominating Committee Meeting on Zoom6-8 pm Progam Council on Zoom

Wednesday 9/29/21

4-6 pm Finance Committee Meeting on Zoom

Sunday 10/3/21 9 am Virtual Forum on Zoom

11:00 am Sunday Worship Live at AUUF & on Zoom

11:00 am RE Chalice Circle Live at AUUF
12:30 pm Jr High Owl Class Live at AUUF

Thursday 9/30/21

Friday 10/1/21
12 pm Freethinkers on Zoom
5-6 pm Walk & Talk w Rev. Lise

Saturday 10/2/21

September Half Portion goes to <u>Alaska</u> <u>Literacy Program donate here.</u> 12:30 Elementary Owl Live at AUUF

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.

From the Board President, Peggy Robinson

Fall is definitely here! And along with the chill, those traditional AUUF activities. You've read about the variety of RE activities planned and occurring, both for children and adults. Coming back into the sanctuary for the 11 am service this fall with slowly increasing attendance has been a welcome breath of normalcy. Please join us on the first and third Sundays!

The annual auction is happening this fall too. We were so successful with the virtual auction last fall that we had planned to repeat it again this year anyway, regardless of COVID. It will be online from October 30 through November 7th. We will again have a program at 5 pm on the last Sunday with a time for recognition of volunteers, music, and raffle results. We will be ready to accept donations at AUUF starting October 4th ... be thinking of experiences, food, and other items that you can donate to help support the operations of our fellowship!

The theme for Stewardship for the year is "Because we love our neighbors ...". You will see this throughout the congregation, as the "..." gets filled in by many different activities and efforts, both within the congregation and out to the Anchorage community and beyond.

Bill Clontz, the Stewardship Consultant who led a workshop for us in April 2015, provided the following reminder in his written report ...

"Unitarian Universalism comes out of the Congregationalist tradition; we each provide what we can of time, talent, and treasure, not because of some external pressure, but because this is our fellowship – it is ours to enjoy and ours to sustain."

Covenant of Right Relations

During the last two weekends, we've been talking about Healthy Congregations and covenant at AUUF. I preached about Covenants on September 19 and our Healthy Congregations Team did a Forum presentation yesterday. On both weekends we took the time to share the draft Covenant of Right Relations with you all. You can check it out at the below link. And we'll be talking about it in Zoom meetings on Sunday, Oct. 3, 4 pm, and Tuesday, Oct. 19 at 7 pm. We'd love to hear direct feedback from you so please look at this link and come join us for a conversation!

Covenant draft of right relations.

Blessings, Rev. Lise

New Worship Service Schedule Effective Immediately

Effective immediately (this Sunday, September 26) we are beginning a new worship schedule for

our 11 am service regarding in-person and zoom services. The first and third Sundays of the month (the odd weekends) will be both in-person and over Zoom (hybrid). The second and fourth Sundays (even weekends) will be Zoom only. Our 9 am Forum service continues to be on Zoom only.

We apologize for yet another change, but in the time of COVID, we need to be flexible. As we all know, folks are having to deal with a lot right now, and this makes it more difficult to pursue volunteer activities, no matter how important they might be. Finding folks to help with AV (audiovisual) for in-person services is one of those volunteer activities that is showing the strain. Alternating in-person with hybrid services is one of the ways we're being flexible and providing grace during COVID. We appreciate your understanding.

To those of you who have recently volunteered to help with AV stuff--thank you! If others of you are interested, please contact Rev. Lise or Alix McKee.

Here's the schedule for the 11 am Worship Service for the rest of the year (odd weekends--hybrid; even weekends of the month--Zoom) You might want to print this up and post it on your fridge. :-)

Sept. 26: Zoom only

October 3: In-person and Zoom (hybrid)

October 10: Zoom only

October 17: In-person and Zoom (hybrid)

October 24: Zoom only

October 31: In-person and Zoom (hybrid)

Nov. 7: In-person/Zoom (hybrid)

Nov. 14: Zoom only

Nov. 21: In-person/Zoom (hybrid)

Nov. 28: Zoom only

Dec. 5: In-person/Zoom (hybrid)

Dec. 12: Zoom only

Dec. 19: In-person/Zoom (hybrid)
Dec. 24: Christmas Eve Service TBA

Dec. 26: Zoom only

Our 9 am Forum Service continues to be on Zoom only.

As a reminder, we continue to encourage everyone who is able to get vaccinated. (All eligible children and religious exploration adult volunteers must be vaccinated to participate this year.) We are still requiring masks to be worn in the church building.

If you have any questions, please don't hesitate to contact me.

Blessings, Rev. Lise

New Vanco App! GivePlus Mobile is Retiring on September 30th

Vanco has released a new giving app, Vanco Mobile, and they are also sunsetting their legacy mobile app, GivePlus Mobile on September 30, 2021. If you haven't already, please download Vanco Mobile to ensure continued support of our ministry.

Please reach out to Gina at admin@anchorageuuf.org if you have any questions or issues getting access to the new platform. Thank you for your generous support!

Freethinkers

12 pm, October 1 On Zoom

Do You Want to Live Forever? by Cari Sayre

Great discussion arose once again from The Future is Faster Than You Think, as we considered issues of longevity, insurance, and finance (we didn't even get to The Future of Food!). It's becoming more likely that humans will be able to extend our lifetimes by years, even decades. Is this desirable? In a poll Jim mentioned, 1/3 of the people said they'd choose to live to age 75, another third would choose to live 150 years, and the rest wanted to live forever! But what, then, about the allocation of limited resources and/or availability of caregivers as people have fewer children and the population skews toward more and more Elders (as it has in Japan)? Big Brother reared his ugly head, or at least poked his nose in, as we talked about insurance companies' use of driver data to determine premiums, as in the DriveSafe program some folks already subscribe to, with a little box on the dash that transmits how you drive. But wait — with driverless cars, will we even need insurance? And in the wider world of finance, is Bitcoin the way of the future, or with China's recent ban, has it already run its course? Trading phone minutes for money and micro-loans have helped poor people rise out of poverty (NGOs like FINCA, Heifer & Women for Women Int'l). Judith and David mentioned a book called Weapons of Math Destruction, which talks of how algorithms, which more or less create themselves based on what data they collect, can slant our world in one direction or another. Sid reminded us of our own soul-searching in order to make major paradigm shifts, and I wonder if we can somehow add compassion to those algorithms. For next week, Friday, October 1st, finish The Future is Faster Than You Think. The following week we'll be discussing Kamala Harris's autobiography, Truths We Hold.



Joy & Sorrows

From Sunday Worship September 26

From Ruth Greenwood: Sorrow/Concern: COVID rates in our city and state, the immense pressure it puts on our hospitals, and the lack of leadership by our elected leaders.

From Peggy: Joy - Being able to usher again at a LIVE PAC event last night - so wonderful to share the experience with others, in person! (fully masked and negative test or vaccinated, of course)

Lucinda Kinard: We were blessed with both in-person care from neighbors in the midst of a power outage and by offers of refuge from friends at AUUF on the snow day!

Diane Smith: Joy that Yana got a nice MCAT score, and should be able to go to a good state medical school in California, where she is a resident. :-)

Changing minds in a divided world: The art of strategic dialogue

UAA/APU Books of the Year, Difficult Dialogues Initiative & CCEL invite you Thursday, September 30, 2:30-3:45 pm



A talk by Justin Lee, author of UAA Book of the Year

Talking Across the Divide: How to Communicate with People You Disagree with & Maybe Even Change the World

To join, see Zoom information below

In a world divided by political and social issues, how do you get people on the other side to listen to you? Join us virtually as author Justin Lee will discuss the

psychological principles behind people's resistance to new ideas and share simple, proven strategies for discussing controversial issues without losing friends.

Click here to join the Zoom Meeting

Meeting ID: 842 3305 7328 Passcode: iUUnMqHb

For more information: Libby Roderick <u>eroderick@alaska.edu</u>

Alliance Seeks New Members

The Alliance is inviting anyone interested in our past activities to join us this year. We raise funds to assist projects and programs of the Fellowship.

- We have purchased hymnals.
- Repaired upholstered chairs and purchased chair plagues.
- Provided refreshments at many Celebration of Life services.
- Provided a birthday cake once-a-month at Sunday coffee hour.
- Contributed turkeys for the annual Thanksgiving Dinner.
- Bought Easter flowers for the Sanctuary.
- Bought Poinsettias at Christmas for the minister and staff.
- Bought the beverages for several Annual Dinners.
- Contributed books to the Youth Group.
- And, supporting the will of the Fellowship, we provide the funds for the ad in ADN in the weekly Worship Services

Directory.

We sponsor an annual Rummage Sale in the spring and an annual Holiday Gift Sale in December to raise funds for these projects. We meet (by ZOOM) the second Sunday of each month, September through May, from 12:30-2:00 pm.

Call the AUUF office, 907- 248-3737, and leave your phone number. We will call or text to invite you to the next meeting.

Stephanie Koonz, President Kalen Saxton, Vice President

Nominate an Outstanding UU!

Do you know an outstanding UU in our congregation? Here is your chance to recognize them for all the work they have done on behalf of AUUF. The Board presents two awards during the annual dinner to members who have contributed substantially to our congregation.

The awards are:

Volunteer of the Year: This award is meant to honor a person who has contributed a significant amount of volunteer time to the Fellowship during the last year. Recent awardees are Denise Martin (2016), Kalen Saxton (2017), the Project Oversight Team that managed our building renovation (2018), Carma Reed (2019), and the Ministerial Search Committee (2020).

Fred Hillman Distinguished Service Award: This award is named after long-time AUUF member and former Board president Dr. Fred Hillman, who passed away in 2014. Like its namesake, this award is meant to honor a person who lives the Seven Principles as part of their everyday life. Recent awardees are Sylvia Short (2016), Rod McCoy (2017), Helen Nienhueser (2018), Wendy Romberg (2019), and Ruth Sheridan (2020).

To submit a nomination for an award, send a brief statement (no more than one paragraph) on why you feel this person should be recognized to Board member Robin Hill at blink3433@icloud.com. The deadline for nominations is October 15.

AUUF Anti-Racism Team Corner:

AUUF Monthly Book Club: Mistakes and Miracles by Nancy Palmer and Karin Lin. The group will meet monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00). We will discuss one chapter each session. Our first meeting is on Oct. 5th from 6:30 - 8 pm, when we plan to discuss Chapter 1.

More details will follow re: zoom invitation.

This is how the book is described on the In Spirit UU Book and Gift Shop webpage:

"What calls Unitarian Universalists to create multicultural, antiracist Beloved Community? What do congregations need when they embark on this journey? What common threads run through their stories? Nancy Palmer Jones and Karin Lin—a white minister and a layperson of color—share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey. Mistakes abound. Miracles of transformation and joy emerge too. Extensively researched and thoughtfully written—with reflection questions at the end of each chapter—Mistakes and Miracles: Congregations on the Road to Multiculturalism will guide readers to apply these stories to their own communities, develop next steps, and renew their commitment to this hard but meaningful work."

Indigenous Peoples' Day Event: Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code"

- Monday, October 11 (Indigenous Peoples' Day), 6:30-8:30 pm
- · Zoom link: will be posted at a later date

We know now that Christopher Columbus was not quite the hero that he's portrayed to be in American textbooks. But what exactly was the worldview that allowed Columbus and other European explorers to justify their intensive colonization of the lands and peoples who were already here? A new documentary, "The Doctrine of Discovery – Unmasking the Domination Code," offers an incisive analysis of this question from Shawnee-Lenape scholar Steven T. Newcomb and his co-producer Sheldon P. Wolfchild, a documentary filmmaker and member of the Lower Sioux Indian Community. This hour-long video explains the premise under which lands were seized based on the international laws of Western Christendom and still – five centuries later – is used to deny the rights of Indigenous people in the Americas and globally.

The AUUF Anti-Racism Team invites you to commemorate Indigenous Peoples' Day by joining us for a viewing and discussion of "The Doctrine of Discovery."

If you'd like to know more, please call or text Anti-Racism Team member Marilyn Russell at 907-

750-4566. You can also read more about the documentary here.

Indigenous Peoples Day Celebration - Alaska Pacific University

WHEN: October 12, 2020 @ 10:00 am - 11:30 am.

WHERE: Virtual Event

LINK

CONTACT: Kristel Komakhuk EMAIL: kkomakhuk@alaskapacific.edu

Alaska Pacific University, Alaska Native Tribal Health Consortium, Alaska Native Heritage Center, Alaska Native Sisterhood Camp 87, Cook Inlet Tribal Council, Native Peoples Action Community Fund and Pamyua invite you to join a virtual Indigenous Peoples Day Celebration featuring:

An Opening Blessing by an Honored Member of APU's Elders Council.

Guest Speakers: Valerie Nurr'araaluk Davidson (Yup'ik), President, Alaska Pacific University
Honored Elder Ernestine Saankalaxt' Hayes (Tlingit), Writer and Professor, Alaska State Writer
Laureate, Dr. Allison Kelliher (Koyukon Athabascan), Tribal Doctor and Physician
Performances By: Martin Paul (Yup'ik) Woosh.ji.een led by Lyle and Kolene James (Tlingit)
And others to be announced, you won't want to miss out on this!

Stay tuned for the link to zoom you may also visit the APU Facebook page to live stream.

Anchorage YWCA Diversity Workshops: Fall 2021

Diversity workshops will be starting again this Fall of 2021, between the months of September through November. All workshops will be Virtual (Zoom) from 3:00-5:00 pm.

Implicit Bias Workshop

Exploring Implicit Bias: Identifying and Navigating Unconscious Judgements (offered twice): September 16, 2021 & October 28, 2021

Anti-racism & Whiteness Workshop

Develop a foundation for anti-racism work and begin to learn methods to actively practice anti-racism (offered twice):

October 12, 2021 & November 23, 2021

Microaggression Workshop

Exploring the impact of everyday slights and insults: Microaggressions in the workplace and classroom (offered twice):

September 28, 2021 & November 9, 2021

For information on how to register visit this link.

Sad News

Dear Ones,

A few weeks ago I wrote that Marie Rozak was very ill with cancer. This past Monday (September 20), early in the morning, Marie died with Ron beside her.

I was able to spend some in-person time with Ron and Marie on Saturday, and while she was aware of my presence, it was clear that she was getting ready to go. Ron shared that their siblings and son were able to visit with her over the phone on Sunday so folks had an opportunity to say goodbye.

I know we all send our love and healing thoughts to Ron and the rest of Marie's family. Cards may be sent to Ron's Anchorage address and he replies to texts. At this time, there are no immediate plans for a memorial service, but we will let you know when this changes.

Blessings and love,

Rev. Lise

Join Refuge Assistance Action Team

Interested in doing something helpful and kind in the world? Join me! I am looking to create a Refuge Assistance Action Team to help the Afghan refugees who will be arriving in Anchorage soon! I don't have a clear idea of what our tasks will be - but we will be partnering with Catholic Social Services Refugee Assistance and Immigration Services . I know it will involve meetings, likely gathering/buying things for incoming families and likely connecting them with the community and resources to aid their transition to life in Alaska. Sound like fun? If so, please send me your email, or best form of communication and I will add you to the team. Please contact Teresa Zimmer at tzimmer@gci.net or text me at 907 331-7034, or even call me if that is simplest. And thank you for the gift card donations already received. If you have already emailed Dennis with your interest - you should get an email from me soon... When we work together we can accomplish much!

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org GIna's AUUF office hours Mon-Thurs, 9 am - 1 pm

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm
Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –Monday and Thursday from 9 am - 4 pm

STAY CONNECTED





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Service Podcasts

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship Friday October 1, 2021

This Sunday @ AUUF

Saturday 10/2/21

Sunday 10/3/21 9 am Virtual Forum on Zoom

11:00 am Sunday Worship Live at AUUF & on Zoom

11:00 am RE Chalice Circle Live at AUUF
12:30 pm Jr High Owl Class Live at AUUF

12:30 Elementary Owl Live at AUUF

4 pm Healthy Congregation Virtual Cottage Meeting

October Half Portion goes to Alaska Innocence Project

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.





Report from the Front Line of the Anchorage Assembly With Kameron Perez-Verdia

Virtual Forum

9 am Sunday, October 3, 2021

Click here to join on Zoom.
Click here for Speaker's Bio.

Looking Forward to October Forums

In October, you can look forward to five interesting Forums on a variety of topics that are important to us all as citizens of our community, state, and the planet. On October 3, we will hear from AUUF member and Anchorage Assembly member Kameron Perez-Verdia, giving us a "Report from the Front Lines of the Anchorage Assembly." In case you haven't been paying attention, they've been a bit busy lately. On Sunday, October 10, we'll have a discussion about a timely and sensitive topic. Mark Carr, who earned his Ph.D. in Religious Ethics from the University of Virginia and is the Regional Director of Ethics for a major provider of health care in Alaska, will talk to us about medical ethics and American healthcare. He'll address frameworks for thinking about these things generally, and we can have a conversation about such things as ethical considerations related to rationing health care in the pandemic. On October 17, we will get a crash course about "redistricting" from UAA Professor of Public Policy Emeritus and blogger Steve Aufrecht. Steve has closely followed the redistricting process and the work of the Redistricting Board that will shape voting districts for all Alaskans for the decade to come. After coming up to speed about this on the 17th, you will still have a few weeks left to communicate your opinions to the Redistricting Board. On October 24, Alaska Innocence Project Executive Director Bill Oberly will talk with us about "Overturning Wrongful Convictions in Alaska." The Alaska Innocence Project is AUUF's Half-Portion recipient for October. And finally, on the last Sunday of the month, October 31, social innovator Joel Cladouhos will talk with us about creating a "Sustainable Alaska—Alaskanizing the United Nations Sustainable **Development Goals.**"

See you Sundays at 9 a.m., still on Zoom for the foreseeable future.





Sisters in Spirit
With Rev. Lise Adams Sherry and Marty Freeman, Worship Associate
& Music Director Megan Webb

Sunday Worship Live at AUUF & on Zoom 11 am Sunday, October 3, 2021

Click here to join on Zoom.

New Worship Service Schedule Effective Immediately

The first and third Sundays of the month (the odd weekends) will be both in-person and over Zoom (hybrid). The second and fourth Sundays (even weekends) will be Zoom only. Our 9 am Forum service continues to be on Zoom only.

October Sunday Worship

Cultivating Relationship is the Soul Matters' theme for this month's worship. At its heart, I think this is one of the main things we do as a religious community. We seek out and explore our relationships with ourselves, the unknown, our biases, loved ones, not-so-loved ones, nature, money, and a myriad of other things in an effort to better understand our world so that we may reach our goal of Beloved Community. At the very least it's the (imperfect) community we seek—and to be in a relationship ideally means that we accept all the parts of a relationship—the good, the mistaken, and the shadow sides. Accepting what is becomes the first step towards making amends and reaching for the (more) right relationships. So, I hope you'll join me and our worship associates as we explore Cultivating Relationships this month.

October 3, 2021, In-person and on Zoom

Sisters in Spirit with Rev. Lise Adams Sherry and Marty Freeman, Worship Associate October 4 is Canada's Sisters in Spirit Vigil commemorating murdered and missing indigenous women. As we in the states approach Indigenous People's Day and as news headlines have recently focused on yet another missing white woman it seems important to develop a stronger relationship with those who are often unnoticed. What can we do to change the focus in society, developing stronger bonds with the affirmation that all have inherent worth and dignity?

October 10, 2021 Zoom only

Indigenous Peoples' Day—Themes of Reciprocity with Ministerial Intern Rebecca Bernard and Worship Associates Barb Clark, Michelle Champion, and CadyLynn O'Brien. What have indigenous cultures taught us about reciprocity and how can we continue to

incorporate those teachings into the mainstream of our society?

October 17, 2021 In-person and Zoom

The 8th Principle with Rev. Lise Adams Sherry and Cassie Thomas, Worship Associate For the last four years, the Unitarian Universalist Association (UUA) has placed a renewed emphasis on decentering white supremacist culture. As part of this, many congregations have adopted an 8th Principle that seeks to explicitly make anti-oppression and antiracism a part of our UU Principles. Is this work something that AUUF wants to do more explicitly, what are the challenges of developing this kind of relationship, and how would we go about doing this?

October 24, 2021 Zoom only

Michael Servetus and his Relationship to the T/truth with Rev. Lise Adams Sherry and Joyce Laine, Worship Associate

Michael Servetus was a proto-Unitarian born about 1511. How did he explore his own relationship with theological truth and where did that path lead him? What can we learn from him as explore our own conversations with others?

October 31, 2021 In-person and Zoom

All Souls Sunday with Rev. Lise Adams Sherry, and Worship Associates Barb Clark and Ken Winterburger

It's hard to know where you're going if you don't know your starting place, so each year at AJust a reminder that The Healthy Congregations Team will be hosting the first of two "Cottage Meetings" this Sunday afternoon, Oct. 3, 4-5 pm, to answer questions and further discuss its draft Covenant of Right Relations. You can find the zoom link on AUUF website under "What's Happening."UUF we honor our beloveds who are no longer with us but who greatly contributed to the Fellowship we have become. This year we'd also like to honor Ken Stillings whose bequest has allowed us to make some important improvements in our community. How will these past relationships inform our future ones?

Healthy Congregation Team - Virtual Cottage Meetings

Just a reminder that The Healthy Congregations Team will be hosting the first of two "Cottage Meetings" this Sunday afternoon, Oct. 3, 4-5 pm, to answer questions and further discuss its draft Covenant of Right Relations. You can find the zoom link on AUUF website calendar.

Rev. Lise Away . . .

Rev. Lise will be out of town October 6-12 for the happy occasion of her son's wedding! If you have a pastoral concern, please contact our ministerial intern Becca Bernard 907.248.3737 x. 5. Thank you!

A message from Rosene & Religious Exploration

October is here and we are settling into another fall of Zooming! We had high hopes of inperson classes and activities, but we remain in a quandary, with our kids not able to be vaccinated! We are thankful for small moments:

- Our outdoor Peace Camp and outdoor Chalice Circles this summer gave some relief to our separation from each other
- Fall Frolic crafting was fun on a lovely sunny fall afternoon, with some Moon Lanterns floated at sunset on Goose Lake.
- Vaccinated youth have been able to participate in an OWL 201 class and some Coming of Age activities.

But, we are back to reinstituting some of last year's activities. And we look forward to new possibilities in the new year! Until Christmas, the 11:00 Service will be In person the 1 st and 3 rd weeks, and, there will be an in-person Chalice Circle those weeks for any kids

who show up. There will also be a ZOOM Chalice Circle at 10:15 – 10:45 each week. Most will be live, at the zoom link posted in our RE Facebook group. Some will be prerecorded.

RE Volunteers

We are looking for interested volunteers to lead either in person or Zoom Chalice Circles for kids, there are activity and story plans we can share.

Youth and Jr Youth families are interested in some activities going forward. So, also needed are Youth Advisors willing and able to lead some youth activities and /or, in person

meetings on the in person Sundays.

Happenings

October 30 – Trunk or Treat! Halloween all ages Costume party!

Last year was a hoot, costumes were spectacular! So, we decided to do it again!

We will trick or treat outdoors at the decorated vehicle tailgates or trunks around the church and pose for treats and photos!! Make it a family theme! It will be a Spooktacular night! You have time to figure out your theme and costumes. Please contact Rosene if you will decorate your car and have some treats to hand out!

November 14

Because we are all missing our Soup Sundays, (September and October outdoor Soup Sundays are cancelled), CYRE will host a virtual soup Sunday on November 14, ON ZOOM after the service.

There are a lot of folks out there who love to make soup! Maybe you would like to make a pot of Soup to share with another! Maybe you are in need of some lovingly made soup to come your way! Either way, send a text or email to Rosene or Bev Grogan. We will compile a match up! You can meet and chat with your mystery match in a zoom room! More details to come, but first we need people who love people and love soup!!

A Collection from the Safety Policies for the RE Program

The CYRE Committee holds the following Program safety policies:

- 1. Volunteers must have been in attendance at the Fellowship for 6 months before becoming a lead teacher. But volunteering as assistants or volunteers in other capacities is encouraged.
- Volunteers need 2 references if they have not previously taught or worked in the program. They also are asked to sign the Code of Ethics containing protocols for working with children and youth and stating their willingness to undertake a background check.
- 3. Regarding screening of volunteers who work with children and youth:
- All volunteers who work with children and youth are required to sign a statement of disclosure re: prior criminal convictions along with a willingness to undertake a background check.
- National background checks will be run each year for leaders new to the program.
 These will include Preschool and Primary teachers, OWL leaders and YRUU
 Advisors, Jr High and Sr High-class leaders, Coming of Age leaders and mentors
 Youth Coordinators, and DLRE.
- Background checks will be repeated every 2 years for volunteers who continue in the program.

Click here to read the entire article.

From the Board President, Peggy Robinson

Fall is definitely here! And along with the chill, those traditional AUUF activities. You've read about the variety of RE activities planned and occurring, both for children and adults. Coming back into the sanctuary for the 11 am service this fall with slowly increasing attendance has been a welcome breath of normalcy. Please join us on the first and third Sundays!

The annual auction is happening this fall too. We were so successful with the virtual auction last fall that we had planned to repeat it again this year anyway, regardless of COVID. It will be online from October 30 through November 7th. We will again have a program at 5 pm on the last Sunday with a time for recognition of volunteers, music, and raffle results. We will be ready to accept donations at AUUF starting October 4th ... be thinking of experiences, food, and other items that you can donate to help support the operations of our fellowship!

The theme for Stewardship for the year is "Because we love our neighbors ...". You will see this throughout the congregation, as the "..." gets filled in by many different activities and efforts, both within the congregation and out to the Anchorage community and beyond.

Bill Clontz, the Stewardship Consultant who led a workshop for us in April 2015, provided the following reminder in his written report ...

"Unitarian Universalism comes out of the Congregationalist tradition; we each provide what we can of time, talent, and treasure, not because of some external pressure, but because this is our fellowship – it is ours to enjoy and ours to sustain."

AUUF Anti-Racism Team Corner:

AUUF Monthly Book Club: STARTS NEXT WEEK and YOU ONLY HAVE TO READ THROUGH CHAPTER 1.

Mistakes and Miracles by Nancy Palmer and Karin Lin. The group will meet monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00). We will discuss one chapter each session. Our first meeting is on Oct. 5th from 6:30 - 8 PM, when we plan to discuss Chapter 1. Zoom info

Join Zoom Meeting

Meeting ID: 960 6952 4601

Passcode: 218111

Dial by your location

+1 346 248 7799 US (Houston)

+1 646 558 8656 US (New York)

This is how the book is described on the In Spirit UU Book and Gift Shop webpage:

"What calls Unitarian Universalists to create multicultural, antiracist Beloved Community? What do congregations need when they embark on this journey? What common threads run through their stories? Nancy Palmer Jones and Karin Lin—a white minister and a layperson of color—share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey. Mistakes abound. Miracles of transformation and joy emerge too. Extensively researched and thoughtfully written—with reflection questions at the end of each chapter—Mistakes and Miracles: Congregations on the Road to Multiculturalism will guide readers to apply these stories to their own communities, develop next steps, and renew their commitment to this hard but meaningful work."

Indigenous Peoples' Day Event: Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code," with Special Guest Co-Producer Sheldon P. Wolfchild

- Monday, October 11 (Indigenous Peoples' Day), 6:30-8:30 pm
- Zoom link

We know now that Christopher Columbus was not quite the hero that he's portrayed to be in American textbooks. But what exactly was the worldview that allowed Columbus and other European explorers to justify their intensive colonization of the lands and peoples who were already here? A new documentary, "The Doctrine of Discovery – Unmasking the Domination Code," offers an incisive analysis of this question from Shawnee-Lenape scholar Steven T. Newcomb and his co-producer Sheldon P. Wolfchild, a documentary filmmaker and member of the Lower Sioux Indian Community. This hour-long video explains the premise under which lands were seized based on the international laws of Western Christendom and still – five centuries later – is used to deny the rights of Indigenous people in the Americas and globally.

The AUUF Anti-Racism Team invites you to commemorate Indigenous Peoples' Day by joining us for a viewing and discussion of "The Doctrine of Discovery."

If you'd like to know more, please call or text Anti-Racism Team member Marilyn Russell at 907-750-4566. <u>You can also read more about the documentary here</u>.

ALASKA BLACK CAUCUS

Community Conversation: Parent and Student Voices on Racism

Sunday, October 3, 2021

7:00 pm - 8:00 pm

Join the Alaska Black Caucus for a conversation with young people sharing their perspectives on racism.

This conversation is brought to you by the Alaska Black Caucus Education Committee. Register here

Meet & Greet with Rev. Lise

Although many of us have had the pleasure of meeting, worshipping, and working with Rev. Lise while she's been here, we realize some of you haven't had the same opportunities. After all, the last several months have been unusual. As the AUUF Board and Rev. Lise begin conversations about the possibility of asking her to become our settled minister, we want to be sure as many of you as possible have the chance to spend some time with her.

In addition to her twice-monthly "Walk & Talks," (see website calendar), the Board is hosting two October "Meet & Greets" over Zoom. The first is 7-8 pm, Thursday, Oct. 14, with the second scheduled for 4-5 pm, Sunday, Oct. 17. Come for the entire hour, or for just a few minutes. Also, if you're comfortable masking up and coming to AUUF, Rev. Lise is in the building until 1:30 the first, third, and fifth Sundays of each month after our inperson (and over Zoom) 11:00 services.

For the Zoom info please see calendar link on the AUUF homepage.

Covenant of Right Relations

During the last two weekends, we've been talking about Healthy Congregations and covenant at AUUF. I preached about Covenants on September 19 and our Healthy Congregations Team did a Forum presentation yesterday. On both weekends we took the time to share the draft Covenant of Right Relations with you all. You can check it out at the below link. And we'll be talking about it in Zoom meetings on Sunday, Oct. 3, 4 pm, and Tuesday, Oct. 19 at 7 pm. We'd love to hear direct feedback from you so please look at this link and come join us for a conversation!

Covenant draft of right relations.

Blessings, Rev. Lise

Nominate an Outstanding UU!

Do you know an outstanding UU in our congregation? Here is your chance to recognize them for all the work they have done on behalf of AUUF. The Board presents two awards during the annual dinner to members who have contributed substantially to our congregation.

The awards are:

Volunteer of the Year: This award is meant to honor a person who has contributed a significant amount of volunteer time to the Fellowship during the last year. Recent awardees are Denise Martin (2016), Kalen Saxton (2017), the Project Oversight Team that managed our building renovation (2018), Carma Reed (2019), and the Ministerial Search Committee (2020).

Fred Hillman Distinguished Service Award: This award is named after long-time AUUF member and former Board president Dr. Fred Hillman, who passed away in 2014. Like its namesake, this award is meant to honor a person who lives the Seven Principles as part of their everyday life. Recent awardees are Sylvia Short (2016), Rod McCoy (2017), Helen Nienhueser (2018), Wendy Romberg (2019), and Ruth Sheridan (2020).

To submit a nomination for an award, send a brief statement (no more than one paragraph) on why you feel this person should be recognized to Board member Robin Hill at blink3433@icloud.com. The deadline for nominations is October 15.



The Alaska Innocence Project is the October recipient of the Half Portion for Social Action

The Alaska Innocence Project is the only organization in Alaska solely dedicated to identifying, freeing, and exonerating those individuals wrongfully convicted in the state. We receive requests to review claims of innocence from all over the State. The cases we review involve all types of criminal cases, arising out of all types of situations that can lead to wrongful convictions.

As part of AKIP's efforts to discover wrongful convictions in Alaska, we have undertaken an outreach program in rural Alaska. As a result of the size of Alaska, the remoteness of many of the villages, and the transience of many of those in the legal field, AKIP believes that wrongful convictions occur more often in the Bush. Because of the differences in cultures, we further believe many of those wrongful convictions go undiscovered. We are working to specifically identify these cases.

AKIP is a free-standing, non-profit organization, reliant on donations to fulfill its mission. Most of the funding AKIP receives is from individual donations. Traditionally, many of these came during our two annual fundraisers. However, the pandemic has prevented us from holding a fundraiser since the spring of 2019. We had planned to hold our first in-person fundraiser in two years this month but determined we could not hold it with the current surge in cases. We will be trying a virtual event on October 2, which is International Wrongful Conviction Day. This is why generosity like that shown by the Anchorage Unitarian Universalist Fellowship is so important to us. Thank you so very much.

Go to <u>anchorageuuf.org</u>
Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org GIna's AUUF office hours Mon-Thurs, 9 am - 1 pm

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm
Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –Monday and Thursday from 9 am - 4 pm

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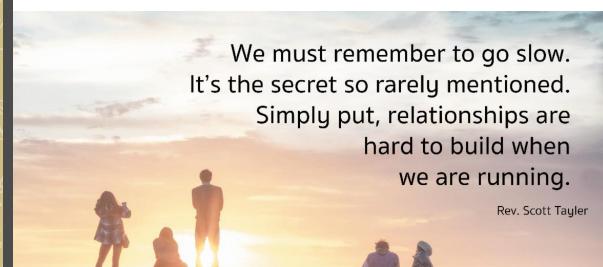
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Service Podcasts

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Today At Your Fellowship Monday October 4, 2021



This Week @ AUUF

Monday 10/4/21

Tuesday 10/5/21

4:30 pm Forum Planning on Zoom 6:30 pm "Mistakes & Miracles" Anti-Racism Book Club on Zoom

Wednesday 10/6/21

7 pm Building & Grounds Meeting on Zoom

Thursday 10/7/21

6 pm Choir Rehearsal at AUUF

Sunday 10/10/21

9 am Virtual Forum on Zoom

11:00 am Virtual Worship on Zoom

11:00 am RE Chalice Circle AUUF 12:30 pm Owl 201 Class AUUF

12:30 pm The Alliance on Zoom

1-3 pm COA M&M at Upstairs Social room AUUF

2:30 pm Worship Associate Meeting

Friday 10/8/21 12 pm Freethinkers on Zoom

Saturday 10/9/21 12:30 pm OWL 201 at AUUF

October Half Portion goes to <u>Alaska</u> <u>Innocence Project</u>

Zoom links for public meetings are always available on the calendar on the AUUF homepage.

4-7 pm Sunday Chalice Circle

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.

New Worship Service Schedule Effective Immediately

The first and third Sundays of the month (the odd weekends) will be both in-person and over Zoom (hybrid). The second and fourth Sundays (even weekends) will be Zoom only. Our 9 am Forum service continues to be on Zoom only.

Rev. Lise Away . . .

Rev. Lise will be out of town October 6-12 for the happy occasion of her son's wedding! If you have a pastoral concern, please contact our ministerial intern Becca Bernard 907.248.3737 x. 5. Thank you!

Helping Newly Arriving Afghan Refugees

As Anchorage prepares to welcome 50-100 refugees from Afghanistan in the coming weeks, we are fortunate to be able to learn from those that came before them. Hope, Alexander, Divine, and Mahdi are just a few of the people that have come to Alaska in recent years as refugees, seeking safety and security. From them, we know that many challenges face refugees-culture shock, staying warm, fear of bears, language barriers, getting jobs to support their families and develop independence, even the inability to use their own phones to connect with those they love back home due to differences in electrical connections.

During a panel where these earlier refugees to Alaska were interviewed, they answered questions about the best way to help newly arriving refugees. They highly recommended the Refugee Assistance & Immigration Services (RAIS) program through Catholic Social Services. This program provides reception and placement for newly arrived refugees, case management, education and employment services, health promotion, even an agricultural partnership program where people can grow their own vegetables and practice English.

There are many ways to increase our collective understanding of the ongoing stress and needs people face, as they grieve the loss of their homeland while working to create a new sense of home, in Alaska with us, their new neighbors. If you would like to learn more about the local refugee experience, you can view the entire panel discussion on the CSS website here. You may also want to watch *The Good Lie*, a movie about refugees rebuilding their lives.

If you would like to help, please join us in donating money to the AUUF Minister's Caring Fund. During October, donations to that fund will be given to the RAIS program to directly support the most urgent needs of our newly arriving refugees. The 5 th Sunday half portion this month will also support this need in our community. Please donate by going to anchorageuuf.org, clicking on the blue Donate/Pay button at the bottom of the page, and entering your donation on the "Minister's Caring Fund" line. You can also enter "Afghan refugees" in the box for notes. Donations will be collected through October

31. Previous refugees are already giving back in many ways. Thank you for helping us, in partnership with RAIS, get our newest refugees off to a well-supported and welcoming start

Freethinkers

12 pm, Friday, October 8 On Zoom

Migration & Flow States

by Cari Sayre

Elon Musk wants to die on Mars, just not on impact... or so he said on a PBS special. He is the epitome of futuristic thinkers, intent on making it possible for humans to settle in other realms in case we mess up our Earth beyond repair. Or would it be easier to simply migrate inward, to Virtual Reality, as some gamers and teens seem to be doing already? Our current (unreal!) reality regarding the mask mandate debate leads to comments about "information silos" where social media feeds people what they want to hear, encouraging us all to remain divided. We talked about Flow States, individually or in groups, and the euphoria that can come from being "in the zone" whether it be music-making, athletic pursuits, engine repair, or even children playing in leaves or splashing in the water. Meeting a challenge to stay positive for the last half-hour, we talked about wind and solar power, the Ford plant for electric pick-ups in Kentucky, and the e-charging stations going up around Alaska. Eventually, the conversation came around to government again, and the need for young people to learn what it's for and how it works. Next week we'll begin Kamala Harris's book **The Truths We Hold**, reading Part 1, *For the People*.

Looking Forward to October Forums

In October, you can look forward to five interesting Forums on a variety of topics that are important to us all as citizens of our community, state, and the planet.

On Sunday, October 10, we'll have a discussion about a timely and sensitive topic. **Mark Carr**, who earned his Ph.D. in Religious Ethics from the University of Virginia and is the Regional Director of Ethics for a major provider of health care in Alaska, will talk to us about **medical ethics and American healthcare**. He'll address frameworks for thinking about these things generally, and we can have a conversation about such things as ethical considerations related to rationing health care in the pandemic. On October 17, we will get a crash course about "redistricting" from UAA Professor of Public Policy Emeritus and blogger **Steve Aufrecht**. Steve has closely followed the redistricting process and the work of the **Redistricting** Board that will shape **voting districts** for all Alaskans for the decade to come. After coming up to speed about this on the 17th, you will still have a few weeks left to communicate your opinions to the Redistricting Board. On October 24, **Alaska Innocence Project Executive Director Bill Oberl** y will talk with us about "Overturning Wrongful Convictions in Alaska." The Alaska Innocence Project is AUUF's Half-Portion recipient for October. More info about the last Sunday of the month coming soon.

See you Sundays at 9 a.m., still on Zoom for the foreseeable future.



October Sunday Worship

Cultivating Relationship is the Soul Matters' theme for this month's worship. At its heart, I think this is one of the main things we do as a religious community. We seek out and explore our relationships with ourselves, the unknown, our biases, loved ones, not-so-loved ones, nature, money, and a myriad of other things in an effort to better understand our world so that we may reach our goal of Beloved Community. At the very least it's the (imperfect) community we seek—and to be in a relationship ideally means that we accept all the parts of a relationship—the good, the mistaken, and the shadow sides. Accepting what is becomes the first step towards making amends and reaching for the (more) right relationships. So, I hope you'll join me and our worship associates as we explore Cultivating Relationships this month.

October 10, 2021 Zoom only

Indigenous Peoples' Day—Themes of Reciprocity with Ministerial Intern Rebecca Bernard and Worship Associates Barb Clark, Michelle Champion, and CadyLynn O'Brien. What have indigenous cultures taught us about reciprocity and how can we continue to incorporate those teachings into the mainstream of our society?

October 17, 2021, In-person and Zoom

The 8th Principle with Rev. Lise Adams Sherry and Cassie Thomas, Worship Associate For the last four years, the Unitarian Universalist Association (UUA) has placed a renewed emphasis on decentering white supremacist culture. As part of this, many congregations have adopted an 8th Principle that seeks to explicitly make anti-oppression and anti-racism a part of our UU Principles. Is this work something that AUUF wants to do more explicitly, what are the challenges of developing this kind of relationship, and how would we go about doing this?

October 24, 2021 Zoom only

Michael Servetus and his Relationship to the T/truth with Rev. Lise Adams Sherry and Joyce Laine, Worship Associate

Michael Servetus was a proto-Unitarian born about 1511. How did he explore his own relationship with theological truth and where did that path lead him? What can we learn from him as explore our own conversations with others?

October 31, 2021, In-person and Zoom

All Souls Sunday with Rev. Lise Adams Sherry, and Worship Associates Barb Clark and Ken Winterburger

It's hard to know where you're going if you don't know your starting place, so each year at just a reminder that The Healthy Congregations Team will be hosting the first of two "Cottage Meetings" this Sunday afternoon, Oct. 3, 4-5 pm, to answer questions and further discuss its draft Covenant of Right Relations. You can find the zoom link on AUUF website under

"What's Happening."UUF we honor our beloveds who are no longer with us but who greatly contributed to the Fellowship we have become. This year we'd also like to honor Ken Stillings whose bequest has allowed us to make some important improvements in our community. How will these past relationships inform our future ones?

Meet & Greet with Rev. Lise

7-8 pm, Thursday, Oct. 14 4-5 pm, Sunday, Oct. 17

Although many of us have had the pleasure of meeting, worshipping, and working with Rev. Lise while she's been here, we realize some of you haven't had the same opportunities. After all, the last several months have been unusual. As the AUUF Board and Rev. Lise begin conversations about the possibility of asking her to become our settled minister, we want to be sure as many of you as possible have the chance to spend some time with her.

In addition to her twice-monthly "Walk & Talks," (see website calendar), the Board is hosting two October "Meet & Greets" over Zoom. The first is 7-8 pm, Thursday, Oct. 14, with the second scheduled for 4-5 pm, Sunday, Oct. 17. Come for the entire hour, or for just a few minutes. Also, if you're comfortable masking up and coming to AUUF, Rev. Lise is in the building until 1:30 the first, third, and fifth Sundays of each month after our inperson (and over Zoom) 11:00 services.

For the Zoom info please see calendar link on the AUUF homepage.

AUUF Anti-Racism Team Corner:

AUUF Monthly Book Club: STARTS TOMORROW and YOU ONLY HAVE TO READ THROUGH CHAPTER 1.

Mistakes and Miracles by Nancy Palmer and Karin Lin. The group will meet monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00). We will discuss one chapter each session. Our first meeting is on Oct. 5th from 6:30 - 8 PM, when we plan to discuss Chapter 1.

Join Zoom Meeting:

Meeting ID: 960 6952 4601

Passcode: 218111
Dial by your location

+1 346 248 7799 US (Houston) +1 646 558 8656 US (New York)

This is how the book is described on the In Spirit UU Book and Gift Shop webpage: "What calls Unitarian Universalists to create multicultural, antiracist Beloved Community? What do congregations need when they embark on this journey? What common threads run through their stories? Nancy Palmer Jones and Karin Lin—a white minister and a layperson of color—share how five diverse congregations encounter frustrations and disappointments, as well as hope and wonder, once they commit to the journey. Mistakes abound. Miracles of transformation and joy emerge too. Extensively researched and thoughtfully written—with reflection questions at the end of each chapter—Mistakes and Miracles: Congregations on the Road to Multiculturalism will guide readers to apply these stories to their own communities, develop next steps, and renew

Indigenous Peoples' Day Event: Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code," with Special Guest Co-Producer Sheldon P. Wolfchild

- Monday, October 11 (Indigenous Peoples' Day), 6:30-8:30 pm
- **Zoom link**: Meeting ID: 998 4357 9586 Passcode: 166773

their commitment to this hard but meaningful work."

We know now that Christopher Columbus was not quite the hero that he's portrayed to be in American textbooks. But what exactly was the worldview that allowed Columbus and other European explorers to justify their intensive colonization of the lands and peoples who were already here? A new documentary, "The Doctrine of Discovery – Unmasking the Domination Code," offers an incisive analysis of this question from Shawnee-Lenape scholar Steven T. Newcomb and his co-producer Sheldon P. Wolfchild, a documentary filmmaker and member of the Lower Sioux Indian Community. This hour-long video explains the premise under which lands were seized based on the international laws of Western Christendom and still – five centuries later – is used to deny the rights of Indigenous people in the Americas and globally.

The AUUF Anti-Racism Team invites you to commemorate Indigenous Peoples' Day by joining us for a viewing and discussion of "The Doctrine of Discovery."

If you'd like to know more, please call or text Anti-Racism Team member Marilyn Russell at 907-750-4566. You can also read more about the **documentary here**.

A message from Rosene & Religious Exploration

October is here and we are settling into another fall of Zooming! We had high hopes of inperson classes and activities, but we remain in a quandary, with our kids not able to be vaccinated! We are thankful for small moments:

- Our outdoor Peace Camp and outdoor Chalice Circles this summer gave some relief to our separation from each other
- Fall Frolic crafting was fun on a lovely sunny fall afternoon, with some Moon Lanterns floated at sunset on Goose Lake.
- Vaccinated youth have been able to participate in an OWL 201 class and some Coming of Age activities.

But, we are back to reinstituting some of last year's activities. And we look forward to new possibilities in the new year! Until Christmas, the 11:00 Service will be In person the 1 st and 3 rd weeks, and, there will be an in-person Chalice Circle those weeks for any kids who show up. There will also be a ZOOM Chalice Circle at 10:15 – 10:45 each week. Most will be live, at the zoom link posted in our RE Facebook group. Some will be prerecorded.

RE Volunteers

We are looking for interested volunteers to lead either in person or Zoom Chalice Circles for kids, there are activity and story plans we can share.

Youth and Jr Youth families are interested in some activities going forward. So, also needed are Youth Advisors willing and able to lead some youth activities and /or, in person

meetings on the in person Sundays.

Happenings

October 30 - Trunk or Treat! Halloween all ages Costume party!

Last year was a hoot, costumes were spectacular! So, we decided to do it again!

We will trick or treat outdoors at the decorated vehicle tailgates or trunks around the church and pose for treats and photos!! Make it a family theme! It will be a Spooktacular night! You have time to figure out your theme and costumes. Please contact Rosene if you will decorate your car and have some treats to hand out!

November 14

Because we are all missing our Soup Sundays, (September and October outdoor Soup Sundays are cancelled), CYRE will host a virtual soup Sunday on November 14, ON ZOOM after the service.

There are a lot of folks out there who love to make soup! Maybe you would like to make a pot of Soup to share with another! Maybe you are in need of some lovingly made soup to come your way! Either way, send a text or email to Rosene or Bev Grogan. We will compile a match up! You can meet and chat with your mystery match in a zoom room! More details to come, but first we need people who love people and love soup!!

Nominate an Outstanding UU!

Do you know an outstanding UU in our congregation? Here is your chance to recognize them for all the work they have done on behalf of AUUF. The Board presents two awards during the annual dinner to members who have contributed substantially to our congregation.

The awards are:

Volunteer of the Year: This award is meant to honor a person who has contributed a significant amount of volunteer time to the Fellowship during the last year. Recent awardees are Denise Martin (2016), Kalen Saxton (2017), the Project Oversight Team that managed our building renovation (2018), Carma Reed (2019), and the Ministerial Search Committee (2020).

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

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Sunday 10/10/21

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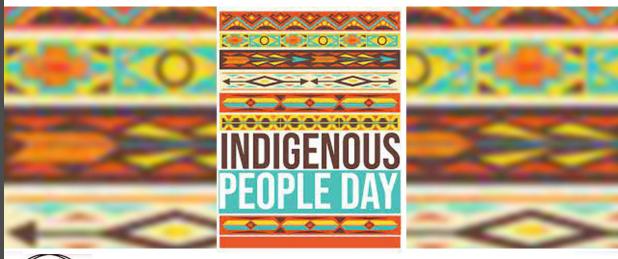


Medical Ethics and American Healthcare With Mark Carr, Ph.D.

Virtual Forum

9 am Sunday, October 10

Click here to join on Zoom.
Click here for Speaker's bio.





Honoring Indigenous Peoples' Day

With Worship Leaders Rebecca Bernard and Michele Champion

Virtual Worship on Zoom

11 am Sunday, October 10

Click here to join on Zoom.
Click here for Speaker's bio.

Indigenous Peoples' Day Event:

Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code,"
6:30 pm Monday, October 11

with Special Guest Co-Producer Sheldon P. Wolfchild Join Zoom Meeting

Meeting ID: 998 4357 9586

Passcode: 166773

Dial by your location

+1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston)

AUUF Love Our Neighbors Auction Update

Our annual auction activities have begun! We already have several items, food, and events donated for our annual fund (and fun) raising event. If you did not receive a personalized invitation to the website in your email last week, please email us at auction@anchorageuuf.org, and we will send you the link. It allows you to register, donate,

and bid on items once the auction opens.

Last year, popular items included food of all types, activities (especially outdoors), unique items, and services. There was quite a bidding war for a used pogo stick, so who knows what the popular item will be this year! Please bring your donations to the AUUF lobby and leave on the table if the Congregational Administrator is not available. Complete and leave the top 2 copies of the donation form so we have your name and information about your donation. The bidding starts at 9 am on Saturday, October 30, and ends at 8 pm on Sunday, November 7. From 5-6 pm on that Sunday, we will have a Zoom program with music, award announcements, raffle drawings, and other activities. We are using the same software as last year, which was easy to use.

Please bring your donations to the AUUF lobby and leave them on the table if the Congregational Administrator is not available. (Gina's hours are Monday-Thursday 9-1 pm). Complete and leave the top 2 copies of the donation form so we have your name and information about your donation.

Your Auction Team Cathy, Carma, Mara, and Peggy

Looking Forward to October Forums

In October, you can look forward to interesting Forums on a variety of topics that are important to us all as citizens of our community, state, and the planet.

On Sunday, October 10, we'll have a discussion about a timely and sensitive topic. Mark Carr, who earned his Ph.D. in Religious Ethics from the University of Virginia and is the Regional Director of Ethics for a major provider of health care in Alaska, will talk to us about medical ethics and American healthcare. He'll address frameworks for thinking about these things generally, and we can have a conversation about such things as ethical considerations related to rationing health care in the pandemic.

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You can go to Steve's 2020 Redistricting Post tab here:

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On the last Sunday of the month, October 31, we'll have a program brought to us by our AUUF Endowment Committee our Fellowship's Endowment Fund, with Endowment Committee Chair Wray Kinard, Alaska Community Foundation Vice-President Elizabeth Miller, and Abigail O'Connor, an Anchorage attorney specializing in estate planning, including making charitable gifts.

See you Sundays at 9 a.m., still on Zoom for the foreseeable future.

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with Rev. Lise Adams Sherry, and Worship Associates Barb Clark and Ken Winterburger

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AUUF Anti-Racism Team Corner

In Honor of Indigenous People's Day, AUUF presents: Viewing and Discussion of The Doctrine of Discovery – Unmasking the Domination Code

Special Guest Co-Producer Sheldon P. Wolfchild

- Monday, October 11 (Indigenous Peoples' Day), 6:30-8:30 pm
- Zoom link- Meeting ID: 998 4357 9586 Passcode: 166773

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The AUUF Anti-Racism Team invites you to commemorate Indigenous Peoples' Day by joining us for a viewing and discussion of "The Doctrine of Discovery." If you'd like to know more, please call or text Anti-Racism Team member Marilyn Russell at 907-750-4566. You can also read more about the documentary here.

Alaska Black Caucus Community Conversation: COVID-19 Trauma and Mental Health Date - 10/10/2021 7:00 pm - 8:00 pm

Join the Alaska Black Caucus for a conversation focused on COVID-19 trauma and mental health impacts.

The Alaska Black Caucus is proud to present monthly Community Conversations focused on topics related to COVID-19 impacts and health disparities in the BIPOC Community.

This program was supported by a grant awarded by the Municipality of Anchorage, Anchorage Health Department.

The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the Alaska Black Caucus and do not necessarily reflect the views of the Municipality of Anchorage, Anchorage Health Department.

Register here:

Indigenous Peoples Day Celebration - Alaska Pacific University

WHEN: October 12, 2020 @ 10:00 am - 11:30 am. WHERE: Virtual Event

LINK: https://www.facebook.com/Alaskapacific

Alaska Pacific University, Alaska Native Tribal Health Consortium, Alaska Native Heritage Center, Alaska Native Sisterhood Camp 87, Cook Inlet Tribal Council, Native Peoples Action Community Fund & Pamyua invite you to join a virtual Indigenous Peoples Day Celebration.

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If you would like to help, please join us in donating money to the AUUF Minister's Caring Fund. During October, donations to that fund will be given to the RAIS program to directly support the most urgent needs of our newly arriving refugees. The 5 th Sunday half portion this month will also support this need in our community. Please donate by going to anchorageuuf.org, clicking on the blue Donate/Pay button at the bottom of the page, and entering your donation on the "Minister's Caring Fund" line. You can also enter "Afghan refugees" in the box for notes. Donations will be collected through October 31. Previous refugees are already giving back in many ways. Thank you for helping us, in partnership with RAIS, get our newest refugees off to a well-supported and welcoming start.

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7-8 pm, Thursday, Oct. 14

4-5 pm, Sunday, Oct. 17

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Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Gina Molletti Congregational Administrator, 907-248-3737 x1 <u>admin@anchorageuuf.org</u>
Glna's AUUF office hours Mon-Thurs, 9 am - 1 pm

Kelly Spring, Communications Specialist, communications@anchorageuuf.org

Kelly's remote office hours Mon - Friday 9 am -1 pm Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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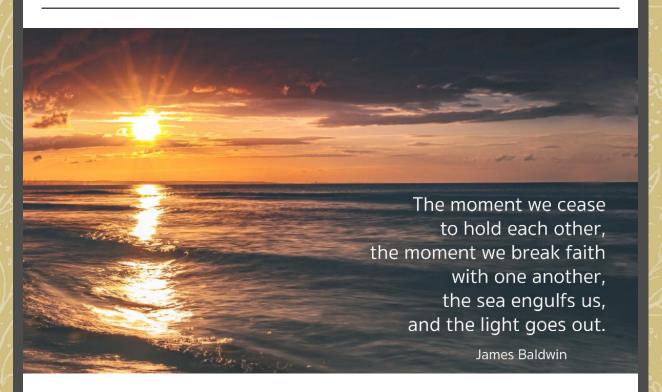
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ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship Monday October 11, 2021



This Week @ AUUF

Monday 10/11/21

6:30-8:30 pm Indigenous Peoples' Day Event: Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code," on Zoom

Tuesday 10/12/21

2:00 pm Hungry Book Club at AUUF 7:00 pm Stewardship Team Meeting

Wednesday 10/13/21

6:00 pm Safer Congregation Team

Thursday 10/14/21

Sunday 10/17/21

9 am Virtual Forum on Zoom

Redistricting: Shaping the Next Decade of Alaska Politics
Dr. Steve Aufrecht

11:00 am Sunday Worship Live at AUUF & on Zoom

The 8th Principle
With Rev. Lise Adams Sherry and Cassie
Thomas, Worship Associate

11:00 am RE Chalice Circle at AUUF

5:30 pm Board Agenda Setting Meeting 6:00 pm Choir Rehearsal at AUUF 7:00 pm Meeting & Greet with Rev. Lise

Friday 10/15/21

12:00 pm Freethinkers on Zoom

Saturday 10/16/21

12:30 pm OWL 201

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

October Half Portion goes to Alaska Innocence Project

12:30 pm Owl 201 Class at AUUF

12:30 pm The Alliance on Zoom

1-3 pm COA M&M at Upstairs Social room AUUF

4:00 pm Meet & Greet with Rev. Lise on Zoom

4-7 pm Sunday Chalice Circle on Zoom

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer.

AUUF Anti-Racism Team Corner

TONIGHT

In Honor of Indigenous People's Day, The AUUF Anti-Racism team presents:

Viewing and Discussion of "The Doctrine of Discovery – Unmasking the Domination Code," with Special Guest Co-Producer Sheldon P. Wolfchild

- Monday, October 11 (Indigenous Peoples' Day), 6:30-8:30 pm
- Zoom link Meeting ID: 998 4357 9586 Passcode: 166773

We know now that Christopher Columbus was not quite the hero that he's portrayed to be in American textbooks. But what exactly was the worldview that allowed Columbus and other European explorers to justify their intensive colonization of the lands and peoples who were already here? A new documentary, "The Doctrine of Discovery – Unmasking the Domination Code," offers an incisive analysis of this question from Shawnee-Lenape scholar Steven T. Newcomb and his co-producer Sheldon P. Wolfchild, a documentary filmmaker and member of the Lower Sioux Indian Community. This hour-long video explains the premise under which lands were seized based on the international laws of Western Christendom and still – five centuries later – is used to deny the rights of Indigenous people in the Americas and globally.

The AUUF Anti-Racism Team invites you to commemorate Indigenous Peoples' Day by joining us for a viewing and discussion of "The Doctrine of Discovery."

If you'd like to know more, please call or text Anti-Racism Team member Marilyn Russell at 907-750-4566. You can also read more about the documentary here.

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Alaska Pacific University, Alaska Native Tribal Health Consortium, Alaska Native Heritage Center, Alaska Native Sisterhood Camp 87, Cook Inlet Tribal Council, Native Peoples Action Community Fund & Pamyua invite you to join a virtual Indigenous <u>Peoples Day Celebration</u>.

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Join Zoom Meeting

Meeting ID: 954 8398 2069

Passcode: 936094

Dial by your location +1 346 248 7799 +1 646 558 8656

AUUF Love Our Neighbors Auction Update

Our annual auction activities have begun! We already have several items, food, and events donated for our annual fund (and fun) raising event. If you did not receive a personalized invitation to the website in your email last week, please email us at auction@anchorageuuf.org, and we will send you the link. It allows you to register, donate, and bid on items once the auction opens.

Last year, popular items included food of all types, activities (especially outdoors), unique items, and services. There was quite a bidding war for a used pogo stick, so who knows what the popular item will be this year! Please bring your donations to the AUUF lobby and leave on the table if the Congregational Administrator is not available. (Gina's hours are Monday-Thursday 9-1 pm). Complete and leave the top 2 copies of the donation form so we have your name and information about your donation. The bidding starts at 9 am on Saturday, October 30, and ends at 8 pm on Sunday, November 7. From 5-6 pm on that Sunday, we will have a Zoom program with music, award announcements, raffle drawings, and other activities. We are using the same software as last year, which was easy to use.

Your Auction Team Cathy, Carma, Mara, and Peggy

Looking Forward to October Forums

In October, you can look forward to interesting Forums on a variety of topics that are important to us all as citizens of our community, state, and the planet.

On October 17, we will get a crash course about "redistricting" from UAA Professor of Public Policy Emeritus and blogger Steve Aufrecht. Steve has closely followed the redistricting process and the work of the Redistricting Board that will shape voting districts for all Alaskans for the decade to come. After coming up to speed about this on the 17th, you will still have a few weeks left to communicate your opinions to the Redistricting Board.
You can go to Steve's 2020 Redistricting Post tab here:

On October 24, Alaska Innocence Project Executive Director Bill Oberl y will talk with us about "Overturning Wrongful Convictions in Alaska." The Alaska Innocence Project is AUUF's Half-Portion recipient for October.

On the last Sunday of the month, October 31, we'll have a program brought to us by our AUUF Endowment Committee our Fellowship's Endowment Fund, with Endowment Committee Chair Wray Kinard, Alaska Community Foundation Vice-President Elizabeth Miller, and Abigail O'Connor, an Anchorage attorney specializing in estate planning, including making charitable gifts.

See you Sundays at 9 a.m., still on Zoom for the foreseeable future.

October Sunday Worship

Cultivating Relationship is the Soul Matters' theme for this month's worship. At its heart, I think this is one of the main things we do as a religious community. We seek out and explore our relationships with ourselves, the unknown, our biases, loved ones, not-so-loved ones, nature, money, and a myriad of other things in an effort to better understand our world so that we may reach our goal of Beloved Community. At the very least it's the (imperfect) community we seek—and to be in a relationship ideally means that we accept all the parts of a relationship—the good, the mistaken, and the shadow sides. Accepting what is becomes the first step towards making amends and reaching for the (more) right relationships. So, I hope you'll join me and our worship associates as we explore Cultivating Relationships this month.

October 17, 2021, In-person and Zoom

The 8th Principle with Rev. Lise Adams Sherry and Cassie Thomas, Worship Associate For the last four years, the Unitarian Universalist Association (UUA) has placed a renewed emphasis on decentering white supremacist culture. As part of this, many congregations have adopted an 8th Principle that seeks to explicitly make anti-oppression and anti-racism a part of our UU Principles. Is this work something that AUUF wants to do more explicitly, what are the challenges of developing this kind of relationship, and how would we go about doing this?

October 24, 2021 Zoom only

Michael Servetus and his Relationship to the T/truth with Rev. Lise Adams Sherry and Joyce Laine, Worship Associate

Michael Servetus was a proto-Unitarian born about 1511. How did he explore his own relationship with theological truth and where did that path lead him? What can we learn from him as explore our own conversations with others?

October 31, 2021, In-person and Zoom

All Souls Sunday

with Rev. Lise Adams Sherry, and Worship Associates Barb Clark and Ken Winterberger

It's hard to know where you're going if you don't know your starting place, so each year at AUUF we honor our beloveds who are no longer with us but who greatly contributed to the Fellowship we have become. This year we'd also like to honor Bill Stilling whose bequest has allowed us to make some important improvements in our community. How will these

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9:00 am Sunday, October 17

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Click here to join on Zoom.
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11:00 am Sunday, October 17, 2021

The 8^{th} Principle With Rev. Lise Adams Sherry and Cassie Thomas, Worship Associate

Click here to join on Zoom.

A Message from Religious Exploration

- 1. AUUF Small groups are currently meeting virtually. There is still space available in the Monday night small group. They will be meeting on alternate Mondays, starting 10/25 from 7-8:30 pm. Please contact Rosene Beachy or Susan Orlansky if you would like to participate.
- 2. October 30 Trunk or Treat! Halloween all ages Costume party! Last year was a hoot, the costumes were spectacular! So, we decided to do it again!

We will trick or treat outdoors at the decorated vehicle tailgates or trunks around the church and pose for treats and photos!! Make it a family theme! It will be a Spooktacular night! You have time to figure out your theme and costumes. Please contact Rosene if you are willing to decorate your car and have some treats to hand out!

3. November 14 - Because we are all missing our Soup Sundays, (September and October outdoor Soup Sundays are canceled), CYRE will host a virtual soup Sunday on November 14, ON ZOOM after the service. There are a lot of folks out there who love to make soup! Maybe you would like to make a pot of Soup to share with another! Maybe you are in need of some lovingly made soup to come your way! Either way, send a text or email to Rosene or Bev Grogan. We will compile a matchup! You can meet and chat with your mystery match in a zoom room

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Join Zoom Meeting

Meeting ID: 954 8398 2069

Passcode: 936094

Dial by your location +1 346 248 7799 +1 646 558 8656

Nominate a Half Portion Recipient

The Committee wants to hear from you to help complete a roster of Half Portion recipients for the upcoming calendar year! Use this form to nominate potential Half Portion recipients. You can submit multiple entries if you have additional suggestions. Complete as much information as possible to help with vetting and selection.

Questions? Ask committee members Carolyn Gove or J Reto – carolyn.gove@gmail.com or humble332001@yahoo.com .

Learn more about the Half Portion program at the link below Click here to nominate your <u>favorite organization</u>.

Anti-Racism Team Corner

Please join this Sunday for Worship Live at AUUF & on Zoom 11:00 am Sunday, October 17, Rev Lise The 8th Principle -Dismantling Racism

ALASKA BLACK CAUCUS

Community Conversation: Remembering Bettye Davis Date - Sunday, 10/17/2021 7:00 pm - 8:00 pm

Join the Alaska Black Caucus and community leaders for a conversation remembering the late Senator Bettye Davis in advance of the Bettye Davis African American COVID-19 Summit.

Register here.

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Can You Share Your PFD?

by Marie Lundstrom Stewardship Committee

It's here—that magical money that keeps the Legislature haggling every year, the PFD! And where will it go in your household? Could you spare a piece of it for AUUF? Our budget shortfall is looking like about \$30,000, so every pledge that gets increased and every gift over and above your pledge will be most welcome to cut down that deficit. Every dollar matters, in whatever form.

Sharing some of your PFD with AUUF is one way to make a nearly painless gift. Since it has just arrived and is most likely still unspent, consider sharing part of it with your AUUF neighbors. Just write and send a check in the mail, if you make payments that way. Or for credit card payment, go to the AUUF website and click on Donate. In the form that comes up, enter your donation to the operating fund (or another fund). It's easy, and you'll hardly notice it. But AUUF will notice and thank you for it. And here's a limerick to help you remember:

The PFD has arrived at long last Which usually gets spent down pretty fast For UU, save a part As a gift from the heart Use what's left on a glorious blast!

Last call for Volunteer Nominations Nominate an Outstanding UU!

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The awards are the Volunteer of the Year award & The Fred Hillman Distinguished Service Award

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AUUF Love Our Neighbors Auction Update

We've already received many nice donations for the auction, which opens on October 30th. Thank you! We've love to have your donations to us, either physically or over the website, by next Wednesday, October 20. It would be wonderful if everyone could donate something – an activity, interest, or talent you or a family member has, or something that you have enjoyed and would like to pass on. Past donated items include a bird-watching trip, baby house plants, food items, a gathering around a fire with drinks or treats, puzzles, and home repair services. What can you offer?

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STAY CONNECTED





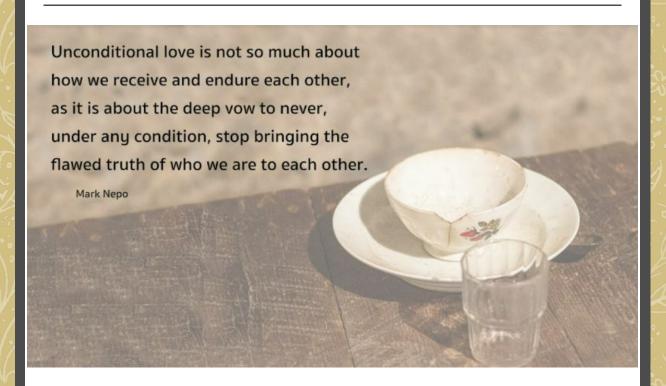
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Service Podcasts

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Today At Your Fellowship Monday October 18, 2021



This Week @ AUUF

Monday 10/18/21

Tuesday 10/19/21

2-3 pm Walk and Talk with Rev. Lise Meet at Goose Lake parking lot

7 pm Covenant of Right Relations Discussion on Zoom

Wednesday 10/20/21

6:30 pm Board of Directors Meeting Thursday 10/21/21 6 pm Choir Rehearsal

Sunday 10/24/21

9 am Virtual Forum on Zoom

Overturning Wrongful Convictions in Alaska Bill Oberly, Executive Director, Alaska Innocence Project

11 am Virtual Worship on Zoom

Michael Servetus and his Relationship to the Truth

With Rev. Lise Adams Sherry and Joyce

Friday 10/22/21 12 pm Freethinkers on Zoom All Day COA Retreat at AUUF

Saturday 10/23/21 All Day COA Retreat at AUUF 11 am RE Chalice Circle at AUUF 12:30 pm Owl 201 Class at AUUF

4-7 pm Sunday Chalice Circle

Laine, Worship Associate

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

October Half Portion goes to <u>Alaska</u> <u>Innocence Project</u>

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer. on Zoom.

A Message from Rev. Lise

As the days are getting shorter and we continue to deal with COVID and frustrations and joys and too little patience and a sudden happy surprise, I also wish you time to float . . . keep reading and you'll see what I mean.

A Kol Nidrei by Mark Belletini (a UU minister)

Let's set it all down, you and me.

The disappointments.

Little and large.

The frustrations.

Let's open our fists and drop them.

The useless waiting.

The obsession with what we cannot have.

The focus on foolish things.

The pin-wheeling worry which wears us out.

The fretting.

Let's throw them down.

The comparisons of ourselves with others.

The competition, as if Domination

was the best name we could give to God.

The cynical assumptions.

The unspoken, shelved anger.

Let's toss them.

The inarticulate suspicions.

The self-doubt.

The pre-emptive self-dumping.

The numbing bouts of self-pity.

Let's sink them all like stones.

Like stones in the pool of this gift of silence.

Let's drop them like hot rocks

into the cool silence.

And when they're gone,

let's lay back gently, and float,

float on the calm surface of the silence.

Let's be supported in this still cradle

of the world, new-born, ready for anything.

Blessings,

Rev. Lise

PS Thanks, Marty, for sharing this poem with the Worship Team so I could share it here!



STAR November's Half Portion for Recipient

Alaska is known for its stunning, vast landscapes and wildlife, rich history and culture, outdoor recreation, and uniqueness like no other state. Unfortunately, Alaska also has a reputation for darker statistics, such as the highest rate of sexual assault in the U.S., nearly four times the national average. According to the most recent UAA Justice Center's Alaska Victimization Survey, about one-third of women in Alaska have experienced sexual

violence in their lifetime.

For over 40 years, STAR has been supporting and advocating for survivors and educating our community to ultimately change these statistics. As a local, grassroots non-profit, STAR is the only organization in Alaska specializing and focusing solely on sexual trauma prevention and response, providing comprehensive services within Anchorage. This includes 24/7/365 critical responses to those impacted by sexual assault, child sexual abuse, sexual harassment, human trafficking, intimate partner violence, and stalking. STAR serves between 900-1,200 people each year.

STAR's Direct Services Team supports Survivors in numerous capacities. Whether someone comes forward about a recent trauma or something that happened to them decades earlier, STAR offers immediate support, legal advocacy, case management, court and medical accompaniment, safety planning, and emergency assistance (such as emergency relocation, rapid rehousing, protective order application, and hearing support), trauma therapy, and support groups.

Click here to read the entire article.

Together, we can make Alaska safer for our friends, families, children, and neighbors.

Walk and Talk with Rev. Lise

2 pm Tuesday, October 19

Walk and talk with Rev. Lise will meet in the parking lot of Goose Lake this Tuesday, Oct. 19, at 2 pm. Hope to see you there!

Freethinkers

12pm - October 22 on Zoom

Seats of Power
By Cari Sayre

For some of us who have never been involved with the criminal justice system or been drawn to true crime stories on TV or in books, Kamala Harris's book <u>The Truths We Hold</u> has been a real education. Kamala enlightens us about the faults of the system without pointing fingers at particular people or groups who are making things worse. She knows she can make things better, and she gets things done — as a woman in a male-dominated world. Changes to the bail system keep people from being gouged by predatory lenders or languishing in jail for months because courts are backlogged and they don't have money for bail. Criminals are bred in jails full of un-tried, possibly innocent people. The programs she put in place for young offenders have made a difference. Prosecutors have tremendous power, and it's difficult to get progressive thinkers in those jobs, especially if elected. Once again, the PBS series *Philly D.A.* was recommended as an example of how prosecutors ought to be. For next week, we'll read Parts 4, 5, and 6 in <u>The Truths We</u> *Hold.*

Trick or treat outdoors from decorated tailgates or trunks at AUUF. Please contact Rosene if you are willing to decorate your car & pass out treats. Also please bring clothing to donate to Alaskan Afgan Refugees--CYRE is collecting items.

A Message from Religious Exploration

- 1. AUUF Small groups are currently meeting virtually. There is still space available in the Monday night small group. They will be meeting on alternate Mondays, starting 10/25 from 7-8:30 pm. Please contact Rosene Beachy or Susan Orlansky if you would like to participate.
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Questions? Ask committee members Carolyn Gove or J Reto – <u>carolyn.gove@gmail.com</u> or <u>humble332001@yahoo.com</u>.

Learn more about the Half Portion program at the link below

Click here to nominate your favorite organization.

Can You Share Your PFD?

by Marie Lundstrom Stewardship Committee

It's here—that magical money that keeps the Legislature haggling every year, the PFD! And where will it go in your household? Could you spare a piece of it for AUUF? Our budget shortfall is looking like about \$30,000, so every pledge that gets increased and every gift over and above your pledge will be most welcome to cut down that deficit. Every dollar matters, in whatever form.

Sharing some of your PFD with AUUF is one way to make a nearly painless gift. Since it has just arrived and is most likely still unspent, consider sharing part of it with your AUUF neighbors. Just write and send a check in the mail, if you make payments that way. Or for credit card payment, go to the AUUF website and click on Donate. In the form that comes up, enter your donation to the operating fund (or another fund). It's easy, and you'll hardly notice it. But AUUF will notice and thank you for it. And here's a limerick to help you remember:

The PFD has arrived at long last Which usually gets spent down pretty fast For UU, save a part As a gift from the heart Use what's left on a glorious blast!

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

Today At Your Fellowship Friday

October 22, 2021

This Sunday @ AUUF

Saturday 10/23/21 All Day COA Retreat at AUUF

Sunday 10/24/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle at AUUF

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Looking for folks to host Zoom services. Contact Rev. Lise to volunteer. on Zoom.





Overturning Wrongful Convictions in Alaska With Bill Oberly, Executive Director, Alaska Innocence Project

Virtual Forum

9 am Sunday, October 24

Overturning Wrongful Convictions in Alaska Bill Oberly, Executive Director, Alaska Innocence Project

Click here to join on Zoom.
Click here for Speaker's bio.





Michael Servetus and his Relationship to the Truth With Rev. Lise Adams Sherry and Joyce Laine, Worship Associate

Virtual Worship

11 am Sunday, October 24

Michael Servetus and his Relationship to the Truth With Rev. Lise Adams Sherry and Joyce Laine, Worship Associate

Click here to join on Zoom.

Connecting During COVID: Fireside Chat for Adults on Zoom

Your AUUF Connections Team invites you to our monthly Fireside Chat (Tea and Toddies!) -- which we are starting up again, No agenda, just show up on Zoom for some friendly conversation.. You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

Monthly Connections on Zoom

Oct. 27, 6:30-8:00 pm for ages 18 and up

Mail effective and up

We'll offer this monthly on select Wednesdays until further notice.

Join Zoom Meeting

Meeting ID: 934 5428 9557

Passcode: 588765

For more information, email connections@auuf.org

Stewardship Thought

"We each provide what we can of time, talent, and treasure, not because of some external pressure, but because this is OUR fellowship - it is ours to enjoy and ours to sustain."

Message from Bill Clontz, Stewardship Consultant, April 2015.

Safer Congregation Team Guidebook Snippet - Volunteer Responders

Anyone can, at their discretion, provide voluntary assistance to victims of medical emergencies. The extent to which these individuals respond shall be appropriate to their training and experience. These responders are encouraged to contribute to emergency response only to the extent they are comfortable. The emergency medical response of these individuals may include scene management, CPR, AED, or medical first aid.

Medical Education and Training

First aid, CPR, Narcan, and AED training will be offered to AUUF volunteers through the American Red Cross, the American Heart Association, a local fire department, or a certified trainer. The SCT will facilitate and coordinate offering this training annually.

AUUF Love Our Neighbors Auction Update

We're continuing to receive nice donations from both local businesses and AUUF members and friends. Thank you! If you are still considering what you want to donate, that's okay. We're accepting donations through Friday, although we'd love to have them sooner. In addition to Gina's office hours, Cathy will be at the fellowship on Thursday from 1-5 pm, and Peggy on Friday from 11 am-2 pm.

Need ideas? A service you can offer? Specialty food item? Fun family activity? Something you or your family has enjoyed and are ready to pass it on?

We'll decide on the Raffle items on Sunday, so watch for the update in Monday's TAYF!

How About that PFD?

by Marie Lundstrom Stewardship Committee

Have you spent it all yet? Did you save out a chunk to share with AUUF? If you've already shared some of your PFD, or you are still thinking about it, a couple of the places that money might go could be Peace Camp in the summer or Fall Frolic in September. Events like these help keep our young folks engaged and enthusiastic about RE and their AUUF experience. It's easy to share—send a check or go to Donate on the AUUF website and use a credit card. Every bit will help toward keeping AUUF solvent and all of us neighbors connected and involved.

6-8 PM OCTOBER 30 AUUF PARKING LOT



ALL AGES COSTUME PARTY!

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Trunk or Treat & Parade 6-8 pm Saturday, Oct. 30, Outside at AUUF parking lot!

More "trunks" needed- decorated and with treats.

Kids will come calling.

Music, activities & 2 Covid pinatas- Let's knock that Covid out!! Contact Rosene to get your car on the list and with any questions!

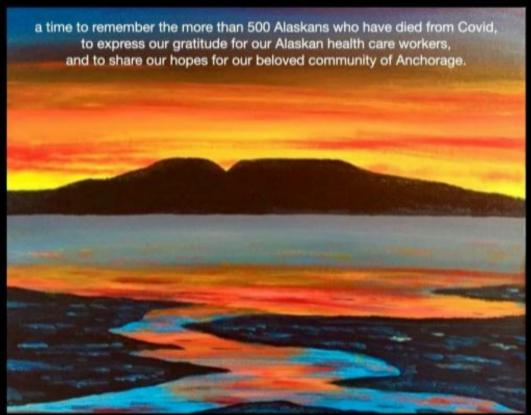
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Learn more about the Half Portion program at the link below Click here to nominate your <u>favorite organization</u>.





Sunday October 24th, 5-6 PM First Presbyterian Church - 616 W 10th Avenue (outdoors)

Click here for more info.



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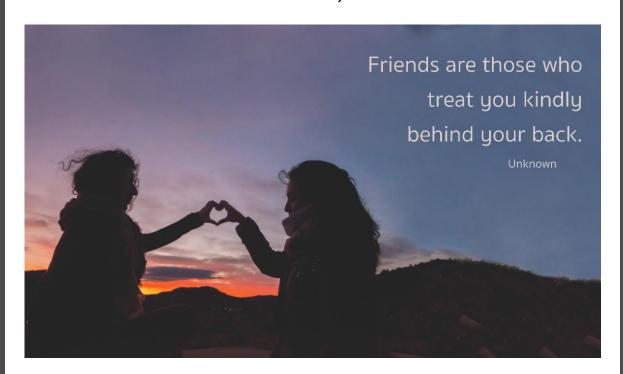


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Today At Your Fellowship Monday October 25, 2021



This Week @ AUUF

Monday 10/25/21

Tuesday 10/26/21 10:30 am Nominating Committee Meeting AUUF Library

Wednesday 10/27/21 6:30 pm Fireside Chat on Zoom

Thursday 10/28/216-8 pm Choir Rehearsal
6:30 Pastoral Care Team Meeting

Friday 10/29/21 12 pm Freethinkers on Zoom Sunday 10/31/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle at AUUF

11 am Virtual Worship on Zoom

12:30 pm Owl 201 Class at AUUF

1-3 pm COA M&M Meeting at AUUF

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Looking for folks to host Zoom services. Contact Rev. Lise to volunteer. on Zoom.



AUUF Love Our Neighbors Auction Update

We're still collecting donations for the auction, which begins this Saturday at 9 am! Please drop them off between 9 am-1 pm Monday through Wednesday, 9-5pm on Thursday, or 11-2 pm on Friday.

We will have a raffle with 3 items among which the winners can select. That is, the first raffle ticket pulled has their choice of the 3 items, then the next ticket

pulled selects from the remaining 2. The third one receives the last item. One of the items is this beautiful, uniquely carved, framed wall hanging titled "Walrus".

Update to Helping Newly Arriving Afghan Evacuees

AUUF's Afghan Evacuee Assistance Team delivered the Fellowship's first donation (\$2,500) earlier this month to The Refugee Assistance & Dervices (RAIS) program. Nick of Refugee Community Integration responded,

Hi all,

Words cannot express my sincere appreciation for your extraordinarily generous donation. The gift cards were put to immediate use for our newly arriving Afghan neighbors, coming in tomorrow and Thursday! It's so lovely knowing there are folks like you in our community. Thanks so much again and I'm so excited to continue to work with you!

Afghan evacuees are now living with Alaskans in Airport Heights, Turnagain, the Anchorage hillside, and other parts of town, most with family members still in Afghanistan. RAIS is accepting 100 afghan evacuees and more will continue to arrive in the coming months. If you would like to help, please donate to the AUUF Minister's Caring Fund. During October, donations to that fund will be given to the RAIS program to directly support their most urgent needs. You can donate by going to anchorageuuf.org, clicking on the blue Donate/Pay button at the bottom of the page, and entering your donation on the "Minister's Caring Fund" line. You can also enter "Afghan evacuees" in the box for notes. We have received an additional \$1000, and donations will continue to be collected through October 31. The 5th Sunday half portion in October will also support this need.

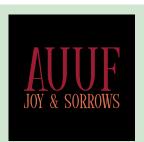
We will also be collecting clothing for evacuees at Trunk or Treat. Long underwear in various sizes, hats, and gloves are some of the needs.

If you are interested in volunteering as a driver or in another capacity with RAIS, you can go to cssalaska.org, click on Get Involved, Volunteer, See Volunteer Opportunities, and from there Submit Volunteer Application. You can also contact Katie Gordon

kgordon@cssalaska.org All volunteers will have a background and driving record check completed and will need to show their Covid Vaccination Card.

Many people in Anchorage have already signed up through the RAIS program to be hosts, mentors, teachers, etc. The family mentor volunteers have committed to meeting with their client at least once a week for 6 months, with the objective of establishing a supportive and trustworthy relationship to help their client attain self-sufficiency. Others have signed up as virtual English support volunteers to teach Zoom classes at different English skill levels. These volunteer positions through RAIS are currently full but will become available in the future. If you are interested in any of their volunteer positions, you may want to complete a volunteer application now.

Nick said it best, "It's so lovely knowing there are folks like you in our community." While you are busy looking out for the needs of others, please remember to pause and take extra good care of yourself as well.



Joy & Sorrows From Sunday Worship Oct 24

Joan Frankevich to Everyone: Joy for A beautiful bike ride yesterday among Fall leaves

From Diane Smith to Everyone: Joyful morning here in Venice, CA with my sweet husband, Joe, and my daughter, Yana. A walk to breakfast & to

dink around along the beach & around town before service, started my day off right. And yesterday, we watched the Mighty Oregon Ducks win a football game at the Rose Bowl stadium against my parents' alma mater, UCLA. :-

From Mariah to Everyone:

Concern for the family and friends of my friend LA Holmes who was hit by a car in Florida and passed away in the hospital 2 days later. LA Holmes was the director of the Marine Studies program at Kodiak College, and an avid sailor, traveler, and adventurer.

Freethinkers

12 pm, Friday, October 29 on Zoom

Equality Under Law by Cari Sayre

Several readers expressed surprise when Part 4, Wedding Bells, wasn't just a "fluff" chapter about Kamala Harris's wedding. Instead, she wrote about the often heartbreaking struggle many couples endured as marriage equality became law. All these years after the Declaration of Independence and the US Constitution were written, one wouldn't think there would still be large groups of people fighting for their basic human rights, but we still have a long way to go before the dominant society acknowledges humanity of all people. This is also apparent at our southern border. Immigration judges are overworked and under pressure to move through huge backlogs of cases, with no tenure to keep them from being replaced if they make noise about inequity. During the previous administration, the cruel practice of separating children from their parents became rampant. And now, even if immigration regulations look fine on paper, there is limited or no administrative oversight for those rules, and often the people affected by them have not been informed as to how they work. It's clear we have a long way to go, for immigrants, for minorities, for women. Change can happen organically, with pressure from the society, but sometimes it must come through legislation. We'll read the rest of *The Truths We Hold* by Kamala Harris for next Friday.

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Adults on Zoom

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Meeting ID: 934 5428 9557

Passcode: 588765

For more information, email connections@auuf.org

Stewardship Thought

"We each provide what we can of time, talent, and treasure, not because of some external pressure, but because this is OUR fellowship - it is ours to enjoy and ours to sustain."

Message from Bill Clontz, Stewardship Consultant, April 2015.

Safer Congregation Team Guidebook Snippet - Volunteer Responders

Anyone can, at their discretion, provide voluntary assistance to victims of medical emergencies. The extent to which these individuals respond shall be appropriate to their training and experience. These responders are encouraged to contribute to emergency response only to the extent they are comfortable. The emergency medical response of these individuals may include scene management, CPR, AED, or medical first aid.

Medical Education and Training

First aid, CPR, Narcan, and AED training will be offered to AUUF volunteers through the American Red Cross, the American Heart Association, a local fire department, or a certified trainer. The SCT will facilitate and coordinate offering this training annually.

How About that PFD?

by Marie Lundstrom Stewardship Committee

Have you spent it all yet? Did you save out a chunk to share with AUUF? If you've already shared some of your PFD, or you are still thinking about it, a couple of the places that money might go could be Peace Camp in the summer or Fall Frolic in September. Events like these help keep our young folks engaged and enthusiastic about RE and their AUUF experience. It's easy to share—send a check or go to Donate on the AUUF website and use a credit card. Every bit will help toward keeping AUUF solvent and all of us neighbors connected and involved.







Trick or treat outdoors from decorated tailgates or trunks at AUUF. Please contact Rosene if you are willing to decorate your car & pass out treats. Also please bring clothing to donate to Alaskan Afgan Refugees--CYRE is collecting items.

A Message from Religious Exploration

- 1. AUUF Small groups are currently meeting virtually. There is still space available in the Monday night small group. They will be meeting on alternate Mondays, starting 10/25 from 7-8:30 pm. Please contact Rosene Beachy or Susan Orlansky if you would like to participate.
- 2. October 30 Trunk or Treat! Halloween all ages Costume party! Last year was a hoot, the costumes were spectacular! So, we decided to do it again!

We will trick or treat outdoors at the decorated vehicle tailgates or trunks around the church and pose for treats and photos!! Make it a family theme! It will be a Spooktacular night! You have time to figure out your theme and costumes. Please contact Rosene if you are willing to decorate your car and have some treats to hand out!

3. November 14 - Because we are all missing our Soup Sundays, (September and October outdoor Soup Sundays are canceled), CYRE will host a virtual soup Sunday on November 14, ON ZOOM after the service. There are a lot of folks out there who love to make soup! Maybe you would like to make a pot of Soup to share with another! Maybe you are in need of some lovingly made soup to come your way! Either way, send a text or email to Rosene or Bev Grogan. We will compile a matchup! You can meet and chat with your mystery match in a zoom room

Trunk or Treat & Parade 6-8 pm Saturday, Oct. 30, Outside at AUUF parking lot!

More "trunks" needed- decorated and with treats.

Kids will come calling.

Music, activities & 2 Covid pinatas- Let's knock that Covid out!! Contact Rosene to get your car on the list and with any questions!

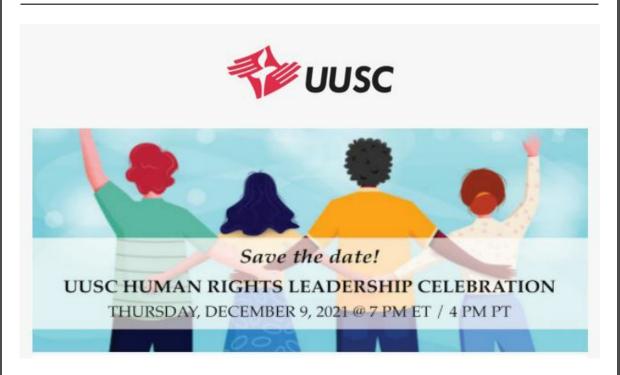
Nominate a Half Portion Recipient

The Committee wants to hear from you to help complete a roster of Half Portion recipients for the upcoming calendar year! Use this form to nominate potential Half Portion recipients. You can submit multiple entries if you have additional suggestions. Complete as much information as possible to help with vetting and selection.

Questions? Ask committee members Carolyn Gove or J Reto – <u>carolyn.gove@gmail.com</u> or <u>humble332001@yahoo.com</u>.

Learn more about the Half Portion program at the link below Click here to nominate your <u>favorite organization</u>.

Click here for more info.



Please save the date for UUSC's virtual Human Rights Leadership Celebration on **Thursday**, **December 9**, **2021**, at 7:00 PM ET / 4:00 PM PT.

We hope you will join us for an evening of inspiration and hope in advance of Human Rights Day. Spotlighting human rights and social justice work around the world, the event will feature a keynote presentation, musical performances, and appearances by special quests.

We also want to include you in our celebration! We invite you to share a photograph illustrating what you feel is important about human rights work. If you are interested in participating, please <u>visit this page</u> to learn more about the process.

Please feel free to share this invitation with others interested in UUSC and human rights. If you have any questions, please contact us at development@uusc.org.

This event will be free of charge. I will be in touch in the coming weeks with additional details about the event and information about how to register.



The Alaska Innocence Project is the October recipient of the Half Portion for Social Action

The Alaska Innocence Project is the only organization in Alaska solely dedicated to identifying, freeing, and exonerating those individuals wrongfully convicted in the state. We receive requests to review claims of innocence from all over the State. The cases we review involve all types of criminal cases, arising out of all types of situations that can lead to wrongful convictions.

As part of AKIP's efforts to discover wrongful convictions in Alaska, we have undertaken an outreach program in rural Alaska. As a result of the size of Alaska, the remoteness of many of the villages, and the transience of many of those in the legal field, AKIP believes that wrongful convictions occur more often in the Bush. Because of the differences in cultures, we further believe many of those wrongful convictions go undiscovered. We are working to specifically identify these cases.

AKIP is a free-standing, non-profit organization, reliant on donations to fulfill its mission. Most of the funding AKIP receives is from individual donations. Traditionally, many of these came during our two annual fundraisers. However, the pandemic has prevented us from holding a fundraiser since the spring of 2019. We had planned to hold our first in-person fundraiser in two years this month but determined we could not hold it with the current surge in cases. We will be trying a virtual event on October 2, which is International Wrongful Conviction Day. This is why generosity like that shown by the Anchorage Unitarian Universalist Fellowship is so important to us. Thank you so very much.

Go to anchorageuuf.org
Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org GIna's AUUF office hours Mon-Thurs, 9 am - 1 pm

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm
Megan Webb, Music Director, auufmusic@gmail.com

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Office Hours –Monday and Thursday from 9 am - 4 pm

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship Friday

October 29, 2021

This Sunday @ AUUF

Saturday 10/30/21

12:30 pm OWL Meeting at AUUF

6-8 pm Trunk or Treat at AUUF *Maybe rescheduled due to weather

Sunday 10/31/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle at AUUF

11 am Sunday Worship Live at AUUF & on Zoom

1-3 pm COA M&M Meeting at AUUF

4-7 pm Sunday Chalice Circle

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

5th Sunday of the Month October Half Portion goes to <u>RAIS</u>: Refugee Assistance & Immigration Services

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer, on Zoom.





Planning your Legacy — Including Charitable Giving With Attorney Abigail O'Connor, Elizabeth Miller, VP of Alaska Community Foundation & Stephenie Wheeler, Member, AUUF Endowment Fund Committee

Virtual Forum

9 am Sunday, October 31

Click here to join on Zoom. Click here for Speaker's Bio.





All Souls Sunday With Rev. Lise Adams Sherry, and Worship Associates Barb Clark and Ken Winterburger

Sunday Worship

11 am Sunday, October 31

Click here to join on Zoom.

Auction Update

The Auction begins tomorrow, Saturday, at 9 am! You will be emailed a link to enter the auction site and register before you begin bidding. You will also be sent a link that you can email to others for them to look and bid too! Looking only doesn't require registration.

There are some duplicate items that we have split the sales of into the beginning of the week (ending on Wednesday at 8 pm) and the end of the week. Most of the items are available for bid all week. And we have lots of items, experiences, and great food to enjoy!

If you want to see the items in person, they will be available for viewing both Sundays after the service until 1:30 pm, Monday 11-2 pm, and Tuesday 3-6. Watch TAYF for potentially more times. They are in room 4 downstairs.

Our 3 raffle items are Alaska Railroad tickets for 2 to Seward (round trip), a beautiful carved walrus mask in a glass framed wall display, and lodging for 1 week in Hawaii or another location (if available). The raffle tickets are for sale either individually for \$20, 3 for \$50, or 8 for \$100.More information about the items is on the auction website. The sale of the raffle tickets ends on Sunday, November 7, at 5:30 pm.

Put on your calendar our Zoom event on Sunday, November 7, from 5-6 pm. We will be honoring our recipients of the Volunteer of the Year Award, the Fred Hillman Award, and the Shirley Dickens Memorial Award. There will be music, a short speech or two, and then the drawing of the 3 raffle tickets.

Thank you to those who donated! Have fun with the auction!

East Anchorage Book Club Podcast: Heather Flynn

AUUF Member and former Anchorage Assembly member Heather Flynn is a political juggernaut once described by the Anchorage Daily News as "Velvet and Razor Blades." After challenging a draconian pregnancy policy while teaching at Romig Middle school, she dominated the political landscape of Anchorage. She will recount some important moments in Anchorage history and comment on city politics today.

Click here to listen.

AUUF Anti-Racism Team Corner:

AUUF Monthly Book Club: Mistakes and Miracles by Nancy Palmer and Karin Lin. The group meets monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00). We will discuss one chapter each session. Our next meeting is on Nov. 2nd from 6:30 - 8 PM when we plan to discuss Chapter 2.

Zoom link -(Also on the calendar at anchorageuuf.org)

Events Around Town

The Alaska Black Caucus Community Conversation Sunday, October 31, 2021 7:00 pm - 8:00 pm

Join the Alaska Black Caucus in a conversation with Clifford Armstrong III, Anchorage's first Chief Equity Officer, who was fired by the Bronson Administration earlier this month without cause.

Register here

Anchorage YWCA Diversity Workshops: Fall 2021

Diversity workshops will be starting again this Fall of 2021, between the months of September through November.

All workshops will be Virtual (Zoom) at 3:00-5:00 pm.

Anti-racism & Whiteness Workshop

Develop a foundation for anti-racism work and begin to learn methods to actively practice anti-

racism (offered twice): November 23, 2021

Microaggression Workshop

Exploring the impact of everyday slights and insults: Microaggressions in the workplace and classroom (offered twice):

November 9, 2021

Click here to register.

Safer Congregation Team Guidebook Snippet - Volunteer Responders

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Questions? Ask committee members Carolyn Gove or J Reto – <u>carolyn.gove@gmail.com</u> or <u>humble332001@yahoo.com</u>.

Learn more about the Half Portion program at the link below Click here to nominate your <u>favorite organization</u>.

Half Portion for Social Action -5th Sunday Minister's choice: RAIS--Refugees Assistance and Immigration Services

New Update to Helping Afghan Evacuees

AUUF's Afghan Evacuee Assistance Team delivered the Fellowship's first donation earlier this month to The Refugee Assistance & Immigration Services (RAIS) program. Nick of Refugee Community Integration responded,

Hi all

Words cannot express my sincere appreciation for your extraordinarily generous donation. The gift cards were put to immediate use for our newly arriving Afghan neighbors, coming in tomorrow and Thursday! It's so lovely knowing there are folks like you in our community. Thanks so much again and I'm so excited to continue to work with you!

Afghan evacuees are now living with Alaskans in Airport Heights, Turnagain, the Anchorage hillside, and other parts of town, most with family members still in Afghanistan. RAIS is accepting 100 afghan evacuees and more will continue to arrive in the coming

months. If you would like to help, please donate to the AUUF Minister's Caring Fund. During October, donations to that fund will be given to the RAIS program to directly support their most urgent needs. You can donate by going to anchorageuuf.org, clicking on the blue Donate/Pay button at the bottom of the page, and entering your donation on the "Minister's Caring Fund" line. You can also enter "Afghan evacuees" in the box for notes. Donations will continue to be collected through October 31. The 5th Sunday half portion in October will also support this need.

Welcome to Alaska cards are still needed. Cards of welcome and support can be mailed to CSS Attn: Afghan Evacuees, 3710 E. 20th Ave, Anchorage AK 99508. Cards (and drawings) can also be dropped off there, Monday-Friday from 9 am – 5 pm.

We will be collecting clothing for evacuees at Trunk or Treat. Long underwear in various sizes, hats, and gloves are some of the needs.

If you are interested in volunteering with RAIS, you can go to cssalaska.org, click on Get Involved, Volunteer, See Volunteer Opportunities, and from there Submit Volunteer Application. All volunteers will have a background check completed and will need to show their Covid Vaccination Card. Upcoming opportunities will include assisting RAIS staff with move-in day activities, such as sorting donations and moving household goods into trucks. Another upcoming activity recommended for groups includes filling a refrigerator (from a shopping list) for a new arrival.

Thank you all for generously donating \$3,500 to date to support this need in our community. Nick said it best, "It's so lovely knowing there are folks like you in our community." While you are busy looking out for the needs of others, please remember to pause, take extra good care of yourself, and reach out if you have a need.

Go to anchorageuuf.org
Click on the Half-Portion note
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Enter your donation under
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Together we are Anchorage Unitarian

Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org

Gina Molletti Congregational Administrator, 907-248-3737 x1 <u>admin@anchorageuuf.org</u>
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Office Hours –Monday and Thursday from 9 am - 4 pm

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Today At Your Fellowship

Monday

November 1, 2021



This Week @ AUUF

Monday 11/1/21

Tuesday 11/2/21

4:30 pm Forum Planning on Zoom

6:30 pm Mistakes and Miracles: Anti-Racism Team Book Club on Zoom

Wednesday 11/3/21

7 pm Building & Grounds Meeting on Zoom

Thursday 11/4/21

6 pm Choir Rehearsal at AUUF 7 pm Healthy Congregation Team on **Saturday 11/6/21**

6-8 pm CYRE Trunk or Treat at AUUF

Sunday 11/7/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle at AUUF (First Sunday ONLY)

11 am Sunday Worship at AUUF

Dorothy Day and the Catholic Workers Movement

Rev. Lise Adams Sherry

Zoom

Friday 11/5/21

12 pm Freethinkers on Zoom 5 pm Walk & Talk with Rev. Lise

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer on Zoom.

1-3 pm COA M&M Meeting at AUUF

4-7 pm Sunday Chalice Circle

5 pm Auction Celebration Event on Zoom

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Service Format Changes (Again . . .)

If we didn't believe it before, or we were in occasional denial, the past 20 months have certainly taught us that "change is constant." (Sigh.) And with this abundant amount of change we're also (re)learning how much energy it takes to do and receive change. So I hope we're all being kind to ourselves and making time for things we love. On the bright side, all this change is also teaching us on a deeper level the importance of patience, grace, self-care, communication, and self-deprecating humor (I'm giggling as I write that last one). So . . .

Beginning with this Sunday, Nov. 7, and lasting until the end of 2021, our Sunday services the format will be the following:

11 am Worship Service

1 st Sunday of the month: In-person only. There will be no online Zoom service 2nd, 3rd, 4th (and 5th) Sundays: Zoom service online and a "Zoom Watch Party" in person.

Children's Religious Exploration (Chalice Circles)

All Sundays: 10:15 am, Online, All the Time with Rosene and various co-hosts 1 st Sundays at 11 am there will be an additional in-person Chalice Circle or childcare to go with the 11 am in-person service.

9 am Forum: This will continue to be online via Zoom only.

We're making these changes to honor the sanity and self-care of our staff and our Sunday volunteers. While our hybrid services may have looked okay from Zoomland, in-person our Sunday morning staff/volunteers were juggling way too many components for our training. Even as we attempted to do tech things the way we thought we had previously, we often came up with different results: sound, no sound, too much sound via echoes, etc. With everything else going on in our world right now, it was just too much. So, on behalf of our Sunday staff and volunteers, I thank you very much for your understanding and willingness to experiment and hang in there with us.

Oh, are you wondering what a "Zoom Watch Party" is? In the Sanctuary we'll set up two computers with two large-screen monitors. Those computers will be signed into the Zoom service and folks can watch the Zoom service on the monitors together (distanced, with masks, of course (-:). There will be a chalice for you to light if you'd like, and rocks to put into water during our joys and sorrows. It won't be perfect, 'cause you won't be able to read the chat (it'll be too small), or see the other faces watching the Zoom service, but you're welcome to sign into the service from your phone in the Sanctuary if you'd like to do that. (Phones? In the Sanctuary? I know! Desperate times call for desperate measures.) We simply wanted to make sure that those who need in-present human connection will be able to get that. I'll be zooming from my Fellowship office (better internet connection there than at home) and will be able to chat with folks after the service.

In the meantime, we're continuing to work on getting our new AV system finalized in the Sanctuary. As soon as that is complete, we'll let you know.

So, I'll hopefully see many of you in person on Nov. 7 th. The rest of you I look forward to seeing in Zoomland on Nov. 14.

As always, let us know if you've got any questions.

Sending hugs! Rev. Lise



Auction Update

The auction started on Saturday morning and we've already raised \$3000 towards our \$14,000 goal! There are lots of great items to bid on – some new and some repeated favorites from last year. Join in the fun and support AUUF's operating budget!

Save Sunday, November 7, from 5-6 pm for a Zoom gathering to celebrate our award winners of the year, listen to some music and updates, and find out who won the raffle items! The Zoom link will be in TAYF on Friday and on the website. Join us!

AUUF Anti-Racism Team Corner:

AUUF Monthly Book Club: Mistakes and Miracles by Nancy Palmer and Karin Lin. The group meets monthly (the first Tuesday of each month, October - April, from 6:30 - 8:00). We will discuss one chapter each session. Our next meeting is on Nov. 2nd from 6:30 - 8 pm when we plan to discuss Chapter 2.

Zoom info on the AUUF calendar or

Join Zoom Meeting

Click here to join on Zoom. Meeting ID: 960 6952 4601

Passcode: 218111
Dial by your location
+1 346 248 7799
+1 646 558 8656

Freethinkers

12 pm, November 5 on Zoom

Making a Difference by Cari Sayre

There are many things to admire about Kamala Harris, but the one trait that seems to shine through most often is her ability to connect with other people. She is a real person, with a real family and real friends, and those diverse, deep connections have lasted. As shown in the photos, she is authentic, and she cares. She wrote The Truths We Hold when she was a US Senator from California, looking back on her early years, her time as a prosecutor, a DA in San Francisco, then-Attorney General of CA. In those roles, she tackled huge issues like inequality in the justice system. As a Senator, her arena widened even more as she worked on reining in Big Pharma, addressing the critical need for mental health and substance abuse care, cybersecurity, and income inequality ("fun" fact — during a period when productivity increased by 74%, wages increased a mere 9% with the rest of those profits going to corporate CEOs and shareholders). Many Freethinkers think some of those issues won't change until white-collar criminals begin to go to jail. We need more fearless leaders who are willing to ask the hard questions as

Kamala is known for doing (i.e. Mike Pompeo on climate change and Brett Kavanaugh...). For next week, we'll begin (or re-visit) Susan Jacoby's book, Freethinkers, reading chapters 1-3.

Joys & Sorrows

From Sunday Worship, Oct 31

From Ingrid Larson: I am joyful for my new marriage to Mohamed!

From Sid McCausland (he, his, him) To Everyone: I found joy in being in the physical presence of our Choir this week (after being away from them for 28 months due to other AUUF commitments) and lifting our voices together in song.

From silverhjellen: My joy is sharing this service with all of you and remembering my blessed dead

From Ken Winterberger To Everyone: Bryn, the younger daughter, visited the week before last and last weekend. both of us needed the visit.

East Anchorage Book Club Podcast: Heather Flynn

AUUF Member and former Anchorage Assembly member Heather Flynn is a political juggernaut once described by the Anchorage Daily News as "Velvet and Razor Blades." After challenging a draconian pregnancy policy while teaching at Romig Middle school, she dominated the political landscape of Anchorage. She will recount some important moments in Anchorage history and comment on city politics today.

Click here to listen.



Half Portion for Social Action for November is STAR

For over 40 years, STAR has been supporting and advocating for survivors and educating our community to ultimately change these statistics. As a local, grassroots non-profit, STAR is the only organization in Alaska specializing and focusing solely on sexual trauma prevention and response, providing comprehensive services within Anchorage. This includes 24/7/365 critical responses to those impacted by sexual assault, child

sexual abuse, sexual harassment, human trafficking, intimate partner violence, and stalking. STAR serves between 900-1,200 people each year.

STAR's Direct Services Team supports Survivors in numerous capacities. Whether someone comes forward about a recent trauma or something that happened to them decades earlier, STAR offers immediate support, legal advocacy, case management, court and medical accompaniment, safety planning, and emergency assistance (such as emergency relocation, rapid rehousing, protective order application, and hearing support), trauma therapy, and support groups.

Go to anchorageuuf.org
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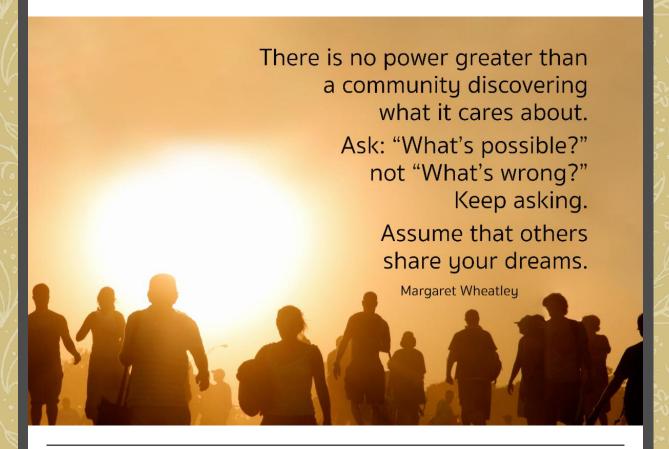
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Service Podcasts

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Today At Your Fellowship Monday November 8, 2021



This Week @ AUUF

Monday 11/8/21

Tuesday 11/9/21

2 pm Hungry Book Club at AUUF 6pm CYRE Team Meeting on Zoom

Wednesday 11/10/21

10 am Safer Congregation Team on Zoom

Thursday 11/11/21

Sunday 11/14/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Virtual Worship on Zoom & Watch Party at AUUF

12:30 pm The Alliance

5:30 pm Board Agenda Setting Meeting on Zoom
6 pm Choir Rehearsal at AUUF

Friday 11/12/21 12pm Freethinkers on Zoom

Saturday 11/13/21 Looking for folks to host Zoom services. Contact Rev. Lise to volunteer on Zoom. 2:30 Worship Associate Meeting

4-7 pm Sunday Chalice Circle on Zoom

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Half Portion for Social Action for November is STAR. Click here to donate.

Our Path to a Settled Minister - Please Participate!

The Board is recommending that AUUF's Members Call Rev. Lise to be our Settled Minister, and she is interested in accepting if called by the Fellowship!

All AUUF Members are encouraged to participate in our discernment process that will conclude with a Congregational vote on March 20th.

The Board has asked George Bryson to lead our Fellowship's pre-Call decision-making process. George is looking for 4-6 volunteers who would like to be part of our deliberations with Members this Winter.

Please contact Sid McCausland before Wednesday if you are interested in serving on George's team.

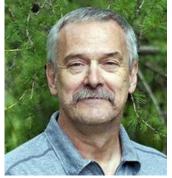
Thank You & Congratulations

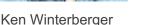
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Volunteer(s) of the Year: The tireless team of Alix McKee and Ken Winterberger have kept us all connected, engaged, and informed these last 20 months as we've switched to all things Zoom. From keeping abreast of new and emerging technologies to providing technical support for both Sunday services and consulting on the sanctuary remodel, it seems impossible to overstate their contributions. And they've done it all with calm and good cheer. From all of us, a sincere thank you.

Fred Hillman Distinguished Service Award: Since joining the Fellowship in 2008, Dennis Arashiro has shown that our Seven Principals are central to his daily life. Dennis has led AUUF's social action efforts for a decade and currently sits on the Anti-Racism Team and Forum Planning Committee. Outside the Fellowship, Dennis has been, or is, involved in mentoring ASD youth, serving the houseless, and working with the Japanese American Citizens League.

Shirley Dickens Memorial Tribute: William (Bill) Stilling is being honored for his extraordinary end-of-life financial gift to AUUF. Bill's generosity allowed us to complete the sanctuary remodel and to fully find the audio-visual upgrades that initially had been planned for phased implementation. In addition, 20 percent of his gift was placed in our Endowment Fund to support AUUF's future work.







Dennis Arashiro



Alix McKee

Freethinkers 12 pm Friday, November 12 on Zoom

The Birth of a Secular Nation by Cari Sayre

I learned more about the founders of our nation in the first two chapters of *Freethinkers*, A History of American Secularism than I did in any history class I ever took. I'm sad to admit that, although I've always firmly believed in the separation of church and state, I didn't know how revolutionary that idea actually was at the time our Constitution and Bill of Rights were created. This book is a must-read! Susan Jacoby researches thoroughly writes beautifully, and I want to both devour the book by reading more at the same time I want to slow down and savour. Timing is indeed everything. Our country was the first without a State Church. Had it been 20 or 30 years later, or even now, instead of We The People, God may have been inserted into the Constitution as prime decision-maker. In the late 18th century, there were enough breakaway sects of Christianity that wanted to maintain their own practices, apart from a State religion, to support the humanists, secularists, deists and atheists who wished to found a secular government. It also appears true that ground-breaking "liberalizing" laws have been passed when there was cooperation between religious groups and freethinkers of all stripes who simply want to do what's right. The idea that God is the only moral compass goes against our founders' Truth. Quote for the day, from Thomas Jefferson, "The legitimate powers of government extend only to such acts as are injurious to others. But it does me no injury for my neighbor to say that there are twenty gods, or no God. It neither picks my pocket nor breaks my leg." Our discussion last week was so rich we didn't finish all three chapters, so for next Friday, we'll be discussing chapters 3 and 4 of Freethinkers, A History of American Secularism, by Susan Jacoby.

Anti-Racism Team Corner

ANTI-RACISM TEAM CORNER

THURSDAY, NOVEMBER 18, 2021 AT 3:30 PM – 4:45 PM AKST Decolonizing Thanks Giving - a Virtual Worship Service

Unitarian Universalism's history, during the Civil War era, is directly connected to the creation of the mythos supporting the US Thanksgiving holiday and the historically inaccurate and harmful colonial narrative of "Pilgrims and the Indians," and the pageant traditions that perpetuate these harms.

In recent years, UUs have made a commitment to reconsider the cultural and colonial foundations of this tradition, in counsel and relationship with First Nations and Indigenous communities. The Harvest the Power program and Thanksgiving Reframed worship service last year were a significant milestone in this effort, and the work of truth-telling, cultural healing, and transformation must continue.

This virtual worship service, on Nov 18th at 4:30 PT / 5:30 MT / 6:30 CT / 7:30 ET, intentionally crafted by centering Indigenous people and cultures, is an invitation to come together in that

spirit. This service is presented by many Indigenous Unitarian Universalists and friends, Unitarian Universalist Ministry for Earth (UUMFE), Unitarian Universalist Association (UUA), and Side With Love. Join on Zoom or the livestream on Facebook.

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Blessings, Rev. Lise

Nov. 14, 2021, Zoom online service and Zoom in-person watch party. *Resistance and Survival in Unitarian Universalism*

Rev. Lise Adams Sherry and Becca Bernard, Student Minister

As theological seekers, we have often resisted norms as we search for our own truth. As humans living in our complicated world, there have also been times when we've merely survived and chose not to follow our values. We'll take a brief journey through our history to recognize our strengths and our growing edges. We'll also take time to light candles for our veterans.

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Rev. Lise Adams Sherry, and Rosene Beachy, Director of Lifespan Religious Exploration

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Rabbi Abram Goodstein and Joyce Laine, Worship Associate

Our guest Rabbi Goodstein will share his faith tradition of Hanukkah with us.

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As always, let us know if you've got any questions.

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Calling all Jr Youth (6 th – 8 th grade)

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Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org Office hours: Usually Tues, Th & Fri 10 am -- 2 pm

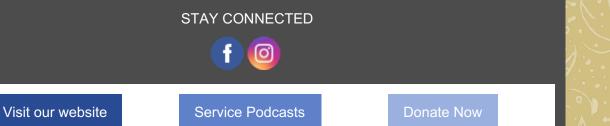
Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org Glna's AUUF office hours are usually Mon-Thurs, 9 am - 1 pm Please call before coming.

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm

Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –Monday and Thursday from 9 am - 4 pm

Rebecca Bernard, Ministerial Intern, 907-248-3737 x5, rbernard.ak@gmail.com
My office hours are usually Tuesdays 9 am-noon, 1-2 pm, and Wednesdays and Fridays 9 am-1 pm.





ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship

Friday November 12, 2021

This Sunday @ AUUF

Saturday 11/13/21

Sunday 11/14/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Virtual Worship on Zoom & Watch Party at AUUF

12:30 pm The Alliance

2:30 Worship Associate Meeting

4-7 pm Sunday Chalice Circle on Zoom

Zoom links for public meetings are always available on the calendar on the <u>AUUF homepage</u>.

Half Portion for Social Action for November is STAR. Click here to donate.

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer on Zoom.





A Look at the Coming Year in Alaska Politics Anchorage Podcaster Andrew Halcro

Virtual Worship

9 am Sunday, November 14

Click here to join on Zoom. Click here for Speaker's bio.

November's Sunday Morning Forums—Preview of Coming Attractions

We started this month on November 7 with a fabulous conversation with Alaska Black Caucus President Celeste Hodge Growden about "How Allies Can Help Fight Racism." If you missed it, it's available through AUUF's Forum Podcasts. On November 14, former Alaska legislator, long-time Anchorage podcaster and political observer Andrew Halcro will share with us "A Look at the Coming Year in Politics." Our Half-Portion recipient for the month of November is the local nonprofit organization Standing Together Against Rape (S.T.A.R.). Our speaker on **November 21** will be STAR's Development Manager **Jennifer Brown**, who will talk about the important work of STAR in our community and why "We Don't Have to Lead the Nation in Sexual Assaults." We are very pleased to end the month with a visit from Alaska journalist and author Tom Kizzia on November 28. Tom's latest book, just published, is called Cold Mountain Path (subtitled The Ghost Town Decades of McCarthy-Kennecott, Alaska). His previous book, Pilgrim's Wilderness, was a New York Times bestseller. His first book, Wake of the Unseen Object, published in 1991, is an account of his travels in rural Alaska communities that is recognized as some of the finest nonfiction writing about Alaska and has just been republished in an Alaska Classics series by the University of Alaska Press. Tom will talk with us about "One Writer's Alaska Journey."

Thank you all for keeping the Forum alive by contributing to it through your attendance and your participation with questions and comments (don't be shy; jump in) and through your financial donations to the Fellowship. As always, you are encouraged to pass along suggestions for future programs or speakers.





Resistance and Survival in Unitarian Universalism Rev. Lise Adams Sherry and Becca Bernard, Student Minister

Virtual Worship on Zoom & Watch Party at AUUF 11 am Sunday, November 14

Click here to join on Zoom.

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Sending hugs! Rev. Lise

Walk and Talk with Rev. Lise

Tuesday, November 16 at 2 pm

We're meeting at University Lake in the parking lot southwest of the lake. You can get to this parking lot by turning north onto Elmore off of Tudor. Then turn right into the parking lot a little bit after Ambassador Drive. If you get to the roundabout you've gone too far north.

Call Lise's cell if you can't find it: 503.999.2061

COVID Incident Report

Some of you may have noticed that on the home page of our website we now have a pinkish-red rectangular "button" with the words "COVID Incident Report." The staff and I thought it would be a good idea to have a quick, easy way for folks to let AUUF know if they had been diagnosed with COVID within 7-10 of being at the Fellowship in person. Clicking on this button is the way to do that

The button takes you to a short questionnaire that asks things like your diagnosis date, whether or not you have symptoms, when you were last at church and what activities you participated in. We also ask you to call me or the office as soon as possible to let us know you've had a diagnosis. That way we can start calling other folks who may have been in the building at the same time as you so we can prevent further COVID spread.

We are still practicing mitigation at the fellowship: masks are required, vaccinations are strongly encouraged, as is physical distancing. and we have sanitizer all over the building for easy use. But sometimes despite our best practices, COVID can still sneak through--hence the COVID Incident Report. It's just one more way that we're trying to take care of each other during these continuing challenging times.

In other news, I hope you've been enjoying the snow and finding a little time to bask in its beauty or lob a few playful snowballs. It can't always be about just shoveling the stuff, right?

Let's keep taking care of each other!

Blessings, Rev. Lise

Final Auction Update

We exceeded our auction goal of \$14,000! Thank you to all of you who bid, purchased raffle tickets, items, and experiences, and won items in the auction! There was a final total of 79 people purchasing 187 items, 8 events, 4 AUUF sales of items, and 3 different numbers of raffle tickets. Wow! Our total sales were \$14,680.41, with \$149.30 of that being donations to offset credit card charges. Thank you to those who gave the extra. Net auction proceeds were \$14,531.11.

We again have heard positive experiences and preferences for holding the auction virtually. The Board will be discussing this Wednesday night, with a recommendation from the Auction Team to renew our purchase of the software for another year. The Alternative Gift Fair wants to use it again in December, and we've thought of some other uses of it throughout the year. A subscription gives us 6 uses per year.

Item pick up continues, with everything moved to the library. Please retrieve your winnings ASAP! If you cannot by Monday November 15th and have not already talked with one of the organizers, please email auction@anchorageuuf.org to make arrangements. We would prefer for you to have a friend pick it up and hold it for you, as we do not have secure storage space. Items not claimed by November 21st may be donated or offered to the second-highest bidder. Gina mailed the gift certificates if those were the only things purchased

Gina's office hours are usually from 9-1 pm Monday – Thursday. There may be people in the building other days as well. You may want to call the office to confirm if someone can let you in. It will be open on Sunday during the Zoom Watch Party from 11 am -noon, at least. Come join us!

Thank you again! The Auction Team (Carma, Cathy, Mara, and Peggy)

Half-Empty Birch Bark Baskets yield a Half-Full Social Justice Ministry

The **AK Innocence Project** has received your October Half-Portion donation of \$755.50, which is less than 50% of AUUF's pre-COVID donation.

Our Sunday Forum and Worship donation baskets have looked forlorn ever since COVID-precautions led us into a mostly virtual existence. Your support for our social justice ministry, our Minister's Caring Fund, and a bit of our operating budget is down 57%.

Half-Portion distributions to our social justice partners averaged **\$1,666/month** in FY19; \$880 in FY20; \$841 in FY21. And here we are, one-third of the way through FY22, currently averaging **\$720/month**.

100% of your \$223 October Fifth Sunday donations has been forwarded to the **Afghan refugees**' Alaska relocation program managed by Catholic Social Services.

You voted to select **STAR** [Standing Together Against Rape] to be AUUF's November Half-Portion beneficiary. What should they be expecting?

Who wants to bet that the social justice organizations you voted to support can tell that our cup is half empty even as they thank us for your "generosity"?

Can you guess what I am hoping? I'm hoping you will follow this link and make a recurring Half-Portion donation. Do it in addition to your Pledge. I do both and it soothed my conscience to know that even though COVID etal has made me world-weary I am still supporting AUUF's social justice ministry in our community. (And if you use EFT instead of your credit card, we save on fees.) Here is a link and pictures to help you do it right now.

Let's fill the Half-Portion cup to the brim together. Thank you and Shalom.

-Sid McCausland, AUUF Treasurer

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Fireside Chat November 17

Connecting During COVID: Fireside Chat for Adults

Looking for a safe and relaxed way to connect with fellow AUUF folks? Curl up at home with a glass of wine or mug of your favorite tea, and Zoom in with the AUUF Connections Team for our monthly Fireside Chat. We had some great conversations with some new folks in October. There's no agenda, and you're welcome to attend for the entire time period, or drop in whenever you want for as long as you want. Whether you're new to AUUF or a long-timer, you may be pleasantly surprised!

Fireside Chat on Zoom

Wed., Nov. 17, 6:30-8:00 pm

for ages 18 and up

We'll offer this monthly on select Wednesdays until further notice.

Here's the zoom link, or find it on the calendar on our website.

Join Zoom Meeting

Meeting ID: 919 9244 6739

Passcode: 405554 Dial by your location +1 346 248 7799

+1 669 900 9128

For more information, email connections@anchorageuuf.org

Welcoming our new neighbors

More Afghan families are arriving. To help these families and welcome them to our community we have developed this registry of ongoing needs. Donations can be new items or gently used. Thank you for helping in any way you can. The refugee program and families have been very appreciative and grateful for our help and generosity.

Please visit the **SoKind registry here** to coordinate donating new or used items.

Our Path to a Settled Minister - Please Participate!

The Board is recommending that AUUF's Members Call Rev. Lise to be our Settled Minister, and she is interested in accepting if called by the Fellowship!

All AUUF Members are encouraged to participate in our discernment process that will conclude with a Congregational vote on March 20th.

The Board has asked George Bryson to lead our Fellowship's pre-Call decision-making process. George is looking for 4-6 volunteers who would like to be part of our deliberations with Members this Winter.

Please contact Sid McCausland before Wednesday if you are interested in serving on George's team.

Thank You & Congratulations

While so many do so much to support AUUF's mission, this year we're honoring four current or former members for their extraordinary contributions to the work of the Fellowship. Congratulations.

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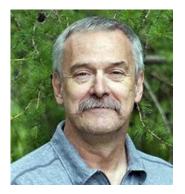
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Bill Stilling









Ken Winterberger

Alix McKee

Anti-Racism Team Corner

ALASKA BLACK CAUCUS Community Conversation: Indigenous Intersectionality Sunday, 11/14/2021 7:00 pm - 8:00 pm

Dennis Arashiro

Join the Alaska Black Caucus and community partners for a conversation on the lived experiences of indigenous intersectionality. This conversation highlights the voices of mixed race Alaskans.

Register here

DECOLONIZING THANKS GIVING - a Virtual Worship Service

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Side of Love on FB

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Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, <a href="mailto:revenue mailto:revenue mailt

Gina Molletti Congregational Administrator, 907-248-3737 x1 <u>admin@anchorageuuf.org</u>
Glna's AUUF office hours are usually Mon-Thurs, 9 am - 1 pm
Please call before coming.

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm

Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –Monday and Thursday from 9 am - 4 pm

Rebecca Bernard, Ministerial Intern, 907-248-3737 x5, rbernard.ak@gmail.com
My office hours are usually Tuesdays 9 am-noon, 1-2 pm, and Wednesdays and Fridays 9 am-1 pm.

STAY CONNECTED





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Service Podcasts

Donate Now



Today At Your Fellowship Monday November 15, 2021

As we listen during times of tender trust, we descend into the longings and learnings, hopes and fears, of the humanity we share.

Beneath the wells from which we drink, there is a deeper well that feeds them all.



This Week @ AUUF

Monday 11/15/21 Tuesday 11/16/21

2 pm Walk and Talk with Rev. Lise at University Lake

Wednesday 11/17/21

6:30 pm Board of Directors Meeting on Zoom6:30 pm Fireside Chat on Zoom

Sunday 11/21/21

(STAR)

9 am Virtual Forum on Zoom

We Don't Have to Lead the Nation in Sexual Assaults Jennifer Brown, Development Manager, Standing Together Against Rape

10:15 am RE Chalice Circle

Thursday 11/18/21 6 pm Choir Rehearsal at AUUF

Friday 11/19/21
12 pm Freethinkers on Zoom

Saturday 11/20/21

Half Portion for Social Action for November is STAR. Click here to donate.

Looking for folks to host Zoom services. Contact Rev. Lise to volunteer on Zoom.

(Online all the time)

11 am Virtual Worship on Zoom & Watch Party at AUUF

Multigenerational Service of Gratitude Rev. Lise Adams Sherry, and Rosene Beachy, Director of Lifespan Religious Exploration

1 pm COA M & M at AUUF

4-7 pm Sunday Chalice Circle on Zoom



Our Stewardship Campaign Is Under Way—

The Logo Says It All! by Marie Lundstrom Stewardship Committee

You'll be hearing more from the Stewardship Committee in the next few months about

pledging, fair share, giving, member expectations, how your money is used, programs, personal stories, and especially neighbors. That's what our stewardship logo this year is all about—caring for our neighbors. The ravens are an Alaskan image of working together, as they do, and as we do, to accomplish tasks while looking out for one another. The chalice is our symbol of fellowship, a loving center to our day-to-day efforts to get along through honest, non-hurtful communication, shared work, and helpful ideas. Our logo is our reminder of the fundamental rules among social beings like us—be kind and respectful to all. So we will be writing in TAYF, telling our stories during the Forum and the Worship Service, sending notes by email and snail mail, always encouraging you to continue looking out for each other, especially our neighbors in AUUF.

Walk and Talk with Rev. Lise

2 pm Tuesday, November 16

We're meeting at University Lake in the parking lot southwest of the lake. You can get to this parking lot by turning north onto Elmore off of Tudor. Then turn right into the parking lot a little bit after Ambassador Drive. If you get to the roundabout you've gone too far north.

Call Lise's cell if you can't find it: 503.999.2061

Fireside Chat

6:30 pm Wednesday, November 17

Connecting During COVID: Fireside Chat for Adults

Looking for a safe and relaxed way to connect with fellow AUUF folks? Curl up at home with a glass of wine or mug of your favorite tea, and Zoom in with the AUUF Connections Team for our monthly Fireside Chat. We had some great conversations with some new folks in October. There's no agenda, and you're welcome to attend for the entire time period, or drop in whenever you want for as long as you want. Whether you're new to AUUF or a long-timer, you may be pleasantly surprised!

Fireside Chat on Zoom Wed., Nov. 17, 6:30-8:00 pm

for ages 18 and up

We'll offer this monthly on select Wednesdays until further notice.

Here's the zoom link, or find it on the calendar on our website.

Join Zoom Meeting

Meeting ID: 919 9244 6739

Passcode: 405554
Dial by your location
+1 346 248 7799
+1 669 900 9128

For more information, email connections@anchorageuuf.org

Freethinkers

12 noon, Friday, November 19

Abolition, Feminism & Morality
by Cari Sayre

One of the downsides of American rationalism is that, without a set doctrine or credo, each generation must relearn important moral lessons. Thomas Paine understood that "when your own mind is your own church, it can take a very long time for future generations to make their way to the sanctuary." Even the notable abolitionist and voracious reader William Lloyd Garrison didn't discover Paine's writings until middle age. Historical records are now easier to maintain and access with technological advances, but progress still comes slowly, with a lot of resistance from those in power. Yes, slavery was abolished, and yes, women have the right to vote, but both groups are still far from having "equal" standing in society. What is most puzzling is that churches, who claim to be the holders of

Moral Truth, are often the biggest roadblocks to progress toward a Moral world. Ernestine Rose, suffragist, and abolitionist delivered a lecture two days before the onset of the Civil War "arguing against the idea that religious belief is a precondition for moral behavior" and reminding her audience "that America's 'present crisis' had been created by a system of slavery long upheld by many religious leaders in the North as well as the South." Abraham Lincoln himself struggled with the idea that God could be on both sides of the Civil War, as claimed by clergy and soldiers alike, and he resisted attempts to "put God back into the Constitution." Susan Jacoby writes at length about attempts to portray Lincoln as a religious man. "It was not enough for the Great Emancipator to be seen as a deeply moral man or even a believer in God; he had to be presented as a Christian, a believer in divine revelation, and a commander in chief who, granted victory, thanked his God for having been on the side of the strongest battalion." In the end sees him as a "doubter" or "skeptic" if not an "unbeliever." Lots to digest in the book, Freethinkers, A History of American Secularism! For next week, we'll read Chapters 5 and 6 and take a dive into Evolution.

Annual Holiday Sale Postponed

Alliance members are sorry to announce the postponement of the Annual Holiday Sale on Dec 3&4 of this year. We are hoping to sponsor a fundraising activity in February—stay tuned! We are also looking forward to having a Rummage Sale in late spring or early summer." Stephanie, Alliance President

Joy & Sorrows

From Worship Sunday, November 14

Joyce Laine: Kind thoughts for Karen, whose husband Bill died from the effects of Alzheimer's



From Megan Webb: Lighting a candle for my friend John who served in the Marine Corps

Lucinda Kinard: We hold in our hearts AUUF member Jane Mangus who has been in the hospital since Nov. 1 and her sons who are unable to be with her nor to obtain any information about her status

Joyce Laine: The sunshine yesterday and today is wonderful.

Joan Frankevich: Candles for my father who served in WWII and Korean War and my grandfather who was a motorcycle courier in WWI.

Mariah: Candles for my father, Edward V. Offer, who served in WWII and Korean War

The Van Ravenswaay's: Joy: early thanksgiving today with my parents, brother and his wife, and nieces/nephew. Concern for our move to a new house and hope we find kind neighbors and kids for bodhi to play with. Candle for the veterans in our family: Papa Ben Gregg, uncle Ben Gregg Jr, cousins Kinuwan, Ernest, and friend Hal Campbell.

Support a member of our beloved community in finding a forever home

You are invited to support a member of our beloved community in finding a forever home! Natasha Gamache and three of her children, who have been involved with AUUF in years past, lost their apartment last month when the rent went up. They are currently staying in a shelter and struggling to find a new home in Anchorage's very tight rental market. Natasha's daughter Denali started this GoFundMe campaign to help her family get on the path towards a forever home. Here is the link to donate to the campaign Click here to donate.

Thank you for your support and generosity!

DECOLONIZING THANKS GIVING - a Virtual Worship Service

This virtual worship service, on Nov 18th at 3:30 PM (AKST), intentionally crafted by centering Indigenous people and cultures, is an invitation to come together in that spirit. This service is presented by many Indigenous Unitarian Universalists and friends, Unitarian Universalist Ministry for Earth (UUMFE), Unitarian Universalist Association (UUA), and Side With Love. Join on Zoom or the livestream on Facebook.

https://bit.ly/DecolonizingThanksGiving

Unitarian Universalism's history, during the Civil War era, is directly connected to the creation of the mythos supporting the US Thanksgiving holiday and the historically inaccurate and harmful colonial narrative of "Pilgrims and the Indians," and the pageant traditions that perpetuate these harms.

In recent years, UUs have made a commitment to reconsider the cultural and colonial foundations of this tradition, in counsel and relationship with First Nations and Indigenous communities. The Harvest the Power program and Thanksgiving Reframed worship service last year were a significant milestone in this effort, and the work of truth-telling, cultural healing, and transformation must continue.

https://www.facebook.com/SideofLove/

COVID Incident Report

Some of you may have noticed that on the home page of our website we now have a pinkish-red rectangular "button" with the words "COVID Incident Report." The staff and I thought it would be a good idea to have a quick, easy way for folks to let AUUF know if they had been diagnosed with COVID within 7-10 of being at the Fellowship in person. Clicking on this button is the way to do that.

The button takes you to a short questionnaire that asks things like your diagnosis date, whether or not you have symptoms, when you were last at church and what activities you participated in. We also ask you to call me or the office as soon as possible to let us know you've had a diagnosis. That way we can start calling other folks who may have been in the building at the same time as you so we can prevent further COVID spread.

We are still practicing mitigation at the fellowship: masks are required, vaccinations are strongly encouraged, as is physical distancing. and we have sanitizer all over the building for easy use. But sometimes despite our best practices, COVID can still sneak through--hence the COVID Incident Report. It's just one more way that we're trying to take care of each other during these continuing challenging times.

In other news, I hope you've been enjoying the snow and finding a little time to bask in its beauty or lob a few playful snowballs. It can't always be about just shoveling the stuff, right?

Let's keep taking care of each other!

Blessings, Rev. Lise

Final Auction Update

We exceeded our auction goal of \$14,000! Thank you to all of you who bid, purchased raffle tickets, items, and experiences, and won items in the auction! There was a final total of 79 people purchasing 187 items, 8 events, 4 AUUF sales of items, and 3 different numbers of raffle tickets. Wow! Our total sales were \$14,680.41, with \$149.30 of that being donations to offset credit card charges. Thank you to those who gave the extra. Net auction proceeds were \$14,531.11.

We again have heard positive experiences and preferences for holding the auction virtually. The Board will be discussing this Wednesday night, with a recommendation from the Auction Team to renew our purchase of the software for another year. The Alternative Gift Fair wants to use it again in December, and we've thought of some other uses of it throughout the year. A subscription gives us 6 uses per year.

Item pick up continues, with everything moved to the library. Please retrieve your winnings ASAP! If you cannot by Monday November 15th and have not already talked with one of the organizers, please email auction@anchorageuuf.org to make arrangements. We would prefer for you to have a friend pick it up and hold it for you, as we do not have secure storage space. Items not claimed by November 21St may be donated or offered to the second-highest bidder. Gina mailed the gift certificates if those were the only things purchased

Gina's office hours are usually from 9-1 pm Monday – Thursday. There may be people in the building other days as well. You may want to call the office to confirm if someone can let you in. It will be open on Sunday during the Zoom Watch Party from 11 am -noon, at least. Come join us!

Thank you again! The Auction Team (Carma, Cathy, Mara, and Peggy)

Social Justice Ministry

The **AK Innocence Project** has received your October Half-Portion donation of \$755.50, which is less than 50% of AUUF's pre-COVID donation.

Our Sunday Forum and Worship donation baskets have looked forlorn ever since COVID-precautions led us into a mostly virtual existence. Your support for our social justice ministry, our Minister's Caring Fund, and a bit of our operating budget is down 57%.

Half-Portion distributions to our social justice partners averaged **\$1,666/month** in FY19; \$880 in FY20; \$841 in FY21. And here we are, one-third of the way through FY22, currently averaging **\$720/month**.

100% of your \$223 October Fifth Sunday donations has been forwarded to the **Afghan refugees**' Alaska relocation program managed by Catholic Social Services.

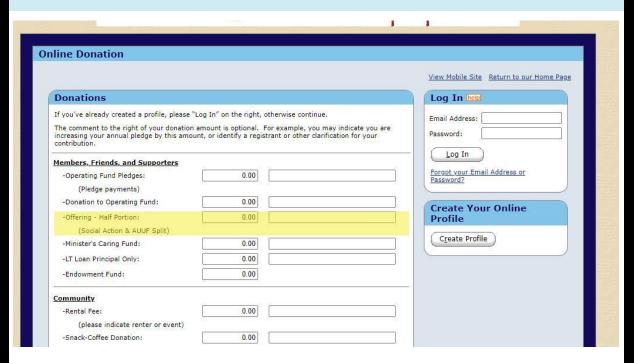
You voted to select **STAR** [Standing Together Against Rape] to be AUUF's November Half-Portion beneficiary. What should they be expecting?

Who wants to bet that the social justice organizations you voted to support can tell that our cup is half empty even as they thank us for your "generosity"?

Can you guess what I am hoping? I'm hoping you will follow this link and make a recurring Half-Portion donation. Do it in addition to your Pledge. I do both and it soothed my conscience to know that even though COVID et al has made me world-weary I am still supporting AUUF's social justice ministry in our community. (And if you use EFT instead of your credit card, we save on fees.) Here is a link and pictures to help you do it right now.

Let's fill the Half-Portion cup to the brim together. Thank you and Shalom.

-Sid McCausland, AUUF Treasurer



Donation Frequency:	Choose One ✔	
Consider Recurring Donations		
	eady stream of support. It is a great way to manage charitable givi ayment– you set the frequency, select the payment method and yo	
Donation Start Date:	11/12/21 mm/dd/yy III	
* = Required		
Continue		

Privacy & Security

Thank You & Congratulations

While so many do so much to support AUUF's mission, this year we're honoring four current or former members for their extraordinary contributions to the work of the Fellowship. Congratulations.

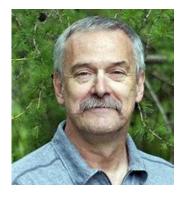
Volunteer(s) of the Year: The tireless team of Alix McKee and Ken Winterberger have kept us all connected, engaged, and informed these last 20 months as we've switched to all things Zoom. From keeping abreast of new and emerging technologies to providing technical support for both Sunday services and consulting on the sanctuary remodel, it seems impossible to overstate their contributions. And they've done it all with calm and good cheer. From all of us, a sincere thank you.

Fred Hillman Distinguished Service Award: Since joining the Fellowship in 2008, Dennis Arashiro has shown that our Seven Principals are central to his daily life. Dennis has led AUUF's social action efforts for a decade and currently sits on the Anti-Racism Team and Forum Planning Committee. Outside the Fellowship, Dennis has been, or is, involved in mentoring ASD youth, serving the houseless, and working with the Japanese American Citizens League.

Shirley Dickens Memorial Tribute: William (Bill) Stilling is being honored for his extraordinary end-of-life financial gift to AUUF. Bill's generosity allowed us to complete the sanctuary remodel and to fully find the audio-visual upgrades that initially had been planned for phased implementation. In addition, 20 percent of his gift was placed in our Endowment Fund to support AUUF's future work.

Bill Stilling







Dennis Arashiro





Half Portion for Social Action for November is STAR

For over 40 years, STAR has been supporting and advocating for survivors and educating our community to ultimately change these statistics. As a local, grassroots non-profit, STAR is the only organization in Alaska specializing and focusing solely on sexual trauma prevention and response, providing comprehensive services within Anchorage. This includes 24/7/365 critical responses to those impacted by sexual assault, child

sexual abuse, sexual harassment, human trafficking, intimate partner violence, and stalking. STAR serves between 900-1,200 people each year.

STAR's Direct Services Team supports Survivors in numerous capacities. Whether someone comes forward about a recent trauma or something that happened to them decades earlier, STAR offers immediate support, legal advocacy, case management, court and medical accompaniment, safety planning, and emergency assistance (such as emergency relocation, rapid rehousing, protective order application, and hearing support), trauma therapy, and support groups.

Go to anchorageuuf.org
Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian

Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737

Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, <a href="mailto:review.new.review.review.new.review.new.review.new.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.review.new.rev

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Looking for folks to host Zoom services. Contact Rev. Lise to volunteer on Zoom.





We Don't Have to Lead the Nation in Sexual Assaults Jennifer Brown, Development Manager, Standing Together Against Rape (STAR)

Virtual Forum on Zoom

9 am Sunday, November 21

Click here to join on Zoom. Click here for Speaker's Bio.





Multigenerational Service of Gratitude Rev. Lise Adams Sherry, and Rosene Beachy, Director of Lifespan Religious Exploration

Virtual Worship on Zoom & Watch Party at AUUF 11 am Sunday, November 21

Click here to join on Zoom.

Corn and Cider Communion this Sunday, Nov. 21

This Sunday we're going to have a corn and cider communion as part of our multigenerational Service of Gratitude. If you can, we hope you can bring something corny and something appley to munch on/drink during the communion part of our service. If you don't have time to organize that,

anything solid and liquid (that are eatable of course!) will do.

If you have a little more time, here's a recipe that Rosene has supplied for those of you who might want to use this as an excuse to do some baking.

See you online on Sunday, or at the Zoom Watch-Party at AUUF!

Blessings, Rev. Lise

Cornbread

3/4c. Cornmeal

- 1 c. Flour
- 2 T. sugar
- 2 T. Melted butter
- 1 t. Baking Soda
- 1 t. Salt
- 3 t. Baking powder
- 2 eggs
- 1 c. Sour cream
- 4 T. Milk

Beat eggs.

Mix all ingredients.

Pour into well-greased 9 in square pan.

Bake 425 for 15 - 20 min.

Soup Sunday This Sunday

We miss gathering with you for our Soup Sundays.

This Sunday we're going to stay warm by gathering in our fellowship zoom room to share a cup of soup or tea/ coffee and visit.

Join in on Soup Sunday by staying on Zoom after the 11 am service. We will start at 12:15 pm.

We want to hear how you are spending these cold days and what is warming your heart and soul. Let's come together and inspire each other with books, movies, music, u-tubes, foods, games, activities, outings, holiday ideas, people, TED talks...

Please, plan to join us, we miss coming together and sharing with you. Help us Warm and brighten up this cold and dark week.

Jr Youth Firepit Gathering

Tomorrow, same time, but will include some indoor activities due to the cold. Masks required. Contact Rosene for more info.

AUUF President's Report

Peggy Robinson 11/17/21

There are some great things happening within the Fellowship as we continue to find our path through this latest COVID-19 outbreak!

The Afghan Refugee Group is quite active with planning and implementing donations of cash, gift cards, and winter clothing items for the incoming refugees. There are also volunteer opportunities to help distribute donated items. Please contact Andee Cordano at andeecordano@gmail.com or cell 907-350-6361 for more information and ways to help.

Our 11 am service is now on a schedule of the first Sunday of the month in-person only and then the rest are Zoom, with "watch parties" in the sanctuary for those who wish to

come in person and watch on our large screens. This gives the AV volunteers a break once a month, while providing a 3-D experience for everyone else. We greet each other during the Zoom chat rooms, do Joys and Sorrows with water and stones, and pass the basket for the offering. Come join us! At the service on November 14, we had 5 new visitors in person! Prior Sundays we've also had new people attending, curious to learn more about us.

The Ministerial Call Committee, led by George Bryson, has 8 volunteers to lead us through the consideration process of having Rev. Lise Adams Sherry as our called minister. The activities are planned to culminate on March 20 at a Congregational meeting and vote. If you would like to contact members of the committee, they are Andrew Gray, Cady Lynn O'Brien, Cari Sayre, Carma Reed, Dennis Arashiro, George Bryson, John Blaine, Mara Hill, and Susan Orlansky.

Our auction was again a success, with income exceeding our goal of \$14,000! The Alternative Gift Fair once again wants to use the same software next month for their event, which last year raised a significant amount more for the chosen charities than in the past with the physical gift fair. They are planning on starting the event on December 12 th , so watch for their advertising!

It looks like our Sanctuary Remodel Project and Audio/Visual upgrades are going to be completed before the end of 2021! Thanks to Don Antrobus who learned more about A/V than he thought he ever would, and to Alix McKee for encouraging professional Rick Miller to finish it up with us. We still have a few small projects needing work in Megan's office, and a woodworking project for the cap on the A/V pony wall looking for a craftsman. Please contact Don for details.

Let's all stay positive that 2022 brings low COVID-19 transmission and illnesses, that we can all come back into our remodeled sanctuary together, and that we can do good in this world and support each other.

In Fellowship, Peggy

Please vote for Half Portion recipients

Please visit the link below and pick 10 organizations to be the 2022 Half Portion recipients.

Click here to vote.

Thank you.



Our Stewardship Campaign Is Under Way—

The Logo Says It All! by Marie Lundstrom Stewardship Committee

You'll be hearing more from the Stewardship Committee in the next few months about pledging, fair share, giving, member expectations, how your money is used, programs, personal stories, and especially neighbors. That's what our stewardship logo this year is all about—caring for our neighbors. The ravens are an Alaskan image of working together, as they do, and as we do, to accomplish tasks while looking out for one another. The chalice is our symbol of fellowship, a loving center to our day-to-day efforts to get along through honest, non-hurtful communication, shared work, and helpful ideas. Our logo is our reminder of the fundamental rules among social beings like us—be kind and respectful to all. So we will be writing in TAYF, telling our stories during the Forum and the Worship Service, sending notes by email and snail mail, always encouraging you to continue looking out for each other, especially our neighbors in AUUF.

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In other news, I hope you've been enjoying the snow and finding a little time to bask in its beauty or lob a few playful snowballs. It can't always be about just shoveling the stuff, right?

Let's keep taking care of each other!

Blessings, Rev. Lise

AUUF Anti-Racism Team Corner

ANNOUNCING ANCSA@50:THE JOURNEY CONTINUES
A SERIES OF BROADCASTS TO COMMEMORATE THE 50th ANNIVERSARY OF THE LANDMARK LEGISLATION

With support from the Alaska Native Village Corporation Association (ANVCA), several organizations teamed up to produce, ANCSA@50: The Journey Continues, a series of programs to be aired over seven weeks, starting on Thursday, Nov. 4 through Thursday, Dec. 16, culminating in a marathon re-broadcast on the actual date of the anniversary— Saturday, Dec. 18. Other contributors to the series include: KTOO, the Alaska Moving Image Preservation Association (AMIPA), and the UAA/APU Consortium Library.

The series will air on the statewide KTOO 360TV channel on broadcast, cable, streaming services and satellite television statewide. The service is broadcast over-the-air on digital TV channels, including KAKM 7.3 in Anchorage, KUAC 9.9 in Fairbanks, KYUK 15.3 in Bethel and KTOO 3.3 in Juneau. Home viewers with basic cable service see KTOO 360TV in 38 markets, mostly on channel 15. The channel is also on Dish Network and AT&T's DirecTV and on a full-time channel on the

transmitters of the state's rural television network, ARCS. You can also stream KTOO 360TV online <u>here.</u>

NOV. 25, 8:00-10:00 PM

A Matter of Trust (1984)

Oscar Kawagley and other Yupik leaders express their concern about how ANCSA will impact their way of life, and whether the federal government can be trusted to hold up their end of the bargain.

Thoughts on 'A Matter of Trust' (2021)

Panel discussion: Hallie Bissett, moderator, with Sam Kito II, former AFN President; John Shively, former NANA executive;

Nathan McGowan, CEO St. George Corporation; and Melissa Kookesh, CEO of Kootznoowoo, Inc., reflect on the concerns expressed by the Yupik leaders, how the issues were addressed,



ALASKA BLACK CAUCUS COMMUNITY CONVERSATION - Sunday 11/21/21, 7 - 8 PM Join the Alaska Black Caucus for a conversation focused on COVID-19 vaccinations, with the Pfizer-BioNTech COVID-19 Vaccine recently authorized for children ages 5 through 11 years.

The Alaska Black Caucus is proud to present monthly Community Conversations focused on topics related to COVID-19 impacts and health disparities in the BIPOC Community.

This program was supported by a grant awarded by the Municipality of Anchorage, Anchorage Health Department.

The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the Alaska Black Caucus and do not necessarily reflect the views of the Municipality of Anchorage, Anchorage Health Department.

Register here



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We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org Office hours: Usually Tues, Th & Fri 10 am -- 2 pm

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Today At Your Fellowship Monday November 22, 2021



This Week @ AUUF

Monday 11/22/21

4:30 pm Green Sanctuary Team at AUUF

Tuesday 11/23/21

6-8 pm Program Council

Wednesday 11/24/21

Thursday 11/25/21

6:30 pm Pastoral Care Team

Friday 11/26/21

12 pm Freethinkers on Zoom

Sunday 11/28/21

9 am Virtual Forum on Zoom

One Writer's Alaska Journey Alaskan Author Tom Kizzia

10:15 am RE Chalice Circle

(Online all the time)

11 am Virtual Worship on Zoom & Watch Party at AUUF

Hanukkah

Rabbi Abram Goodstein and Joyce Laine, Worship Associate

Half Portion for Social Action for November is STAR. <u>Click here to</u> donate.



December Half Portion Recipient: Facing Foster Care in Alaska

Our mission is to improve the foster care system through sharing our experiences, supporting and educating youth and social services, and implementing positive change in society as a whole.

Facing Foster Care in Alaska (FFCA) is a nonprofit dedicated to improving the foster care system, developing leadership skills among current and former foster youth, and creating a network of peer support that is a lifeline for many foster youth and alumni.

FFCA provides foster youth and alumni opportunities to share lived-expertise about life in foster care to raise community awareness, educate child welfare staff, and government officials, and educate foster youth throughout Alaska about their rights, resources, and opportunities to share their voice to promote change.

Founded in 2003 by a handful of foster youth and alumni, FFCA has grown to become the state's leading organization on foster care reform and networking, and has received national recognition.

FFCA has touched the lives of hundreds of foster youth and alumni across Alaska. FFCA members have worked to improve the foster care system on both a state and national level through partnerships with state and private agencies, and youth alumni networks. FFCA members have led advocacy efforts to expand services and support for foster youth across Alaska, including;

- freedom of speech for foster youth,
- extending foster care to 21,
- foster care re-entry,
- tuition and higher education funds and access,
- mentors,
- laptops,
- · discount clothing,
- foster parent recruitment,
- transitional living,
- · medically necessary orthodontia,
- increased permanency for older youth,
- normalcy,
- sibling contact and placement,
- relative search.
- increased training and staff positions, and caseload standards for child protection,
- youth ages 14+ participation in case planning,
- loosened licensing regulations for rural communities,
- school stability.
- notice and access for foster youth of social security benefits,
- extended foster care beyond 21 for youth aging out during the COVID19 pandemic,
- published educational materials on youth engagement in court and rights,
- promoted foster care recruitment and public awareness,

FFCA has developed a statewide network of youth and alumni across Alaska. FFCA has become nationally recognized as members have traveled throughout the country to

present at various conferences, and even met with members of congress. We are always looking for donations to support our work. More recently efforts around COVID Relief. We offer financial assistance to support current and former foster youth with housing, meals, transportation, childcare, medical care, and other basic living needs. For more information, visit FFcalaska or contact us at info@ffcalaska.org



Join our Zoom meeting to discuss how to help Afghan Refugees

7 pm Wednesday, Nov. 24th

Have you been wanting to do some good in the world? Have you wanted to help the newly arriving Afghan Refugees? We started by collecting money, then outdoor clothing, some have been helping with food, clothing, and transportation. Come find out what is next! Join our zoom meeting this coming Wednesday, Nov. 24th at 7 pm. Send me a note if you would like to join us and I will send a zoom link. My apologies if you have tried to connect with us and have not been able to. Here is another chance!

Teresa Zimmer tzimmer@gci.net

Rev. Lise will be away

Rev. Lise will be away for the long weekend. If you have any concerns please contact the office or be in touch with our student minister, Becca Bernard.

Communications Update

If you have something you'd like to share in Friday's TAYF, or the Sunday Announcement video, or need a Zoom meeting scheduled please get your info in ASAP. Kelly will be off for the weekend Wednesday at 1 pm.

You can submit your info at $\underline{\text{this link.}}$ Thank you

Freethinkers

12 noon, Friday, November 26

Darwin/Evolution & Ingersoll/The Great Agnostic by Cari Sayre

The discussion last Friday centered around two great thinkers from times gone by, and the ramifications their ideas have had on society at large. The divide over Darwinism pitted secular vs. religious as well as showing a continued divide between North and South. Even in the North, while the New York Times articles excitedly covered Darwin's publications, the conservative editorial board made it very clear they were not in favor of that type of thinking. Science didn't claim to take precedence over religious belief, but the opposite was not true. Freethinkers of the era described their beliefs as an "ethical and

metaphysical system grounded in the search for truth rather than the conviction of having found the truth." We all wondered why so few of us had heard of Robert Ingersoll, often called the Great Agnostic, and one of the great thinkers and orators of the late 19th century. Here is one of his gems: "While I am opposed to all orthodox creeds, I have a creed myself; and my creed is this. Happiness is the only good. The time to be happy is now. The place to be happy is here. The way to be happy is to make others so. This creed is somewhat short, but it is long enough for this life, strong enough for this world. If there is another world, when we get there we can make another creed."

Ingersoll influenced great men like Clarence Darrow and Eugene V. Debs, and though he was known as a fiscal conservative, over time his own economic thinking became more progressive and liberal, leading to The New Deal. He was always a fierce defender of human rights and justice for all as well as the separation of Church and State. There's enough for an entire book about him — actually, Susan Jacoby wrote one! For next week, we'll read Chapter7 (Dawn of the Culture Wars) of <u>Freethinkers, A History of American Secularism</u>.

See you on Zoom!

Anti-Racism Team Corner

ALASKA BLACK CAUCUS COMMUNITY CONVERSATION

Sunday: 11/28/2021 7:00 pm - 8:00 pm

Join the Alaska Black Caucus for a dialogue with the Anchorage Assembly with a focus on municipal reapportionment.

Get to know your Assembly members and share your perspective on the current state-wide redistricting project, which happens only once every 10 years.

Register now

ANNOUNCING ANCSA@50:THE JOURNEY CONTINUES
A SERIES OF BROADCASTS TO COMMEMORATE THE 50th ANNIVERSARY OF THE LANDMARK LEGISLATION

With support from the Alaska Native Village Corporation Association (ANVCA), several organizations teamed up to produce, ANCSA@50: The Journey Continues, a series of programs to be aired over seven weeks, starting on Thursday, Nov. 4 through Thursday, Dec. 16, culminating in a marathon re-broadcast on the actual date of the anniversary— Saturday, Dec. 18. Other contributors to the series include: KTOO, the Alaska Moving Image Preservation Association (AMIPA), and the UAA/APU Consortium Library.

The series will air on the statewide KTOO 360TV channel on broadcast, cable, streaming services and satellite television statewide. The service is broadcast over-the-air on digital TV channels, including KAKM 7.3 in Anchorage, KUAC 9.9 in Fairbanks, KYUK 15.3 in Bethel and KTOO 3.3 in Juneau. Home viewers with basic cable service see KTOO 360TV in 38 markets, mostly on channel 15. The channel is also on Dish Network and AT&T's DirecTV and on a full-time channel on the transmitters of the state's rural television network, ARCS. You can also stream KTOO 360TV online here.

NOV. 25, 8:00–10:00 PM

A Matter of Trust (1984)

Oscar Kawagley and other Yupik leaders express their concern about how ANCSA will impact their way of life, and whether the federal government can be trusted to hold up their end of the bargain.

Thoughts on 'A Matter of Trust' (2021)

Panel discussion: Hallie Bissett, moderator, with Sam Kito II, former AFN President; John Shively, former NANA executive; Nathan McGowan, CEO St. George Corporation; and Melissa Kookesh, CEO of Kootznoowoo, Inc., reflect on the concerns expressed by the Yupik leaders, how the issues were addressed, and the challenges still to come.



Joy & Sorrows

From Sunday Worship November 21

From Megan Webb, Music Director: I am grateful for music!

From Silver H Jellen: I am grateful for this Fellowship

From Ann Larabee: I am grateful for food.

From Amanda Cash: Grateful for Townes finding pure joy in ballet

From Rev. Lise: I am grateful for dance and my family and friends.

From Cindy & Wray Kinard: we're grateful for this time and this loving and giving community

From David & Irene O'Brien: We are grateful for a cuddly dog.

From Denise Martin: I'm grateful for the availability of healthy organic food in our community, and all those who make that possible.

Please vote for Half Portion recipients

Please visit the link below and pick 10 organizations to be the 2022 Half Portion recipients.

Click here to vote.

Thank you.



Our Stewardship Campaign Is Under Way—

The Logo Says It All! by Marie Lundstrom Stewardship Committee

You'll be hearing more from the Stewardship Committee in the next few months about pledging, fair share, giving, member expectations, how your money is used, programs, personal stories, and especially neighbors. That's what our stewardship logo this year is all about—caring for our neighbors. The ravens are an Alaskan image of working together, as they do, and as we do, to accomplish tasks while looking out for one another. The chalice is our symbol of fellowship, a loving center to our day-to-day efforts to get along through honest, non-hurtful communication, shared work, and helpful ideas. Our logo is our reminder of the fundamental rules among social beings like us—be kind and respectful to all. So we will be writing in TAYF, telling our stories during the Forum and the Worship Service, sending notes by email and snail mail, always encouraging you to continue looking out for each other, especially our neighbors in AUUF.

COVID Incident Report

Some of you may have noticed that on the home page of our website we now have a pinkish-red rectangular "button" with the words "COVID Incident Report." The staff and I thought it would be a good idea to have a quick, easy way for folks to let AUUF know if they had been diagnosed with COVID within 7-10 of being at the Fellowship in person. Clicking on this button is the way to do that.

The button takes you to a short questionnaire that asks things like your diagnosis date, whether

or not you have symptoms, when you were last at church and what activities you participated in. We also ask you to call me or the office as soon as possible to let us know you've had a diagnosis. That way we can start calling other folks who may have been in the building at the same time as you so we can prevent further COVID spread.

We are still practicing mitigation at the fellowship: masks are required, vaccinations are strongly encouraged, as is physical distancing. and we have sanitizer all over the building for easy use. But sometimes despite our best practices, COVID can still sneak through--hence the COVID Incident Report. It's just one more way that we're trying to take care of each other during these continuing challenging times.

In other news, I hope you've been enjoying the snow and finding a little time to bask in its beauty or lob a few playful snowballs. It can't always be about just shoveling the stuff, right?

Let's keep taking care of each other!

Blessings, Rev. Lise



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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship Friday November 26, 2021

This Sunday @ AUUF

Saturday 11/27/21

Sunday 11/28/21

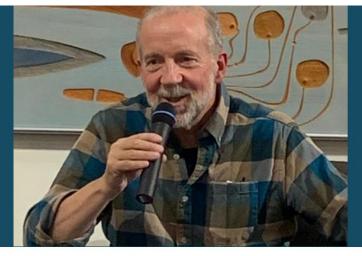
9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Virtual Worship on Zoom & Watch Party at AUUF

4-7 pm Sunday Chalice Circle on Zoom

Half Portion for Social Action for November is STAR. <u>Click here to donate</u>.





One Writer's Alaska Journey Alaskan Author Tom Kizzia

Virtual Forum on Zoom

9 am Sunday, November 28

Click here to join on Zoom.
Click here for Speaker's Bio.





Hanukkah Rabbi Abram Goodstein, Worship Associates Joyce Laine & Cassie Thomas

Virtual Worship on Zoom & Watch Party at AUUF

11 am Sunday, November 21

As Sunday is the first day of the Jewish festival of Hanukkah, we will welcome Rabbi Abram Goodstein as our guest speaker. Rabbi Abram Goodstein will share his faith tradition of Hanukah with us. Laine and Cassie Thomas are worship associates, Cyrus Hicks is AV person, and Cady Lynn O' Brian greatly assisted in putting the service together.

Click here to join on Zoom.

Seasonal Services and Activities

Dec. 5, 11 am service: Blue Holidays (In-person). We'll also start decorating our Mitten Tree.

Dec. 18, 5-6:30 pm: Multigenerational Solstice Party outside at AUUF.

Dec. 19, 11 am service: Multigeneration Solstice Service (Zoom)

Dec. 24, evening: Christmas Eve Service (Zoom)

Please vote for Half Portion recipients

Please visit the link below and pick 10 organizations to be the 2022 Half Portion recipients.

Click here to vote.

Thank you.

Time off for Staff

Rosene is taking a well-deserved vacation from November 22 through December 3. Rev. Lise is

going to be gone for the long weekend, Nov. 26-29. If you have any pastoral emergencies please contact our ministerial intern, Rebecca Bernard, at 907.244.3988.

Donate cold weather gear to Afghan Refugees

Imagine arriving in Alaska this winter without warm hats and gloves. What would you buy for your children and yourself? Something to keep fingers and heads warm in these very cold temperatures. Would you be willing to buy those things for our newly arrived Afghan refugee neighbors? We would love to give them good quality cold-weather gear to make their adjustment to life in Anchorage a bit easier. Please bring your good quality outerwear to the fellowship for this year's much-needed Mitten Tree!

Thank you!!

"Generosity is giving more than you can, and pride is taking less than you need."

- Kahlil Gibran

Sad News

Dear Ones,

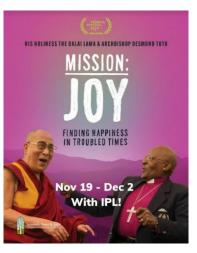
I wanted to let you all know that Macon Roberts died at home on Thursday, Nov. 18, 2021. He had been in hospice for about two weeks and both his wife, Eli, and son, Dylan, were with him.

The family is planning a Celebration of Life in the next month or so, and we'll let you know more information as we get it.

Cards may be sent to 9089 Nuthatch Place Unit G, Anchorage, AK 99507.

Please take care, everyone.

Blessings, Rev. Lise



"Mission: JOY" film screening and discussion

Thursday, December 2, 7:00 pm

Via Zoom, with Zoom watch party at AUUF, room to be determined.

Our Soul Matters theme for the month of December is JOY... a perfect theme for the season of solstice, new light, and winter celebrations with loved ones! To kick off the month, the Healthy Congregations Team is hosting a screening of the new film, "Mission: JOY," which is being made available by Interfaith Power & Light. The film is described below. IPL asks that everyone who attends register separately, so **if you plan to**

attend, please RSVP to Becca Bernard at receive a registration link and a zoom link.

Deeply moving and laugh-out-loud funny, *Mission:* JOY is a documentary with unprecedented access to the unlikely friendship of two international icons who transcend religion: His Holiness the Dalai Lama and Archbishop Tutu. In their final joint mission, these self-described mischievous brothers give a master class in how to create joy in a world that was never easy for them. They offer neuroscience-backed wisdom to help each of us live with more joy, despite circumstances. Inspired by *New York Times* bestseller *The Book of Joy: Lasting Happiness in a Changing*

World, the film showcases the exchange between these two Nobel Peace Prize winners that led to that book.



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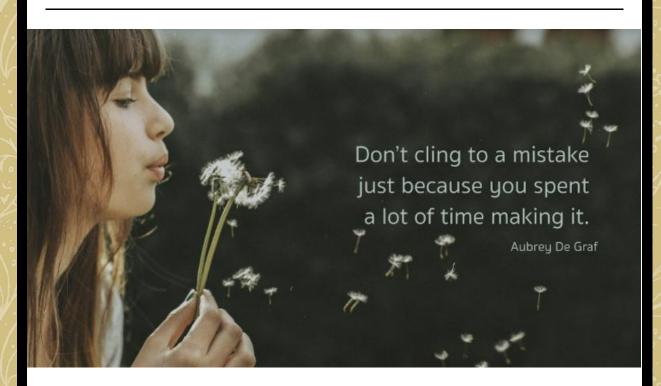
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Today At Your Fellowship Monday November 29, 2021



This Week @ AUUF

Monday 11/29/21

Tuesday 11/30/21

Wednesday 12/1/21

7 pm Building & Grounds Meeting on Zoom

Thursday 12/2/21

6 pm Choir Rehearsal at AUUF 7 pm Healthy Congregations Team on Zoom

Friday 12/3/21

12 pm Freethinkers on Zoom

Saturday 12/4/21

1-3 pm RE Winter Fest

Sunday 12/5/21

9 am Virtual Forum on Zoom

Shall There Be a Constitutional Convention? Former Attorney General Bruce Botelho

10:15 am RE Chalice Circle

(Online all the time)

11 am Sunday Worship Live at AUUF

Blue Holidays With Rev. Lise

5 pm Walk & Talk with Rev. Lise

1-3 pm COA M & M meeting

4-7 pm Sunday Chalice Circle on Zoom

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Dec. 5, 11 am service: Blue Holidays (In-person). We'll also start decorating our Mitten Tree.

Dec. 18, 5-6:30 pm: Multigenerational Solstice Party outside at AUUF.

Dec. 19, 11 am service: Multigeneration Solstice Service (Zoom)

Dec. 24, evening: Christmas Eve Service (Zoom)

AUUF President's Report

Peggy Robinson

There are some great things happening within the Fellowship as we continue to find our path through this latest COVID-19 outbreak!

The Afghan Refugee Group is quite active with planning and implementing donations of cash, gift cards, and winter clothing items for the incoming refugees. There are also volunteer opportunities to help distribute donated items. Please contact Andee Cordano at andeecordano@gmail.com or cell 907-350-6361 for more information and ways to help.

Our 11 am service is now on a schedule of the first Sunday of the month in-person only and then the rest are Zoom, with "watch parties" in the sanctuary for those who wish to come in person and watch on our large screens. This gives the AV volunteers a break once a month while providing a 3-D experience for everyone else. We greet each other during the Zoom chat rooms, do Joys and Sorrows with water and stones, and pass the basket for the offering. Come join us! At the service on November 14, we had 5 new visitors in person! Prior Sundays we've also had new people attending, curious to learn more about us.

The Ministerial Call Committee, led by George Bryson, has 8 volunteers to lead us through the consideration process of having Rev. Lise Adams Sherry as our called minister. The activities are planned to culminate on March 20 at a Congregational meeting and vote. If you would like to contact members of the committee, they are Andrew Gray, Cady Lynn O'Brien, Cari Sayre, Carma Reed, Dennis Arashiro, George Bryson, John Blaine, Mara Hill, and Susan Orlansky.

Our auction was again a success, with income exceeding our goal of \$14,000! The Alternative Gift Fair once again wants to use the same software next month for their event, which last year raised a significant amount more for the chosen charities than in the past with the physical gift fair. They are planning on starting the event on December 12 th, so watch for their advertising!

It looks like our Sanctuary Remodel Project and Audio/Visual upgrades are going to be completed before the end of 2021! Thanks to Don Antrobus who learned more about A/V than he thought he ever would, and to Alix McKee for encouraging professional Rick Miller to finish it up with us. We still have a few small projects needing work in Megan's office and a woodworking project for the cap on the A/V pony wall looking for a craftsman. Please contact Don for details.

Let's all stay positive that 2022 brings low COVID-19 transmission and illnesses, that we can all come back into our remodeled sanctuary together, and that we can do good in this world and support each other.

In Fellowship, Peggy



Weatherization Now

AFACT member congregations, St. Mary's Episcopal Church, and Anchorage Unitarian Universalist Fellowship are hosting a public meeting with Senator Bill Wielechowski and Representative Andy Josephson on Thursday, December 9th from 7-8 pm over Zoom to address energy efficiency and home weatherization. Last spring, Governor Dunleavy introduced a bill (HB 170, SB 123) that would create a green bank in the state, which would fund energy efficiency projects, including needed home weatherization in our neighborhoods. Reverend Lisa will be offering the opening reflection, and the meeting will provide an opportunity for public testimony. Please register ASAP by clicking on the attached Zoom link so that we can send a reminder email with the embedded links.

Zoom link

Facebook page

"You must be the change you want to see in the world". Mahatma Gandhi

Freethinkers

12 Noon, Friday, December 3 on Zoom

Culture Wars

by Cari Sayre

First, our thoughts are with Macon's family and George's family in their times of grief. It's difficult to write about culture wars with all that sadness in my heart... Last Friday we discussed the tight grip religion has on society, and the many ways in which religious groups have held sway over cultural norms through history. Women's suffrage and the abolition of slavery were both slowed by religious groups. One member noted that it's all about control, stating that, "Women, let loose, would be threatening!" We struggled to think of cultures where women are truly respected/raised up.

Our country was definitely not the first to allow women to vote (more like the 20th), and, we were among the last countries to abolish slavery. Both efforts were slowed by religious groups. The Comstock Act of 1873 is still on the books, allowing for censorship of books and ideas deemed "obscene." One person recalled how postcards advertising "The Vagina Monologues" were held up by our local Postmaster in very recent memory! It appears some groups are using the government to inflict religious values on others, which is contrary to the "hands-off" attitude of Jefferson, et al. For next week, we'll read Chapter 8 (Unholy Trinity: Atheism, Reds, Darwinism) in "Freethinkers, A History of American Secularism."

Mitten Tree for Refugees!

Imagine arriving in Alaska this winter without warm hats and gloves. What would you buy for your children and yourself? Something to keep fingers and heads warm in these very cold temperatures. Would you be willing to buy those things for our newly arrived Afghan refugee

neighbors? We would love to give them good quality cold-weather gear to make their adjustment to life in Anchorage a bit easier. Please bring your good quality outerwear to the fellowship for this year's much-needed Mitten Tree!

Thank you!!

Please vote for Half Portion recipients

Please visit the link below and pick 10 organizations to be the 2022 Half Portion recipients.

Click here to vote.

Thank you.

Sad News

Dear Ones.

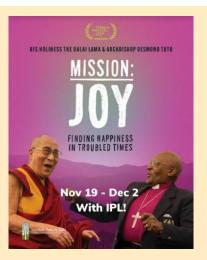
I wanted to let you all know that Macon Roberts died at home on Thursday, Nov. 18, 2021. He had been in hospice for about two weeks and both his wife, Eli, and son, Dylan, were with him.

The family is planning a Celebration of Life in the next month or so, and we'll let you know more information as we get it.

Cards may be sent to 9089 Nuthatch Place Unit G, Anchorage, AK 99507.

Please take care, everyone.

Blessings, Rev. Lise



"Mission: JOY" film screening and discussion

Thursday, December 2, 7:00 pm

Via Zoom, with Zoom watch party at AUUF, room to be determined.

Our Soul Matters theme for the month of December is JOY... a perfect theme for the season of solstice, new light, and winter celebrations with loved ones! To kick off the month, the Healthy Congregations Team is hosting a screening of the new film, "Mission: JOY," which is being made available by Interfaith Power & Light. The film is described below. IPL asks that everyone who attends register separately, so **if you plan to**

attend, please RSVP to Becca Bernard at <u>rbernard.ak@gmail.com</u> to receive a registration link and a zoom link.

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for November is STAR

For over 40 years, STAR has been supporting and advocating for survivors and educating our community to ultimately change these statistics. As a local, grassroots non-profit, STAR is the only organization in Alaska specializing and focusing solely on sexual trauma prevention and response, providing comprehensive services within Anchorage. This includes 24/7/365 critical responses to those impacted by sexual assault, child sexual abuse, sexual harassment, human trafficking,

intimate partner violence, and stalking. STAR serves between 900-1,200 people each year.

STAR's Direct Services Team supports Survivors in numerous capacities. Whether someone comes forward about a recent trauma or something that happened to them decades earlier, STAR offers immediate support, legal advocacy, case management, court and medical accompaniment, safety planning, and emergency assistance (such as emergency relocation, rapid rehousing, protective order application, and hearing support), trauma therapy, and support groups.

Go to anchorageuuf.org
Click on the Half-Portion note
at the bottom of the home page.
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Our AUUF Covenant

Together . . .

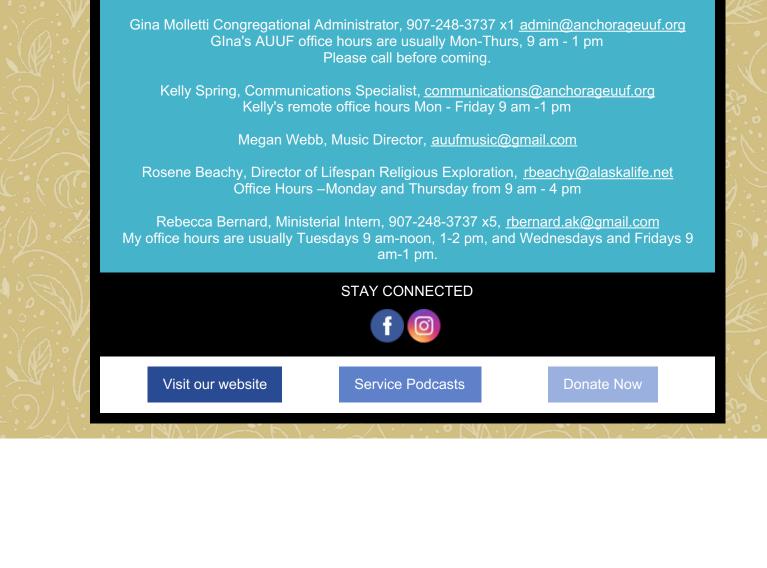
We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.









ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

Today At Your Fellowship Friday December 3, 2021

This Sunday @ AUUF

Saturday 12/4/21 1-3 pm RE Winter Fest

Sunday 12/5/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Sunday Worship Live at AUUF

1-3 pm COA M & M meeting

4-7 pm Sunday Chalice Circle on Zoom

Half Portion for Social Action for December is <u>Facing Foster Care in</u> Alaska.





Shall There Be a Constitutional Convention? Former Attorney General Bruce Botelho

Virtual Forum on Zoom

9 am December 5

Shall There Be a Constitutional Convention? Former Attorney General Bruce Botelho

Click here to join on Zoom.
Click here for Speaker's Bio.

The Forum in December

We've enjoyed many excellent Forums throughout the year, and we're looking forward to four more in December to bring 2021 to a close.

This **Sunday, December 5**, **former Alaska Attorney General Bruce Botelho** will talk with us about one of the most important decisions facing Alaska voters in decades. When AUUF member Vic Fisher and his fellow delegate wrote our state constitution, they included a clause requiring that voters decide every ten years **whether we should have a new constitutional convention**. This could affect everything from how we select our judges, the right to choose an abortion, PFDs, and much much more.

On **December 12**, we'll hear from **Amanda Metivier**. Amanda is the co-founder and board member of **Facing Foster Care in Alaska**, the non-profit that is the Fellowship's Half-Portion recipient for December and which is doing underappreciated heroic work in our community.

On **December 19**, we'll get to know **Rev. Lise Adams Sherry** better as the Fellowship heads into the final stages of selecting our new minister in March. It may seem like "only yesterday" that Rev. Lise joined us as AUUF's contract minister while we completed the process of searching for and hiring the right person to serve as our "settled" minister. It's actually been a year and a half, but that's in "Covid years." If you are among the many folks who haven't gotten to spend as much quality time with her as you would have in normal times, it's not too late. She will talk with us about **the path that's brought her here, and her theology**, and answer your questions. For those who mainly attend the Forum, this will be particularly useful, but everyone in the Fellowship can take advantage of this opportunity to learn more about her.

To end the year, on **December 26**, we are excited and honored to have Alaska statesman, elder, and Native activist **Willie Hensley** join us to mark the **50**th **anniversary of the Alaska Native Claims Settlement Act**. Willie will reflect on that achievement, and remember a number of those who worked with him to bring into being this landmark law that reshaped Alaska.





11 am Sunday Worship Live at AUUF only

Blue Holidays With Rev. Lise & Worship Associate Marty Freeman

Holidays can be joyous and exciting. They can also be dreaded, sad and miserable, and that's okay, too. Join us as we acknowledge the challenge of holidays and hopefully provide some solace during this often difficult time.

December Worship Services

Dec. 12 Zoom online and Zoom "watch party" at AUUF

How the Grinch Stole Christmas Rev. Lise Adams Sherry, Barb Clark

66 years ago, this delightful Dr. Seuss book aired on tv. How has this story shaped the meaning of our holidays and how can we continue to renew its message in our contemporary times?

Dec. 19 Zoom online and Zoom "watch party" at AUUF

Multigenerational Solstice Service

Rebecca Bernard, Ministerial Intern; Rosene Beachy, Director of Lifespan Religious Exploration Here comes the sun! Join us as we celebrate the changing of the seasons and welcome more light back into our midst.

Dec. 24 6 pm Zoom online

Christmas Eve Multigenerational Service

Rev. Lise Adams Sherry, Rosene Beachy, Director of Lifespan Religious Exploration

It's time for the Christmas story and carols once again. Please join us as we honor the meaning of this sacred myth. Don't forget your candles!

Dec. 26 Zoom online and Zoom "watch party" at AUUF

The Essential Jesus

Rev. Lise Adams Sherry, Michele Champion

So much has been written about this man who (supposedly) existed for a short time 2000 years ago. We'll try to discern truth from the myth. What lessons might be continue to teach us?

Seasonal Services and Activities

Dec. 5. 11 am service: We'll also start decorating our Mitten Tree.

Dec. 18, 5-6:30 pm: Solstice Party outside at AUUF.

Dec. 19, 11 am service: Multigeneration Solstice Service (Zoom)

Dec. 24, evening: Christmas Eve Service (Zoom)

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Beginning immediately, walk and talk with Rev. Lise will be on the first and third Tuesdays of the month at 2 pm. Please meet at AUUF ready to walk in all temperatures and weather. (if we really think it's not walking weather we'll chat in the Fellowship).

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2:30-4:30 pm Saturday, Dec. 11 at AUUF Moon-Spinners Crafting Party

Junior Youth, grades 6-8, please come join Jaime and Becca for an afternoon crafting party next Saturday, Dec. 11, at AUUF! Make holiday decorations, play with art, and enjoy some merriment as we get ready for the winter holidays together. We hope to see you there! Questions? Feel free to email Becca at rbernard.ak@gmail.com.

Anti-Racism Team Corner

6:30 - 8 PM Tuesday, December 7, 2021

" Mistakes and Miracles" group read and discussion - Chapter 3

Join on Zoom

Meeting ID: 960 6952 4601

Passcode: 218111

Dial by your location +1 346 248 7799

+1 646 558 8656

Alaska Black Caucus Community Conversation BIPOC Unity: An Important Pathway Forward

Sunday, Dec. 5, 2021 7:00 - 8:00 PM

Join the Alaska Black Caucus and leaders in Anchorage's communities of color to discuss unity.

Register now

ANNOUNCING ANCSA@50:THE JOURNEY CONTINUES

A SERIES OF BROADCASTS TO COMMEMORATE THE 50th ANNIVERSARY OF THE LANDMARK LEGISLATION

With support from the Alaska Native Village Corporation Association (ANVCA), several organizations teamed up to produce, ANCSA@50: The Journey Continues, a series of programs to be aired over seven weeks, starting on Thursday, Nov. 4 through Thursday, Dec. 16, culminating in a marathon re-broadcast on the actual date of the anniversary— Saturday, Dec. 18. Other contributors to the series include: KTOO, the Alaska Moving Image Preservation Association (AMIPA), and the UAA/APU Consortium Library.

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AUUF President's Report

Peggy Robinson

There are some great things happening within the Fellowship as we continue to find our path through this latest COVID-19 outbreak!

The Afghan Refugee Group is quite active with planning and implementing donations of cash, gift cards, and winter clothing items for the incoming refugees. There are also volunteer opportunities to help distribute donated items. Please contact Andee Cordano at andeecordano@gmail.com or cell 907-350-6361 for more information and ways to help.

Our 11 am service is now on a schedule of the first Sunday of the month in-person only and then the rest are Zoom, with "watch parties" in the sanctuary for those who wish to come in person and watch on our large screens. This gives the AV volunteers a break once a month while providing a 3-D experience for everyone else. We greet each other during the Zoom chat rooms, do Joys and Sorrows with water and stones, and pass the

basket for the offering. Come join us! At the service on November 14, we had 5 new visitors in person! Prior Sundays we've also had new people attending, curious to learn more about us.

Click here to read the entire article.

Alaska Chamber Singers Annual Concert

7 pm December 10th

Alaska Chamber Singers will be premiering our annual Christmas concert on December 10th at 7 p.m. and I have attached a printable flyer that explains how you can connect with us virtually. It would be greatly appreciated if you'd share this flyer with friends, family, co-workers and your parishioners.

You can find all our programs by going to our website or finding us on YouTube. You can also follow us on Facebook or Instagram for updates and links to the virtual concerts; the link to our Christmas concert will be posted shortly before the program begins - it can be shared widely and you can watch our programs as often as you'd like whenever you prefer. Our virtual events are free of charge.



Weatherization Now

AFACT member congregations, St. Mary's Episcopal Church, and Anchorage Unitarian Universalist Fellowship are hosting a public meeting with Senator Bill Wielechowski and Representative Andy Josephson on Thursday, December 9th from 7-8 pm over Zoom to address energy efficiency and home weatherization. Last spring, Governor Dunleavy introduced a bill (HB 170, SB 123) that would create a green bank in the state, which would fund energy efficiency projects, including needed home weatherization in our neighborhoods. Reverend Lisa will be offering the opening reflection, and the meeting will provide an opportunity for public testimony. Please register ASAP by clicking on the attached Zoom link so that we can send a reminder email with the embedded links.

Zoom link

Facebook page

- "Giving connects two people, the giver and the receiver, and this connection gives birth to a new sense of belonging."
- Deepak Chopra

Mitten Tree for Refugees!

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children and yourself? Something to keep fingers and heads warm in these very cold temperatures. Would you be willing to buy those things for our newly arrived Afghan refugee neighbors? We would love to give them good quality cold-weather gear to make their adjustment to life in Anchorage a bit easier. Please bring your good quality outerwear to the fellowship for this year's much-needed Mitten Tree!

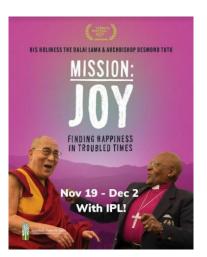
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Facing Foster Care in Alaska (FFCA) is a nonprofit dedicated to improving the foster care system, developing

leadership skills among current and former foster youth, and creating a network of peer support that is a lifeline for many foster youth and alumni.

FFCA provides foster youth and alumni opportunities to share lived-expertise about life in foster care to raise community awareness, educate child welfare staff, and government

officials, and educate foster youth throughout Alaska about their rights, resources, and opportunities to share their voice to promote change.

Founded in 2003 by a handful of foster youth and alumni, FFCA has grown to become the state's leading organization on foster care reform and networking and has received national recognition. FFCA has touched the lives of hundreds of foster youth and alumni across Alaska. FFCA members have worked to improve the foster care system on both a state and national level through partnerships with state and private agencies, and youth alumni networks.

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Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org Office hours: Usually Tues, Th & Fri 10 am -- 2 pm

Gina Molletti Congregational Administrator, 907-248-3737 x1 admin@anchorageuuf.org Glna's AUUF office hours are usually Mon-Thurs, 9 am - 1 pm Please call before coming.

Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Kelly's remote office hours Mon - Friday 9 am -1 pm

Megan Webb, Music Director, auufmusic@gmail.com

Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –Monday and Thursday from 9 am - 4 pm Rebecca Bernard, Ministerial Intern, 907-248-3737 x5, rbernard.ak@gmail.com My office hours are usually Tuesdays 9 am-noon, 1-2 pm, and Wednesdays and Fridays 9 am-1 pm. STAY CONNECTED





Visit our website

Service Podcasts



ANCHORAGE JNITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs, common purpose.

Today At Your Fellowship Monday December 6, 2021

By not giving ourselves the minutes - or hours free of devices and distractions, we risk losing our ability to know who we are and what's important to us.

Alan Lightman



This Week @ AUUF

Monday 12/6/21

Tuesday 12/7/21

4:30 pm Forum Planning Meeting on Zoom 6:30 Anti-Racism Team Book Club Meeting on Zoom Sunday 12/12/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Sunday Worship Live at AUUF

Wednesday 12/8/21

6 pm Safer Congregation Team Meeting on Zoom

6 pm Afghan Refugee Meeting on Zoom

Thursday 12/9/21

5:30 pm Board Agenda Setting Meeting on Zoom6:00 pm Choir Rehearsal at AUUF

Friday 12/10/21

12 pm Freethinkers on Zoom on Zoom

Saturday 12/11/21

2 pm Junior Youth Crafting Party at AUUF

2:30 pm Worship Associate Meeting

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Rev. Lise Adams Sherry, Barb Clark

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Dec. 19 Zoom online and Zoom "watch party" at AUUF Multigenerational Solstice Service Rebecca Bernard, Ministerial Intern; Rosene Beachy, Director of Lifespan Religious Exploration

As the wheel of the year turns toward the longest night here in the north, we'll welcome the return of the light and celebrate the joy, beauty, and commitment that sustain us through the long winter.

Dec. 24 6 pm Zoom online

Christmas Eve Multigenerational Service

Rev. Lise Adams Sherry, Rosene Beachy, Director of Lifespan Religious Exploration It's time for the Christmas story and carols once again. Please join us as we honor the meaning of this sacred myth. Don't forget your candles!

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Freethinkers

12 Noon, December 10 on Zoom Scare Tactics by Cari Sayre

Click here to read the article.

THE CURB CUT EFFECT: THE GIFT THAT KEEPS ON GIVING

Dennis Arashiro

With the holiday season comes the joy of giving. The greatest gifts are the gifts that keep on giving, where the joy goes beyond the giver and the receiver to everyone else. This is seen in the curb cut effect. The replacement of high curbs at traffic intersections throughout the nation with ramps are intended to open up our walkways to those in wheelchairs, but the benefits go beyond that specifically targeted group. Parents with baby strollers, workers with heavy carts, travelers wheeling luggage, skateboarders, and inattentive pedestrians prone to tripping. Think of closed captioning for video viewing, which targets the hearing impaired. It turns out that it doubles retention and comprehension levels in the hearing population. It also makes sense of the mumbling in Marlon Brando movies for us all.

We no longer need to worry about putting in curb cuts at intersections or introducing closed captioning, but we can still give the gifts that keep on giving. The greatest gift is access, tearing down the barriers to opportunity and participation. And not just for the disabled. Think of tearing down the barriers to immigrants and refugees. Think of Lewiston, Maine. Once an overwhelmingly white, aging, and declining community, it now prospers and looks to a brighter future, because of the influx of Somali refugees and other African immigrants, who have revitalized its business district and enriched its cultural life. Think of other such communities throughout the country that are thriving because of immigration. Think of Anchorage. The gift of welcoming borders is not just a gift to newcomers: it's a gift to all of us.

So, think of the greatest gifts we can give. Think of the Half Portion for Social Action. Think of the Alternative Gift Fair. Think of the AUUF Refugee Support Action Team. Think of all the gifts that keep on giving. For Christmas. For Hanukkah. For Kwanzaa. For any and all celebrations this season--except Festivus. Save your Airing of Grievances for some other time.

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6:30 - 8 PM Tuesday, December 7, 2021

" Mistakes and Miracles" group read and discussion - Chapter 3

Join on Zoom

Meeting ID: 960 6952 4601

Passcode: 218111

Dial by your location +1 346 248 7799

+1 646 558 8656

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Zoom link

Facebook page

"Giving brings happiness at every stage of its expression. We experience joy in forming the intention to be generous; we experience joy in the actual act of giving something, and we experience joy in remembering the fact we have given."

-Lama Surya Das, quoting the Buddha



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Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org Office hours: Usually Tues, Th & Fri 10 am -- 2 pm

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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

Today At Your Fellowship Friday

December 10, 2021

This Sunday @ AUUF

Saturday 12/11/21

2:30 pm Junior Youth Crafting Party at AUUF

Sunday 12/12/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Sunday Worship 1-3 pm COA Activity off-site

2:30-4 pm Worship Associate Meeting

4-7 pm Sunday Chalice Circle

Half Portion for Social Action for December is <u>Facing Foster Care in Alaska</u>.

Seasonal Services and Activities

Dec. 18, 5-6:00 pm: Solstice Party outside at AUUF.

Dec. 19, 11 am service: Multigeneration Solstice Service (Zoom)

Dec. 24, 6 pm Christmas Eve Service (Zoom)









Facing Foster Care in Alaska
With Amanda Metivier & Sarah Redmon

Virtual Forum

9 am Sunday, December 12

Click here to join on Zoom.
Click here for Speaker's bio.





How the Grinch Stole Christmas Rev. Lise Adams Sherry, Barb Clark

Virtual Worship on Zoom & AUUF Watch Party

11 am Sunday, December 12

Click here to join on Zoom.

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Moon-Spinners Crafting Party

2:30-4:30 pm Saturday, Dec. 11 at AUUF

Junior Youth, grades 6-8, please come join Jaime and Becca for an afternoon crafting party on Saturday, Dec. 11, at AUUF!

Make holiday decorations, play with art, and enjoy some merriment as we get ready for the winter holidays together. We'll be indoors for the most part, with at least one craft activity outdoors – so come prepared for some outdoor time. If you'd like to bring some holiday cookies to share with our hot cocoa, everyone would be happy!! We hope to see you there! Questions? Feel free to email Becca at rbernard.ak@gmail.com.

Thank you, and enjoy the snow! Jaime and Becca

Solstice Spiral Walk and Contemplative Ritual

5-6 pm Saturday, December 18 at AUUF

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What is a Fair Share for You to Pledge?

by Marie Lundstrom Stewardship Committee

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Stewardship Committee fire up a campaign to encourage, ask, inform, cajole, dramatize, and try creative ways to get members to pledge if they haven't yet, or increase their previous pledge. We get into our finest form in the New Year, but our campaign is now underway. Our pitch is simple—we want you to pledge. It's a matter of sharing the load—neighbors caring about one another.

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Whichever way you figure what your fair share of the load is, answering that question—What is my/our fair share?—makes a big difference to AUUF!

AUUF Anti-Racism Corner

ALASKA BLACK CAUCUS Community Conversation Sunday 12/12/21, 7:00 - 8:00 PM

Join the Alaska Black Caucus for a conversation focused on COVID-19 end-of-life care in the BIPOC Community.

The Alaska Black Caucus is proud to present monthly Community Conversations focused on topics related to COVID-19 impacts and health disparities in the BIPOC Community. This program was supported by a grant awarded by the Municipality of Anchorage, Anchorage Health Department. Register here

A SERIES OF BROADCASTS TO COMMEMORATE THE 50th ANNIVERSARY OF THE LANDMARK LEGISLATION

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Connections Team presents: Topia

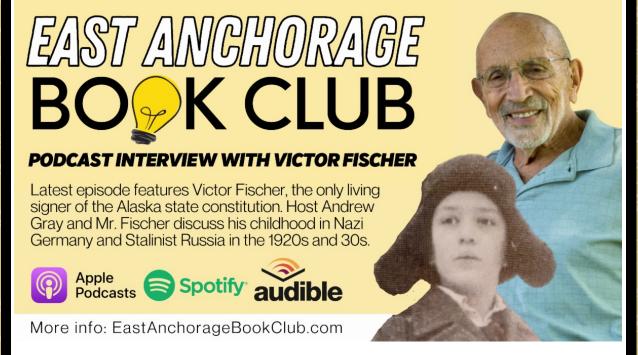
7-8 pm Wednesday, December 29th

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Use this link and password to access the site.

Password is Connect2021

If you have any issues getting in, or want some step-by-step guidance with entering Topia, there will also be a zoom room where we can help you get started. The link to zoom will be on AUUF website calendar.



Podcast interview with AUUF member Victor Fischer

Click here to listen.

Change for Walk and Talk with Rev. Lise

Beginning immediately, walk and talk with Rev. Lise will be on the first and third Tuesdays of the month at 2 pm. Please meet at AUUF ready to walk in all temperatures and weather. (if we really think it's not walking weather we'll chat in the Fellowship).

Alaska Chamber Singers Annual Concert-TONIGHT

7 pm December 10th

Alaska Chamber Singers will be premiering our annual Christmas concert on December 10th at 7 p.m.

You can find all our programs by going to our <u>website</u> or finding us on YouTube. You can also follow us on Facebook or Instagram for updates and links to the virtual concerts; the link to our Christmas concert will be posted shortly before the program begins - it can be shared widely and you can watch our programs as often as you'd like whenever you prefer. Our virtual events are free of charge.

Please donate to Catholic Social Services for Afghan Refugees

AUUF is no longer accepting monetary donations for Afghan Refugees. Monetary donations can be made directly to <u>Catholic Social Services</u>.

Or by mail:

Catholic Social Services % Development Department

3710 East 20th Avenue Anchorage, AK 99508 Please specify that you would like the money to go to RAIS.

We are still accepting donations of clothing items and winter gear at the AUUF building.

Thank you for all your generous contributions to the Afghan Refugee Assistance Program!



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ANCHORAGE
INITARIAN UNIVERSALIST
FELLOWSHIP
diverse beliefs,

Today At Your Fellowship Monday December 13, 2021

Joy is the transformation of our suffering, not the escape of all we have to face.

Mark Nepo



This Week @ AUUF

Monday 12/13/21

Tuesday 12/14/21

2 pm Hungry Book Club at AUUF 6 pm CYRE Team Meeting on Zoom

Wednesday 12/15/21

6:30 pm Board of Directors Meeting on Zoom

Thursday 12/16/21

Saturday 12/18/21

5 pm Multigenerational Solstice Spiral outside at AUUF

Sunday 12/19/21

9 am Virtual Forum on Zoom

My Path, My Theology Rev. Lise Adams Sherry

10:15 am RE Chalice Circle

5:30 pm Anti-Racism Team Meeting on Zoom

6 pm Choir Rehearsal at AUUF

Friday 12/17/21

12 pm Freethinkers on Zoom

(Online all the time)

11 am Virtual Sunday Worship on Zoom and Zoom "watch party" at AUUF

Multigenerational Solstice Service Rebecca Bernard, Ministerial Intern; Rosene Beachy, Director of Lifespan Religious Exploration

12:30 pm The Alliance

4-7 pm Sunday Chalice Circle

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Half Portion for Social Action: 2022 Schedule

From the Social Action Council

<u>January</u>- REFUGEE ASSISTANCE AND IMMIGRATION SERVICES Early scheduling due to urgent need with the present influx of refugees in Anchorage

February- PAYMENT IN LIEU OF TAXES (PILOT)

Early scheduling to prepare for the presentation of payment to the Municipality of Anchorage

March -ALASKA LITERACY PROGRAM

National Reading Month; National Read Across America Day, Wednesday, March 2

April -CITIZENS CLIMATE EDUCATION Earth Day, Friday, April 22

May -ALASKA SEEDS OF CHANGE

In preparation for the beginning of the growing season for the participants in this youth empowerment program

<u>June</u>- ALASKA INNOCENCE PROJECT Miranda v. Arizona, June 13, 1966, landmark Supreme Court decision protecting Fifth Amendment right against self-incrimination and forced and compelled confessions

<u>July</u> -PLANNED PARENTHOOD Planned Parenthood et al v. State of Alaska, July 22, 2016, a victory for abortion rights

<u>August</u> -ANCHORAGE FAITH & ACTION CONGREGATIONS TOGETHER (AFACT) International Day Commemorating Victims of Acts of Violence Based on Religion or Belief, Monday, August 22

<u>September</u>- FOOD BANK OF ALASKA National Food Bank Day, Friday, September 2

October -ANCHORAGE COALITION TO END HOMELESSNESS World Homeless Day, Monday, October 10

November -STANDING TOGETHER AGAINST RAPE (STAR)
International Day for the Elimination of Violence Against Women, Friday,
November 25

<u>December-</u> FACING FOSTER CARE IN ALASKA In conjunction with the holiday season of giving

Many thanks to Carolyn Gove and Jay Reto for conducting the vote on 2022 recipients of the Half Portion for Social Action. With the results of the vote of the Fellowship, the Social Action Council prepared the following Half Portion schedule with explanations of the monthly selections. Providing everyone the schedule now will allow for planning to advance the causes we have chosen to support. Please give generously when the time comes.

December update to Helping Newly Arriving Afghan Evacuees

About 50 Afghan Evacuees are already situated in apartments in Anchorage with some now working and their children going to school. They will require ongoing support over the next several months as they become increasingly self-sufficient. There will be a need for drivers. There are roughly another 50 evacuees, primarily from Afghanistan, scheduled to arrive over the next few weeks. Thank you for all the backpacks, hats and mittens, and warm weather gear you have given! We are currently seeking gift cards from Fred Meyer or Walmart, tea kettles, baking sheets, ice grippers in sizes SML, waterproof watches for children and adults, clocks with ordinal numbers, and two bicycles for heights 4'9" and 4'11". If you have any of these items to donate, please contact Teresa Zimmer or drop them at the fellowship with a notice to Teresa. You may also drop them off at any time in the bins on the porch located at 2914 Dartmouth Drive.

If you are interested in volunteering with evacuees from Afghanistan through the RAIS Program, you can go to CSS Alaska, click on Get Involved, Volunteer, See Volunteer Opportunities, and from there Submit Volunteer Application. Some of the volunteer opportunities require a background check completed by CSS. You can donate (about \$20) to cover the cost if you would like. If you would like to volunteer as a driver, please note that in your volunteer application. If you are volunteering as a driver, you should also go to Online DMV to request a PDF copy of your driving record. The cost is \$10, and you will need to provide your driver's license and social security numbers.

Many people in Anchorage are currently volunteering through the RAIS program to be on moving day teams and to fill or restock a refrigerator and pantry from a provided shopping list. The family mentor volunteer program which they hope to organize in early January will require meeting with your assigned family or person at least once a week for 6 months, with the objective of establishing a supportive and trustworthy relationship to help them attain self-sufficiency. If you

are interested in any of their many volunteer positions, you may want to look at their website and complete a volunteer application with CSS/RAIS now.

Feel free to contact Teresa Zimmer if you are choosing to get involved or have questions, so we can inform and support you.

Thank you all for your ongoing support.



Joys & Sorrows

From Sunday Worship Dec 12

From Ruth Greenwood: I'm cat sitting, so for the first time in a long time, I'm sitting with a cat on my lap. Joy.

From Rev. Lise:

A sorrow for Geisel was that his first wife died by suicide in 1968. He did remarry and was happily married until his death.

Lucinda Kinard: We had a lovely winter interlude with Alice and Elizabeth of palmer Wasilla at the colony Christmas fest and a warm and delicious dinner and visit after at Alice's home Saturday.

From Andrea: Joy: friendly mew neighbors and kids for Bodhi to play outside with every day!

From Joan Frankevich: Last night my husband and heard an Irish band at the PAC. (our first time out in ages.) The music filled my soul with Joy.

From Andrea: Concern for the foster care needs in Alaska

From Silver HJellene: My joy is being here for this service and the loving messages

From Peggy: Joy - Ushering yesterday afternoon at the PAC for the Nutcracker. Seeing all the children in Anchorage who have been dancing and their opportunity to perform. Having COVID cases low enough that almost all the seats were filled, with masked people enjoying the show.

Freethinkers on Zoom

12 pm Friday, December 17

Click here to read the article.



Solstice Spiral Walk and Contemplative Ritual

5-6 pm Saturday, December 18 at AUUF

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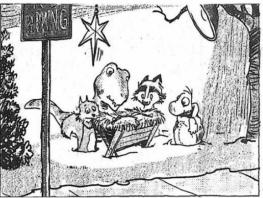
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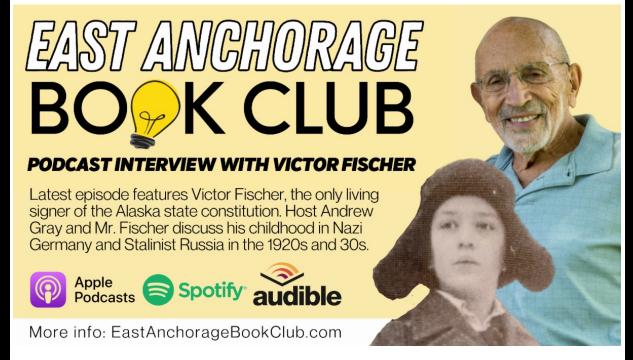
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OVER THE HEDGE 12 9









Podcast interview with AUUF member Victor Fischer

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SWIM 2021 Registration open

SWIM is a week (December 27 – January 1) of virtual UU fun, fellowship, and growth with workshops, concerts, and special events. SWIM is an intentional, inter-generational community of Unitarian Universalists and friends, including awesome people like YOU! We normally gather in South Florida in December but will again meet virtually in 2021. For further information and to register, visit SWIMUU.org





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Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, <a href="mailto:revenue mailto:revenue mailt

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STAY CONNECTED





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ANCHORAGE INITARIAN UNIVERSALIST FELLOWSHIP diverse beliefs,

Today At Your Fellowship

Friday
December 17, 2021

This Sunday @ AUUF

Saturday 12/18/21

5 pm Winter Solstice Spiral outside at AUUF

Sunday 12/19/21

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Virtual Sunday Worship on Zoom and Zoom "watch party" at AUUF

12:30 pm The Alliance

4-7 pm Sunday Chalice Circle

Half Portion for Social Action for December is <u>Facing Foster Care in</u> Alaska.

Seasonal Services and Activities

Dec. 18, 5 pm: Solstice Party outside at AUUF.

Dec. 19, 11 am service: Winter Solstice Service (Zoom)

Dec. 24, 6 pm Christmas Eve Service (Zoom link on the AUUF website calendar)



Solstice Spiral Walk and Contemplative Ritual

5-6 pm Saturday, December 18 at AUUF

You are warmly invited to participate in an outdoor contemplative ritual and Solstice Spiral Walk at AUUF on

Saturday, December 18, 5-6 pm. The two-part ritual, which you'll do at your own pace, is in two parts. to let go of things that no longer serve you and your values, and one to call into your life more of that which will. Bring a special candle and pen if you'd like, and we'll have plenty available too. Questions? Please email Becca at **rbernard.ak@gmail.com**.

Religious Exploration News

5:00 - 6:00 pm SATURDAY - DECEMBER 18 - SOLSTICE SPIRAL WALK

Gather to celebrate the Solstice. We'll gather outside at the Fellowship for the **Solstice Spiral, caroling, cookies**. The Solstice Spiral walk represents the return of the light! The shortest day of the year is Solstice where we have reached a turning point and the days begin to lengthen again, the daylight increases. Nature will begin very slowly to reawaken. The days start to get longer and the promise of spring is real. The spiral image can be found in all cultures. The spiral is often associated with the cycle of rebirth, time, and seasons. As we spiral inward through the evergreen walk it represent

of rebirth, time, and seasons. As we spiral inward through the evergreen walk it represents moving towards and through autumn, where the days grow shorter. The very center of the spiral symbolizes winter solstice: the darkest time of the year. Here we pause at the center before we spiral back outward through spring toward the summer solstice. The journey through the spiral also represents an inner journey to find your own "light" within. In the very center of ourselves, we discover our own beauty, strength, insight, and gifts that we offer the world. We then turn from this discovery within and carry our gifts of radiance back out into the world.

You are welcome to bring cookies to share, and also mittens to add to our tree.





My Path, My Theology Rev. Lise Adams Sherry

Virtual Forum

9 am Sunday, December 19

My Path, My Theology Rev. Lise Adams Sherry

Click here to join on Zoom.
Click here for Speaker's Bio.





Winter Solstice Service Rebecca Bernard, Ministerial Intern; Rosene Beachy, Director of Lifespan Religious Exploration

Virtual Sunday Worship on Zoom & Zoom "watch party" at AUUF

11 am Sunday, December 19

Rebecca Bernard, Ministerial Intern, and Rosene Beachy, DYRE As the wheel of the year turns toward the longest night here in the north, we'll welcome the return of the light and celebrate the joy, beauty, and commitment that sustain us through the long winter.

Click here to join on Zoom.

Walk and Talk with Rev. Lise

2 pm Tuesday, December 21

Join Rev. Lise for a walk and talk Tuesday, Dec. 21 at 2 pm. Meet her at the Fellowship. If it's really cold, we'll decide by group consensus to stay inside and chat. Rev. Lise invites you to walk with her on the first and third Tuesdays of the month at 2 pm.

Christmas Eve Zoom

6-7:00 pm Friday, December 24

We invite families to read a poem stanza together from "Amazing Peace" by Maya Angelou and light a family candle. We will send you the script. contact Rosene, or Rev. Lise to participate. Find your candles from last year for our traditional candle light closing, or collect a new one at the Solstice event on the 18th.

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Please get involved and be part of the conversation. Let us hear from you soon! Dennis Arashiro, John Blaine, George Bryson, Andrew Gray, Mara Hill, Cady Lynn O'Brien, Susan Orlansky, Carma Reed, Cari Sayre

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Warm regards, Rev. Lise

Happy Holidays!

The Alternative Gift Fair

Sunday, December 12 - Sunday, December 19

Once again, the Fellowship is having our annual Alternative Gift Fair for the holiday season. There is no greater gift than one that expands the giving. There are those who are dear to us who want nothing more than to make the world a better place. There are those causes whose purposes are to do just that. When we consider just the right gift for the special people in our lives, let's consider donating in their honor to the causes in the Alternative Gift Fair.

From Sunday, December 12 to Sunday, December 19, please go online to see the many organizations that could use our help in continuing their efforts to heal and brighten our world. Click here and make our giving count.

Starts this Sunday and ends on Dec 19th. This is an event jointly sponsored by the Green Sanctuary Committee and the Social Justice Committee.

Half Portion for Social Action: 2022 Schedule

From the Social Action Council

January- REFUGEE ASSISTANCE AND IMMIGRATION SERVICES

February- PAYMENT IN LIEU OF TAXES (PILOT)

Early scheduling to prepare for the presentation of payment to the Municipality of Anchorage

Click here to read the entire list.

Many thanks to Carolyn Gove and Jay Reto for conducting the vote on 2022 recipients of the Half Portion for Social Action. With the results of the vote of the Fellowship, the Social Action Council prepared the following Half Portion schedule with explanations of the monthly selections. Providing everyone the schedule now will allow for planning to advance the causes we have chosen to support. Please give generously when the time comes.

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--Or visit our website homepage and click "submit an article," in the navy blue box on the left side of the screen.

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Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
"Half-Portion for Social Action"

Our AUUF Covenant

Together . . .

We seek to be an open and welcoming community. We strive to listen deeply and speak with one another and to our larger community with consideration and respect.

We hold each of us and all of this amazing world worthy of our attention, compassion and care.

Together we are Anchorage Unitarian
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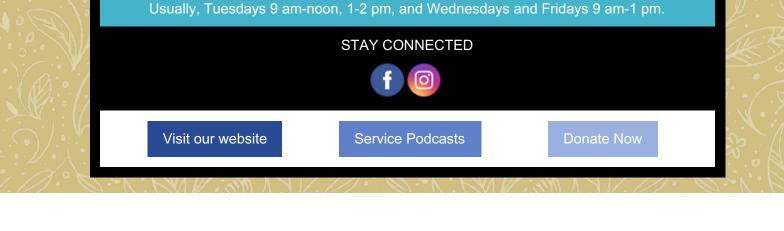
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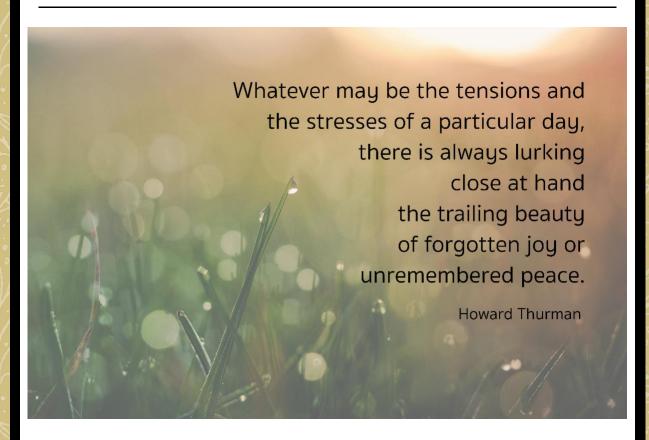
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Today At Your Fellowship Monday December 20, 2021



This Week @ AUUF

Monday 12/20/21

Tuesday 12/21/21 2 pm Walk and Talk with Rev. Lise

Wednesday 12/22/21

Thursday 12/23/21 6:30 pm Pastoral Care Meeting

Friday 12/24/21
12 pm Freethinkers on Zoom

Sunday 12/26/21

9 am Virtual Forum on Zoom

How the AK Native Claims Settlement Act Evolved: The Issues and Personalities Willie Hensley, Alaska Statesman & Elder

10:15 am RE Chalice Circle (Online all the time)

11 am Virtual Sunday Worship on Zoom and Zoom "watch party" at

6 pm Christmas Eve Service on Zoom (Zoom link on the AUUF website calendar)

Saturday 12/25/21

AUUF

The Essential Jesus Rev. Lise Adams Sherry, Michele Champion

4-7 pm Sunday Chalice Circle

Half Portion for Social Action for December is <u>Facing Foster Care in Alaska</u>.



January recipient of the Half Portion for Social Action -Catholic Social Services Refugee Assistance & Immigration Services (RAIS)

Catholic Social Services Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) from their former life experiences to the new skills required for success in the United States. Through a focus on economic self-sufficiency, community integration, and respect for unique cultures, history, and traditions, RAIS creates an environment of compassion and encouragement for refugees to flourish. RAIS accomplishes this through multiple programs, Reception & Placement which welcomes new refugee arrivals, comprehensive and intensive case management, education & employment services, health programming, and an agricultural program.

Currently, RAIS is serving over 500 clients from 31 different countries. Our caseload includes refugees, asylees, Cuban entrants, Afghan evacuees, and Victims of Trafficking. Since October 1, 2021, RAIS has welcomed 75 Afghans and 8 refugees. RAIS anticipates welcoming another 30 Afghans as well as more than 100 refugees in FY 22. Thanks to community support arrivals are being provided food, housing items, winter clothing, and more upon arrival. Monetary donations are supporting clients' immediate needs such as medication, rental assistance, work clothing and tools, and more. The best way to help is to reach out to Nick Leone, nleone@cssalaska.org who can share our greatest need at the time.

Thanks for supporting RAIS!



A Pledge is a Promise

by Marie Lundstrom Stewardship Committee

A pledge is a promise to do something. As it works in AUUF, when we become members, we make a commitment, a promise, to support our AUUF neighbors, our community. We expect to give time and talent to committees, teams, board, RE, programs, welcoming refugees,

worship services, the Forum, choir, social justice actions—all the parts of our AUUF community where our special interests lie, and our capabilities can be used and appreciated. But AUUF can't run without money.

Your household won't run without money. Our city and state won't operate without money. Our world runs on money, as crass as that truth is. As AUUF members, we expect to give

money on a regular basis, not just in the baskets at Sunday morning services, half of which we give to deserving groups toward social justice, but month-by-month during the year through pledges. Our member pledges of money are three-quarters of our AUUF budget. It's the backbone of our fellowship.

We members pledge to keep that backbone strong, and AUUF depends on our promise. And when our costs to run AUUF increase, whether, through inflation or a broken furnace, or a new program of social action, we members need to increase our pledges. Once you decide what your household can afford to give each month, you can go to our AUUF website, click on our Stewardship logo and find forms to make a pledge or to increase your previous pledge. The payment options are easy to set up.

AUUF counts on the promise of your pledge!

"Generosity is not only an individual virtue that contributes to human well-being, but that it is an openness to others that is fundamental to human existence, sociality, and social formation."

-Rosalyn Diprose

Forum Podcast - My Path, My Theology

Click here to listen.

With Minister, Rev. Lise Adams Sherry a little better.

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10:15 am RE Chalice CircleAvailable this Sunday on the AUUF RE Facebook page

11 am Virtual Sunday Worship on Zoom and Zoom "watch party" at AUUF

4-7 pm Sunday Chalice Circle

Correction

Freethinkers will not have a Zoom meeting on Friday, December 24, 2021

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Christmas Eve Multigenerational Service Zoom

6 pm Friday, December 24

Christmas Eve Multigenerational Service

Rev. Lise Adams Sherry, Rosene Beachy, Director of Lifespan Religious Exploration It's time for the Christmas story and carols once again. Please join us as we honor the meaning of this sacred myth. Don't forget your candles!

Click here to join on Zoom or,

find the Zoom link on the AUUF calendar.





How the AK Native Claims Settlement Act Evolved: The Issues and Personalities Willie Hensley, Alaska Statesman & Elder

Virtual Forum

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11 am Sunday, December 26

The Essential Jesus Rev. Lise Adams Sherry, Michele Champion

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Happy Holidays from AUUF Staff!



Top row, left to right: Kelly Spring, Communications Specialist; Megan Webb, Music Director; Becca Bernard, Ministerial Intern;

Bottom row, left to right: Rosene Beachy, Director of Lifespan Religious Exploration; Lise Adams Sherry, Minister; Gina Molletti, Congregational Administrator;

Staff Holiday

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Final Report Chalice Lighter Grant

Fall & Winter FY20 December 22, 2021

It is with great appreciation that the Anchorage Unitarian Universalist Fellowship thanks the Pacific NW Region for the awarding of the Fall and Winter 2020 Chalice Lighter Grants of \$28,830.09. This was more than we expected! The remodeling of our sanctuary to make it accessible to everyone has been completed, and we are enjoying the results.

Receiving the Chalice Lighter grant was the first step in realizing the remodeling of the sanctuary chancel. As our plans developed to add a ramp and re-build the stairs so they met code and were also usable as risers for the choir and performers, we decided to incorporate new Audio/Visual equipment and control booth. The flooring was strengthened to support the piano and in-floor plug-ins were added. Improvements to the Music Director's office and Worship Associates' storage also became part of the project. An additional circuit panel to accommodate future electrical needs was added. Fresh paint topped it off. Fortunately for us, we were remembered in a long-time member's will and received the funds from him to complete the whole project at once. The total cost of the project was about \$115,000.

Testimonials:

"Our remodeled configuration of AUUF's chancel, and its steps and ramp, are much more accessible to me as I am both older choir member and worship associate. As a bonus, it is all very handsome to view from the congregation. Funds very well-spent!" Joyce Laine "I am so grateful for our remodeled chancel's many new well-located in-floor electrical service boxes. I always used to worry that someone would get tangled up in the maze of wires snaking across the chancel. Thank you to everyone who supports the Chancel Lighter program."

-Sid McCausland (Board Treasurer, choir member, AV support)

"The wider steps allow for placing the narrow alter and chalice tables on them, providing additional options for arranging the chancel for services and other events. We were able to build a new roomy A/V control desk too, as well as remove an extra wall. With the fresh coat of paint and new audio/visual equipment that will allow us to have hybrid services more easily, we are entering into the new year in a very functional and attractive manner!" Peggy Robinson (Board President)

"We are so appreciative for the funds received from the Chalice Lighter Grant. My favorite part of our remodel is how accessible our stage is to everyone now. Our ramp allows those with walkers and wheelchairs to participate in worship with greater ease and our choir has full, wide steps to stand on when signing together! Our space feels warmer and more inclusive." Rev. Lise Adams Sherry

Thank you again for your wonderful gift!!

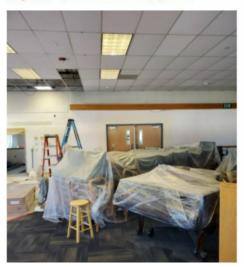
Sincerely,

Peggy Robinson, President, AUUF



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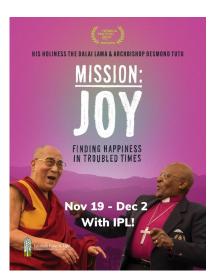


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COVID Choir Performance (recorded) in Remodeled Sanctuary



"Mission: JOY" film screening and discussion

NEW DATE AND TIME: 7:00 pm Friday, January 7, 2022

Via Zoom, with Zoom watch party in the sanctuary at AUUF

Please join us for our rescheduled congregational screening and discussion of the film "Mission: JOY," starring the Dalai Lama and Archbishop Desmond Tutu! The film, which is being made available by Interfaith Power & Light, is described below. We'll have a zoom watch party in the sanctuary, but if you'd like to zoom in from elsewhere, please RSVP to Becca Bernard at rbernard.ak@gmail.com to receive the zoom link.

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Please support Facing Foster Care in Alaska Half Portion for December

Our mission is to improve the foster care system through sharing our experiences, supporting and educating youth and social services, and implementing positive change in society as a whole.

Please watch this short video to learn more about Facing Foster Care in Alaska.



Go to anchorageuuf.org
Click on the Half-Portion note
at the bottom of the home page.
Enter your donation under
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A Pledge is a Promise

by Marie Lundstrom Stewardship Committee

A pledge is a promise to do something. As it works in AUUF, when we become members, we make a commitment, a promise, to support our AUUF neighbors, our community. We expect to give time and talent to committees, teams, board, RE, programs, welcoming refugees,

worship services, the Forum, choir, social justice actions—all the parts of our AUUF community where our special interests lie, and our capabilities can be used and appreciated. But AUUF can't run without money.

Your household won't run without money. Our city and state won't operate without money. Our world runs on money, as crass as that truth is. As AUUF members, we expect to give money on a regular basis, not just in the baskets at Sunday morning services, half of which we give to deserving groups toward social justice, but month-by-month during the year through pledges. Our member pledges of money are three-quarters of our AUUF budget. It's the backbone of our fellowship.

We members pledge to keep that backbone strong, and AUUF depends on our promise. And when our costs to run AUUF increase, whether, through inflation or a broken furnace, or a new program of social action, we members need to increase our pledges. Once you decide what your household can afford to give each month, you can go to our AUUF website, click on our Stewardship logo and find forms to make a pledge or to increase your previous pledge. The payment options are easy to set up.

Our Ministerial Call Committee Wants to Hear from You!

AUUF's ministry has been in transition -- without a called minister -- for four years now, since Rev. Gary Holthaus left in December 2017. Rev. Shelley Page served for two and a half years as an interim minister (January 2018 - June 2020). Rev. Lise Adams Sherry has served as a contract minister since August 2020.

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Please get involved and be part of the conversation. Let us hear from you soon! Dennis Arashiro, John Blaine, George Bryson, Andrew Gray, Mara Hill, Cady Lynn O'Brien, Susan Orlansky, Carma Reed, Cari Sayre

Fireside Chat postponed until January

The Fireside Chat on Zoom, sponsored by the AUUF Connections Team, has been canceled for December. We will start up this informal gathering again on January 12th at 6:30 p.m. and continue hosting it every 2nd Wednesday thereafter, until warmer weather ensues. Watch for reminders and links in future TAYF emails. Meanwhile, you might want to check out the "Topia" we're introducing on Dec. 29th, for a totally new way to connect!

Connections Team presents: Topia

7-8 pm Wednesday, December 29th

Have you heard of Topia? It's a website that allows participants to connect in a virtual world that simulates in-person gatherings with the use of an avatar and video chat. You can choose who to talk with and where to explore, or even dance on the dancefloor. This is an interface we would like to start incorporating in AUUF online events. Please come join the connections team for a Topia Play Session on Dec 29th from 7-8 pm (you can show up any time in this time range, for as long or short as you'd like).

Use this link and password to access the site.

Password is Connect2021

If you have any issues getting in, or want some step-by-step guidance with entering Topia, there will also be a zoom room where we can help you get started. The link to zoom will be

on AUUF website calendar.

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Together we are Anchorage Unitarian

Universalist Fellowship.





Anchorage Unitarian Universalist Fellowship | (907) 248-3737 Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org Office hours: Usually Tues, Th & Fri 10 am -- 2 pm

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STAY CONNECTED





Visit our website

Service Podcasts

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Today At Your Fellowship

Wednesday December 29, 2021



This Week @ AUUF

Wednesday 12/29/21 7 pm Topia Play Session

Thursday 12/30/21

Friday 12/31/21 12 pm Freethinkers on Zoom

Saturday 1/1/22

Sunday 1/2/22

9 am Virtual Forum on Zoom

10:15 am RE Chalice Circle (Online all the time)

11 am Sunday Worship Live at AUUF No Zoom

Letting Go...
January 2, 2021
Rev. Lise Adams Sherry, Joyce Laine,
Worship Associate

4-7 pm Sunday Chalice Circle

Half Portion for Social Action for January is <u>Refugee Assistance & Immigration Services</u>

Staff Holiday

The AUUF Office will be closed from December 24 through December 31 and staff will be on holiday. Rev. Lise is available for emergencies via her cell: 503.999.2061.

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Virtual Forum

9 am Sunday, January 2

Click here to join on Zoom.

Sunday Worship

11 am Sunday, January 2

Letting Go . . .

Rev. Lise Adams Sherry, Joyce Laine, Worship Associate

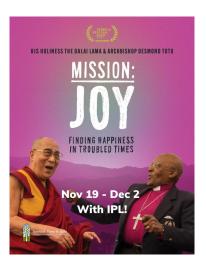
It's that time of year when we look at what's ahead with hopeful eyes (especially in our current circumstances!) and think about changes we'd like to make and adventures we'd like to have. But just like people living in tiny homes, we have to get rid of something to make room for the new. What will you let go of so you can truly face the future unencumbered? Join us in our burning bowl ceremony as we let go of those things that are no longer needed in our lives.

Walk and Talk with Rev. Lise

2 pm Tuesday, January 4, 2022

Join Rev. Lise for a walk and talk Tuesday, January 4, at 2 pm. Meet her at the Fellowship. If it's really cold, we'll decide by group consensus to stay inside and chat. Rev. Lise invites you to walk with her on the first and third Tuesdays of the month at 2 pm.





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Final Report Chalice Lighter Grant

Fall & Winter FY20 December 22, 2021

It is with great appreciation that the Anchorage Unitarian Universalist Fellowship thanks the Pacific NW Region for the awarding of the Fall and Winter 2020 Chalice Lighter Grants of \$28,830.09. This was more than we expected! The remodeling of our sanctuary to make it accessible to everyone has been completed, and we are enjoying the results.

Receiving the Chalice Lighter grant was the first step in realizing the remodeling of the sanctuary chancel. As our plans developed to add a ramp and re-build the stairs so they met code and were also usable as risers for the choir and performers, we decided to incorporate new Audio/Visual equipment and control booth. The flooring was strengthened to support the piano and in-floor plug-ins were added. Improvements to the Music Director's office and Worship Associates' storage also became part of the project. An additional circuit panel to accommodate future electrical needs was added. Fresh paint

topped it off. Fortunately for us, we were remembered in a long-time member's will and received the funds from him to complete the whole project at once. The total cost of the project was about \$115,000.

Testimonials:

"Our remodeled configuration of AUUF's chancel, and its steps and ramp, are much more accessible to me as I am both older choir member and worship associate. As a bonus, it is all very handsome to view from the congregation. Funds very well-spent!" Joyce Laine "I am so grateful for our remodeled chancel's many new well-located in-floor electrical service boxes. I always used to worry that someone would get tangled up in the maze of wires snaking across the chancel. Thank you to everyone who supports the Chancel Lighter program."

-Sid McCausland (Board Treasurer, choir member, AV support)

"The wider steps allow for placing the narrow alter and chalice tables on them, providing additional options for arranging the chancel for services and other events. We were able to build a new roomy A/V control desk too, as well as remove an extra wall. With the fresh coat of paint and new audio/visual equipment that will allow us to have hybrid services more easily, we are entering into the new year in a very functional and attractive manner!" Peggy Robinson (Board President)

"We are so appreciative for the funds received from the Chalice Lighter Grant. My favorite part of our remodel is how accessible our stage is to everyone now. Our ramp allows those with walkers and wheelchairs to participate in worship with greater ease and our choir has full, wide steps to stand on when signing together! Our space feels warmer and more inclusive." Rev. Lise Adams Sherry

Thank you again for your wonderful gift!!

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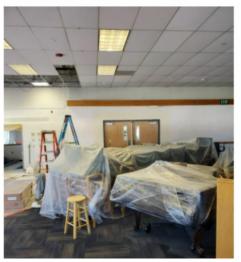
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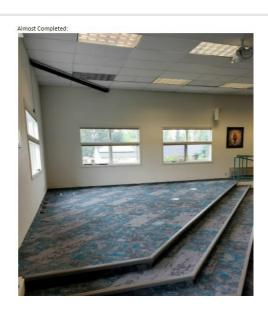
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Half Portion for Social Action for January is Refugee Assistance & Immigration Services

Catholic Social Services Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) from their former life experiences to the new skills required for success in the United States. Through a focus on economic self-sufficiency, community integration, and respect for unique cultures, history, and traditions, RAIS creates an environment of compassion and encouragement for refugees to flourish. RAIS accomplishes this through multiple programs, Reception & Placement which welcomes new refugee arrivals, comprehensive and intensive case management, education & employment services, health programming, and an agricultural program.

Currently, RAIS is serving over 500 clients from 31 different countries. Our caseload includes refugees, asylees, Cuban entrants, Afghan evacuees, and Victims of Trafficking. Since October 1, 2021, RAIS has welcomed 75 Afghans and 8 refugees. RAIS anticipates welcoming another 30 Afghans as well as more than 100 refugees in FY 22. Thanks to community support arrivals are being provided food, housing items, winter clothing, and more upon arrival. Monetary donations are supporting clients' immediate needs such as medication, rental assistance, work clothing and tools, and more. The best way to help is to reach out to Nick Leone, nleone@cssalaska.org who can share our greatest need at the time.

Thanks for supporting RAIS!

Go to <u>anchorageuuf.org</u>
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