

# The LOG

Our monthly newsletter  
 Editor: Mike Dover

**Anchorage Unitarian Universalist Fellowship**  
 3201 Turnagain Street, Anchorage, AK 99517

March 2010

Snippets from PNWD	1	<p style="text-align: center;"><b>SNIPPETS FROM THE PACIFIC NORTHWEST DISTRICT          ASSEMBLY AND MINISTERS MEETING</b></p> <p style="text-align: center;"><i>From Rev. Beatrice Hitchcock</i></p> <p>Last week I flew to Seattle to attend a Pacific Northwest District UU Ministers Association meeting and District Assembly. Both featured outstanding worship services and workshops.</p> <p>The Directors of Lifespan Religious Education met at the same time as the ministers, so Rosene Beachy and I attended a joint workshop on Storytelling from Rev. Keith Kron. .</p> <p>Keith read us several great children’s stories, and we explored the ways they can be used to engage adults and children and to lead the congregation deeper into a theme. The most important point is that it needs to be a good story, and the next is that it must have meaning for the person who is reading or telling it. You’ll be experiencing more of what we learned soon.</p> <p>Six members of AUUF attended District Assembly, and we plan to present a service in April (since March services were already planned). Carma Reed, Susie Kobierowski, Robyn Lauster, Cindy Kinard, Rosene Beachy, Micaela (Mike) Dover, and I divided up to take in a number of different workshops.</p> <p>Robyn, Mike, and I attended a workshop called “Sharing the Good News of Unitarian Universalism” with Rev. Dr. James Kubal-Komoto. James has reduced this to five simple sentences that answer the following questions: (1) How do we know what to believe? (2) What is the nature of the universe? (3) What do we believe about human nature? (4) What is the purpose of society? (5) What is the purpose of a religious congregation?</p> <p>His answers to these are: (1) We have <b>many sources</b> of wisdom and inspiration and believe in <b>individual experience</b> and <b>individual conscience</b> as the best bases for our beliefs. (2) We believe that all existence is <b>interdependent, creative, and sacred</b>. (3) Human beings have inherent <b>worth, dignity and potential</b>, and our reason for living is to <b>grow</b>. (4) We strive to create a society that will be more <b>just, compassionate, and enduring</b> for ages to come. (5) By gathering as a religious congregation we can <b>achieve together</b> what we can not achieve alone.</p> <p>Stay tuned. More will be revealed. And talk to all the attendees about their experiences at District Assembly.</p>
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# MINISTER'S MUSINGS

*From the Rev. Beatrice Hitchcock, Interim Minister*

Recently I've been thinking about spiritual practice and spiritual maturity. One purpose of religious congregations is to promote spiritual maturity among its members. Unitarian Universalism recognizes many different paths and disciplines as ways to grow in spiritual maturity. "Spirit in Practice," a program from the UUA, describes eight different spiritual practices – one is personal practice and you're on your own with that one – but the other seven are all offered right here.

The programs in the new Pathways to Community series each fit into one of these Practices, and are listed following "PtC." I'm sure there are other programs that fit into one or more of these categories that I just haven't thought of in time for this *LOG*.

## Communal Worship Practices

- ❖ 11:00 Worship Service
- ❖ Children's and Youths' RE
- ❖ 1:30 Contemporary Service
- ❖ Meditation Group
- ❖ Fall Frolic

## Mind Practices

- ❖ 9:00 Forum
- ❖ Children's and Youths' RE
- ❖ Hungry Book Club
- ❖ PtC: "UU History"
- ❖ PtC: "Principles and Sources of the UUA"
- ❖ PtC: "AUUF History and Governance"

## Body Practices

- ❖ Children's and Youths' RE
- ❖ 1:30 Contemporary Service
- ❖ *Coming soon:* Yoga
- ❖ Fall Frolic
- ❖ Labyrinth
- ❖ Dances

## Life Practices

- ❖ Green Sanctuary Committee
  - Bioneers
  - Voluntary Simplicity classes and support group
- ❖ PtC: "Rights and Responsibilities of Membership"
- ❖ PtC: "Spiritual Practices"
- ❖ Fall Frolic

## Spiritual Partnerships

- ❖ Small Group Ministries
- ❖ DreamWork Group
- ❖ PtC: "Spiritual Journeys"
- ❖ Conversations with the minister

## Soul Practices (arts/creativity)

- ❖ Children's and Youth's RE
- ❖ 1:30 Contemporary Service
- ❖ Choir
- ❖ "A Time to Mourn"
- ❖ Other short-term projects such as quilting or card-making

## Spiritual Partnerships

- ❖ Small Group Ministries
- ❖ DreamWork Group
- ❖ PtC: "Spiritual Journeys"
- ❖ Conversations with the minister

## Justice Practices

- ❖ AUUF's new Social Action Project, working with Safe Harbor Inn to aid families transitioning from homelessness into permanent housing and jobs
- ❖ Half-portion for Benevolence
- ❖ Other short-term projects spear-headed by Social Justice Committee, RE, or other groups

These are new ways to think of the services and programs at the Fellowship. Consider what you take part in – your spiritual practice may be richer than you thought.

Love, *Beatrice*

## THE REV. BEATRICE HITCHCOCK'S SCHEDULE FOR MARCH

The Rev. Beatrice Hitchcock is the 3/4-time transitional minister to the AUUF. She works at her home in Palmer when she is not at the Fellowship. Her day off is Monday. Tuesday and Wednesday are generally spent on Fellowship, staff, and committee business, and pastoral care and counseling. Thursday, Friday, and Saturday are mostly for preparation of Sunday services. Her hours are flexible, and she is usually available before evening meetings. Email revmama@mtaonline.net or call 306-7692.

Day of Week	Date	Hours Scheduled Meetings/Activities	Day of Week	Date	Hours Scheduled Meetings/Activities
Tuesday	2	9 a.m. – 3 p.m. Office Hours	Wednesday	17	6:30 - 8:30 p.m. Pathways to Community
Wednesday	3	10 a.m. – noon Human Resources Committee 6:30 - 8:30 p.m. Pathways to Community	Friday	19	6 – 8 p.m. AUUF Board Meeting
Sunday	7	8:30 a.m. – 3:30 p.m. Services	Saturday	20	10 a.m. – 5 p.m. Pathways to Community
Tuesday	9	9 a.m. – 3 p.m. Office Hours	Tuesday	23	9 a.m. – 3:00 p.m. Office Hours
Wednesday	10	10 a.m. - noon. Member Database Meeting 3 – 5 p.m. Committee on Ministry	Thursday	25	Evening – time TBA Compassionate Communication practice group
Thursday	11	Evening – time TBA Compassionate Communication practice group	Friday	26	6-9 p.m. <i>Book Discussion with the Board</i>
Saturday	13	10 a.m. – 5 p.m. Pathways to Community	Sunday	28	8:30 a.m. – 3:30 p.m. Services
Sunday	14	8:30 a.m. – 3:30 p.m. Services	Tuesday	30	9 a.m. – 3:00 p.m. Office Hours
Tuesday	16	9 a.m. – 3 p.m. Office Hours	Wednesday	31	6:30 - 8:30 p.m. Pathways to Community

## CIRCLES OF LIFE, RIPPLES IN THE LARGER POND

*by Shirley Dickens*

A candle of sorrow and sympathy for **Bill Barnes Jr. and his wife, Jill Johnson**, on the recent loss of yet another one of our elders and long-time member, **Allegra Barnes**, Bill's adoptive mother. Allegra died January, 24. A celebration of her life was held at the Fellowship February 13, with the Reverend Richard Gay and the Rev. Beatrice Hitchcock officiating. Allegra had been a member since 1973. She was very artistic and gifted us with the wooden chalice she hand carved, which has adorned our lectern for many years now. Increasing health problems had forced Allegra to curtail her activities, even the beloved art classes she taught at the Anchorage Senior Center. She was 94, and will be missed by all of us who knew her.

A candle of support and appreciation for AUUF's new hard-working Board of Directors. These dedicated people truly serve the rest of us by their commitment of time, energy and resources. These people, willing to serve, are our "unsung heroes" who should have our gratitude and respect and support. The next time you see one of them, let them know how much you appreciate their willingness to serve on the board.

A candle for the continuation of healing for our **Averill Gay**. And a candle of appreciation for the **Gays' adult children and grandchildren** who have rallied and helped take care of Averill and Dick as the long, slow process of healing broken bones continues. Thank goodness for their Anchorage condo and their local grandson who can pick Averill up and carry her up and down stairs as she still can't bear any weight on that one leg. As we go to print, I am happy to say that Averill is doing a little better, healing slowly, and eating better.

A candle of appreciation and support for member **Matt Zencey** as he leaves The Anchorage Daily News and perhaps our community next fall after his son graduates from high school. He has served our church community well down through the years as a board member and part of the Ministerial Search Committee for the Rev. Frances Dearman. We wish you well, Matt, and thanks for being both here with us and with the larger community as part of the Daily News. **Matt will speak to us at the Forum on Sunday, March 28.**

A candle for continued health and healing for **David Lee** who had a stop in an emergency room and then angioplasty for some stints. He is doing well and is home and getting healthier by the minute. Keep up the good work, David. The world needs you for a long time to come.

A candle of sympathy to member, **Carol Dee**, now living in Homer, whose mother, **Betty Wolford**, died here in Anchorage, February 14th. Our deepest sympathies to Carol and her family. Betty, a longtime Alaskan, was beloved by all who knew her.

A candle of joy and anticipation for our minister and six members who join many others from all over the Pacific Northwest at the annual District Assembly of UU congregations (in Bellevue, WA this year). This is the most (I think) that have ever attended one of PNWD's meetings from this church at one time. They will get to hear our newly elected president of the Unitarian Universalist Association, Peter Morales, speak, as well as attend workshops specific to the individuals' interests. Have a wonderful conference, you seven, and come back enthused and excited to share with the rest of us what you have learned. The conference runs from February 17 through February 21.

A candle of joy for the afternoon spent at Russian Jack Chalet with **our children, several Sudanese refugee children**, and assorted adults, who had a lovely time spent sledding in great weather. Our Social Justice Committee sponsored the event, and Debbie Bock, who spends lots of time driving Sudanese refugees around town and volunteering for them, made it happen. Several sleds were donated to the refugee children, and a good time was had by all.

Wishing all who read this a very good month. Isn't it wonderful to have more light! Just finished Greg Mortensen's second book, *Stones Into Schools*. (His first book was *Three Cups of Tea*.) These are amazing stories. I recommend both of these books to all of us, very inspiring and full of hope.

## THANKS AND WISH LIST

*From the Rev. Beatrice Hitchcock*

### THANK YOU

Thanks to **Nancy Boardman** for volunteering to serve as **Volunteer Coordinator!**

Thanks to **Marie Lundstrom, Marty Herriott, Diane McIntyre**, and all the members of the **Welcoming Committee**, who are welcoming our visitors, friends, and new members in new ways with new energy and dedication.

Thank you to **Wray Kinard, Ron Rozak**, and **Mary Spalding** for envisioning a new way to schedule and conduct the stewardship drive and budget process.

Thanks to the members of **Boogie Shoes** and all the **musicians** who took part in our outstanding Beatles Sunday at the contemporary service. And while I'm at it, thank you to all the talented musicians whose music enhances both worship services on a regular basis. You are so appreciated.

Thank you to **Celeste Earley-Steinke** who will dance the part of Queen Vashti at the contemporary service on February 28.

Thank you to board member **Rod McCoy** who led the Pathways to Community program on AUUF History and Governance while I was at the UU Ministers Association meeting in Bellevue.

A huge thanks to **Cindy Kinard** and all our representatives at the Pacific Northwest District Assembly, who are finding out how to host this gathering in Anchorage in 2012: **Carma Reed, Robyn Lauster, Susie Kobierowski, Micaela Dover, Rosene Beachy.**

Thank you to **Fred Hillman, Marie Rozak, Ron Rozak, Committee on Ministry** members, and others who are shepherding the Vision process into being.

## WISH LIST

A **staff Assistant** to help with filing, copying, and general office duties.

A **laptop computer** for the fellowship and **someone to input and format lyrics** in PowerPoint for the contemporary service. This might be the staff assistant.

A **Bulletin Board Creative Designer** to insure order, beauty, and timely and useful information on the upstairs bulletin boards.

**Choir members** for both worship services, and a **Choir Director** or Directors.

**Adult Program Committee** members -- to plan adult RE and spiritual practice groups at AUUF

A **UU Service Committee representative** to coordinate Guest At Your Table, Justice Sunday, and other special projects.

## HALF-PORTION FOR BENEVOLENCE - 2010

In the spirit of benevolence, the following donations have been designated by AUUF. Half of our nonpledge, nonrestricted donations from the plate each Sunday have been, or will be, given to the following:

January	Anchorage Literacy Program	\$764.25
February	Alaska Community Action on Toxics	
March	Hearts and Hands to Africa	
April	Disaster Relief for Haiti (through UUSC)	

## HALF-PORTION FOR BENEVOLENCE - 2009

In 2009, the Half-portion for Benevolence funds were distributed to the following charities.

January	Planned Parenthood of Alaska	\$1577.62
February	South Sudan Medical Project	794.50
March	Hearts and Hands to Africa	910.50
April	Turnagain Health Fair	849.80
May	Girl Scout Campership	603.01
June	Anchorage Literacy Project	616.56
July	Partners for Progress	914.75
August	Alliance for Reproductive Justice	834.27
September	Alaska Youth for Environmental Action	504.15
October (1/2)	UUA Association Sunday	428.95
October (1/2)	Church of the Younger Fellowship	428.95
November	Food Bank of Alaska	1242.73
December	Alaska Aids Assistance Association (4A's)	906.10
<b>TOTAL</b>		<b>\$10,611.89</b>

## AUUF PLANS TO ADVERTISE ON KSKA

*by Rod McCoy*

Would you like to hear AUUF advertising special events here and in the community on local public radio? We are building that opportunity and have created the KSKA Fund, all monies will go to KSKA in a timely manner. Members who donate to KSKA may choose to channel those funds through this account.

To donate to KSKA in this way make AUUF contributions with cash, check, or credit card. Make checks out to AUUF with KSKA Fund on the bottom notation line. AUUF can accept Visa, MasterCard, and American Express for donations to the KSKA Fund; however, 3% must be deducted from transactions to defray expenses charged by credit card companies.

Please, do not confuse donations to this fund with pledge contributions. We will not be directly soliciting individual members to donate to this fund. There is no intended implication that AUUF members should donate to KSKA.

Listen for us soon on KSKA. If you have questions or comments, please contact Rod McCoy (337-6138).

## JUST HOW GREEN ARE WE?

*by Robyn Lauster*

AUUF is part of a larger movement within our church family and the environmental world to become more conscious about how we spend our money, how efficiently we recycle, what products we use and what their impacts are, etc. For example, we have a commitment to buy fair trade coffee to use on Sunday mornings and social events. Buying fair trade coffee insures that the growers get a fair price for their product, workers have been treated well, and no child labor is involved. There are well-meaning and generous AUUF members who donate coffee, and this coffee may not meet our standards. We also avoid using Styrofoam, preferring paper plates and cups.

We certainly do not want to discourage people from being generous and donating to the Fellowship. At the same time, we would like to do our best to follow our principles, putting our money where it most supports the inherent worth and dignity of every person; justice and equity in human relations; respect for the interdependent web of all existence. In other words, three out of seven of our principles are involved every time we buy something which pollutes by not being recyclable, unnecessarily cuts down another tree in the old growth forests, or mistreats a child or worker in a developing country.

We also like to encourage people to cut their carbon footprint by walking, biking, or carpooling to the Fellowship when possible. Our Pump-it-up program has supported that idea by checking car tire pressure for maximum efficiency when driving.

Our Green Sanctuary Committee is self-supporting, using eScrip for various projects. One easy way to support our “green” scene is to be sure you are signed up for eScrip. To join eScrip, simply email the number on the back of your Safeway or Carrs card to [anchorageuuf@alaska.com](mailto:anchorageuuf@alaska.com). Carrs/Safeway will make a donation to AUUF Green Sanctuary every time you shop, and it doesn’t cost you a thing!

If you choose to directly donate something to the Fellowship, these things in particular would be welcome:

- Recyclable dinnerware and flatware
- Fair trade coffee, hot chocolate, and/or tea
- Paper products (toilet paper, paper towels, napkins) made from recycled paper
- Biodegradable hand soap

If you look carefully, many stores now offer these more “green” options, and if you do not find them in your favorite stores, it would be helpful if you make a request that they begin to carry them. As we make our way through this increasingly complicated world, UUs are doing our best to make ethical decisions and educate each other. One resource is the Green Sanctuary listserv at <http://lists.uua.org/mailman/listinfo/greensanctuary>, where you can sign up to join the conversation and find out how other UU congregations are coping with similar decisions and dilemmas. Be well! Turn green!

## OUR TEENS ARE MAKING EASTER BASKETS FOR HOMELESS TEENS

*By Jill Johnson*

Our high school group is once again creating Easter Baskets for homeless teens at Covenant House (20 girls and 20 boys). We are looking for donations from many sources, including our Fellowship. We particularly need

- baskets in good condition (medium to large)
- candy (especially eggs and chocolate bunnies!)
- quarters (for phones, and vending machines)
- movie tickets
- Chapstick and small bottles of lotion.

Easter is April 4. Please drop off your donations at the YRUU coffee cart **any Sunday in March**.

## SOUP SUNDAY COOKBOOK YOUR RECIPES ARE NEEDED!

*by Summer LeFebvre*

RE is collecting soup recipes for a UU Soup Sunday Cookbook. If you have a great recipe and want to include it in our book please email it to [summerlef@gmail.com](mailto:summerlef@gmail.com) or send to me Summer Lefebvre, 3531 Tanglewood Place, Anchorage Alaska, 99517. Please send all recipes by **Thursday, April 15**. If you have any questions contact Summer LeFebvre.

## DONATIONS FOR EASTER/SPRING BASKETS

*by Summer LeFebvre*

We are constructing up to 100 Easter baskets to give to local shelters and asking for donations of toothbrushes, fun kids floss, small tooth paste OR small gently used trinkets or craft kits. Please bring them to the Fellowship and put them in the donation box labeled Easter basket donations on or near Rosene's desk. If you want to donate in bulk consider asking your dentist if they can donate a box of tooth care supplies for kids! Easter Sunday falls on April 4.

We will also need non dyed, hard boiled eggs brought on **Sunday, April 4**.

## WELCOMING COMMITTEE UPDATE - MARCH 3

*by Marie Lundstrom, Welcoming Committee*

The Welcoming Committee will meet **Wednesday, March 3**, at 6:30 p.m., in the Teen Room of the Fellowship. Anyone is welcome. We will need to plan for the Volunteer Fair March 28, and also consider any revisions and updates that may be needed to the Pathways to Membership folder information. Committee co-chairs are Diane McIntyre, Marty Herriott, and Marie Lundstrom.

## SOCIAL JUSTICE COMMITTEE - MARCH 6

*by Susie Kobierowski*

Your Social Justice Committee met several times during the month of February. Not only did we get a lot done, but we had fun too! During the regular monthly meeting we discussed how we'd like to jump into our new congregational project with Safe Harbor. As it turned out, we had so many ideas and questions we decided to meet with their interim director to get a few answers and narrow down our approach. After talking with Kathy Andrews, we decided our first project will be super easy and one for the ENTIRE congregation. We discovered that when new guests check into Safe Harbor they walk into a clean, furnished hotel room, but other than that, it is empty. Since the guests are coming in from staying with friends, relatives, or simply living in the car, they have very little either. So - we would like to provide full sized bottles (the average stay is three months) of shampoo, lotion, soap, etc. During the month of March, we'll put out a collection bin - along with a list of items we'd like to supply to families once they reach Safe Harbor. Be sure to keep your eye open for the bin in the front entrance and for the list in your bulletin!

It wasn't all work this month. On President's Day the Social Justice Committee hosted a sledding party at Russian Jack Park for kids and families of AUUF and the Sudanese community. What a success it was! Everyone had such a good time - even the weather was great! Several sleds were donated to families without one to ensure that the good times didn't have to stop that day. Thank you to all sled, cocoa and cookie donators - you made all those smiles happen!

The Half-portion for Benevolence partner in March is Hearts and Hands for Africa, a very dedicated group we've supported in the past. Hearts and Hands for Africa's mission is "To create opportunities for people to serve. We believe that through loving service people will know who they are and how we are all interconnected. We believe that by creating opportunities for people to serve others they will do what they do best -- love."

Our next Social Justice Committee meeting will be at noon, **Saturday, March 6**, at AUUF. Making welcome baskets for Safe Harbor residents is a good beginning - but it's only a start. Plan on attending this upcoming meeting - this is where you can put your ideas into action! Want to know more about YOUR Social Justice Committee.??? Please contact either Joanne (248-3006) or Susie (696-7337 skobierowski@yahoo.com)

## **MEDITATION MONDAYS MARCH 8 AND 22**

### **SPECIAL SPEAKER - MARCH 8**

*by Cindy Kinard*

**Monday, March 8**, from 6 to 7 p.m., at the Fellowship, is your chance to hear a **free introductory lecture on Transcendental Meditation**, by Barbara Saunders, longtime TM teacher and even longer time sister of Bruce Roberts. (Barbara can offer follow-on TM instruction to any who are interested.)

Please **RSVP** by **Friday, March 5**, to Cindy Kinard (345-7296 or ckinard@ak.net), so we may be sure to have enough seating.

Regular Monday Meditation meetings will resume in the Fellowship's Teen Room on March 22, 6 to 7 p.m.

If you are not yet on the meditation group email list, and want to get updates on this and other plans for the group, please email ckinard@ak.net.

## **HUNGRY BOOK CLUB - MARCH 9**

*by Susie Kobierowski*

In February, the Hungry Book Club took a history trip, took a tour of Mexico and took an art lesson all by reading Barbara Kingsolver's *The Lacuna*. This book is fictional, but it reads like the journal of a man who was keeping the company of cultural giants at some of the actual crossroads of American history. Written as a series of letters, news articles and editor's comments, we follow Harrison Shepard from his colorful youth in Mexico living and working with history makers and changers - Rivera, Kahlo, and Trotsky. As an adult, Shepard finds himself living in small town America as WWII ends, a recluse writing best-selling novels that are based in Mexico. It's during this time that he finds how little he understands of his newly adopted homeland as he is falsely accused and condemned by the House Un-American Activities Committee. There was some discussion in the book club as to how this book actually ends - which was surprising to me as I thought I knew for sure! There was no question about the hospitality we enjoyed that evening - we had a *wonderful* dinner and conversation relaxing in Shirley's living room!

For our March read, we have chosen *The March*, by E.L. Doctorow [Short cinematic episodes illuminate and interpret history with meticulous attention to period settings, from terrifying (Civil War) battlefields, to desperate field hospitals, to once-grand mansions, all described in lyrical language crafted by a skilled writer. - *School Library Journal*]. We'll be meeting at 7 p.m. **Tuesday, March 9**, in Sue Williams' home for another of our much anticipated potluck dinners and discussions. Won't you join us?

These books can be borrowed through the Loussac Library, and may be purchased with discount from Metro Music and Books. As always, our meetings are open to anyone who is interested. You don't need to have read the book, been part of the book club before, or have a dish of food. If you'd like to join in on the fun, PLEASE DO!! For more info call Susie (696-7337) or email to skobierowski@yahoo.com. It's great to read with friends!

## **CYRANO'S TICKETS - MARCH 14**

### **YOU CAN'T TAKE IT WITH YOU**

Cyrano's Theatre Company presents *You Can't Take It With You*, by Moss Hart and George S. Kaufman, and directed by Dick Reichman.

A romantic comedy and timely American classic written in the late 30's *You Can't Take It With You* pokes gentle fun at the tax system, welfare, market capitalism, and materialism, and encourages individuals to pursue happiness, hobbies, and family instead of only money and status.

The Fellowship has tickets for **Sunday, March 14**, at 3 p.m. Tickets are \$10 each and offset the cost of Cyrano's rehearsals at AUUF. Look for Shirley Dickens on Sunday mornings, or call the office to reserve your tickets.

## **SPRING DANCE - MARCH 27**

*by Bonnie York, CYRE Committee Chair*

Back By Popular Demand - A Spring Dance at AUUF!!!! Come kick up your heels at this family-friendly Fellowship event on **Saturday, March 27** from 6:30 - 8:30 p.m. Our very own AUUF members, TGB, will provide the foot-stomping music while Robyn Lauster and Kenny Powers call out instructions for easy square and circle dances. All ages welcome! This is a Fall Frolic fundraiser (a donation box will be near the front door), so please wear your dancing shoes, grab a partner, and come have a great time with us!!

## **VOLUNTEER FAIR - MARCH 28**

*by Marie Lundstrom, Welcoming Committee Co-Chair*

Are you a newbie wanting to know what you can do for the Fellowship? Or a longtimer who wants to do something different? The Welcoming Committee puts on a Volunteer Fair each spring and fall to recruit for committees and groups, and to help you decide how to be involved. The spring Volunteer Fair will be **Sunday, March 28** in the upstairs social room. We'll have tables set up around all three services with signup sheets for different groups and committees—Alliance, Hungry Book Club, Service Planning, Green Sanctuary, Events, Welcoming Committee (of course!), and several others.

March 28 is also Soup Sunday, so you can try out the fabulous soups and bread downstairs after the 11 a.m. service, then come back upstairs to ponder where you would like to volunteer time, effort, and expertise for the Fellowship.

## **POETRY ALERT - APRIL 11**

*by Marie Lundstrom*

Circle **Sunday, April 11** on your calendar. At the 11 a.m. service, it's Poetry Sunday. If you want to read one or two of your own poems or poems by someone else, that's the day for it. If you just like to listen to poems read aloud, that's also the day for it. If you want to read poetry that day, let me, Marie Lundstrom, know. Find me at a Sunday service, call me (276-1528), or email me at [corvus36@gci.net](mailto:corvus36@gci.net), so I can get your name on my list. I already have three names. I'll be the service leader that day, and Renée Frost will likely be helping.

## **CHILDREN AND YOUTH RELIGIOUS EXPLORATION (CYRE) NOTES**

*by Rosene Beachy, Director of Lifespan Religious Exploration (DLRE)*

### **SUNDAY MORNING YOUNG PEOPLE'S PROGRAM**

#### **11:00 Service - Celebrate Spring Break with two art-focused Sundays for ages 5-11.**

- March 8 - Cross-age activities on Emily Carr, a Canadian artist, for International Women's Day
- March 15 - Cross-age activities to celebrate the Iditarod, focus on Alaskan artist Jon van Zyle
- March 21, 28 - Regular age-group classes revolving around our themes of World Religions

#### **9:00 and 1:30 services - Toddler care ages 2-4 - Kid's Quest ages 5-11**

- March 7 - Games and Legos
- March 14 - Make peanut butter and jelly sandwiches for the Brother Francis Shelter
- March 21 - St Paddy's Day puzzles
- March 28 - Air pollution science setup/experiment

## **RE SOCIAL ACTION PROJECTS**

### **SOUP SUNDAY**

March Soup Sunday will be hosted by the Water Skippers (1- 2-year-olds) and Wind Walkers (3- 4-year olds) classes. Look for the signup sheet downstairs at the RE Info Spot to provide a delectable soup or other goodies.

### **EASTER PROJECTS**

For **Spring Fling, April 4**, we are beginning to collect small Easter treats, toys, and lots of plastic eggs to use for making our annual Easter baskets. These baskets will be delivered to Safe Harbor and other organizations. So think of a few extra goodies for kids when buying for your own! We will also need non-dyed, hard boiled eggs brought on **Sunday, April 4**.

## HAPPENINGS

### COMING EVENTS

March 27 - UU Dance Party with our very own girl band - TGB! 6:30 - 8:30. Easy circles and squares will be called, all ages welcome.

April 3 - UU Passover Seder Dinner, fun for all ages. 5:30-8 p.m.

April 10 – Coming of Age Fundraiser - Dinner, Karaoke and Variety show - Get your tickets now for a stellar evening of laughter, song, and fun. If you've always wanted to be a star, you'll get a chance to strut your karaoke stuff at this unique evening brought to you by the Coming of Age youth and mentors! Adults and youth \$10, ages 2-11 are \$5, families \$30. 6-9 p.m.

## YOUTH

### HIGH SCHOOL YOUTH

March 7 – No YRUU (Spring Break)

March 14 – guest speaker Curtis McCarty – exonerated and released from Death Row after 19 years.

March 21 and 28 – Easter Basket prep for Covenant House

### BRIDGING

It's getting to be that time of year again when high school seniors are making plans to spread their wings. Celebrate your roots and this important time of transition by participating in a Bridging Ceremony during our Youth Celebration Sunday in May. The **WHEN** is May 16, the **HOW** is based on what the participants would like to do. Contact Rosene Beachy, DLRE if you would like to participate. We will schedule a planning meeting in April based on participants' schedules.

### COMING OF AGE

Coming of Age - Spiritual Practice Retreat - February 27-28.

COA Service Project at the Food Bank of Alaska - March 20

COA - Mentor and mentee meeting March 21, 1-3 pm

## CYRE COMMITTEE

### WANTED - TEACHERS FOR 2010-11!

The CYRE Committee is planning for next year, and they would like to be organized before we all run off on our summer adventures!! This is a large cooperative volunteer program and we expect participation from all families in some way! We need 28 volunteer teachers and youth advisors to lead our classes. If you have children in the program and have never volunteered, this would be a great year to begin! If you don't have children in the program, we value your contribution as well. Please consider how you might be involved.

### SUMMER SUNDAYS - UU WORLD TRAVELERS - JUNE 6 - AUGUST 29

Calling all folks who travel and love to tell about it!

Would you be willing to share photos, stories, artifacts, food, or craft with a small group of children during our 11:00 “UU WORLD TRAVELERS” summer program. **June 6 - August 29?** Do you have a bit more time during the summer months? Would you like to participate in RE but are worried about how to do it? We can help you come up with ideas for presenting the culture and experience of the places you've been. There will be an info meeting scheduled in May.

We need a Tour Guide for each Sunday, and two or three tour leaders to be facilitators/helpers on a rotating Sunday schedule. See Bonnie York or Rosene Beachy, or sign up for one or more Sundays downstairs at the RE Info Spot! Don't hesitate! Sign up now for this very fun opportunity.

### SO YOU'D LIKE TO BE AN OUR WHOLE LIVES (OWL) LEADER?

If you think this might be the niche for you, please speak to Rosene Beachy, DLRE to get a registration form. There will be an Elementary OWL training in Marysville, WA **April 16-18**. We will be hosting a junior high/senior high OWL training in Anchorage the end of August. If you are interested, we will put your name on the list and keep you in the info loop.

## **A NEW PARENTING RESOURCE**

Please welcome a *new blog* on [uuworld.org](http://uuworld.org) about the unique challenges and blessings of Unitarian Universalist parenting. Author, religious educator, and mother, Michelle Richards, will lead a lively weekly discussion on topics ranging from how to share beliefs, holidays, children and their peers of different faiths, and the mystery of death. To access this blog go to <http://blogs.uuworld.org/parenting/>.

## **ADULT PROGRAMS**

*Adult Programs Committee*

### **PATHWAYS TO COMMUNITY**

Three programs remain in the evening series of Pathways to Community. The entire series of six programs will also be presented in two Saturdays. This is an adult program for all UUs, long-term members and friends as well as newcomers. Led by the Rev. Beatrice Hitchcock and others, you will explore UU history, the Principles and Sources of the UUA, Anchorage UU Fellowship history, your personal beliefs and spiritual journey, and more. Deepen your knowledge, challenge your beliefs, and grow with us.

**Wednesday evenings**, 6:30-8:30, in the upstairs social room.

**March 3:** Giving and Receiving: Rights and Responsibilities of Membership

**March 17:** Search for Truth and Meaning: Sharing Spiritual Journeys

**March 31:** Seeking Spiritual Maturity: Spiritual Practices

Attend one or two programs, or all. No pre-registration required. A \$5 suggested contribution per session covers cost of copying and childcare. Childcare requires three-day notice.

**Saturday programs** from 10 a.m. to 5 p.m., in the upstairs social room. Bring your lunch and a snack to share.

**March 13:** Unitarian and Universalist History; Common Ground: The Principles and Sources of the UUA; Fellowship: AUUF History and Governance

**March 20:** Giving and Receiving: Rights and Responsibilities of Membership; Search for Truth and Meaning: Sharing Spiritual Journeys; Seeking Spiritual Maturity: Spiritual Practices

For more information or to arrange for childcare call Beatrice Hitchcock (306-7692).

## **NOTES FROM THE ALLIANCE**

*by Shirley Dickens, Alliance President*

The Alliance gave a reception for the Celebration of Life of Allegra Barnes on February 13th. Thank you to all the Alliance members who jumped in and helped. About 37 people attended. The Alliance does not plan to meet in March unless something unexpected comes up. However, please keep the May Rummage Sale in mind as you begin to do your spring cleaning and garage sorting. We will need plenty of things to sell.

## **UPDATE FROM THE AUUF BOARD OF DIRECTORS**

*by Erik Hill, Secretary*

At the February 10 board meeting, treasurer Darrell Keifer announced that additional pledged donations will allow AUUF to better fund the Minister and DLRE positions, and that Transitional Minister Beatrice Hitchcock could move to full-time status beginning the month of July. It was also reported that the Anchorage Daily News offered to cut our ad rate nearly in half if we wished to maintain our weekly ad position. Beatrice immediately and generously offered to forego a July pay increase to take advantage of the one-time opportunity to maintain our ad presence in the newspaper. Thank you to all who have pledged and donated support to AUUF, and thank you Beatrice! The top priority for any further giving is to add a part time position for a music director and any additional giving or pledging is welcomed.

## WANT TO KEEP UP WITH WHAT'S HAPPENING AT AUUF?

### WANT TO ACCESS THE LOG ONLINE? JOIN THE AUUF GOOGLE GROUP!

The **AUUF Google Group** is the Fellowship's primary means of communicating with its members.

To **SUBSCRIBE**, go to [www.anchorageuuf.org](http://www.anchorageuuf.org). In the upper right portion of the page, you will see a block titled "GOOGLE GROUPS SUBSCRIBE TO AUUF." Follow Ken Winterberger's excellent directions.

To **SEND** something to the google group, send to [AUUF@googlegroups.com](mailto:AUUF@googlegroups.com).

To **UNSUBSCRIBE**, follow the directions at the bottom of an email from the google group.

### MARCH BIRTHDAYS

Joan Haskell	March 5	Micaela (Mike) Dover	March 17
Robin Hill	March 6	Alfred Sundquist	March 23
Greg Hartlieb	March 9	Terrence Van Ettinger	March 23
Jill Johnson	March 10	Maesha Read	March 27
Robyn Lauster	March 11	David Dobler	March 27
Sylvia Short	March 11	Jackie Buckley	March 30
Mary Spalding	March 12	Dawn Ridge	March 30
Cassie Thomas	March 13	Barbara Winkley	March 31

### ABOUT OUR SPEAKERS

**The Rev. Beatrice Hitchcock** is the transitional minister to AUUF.

**Gretchen Bersch** organizes OLÉ classes in the Anchorage community. She was a professor of adult education.

**Elayne Hunter** is a counselor and a member of AUUF.

**D.A. Thompson** is a Seattle-based writer, speaker, musician, and the author of a new book, *Back in the Fold: A Fundamentalist Case for Gay Partnership*.

**Jerene Mortenson** is world traveler and the mother of Greg Mortenson, well-known author of *Three Cups of Tea*.

**Heather Christensen** is a member of AUUF, a former Presbyterian minister, and an ambivalent homemaker.

**Denise Martin and Jim Kerr** are longtime members and extraordinary musicians.

**Matt Zencey** is a thirty-year resident of Alaska. He recently left the Anchorage Daily News after 21 years of writing editorials.

**Ron Rozak** is a new and dedicated member.

## AUUF MARCH MEETINGS AND EVENTS

Tuesday, March 2	Noon	CYRE Committee
Wednesday, March 3	6:30 p.m.	Welcoming Committee
	6:30 p.m.	Pathways to Community
Saturday, March 6	Noon	Social Justice Committee
Monday, March 8	6:00 p.m.	Monday Meditation Group
Tuesday, March 9	5:30 p.m.	Forum Planning Team (Kaladi's on Brayton)
	7:00 p.m.	Hungry Book Club (Call 696-7337 for info)
Friday, March 12	3:00-10:00 p.m.	Youth Movie Night
Saturday, March 13	10:00 a.m. – 5:00 p.m.	Pathways to Community
Sunday, March 14	<b>DST BEGINS</b> 3:00 p.m.	Cyrano's production of <i>You Can't Take It With You</i> (See Shirley Dickens for tickets)
Wednesday, March 17	6:30 p.m.	Pathways to Community
Friday, March 19	6:00 p.m.	AUUF Board
Saturday, March 20	10:00 a.m. – 5:00 p.m.	Pathways to Community
	6:00 p.m.	CUUPS Ostara Ritual
Sunday, March 21	<b>LOG DEADLINE</b> 12:15 p.m.	Celebrate March Birthdays
Monday, March 22	6:00 p.m.	Monday Meditation Group
Saturday, March 27	6:30 p.m.	Spring Dance
Sunday, March 28	Before and after services 12:15 p.m.	Volunteer Fair RE Soup Sunday
Wednesday March 31	6:30 p.m.	Pathways to Community

**The *LOG* deadline is the third Sunday of each month.**

**Late articles will go into the next *LOG*..**

Please email all *LOG* articles to **anchorageuuf@alaska.com**.

Please indicate in the **SUBJECT BOX** that they are for the *LOG* and the **TOPIC**.

Articles sent as **MS WORD attachments** are preferred. Articles sent **in the body of the email** are acceptable. As a **VERY LAST RESORT**, articles may be placed in Micaela's mailbox.

### **Anchorage Unitarian Universalist Fellowship Information**

Office phone: 907-248-3737, ext. 2

Office fax: 907-743-6987

Email: anchorageuuf@alaska.com

Website: www.anchorageuuf.org

### **Phones and Email**

The Rev. Beatrice Hitchcock, Consulting Minister to AUUF, 306-7692 or revmama@mtaonline.net

Rosene Beachy, Director of Lifespan Religious Exploration, 248-3737, ext. 3

Micaela (Mike) Dover, Administrator, 248-3737, ext. 2

**The Rev. Beatrice Hitchcock's** schedule appears on page 3.

**Rosene Beachy** is usually in the office **Tuesday** and **Thursday**, 8 a.m. – noon  
She can often be reached at home.

**Micaela "Mike" Dover** is usually in the office **Monday** through **Thursday**, 9 a.m. – 3 p.m.

### **AUUF Board of Directors**

Doug Eby, President

Mary Spalding, Vice president

Erik Hill, Secretary

Darrell Keifer, Treasurer

Sam Cason

Susie Kobierowski

Robyn Lauster

Rod McCoy

Carma Reed

Mindy Willis

The Board of Directors meets the second Wednesday of each month at 6 p.m.

### **AUUF Committee Chairs/Other Contact Persons**

9:00 a.m. Forum Planning – Mindy Willis

11:00 a.m. Worship Planning – Beatrice Hitchcock

11:00 a.m. Worship Music – Cheryl Childers

1:30 p.m. Contemporary Planning –  
Beatrice Hitchcock

1:30 Contemporary Music – Beverly Grogan and  
Diane McIntyre

4As Lunches – Debbie Cahoon

Adult Programs – Beatrice Hitchcock and  
Rosene Beachy

Alliance – Shirley Dickens

Building and Grounds - Bruce Roberts

Children and Youth Religious Exploration –  
Bonnie York

Committee on Ministry – Heather Christensen

Denominational Affairs – Open

Finance – Darrell Kiefer

Green Sanctuary – Jeannie Devon

Human Resources – Jim Parker

Nominating – Stan Fischer, and Fred Hillman

Pastoral Caring Team – Shirley Dickens and  
Teresa Zimmer

Planning – Doug Eby

Social Justice Committee – Susie Kobierowski and  
Joanne Anderson

Small Groups – Susan Orlansky

Stewardship – Wray Kinard

Welcoming Committee – Marty Herriott, Marie  
Lundstrom, and Diane McIntyre,

## AUUF SERVICES

### Sunday, February 28

- 9:00 a.m. “*Love & Death*, with Forrest Church” with the Rev. Beatrice Hitchcock  
11:00 a.m. “Celebrating Purim: The Story of Esther,” with the Rev. Beatrice Hitchcock  
An interactive service – prepare to boo and cheer for the Villains and heroes of this classic story.  
1:30 p.m. “Queen Vashti: She Would Not Be Abused” – A minor character in a biblical story with a major lesson for women and men.

### Sunday, March 7

- 9:00 a.m. “The Purpose Behind Life-long Learning” – Gretchen Bersch  
11:00 a.m. “The Radical Gospels: What’s Wrong with the Right?” – with the Rev. Beatrice Hitchcock  
Fear and hatred are challenged by Jesus’ teachings of love and acceptance.  
1:30 p.m. “Women’s History” – with Elayne Hunter

### Sunday, March 14

- 9:00 a.m. “A Fundamentalist’s Defense of Gay Marriage” – D. A. Thompson  
11:00 a.m. “Winnie the Pooh and Eeyore on Belonging During Times of Change”  
with the Rev. Beatrice Hitchcock – Changes in the Fellowship and the dynamics of resistance and acceptance, explored through the eyes of old friends.  
1:30 p.m. “Change and Acceptance with Eeyore and Pooh, and Beatrice, Too.” There have been many changes recently at the Fellowship, with more to come, and change can be difficult, so “what would Pooh do?”

### Sunday, March 21

- 9:00 a.m. “Three Cups of Tea: A Mother’s Perspective” – Jerene Mortenson  
11:00 a.m. “The Little Red Hen Learns to Quilt” (a celebration of the work of women)  
– Heather Christensen  
1:30 p.m. “Good Luck and Good Music: Celebrating Saint Patrick’s Day.” Celtic music from Denise Martin and Jim Kerr, and Irish folk tales to touch your hearts and souls.

### Sunday, March 28

- 9:00 a.m. “Musings on Alaska Politics and the Future of Newspapers” – Matt Zencey  
11:00 a.m. “UUSC Justice Sunday: Advancing Economic Justice,” with Ron Rozak. Efforts to secure recognition of workers’ rights are up against a bigger challenge in the context of global economic crisis.  
1:30 p.m. “Feel the Power: Drumming Circle.” Experience the magic of drumming as the power moves around the room through hearts, hands, and drums

At 9:00 and 1:30, there is childcare for ages 1-4, and a cross-age program for children 5-11.  
At 11:00, there are classes for children ages 1 through high school.

Information about the speakers may be found on page 12.

Anchorage Unitarian Universalist  
Fellowship  
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